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# Tribune Stonewall Teulon

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THURSDAY,  
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## Hooray for Santa

TRIBUNE PHOTO BY LANA MEIER

Santa was busy spreading joy and helping flip pancakes Sunday morning at the Quarry Ridge Pony Club fundraising breakfast. Residents were treated to breakfast with the man in the red suit at the Red Barn.

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# QRPC Breakfast with Santa a packed house



TRIBUNE PHOTOS BY LANA MEIER

The Quarry Ridge Pony Club invited a special guest to join them at their fundraising Christmas celebration at The Red Barn last Sunday. Pancakes were served and entertainment was provided by local singer-songwriter Amanda Cannon from Argyle along with club members. Photos with Santa Claus were taken by local photographer Kristine Sarah Photography.



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## Rosser council news in brief

By Jennifer McFee

The RM of Rosser will pay out the \$325,174.12 balance on a loan arrangement with CAT Finance for a motor grader that the municipality bought in July 2022.

The early loan payment will result in a savings of \$41,674.05.

Transfers from the capital development reserve and the machinery/equipment reserve will fund the payment.

In other council news:

- The RM of Rosser will enter into an agreement with Canada Post about establishing a “pick and drop” retail location at the municipal office. Only Canada Post cus-

tomers with a community mailbox located at the RM office can have their Canada Post packages shipped there.

- The RM of Rosser will enter into an engineering services agreement with KGS Group for transportation advisory services for CentrePort Canada. In addition, the municipality will enter into an engineering services agreement with Stantec regarding CentrePort lot grade plan reviews.

- The RM of Rosser’s municipal office will be closed for the holidays on Friday, Dec. 22; Monday, Dec. 25; Tuesday, Dec. 26; and Monday, Jan. 1.



# Tribune wins Best in Class at provincial newspaper awards

Locally owned and operated newspaper chain earns 30 provincial awards

By Lana Meier

The *Stonewall Teulon Tribune* was honoured with several premiere writing and photography awards at the 103rd annual Manitoba Community Newspaper Association Better Newspaper Competition held in Winnipeg over the weekend.

The awards were the first held since the COVID pandemic and are for the 2021 newspapers.

The *Tribune* placed first in Best in Class, second in Best Layout and Design and second in Best Front Page in the General Excellence circulation 3600-9,999 category.

The *Tribune* also won a number of premiere writing awards: first in the Best Health Story, "Stonewall woman, 100 forced to give up hospital bed," by Patricia Barrett; first in the Best Arts & Culture, "Local craftsman replicates traditional Red River cart," by Tyler Searle; second in Best Agriculture Story, "Let's talk turkey - June is Turkey Month in Manitoba," by Tyler Searle; second in Best Feature, "Hearing Aids open 'a whole new world' for Teulon girl," by Iris Dyck; second - Best Editorial by Evan Matthews; and third in Best Photo Essay, Remembrance Day by Lana Meier.

The *Stonewall Teulon Tribune* is part of the independently and community-owned newspaper chain Big and Colourful Printing and Publishing, which also owns and operates Interlake Graphics, the *Winkler Morden Voice*, *Express Weekly News*, *Selkirk Re-*



TRIBUNE PHOTO BY JEFF MEIER

The *Stonewall Teulon Tribune* staff along with their sister publications were recognized for their hard work and excellent writing and photography skills at the annual Better Newspaper Competition over the weekend.

*cord*, *Altona Rhineland Voice* and the *Carman Dufferin Standard*.

Our sister papers also received multiple honours for the year.

The *Express Weekly News* placed first in the General Excellence for circulation 3,600-9,999 for its Front Page and third in the Best in Class in the same circulation size.

Reporter Patricia Barrett also received several Premiere writing awards: First - Best column or Feature Article on a Business Topic, "Gimli pub gets \$5,000 fine after inspector characterizes staff as members," First - Best Education story, "ESD unsure how schools will be supported given education property tax cut," First - Best News for "Interlake livestock farmers using winter feed; province,

federal assistance a Band-Aid solution," Second - Best Health, "Interlake paramedics put in 'dangerous and dire' situation," and Third - Best Habitat Conservation, "Farming and

water retention go hand in hand in Poplarfield."

The *Winkler Morden Voice* won Best All Around Newspaper for the province and several General Excellence and Premiere writing awards.

The *Voice* also won first in Best in Class in the General Excellence 10,000 plus circulation and first in Best Editorial Page.

In the Premiere writing category, the *Voice* received third in the Best News Story, "It can feel a little bit like a slap in the face," by Ashleigh Viveiros; third in Best Health Story, "People need to know we have limited capacity," by Ashleigh Viveiros; third in Best Education Story, Trustees reeling in wake of planned education changes by Lorne Stelmach and third in the Best Environmental Story category, Shoring up Dead Horse Creek by Lorne Stelmach.

The *Selkirk Record* won second in Best in Class in the General Excellence circulation 10,000 plus along with second for its Front Page and third in Best Layout and Design and Best Front Editorial Page.

The *Record's* Brett Mitchell placed second for Photographer of the year and won third for Best Sports Photo.

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# Santa Claus and his reindeer came to town



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Stonewall's Main Street was overflowing with families at the annual Festival of Lights Santa Claus Parade last Friday evening. With temperatures hovering just above 0 degrees C, many excited children were out to see Jolly Ole St. Nick make an appearance. The parade, hosted by the Stonewall Chamber of Commerce, registered close to 50 entries. Floats were judged by Community Living Interlake, which chose Prairie Earthworks as the best float. Second place was WSCC "Fire on Ice" and third place was McKillop's Remax Town and Country team.





# Deprescribing medications could reduce health risks

## Less is more when it comes to medication: consultant pharmacist

By Becca Myskiw

Not all medications do what they should — so how do you know if yours are working?

Mathilda Prinsloo is a consultant pharmacist with her own practice, Patient Care and Thrive. She has training in geriatrics, diabetes and cognitive behaviour therapy, focusing widely on medication management and deprescribing — a new science in medicine.

Prinsloo brought her presentation on deprescribing to the Lions Manor last week, teaching community members about the new process she works through with her own patients. The presentation was put on by the South Interlake Seniors Resource Council (SISRC), which offers educational and health presentations once a month in the Lions Manor multi-purpose room. The presentations are free for all community members to attend.

Prinsloo relates deprescribing medications to decluttering, downsizing or simplifying them. While the practice is fairly new, it is evidence and science-based, and Prinsloo has proof it's worth it.

Deprescribing is a process that mostly focuses on seniors who have numerous medications to keep up with.

Prinsloo said a lot of the time, people will be on medications that don't offer them any benefits. A 2021 report Prinsloo referenced found one in four people over 65 have been prescribed more than 10 classes of medications, something she sees often.

"With aging people, they look for help," she said. "Some people don't realize what's happening to them is quite normal."

When on a lot of medications, sometimes the unnecessary ones can hinder the efficacy of the necessary ones. A lot of the time, people will also stop taking the medications they need but continue taking the ones they don't

because it's simply too much to keep up with or too expensive for them, Prinsloo said.

Taking unnecessary medications could also be from a misdiagnosis.

Prinsloo had a patient with a misdiagnosis, whose medication was doing nothing for him. By deprescribing it, they were able to get him the proper diagnosis and proper medication he needed for the condition, she said.

So, Prinsloo works with these people to find which medications work for them and which ones don't.

Starting with their medical history, she'll go over everything with the patient, including every single thing they put in or on their body — even herbal remedies, supplements, over-the-counter drugs and topical treatments.

"You need to take it all into account and look at the patient holistically," Prinsloo said.

She reviews each medication and asks the patient why they're on them. Sometimes they don't know, so she'll work with their doctor to find out why, and if they feel the medication might not be necessary, they'll start tapering the dosage of it. If nothing happens, they'll taper it more and more until it's obvious the patient doesn't need the medication.

That process is how Prinsloo helps to deprescribe medications for people. Her presentation last week was titled "What Was Good in the Past May Not Be Good Now," with the main takeaway being for people to ask their prescribers why they take each medication they're on.

Taking unnecessary medications can lead to two main adverse reactions: memory loss and falling.

In Manitoba, 3,000 seniors die each year due to adverse drug events, with 88 per cent of them being preventable — this includes falling, accidents in the home, motor vehicle accidents,



TRIBUNE PHOTO SUBMITTED

Deprescribing medications is a new science that could reduce the number of hospital trips for people over 65.

bleeding and delirium.

According to the Canadian Institute for Health Information, seniors in Canada are hospitalized five times more than people under 65 due to medication-related issues. And each year, the Canadian government spends around \$1.4 billion on health-care costs to treat the harmful effects of medications.

Prinsloo believes these statistics could be much lower with the practice of deprescribing.

SISRC offers services for seniors and those with disabilities to help them remain independent, safe and comfortable in their own homes. For more information on SISRC, call 204-467-2719.

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Jennifer McFee  
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## Willard Reaves new deputy leader for MB Liberals

**By Voice staff**

The Manitoba Liberal Party has a new deputy leader.

Interim party leader Cindy Lamoureux announced last week that Willard Reaves will step into the role.

The former Winnipeg Blue Bomber ran on behalf of the Liberals in the Fort Whyte riding in the 2022 by-election and again in the 2023 general election. The seat was won and then held by Conservative candidate Obby Khan.

Reaves says he's looking forward to

the opportunity.

"I appreciate being asked to serve as deputy leader of the Manitoba Liberals. As a past candidate, and a community advocate I will use the experience I've gained to work with Cindy, our membership and executive to grow a healthier party."

Lamoureux also announced two new co-chairs to serve on the party's election readiness committee: Kevin Lamoureux and David Johnson.

"I believe in being prepared and this means that if a by-election were

to be called at any point in time, we will be ready," she said. "Part of building a healthier provincial Liberal Party means gathering people who can relate to everyday issues that Manitobans face. We've got a tremendously talented and motivated group of volunteers, past candidates, and MLP board members. Today, I'm excited to share these three new positions that will be integral to the organization of our party."

## Woodlands council news in brief

### Warren's Kotelko Walkway to get lights

**By Autumn Fehr**

Lack of adequate lighting at the Kotelko Walkway, a pedestrian path connecting Kotelko Drive in Warren to MacDonald Avenue in front of the Elementary School, has been identified as a safety concern for pathway users, predominantly students who attend the school since the pathway is unlit.

MacDonald Avenue is a school zone with a 30km/h speed limit. The Warren LUD committee recommended pursuing a street light through Manitoba Hydro, which requires a resolution of the council. The cost of the light is currently unknown.

In 2022, the Warren LUD commit-

tee and council agreed to expand the boundaries of the LUD in two phases. In the most recent council meeting, the LUD committee

passed a resolution requesting that the council of the RM of Woodlands adjust the boundaries. The first phase is nearing completion. Additional services from Phase 1 include weekly curbside garbage and recycling pickup and annual dust control. This resolution initiates the second phase, including the Warren CDC Business Park. The estimated development cost to the municipality for the park is budgeted at \$1,114,879.69. Both parties agreed to adjust the boundaries to increase services for proposed properties to be included in the boundary expansion. A public open house was held for both phases in

August 2022.

### IN OTHER COUNCIL NEWS:

- Council gave first reading to a by-law to amend the RM's development plan, which sets out the broad restrictions on development within the RM, rather than detailed restrictions. The zoning bylaw is a more detailed plan that must follow the more general rules set out by the development plan. In this case, Mukwa Development Inc. has applied to amend an area of land next to Warren from an Agricultural Area to an Urban Area.

- Council accepted the quote for \$3,100 plus applicable taxes from BOMA Environmental & Safety Inc. for a Phase 1 environmental site assessment for the former public works shop

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# get informed

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TRIBUNE PHOTO BY LANA MEIER

Jeff and Robyn Sonnenberg, along with daughter Harper, attended the Quarry Ridge Pony Club Breakfast with Santa Sunday morning. The sun was shining and temperatures hit plus 2 degrees C. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca).

## letter to the editor

### Suspend the wastewater lagoon project indefinitely

I submitted a letter of objection a few weeks ago to the environmental approvals branch of the Manitoba department of environment and climate change, asking the government to suspend a wastewater lagoon project that the Crystal Spring Hutterite Colony is proposing to build in the RM of Armstrong on the border of the RM of Gimli.

This project should be suspended indefinitely while alternatives are explored or it should be cancelled altogether, which would be preferable. This project is not in the public interests and is a threat to the health of Lake Winnipeg, fish habitat and to our drinking water and surrounding land. The health, safety and interests of the residents of Gimli and surrounding municipalities are at stake.

The government's request for public feedback to the proposed lagoon stated the lagoon will treat slaughter

waste (presumably from chickens) and human waste from 250 people.

A basic sewage lagoon is the least effective form of waste treatment, and the one proposed will likely have high output of the nutrients nitrogen and phosphorus due to waste from animal slaughter. Furthermore, the location of this lagoon is very close to Lake Winnipeg (about five miles away), offering less opportunity for the dilution of these harmful nutrients and possible pathogens.

The time to mitigate nutrient problems on Lake Winnipeg is now, with new facilities proposing and using modern treatment methods and effective treatment plants to reduce the risk of adding to our problems instead of merely dumping waste into the environment whenever the lagoon overflows or leaks, or when a flood or weather event occurs; this will add to the inappropriate runoff and seepage that already occurs in this watershed from agricultural facilities along the same ditches from Armstrong into Gimli and directly into upstream spawning grounds along the shores of Lake Winnipeg by

Willow Creek.

The RM of Gimli sewage treatment plant and other facilities like the City of Winnipeg treatment facilities, while not perfect, offer more advanced treatment of waste than that of a basic lagoon and offer a future improvement path that is apparently far beyond this proposal.

Thank you for your immediate attention to my request to stop this threat to our environment and the aquifer that provides our drinking water. The proposal in question is not consistent with our community values and to our way of life. It is also an existential threat to our local and regional economy. This factory project threatens private individual and small family businesses, as well as nearby residences, which all must meet the criteria for higher standards competing against the deflated costs of shortcuts like this project. The proposed project is a threat to future generations of our residents and constituents.

- William James (Bill) Buckels  
Lake Winnipeg commercial fisher,  
Gimli

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### Further ponderings in Advent

The changing scenes in town are a distinct marker for what is a transition from Halloween to Christmas and the 'season of lights'. There is so much already underway to understand the thrill and feeling of bonhomie that can surround the season. The lists of the events happening in town and surrounding places make for a good notice board for us. However, the folk who sense the pulse almost instinctively are the ones at the marketplaces. They seem to have done all the marketing analysis to know exactly what our wants are from the ever-flowing marketing lists our minds can ever conjure. This commercialisation of the festival is a big enticement. But, we have been warned by our previous columnists to recognize this sign.

To top it off, the ideal of having a family-centred celebration can be a good way of leaving out the troubled discourse that the world is in, with wars and quasi-wars being waged to the detriment of all that stands for the fullness of life on this fragile planet called earth. And, it is these increasingly extremely violent conditions, the world around, that have made Christian communities ask the question that has raged for centuries now - will the 'rapture' happen soon? This question, which deals with the return of Jesus Christ, is as old as the origins of the earliest Christian community. But, this question seems to take a larger space than ever before, in history. This has heightened in the aftermath of the Hamas-Israel conflict. The rebuttal may be that the world has seen worse! One can even cite Matthew 24:36 where Jesus says, "But about that day and hour no one knows, neither the angels of heaven, nor the Son, but only the Father." But furthermore, can one ignore vvs. 38,39 which relate to the sheer cataclysmic conditions that people so easily identify with?

Last week, we were guided into this period of Advent, moving us to readiness and waiting as we remember the birth of the Christ child in history. May I also add here that the season of Advent, alongside remembering the birth of Christ in history, Advent engages us with the second coming of Christ.

Does this then help us re-think our celebrations for Christmas? How does this added dimension change our preparations during this season of Advent? May this season wake us to new frontiers in our life's journeys.

Rev. James A Gomez,  
Church of the Ascension, Stonewall.  
[cotaminister@gmail.com](mailto:cotaminister@gmail.com)



# Relentless volunteer braves winter winds in Cheerboard donation drive

By Becca Myskiw

A local man spent a recent Sunday braving howling winds to collect donations for the Teulon Christmas Cheerboard.

Craig Lamm spent Nov. 26 walking the streets of Gunton amid 60 kilometre-per-hour winds, knocking on doors to collect donations of food, toys and other items in support of the Cheerboard.

Lamm spends most of his time volunteering and giving back to the community. He's the secretary for the community hall, a member of the Stonewall Kinsmen and volunteers at various Santa Claus breakfasts in the area. He helped secure the first crosswalk in Balmoral and is currently working to get a second built across Highway 236, where more than 1,600 cars pass daily.

Lamm also offers unlimited yard waste pickup in the fall, takes everyone's garbage bins in town and shovels driveways, sidewalks and crosswalks all winter long.

"I volunteer pretty much non-stop," he said. "I never used to be like this. I used to be focused on work and money and I'm past all that. We have all that. Giving back ... once people start doing it, it gives you endorphins and it makes you feel better."

During recent trips to the grocery store, Lamm noticed the bins for non-perishable food donations were almost always near empty. So he decided to do something about it. He started by making a post

on the Gunton Facebook group, letting everyone know he'd be knocking on doors to accept non-perishable food donations and toy donations. Then he bundled up, decorated his grandson's wagon to be festive and set out.

Lamm said as he went around, a lot of people had prepared items together in bags to go into his wagon. Others weren't prepared, he said, which was almost better because they would open their cupboards and grab whatever was in front of them.

Soon enough, Lamm had filled the wagon three times — he stopped counting how many items he was getting after he hit 150. The total donations haul filled 13 huge bags and five cardboard boxes. He got cereal, Kraft Dinner, pasta, chocolate, salsa, chips, tomato soup, mushroom soup, canned goods of every kind, colouring books, dinosaur toys, My Little Pony toys and more.

Last Tuesday, the Teulon Christmas Cheerboard picked up everything Lamm had collected and was extremely grateful to do so, he said.

Each year, the cheerboard distributes roughly 75 hampers to local families in need — given the challenging economic situation, any and every donation is needed.

To donate non-perishable food items, new unwrapped toys or money to the Cheerboard, people can go to Access Credit Union, Green Acres Art Centre or Chicken Chef.



TRIBUNE PHOTO SUBMITTED

Craig Lamm went door to door in Gunton on Nov. 26 to collect donations for the Teulon Christmas Cheerboard.

## Stony Mountain Pick N' Pay under new ownership

By Becca Myskiw

After exactly 22 years, Stony Mountain's Pick N' Pay has a new owner.

Tim Wytinck took over the grocery store on Dec. 3, 2001, and Dec. 3, 2023 was his last day.

The store's building has been around since the 1900s, and there are photos of horses tied to posts outside for proof. In 1988, the store was expanded, and it's remained the same since.

When Wytinck took over Pick N' Pay, he didn't change a thing — he

kept the name and continued to sell the same products, including fresh bakery goods and meat. He did upgrade everything in the store, though, from the shelving to the freezers and coolers. The only thing he didn't upgrade was the tile floor.

Wytinck said he loved being his own boss, and he loved his employees, always laughing together and swapping jokes. He also loved getting to meet so many people over the years



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Pick N' Pay employee Jasmen L'Heureux and Tim Wytinck. L'Heureux is planning to stay employed by the new owners.

**Stonewall United Church presents their annual Christmas Cantata**

**What Child is This? A musical of a contemporary telling of the Christmas Story**

Tickets \$20 (17 years and older)  
\$15 (5 - 16 years)  
Under 5 Free

**Saturday, Dec. 16 at 7:00 pm.**  
**Sunday Dec. 17 at 2:30 p.m. and 7 p.m.**

Tickets can be purchased at the church office Wednesday or Thursday Between the hours of 10 am. to 3 p.m. or from any choir member.  
To order tickets phone 204-467-5469 or email: unitedc@mymts.net

**News Tips? Story Ideas?**  
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and developing relationships with his customers.

Now, Wytinck is going to spend some time relaxing before he gets bored and finds something else to do with his time.

He's been working seven days a week every week since he was 12, having grown up on the family farm, so Wytinck knows he won't be able to sit still for too long, he said.



# Quarry Choristers ringing in the holiday season



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Quarry Choristers have been making their rounds throughout our communities, bringing festive joy through music. The Choristers sang to a packed house at Stonewall Lions Manor on Nov. 30 and the Warren United Church on Dec. 5. The Choristers have one more performance at the Argyle Community Hall on Dec. 7 at 7 p.m.

# Red River North RCMP make arrests



RCMP lay charges for possession for the purpose of trafficking after encountering a suspicious vehicle in West St. Paul.

By Lana Meier

At approximately 4:45 a.m. on Nov. 30, Red River North RCMP were heading to an alarm call when they encountered a suspicious vehicle on Emes Road in the RM of West St. Paul.

There were two people in the car, and they seemed to be asleep. After waking them, it was discovered that the male driver had multiple outstanding warrants. The female passenger was also violating her conditions, and as a result, both individuals were taken into custody by the officer and arrested.

The VIN on the vehicle was checked and it was determined the vehicle had been stolen out of Ashern.

Upon searching the vehicle, 19

grams of methamphetamine, prescription drugs and other drug paraphernalia were seized.

Hannah Rossnagel, 30, was charged with possession for the purpose of trafficking, possession of property obtained by crime and fail to comply. She was later released from custody on a release order.

Sean Houlahan, age 37, is facing charges of possession for the purpose of trafficking, possession of property obtained by crime, operation of a motor vehicle while prohibited and fail to comply. He was remanded into custody.

Red River North RCMP continue to investigate.

**News Tips?  
Story Ideas?**  
call the Tribune  
204-467-5836



## THE RURAL MUNICIPALITY OF WOODLANDS History Book Holiday Promotion

The Rural Municipality of Woodlands is having a holiday promotion on our history book "Where We Are". The book contains history of the RM of Woodlands throughout the years 1980 to 2020, including family histories, government, agriculture, business and commerce, sports, tax rolls, and more. It also contains 600 pages in full colour, a hardcover and is printed on 80lb paper.

The cost of each book during the promotion is \$65.00 including tax and can be purchased at the Municipal Office at 57 Railway Avenue in Woodlands while supplies last. Also available for purchase is the "Yesteryears" history book for \$5 plus tax.

Promotion ends December 22, 2023, after which the book will return to the original price of \$85.00 including tax.

Please note that the Municipal Office only accepts cash, cheque or e-transfer payments.

## CHRISTMAS HAMPERS

Do you or someone you know need a hamper this Christmas?

Please be advised that Christmas Cheer Board hampers can be ordered from now until December 10th.

Hamper pick-up will be December 16th.

Please call 204-467-7370 to order a hamper. Requests for hampers need to be made every year even if a hamper was received in previous years because lists aren't carried over.

*We believe in cherishing the small moments in life because they make the lasting memories*

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# Sapphire Springs coming to Rockwood

By Jennifer McFee

Things are going swimmingly for a large-scale fish farm that's springing up in the RM of Rockwood.

Sapphire Springs is a bold project with a mission to build the world's largest inland recirculating aquaculture system, which recirculates and reuses almost all of its water.

The business will be located within an existing Rockwood-based facility that was previously used by the Department of Fisheries and Oceans, located on Road 87 between highways 7 and 8.

Chuck LaFlèche, chief financial officer, explained that they're looking to expand the world supply of Arctic char by 50 per cent.

"We are building a 5,000-tonne recirculating aquaculture system for Arctic char, which is going to be the largest farm on the planet in Arctic char," said LaFlèche, who formerly served as the president and CEO of the St. Boniface Hospital Foundation.

"Just to give you an idea of how much 5,000 tonnes of fish is, it's about 59,000 fish a week, so we'll have a semi trailer of fish leaving our plant each day."

Arctic char is a member of the salmonid family, which also includes salmon and steelhead trout.

"A large seafood company told us that in the last seven years, demand for salmonids has outstripped the supply by 10 per cent. There's a huge demand for the product right now," LaFlèche said.

"There just haven't been large farms marketing Arctic char. That's really our niche. We're excited about it, and we're starting to garner the attention of a lot of people."

This excitement extends to the talented team that's jumped on board with Sapphire Springs, including research co-ordinator Dr. Michael Pabst, a zoologist who retired from the Department of Fisheries and Oceans after 31 years of service.

The \$140-million building will span about 620,000 square feet. The north

end of the structure will house the hatchery. From there, fish will head to the grow-out facility, where they'll spend the next 18 to 20 months in tanks while they grow to maturity before being harvested.

The south end of the building will focus on processing with highly automated equipment that the company plans to buy from Denmark or Iceland. This processing equipment will be used to produce and package fillets.

LaFlèche noted the facility sits on top of a five-million-year-old aquifer that runs from Great Slave Lake to Minnesota.

"The beauty is the water comes out of the ground at 6.5 degrees," he said. "That is very close to what char are used to in nature, and the challenge for our competitors around the world is getting good water without having to spend significant dollars to cool it. That is a huge issue for them."

Sapphire Springs also recently acquired a Yukon-based aquaculture operation called Icy Waters, which was the largest supplier of Arctic char eggs to Europe. Doug Hotson was the general manager of Icy Waters, and now he's joined forces with Sapphire Springs to serve as the chief operations officer.

Another key contributor is Justin Henry, a world expert in recirculating aquaculture systems, as chief technology officer.

In addition, Wendy Vandersteen is serving as a member of the advisory board for Sapphire Springs. Vandersteen has a PhD in genetics and genomics of salmonids, with more than 20 years of experience in aquaculture. She grew up on a farm near Chatfield and now lives in B.C., where she serves as manager of research and development for Taplow Ventures Ltd, a company that produces the fish feed that will be used by Sapphire Springs.

The management team also includes Kenneth Blair as president and chief executive officer, Brian Hodge as vice-president of product development, Rob McCarthy as vice-presi-



TRIBUNE PHOTOS SUBMITTED

Sapphire Springs is building a 5,000-tonne recirculating aquaculture system for Arctic char.

dent of business development and interim hatchery manager and Chris At the same time, LaFlèche said it's also good news for the environment.



Arctic char are part of the salmonid family, which also includes salmon and steelhead trout.

Wach as physical systems manager.

An economic impact study indicated that Sapphire Springs will generate about \$64 million a year in GDP, LaFlèche added.

"This will create about 100 direct jobs and about 250 indirect jobs. Our revenue is going to be close to \$100 million, so we're going to be spending tens of millions in the community. Already we spent \$1 million on gravel and we spent close to \$1 million on electrical services," he said.

"We're also going to generating \$25 million a year in annual tax activity for the three levels of government. I've rarely seen an opportunity that has such powerful macroeconomic factors. It's good news for the economy."

"This is a very efficient way to get your protein in terms of the impact on the planet. As a result, we've attracted a lot of very interested funders who have a mandate to protect the environment and invest in environmentally friendly projects," he said.

"Here's the bonus — it's delicious. Chefs love char because it doesn't have a strong taste or smell so they can do more with it and add their own flavour. We love it."

The projected completion date for the facility is mid-2025 followed by a full operation of continuous harvest beginning in the fall of 2026.

To learn more about Sapphire Springs, visit [www.sapphiresprings.ca](http://www.sapphiresprings.ca).

**DEER HEAD COMPETITION**  
at  
**Guntton Greenwood Memorial Hall**  
**Saturday, Dec 9th, 2023**  
Scoring by Manitoba Big Game Trophy Association  
Adult & Youth Categories  
**Entry Deadline is 7 p.m.**  
For information call  
**Tony Balian 204-886-2886,**  
**Rod 204-461-0015 Terry 204-886-2319**

**CHRISTMAS CHEER BOARD**  
Help needed! The Stonewall & District Christmas Cheer Board is looking for donations to help those in need this Christmas. We are in need of new unwrapped toys and pajamas. We no longer accept food items – please donate food directly to the Interlake Food Bank. Monetary donations are greatly appreciated and can be made at **Access Credit Union** or by e-transfer to [stonewallcheerboard@gmail.com](mailto:stonewallcheerboard@gmail.com) – please include mailing address for tax receipt.



# Celebrating Safety Superstars

By Jennifer McFee

A Teulon-based worker has earned recognition for her keen focus on safety in the workplace.

Earlier this year, Interlake-Eastern Regional Health Authority's occupational safety and health team invited staff members to nominate a Safety Superstar to highlight commitment to safety, great practices and initiatives.

Representatives from Manitoba Association for Safety in Healthcare evaluated the nominations and chose a winner and runners-up.

The title of Safety Superstar goes to Rose-Ann Campbell, an admitting clerk in Teulon.

One co-worker shared some thoughts on Campbell's safety focus: "Rose-Ann has been a driving force in Teulon's success in being SAFE Work certified. She took on the challenge and with her positive attitude and determination has been a fantastic asset to Teulon as part of our Safety Committee."

A second staff member nominated Rose-Ann on behalf of the team at Teulon's hospital and Goodwin Lodge.

"Rose-Ann is singlehandedly the reason our facility staff know about the new SAFE Work protocols and is always available to answer any questions we may have," states the nomination. "Rose-Ann is always working tirelessly to keep our facility up to date with information and never refuses to lend a helping hand when asked."

Safety Superstar runners-up are Wanda Gosselin, an administrative assistant at Arborg and District Health Centre; Susan Beddall, a health-care aide at Kin Place Personal Care Home in Oakbank; Laurie Campbell, a dietary aide and assistant cook at East Gate Lodge Personal Care Home in Beausejour; and Bonnie Peloski, a wellness facilitator in Selkirk.

They all received a gift to recognize their achievements.

Interlake-Eastern Regional Health Authority is Manitoba's first health authority to achieve SAFE Work certification. This designation focuses on strong safety and health management systems to reduce workplace injuries and promote safe work culture.



TRIBUNE PHOTO SUBMITTED  
Rose-Ann Campbell, middle, is a Safety Superstar.

# Argyle museum spruces up its space

By Jennifer McFee

A community museum has spruced up its space thanks to a generous grant.

Earlier this year, Settlers, Rails and Trails Museum received a \$23,000 Spruce Up Your Story grant from Red River Mutual.

In total, the insurance company granted more than \$150,000 to 10 communities across Manitoba and Saskatchewan through the grant program — including the local museum. The initiative received a record 317 submissions this year.

Kailynn Newediuk, marketing manager for Red River Mutual, explained that the company is still connected to its roots in southern Manitoba.

"We understand how history and culture are an integral part of community, even as it grows and changes over time," she said.

"Over the past four years of Spruce Up Your Story, we've heard stories from hundreds of communities about how they are growing and changing, hoping to adapt for new people, new spaces and new opportunities. We've seen there is no one way for communities to connect and we want to help support them as they discover those opportunities."

Since the Spruce Up Your Story grant program started in 2020, 18 of its 40 funding recipients have focused up on fixing up or further developing their green spaces.

"Over the past four years, we've learned how these green spaces bring people together and make a positive

impact on people's mental and physical well-being," she said, "especially during times or in places where there may not be an opportunity to connect indoors."

One of these recipients is Settlers, Rails and Trails, which has been hard at work sprucing up its outdoor areas with landscaping, painting and more. In 2019, the museum purchased 12 acres of land just north of Argyle with the goal of developing it into a heritage park.

"Settlers, Rails and Trails provides the community a space where nature,

culture and local history connect for the community to gather and learn," Newediuk said.

"The museum is challenging what we might traditionally think of as a museum with old pictures and items simply displayed to read about, and they are providing diverse opportunities to interact with history through exhibits, community gardens, biking and hiking trails, and even concerts and community events."

Shayne Campbell, president and executive director of Settlers, Rails and Trails, said they've now completed all the work funded

by the Spruce Up Your Story grant.

"This summer, volunteers came to plant 80 trees and shrubs, all of which are now in place — trees such as maple, larch, oak, lilac, birch, dogwood, Saskatoon, including rhubarb, raspberries and gooseberry shrubs in the small garden and surrounding the Dugald McLeod house," he said.

"For such a dry summer, the lawn was seeded and started growing, with only a few areas that didn't take. We will be re-seeding those sections in the spring of 2024. We even man-

Continued on page 13



**Fantastic fishing for Walleye at Narrows Sunset Lodge**

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**Clubroom Events for the Week of December 4**  
 Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$6,000  
 Thursday 4-10 Crib 7pm start  
 Friday 4-close Meat Draw at 6:30  
 Saturday 2-close Darts 7:00  
 Sunday December 10 Bingo Pots will be played off  
 Doors open at 1:00 Early Bird 1:45  
 Tickets available at the bar for New Years Eve with The Marvells \$15.00 with late lunch included  
**All are welcome - Support your local legion!**

**Community Futures East Interlake Build Interlake Growth Program**



Calling all not-for-profit (non-paid share) organizations in the East Interlake region. Grant funding available.

Through the Build Interlake Growth Fund, Community Futures East Interlake (CFEI) will stimulate community and regional economic development by supporting local community organizations undertaking community and regional development projects.

Maximum of \$5,000 grant or 50% of total project costs whichever is less.

Accepting applications now till December 15 annually.

Full applications and eligibility details at:

[https://cfmanitoba.ca/images/east-interlake/Big\\_fillable\\_form.pdf](https://cfmanitoba.ca/images/east-interlake/Big_fillable_form.pdf)

Send your complete application, or for more information contact:

Community Futures East Interlake Inc.

Box 1620, Gimli MB ROC 1B0

Phone: 1-800-378-5106

Email: [bcd@eastinterlake.com](mailto:bcd@eastinterlake.com) or [gm@eastinterlake.com](mailto:gm@eastinterlake.com)

[www.eastinterlake.com](http://www.eastinterlake.com)



# Activities for Seniors in Your Area



**DECEMBER Calendar of Events!**  
 Activity Centre • 374 – 1st Street West  
 For newsletters,  
 visit [www.si55plus.org](http://www.si55plus.org)

**Clip & Save**

- |  |  |
|--|--|
| December 7: Ukulele Club 6:30pm<br>(at Something Beautiful)                  | December 13: Texas Hold'em 7:00pm  |
| December 8: Travel Club Meeting 11:00am                                      | December 14: Virtual Chat 3:00pm (On Zoom)   |
| December 8: Texas Hold'em 1:00pm   | December 14: Ukulele Club 6:30pm (at<br>Something Beautiful)   |
| December 12: Canasta 1:00pm  | December 15: Quilter's Corner 11:00 am<br><i>Closed from December 18 to January 1.<br/>Reopen Tuesday, January 2</i> |
| December 12: Canad Inns Winter<br>Wonderland (Pre-<br>registration required) | January 3: Stitch n' Craft/Men's Chat<br>10:30am   |
| December 13: Christmas Luncheon<br>(advance tickets required)                | January 3: Cards 1:00pm  |
| December 13: Cards 1:00pm  | January 3: Texas Hold'em 7:00pm  |

**Christmas Luncheon**

**Wednesday, December 13**  
**12:00pm**  
 Tickets: \$20.00  
 Tickets available at 374 1st Street W.  
**Ticket deadline:**  
**Friday, December 8**  
*Turkey Dinner*  
*with all the trimmings!*  
 Performance by the Stonewall  
 Strummers Ukulele Club

*Dinner (at your own expense) at Denny's in Headingly*  
**and Canad Inns Winter Wonderland**  
*(drive-thru holiday light show)*  
**Tuesday, December 12**  
 Registration Deadline: Friday, December 8  
 \$25.00 per person

**The Leaf @ Assiniboine Park**

**Thursday, January 18**  
 Registration Deadline: Thursday, January 11  
**Members \$35 / Non-members \$40**  
 Lunch at Bluestone Cottage *(at your own expense)*

**Quilt Raffle Tickets Available Now!**

Fundraiser for South Interlake 55 Plus  
**3 Tickets \$5 or \$2 each**  
 Tickets available at  
**South Interlake 55 Plus**  
**Tuesday to Friday, 8:30-4:30**  
**Draw date: December 15, 2023**

**PICKLEBALL**

Tuesdays & Thursdays, 6:00-8:30pm  
 Stony Mountain School  
 Saturdays, 10:00-12:30pm  
 Stonewall Collegiate  
**NO PICKLEBALL ON DECEMBER 12, 14, 23,  
 26, 28, 30 AND JANUARY 2, 4, 6**  
 Suitable for all adults at all fitness levels.  
 We play doubles but you don't need to  
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**2024 MEMBERSHIPS AVAILABLE NOW! \$25.00 FOR A CALENDAR YEAR**

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[www.si55plus.org](http://www.si55plus.org) to fill out a Membership form or come see us at the  
 Centre (374 1st Street West, Stonewall).



- You do not have to be 55 + to become a member!
- Payments can be made by cash, cheque or E-transfer to [si55info@gmail.com](mailto:si55info@gmail.com)

**For more information call 204-467-2582**

**South Interlake Seniors Resource - Stonewall**  
**144-622 Centre Avenue - Lions Manor, Entrance 4.**

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 Our office is located in the Stonewall Lions Manor at 622 Centre Avenue, Entrance 4.  
**204-467-2719 [www.sisrc.ca](http://www.sisrc.ca)**

**Volunteer Opportunities**

*Looking for something to do in your spare time?*

**FRIENDLY VISITOR**

South Interlake Seniors Resource is in search of a person to provide seniors who are isolated or lonely, the companionship of a volunteer. To provide the confidence and support they need to continue living independently. Time may be spent sharing hobbies, reading aloud from newspapers, playing games, going for a walk or having a chat.

**LIFELINE VOLUNTEER**

Lifeline is a personal response system that provides peace of mind to people and their loved ones. Assistance and emergency services are available at the push of a button. Local volunteers provide the installation and maintenance of Lifeline equipment. South Interlake Seniors Resource is in search of a VOLUNTEER in Stonewall, for our Lifeline Program. Local volunteers provide the installation and maintenance of Lifeline equipment with the assistance of SISRC staff. Training is provided through Lifeline and SISRC. Mileage is compensated. For more information, please call our office at 204-467-2719.

**Supports to Seniors in Group Living (SSGL)**

SSGL provides a range of free enhanced support services in group living/elderly persons housing buildings. These services will assist the residents in accomplishing their Instrumental Activities of Daily Living (IADL's) and provide them with the support to remain in their community and "age in place" If wanting any support services in group living/elderly persons housing building, please contact Kelley Rutkair @ 431 381 4002 or email @ [ssglstonewall@shaw.ca](mailto:ssglstonewall@shaw.ca)

**The South Interlake Seniors Resource Office will be closed**

**Monday December 25th/23, Tuesday December 26th/23  
 & Monday January 1st/24**



*From the Staff and Board of Directors  
 of South Interlake Seniors Resource,  
 We wish you a Merry Christmas and a  
 Happy and Healthy 2024!*

**For more information call 204-467-2719**

**Teulon & District Seniors  
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**St. Laurent Seniors Resource Council Inc.**

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- Resource Information • Fundraising Activities Throughout the Year.

**Inquire about our new bike club coming soon!**

**"Celebrating Seniors in Action"**



# Santa stopped in at Balmoral Child Care luncheon

By Haley Cvar

The Balmoral Community Hall was filled with joy and excitement as Santa made a special appearance at the fundraising Lunch with Santa event hosted by the Balmoral Child Care Centre.

One hundred and fifty tickets were sold in advance and walk-ins were welcomed. Lavender Farms catered the delicious perogy and sausage lunch.

Downstairs in the basement of the community hall, a vibrant vendor show awaited eager shoppers. Local artisans showcased their unique creations, offering everything from handmade crafts to one-of-a-kind gifts. It was a fantastic opportunity to find that special something for loved ones while supporting local businesses.

Upstairs, enthusiastic children filled with holiday spirit, kept themselves busy at the craft station. Tiny Fox Photography captured precious memories as children eagerly lined up to have their photos taken with



none other than Santa Claus himself! Little ones beamed with joy as they sat on Santa's knee and shared their Christmas wishes.

The combination of delicious food, festive shopping opportunities and cherished moments with Santa made this event truly magical.



TRIBUNE PHOTOS BY HALEY CVAR

Pictured clockwise from top left: Kendra Good was choosing colours to make the perfect bracelet while Wyatt, Lex and Jayce visited Santa at the Balmoral Lunch with Santa event last Saturday. Baby Cayesen was content to play with the decorations; Chrissy and Casen made crafts; and perogies and sausage, served by Craig Lamm and Gail Spencer-Lamm, was the perfect lunch.



## > ARGYLE MUSEUM, FROM PG. 11

aged to mow the lawn several times in the summer of 2023 with the museum's new riding lawnmower and our volunteer Marj Amy. It was very handy to have hoses and landscaping tools this summer, also paid from the grant."

In addition to the landscaping improvements, the building renovations are also complete.

"They are freshly painted, with historically appropriate colours. Ekhart Railway station is Canadian National Railway's maroon and pale yellow, the livery stable is barn red and the Dugald McLeod house

is a pale yellow with brown trim," Campbell said.

"Modern flooring was installed in the house as a sympathetic match to the historic 1930s linoleum flooring we discovered under the 1970s shag carpet when we did renovations. In the spring of 2024, we can start outfitting the house with furniture, making it look from the period of 1920-40s."

On behalf of the museum's dedicated team, Campbell expressed gratitude for the grant that made the improvements possible.

"Our museum board of directors,

volunteers and community members are so very proud to have this major project funded by the people at Red River Mutual Insurance," he said.

"Our community's much-loved space has a new lease on life now."

Adding to the excitement, electricity and water are now running on site, thanks to a grant from the provincial government's Arts, Culture and Sport in Community Fund. It's perfect timing for the holiday season, since the museum's royal trees — planted in 2022 for Queen Elizabeth II's platinum jubilee — are lit up with colourful Christmas lights for the first time.

On Thursday, Dec. 7, the museum will host a Christmas music concert in the Argyle Community Centre. The event will feature the band Apple Fire and the Quarry Choristers. Doors open at 6:15 p.m. and the concert starts at 7 p.m. Admission is free.

The museum is also open the first Saturday of each month from 1 to 4 p.m., offering a chance to view the Manitoba Brick and Block Exhibition and more at Argyle Community Centre.

To learn more about Settlers, Rails and Trails, visit [www.settlersrail-sandtrails.com](http://www.settlersrail-sandtrails.com) or follow "Argyle Museum" on Facebook.





# 6

## ways to prioritize **BUYING LOCAL DURING THE HOLIDAYS**

The holiday season is an ideal time to support the businesses in your region. Here are six ways to make buying local a part of your Christmas celebrations.

### 1. Gift giving

If you plan to participate in a holiday gift exchange with your friends or family members, take this opportunity to introduce them to local merchants. For example, regionally made body care products, handcrafted jewelry and artisanal foods make great gifts.



### 2. Alcoholic beverages

Alcoholic beverages and the holiday season go hand in hand. This year, serve beers brewed in your region, wines made at a local vineyard and spirits distilled nearby. To add to the fun and sample an assortment of products, consider organizing a tasting event at your next holiday party.

### 3. Personal wellness products

Entice your guests to buy local products themselves by placing a handmade bar of soap in the bathroom, lighting locally crafted candles or providing an all-natural hand cream to relieve dry hands.

*Continued on next page*

**LOOKING FOR A UNIQUE GIFT? GIFT CERTIFICATES AVAILABLE**

Santa says buy a gift certificate for an interior car cleaning for that 'Hard to buy' person

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Approximately 1 - 2 hours

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**Watch for our 12 days of Christmas sale on Facebook (stonewall hair & tanning source)**

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# Help fill the sleigh



TRIBUNE PHOTO BY LANA MEIER

Red Apple Stonewall store employee Brenda Stickles invites the community to help Fill the Sleigh for their annual toy drive. During their regular store hours, the store will have coffee and cookies, a colouring contest, face painting and temporary tattoos this Saturday, Dec. 9. There will also be a wrapping station for \$2 and a surprise visit from Santa. Five per cent of all sales on Saturday will go towards the Stonewall Christmas Cheer Board. The store is collecting cash along with toy donations. (All \$10 donations are entered to win a gift basket valued at \$100). This Saturday is the last day to donate.

**OUR OFFICE WILL BE CLOSED**  
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**Opening January 2<sup>nd</sup>, 2024**

There will be NO newspaper printed December 28th, but we will continue to distribute our flyers, so please watch for them in your mail and distribution boxes.

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**4. Food**  
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**5. Clothing**  
 Create head-turning holiday ensembles by shopping at local clothing stores. Shirts, dresses, skirts, pants and accessories come in many stylish and comfortable options.

**6. Decorations**  
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This holiday season, be sure to boost your community's economy by supporting your local businesses.

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# Celebrate responsibly. Arrive safely.



## END IMPA

**E**very year, the festive season is sadly overshadowed by car accidents that could have been avoided. A large percentage of collisions involve drivers who have been drinking over the legal limit or taking drugs.

Be prepared  
It's widely known that drugs and alcohol impair your judgment. Despite this reality, some individuals who've consumed these substances may believe they're fit to drive when actually they're not. In short, if you've had any amount of alcohol or smoked or ingested cannabis, it's not safe to rely on your own judgment.

Plan ahead! No one wants to be part of another statistic or have someone's death on their conscience for the rest of their life. In 2023, there are no excuses for driving under the influence. You have plenty of choices to avoid putting your own safety and that of others at risk.

- Use public transportation
- Arrange to sleep at the party venue or stay somewhere within walking distance
- Call a taxi
- Use a designated driver service
- Designate a non-drinking person to drive you home

Here are a few options to consider for a safe holiday season and new year:

*Have a happy and safe holiday season!*

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# Local conservationist earns lifetime achievement award

By Jennifer McFee

A Balmoral resident is garnering national attention for encouraging others to give a hoot about owls and biodiversity.

It's a feather in his cap for Jim Duncan, who recently earned a lifetime achievement award from the Ottawa-based Canadian Museum of Nature. This honour comes as part of the 2023 Nature Inspiration Awards, which were presented at a gala event in Ottawa on Nov. 16.

Duncan was recognized for dedicating more than three decades to scientific research and public outreach about biodiversity, with his main focus on owls.

Kasia Majewski, head of marketing and external relations for the Canadian Museum of Nature, said a jury selects the recipient of the lifetime achievement award, while the other award categories have a nomination process.

"Looking at Jim, the jury felt that he showed an incredible commitment to nature and sharing his enthusiasm for nature with the public throughout his entire life," she said.

"He's contributed decades of action and outreach about owls. The jury also found that he's a scientist who is able to go beyond his job to engage with the public while also contributing to scientific research. So he's really got a lifetime of going above and beyond."

The Nature Inspiration Awards focus on three main elements: a commitment to nature, leadership and the ability to inspire others.

"We thought that Jim embodied all of those," Majewski said. "I think his ability to inspire people of all ages about owls is an incredible part of Jim's life and his story."

Over the years, Duncan has reached nearly 30,000 kids and adults through his presentations, books and outreach efforts.

While he was in Ottawa to accept the award, Duncan even took time to give a presentation at a local school.

"The kids really loved it," Majewski added. "We were really happy that we were able to help him spread his message a little bit further here in our community as well."

At the same time, Duncan expressed gratitude for the recognition.

"It feels great to have our long-term research, education and conservation efforts on owls and other wildlife appreciated in this manner," he said.

"I am thankful for the hard work by staff and volunteers with the Canadian Museum of Nature who created the



Dr. Danika Goosney, president and CEO, presented Jim Duncan with his award.

Nature Inspiration Awards program."

For Duncan, his passion for educating others about conservation began when he read a book by John Livingston called *The Fallacy of Wildlife Conservation* while he was a university student in the 1980s.

"In it, he stated that while scientific research is important, it alone lacks the conservation punch needed these days," Duncan said. "It is equally important to make conservation a part of everyone's lives."

Delving deeper, his interest in owls sparked while he was a graduate research student studying falcons at McGill University in 1984.

"I joined a volunteer retired principal to conduct evening owl hoots for the public in a local arboretum. It was then I discovered how little was known about owls — a golden opportunity for a young research scientist to make a contribution," he said.

"Then I moved to Manitoba to study the great gray owl for my PhD and met and later married Patsy, also a biologist — and we have been studying owls together ever since."

The couple's research on owls has spanned nearly four decades. Together, they've made numerous discoveries about owl biology, including some that have helped to conserve them. In addition, they continue to gain knowledge through the research of other experts.

In 1987 and 1997, they organized and held the first international owl conferences in Winnipeg.

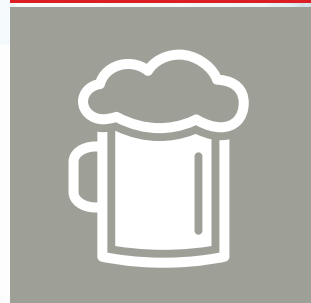
"This launched a series of owl conferences around the world in Canberra, Australia; Groningen, Netherlands; Evora, Portugal; Pune, India; and La Crosse, Wisconsin. These meetings are opportunities for students and re-

Continued on page 19



## IMPAIRED DRIVING

Drinking and driving can cause accidents, but it can also cost you your driver's licence and land you in jail.



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# Seventeen inflatable Santas sighted in Balmoral

By Becca Myskiw

Sana Claus has already come to Balmoral — 17 times.

If you drive around the quiet town, you're sure to feel as though you're in a Christmas movie. Inflatable Santas

eight, 12 and 14 feet tall are set up in 17 yards around Balmoral, bringing joy and cheer to the community.

When Trisha Stebner first moved to Balmoral, she noticed the houses weren't too festive around the holidays. She found herself and her family going to Stonewall and Winnipeg to see the Christmas lights and decorations on display. So, this year, she decided she'd change that.

Last week, Stebner went to Costco and purchased a 12-foot-tall inflatable Santa Claus. She then took to Facebook where she posted in the Balmoral community group that she would purchase more if anyone local wanted.

A dozen people did. So Stebner went to the last Costco in Winnipeg with available stock and bought 12 of the giant blow-ups, then delivered them to those who wanted to join her in creating Santa Claus Lane.

"Being a mom, I look back and my nan made Christmas so magical," she said. "I'm trying to do that."

Other people in Balmoral bought their own inflatable Santas, some eight feet tall, others 14. As of last Tuesday, there were a total of 17 giant Santas welcoming Christmas spirit to Balmoral.

Because there's so many, Stebner is making an interactive Google Map with pins of each Santa's location so people can go for a drive around town and find each and every one.

"If I can just bring a smile to some people's faces, I'm happy," she said. "And Santa represents joy and giving."

Stebner also created a Facebook group called "Balmoral Santa Claus



TRIBUNE PHOTO SUBMITTED

More than 17 giant inflatable Santas have popped up around Balmoral, creating a Santa Claus Lane. Trisha Stebner picked up the Santas for community members and put each location with one on a Google map for people to follow.

Lane" where people can share photos of the Santas around town and let everyone know where theirs is set up for viewing. There, people can also find the link to the Santa Claus Lane Google Map, which went live on Friday, Dec. 1. The map can also be found at this link: <https://tinyurl.com/hnk5sjj6>.

"I hope this tradition carries on and it doubles or triples next year," said Stebner, noting that a lot of families just didn't have the extra funds to participate this year.



## 2023 Holiday Events

Friday, Dec. 1-20th, 2023

14th Annual Festival of Wreaths at the South Interlake Regional Library – Stonewall Branch, \$1 per vote – vote for your favourite all proceeds to the Stonewall & District Christmas Cheer Board

<b>Thurs. Dec. 7</b>	Quarry Choristers – Argyle Hall	7:00pm
<b>Sat. Dec. 9</b>	Last Chance Market-Teulon Hall	10:00am-3:00pm
<b>Sun. Dec. 10</b>	Last Chance Market-Teulon Hall	11:00am-4:00pm
<b>Wed. Dec. 13</b>	Teulon Band Concert	6:00pm
<b>Thurs. Dec. 14</b>	Stony Mountain Elementary Holiday Concert	Matinee 2:00pm Evening 7:00pm
<b>Thurs. Dec. 14</b>	Kelsey School Holiday Concert Sturgeon Creek Colony	Evening 6:30pm
<b>Sat. Dec. 16.</b>	Stonewall United Church Christmas Cantata	7:00pm
<b>Sun. Dec 16</b>	Stonewall United Church Christmas Cantata	Matinee 2:30pm Evening 7:00pm
<b>Mon. Dec. 18</b>	Warren Elementary School Holiday Concert	Matinee 2:00pm Evening 7:00pm
<b>Mon. Dec. 18</b>	RW Bobby Bend – Grade 2 Holiday Concert	Matinee 2:00pm
<b>Tues. Dec. 19</b>	RW Bobby Bend – Grade 2	Matinee 2:00pm Evening 7:00pm
<b>Tues. Dec. 19</b>	Grosse Isle School-Holiday Concert Grosse Isle Hall	Matinee 1:30pm Evening 7:00pm
<b>Wed. Dec. 20</b>	Balmoral Elementary School Holiday Concert	Matinee 2:15pm Evening 7:00pm
<b>Wed. Dec. 20</b>	Brant Argyle School-Holiday Concert Argyle Hall Argyle Lantern Walk Following concert	Matinee 2:00pm Evening 6:00pm
<b>Wed. Dec. 20</b>	Rosser Elementary-Holiday Concert Grosse Isle Hall	Matinee 1:30pm Evening 7:00pm
<b>Wed. Dec 20</b>	Teulon Elementary-Holiday Concert Rockwood Centennial Ctr.	Matinee 1:00pm Evening 7:00pm



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## > LIFETIME ACHIEVEMENT AWARD, FROM PG. 17



TRIBUNE PHOTOS BY CANADIAN MUSEUM OF NATURE

The awards gala took place on Nov. 16 in Ottawa, with about 150 people in attendance.



Balmoral resident Jim Duncan won a lifetime achievement award from the Canadian Museum of Nature as part of the 2023 Nature Inspiration Awards.



searchers to exchange information and form new collaborative research partnerships," Duncan said.

"But equally important is bringing owl information to the public in an entertaining and engaging way through live owl presentations. I have conducted hundreds of such interactive talks at colony, elementary and high schools, colleges and universities and other locations such as birding festivals, corporate meetings and at personal care homes."

Seeking to share his knowledge with even more people, Duncan launched a social enterprise called Discover Owls to conduct public education and offer community science programs, such as the volunteer nocturnal owl survey that Duncan and his wife started in 1991.

"The owl survey collects valuable information to monitor owl populations — but, more importantly, it creates opportunities for people to have a personal experience with owls and nature," he said.

"If 50 people read one of my research papers published in scientific journals, that is success — but think of the impact of having created an opportunity for over 900 people to

participate in our Manitoba owl surveys. Some of these folks may, in turn, lobby governments to keep and protect green spaces for wildlife."

In addition, the duo will be co-ordinating the upcoming 61st Balmoral

Christmas Bird Count on Sunday, Dec. 17. Volunteers follow specified routes or watch birdfeeders at their home within a 24-kilometre diameter circle centred on the town of Balmoral, counting every bird they see or hear. To learn more about the count, visit <https://www.birdscanada.org/bird-science/christmas-bird-count> or email Jim at [owlfamily@mts.net](mailto:owlfamily@mts.net).

Duncan notes that wildlife and the natural world face many challenges, but there is room for hope and ways to help.

"Avoid the use of rodent poisons, which in turn kill owls when they eat poisoned mice and rats. Plant some native plant species in your yard or garden. Support organizations like Nature Conservancy Canada, Ducks Unlimited Canada and Manitoba Habitat Conservancy that conserve habitats used by owls and other wild plants and animals," he said.

"Volunteer to help with community science and environmental projects like the nocturnal owl survey or your local Christmas Bird Count. Let your government representatives know how important protected areas such as parks and wild spaces are to you. Spending time outdoors in nature is good for our mental and physical health. The wildlife in our backyards, neighbourhoods and country is the greatest show on earth."

Recipients of the Nature Inspiration Awards will receive \$5,000 to use towards a nature-related program of their

choice or to reinvest in their own project or initiative.

"We will use the funds to assist with owl-related research and conservation projects here in Manitoba," Duncan said, "and possibly help similar projects in other parts of Canada and around the world."

Looking ahead in 2024, Duncan will offer presentations at schools and other venues, including some that the public can register for. All funds raised through his presentations go towards owl research and conservation in Manitoba and internationally.

Coming up on Sunday, March 3 from 10:30 a.m. to 12:30 p.m., he'll be giving a presentation called "Up Close and Personal With Manitoba Owls" at the McNally Robinson Community Classroom. Registration is open through the McNally Robinson Booksellers website.

To learn more about Discover Owls, including opportunities to help monitor owls, visit [discoverowls.ca](http://discoverowls.ca).

To watch a video from the Nature Inspiration Awards about Jim Duncan and his work, visit <https://nature.ca/en/nature-inspiration-awards/finalists/james-duncan/>.

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# 19th Hole virtual golf in full swing



Town of Stonewall Deputy Mayor Peter Bullivant works on his swing at one of the Full Swing golf simulator driving ranges.



Serving staff Mollie Jean Meier, Morgan Langrell and Chelsea Meier were on bar duty.



TRIBUNE PHOTOS BY LANA MEIER AND CODI LASHEWICZ

Owners of the 19th Hole Golf Simulators and Lounge, Jeff Meier and his son Branden Meier along with their family and staff welcomed the community to an official grand opening of their new establishment on Nov. 26. Stonewall Chamber president Rob Price-Lewis and Town of Stonewall Deputy Mayor Peter Bullivant had the honours of cutting the ribbon and officially welcoming the new business to town. The 19th Hole welcomes golfers to come in to practice and hone their skills over the winter or drop in for a fun night of entertainment or stop by for a drink and appetizers. There is a men's league running currently with a women's and senior's league starting soon. Golfers are encouraged to bring their own clubs, however, there are clubs at the 19th Hole to rent. For more information, or to book a tee time, log on to [www.nineteenthole.ca](http://www.nineteenthole.ca) Pictured left to right: Branden Meier, Matthieu Meier, Town of Stonewall councillor Kim Newman, Jeff Meier, Rob Price-Lewis, Peter Bullivant, Lana Meier and Mollie Meier.

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# Marquette Curling Club calling all teens

Community club seeking players for youth league

By Becca Myskiw

The Marquette Curling Club is calling on local teenagers to form a teen league.

Each winter, the Marquette Curling Club runs a youth league on Friday nights. Curlers as young as four years old are teamed up with curlers as old as 17 as they learn to play the game.

Every Friday at 6:30 p.m., the youth curlers file into the two-sheet curling rink and spend the first 45 minutes learning skills like throwing, sliding and sweeping.

Afterward, the older curlers will play a game and the younger ones will play a two-ender, using the skills they've spend the evening learning.

This year, the Marquette Curling Club has 26 children registered in its youth program — a great turnout, according to program co-ordinator Krysta Prevost.

Prevost knows the older curlers in the program are more advanced and would benefit from a more challenging league. That's why she's hoping to start a teen curling league at the club this year.

This league would run every Tuesday at 7 p.m.

So far, Prevost has three curlers in-

terested in a teen league, and she's hoping she gets enough to create at least a few teams. People can register for the teen curling league in Marquette either individually or with a team; either way, Prevost will get it sorted out.

"Once the kids get out of the youth league, we'd like to have an established teen program they can graduate to," she said.

Curling requires balance, helping players increase their core strength, flexibility and co-ordination. Because of the throwing, sweeping and sliding, the sport utilizes the entire body and improves the cardiovascular system and the strength in players' legs.

"It's a fun activity that's great for all skill levels," Prevost said. "It's fun to get out on the ice with friends."

Though the curling season has already started in Marquette, Prevost said she will continue to accept registrations to create the teen league.

For \$50, youth can register by calling Prevost at 204-226-2621 or emailing her at krysta.prevost@gmail.com.

Also this year at the Marquette Curling Club is a family bonspiel happening Feb. 10 and 11. For \$60 a team, families can register if they have three players between the ages of eight and 16. The one adult on the team has to play lead so the young curlers have a chance to hone their skills at the skip, third and second positions — and so the playing field is more level for ev-



TRIBUNE PHOTO SUBMITTED

The Marquette Curling Club is looking for more teen curlers to start a teen curling league.

eryone.

Prevost said there is room for 16 teams and spots are already filling up.

To register your family for the family bonspiel, contact Ed Campbell at 204-383-0867 or Marilyn Campbell at 204-383-0843. People can also register

individually, and the club will find a team for them.

The Marquette Curling Club's season will go until the week before spring break in March.

## Expert patient here to help!

By Susie Schwartz

It's Christmastime! If you're healthy and happy, it means jingle bells and gingerbread smells (Sorry, Batman. Not this time.) and singing all the way.

But if you're sick or in pain, it might mean missed gatherings, food you can't eat, and decorations seen only at your doctor's office.

I get it. With all the hype around this season, it can be more than disappointing to be in bed often, cancel plans, and keep up with appointments.

On a practical level, I can give tips on using technology to get the most from Christmas: video calls with friends and family, ordering gifts online, and sending e-cards. But you probably know these tricks already.

As far as your (Christmas) spirit,

I have a few other suggestions: re-watch all your favourite Christmas movies (And no shame if they're cheesy!); blast the Pogues, Maria Carey, and Suschwa tunes (Shameless plug, there, ha!). Don't worry if your neighbours are home. Spread the joy; buy yourself the softest, cuddliest bathrobe as a present. (Or another puppy. Chihuahuas are soft and cuddly. Just sayin'.)

I know Christmas can be hard when we're sick. We need to do everything we can to make it memorable... if you want it to be special. Some folks in a hard spot prefer to skip the month of December altogether. That's okay, too. (But take the gifts, ha!

Here's my wish(es): First, as you read this, that you and yours are healthy. And if you are, please don't

forget about those who aren't this season. Second, if you don't have your health, I hope you can find joy in a simpler Christmas, like a desk-sized Christmas tree, eating a mandarin orange first thing, or waking up in a new pair of pjs you bought for yourself.

And if you just can't stomach Christmas this year, may you feel a liberating freedom to just rest at home. It's okay if you watch 'A Star is Born', which has nothing to do with Christmas even though the title might suggest otherwise. Listen to yacht rock or Brian Adams and forget Jingle Bells. I hope you can find peace from your symptoms to gain strength for the next hard thing.

Christmas wishes. These are mine for you.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss\_



Susie Schwartz

stress, and at [www.lesshealthstress.com](http://www.lesshealthstress.com) Sign up there for her writer's substack. Her book, 'Help the Doctor Help You' is available on Amazon.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Cowan scores goal, adds an assist

Warren product named WHL goaltender of the week

By Brian Bowman

As a goaltender, Dawson Cowan is supposed to stop opposing teams from scoring goals.

On Nov. 26 against the Portland Winterhawks, though, he scored one himself.

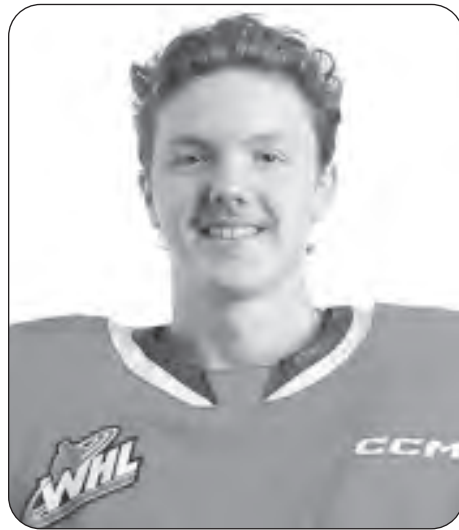
Oh yeah, he also added an assist and made 34 saves to lead his Spokane Chiefs to an impressive 5-2 win over the nationally-ranked Portland Winterhawks.

That's super cool. It was Cowan's first-ever goal and you have to watch the video. A goal like this doesn't happen very often — if at all.

"It was a funny bounce. The guy shot it and it nicked off my glove and rimmed around the glass behind me and it went all the way to the net," laughed Cowan from Spokane, Washington last Saturday afternoon. "It was an odd bounce and it doesn't happen too often. With the assist, I made a nice play on the wall and fired it up to the guy at centre ice and he went down and scored."

For his efforts, the Western Hockey League announced that Cowan was named WHL Goaltender of the Week for the period ending Nov. 26.

The 18-year-old went 2-1-0-0 that week with a two goals-against average and .942 save percentage.



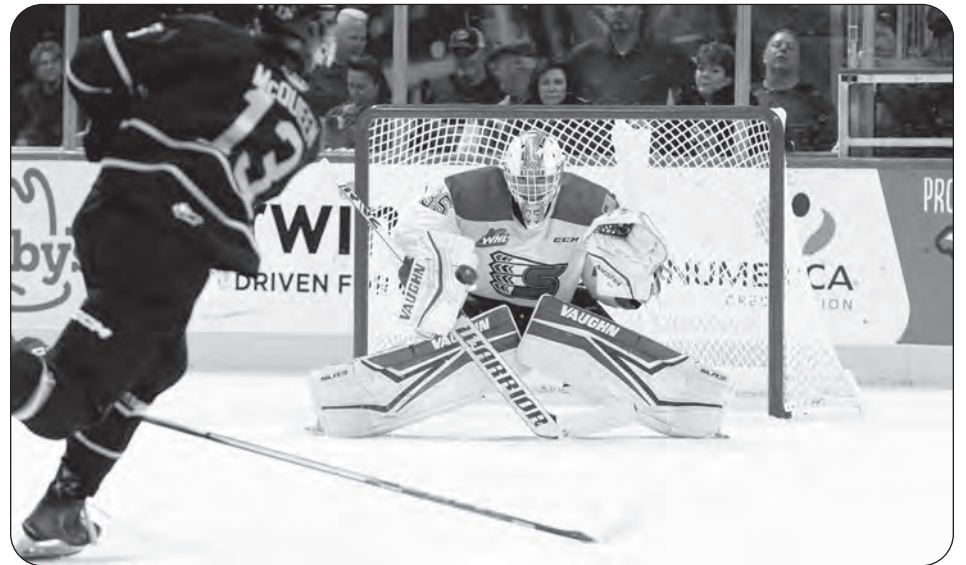
Dawson Cowan

"It's a cool accomplishment, I guess, it was a whole team effort," Cowan said. "All of the guys were doing their job, too. Hopefully, we can keep it going."

With the assist, midway through the third period, Cowan started the breakout himself by feeding Chase Bertholet, who found Rasmus Ekstrom for the game-winning goal. In the final minute of play, a shot glanced off Cowan and fluttered down the ice and into the Winterhawks' empty net. The play marks the 10th goalie goal in WHL history.

Interestingly, the previous goalie goal was scored by the Spokane Chiefs Lukas Parik in 2020.

Cowan, a Warren product, kicked off the week saving 29 of 32 shots in a 3-0 loss to the Vancouver Giants on



TRIBUNE PHOTOS SPOKANE CHIEFS

Warren's Dawson Cowan scored a goal and had an assist as the Spokane Chiefs' netminder was named the Western Hockey League's Goaltender of the Week for the period ending Nov. 26. He also stops pucks, too. The 18-year-old went 2-1 with a 2.00 goals-against average and .942 save percentage that week.

Nov. 22.

Cowan and the Chiefs bounced back in his next start in a dominant 8-1 win over the Victoria Royals. The 6-foot-1, 185-pound netminder made 24 saves en route to capturing the third star of the night.

Now in his second full WHL season, Cowan is 5-8-1 heading into this past week.

He's really enjoying his time in Spokane.

"The organization is top class and I'm pretty lucky to be here," Cowan said. "We have a very good group and we're very competitive. All of the guys are really competitive and we

give it our all every night and that's all you can really ask for."

Spokane is a long way from Manitoba but our province is very well represented out west in the U.S.

Besides Cowan, Chiefs' head coach Ryan Smith is from Winnipeg and joined by players Ben Bonni (Winnipeg), Owen Martin (Oakbank), Chase Bertholet (The Pas) and Cameron Parr (La Salle).

"It's nice to have Manitoban (guys here in (Spokane)," Cowan said. "Manitoban guys make it easy in the locker room. It's a similar culture and it's nice, for sure."

## Rams edged by Raiders

By Brian Bowman

The College Stonewall Collegiate Rams were edged 3-2 by the Oak Park Raiders in WHSHL Platinum Promotions Division play last Friday at the Eric Coy Arena.

Aiden Sareen scored to give the Raiders a 1-0 first-period lead before the Rams responded with power-play goals from Foxx Domansky and Adam Newcombe in the third.

Oak Park rallied, though, with goals from Karsten Ross and David Sudo-

ski.

Last Wednesday, Stonewall downed the Vincent Massey Trojans 3-1.

Gavin Holod gave the Rams a 1-0 first-period and then Newcombe and Justin Braid tallied in the third.

Tanner Whalen scored for the Trojans in the final frame.

Hunter Manning posted the win in goal.

Stonewall will host Oak Park on Wednesday and Steinbach Friday. Both games start at 4 p.m.

In Price Division action, the Warren Collegiate Wildcats were nipped 6-5 by the Powerview/Sagkeeng Wild last Friday.

Ethan Shymko led the Wildcats with a goal and two assists while Dylan Riddell, Carter Olson and Owen Shymko each chipped in with a goal and an assist.

Cayden Ingimundson also scored for the Wildcats.

Wild goals were tallied by Sebastian Guimond (two), Chevy Bruyere

(two), Kayson Fontaine and Sylas Courchene.

On Nov. 30, Warren was beaten 5-3 by the Pierre Elliott Trudeau Canadiens.

Owen Shymko scored a pair of power-play goals in the third while Colton Bruce added a shorthanded marker.

Quinn McKnight assisted on two of the goals.

Canadiens' goals were scored by Owen Chmelnitzki, Xander Siepman, Thomas Turner, Logan Gilkes and Kolby LaRiviere.

Warren played at the Lorette Scorpions this past Tuesday and then will host the Louis Riel Voyageurs Friday at 4 p.m.



# Stonewall Jets on a four-game win streak in MMJHL action

By Annaliese Meier

The Stonewall Jets were on fire as they faced off against the Transcona Railer Express in an intense 3-2 showdown at Ed Golding Arena last Sunday.

With an impressive four-game win streak, the Jets are soaring high above the competition.

The game was a nail-biter from start to finish.

In the first period, it was Rylan Slatcher of the Jets who struck first, finding the back of the net with an impressive goal. However, the Raiders quickly responded as Jeremy Chateaufneuf fired one past Jets goaltender Liam Johnson to even up the score.

But the Jets weren't done yet. Karson King teamed up with Peyton Bateman to score a short-handed goal, giving them a much-needed lead. The Raiders fought back in the second period when Nathan Turner found his mark and tied things up once again.

As tensions rose in this thrilling match-up, it was King who came through for his team once more by scoring another short-handed goal, this time assisted by Austin Man-aigre. With no scoring action in the third period, it all came down to these crucial moments.

In the Jets' 8-6 win against the Raiders on Dec. 1, there was no shortage of goals. The team showed their offensive prowess by scoring three goals in the first period. Jets' King found his groove and netted one with assists



Karson King scored a hat trick.

from Bateman and Slatcher. Not to be outdone, Jordan Grey capitalized on an opportunity with help from Kaden Stewart and Brody Stovin. Bateman then added another goal to his impressive performance, thanks to King.

Despite a quiet second period for the Jets and giving up four to the Raiders, they came back strong in the third with even more goals under their belt. King continued to shine by scoring two more times — once alongside Kaden Stewart and Bateman; then again with Cole Emberly and Bateman setting him up for success. Brayden Kohlman got in on the action too, finding himself on top of Landen Sitarz and Man-aigre's well-executed play.

Cole Kennedy made sure he didn't miss out either when he scored with some assistance from Brody Stovin



TRIBUNE PHOTOS BY LANA MEIER

Alex Kaczorowski celebrates Brayden Kohlman's goal.



Jets' defenceman Austin Man-aigre battles in front of the net.



Cole Kennedy scored the seventh goal against the Raiders Jr. Hockey Club.

and Emberly. And last but certainly not least, Emberly sealed off this incredible display of teamwork by netting an empty net goal with help from Sitarz and Bateman. Goaltenders Dylan LeClair and Liam Johnson shared the duties in net.

The Stonewall Jets are gearing up for

an exciting match against the second place St. Boniface Riels at the VMSC on Friday, Dec. 8 at 8 p.m. Fans can expect an electrifying atmosphere as they cheer on their favorite players and eagerly await that first goal — which will trigger an exciting Teddy Bear toss.

**Stonewall Jets Player Profile**

**#6 Mason Laarveld**  
Defence

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# Rams ousted in provincial quarterfinal



Rams' Kaitlyn Hawryluk (22) is all over the ball at the volleyball provincials.



TRIBUNE PHOTO BY DOUG ZYWINA

The College Stonewall Collegiate Rams' Natasha Schultz hits the ball at the net at the MHSAA 'AAA' varsity girls' volleyball provincials in Dauphin. Stonewall was defeated 2-0 (25-8, 25-18) by the Westgate Wings in the quarterfinals.

## U18 AAA female Lightning defeat Hawks in a shootout

By Brian Bowman

The Interlake Lightning picked up a great win over the Pembina Valley Hawks in U18 AAA Manitoba Female Hockey League action Sunday afternoon in Morden.

Interlake won 3-2 in a shootout.

Emily Gagne, Claire Hudson and Robyn Klassen scored for the Lightning.

Chase Braun and Delaney Darby replied for Pembina Valley.

Jane Sugimoto was very good in goal, stopping 36 Hawks' shots for the win.

Interlake, now 4-7-1 with an overtime loss, will host the Winnipeg Avros on Dec. 15 at the Veterans Memorial Sports Complex. Game time is 7:30 p.m.

The U18 AAA Interlake Lightning male hockey team, meanwhile, will hit the road this week for three games. Interlake will battle the Eastman Selects on Wednesday (8 p.m.) and then the Yellowhead Chiefs on Saturday (7:30 p.m.) and Sunday (1 p.m.).



The Lightning's Vayda Rigaux battles the Hawks' Jessica Anderson for the puck.



The Lightning's Kait Yanchishyn uses her body to protect the puck from the Hawks' Emma Durand.



TRIBUNE PHOTOS BY RICK HIEBERT

The Lightnings' Jane Sugimoto does the splits to stop the Hawks' Jessica Anderson from scoring in the shootout.



The Lightnings' Robyn Klassen tries to get around the Hawks' Jessica Anderson.



# Provincial bound

## sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

# Divisional champs



TRIBUNE PHOTO SUBMITTED

The Interlake School Division Grade 8 volleyball championships were held on Nov. 28. The girls competed at Teulon Collegiate and the boys in Stonewall. The Ecole Stonewall Centennial School girls won the banner over Warren, with Gross Isle placing third. Stonewall participated in the provincials on Dec. 1-2 at Sport Manitoba and Dakota Field House with 14 other divisional representatives. Stonewall finished fifth. Gilbert Plains won the provincials with a dramatic third set victory over Ecole Ness. Pictured front row, left to right: coach Vanessa Chetyrbok, Jordyn Chetyrbok, Payton Farthing and Sophie Fumerton. Back row, left to right: Danielle Barnych, Isla Gemmill, Iyla Koch, Kate Halleux and Katie Hallock.



TRIBUNE PHOTO BY TONI DELAROCHE

The Grosse Isle Flyers were victorious over the Stony Mountain Hawks, while Warren placed third in the ISD Grade 8 volleyball championships held in Stonewall on Nov. 28. The last time a Grosse Isle boys volleyball team won a banner was in 2009. Grosse Isle will not participate in the provincials. Pictured back row, left to right: Royce Lucier, James Knutson, Lucas Riddell, Thoren Corbett, Adam Ball, Jonathan Gilmore, Yaseen Ball, Kyle Ball, Burke Johnson and Jessica Olson (coach); front row: Charlie Beachell, Rylan Roberts and Connor deLaRoque.

# Warren two-person stick curling bonspiel winners



TRIBUNE PHOTOS BY JIM ROUSE

A two-person stick curling bonspiel, with 24 teams hailing from Warren, Stonewall, Eriksdale, Marquette and several clubs from Winnipeg, was held Dec. 2-4 at the Warren Curling Club. All teams were guaranteed five games, with the top eight teams competing on Sunday in the \$500 "Knockout" competition. Photos left to right: The A-Event was won by Larry Weatherburn and Laurie Hogg, who defeated Ross MacMillan and Beverley Schick. Lyle MacMillan and Barry Baldwin won the B-event after defeating Dan NAMBA and Henry Piotrowski. The C-Event was won by Ed and Marilyn Campbell, who defeated Don Adamko and Ray Sherrin. Club supporters and volunteer workers supplied generous food donations during the bonspiel, and all contributed to making this event a success. A similar format, a two-person stick curling bonspiel for women only, is scheduled for Feb. 1-3 at the Warren Curling Club. All women curlers are welcome. Contact Jim at 204-461-2477 for information.



# Wildcats reach MHSAA 'AA' varsity girls' volleyball provincial finals

By Brian Bowman

The Warren Collegiate Wildcats' varsity girls' volleyball team enjoyed a fantastic season.

But it ended, unfortunately, in a heart-breaking loss in the MHSAA "AA" volleyball provincial final last Saturday in Lac du Bonnet.

A talented Gabrielle-Roy Les Roys' team defeated the Wildcats 2-0 (25-20, 25-18) in the championship game. Warren, though, gave the winners a really good battle in a match that went back and forth in both sets.

"I was super impressed with the girls. (Gabrielle Roy) had a big team," said Wildcats' head coach Tyler Oliver. "They didn't open up any kind of lead. It slowly progressed to that four, five-point lead. They just kind of inched away at the end but it was pretty tight the whole way up."

Warren started the playoffs with nice 2-0 wins over the Hapnot Kopper Queens (25-13, 25-22) and the Green Valley Pirates (25-16, 25-17).

The Wildcats played great in a pair

of must-win situations. Warren had a great team effort from everyone.

"I always have the quote that big-time athletes show up for big-time games and that's what they did," Oliver said.

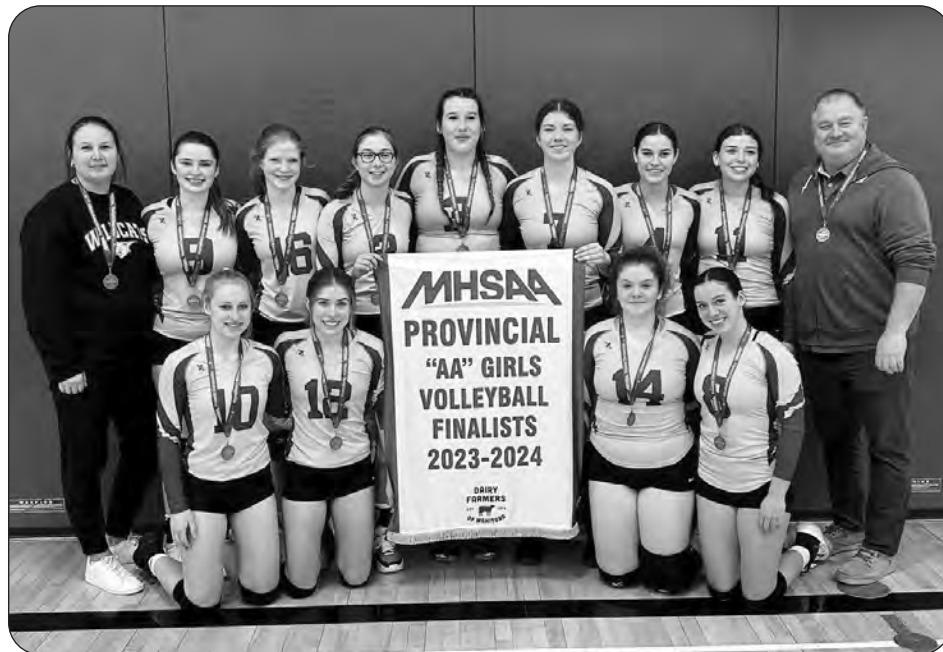
In pool play, the Wildcats posted a 2-2 record to place third in their pool. In the other pool, Gabrielle Roy was a perfect 4-0.

Warren will now lose four players — Jenna Cassidy, Rianna Cassils, Mya Malcolm and Bryn-Lee Procter — due to graduation.

Each will be very missed but Warren should be pretty darn good once again next season.

"The four of them brought great, great leadership. They were great teammates and cheered each other on and supported the Grade 11s," Oliver said. "They were a great group of kids and they will be missed."

Procter and Cassidy were named provincial all stars. They were extremely good in their Grade 12 years.



TRIBUNE PHOTO SUBMITTED

Back row: Candace Procter (assistant coach), Meadow Seidel, Colby Darragh, Bryn-Lee Procter, Abby Alexander, Jenna Cassidy, Samie Boonstra, Mia Cassils and Tyler Oliver (coach). Front row: Lauren Voth, Rianna Cassils, Mya Malcolm and Jadyn Baldwin

## Mercs split pair of weekend games

By Brian Bowman

The Warren Mercs' losing streak didn't last very long.

In fact, it was just one game.

After losing a tough 5-4 decision to the first-place Ste. Anne Aces on Friday, Warren bounced back nicely to beat the Winkler Royals 7-4 at home Sunday evening.

In the Winkler game, Mercs' goals were scored by Brenden Luschinski (two), Dawson Braun, Carson Ouellette, Dexter Kuczek, Riley Vautour and Brock Couch.

Winkler goals came from Keith Grondin (two), Marcus Neufeld and Marlin Froese.

Jared Hogue made 29 saves for the win.

Against the Aces, Warren took a 4-1 second-period lead on goals by Braydon MacDonald (two), Kuczek and Johnny Lazo.

But, like Warren, Ste. Anne is pretty good.

William Cruise, Brenden Walker, Pat Normandeau, Matt Bailey and Darby Gula scored for Ste. Anne in the comeback win.

Warren, now 6-1 and in second place, two points behind Ste. Anne, will host the Notre Dame Hawks this Saturday. Game time is 8 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Mercs' goaltender Jared Hogue made 29 saves for the 7-4 win against the Winkler Royals at home Sunday evening.

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**The Tribune Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836**

### MORTGAGE SALE ADVERTISEMENT

The land and building known as 11053 Road 122 NE, RM of Armstrong, Manitoba as described in Certificate of Title No. 2737153/1 will be sold at auction on Wednesday, the 10th day of January, 2024, at 11:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction.

**In order to participate in the auction sale, you must pre-register at least 24 hours prior to the auction by contacting Sonia at 204-957-6437 or by email at [sruppel@ltglc.ca](mailto:sruppel@ltglc.ca).**

The Vendor is informed that the property is approximately 85.65 acres in size, consisting primarily of bush and hay pasture with a residential yard and residence. The residence is a 1 story, 3 bedroom, 2 bathroom house built in 2015 with vinyl plank and tile flooring throughout. The house has approximately 1,428 square feet of living space, with a full basement with 9 foot ceilings. The house has electric forced air heating, an electric hot water tank, air conditioning and a fireplace. The exterior has a wood deck. There is a double attached garage located on the property which is approximately 380 square feet.

The property is located about 11 km South of Arborg. Head South from Arborg on Highway 7 for about 11 km. Turn East onto Road 324 and head East for about 2.5 km. The property is on the North side of Road 324.

**TERMS:** Deposit of \$25,000.00 by certified cheque, bank/credit union draft or solicitor's trust cheque to Levene Tadman Golub Law Corporation, or cash (the cash component of the deposit not to exceed \$7,500.00) to be provided within 24 hours of the date and time of auction and the balance in accordance with the conditions to be announced at sale.

The Property is sold subject to a RESERVE BID of \$319,531.56 plus such other additional and incidental costs which may be incurred by the Lender from the day of 20th day of November, 2023 to the date of auction and which costs will be announced prior to the commencement of the Sale.

Property Taxes are paid to December 31, 2021.

Purchaser to be responsible for payment of any outstanding water accounts owing by the Mortgagor.

Property is subject to Mortgage 5435073/1.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: [www.teranetmanitoba.ca](http://www.teranetmanitoba.ca)

**Further information and copies of Conditions of Sale may be obtained from:**

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Attention: Mara Koven-Lapointe/Sonia  
File No. 124181  
Phone No. 204-957-6437

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Part of the E 1/2 32-15-3 WPM, in the R.M. of Woodlands, being approximately 99 acres, and being legally described as follows:

ALL THAT PORTION OF THE E 1/2 OF SECTION 32-15-3 WPM IN MANITOBA, WHICH LIES SOUTH-WEST OF THE SOUTH-WESTERN LIMIT OF THE PUBLIC ROAD PLAN 5306 WLTO EXC ROAD PLAN 10507 WLTO THE SOUTH-EAST QUARTER OF SAID SECTION BEING SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN

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### Terms and conditions of sale:

- Each tender must be sealed and in writing, accompanied by deposit paid by bank draft, certified cheque or solicitor's trust cheque in the amount of 10% of the offered price payable to Thompson Dorfman Sweatman LLP, IN TRUST. Deposits accompanying unaccepted bids will be returned.
- All tenders must be received by the deadline of December 21, 2023 at 4:00 p.m. Include the full name, address, phone number and email of the purchaser.
- Only tenders for the entire portion of land will be considered.
- On acceptance of the tender, the deposit will be applied to the purchase price and the balance remaining will become due and payable on the closing date. The closing date shall be 30 days after the successful bid is determined. If the balance of the accepted tender is not paid by the closing date, the deposit paid will be forfeited as liquidated damages and not as a penalty.
- Interested purchasers must rely on their own inspection and knowledge of the land. The land and buildings are sold on an "as is" basis. The vendor makes no representations or warranties with regard to the condition, suitable use, size, or zoning of any of the land or buildings.
- The land has not been listed for sale with any agent and no sales commissions will be paid to any agent representing any tenderer.
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Please send sealed Tenders to purchase the land to: Thompson Dorfman Sweatman LLP  
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**NOTICE OF APPLICATION  
RURAL MUNICIPALITY OF ROCKWOOD  
REVISED WATER AND WASTEWATER RATES  
GUNTUN UTILITY**

November 23, 2023.

The Rural Municipality of Rockwood (RM) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for the Guntun Water and Wastewater Utility (Utility) as set out in By-Law #09/23, read the first time on June 14, 2023 and a second time on November 8, 2023. Rates were last approved in 2012 in Board Order No. 129/12, with current rates coming into effect January 1, 2014.

The current and proposed rates are as follows:

	Current Rates		Proposed Rates		
	By-Law - 125/11	By-Law - 09/23 Year 1	By-Law - 09/23 Year 2	By-Law - 09/23 Year 3	By-Law - 09/23 Year 3
Quarterly Service Charge	\$ 15.95	\$ 21.00	\$ 22.50	\$ 23.50	\$ 23.50
Water (per cubic meter)	\$ 2.75	\$ 2.90	\$ 2.95	\$ 3.00	\$ 3.00
Wastewater (per cubic meter)	\$ 2.25	\$ 2.35	\$ 2.45	\$ 2.53	\$ 2.53
Minimum Quarterly Charge*	\$ 90.95	\$ 99.75	\$ 103.50	\$ 106.45	\$ 106.45
Disconnection/Reconnection Fee	\$ 50.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00
Service Charge for Uncollected Bills	\$ -	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00
Annual Hydrant Charge	\$ 150.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00

\*Based on 15 cubic meters

Details of the RM's application are available for review at the RM's office or the Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the RM.

If you have concerns/comments regarding the RM's application for water and wastewater rates, please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and provide your comment. Please note all comments will be forwarded to the RM.

Questions or comments should be sent on or before **January 8, 2024**.

The Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at [www.pubmanitoba.ca](http://www.pubmanitoba.ca).

*Frederick Mykytyshyn*  
Frederick Mykytyshyn  
Assistant Associate Secretary  
Manitoba Public Utilities Board



# Announcements



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**IN MEMORIAM**



**Margaret Anderson**  
 August 8, 1939 - December 8, 2022  
 "Mom, your life was a blessing,  
 your memory a treasure;  
 you are loved beyond words and  
 missed beyond measure."  
 -Love Margaret Ann, Heather, Kristine  
 and families

**IN MEMORIAM**



**Joyce Lyndon**  
 August 9th, 1934 – December 11th, 2021  
 It has been two years since we bid farewell  
 to the anchor of our family, a woman whose  
 love and warmth touched every corner of our  
 hearts. As we remember and honor the life  
 of our dear mother and grandmother, we find  
 solace in the cherished memories that time  
 cannot erase.  
 Her presence, though physically absent,  
 remains vivid in the laughter that echoes  
 through family gatherings and in the quiet  
 moments when we feel her guiding spirit.  
 She was the heartbeat of our family, a source  
 of unwavering strength, and a wellspring of  
 boundless love.  
 In these moments of reflection, we celebrate  
 the legacy of a remarkable woman—a mother  
 and grandmother whose memory continues  
 to be a guiding light, casting its warm glow  
 over our lives. Though we miss her dearly,  
 her spirit remains alive in the stories we tell,  
 the traditions we uphold, and the love we share  
 as a family.

Rest in peace

**IN MEMORIAM**

In memory of our  
 mother and grandmother  
**Sophia Klimpke**  
 who passed away December 4, 2021  
 Your life was full of loving deeds,  
 Forever thoughtful of our special needs;  
 Today and tomorrow,  
 Our whole life through,  
 We will always love and cherish you.  
 -Always loved, sadly missed  
 Barb and George,  
 Tim and Christie,  
 Keith and Veronica,  
 Fur buddy Milo

There is a link death cannot sever,  
 Love and remembrance last forever.

**OBITUARY**



**Arthur Alexander Pottery Peterson**  
 On Friday, December 1, 2023. Peacefully, at Stonewall Hospital  
 with his wife Marg by his side, Art Peterson passed into the Loving  
 Arms of his Lord and Saviour. Art was born in Cornwall, Ontario  
 on April 10, 1946 to Lawrence and Pearl Pottery. He was 77 years.  
 Art is survived by his loving wife Marg, as well as his brother,  
 Larry; children Michael, Derek, Kimberly, Arthur Jr, Randy, Scott,  
 Amanda and stepson Trevor; as well as many grandchildren, great-  
 grandchildren, nieces and nephews.  
 Celebration of Life will be on Monday, December 11 at 2:00  
 p.m. at MacKenzie Funeral Chapel in Stonewall with a private  
 interment at a later date.



MACKENZIE FUNERAL HOME STONEWALL  
 (204) 467-2525 • INFO@MACKENZIEFH.COM

**OBITUARY**



**Janet G. Burwell (nee Holloway)**  
 It is with heavy hearts that we announce the peaceful passing of  
 Janet Grace Burwell (née Holloway) on the evening of December  
 2, 2023 at the Beausejour Health Centre. She was surrounded by  
 the love and warmth of her family as she embarked on her final  
 journey.  
 Janet was born on November 13, 1942, was predeceased by her  
 loving husband, Thomas Burwell, and her parents, Wilfred and  
 Eleanor and her brother Gordon (Penny).  
 She is survived by her son David Burwell (Sheila), children  
 Jennifer and Amanda; daughter Leigh Stubel (Bruce), children  
 Sam, Kalina, and Josh; and daughter Elizabeth Burgos (Dale),  
 children Johnathan, William, Rece, Gavin, and Isabella. She is also  
 survived by her brother Doug Holloway (Brenda).  
 In her lifetime, Janet had many passions, including her love for  
 reading a countless number of books, tending to her garden, particularly her cherished tomato  
 plants, and maintaining her beautiful pond filled with fish. Her green thumb and nurturing spirit  
 were evident to all who knew her.  
 In lieu of flowers, the family kindly requests that donations be made to the Beausejour Health  
 Centre or to a charity of your choice in the name of Janet Grace Burwell. Your generosity will  
 honour her memory and continue her legacy of compassion and caring.  
 Janet will be remembered not only for her warm smile, her love of family, and her gentle spirit  
 but also for the countless lives she touched with her kindness and humour. She will forever  
 remain in our hearts, a beacon of love and light.  
 May her soul rest in eternal peace.  
 The family would like to thank Dr. Daphne Schmidt and nursing staff for their incredible care  
 and nurture of Janet's final days.  
 A Celebration of Life is being planned for the summer of 2024 with more information to come.  
 Tributes to: www.soberingfuneralchapel.com



(204) 268-3510 or MB Toll Free 1-877-776-2220

**BIRTHDAY**



Happy Birthday wishes to  
**Donny Kowalchuk**  
 who turns 80 on December 10th!  
 -With love from sister Mary  
 and your whole family

**CARD OF THANKS**

On behalf of myself and my family, I would  
 like to thank my families and friends for the  
 visits, floral arrangements, food trays, cards,  
 text messages and phone calls received in the  
 terrible loss of our beloved husband, father  
 and grandfather, Richard Glucki.  
 Special thank you to the paramedics, RCMP  
 and Ken Loehmer of Ken Loehmer Funeral  
 Services. Their kindness and professionalism  
 was very much needed and appreciated.  
 -Lori Glucki,  
 Larisa Wahoski, Craig,  
 Ella and Zavery  
 Melissa Morden, Jeff,  
 Taylor, Kaelyn, Casey and Julian

**CARD OF THANKS**

I wish to thank everyone for the lovely cards,  
 phone calls, gifts and the lovely poinsettia  
 from my church friends. Also to my family and  
 grandchildren for the delicious meals and gifts.  
 It was a wonderful 95th birthday! Thank you  
 very much!  
 -Sincerely,  
 Alice MacMillan

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## OBITUARY

**Iris Jean Wedge (née Peterson)**  
February 28, 1930 – November 26, 2023

It is with great sadness we announce the passing of Iris Wedge of Stonewall, and formerly of Lilyfield, MB on Sunday, November 26, 2023 at the Selkirk and District Health Centre.

Iris is survived by her children Les, Linda, Darlene and Terry (Marilyn); her grandchildren Jeannie, Darren (Brienne) and Kevin (Lacey), as well as her great-grandchildren Kasen, Jackson and Keaton. Iris also leaves behind her sister Joan (Lloyd) Lillebo and several nephews. Iris was blessed to have a large circle of friends.

Iris was predeceased by her husband Les Wedge, her sister, Evelyn Buchanan and her granddaughter, Melanie Wedge.

Iris was born on February 28, 1930 to Sten and Catherine (Kay) Peterson.

Iris married Les on July 10, 1948. Together they raised four children and formed a loving family circle that sustained Iris throughout her life. Iris embraced farm life on their century farm. Assiniboine Race Track was like a second home where she cared for horses and established a daycare.

Iris was a faithful member of Lilyfield United Church and a Life Member of the United Church Women. She formed many lasting friendships at church and in the UCW.

The family would like to thank the nurses and staff of the Selkirk and District Health Centre for their kindness and the compassionate care they extended to Iris.

In lieu of flowers, donations may be made to Canadian Cancer Society or a charity of your choice.

A Service of Remembrance and a reception will be held on Sunday, December 10 at 12:30 p.m. at the Red Barn, Road 75 North and Provincial Road #236, south of Stonewall.



## OBITUARY

**Shirley (Ann) Pasichnyk**

It is with deep sadness we announce the sudden passing of our mom, grandma, and great-grandma on Sunday, November 19th, 2023.

Mom was predeceased by our dad Carl, October 24th, 2021.

Mom leaves to mourn her children Carla (Ian), Glenn (Holly), and Hal. Grandchildren Kahla, Chloe and Kiefer. Meghan (Evan), Corey (Natasha), and Justin (Teagan). Harlan (Sylvia), Karmel, and Bryer. Great-grandchildren Easton, Ashlynn, Beau, Sophie, Lillie, and Tenley.

Mom was born in Stead, Manitoba, the youngest and only girl of seven.

Mom and Dad were married on August 25th, 1962 and had 59 years together. Mom loved her garden, flowers, and volunteering at Meadow Lea Hall, and above all else, her family.



We would like to thank Bill and Alexa Fleury, Dean and Kathy Campbell, the two Chads and Crystal Dovzuk, Dan Rouleau, and Ken Loehmer Funeral Services for all your kindness and help.

Mom, you will be forever loved, missed, and cherished.

Private interment will take place at a later date.



## OBITUARY

**Ted (Edward) R. Hodgkinson**  
June 24, 1957 - November 25, 2023



It is with deep sorrow that we announce the passing of Ted Hodgkinson, a beloved partner to Sherri, a devoted brother, uncle, grandfather and friend; and a community driven resident of Teulon, Manitoba.

Ted was born in Fort St. John B.C., the third of eight children. His father's career opportunities took the family to Trinidad for several years. Upon returning to Canada, the family settled on the White Star Ranch, west of Teulon. Ted attended school and graduated from the Teulon Collegiate Institute.

Upon graduating, he worked for the Manitoba Highways Department. He later moved to Edmonton where he received his Engineering Technology training. Ted returned to Teulon, pursuing a number of business ventures, eventually entering Real Estate in

1989, a career that lasted over 30 years.

Ted was a very community minded person and at the age of 32, he saw a need for senior's housing to keep retired farmers and town residents in the community. In 1994, he formed his company "White Star Investments", and built the Life Lease Condominium known as Prairie Estates which has been home to many retiring residents of Teulon and the surrounding area. Ted was committed to caring for the needs of his Prairie Estate tenants and ensured a comfortable and satisfying environment for them.

Ted showed his commitment to the town of Teulon by being an active community member, serving as Mayor from 1998 to 2002, and was currently a member of Town Council.

In his personal life, Ted enjoyed travelling with Sherri and spending time together with grandkids, family and friends. In recent years, he took an interest in sailing, having purchased a sailboat to sail with Sherri. A highlight vacation was a sailing adventure in the British Virgin Islands in 2014, sailing with friends.

Ted was proud of being part of the Shriners over the past 30 years, during which he made many strong friendships that lasted the rest of his life.

He is survived by his partner of 25 years, Sherri; his siblings Dennis (Betty-lynn), Jill, Joan (Frank), Hugh (Cheri) and Andrew (Na Lin); sister-in-law Chrissie; nephews and nieces Samuel (Irene), Ian (Katrina), Kristen (Garry), Raianne, Nicole (Kyle), Tarra (John), Skyelar, Justin (Jennifer), Sabrina (Will), Daniel and Oliver. He is also survived by Sherri's children Josh and Kurtis (Megan), and grandchildren Rowan and Jude (who were Ted's "little men").

Ted was predeceased by his parents, Hugh and Bernice and brothers, Thomas and Ian, brother-in-law James Kavanagh and nephew Steven Hodgkinson.

The family would like to thank Dr. M. Loudon and the nurses at Teulon Memorial Hospital, the team at Selkirk Hospital and the team at St. Boniface Hospital for their care and compassion.

The family requests that in lieu of flowers, donations can be made to the Shriners Hospital for Children.

A celebration of his life will be held at Teulon Centennial Hall on Friday, December 15, 2023 at 2:00 p.m.



## OBITUARY

**Irene Goldsbrough (nee Parker)**  
July 7, 1938 – November 24, 2023

It is with great sadness that we announce the passing of Irene Goldsbrough at Fred Douglas Lodge Personal Care Home in Winnipeg, Manitoba.

She leaves to mourn, daughters Dawn Marie Woytowich (Drew) and Diana Lea Ledochowski (Rodney) and grandchildren Carson and Shay Woytowich and Jade Bonham (Garrett), Jake and Jacey Ledochowski. Mom also leaves her dear sisters Kathleen Biloki, Margaret Medwid, Val McHale (Ian) and their families as well as her nephew Paul Bourgeault (Denise) and girls. Mom had a very close network of lifelong friends including Carole and Ken Young, Lucie and Bruce Hewitt, Darlene Dufily, Barbara Lindquist, Roxane Pawluk and Sandra Warren. Thank you so much for the visits, phone calls and care packages.



Mom was born on July 7, 1938 at 93 Middlewich Road in Northwich, Cheshire, England to Alfred Maxwell Packer and Emily Packer (nee Tideswell).

In 1949, along with her parents and sisters, Kathleen and Margaret, Mom boarded the HMS Franconia II in Liverpool and sailed to Canada. They sailed down the St. Lawrence Seaway and eventually boarded a train to Winnipeg. The Packers settled in Gunton, Manitoba. A third sister for Mom (Valerie) arrived a few years later and the four of them were known as the Packer sisters.

Mom received her early years of education at Gunton School and in 1956-57 she went to Normal School. Mom always said this was one of the best times of her life with hot meals, running water and flush toilets. She made lifelong friends with roommates Olga and Machiko. She began teaching in a one room school at Stacpoole (east of Teulon, MB) from 1957-59. Mom then taught at Navin School from 1959-60 and lived in the attached teacherage. She continued her teaching career in Winnipeg at Strathmillan and Bannatyne Schools where she made so many friends. In 1964 her first daughter, Dawn Marie was born. Mom continued to teach for a few more years until her second daughter Diana Lea was born in 1968.

Mom stayed home raising her children and in 1976 the family moved back to Gunton where they bought and operated the general store and post office. After selling the grocery store and post office in 1983, Mom decided to pursue a new career path and at age 45, she went to Psychiatric Nursing School at the Selkirk Mental Health Centre. She graduated at age 47 and was selected as class valedictorian by her much younger peers. Mom spent two years at John Dafeo School with Dr. Shelia Cantor teaching children with Autism. Eventually Mom accepted a position at the Grace Hospital in the Extended Treatment Unit. She worked at the Grace until her retirement at 75. Mom truly loved her job.

Mom led a very independent life enjoying her trips to Hawaii, Arizona, Disney World with her grandkids, Palm Springs and Halifax to watch baseball. She loved tennis and golf and putting around the garden in the summers. Mom was a Girl Guide leader and had an artsy side and could make/sew anything. She enjoyed her many dinner groups.

Mom really was the matriarch of our family and she will be missed deeply. Her grandchildren were the light of her life. She spent her retirement watching hockey, baseball, basketball and softball games. Mom was their number one fan always cheering them on. She was very much looking forward to the birth of her first great-grandchild in January 2024.

Cremation has taken place. A private gathering will be held at a later date.

We'd like to thank the staff at Fred Douglas Lodge for the wonderful care they provided in the short time she was there.



# Announcements



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**OBITUARY**



**Paul Emmer**

Paul passed away at home surrounded by the love of his family on Friday, December 1st, 2023.

He will be very missed by his wife Allison, and his children Sierra, Ethan, Abigail, Andrew, Lydia, Bethany, Joshua, Caleb, and Jonathan, his twin brother Steve and wife Ellie, his sister Andrea and her husband Ben and their boys as well as his dad Alexander, as well as his parents-in-love Brenda and Gary and Allison's brothers Shawn and Jamie and their families.

A celebration of life will be held at New Life Church in Stonewall, Manitoba on Saturday, December 9, 2023 at 2 p.m.

In lieu of flowers donations can be made to Heroic Family Missions, PO Box 2040, Stonewall, Manitoba, R0C 2Z0.

Condolences may be left at mackenziefh.com.

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**OBITUARY**



**Elinor Elizabeth Sims**

October 19th, 1929 – November 26, 2023

Elinor Sims (Holloway) left this world peacefully, with family by her side, at the grand age of 94 on Sunday, November 26th, 2023 at Stonewall Hospital after a life filled with love, treasured family and friends.

Left behind to remember her and the wonderful life she had are her children, Kathy, Brenda, Gordon (Janice) and Joanne (Don); her grandchildren, David, Delanie (Leonard), Tina (Kevin), Leanne (Rob), Jason (Jasmin), Heather, Lindsay, Jim (Kendra), Allison (Braden), Kelsey (Dan); her great-grandchildren, Josh, Taylor, Jordan, Abbey, Chloe, Sadie, Kaitlyn, Kamryn, Brooke, Mackenzie, Taysom, Emma, Merrick, Blake, LJ, Reese, Lindy and great-great grandchild Jackson.

She was predeceased by her husband Samuel Sims and great-grandchild Mathew, as well as sons-in-law Clem and Kelvin.

Elinor was born and raised in Stonewall on Main Street as an only child to Gordon and Elizabeth Holloway. She attended local schools, until she went to Winnipeg to attend the University of Manitoba. Shortly after her studies, she secured a job at the Eaton's Department Store in downtown Winnipeg working in the Linen Department. She rode the bus into Winnipeg on a daily basis while at that job. Shortly after WWII ended, she met a young man back from the war when he came into her mother's drug store to do some odd jobs. They had become smitten with one another very quickly and proceeded to marry on August 6th, 1949. After a brief stay in Ottawa, and with their first child in tow, they moved back to Stonewall to have the remainder of their children and raise their family.

In the early years, Elinor was a homemaker raising her four children. She then worked at a number of part time careers. Mom and Dad had a full social life that was made up of a great group of lifelong friends that included travelling, travelling parties and camping and visits to the cabin that they built at Falcon Lake. She was a member of The Lions Club and Girl Guide Leader for many years, as well as attending every bingo game she could. Elinor was an avid knitter making numerous baby outfits, knitting afghans, both baby and full size. After Sam took ill, she got her driver's licence in her 60's and became more independent. She also managed to navigate Facebook in her 80's. She was an avid reader of all books, but mostly mysteries. In the last few years as her eyesight began failing, she went onto enjoying audiobooks. But because her hearing was also failing, she listened to them rather loudly and some were a little spicy. We bet there was a lot of raised eyebrows in the hall where she lived, wondering if she was entertaining in her apartment.

Mom was most proud of the fact that her and Dad, as only children went on to create such a lasting legacy and huge family. Mom held onto and loved this little essay that was written by a third grader;

What is a grandmother

A grandmother is a lady who has no little children of her own. She likes other peoples. A grandfather is a man grandmother. Grandmothers don't have to do anything but be here. They are old so they shouldn't play hard or run. It is enough if they drive us to the store and get dinner ready. When they take us for walks, they slow down past things like pretty flowers and caterpillars. They never say "hurry up". Usually grandmothers are fat, but not too fat to tie your shoes. They wear glasses and funny underwear. Grandmothers don't have to be smart; they only have to answer questions like "why do dogs chase cats" or "why is the grass green". When they read to us, they don't skip lines or mind if you ask for the same story over again. Everybody should try to have a grandmother, especially if you don't have a TV because they are the only grown ups who have time.

Mom wanted to thank all the home care staff for the kind care she got from them before she went into the hospital. The family would like to thank the Selkirk General Hospital staff and Dr. Pinniger and staff at the Stonewall Hospital for the amazing care mom received while there.

In lieu of cards or flowers the family would like to request that you provide donations (both monetary food items) to Stonewall Food Bank 204-461-4697 or 204-461-4376.

A come and go to celebrate the life of Elinor will be held on Friday, December 8, 2023 from 1:00 - 3:00 p.m. at the Stonewall Legion, Clubroom.

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**OBITUARY**

**Mickey Laverne Dreyer**

October 11, 1943 – November 27, 2023

With sadness we announce the passing of Mickey Laverne Dreyer of Warren, MB. on Monday, November 27, 2023 at Selkirk General Hospital. As per her wishes, cremation has taken place and no service will be held.



204-886-0404

"Respect others as you would like to be respected."

- Narrows Sunset Lodge

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