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VOLUME 14
EDITION 47

THURSDAY,
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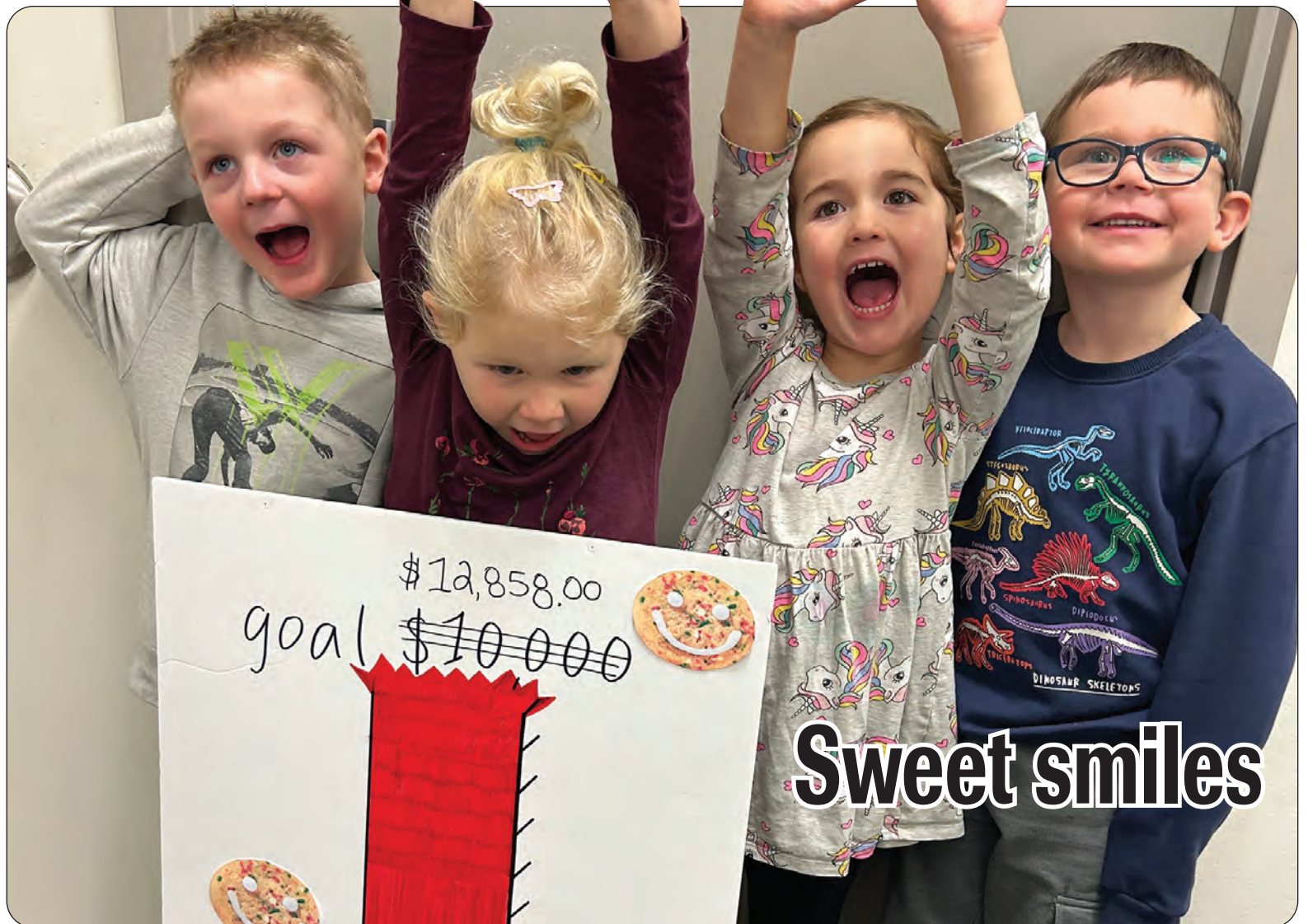
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Sweet smiles

TRIBUNE PHOTO BY TERI KOTELKO

Woodlands Childcare children, left to right, William Robinson, Addelyn Burdett, Eva Griffith and Bentley Coutu were excited last Monday when they heard they surpassed their original goal of raising \$10,000 through the Tim Hortons' Smile Cookie Campaign. Cookie sales at Tim Hortons in Stonewall totalled \$12,858 between Nov. 13 and 19.

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Client Testimony

Claudette was the best realtor I have ever worked with and I have sold many properties in Canada before. She was very professional in her approach in selling my property I have and would refer her to other clients. (DG)

LJ Baron Realty is proud to announce that we have been "Selling the Interlake & Beyond - One Yard at a Time" since 1953, and are Celebrating our 70th Anniversary in 2023.

The Foot Shop owner stepping out after 36 years, but store sticking around

By Patricia Barrett

Selkirk's beloved footwear boutique The Foot Shop will be exchanging owners at the end of this month, but its legacy of providing women with style and comfort at reasonable prices isn't about to change.

Owner Lil Branscombe, who is from Stonewall, is stepping into retirement after 36 years of running the popular store. She plans to continue on with the volunteer work she and her husband, Fred, are involved in, as well as catch up with the people she hasn't been able to see a whole lot of while she managed all aspects of the store, from buying and selling to bookkeeping.

"I am definitely going to miss my customers. My husband has been retired for 23 years and we're now going to be able to travel and do things we want to. When you own your own business, you don't get to get away for more than a few weeks," she said. "And you want to leave before you don't enjoy what you do anymore, which I think is the case in any business. I still love what I do. We make a lot of people happy that can't find a particular product."

The Foot Shop stocks high quality shoes, boots, sandals and running



The Foot Shop evolves with fashion every year. This dress boot with a small square heel wasn't trending last year, but it is this year.

shoes at affordable price points from brands that include Rieker, Romika and Clarks. Some are chic, some are serious, some are just plain fun and others are definitely made for walking. The shop also sells handbags.

Customers can expect to be royally pampered when they pop in. Branscombe or her assistant will set out a fitting stool, sit you down and conduct a thorough investigation of everything foot-related. That can range from physiological foot challenges to how women intend to use



TRIBUNE PHOTOS BY PATRICIA BARRETT

After 36 years of selling high quality, fashionable footwear, Lil Branscombe of Selkirk's The Foot Shop is retiring and passing on her business to the owner of Packers Fashion.

their footwear and where they intend to use it. If it turns out that an item chosen by the customer halts them in their tracks, there are alternatives. Branscombe said the ultimate goal is to combine what a customer desires with a really good fit, as well as something they can wear more than once.

"I do tell women if a shoe or boot is not right for them because I like to have my customers wearing my products. When you buy something, I need you wearing it, not leaving it in your closet," said Branscombe. "Most people coming to our store have a foot issue to some degree, whether it's



Some footwear incorporates fibreglass into the soles for enhanced grip on snow and ice.

to do with their arches or they have a bunion or some other issue. We work

Continued on page 10

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Students decorate shoes for Ottawa advocacy

By Jennifer McFee

A local elementary school class is taking steps towards advocacy action in Ottawa.

The Grade 2 class taught by Brenda Watts at Ecole RW Bobby Bend School designed a pair of sneakers that made their way to Parliament Hill.

Recreation facilitator Laine Wilson was recently in Ottawa through her involvement with Canadian Parks and Recreation Association. The CPRA representatives wore sneakers to meetings with leaders on Parliament Hill as part of ParticipACTION's Sneak-It-In Campaign, which encouraged folks to wear runners to work to add some activity during their workday. Wilson sported colourful sneakers artfully decorated by the Stonewall students when she attended the advocacy event.

For Watts, she thought the project was a great idea and was happy to get involved.

"After my students got over the initial shock of actually being able to colour on shoes, they were very excited," she said.

"They took the project very seriously and were so careful and thoughtful in their planning and execution of the designs."

The aim was to decorate the shoes in a way that represents Canada while also representing activities the students like to do in their own home community.

"We talked about different Canadian symbols and things that we enjoy doing specifically in Stonewall. The students drew Canadian symbols such as Canadian flags, maple leaves, loons, beavers and



Stonewall elementary school students decorated a pair of shoes that journeyed to Parliament Hill.



Laine Wilson dropped by the Ottawa office of MP James Bezan. TRIBUNE PHOTOS SUBMITTED

Canadian geese," Watts said.

"They had lots of great ideas about what they

Continued on page 7

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Longtime fan leaves donation



TRIBUNE PHOTO BY DARRYL LANGRELL

On behalf of the late Bill Swan of Woodlands, a generous donation of \$100,000 has been made to the South Interlake Recreation Centre (SIRC) in Warren by his family. Swan spent many winters in the stands at the Warren arena supporting the local senior hockey team, the Warren Mercurys. The donation will be used to help keep the facility up and running and to make improvements for users and fans. Swan's sister Pat Karen made the presentation at Warren Community Hall on Nov. 15. Pictured back row, left to right: Craig Riddell (president of SIRC), Corey Park, Tara-Lee Koss, Casey Tully, Bryn Lindsey and Glen Lefley. Front: Laurie Tocher, Pat Karen and Bonny Stanley. Missing: Scott Corbett and Bryce Baldwin.

Thank-you Barry Jeske
 The Teulon Healthcare Foundation would like to thank Barry Jeske for serving on our board of directors for over 4 decades. Barry served in many roles with the Foundation including Chairman, Secretary and Treasurer. His passion for supporting and improving local healthcare was unparalleled. Barry, you have made a difference in your community. Thank-you for your wisdom and guidance!



Don't forget to send your special words of remembrance for loved ones passed.

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Tribune
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Stonewall Comes Alive

Kick off the Holiday Season with a weekend full of great events



Friday Dec 1st, 2023
 7:00 PM, Main Street
Stonewall - Festival of Lights Santa Claus Parade

Sponsored by
 STONEWALL CHAMBER of COMMERCE *Local. Business. Community.*

bonfire Warming Station during the parade sponsored by Firewood Manitoba in the Southside Service Parking Lot. **S'mores and Hot Chocolate** (please bring your own mug!)

Hot Chocolate and a treat at the Rockwood Motor Inn (after the parade)

Manitoba Hydro will be **collecting new unwrapped toys, local gift cards, & monetary donations** along the parade route for the Stonewall & District Christmas Cheer Board

Friday, Dec. 1-20th, 2023
14th Annual Festival of Wreaths at the South Interlake Regional Library - Stonewall Branch, \$1 per vote - vote for your favourite all proceeds to the Stonewall & District Christmas Cheer Board



Saturday, Dec. 2nd, 2023
 9:00 AM - Noon (Santa leaves at 11:30)
 Stonewall Legion Hall - Breakfast
 With Santa sponsored by the Stonewall Kinsmen Club and the Stonewall Legion

1 PM and 3PM - Free Childrens Movie at the Flicks Cinema - Minions: The Rise of Gru sponsored by the Stonewall & District Lions Club - No outside food allowed in, Concession will be open. The Lions Club will be collecting *non perishable food items for the Interlake Food Bank and monetary donations for Stonewall & District Christmas Cheer Board*



Visit our local merchants for all of your Christmas Shopping this season!

Thank You to all of the community groups for great holiday events and special thank you to the Stonewall Teulon Tribune and the 19th Hole for bringing Santa to town!

An Evening of Remembrance

Join us to remember loved ones as the holiday season approaches.

Sunday, December 3 at 7:00 p.m.
Something Beautiful Cafe 307 Main St Stonewall.

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Inwood woman wins free groceries for a year

Grocery contest rewards customers for shopping local

By Becca Myskiw

An Inwood woman has won free groceries for a year.

After almost exclusively shopping at The Grocery People (TGP) in Teulon for two months, Carla A'Bear won free groceries for a year, thanks to the chain's Scratch, Snap and Win contest.

The grocery contest ran from Sept. 7 to Nov. 1 in 66 participating stores across Canada. This year's contest had two ways to play: digital scratch and snap to win.

In the digital scratch game, shoppers had to register online, getting them a digital scratch ticket immediately. They could also opt in for emails to receive bonus digital scratches and watch TGP's social media for codes for bonus scratches. With digital codes, shoppers either got an instant win or an entry into a draw for a daily \$50 gift card.

In the snap to win game, shoppers

had the chance to get bigger prizes. The digital sweepstakes had shoppers register online and receive an instant win or have their name entered five, 10 or 25 times for the \$50 gift card.

Throughout the game period, each time a registered customer spent more than \$30 at a participating TGP store, they could upload their receipt online for five additional entries. Shoppers also got an additional entry every time they bought a qualifying item in-store. Customers could also send an envelope with their contact information to TGP for five additional entries.

Along with the gift cards (56 of them to be awarded), all digital sweepstakes entries gave the customer a chance to also win a 2024 Ski-Doo Expedition LE or \$25,000 cash, one of four free groceries for a year and one of 66 shopping sprees (one in each store).

A'Bear doesn't typically do all her grocery shopping at the TGP in Teulon, but during the contest, she did. She registered on the website, bought additional qualifying food items and watched social media for bonus prize codes, trying to get any extra entries



PHOTO SUBMITTED

Carla A'Bear won free groceries for a year thanks to TGP's Scratch, Snap and Win contest. Pictured with A'Bear are Teulon Bigway Foods owners Ian and Mandy Palsson.

in that she could.

"I just thought, 'Well, what the heck?'" she said. "I don't mind shopping in Teulon for some things. It's always good to support local."

A'Bear got an email telling her she had won one of the four free groceries for a year prizes and upon opening

it, she thought the email was spam. Luckily, she read further, and realized it was legit — her name had been pulled to win the prize.

"It was like, 'My goodness. Fantastic,'" said A'Bear.

Continued on page 9



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(CLOSED TUES) AND WED-THURS DEC 6-7



AT 7:30 pm EACH NIGHT

Hunger Games: Ballad of Songbirds and Snakes

Tom Blyth
Rachel Lawrence

Violence **PG**



AT 7:30 pm EACH NIGHT

Napoleon

Joaquin Phoenix
Vanessa Kirby

Sexually Suggestive Scenes; Violence **14A**

Turning of age sparks momentum for Warren artist

By Autumn Fehr

When Sharon Neely turned 60, she came to a point where she needed to evaluate her life.

"I was getting to the age where I was thinking, 'What do I want to do with the rest of my life, and I keep saying I've got another 20 years, God willing, what do I want to do.' The kids are grown and have their own lives, so that's kind of the reason I got behind the painting because that's what makes me feel comfort and joy. I think that's important we all find our joy," she said.

It was at this point in her life five years ago when she decided to start getting serious about art. The practice of art wasn't new to Neely, though.

Many years ago, when her kids were young, she picked up the hobby to pass time when she took them down to the lakeside at their family cabin. Engaging with pastel watercolours was a hobby she could dive into because they were easy to take along and get down to the water while still keeping an eye on her kids.

But what brought Neely back to practising art all these years later?

She said it's the joy and comfort that the hobby brings her.

When Neely decided to pick up the practice again, it was also a bonus that something that brought her so much joy and comfort could also bring in a little extra income on the side — what better combo.

This time, Neely found herself experimenting with other mediums and dropping the pastels.

About three years ago, she discovered that you could paint on feathers. It was wintertime when she realized this, so she went on Amazon to buy some turkey feathers and started experimenting with what she could do with the new medium.

"I just fell in love with it because it's such a grounding experience. It's very comforting and soothing to paint on something so delicate," she said.

She also started testing out acrylics, throwing in a little bit of experimentation with oils, too.

Quite often, Neely will also paint on rocks and Christmas-themed art on boards. When she paints on her feathers, she creates a mixture of different landscapes and ani-

"I THINK THAT'S
IMPORTANT WE
ALL FIND OUR JOY"



TRIBUNE PHOTOS SUBMITTED

Artist Sharon Neely rediscovered her love for art after she turned 60 years old. Now, five years later, she is offering classes in Warren and Woodlands to help others do the same.

mals.

Now that Neely has rekindled her love for creating, she wants to share it with the community.

On Nov. 2, Neely gave her first painting lesson at the United Church in Warren. A few days later, she taught at the hall in Woodlands for those who could not attend a daytime class during the week.

Going forward, Neely hopes to continue the painting lessons as long as the interest remains.

Every month, she plans on teaching two paintings, the first and third week of each month — one taught on



Neely's artistic resumé includes experience with several mediums, including acrylics and watercolour.

Thursdays from 1 to 5 p.m. in Warren and the other taught in Woodlands on Sundays at the same time.

The classes are \$45 per person, and they are welcome to any age. Neely also provides all the supplies. The paintings are at a beginner level, and she follows along with you so you don't need to be an expert to participate.

But that's not all for Neely. Since rekindling her love for creating, she has gone full steam ahead, creating her own Instagram account full of her creations that others can purchase or she can even make a custom order.

Although Neely doesn't have any of her art currently displayed in public, about a month ago, framed art pieces of beautiful paintings on bird feathers were hung at LJ's Grill in Warren. The restaurant had opened a section to display and sell local art and feature her work.

So what keeps Neely coming back, day after day, creating art?

"It's very rewarding. I find when I'm painting a piece, say I'm painting an owl or any kind of bird, anything with eyes, I tend to leave the eyes for last. And when I paint the eyes and put that little white speck on the eye, it all of a sudden comes to life," said Neely.

Neely will be showcasing her work on Dec. 2 in Warren at the craft sale at Memorial Hall. Check out her work in person there.

Examples of her work are also available on Instagram at ShaCreations60.

To register for classes with Sharon or request a custom order, email her at neely@mts.net or call her on her cellphone at 204-461-0887.

Quarry Choristers Christmas Concert Schedule

Tuesday, November 28
- Teulon Lutheran Church @ 7:00 pm

Thursday, November 30
- Stonewall Lions Manor @ 7:00 pm

Tuesday, December 5
- Warren United Church @ 7:00 pm

Thursday, December 7
- Argyle Hall @ 7:00 pm

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RCMP offer tips to prevent property crime

By Jennifer McFee

Most property crimes can be prevented, and local RCMP hope everyone will take steps to protect their homes and businesses.

Stonewall-Headingley RCMP Staff-Sgt. Jason Vrooman encourages everyone to adopt best practices, such as making sure their property is secure and well lit.

"I realize that property crimes are a huge issue in the area. We're hoping to remind community members to make sure that all their property is secure as best they can," he said.

"We should all band together and do the best we can to prevent the crime initially. If you notice any suspicious activity, report it immediately to the police."

To help protect your home, make sure outside doors and walkways have a bright working light or motion sensor lights. Gates should close tightly with a secure latch or lock.

It's best to keep shrubs and bushes trimmed so they can't provide a hid-

ing place. It's also helpful to display yard and window decals for a home security company. A Beware of Dog sign can be posted — even if there's no dog at your home.

Outdoor valuables such as lawn mowers, bikes, snowblowers and barbecues should be locked up.

You might also consider installing a security alarm system with glass-break detectors and motion detectors.

It's a good idea to store valuables in a home safe or safety deposit box. If you have firearms, they should be stored in a locked safe with trigger locks. Keep an inventory of personal property as well as serial numbers for valuables.

To reduce the chance of identity theft, shred any unwanted documents that contain personal information.

All doors and windows should have working locks. Window screens should be in good working condition, and anti-smash security film can be added to windows.

Sliding doors should have a pin to secure them, and all doors and door frames should be reinforced. Doors should also have a peephole or doorbell camera.

If you're travelling, make sure somebody clears the snow and picks up your mail. In warmer weather, make sure somebody mows your lawn when you're away. Neighbours should watch out for each others' homes.

It's also helpful to establish and practise an emergency escape plan in case of a break-in or other emergency.

For businesses, many of the safety tips are similar. In addition to the precautions you would take to secure your home, businesses should also make sure all safes and cash registers are moved off the site after hours. Alternatively, leave them open and empty each night. All valuables should be moved from view when the business is closed, and lights should be left on inside.

Motion lights can be installed in the back areas of the business, and interior closed circuit video cameras can be used to capture images for at least seven days.

The phone number for the local RCMP detachment should be posted and easily available for employees, and valuables should be kept behind the counter.

Spare keys to offices, cash registers and safes should be removed from the site at the end of each business day. Make sure to record the serial numbers for valuable items like TVs, computers and any other special equipment.

It's also worth incorporating an end-of-day basic safety routine to check windows and doors and to ensure lights are on, the CCTV is working and valuables are removed from sight.

By taking these steps, you might be able to prevent a property crime from happening.

> OTTAWA, FROM PG. 3

like to do in Stonewall, including bike riding to The Kiln for ice cream, swimming at Kinsmen Lake, hiking in Quarry Park, visiting the library and playing hockey at the rink."

For the final project, students were able to choose two of their pictures to draw on two different shoes, making sure there was a variety of representations on each one.

"These topics tied in perfectly with our social studies curriculum for Grade 2," Watts added.

"We focus both on our local community and Canadian community, so this idea fit right in."

The students were excited to be involved — and to see how far the sneakers travelled on their journey to the nation's capital.

"When Laine was in Ottawa, she was sending me pictures of her wear-

ing the shoes at Parliament. She also took photos with our class picture and different members of Parliament from across Canada. The students were so excited to see them and to know where the person was from that she was pictured with," Watts said.

"This led to more discussions about different places in Canada. Student engagement was high, and this activity served as a springboard for more curiosity and learning about our country. When Laine returned from her trip, she brought in personalized Ottawa postcards, thanking all of us for our help with her special project, and Canada pins from one of the Parliament members. My students were

thrilled."

At the same time, Wilson said the artistic footwear made an impact on the leaders at Parliament Hill.

"I think it was a great way to show partnerships from all lenses," Wilson said.

"Those kiddos did a fantastic job. I was so proud to wear them and show them off to everyone."

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Clubroom Events for the Week of November 20
 Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$5,300
 Thursday 4-10 Crib 7pm start
 Friday 4-close Meat Draw at 6:30
 Saturday 2-close Meat Draw 3:00 Dinner 5:30 Darts 7:00
 Tickets available for dinner Saturday November 25 Ham and Scalloped Potatoes \$12.50 - available at the bar
 Sunday December 10 Bingo Pots will be played off
 Doors open at 1:00 Early Bird 1:45
All are welcome - Support your local legion!

KINDERGARTEN REGISTRATION

 **November 20 - December 1, 2023**

INTERLAKE SCHOOL DIVISION requests that all parents/guardians of children eligible to attend Kindergarten in the 2024/2025 school year register their child with their local school between November 20 - December 1, 2023.

Kindergarten enrollment information is essential for divisional planning for the upcoming school year. If you have an eligible student for the Kindergarten class of 2024/2025 it is important that you register with your local school during this registration period.

Please visit our website for school contact and registration information. www.interlakesd.ca

Kindergarten programs are offered at Teulon, Balmoral, Stony Mountain, Rosser, Argyle, Warren, Woodlands, and École R.W. Bobby Bend School in Stonewall.

Brant-Argyle School offers a Multi-level Learning program with all day Kindergarten every day.

French Immersion Kindergarten is offered at École R.W. Bobby Bend School.

Children who will reach their fifth birthday by December 31st, 2024 are eligible to attend Kindergarten in the 2024/2025 school year. Proof of age and address are required.

CHRISTMAS HAMPERS

Do you or someone you know need a hamper this Christmas?

Please be advised that Christmas Cheer Board hampers can be ordered from now until December 10th. Hamper pick-up will be December 16th.

Please call 204-467-7370 to order a hamper. Requests for hampers need to be made every year even if a hamper was received in previous years because lists aren't carried over.

You have options.

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Jennifer McFee
204-461-5352
jen@stonewallteulontribune.ca

Regional Health Authority bolsters staffing across Interlake

New hires to combat emergency department closures

By Becca Myskiw

As emergency departments in the Interlake-Eastern Regional Health Authority (IERHA) remain understaffed, they continue to be closed.

For the first two weeks of November, only two of IERHA's 10 hospitals had their emergency department open 24 hours a day, seven days a week: Gimli Community Health Centre-Johnson Memorial Hospital and Selkirk Regional Health Centre.

From Nov. 1 to 15, Lakeshore General Hospital's emergency department was closed Nov. 9 and 10 and was only available during the day on Nov. 1. E M Crowe Memorial Hospital in Eriksdale had its emergency department open Nov. 6 and 9, while Arborg and District Health Centre was only able to offer emergency services during the day on Nov. 6, 9 and 13.

Stonewall & District Health Centre's emergency department was closed Nov. 3 and 6 and only offered services during the day on Nov. 2, 8, 10 and 15. Pine Falls Health Complex's emergency department was only open on Nov. 15 for the entire day; Pinawa Hospital's was open for half of the two-week period; Beausejour District Hospital was open during the day for 13 days of the 15, being closed for one entire day and open for one. Teulon's Hunter Memorial Hospital's emergency department was closed for the entirety of Nov. 1 to 15.

A representative from IERHA attributes the emergency department closures to staffing issues — there simply aren't enough medical professionals

working in the region.

"New health-care staff members are starting to arrive in Manitoba from the recent Philippines recruitment mission," they said.

In June of this year, the provincial government announced more than 300 health-care workers from the Philippines accepted jobs in Manitoba. They're expected to take jobs in 31 communities in the province.

IERHA said access to primary care will reduce pressure on the emergency departments in the region — the family medicine physician residency program has seen six graduates since it started in 2019, with most remaining in the region to practice.

"We have been successful in retaining two nurses who worked in the region and who secured further training to become nurse practitioners," said the IERHA representative.

Nurse practitioners diagnose and treat illnesses, order and interpret tests, prescribe medications and perform medical procedures.

IERHA said its new recruits are expanding care delivery into the Eriksdale and Ashern regions, with one more nurse practitioner adding care to the Fisher Branch area in early 2024. IERHA has also created a nurse practitioner float pool that has casual staff to bridge gaps in the primary care sector.

IERHA works closely with education institutions as well, said the representative, and they currently offer the following training opportunities closer to home:

- Health-care aide
- Licensed practical nursing
- Medical laboratory assistant
- Operating room assistant
- Medical device reprocessing

IERHA has developed micro-credential health-care aide training, which has seen four graduates in Fisher Branch, eight in Seymourville and eight in Selkirk. The health authority said most of these graduates have accepted positions within the region.

"We are investing in hosting learners as part of efforts to recruit and retain staff," said IERHA. "Students have been hosted all over the region to complete practicum training."

As substance use treatment is also a rising concern in the province, IERHA has opened two new medical withdrawal management beds at Lakeshore General Hospital for residents from across IERHA to access. There, people can receive treatment from a physician, nurse, addiction nurse, social worker, peer counsellor and an Indigenous elder or knowledge keeper for the first time, allowing people to heal physically and traditionally.

The addition of 12 beds at Lakeshore General Hospital is progressing, along with the addition of seven beds in their emergency department. That will give the hospital a total of 26 beds and 13 treatment sites. It's expected they'll be available in 2025.

At Selkirk Regional Health Centre, a 30 inpatient bed unit is being constructed along with the addition of three new emergency department treatment spots, making for a total of 17. These new areas should also be done in 2025.

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Presence

The Christmas season is fast approaching and, for some, they are well on their way to completing their tasks and being ready for the big day. Others have barely begun.



I often find myself looking forward to and enjoying the meaning, memories and feelings Christmas brings. However, I, like many others, also feel the intensity of the commercialism of the season.

It doesn't seem to matter which way we turn but there is another item we just can't live without (or so we're told). With this in mind, what does it look like to remember the real meaning of Christmas and not get caught up in the pressure to buy one more thing?

As this yearly thought came to mind, I thought about the gift of presence. Not the gift of presents, though many appreciate those, but the gift of presence. The gift of being fully present with those around us. Sometimes we can overlook the importance of time together and what a gift that is, especially in our busy world.

While Jesus walked this earth, he spent time with his disciples, healed many, set others free and taught about the kingdom of God. After his death and resurrection, he gave his final instructions to the disciples before he ascended into heaven. Matthew 28:20 tells us Jesus' final reminder to them (and us), "I am with you always, even to the end of the age." What a gift to leave with them – the gift of his presence!

In the Old Testament, Jesus' birth was prophesied in Isaiah 7:14, "[Mary] will give birth to a son and will call him Immanuel (which means God is with us)." The gift of Jesus' presence was with them while he was here on earth, and he continues to be with us through the Holy Spirit even today.

If you haven't already, consider Jesus this Christmas season and receive the gift of his presence.

Pastor Jo-Ann Porterfield
Alive Family Church
Stonewall, MB
alivefamilychurch.ca



TRIBUNE PHOTO BY JO-ANNE PROCTER

Brothers Everett and Marshall Stewart were able to find enough snow in the quarry at Stony Mountain for an impromptu snowball fight last Sunday. According to AccuWeather on Nov. 19 the temperature reached 9 degrees C. Looking ahead for the next week the forecast is predicted to remain mild, hovering around -5 degrees C. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: news@stonewallteulontribune.ca

Woodlands council news in brief

By Autumn Fehr

The RM of Woodlands held a public auction via McSherry Auction Services on Nov. 14 to sell various surplus assets.

The revenue from the sales will be distributed as follows as follows with the totals as estimated:

- Chevrolet Fire Truck and 1975 Ford Truck to fire department reserve - \$8,234
- Pressure steamer and Husqvarna mower to LUD of Warren general reserve - \$6,256
- All other revenue to the equipment replacement reserve - \$99,279.11

- Council approved Manitoba Hydro's proposed electrical plan for Twin Lakes Beach Road South.

- The RM of Woodlands will reduce the price of their history book *Where We Are* to \$65, GST included, as a Christmas promotion. The promotion will end Dec. 22, 2023.

- The quote from 10080757 Manitoba Ltd. for snow removal at the Warren Fire Hall was defeated. The submitted quote was not defeated due to the cost but because the RM will complete the work themselves.

- Council gave second and third reading to a bylaw to clarify the responsibility of damages to a water line in Warren.

- Council also gave second and third reading to a bylaw to clarify the responsibility of damages to a water line in Woodlands. The bylaw amendments in regard to damages to water lines in Warren and Woodlands were to set out responsibility for any damages that might occur in the future.

IN OTHER COUNCIL NEWS:

- Council gave third reading to a bylaw to assign civic addresses to a newly developed street in Warren, Silverbridge Drive.

- Council gave second and third reading to a bylaw to clarify the days recognized as statutory holidays for non-union staff.

> GROCERIES FOR A YEAR, FROM PG. 5

She received her prize in the form of gift cards, each adding up to a grand total of \$5,200 to spend on groceries at TGP. And the prize came just after she had redone her budget and decided to postpone buying specific items because of their price.

"That's a good penny when it comes down to groceries, even if it is spend-

ing a little more sometimes at a country grocery store," she said.

But A'Bear isn't keeping all her winnings to herself. She plans on giving Teulon Elementary School and Inwood School \$100 each for their lunch programs and the local food bank \$100 as well.

"I got something so I might as well

Snap, share and win a chance to support your community

Enter Lallemand's 'Hometown Roots' photo contest

By Lana Meier

Lallemand Plant Care is pleased to unveil the specifics of the 2024 Hometown Roots Contest, with an even simpler entry process. Just capture a photo for a shot at supporting your community through a generous

\$5,000 contribution from Lallemand. "We are thrilled to bring the Hometown Roots Contest back to Canada for a third year, and we can't wait to see all of the amazing submissions," said Anne Favre, strategic marketing director – U.S.A. and Canada, Lallemand Plant Care. "Being a family-owned company, this contest is a way for us to continue to support our communities."

Entering the contest is easy: Take a photo that you feel celebrates agriculture and your community. Upload it

at www.lallemandhometownroots.com and include a brief summary of how the photo represents what makes your community or farm special. You can submit one photo per week, and no purchase of any kind is necessary to enter or win.

The contest runs from Nov. 13, 2023, to July 31, 2024. Three prizes will be awarded, each made up of a \$5,000 cheque that can be donated to a local community organization or charity chosen by the winner. One prize of \$5,000 will be given to a winner from

Alberta, Manitoba and Saskatchewan, respectively.

Over the course of three consecutive years, Lallemand has recognized 11 growers in Canada and the U.S. through the Hometown Roots Contest, resulting in a total donation of \$55,000 to support their respective communities. For more information and full contest rules, visit www.lallemandhometownroots.com.

> FOOT SHOP, FROM PG. 2

with them to get the right item. And when they dance out of here happy and excited, we're happy because we've done our job."

The Foot Shop is well known in the region. Selkirk customers are "very supportive" of the store, said Branscombe, but she also has customers from as far north as Thompson and Churchill, as far west as Vancouver and Calgary and as far east as Ottawa.

"People from the community who've moved away sometimes can't find what they're used to buying. When they come back to Selkirk to visit family or friends, they

load up on shoes," she said. "And we listen to what customers want. We're not buying something that won't be comfortable for them. We also evolve with fashion trends, so if a square toe is trending, we will supply some items in that style."

A seamless transition to new ownership — Kelly Lewis from Selkirk's Packers Fashion bought The Foot Shop — is expected with the same quality and price points of the merchandise Branscombe currently sells. But evolution is inevitable.

"Part of our business is to keep up with fashion trends and evolve with them, but at the same time you have to be cognizant of what your particular market is and what people tend to buy. For example, we might not supply something that's a look more suited to Toronto or Montreal but is not for the Prairies," she said.

Branscombe's long-time staff member, Bonnie Melvin, will be providing continuity during the transition to new ownership and she'll also be providing the same level of personalized service that keeps customers "talking about where they got their shoes" and keeps them coming back, said Branscombe.

"Bonnie has been working with me for 21 years and is going to stay on for the next few years until she retires," said Branscombe. "She is very knowledgeable about fitting women with the right footwear and brands and styles."

Branscombe started her footwear business in Stonewall in the 1980s after a 15-year career as a banker for the Royal Bank. She bought a shoe store in Stonewall that came up for sale in 1987 then opened a second location in Selkirk in 1992 before moving to her current location on Manitoba Avenue. She eventually closed her Stonewall store in 2000. Her clientele are primarily women who are 30 years of age and up.

As for where Branscombe plans to buy her shoes after she retires, well, you guessed it.

"I'll be buying them here, for sure," she said. "When you have a store, it's like your baby. You nurture it, you grow it and when it comes time to pass it on, you want it to go to somebody who will take good care of it. Kelly [of Packers Fashion] knows the fashion industry and Bonnie, who is so good, is staying on in the shop to share her knowledge and expertise."

Branscombe is holding a seven-day Black Friday sales event from Nov. 20 to 26 before she officially retires on Nov. 30.

The Foot Shop is located at 305 Manitoba Ave, next to Packers Fashion on Main St. Call 204-482-5536.



CANCERCARE MANITOBA BOARD ANNUAL PUBLIC FORUM

Friday, December 1, 2023 | 12:30-1:30 p.m.

Basic Medical Sciences Building, Theatre B
University of Manitoba, Bannatyne Campus

All are welcome to participate in person or via Zoom.
For the Zoom link contact CCMBCPAffair@cancercare.mb.ca

Notice of Environment Act Proposal

Manitoba Environment and Climate Change invites public comment on the following proposal:

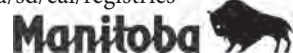
VIDIR SOLUTIONS INC – VIDIR SOLUTIONS – TEULON FACILITY – FILE: 6202.00

Vidir Solutions Inc. proposes to continue operating a vertical motorized storage carousel, automated material handling, and display systems manufacturing facility at 379 1st Street in the town of Teulon. The facility designs, manufactures, installs, and services automated material handling equipment. Mitigation measures are in place to manage and control emissions to the environment.

Anyone likely to be affected by the proposal and who wishes to comment should contact Eshetu Beshada, Senior Environmental Engineer, in writing or by email at Eshetu.Beshada@gov.mb.ca no later than December 27, 2023. Further information is available from the Public Registry: www.gov.mb.ca/sd/eal/registries

Information submitted in response to this proposal will be available to the proponent and placed on the public registry per Section 17 of The Environment Act.

Environmental Approvals Branch
Manitoba Environment and Climate Change
Box 35, 14 Fultz Boulevard
Winnipeg MB R3Y 0L6
Toll-Free: 1-800-282-8069
Fax: 204-945-5229
Website: www.gov.mb.ca/sd/eal/registries



TURKEY BINGO
Woodlands Community Hall
Wednesday, December 6, 2023
Doors open at 5:45 pm,
Early Bird Games 6:30 pm
Regular Games 7:00 pm
Canteen Open, Door Prizes
Everyone Welcome
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Stonewall Anglican Church
of the Ascension
Christmas Tea, Bake and Craft Sale
Anglican Church Parish Hall
435 - 1st Avenue North, Stonewall
Saturday November 25th, 2023
2:00 - 4:00 p.m.
Join us for tea/coffee, fancy sandwiches
and dainties
Homemade
baking, crafts,
raffle draw

CHRISTMAS CHEER BOARD
Help needed! The Stonewall & District Christmas Cheer Board is looking for donations to help those in need this Christmas. We are in need of new unwrapped toys and pajamas. We no longer accept food items – please donate food directly to the Interlake Food Bank. Monetary donations are greatly appreciated and can be made at Access Credit Union or by e-transfer to stonewallcheerboard@gmail.com – please include mailing address for tax receipt.

We are here to make a difficult time easier for your family.

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Giving season underway at Stonewall library

By Jennifer McFee

The Stonewall library continues to support the Stonewall and District Chamber of Commerce — and all are welcome to get involved in several festive initiatives.

Once again, The Stonewall library is hosting the 14th Festival of Wreaths in December.

“We again are asking local businesses, organizations, churches, schools, daycares and families to decorate an artificial wreath to put on display in the library for the month. While they are on display, citizens will be given the chance to vote for their favourite by making a \$1 donation to the Cheer Board,” said Joan Ransom, Stonewall branch librarian.

“The Chamber of Commerce has shared this event with their members and we are hoping to get many entries. We invite participants to be creative and get crafting. Artificial wreaths can be decorated to represent the business or organization — the Scouts have made the most adorable wreath featuring knots — and we hope that we get more youth and families participating.”

The library invites school classes, extracurricular groups, sports teams and neighbour groups to create a wreath for display. Wreaths can be dropped off the week of Nov. 27.

“It is great promotion for one’s group or business, and the money raised helps local families through the Stonewall and District Christmas Cheer Board,”

Ransom said.

“Last year, the votes totalled \$1,186 in donations. We host an open house on Dec. 22 and we will present the money raised to the Cheer Board then, as well as give the Top 3 voted-for wreaths a winning certificate for bragging rights.”

In addition, the Stonewall library is collecting warm winter items such as mittens, hats, gloves and scarves for its Mitten Tree. Socks and slippers can also be dropped off for the library’s giant Sock Stacking.

“In 2022, we collected and donated 614 items, which were distributed through the Cheer Board,” Ransom said.

“We are happy to accept handmade items as well as store-bought new items for donation.”

This year, the library has also embarked on a new initiative to include a library membership card in all Cheer Board hampers.

“We have over 60,000 titles amongst our three branches and are excited to welcome new library users and share the collection,” she said.

“We are thankful for the generosity of our library patrons and their help with these activities.”

In other library news, the Bookmobile will be a float in the upcoming Santa Claus Parade on Friday, Dec. 1. That evening, the library will be open extra hours from 6:30 to 8 p.m. for anyone who would like to watch the parade indoors through the library windows, where they can keep warm and

A Fun, Festive Fundraiser!

December 1-22, 2023
 Create an artificial holiday wreath to display in the Stonewall Library as a fundraiser for the Stonewall and District Christmas Cheer Board. Citizens will be invited to vote for their favourite by making a \$1 donation to the Cheer Board.

14th Festival of Wreaths

Mitten Tree & Sock Stacking

Bring in donations of new mittens, hats, gloves, scarves, socks and slippers by December 22, 2023. All items collected will be donated to the Cheer Board!

SOUTH INTERLAKE REGIONAL LIBRARY
 For more information contact Stonewall Library
 204-467-8415 / stonewall@sirlibrary.com / www.sirlibrary.com

cozy.

Anyone with questions or donations can contact the Stonewall Branch at stonewall@sirlibrary.com or 204-467-8415.

Pre-cadet training program geared for Indigenous youth

By Jennifer McFee

Indigenous youth have the chance to apply for a specialized RCMP pre-cadet training program and learn about potential career opportunities.

All First Nations, Inuit and Métis youth aged 19 to 29 are invited to apply for the Indigenous Pre-Cadet Training Program.

Through this program, participating Indigenous candidates can experience a modified three-week RCMP training experience at the Regina-based training academy.

During this training, participants will learn skills to help them prepare to apply to become a police officer. Af-

ter the program, they’ll receive ongoing support and guidance as they go through the application process.

“It gives Indigenous youth the opportunity to experience a training session and a first-hand view of what a possible career in police work might entail,” said Cpl. Maureen Greyeyes-Brant, a graduate of the program who is now the national co-ordinator.

Candidates must be Canadian citizens of First Nations, Inuit or Métis descent who have a Canadian high school diploma or equivalent. To be considered for the program, they will also need to pass an enhanced reliability security check and they must

be in good physical condition.

The RCMP will cover the costs for all successful candidates, including their travel, meals and accommodations.

The application deadline is Dec. 5. To learn more, email Brett.Montour@rcmp-grc.gc.ca or Debbie.Beck@rcmp-grc.gc.ca.



**Be a part of the
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 SANTA CLAUS PARADE
 Friday Dec 1st | 7PM**

To enter your float or to **VOLUNTEER** contact Christy at 204-467-5836 or info@stonewallchamber.com

SPONSORED BY THE STONEWALL & DISTRICT CHAMBER OF COMMERCE

Interlake-Gimli PC
 Constituency Association

Annual General Meeting & Delegate Selection Meeting

Friday, December 15

Oak Point
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 125 Sutherland
 Registration at 7 p.m.
 Meeting at 7:30 p.m.

For more information email: interlakegimlipc@gmail.com

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Argyle or Grosse Isle?

COUNT YOURSELF IN TO THE PROPERTY TAX REVOLT COMING TO THE RM OF ROCKWOOD

This property tax revolt is due to the irresponsible decision made by councillor members Reeve Wes Taplin, Deputy Reeve Curtis McClintock, and Councillors Debbie Pansky, Miles Tarrant, Neal Wirgau, and Lyle Willis over their exorbitant salary increase.

The reeve's monthly salary increase is 59.24 per cent (\$1,116.09), deputy reeve 73.63 per cent (\$1,166.24) and councillors 61.89% per cent (\$955.77). Total annual salary for council would be \$219,000; an increase of \$84,734.16 plus the additional fees.

The RM of Rockwood is not a wealthy municipality. Rockwood residents cannot support further tax increases after the five year assessment rate increase made in 2023. People are losing their jobs. Interest rates are high. Residents are struggling to feed their families and keep their homes on top of all the other increases they face.

Rockwood residents need to stand together to win this battle. Imagine what the next increase could look like. Donate your property taxes to the local food bank. Help someone in need.

**If you would like to support this cause contact 204-886-2419,
Frances Kwasny.**

Sold-out SWDPC gala raises awareness about Nav-CARE

By Jennifer McFee

Community members helped a local non-profit organization reach for the stars at its much-anticipated annual gala fundraiser.

On Saturday, Nov. 18, supporters gathered at the Stonewall legion for "Reach for the Stars," the semi-formal dinner and dance fundraiser for South West District Palliative Care.

Numbers are still being crunched for the fundraising totals, but it's clear to see the online 50/50 draw was a huge success. The total of the pot rang in at \$5,850, with half (\$2,925) going to lucky winner Anne Kroeker of Teulon. South West District Palliative Care receives the other half.

The progressive auction raised \$4,000, while the live auction led by Ralph Eichler brought in another \$1,950. A bag auction raised another \$2,784.

The fun-filled evening also featured a delicious dinner and dessert prepared and served by volunteers.

Board chair Sandra Smith served as master of ceremonies, introducing community leaders.

Newly minted Lakeside MLA Trevor King encouraged attendees to contribute to the cause.

"We all have been touched one way or another by someone who has had some type of an illness. If you haven't experienced that, I hate to tell you, one day you will," he said. "Thank you all for being here to support such a great cause."

Municipal leaders shared greetings, including Rockwood Reeve Wes Taplin, Stonewall Deputy Mayor Peter Bullivant, Rosser Deputy Reeve Lee Garfinkel, Woodlands Reeve Doug Oliver and Teulon Mayor Todd Campbell.

Mona Buors, minister of Métis Child and Family Services from the National Red River Métis government, also addressed the crowd, sharing an emotional account of losing her brother-in-law earlier this month.

"Palliative care hits everybody," she said. "We don't know when, but we also know that it happens to old people, middle-aged people and, the saddest part, it has to hit children sometimes too."

Representing South West District Palliative Care, dynamic trio Doris Hunter, Betty Taylor and Jen Beirnes provided an update on the organization's activities.

Last year, they sent out a survey to see if people in the catchment area would benefit from Nav-CARE, a free service that stands for "Navigation, Connecting, Advocating, Resourcing, Engaging." The South West District Palliative Care board sponsors and supports the Nav-CARE program.

The response was an overwhelming "yes," with many respondents indicating they would also be interested in volunteering for the program.

The program covers the areas of Rockwood, Woodlands, Rosser, St. Laurent, Armstrong, Stonewall and Teulon to offer support to anyone who is facing loneliness, has chronic conditions or is experiencing declining health. These individuals receive consistent visits from a dedicated volunteer, as well as assistance in finding recourses for individual needs.

"The South West District Palliative Care board recognized the need for more support in our area and launched the Nav-CARE program. We applied for the Nav-CARE grant and were informed in March that 14 applications were received across Canada and that we were one of five applicants who were successful in receiving the Nav-CARE grant for \$60,000. We are the first Nav-CARE program in Manitoba," Hunter said.

"This grant would be given over two years in quarterly increments to be used to pay for the salary of a volunteer co-ordinator. However, to receive this money, there was certain criteria to be met. That criteria includes having two satellite sites, the hub being South West District Palliative Care's catchment area. Second, hiring a volunteer co-ordinator. Third, recruiting volunteers. Fourth, having client re-



Mona Buors



TRIBUNE PHOTOS BY JENNIFER MCFEE

Betty Taylor, Doris Hunter and Jen Beirnes share an update about Nav-CARE.



The music of The Marvells entertained the crowd.



Stonewall mayor Sandra Smith shares a dance with her mom.



ferrals."

To meet the criteria, they met with and provided Nav-CARE information to Teulon Seniors Resource, St. Laurent Seniors Resource and Stonewall Lions Manor.

"Following these presentations, we decided the two satellites would be St. Laurent and Lions Manor," Taylor added.

"In March, we advertised and were successful in hiring a volunteer co-ordinator. The volunteer co-ordinator has a responsibility of looking after volunteers and clients — and going out there and trying to get more."

Gwen Sharp, Nav-CARE volunteer co-ordinator, introduced herself to the attentive audience.

"Nav-CARE has kicked off and we're in full swing. We're accepting clients and volunteers. As of yesterday, we have 12 clients and five referrals that are pending. We have 18 trained volunteers and several are in the midst of doing training online. Training has been offered in person, in a classroom workshop-type setting and also online at your own pace," she said.

"Our outreach is ramping up to build our services. You'll begin to see

new posters and flyers around town that look a little different than the materials that came out in spring."

The next step is to train more volunteers and gain more clients.

"The good news is clients aren't only limited to older adults. It affects every age group. And neither do our clients have to be in a palliative situation. There's more to it than just those that are in palliative care," she said.

"If they have a palliative condition or they're lonely or they're in need of a bit of a social interaction, that's where we come in."

She invited anyone interested in volunteering or referring a client to



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ralph Eichler auctioned off MLA Trevor King's tie, which Robert Cornelius bought for \$235.

contact her at navcare@swdpc.com or 204-404-3030.

After the speeches, the evening continued with live music by The Marvells. For those who worked up an appetite on the dance floor, Danny's Whole Hog provided a tasty late lunch.

Coming up on Sunday, Dec. 3 at 7

p.m., South West District Palliative Care will present An Evening of Remembrance. The event, which will take place at Something Beautiful Café in Stonewall, aims to remember loved ones as the holiday season approaches. Anyone who would like to attend can RSVP to s.w.d.p.c@hotmail.com or 204-322-5639.

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Teamwork for a cause



TRIBUNE PHOTO BY JEN THIESSEN

Last Sunday the U18 AAA Female Lightning team donned their pink socks and jerseys in support of Hockey Fights Cancer. Kaylah James and Maya Pattie from the U13 Lightning team joined the older team for the pre-game warmup. The Lightning defeated Central Plains 2-0. The team donated their gate fees and 50/50 proceeds to CancerCare Manitoba and collected new and gently used warm clothing for Thrive Community Support Circle.

Masterfeeds
 an Altech company

Masterfeeds Beef Nutrition Meeting

Please join us!

Sponsored in part by;

Moosehorn Co-op

Where: Moosehorn Hall, Railway Ave
 When: Thursday, November 30th, 5:00 pm

Come on down for a pair of short presentations, some great discussion on cattle nutrition, and how to make the most of your winter feed program.

Don Shepert, Territory Manager, Gallagher;
 Gallagher Fencing Product Review

Rachel Claassen-Haeusler, Beef & Small Ruminant Nutritionist, Masterfeeds;
 Seasonal Variation of Beef Cow Nutrition

Reed Van Driesten, Canadian Account Manager, Ridley Block Operations;
 Rite-Lix 101 – The Cost of Doing Nothing

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 Light supper will be provided. Looking forward to seeing you there!

Masterfeeds Beef Nutrition | Farm On CANADA

Teulon Christmas Lights drive-thru parade



TRIBUNE PHOTOS BY LANA MEIER



Holiday Smile Cookies support Woodlands Childcare

*This Holiday Season
Spread Joy to Health Care Staff*

HEALTHCARE PROFESSIONALS WORK TIRELESSLY SERVING OUR COMMUNITY PROVIDING CARE, COMFORT, AND COMPASSION ALL YEAR. THIS HOLIDAY SEASON LET'S SHOW THEM HOW MUCH THEY MEAN TO US.



Help spread joy across the Interlake Eastern Regional Health Authority (IERHA) this holiday season.

Personalize this cheery snowperson with your holiday greeting or message of thanks.

Drop it off at your local hospital, community health office, personal care home, or mail/drop off to:

IERHA Corporate Office
233A Main Street,
Selkirk, MB R1A 1S1
attention: IEHF

Your message will be shared with staff across the region.



TRIBUNE PHOTOS SUBMITTED

With the help of friends, family and the community purchasing and eating a whole lot of cookies, the Woodlands Childcare sold 8,572 cookies for \$12,858 through the Tim Hortons Smile Cookie Campaign. The restaurant is donating 100 per cent of the proceeds from the sale of their Holiday Smile Cookies from Nov. 13-19 to be split between the childcare centre and Tim Hortons children's camps. The Woodlands Childcare Centre will receive \$6,429, which has been designated to go towards the Warren Childcare expansion project. Photos top to bottom: Brooke Radley meticulously decorates smile cookies; Bentley Coutu enjoys his Smile Cookie; Warren Collegiate students pitched in to help with decorating the cookies; and Maiyah Barteski, Isabella Kotelko, Lilyanna Kotelko and Emery Savard get to sample their decorated cookies.

Do you want to do more to support health care staff?
Consider making a donation - your generous contribution directly supports healthcare initiatives in your community.
Make a donation in person at your local health care facility or visit www.iehf.ca

*Thank you for your generosity and for sharing thanks and cheer.
Together we are creating healthier, happier communities!*



The Interlake Eastern Health Foundation (IEHF) fosters meaningful relationships and leads initiatives that support great care, close to home. We believe in the essence of community - taking care of each other.

Stonewall girl travels to Mexico for stem cell treatment

By Jennifer McFee

A Stonewall girl is forging forward after receiving a second round of stem cell therapy.

In 2020, Amaya Dawson was in a car accident that damaged her spinal cord and left her paralyzed from the chest down. She was seven years old at the time.

Two years ago, she travelled to Thailand for stem cell treatment at Verita Neuro in Bangkok since the procedure currently isn't available in Canada. The hope is that she will regain some sensation through the treatment.

On Oct. 1, 11-year-old Amaya and her mom Alycia travelled to Verita Neuro's sister facility in Guadalajara, Mexico, for a second round of stem cell therapy plus a week of physiotherapy.

On Day 1, Amaya had a physio session in the morning followed by a stem cell infusion in the afternoon.

"She had vitamins and electrolytes by intravenous. Then she got stem cells through an IV and she also got a lumbar injection. Because of her scoliosis, they ended up having to poke her in the back about six times before they were able to successfully get it in," said Alycia, adding that Amaya got a second round of stem cells later in the week.

"At physio, they ended up getting her into standing, which was amazing. Amaya was over-the-moon excited."

Unfortunately, during that first physio session, the experts discovered a problem with her left knee.

"They thought she possibly had stretched or broken tendons. Because of that finding, physio had to change



Amaya participated in physiotherapy sessions each day.

dramatically since they didn't want to make anything worse. She did lots of muscle stimulation where they would put electrodes on her thighs, calf muscles and feet to make those muscles move. When they do that, it's like running a marathon," Alycia said.

"She quite enjoyed it and she fell asleep most of the time. She was exhausted afterwards from having those muscles work that much. But the muscles reacted, which is great. That was awesome for her to do."

Throughout her week at the Mexican facility, Amaya underwent 15 one-hour physiotherapy sessions before returning home on Oct. 8. Amaya joined her Grade 6 class at Ecole Stonewall Centennial School for a couple days so she could see her friends and get in a good mindset before venturing to the Children's Hos-



TRIBUNE PHOTOS SUBMITTED

Amaya Dawson recently travelled to the Verita Neuro facility in Mexico for treatment.

pital to have her knee examined.

After they got to the hospital, the doctor found that Amaya actually had a broken tibia, which is the third broken bone in her legs in one year. Since then, she has been in a full-leg cast while the bone heals.

"It had nothing to do with her tendons whatsoever. The bone underneath her calf completely snapped. Amaya doesn't feel the pain, but she gets something else called autonomic

Continued on page 24

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OUR GOAL: is to support and promote the business community of Stonewall & District through cultural, social, political, and economic development.

The Stonewall & District Chamber of Commerce proudly serves the business communities of Stonewall and surrounding areas.

Restaurants

Beyond Bread Bakery & Cafe	204-467-9756
Rockwood Motor Inn	204-467-2354
Something Beautiful Gifts & Cafe	204-467-9620
The Kiln Drive In	204-467-9125
The 19th Hole	204-467-7529

Health & Wellness

Back 2 Health Chiropractic	
Health & Wellness Centre	204-467-2222
Complete Physiotherapy	204-467-8900
Quarry Physiotherapy	204-467-9101
Quarry Ridge Pharmacy	204-467-7333
ROKA Massage & Wellness	Kaylin - 204-404-7681 Robert - 204-404-7682
Stonewall Chiropractic Centre	204-467-5523
Stonewall Pharmacy	204-467-8385
Quarry Dental Corp	204-467-2177

Professionals

Grantham Law Offices	204-467-5527
Inview Insurance	204-467-8927
LRO Services	204-886-0097
Mackenzie Funeral Services	204-467-2525
MicroPilot	204-818-0598
One Insurance Group	204-467-4500
Re/Max Town & Country	204-467-8000
Stonewall Veterinary Hospital	204-467-2481
Verico OneLink Mortgage	204-479-6064
Talbot & Associates CPS Inc	204-467-5566

Financial Services

Access Credit Union	204-467-5574
CIBC	204-467-5551
Farm Credit Canada	204-984-4164
RBC Royal Bank	204-467-5544
TD Canada Trust	204-467-7820

Recreation

Rubber Ducky Resort	204-322-5286
The 19th Hole	204-467-7529

Events

A goal of The Stonewall & District Chamber of Commerce is to host quarterly events which allows our members and our community a chance to get together and mingle. On May 18th, 2023 we held a Craft Beer Tasting event at the Heritage Arts Centre. It was a great evening featuring craft beers from Manitoba. The MLCC came to educate us on all the hops and barleys!



On Monday, September 18th we hosted an Elections Forum for our Lakeside candidates in the Stonewall Legion Club Room. We had a great turn out and the crowd was able to ask the candidates their questions and hear their different perspectives on campaign topics. Our Chamber President Robert Price-Lewis was a great moderator and Suzanne Morin from Doctor Decal came out to help us with the timekeeping.



We held a Halloween Trivia Night on Saturday, October 21st at the Stonewall Legion Hall. We decided to make this a fundraising event for the Lights Project at Klimpke/Fines Fields. Ian Proven and his wife Shelley who are spearheading this fundraising campaign were able to put together some great silent auction prizes and a 50/50 draw. Together \$2058 was raised for the project.

Chamber Bucks

The Chamber is running their Chamber Bucks Promotion again this year. Chamber Bucks are essentially like gift certificates sold in \$25 increments that can be used at participating businesses in Stonewall. The Stonewall Jets are giving away Chamber Bucks every time the Jets score in the first period. Chamber Bucks were donated to the silent auction at trivia night, they make a great gift for anyone and everyone. To purchase, participate or if you have questions about the Chamber Bucks Promotion please contact Christy Brown at 204-467-5836 or at info@stonewallchamber.com.



Are you a business that wants to get involved and help our community grow?

Contact us to learn more about becoming a member of the Stonewall & District Chamber of Commerce.

Festival of Lights Parade

The Festival of Lights Parade will be held on Friday, December 1st at 7 PM and will run along Main Street Stonewall. The parade kicks off a weekend of great events to lead us into the Holiday Season. On parade night Firewood Manitoba will have a warming station set up in the Southside Service parking lot with s'mores and hot chocolate, please bring your own mug! Stop by the Rockwood Motor Inn afterwards for hot chocolate and a treat.



Manitoba Hydro will be collecting new unwrapped toys, gift cards and monetary donations for the Stonewall & District Christmas Cheer Board along the parade route. *Please consider donating if you are able.*

On Saturday December 2nd, the Stonewall Kinsmen Club and the Royal Canadian Legion Stonewall Branch will be putting on a pancake breakfast. It will be at the legion hall from 9:00 AM to noon (Santa will only be there until 11:30AM). A hearty pancake breakfast can be followed by a free showing of Minions: The Rise of Gru at the Flicks Cinema brought to you by the Stonewall & District Lions Club. Show times are at 1 PM & 3 PM. Entrance is free and the theatre concession will be open for purchases. No outside food or drink allowed in the theatre. The Lions Club

will be collecting non perishable food items for the Interlake Food Bank and monetary donations to the Stonewall & District Cheerboard. On Sunday, December 3rd the Quarry Ridge Pony Club will be hosting breakfast with Santa at the Red Barn. Breakfast will be held from 9:00 AM to noon, family photos available with Santa for \$10.



Check out the 14th Annual Festival of Wreaths at the South Interlake Regional Library. Local businesses and organizations create wreaths and the community is encouraged to vote on them from December 1st - 22nd. Citizens are invited to vote for their favorite wreath by making a \$1 donation to the Cheer Board.



A note from our President - Rob Price Lewis

I, as well as the chamber executive would like to thank our members for their continued support. We exist because of, and for, our members, with the joint goal of raising awareness of our business community and helping our Stonewall thrive. We're looking forward to big things in 2024. Happy Holidays to you all!



Retail/Merchandise

Firewood Manitoba	204-453-7788
Keyboard Ventures	204-467-7388
Manitoba Liquor Control Commission	204-467-9571
Quarry Furnishings	204-467-7283
Quarry Pets	204-467-5924
Red River Coop Grocery	204-467-8469
Ritz Interiors	204-467-2903
Stonewall Family Foods	204-467-5553
Stonewall Florist	204-467-2470
Something Beautiful Gifts & Cafe	204-467-9620
Stonewall Home Hardware	204-467-5589
Stonewall Pharmacy	204-467-8385

Lessons & Activities

Quantum Dance Academy	204-998-7934
Keyboard Ventures	204-467-7388

Local Authorities Boards, Community Services & Churches

Community Futures East Interlake	204-378-5106
Community Living Interlake	204-467-9169
Gov. of MB, Investment & Trade	204-945-1055
Heroic Family Mission	204-872-3978
Interlake School Division	204-467-5100
New Life Church	204-467-5529
RM of Rockwood	204-467-2272
RM of Rosser	204-467-5711
Royal Canadian Legion Branch #52	204-467-2261
Stonewall & District Lions Manor Inc.	204-467-8531
South Interlake Agricultural Society	204-633-2144
South Interlake Regional Library	204-467-8415
South Interlake Seniors Resource Council Inc.	204-467-2719
Town of Stonewall	204-467-7979

Services

Advance Exteriors	204-221-3131
All About Travel	431-381-2040
Comco Pipe & Supply Company	204-467-8797
Commercial Comfort Inc.	204-461-4328
Doctor Decal	204-467-9405
Interlake Graphics/Stonewall Teulon Tribune	204-467-5836
Interlake Salvage & Recycling Inc.	204-467-9344
Lakewood Interiors & Renovations	204-797-8656
Rockwood Renovations & Carpentry	204-467-7366
Stonewall Glass 2012 Inc.	204-467-8929
Taplin Earthworks	204-467-5311
The Original Cabinet Shop	204-297-8013
Valley Fibre Ltd	1-800-958-5698
Waring Landscape Supply	204-467-8906

Automotive

Admiraal Auto Service	204-467-7512
Big Block Auto & Farm Supply	204-467-8384
Brake Family Auto	204-467-9156
Quarry View Esso	204-467-9454
Stonewall Tire (1971) Ltd.	204-467-5595

Roadside Assistance

Rockwood Wrecking & Recovery	204-392-4892
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✉ info@stonewallchamber.com

Local. Business. Community.

Festive fundraiser spreads holiday cheer

By Jennifer McFee

Local musicians are hitting a high note with a festive fundraiser that aims to improve the holidays for others.

Green Acres Art Centre in Teulon is teaming up with local musicians and volunteers to create a series of recorded Christmas songs. These merry tunes will be shared on their YouTube channel and social media accounts as part of a GoFundMe project to raise funds for the Teulon and District Cheerboard.

Lori Benn, vice-president of the GAAC board, explained the impetus of the initiative.

"Last year, local musician Trevor Ewankiw

initiated a GoFundMe challenge, tagging a few musical friends to perform and share Christmas carols on social media to raise money for the local cheerboard. The project was such a success, so we thought we'd expand on the idea and raise the fundraising goal this year," she said.

"We recruited several local musicians for the project, and with an amazing team of volunteers and GAAC board members, we tackled construction of a set, a beautiful Christmas backdrop and a temporary recording studio."

Recording began in early November. Since then, they've compiled a series of holiday music videos called "Don't Let Your Neighbour Have



Steve Klotz, sound and video tech



TRIBUNE PHOTOS SUBMITTED

Teulon Cheerboard members with David Trach, a local performing artist who announced the fundraiser at Teulon's Winterfest Craft Sale. Pictured back row, left to right: Amy Waluk, David Trach, Judy Hetherington; front row: Angela Fava and Amanda Hepples.

a Blue Christmas."

The first video will be released Dec. 1, with a handful of others rolling out through the month of December until Christmas Day.

"There's a total of six videos and 18 local artists involved with additional videos being contributed independently. We plan to provide people with a music-filled December. We'll be keeping the performing artist list a surprise — participants will be announced as their videos and songs are shared in December," Benn said.

"I think it's going to be a fun experience for viewers as we have a variety of music coming. One of the songs people can look forward to hearing will be an original composition from singer-songwriter Al Hanis of Teulon."

Continued on page 21



Interlake-Eastern
Regional Health Authority

Annual Strategic Planning Day

Thurs., Nov. 30, 2023 9 am - 12 noon

This will be a virtual meeting

Elected leaders, community members, staff and physicians are welcome to attend this annual review of our plan for the year ahead.

Presentations:

CancerCare - translating knowledge into action

Dr. Sri Navaratnam, President and CEO, CancerCare Manitoba

Applying the Indigenous Health Quality Framework

Dr. Marcia Anderson, Vice-Dean, Indigenous Health, Social Justice and Anti-Racism, Rady Faculty of Health Sciences, U of M

Dr. Amanda Fowler-Woods, Dept. of Community Health Sciences, Max Rady College of Medicine, Rady Faculty of Health Sciences, U of M

Social prescribing

Connie Newman, Executive Director, Manitoba Assoc. for Senior Communities

Dr. Michael Routledge, Medical Lead, Manitoba Assoc. for Senior Communities - Social Prescribing Project

Health equity panel discussion

Stakeholder consultation remains an important and required part of strategic planning.

MEETING REGISTRATION OPTIONS

VISIT:

<https://is.gd/IERHASTrategicPlanningDay>

EMAIL: info@ierha.ca

CALL: 1-855-347-8500



We are striving to host an accessible meeting. If you have recommendations as to how we can increase participation, please email info@ierha.ca

> FESTIVE FUNDRAISER, FROM PG. 20

This year's fundraising goal is \$2,000, and Benn is hopeful they might even exceed that amount.

"The local cheerboard distributes approximately 75 Christmas hampers to families in the Teulon and surrounding area each year. The concept of the project is to raise funds for the local Christmas hamper drive while giving our local musicians, artists, singers and students an opportunity to share the gift of music with people at a very special time of year," she said.

"For me, personally, it's been a joy to participate in the project as everyone involved has been enthusiastic about giving back to the community."

People can support the fundraiser by viewing the videos on the Green Acres Art Centre YouTube channel and the Green Acres Art Centre Facebook page starting Dec. 1.



Gareth McNicol-Briggs (GAAC guitar teacher), Lori Benn (GAAC vice-president) and Matt Chaput (musician).

"We hope people will support the project by sharing the music videos and GoFundMe link with friends and family and on their social media accounts — and, of course, by donating," Benn said.

"We'd love to see these videos and music shared and enjoyed well beyond our community. We want to help spread Christmas cheer by building community."

On behalf of the Green Acres Art Centre, Benn shared gratitude for community volunteer Steve Klotz for his help with this project, along with everyone else who helped to make it possible.

"Steve donated his time and talent and was responsible for the recording and editing of the six videos made at the United Church. The project would not have come together as it did without him. A heartfelt thank-you also to creative mind David Trach of Bucky Press for his participation in the project," she said.

"The project also served as a learning opportunity for some of our students and Jam Band members to work with newly acquired recording and sound equipment received through funding from a grant from Interlake Community Foundation. Thank you also to the United Church for the use of their facility for the project, all the volunteers and participants involved and to Amy Waluk and Amanda Hepples, co-chairs of the Teulon and District Christmas Cheerboard for their efforts each and every Christmas."

The videos and GoFundMe link to donate will be shared on the Green Acres Art Centre YouTube channel (<https://www.youtube.com/@greenacresartscentre4663>) and Facebook page (<https://www.facebook.com/Greenacresartscentre/>). The GoFundMe page can be found at <https://gofund.me/fee9a044>.

Donations can be made now until Dec. 30.



Journée de planification stratégique annuelle

Jeudi 30 novembre 2023, de 9 h à midi

La réunion se déroulera en mode virtuel.

Veillez noter que la réunion se déroulera en anglais.

Nous invitons les élus, les membres de la collectivité, le personnel et les médecins à participer à cette revue annuelle de notre plan pour l'année qui vient.

Présentations :

Action Cancer Manitoba - Traduire les connaissances en mesures concrètes

Dre Sri Navarathnam, présidente-directrice générale, Action Cancer Manitoba

Application du cadre de travail sur la qualité en matière de santé des Autochtones

Dre Marcia Anderson, vice-doyenne (santé des Autochtones; justice sociale et lutte contre le racisme); faculté Rady des sciences de la santé; Université du Manitoba

Dre Amanda Fowler-Woods; département des sciences de la santé communautaire; faculté Rady des sciences de la santé; Max Rady College of Medicine; Université du Manitoba

Prescription sociale

Mme Connie Newman, directrice générale, Manitoba Association for Senior Communities

Dr Michael Routledge, responsable médical du projet relatif à la prescription sociale de la Manitoba Association for Senior Communities

Débat d'experts sur l'équité en matière de santé

La consultation des parties prenantes demeure un élément important et nécessaire de la planification stratégique.

OPTIONS D'INSCRIPTION À LA RÉUNION

SITE WEB : <https://is.gd/IERHASTrategicPlanningDay>

COURRIEL : info@ierha.ca **TÉLÉPHONE :** 1-855-347-8500



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Nous nous efforçons d'organiser une réunion accessible. Si vous avez des recommandations sur la façon d'augmenter le nombre de participants, veuillez envoyer un courriel à info@ierha.ca

Balmoral celebrates success of sold-out fundraiser

By Jennifer McFee

Balmoral's Flight Night fundraiser was a high-flying success.

On Saturday, Nov. 4, the Balmoral Community Hall hosted the sold-out fundraising event, which raised funds towards the ongoing operation and continuous improvement of the facility.

Attendees enjoyed craft beers by Good Neighbour Brewing and Kilter Brewing company, as well as a warm snack by Lavender Farms.

Live music by the band Heartsleeve kept the crowd entertained.

"The event was a tremendous success, having easily sold all of the 170 tickets available. More importantly, all in attendance clearly enjoyed the evening of craft beer and live music. On that subject Heartsleeve performed beautifully and were joined by artist Lori Benn of Teulon, who equally impressed the crowd," said Doug Carter, who serves on the hall board with his wife Lisa.

"Fortunately, we did make a profit — although a more important outcome was the visibility the event brought to the hall, as well as the community-building it provided. The event was attended by long-term residents of the area, newer additions to the community, as well as young people who grew up in and around Balmoral."



TRIBUNE PHOTOS SUBMITTED

The band Heartsleeve provided lively entertainment.

Funds raised during the evening will help facilitate the renovation of the front entryway, a project that has been necessary for some time, Lisa added.

"From the perspective of the organizers, we would have to say that our favourite part of the evening was seeing the positive reaction of the crowd, which was both visible and endlessly stated to us throughout the evening," she said.

"We do not currently have a fundraiser on the calendar, but based on feedback from

attendees, we will very likely make this an annual event."

On behalf of the board, Doug expressed gratitude for everyone involved in creating such a memorable event.

"We would like to take the opportunity to thank both Kilter Brewing and Good Neighbour Brewing, each of whom not only provided excellent craft beer but supported us throughout the process, including the donation of door prizes," he said.

"In addition, we need to again thank Gareth McNichol-Briggs and his band Heart-



sleeve and special guest Lori Benn for putting on a truly great show. Last but not least, we would like to thank everyone who enthusiastically attended as well as those who were unable to attend but made a donation in lieu."

Geraldine's denture story: getting her smile and confidence back

BY ELISHA VANDOR

"This coming February, it'll be a year since my upper teeth were removed and the immediate denture put in," explained Geraldine who (due to degenerative gum disease) had no other option than to pull all her remaining upper teeth. She says, "truthfully, I had no idea that the gums did not have to heal before the immediate denture went in. As soon as Brock, the Denturist's denture went in my mouth right after the dentist did the extractions, it felt right and it felt good. It actually seemed to relieve the throbbing of the extractions. My gums started to heal very fast, and the denture felt great!"

Last week, Geraldine came in for a routine appointment to ensure the denture continues to fit and feel good. At that appointment we had the opportunity to hear her experience of coming to Vandor Denture Centre for the first time and throughout

the year. She so happily agreed to share with us her story. She says, "my first introduction to Brock was during my consultation appointment. I was worried because I didn't know what was possible with a denture, but excited for a smile again. I felt that he was genuinely concerned and interested as to what I wanted and what I was concerned about. At that first appointment, we took impressions and about 10 days later, the immediate denture was ready! I came back to see Brock after extractions, wearing the denture, and he started working his magic. Every time since then when I come to the office and see Brock, whatever the issue, if anything, whether it be looseness or a rough edge, he fixes it and makes it work. The denture just keeps getting better and better.

When I first got my dentures, I was so happy with how they looked and how they felt, the shape of the teeth and how unique it was to me. I walked around

smiling everywhere. I am getting compliments like crazy! My co-workers were even taking pictures! If anyone could see a before and after pictures there's just no comparison.

At first, it was process to eat with the denture. Brock had advised me to eat softer food, which worked like a charm. The extraction pockets healed over fairly fast and because the denture has always fit so great, chewing wasn't a problem. It was fine!

With you and your team here, I never want to miss my denture appointments! It really comes down to Brock's brilliance, service, and passion for what he does. Thank you for putting a smile back on my face. I sincerely thank-you from the bottom of my heart.

We are confident we can get you smiling like Geraldine too! Call our office today to schedule your free denture or dental implant consultation. **SENIOR PRICING**



Vandor Denture Centre patient, Geraldine shares her story of how she regained her confidence with a denture made uniquely for her.

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Teddy Bear Toss, Chuck a Puck set for Dec. 8

By Jennifer McFee

Mark your calendars for an opportunity to throw your support behind a local hockey team while also supporting a beary good cause.

This year's Teddy Bear Toss is set for 8 p.m. on Dec. 8 at Veterans Memorial Sports Complex while the Stonewall Jets face the St. Boniface Riels.

The initiative serves a double purpose — to encourage community members to fill the stands and cheer on Stonewall's Manitoba Major Junior Hockey team while also gathering brand new teddy bears for the local Christmas Cheer Board.

After the Jets score their first goal, fans will have the chance to throw new teddy bears onto the ice. Then one of the U11 boys' teams will collect the bears, which provides them with a fun way to be part of the action.

All the teddy bears will be donated to the local Cheer Board to be included in hampers for families in need. The event usually brings in about 100 new teddy bears for the cause.

The Jets organization is also selling Chuck a Puck with 50 per cent of the proceeds being donated to the Interlake Food Bank, while one lucky puck thrower will win the other half of proceeds.

"We are hoping to sell 300 pucks at \$10 each or three for \$20. If we sell all 300 pucks, its a minimum of a \$1,000 donation to the Food Bank and some extra cash for the lucky winner," said organizer Lana Meier.

There will be raffle tickets sold for a Winnipeg Jets



TRIBUNE PHOTO BY MICHELLE MYERS

The Stonewall Blues U11 boys' team will be assisting with the Teddy Bear Toss and the Stonewall Jets game on Friday, Dec. 8 at 8 p.m.

Mark Scheifele jersey to be drawn that night with proceeds being donated to the Cheer Board.

Donations of non-perishable food items will also be accepted for the Interlake Food Bank.

The Haven at
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Winterfest Craft Sale had a little bit of everything

By Lana Meier

Teulon's 25 annual Winterfest Craft Sale has come to an end after a very busy couple of days.

Over 1,500 customers passed through the doors of the Rockwood Centennial Hall to do a little Christmas shopping while supporting 50 entrepreneurs and the local Cheer Board. The Teulon Christmas Cheer Board received \$1,500 to spread more joy this seasons to local families. The winner of the 50/50 was Tim Green.

Photographer Judi Carroll once again captured the traditional Santa photos totalling 225 this year.

Organizer Darci Loehmer is grateful to the wonderful makers who choose Winterfest and to the customers who show up every year to support them. "The impact on our community means so much," said Loehmer.



TRIBUNE PHOTOS BY LANA MEIER



> STEM CELL TREATMENT, FROM PG. 17

dyslexia symptoms, which is where your body is trying to tell you that something's wrong," Alycia said.

"A week after we got home, she was starting to get lots of those symptoms where she was sweating and getting a fever and feeling unwell. We found out it's because she actually had a broken leg. As soon as she got that cast on her leg, all of those symptoms went away. She's my fragile little butterfly."

Amaya has been seeing an endo-

crinology to find out about a potential treatment to strengthen her bone density.

While she heals, they'll also be watching for any changes that might result from her recent stem cell treatment. About six weeks after her previous treatment in Thailand, she started to have more response in her legs, so they know it might take a little time to see any impacts.

Looking ahead, the family is already planning for Amaya's next

round of stem cell treatment, as long as she is eligible.

"Amaya can keep going to get stem cells as long as she keeps getting progress from them. We're going to start saving again now. We give reports every month to her doctor in Thailand," Alycia said.

"Around the five-month mark, he'll let us know if she's eligible again or not. She will go as many times as she possibly can."

They'll likely wait until the new

year to embark on their next fundraising efforts, with a few plans already in the works.

Alycia also expressed gratitude for the community's support and generosity throughout this entire experience.

"If it wasn't for the community, we wouldn't have been able to go again when we did," she said.

"Thanks to everyone in the community from me and Amaya and our family for helping us get there."

Teulon-Rockwood fire chief Trombo resigns

By Autumn Fehr

The Town of Teulon accepted the resignation of Fire Chief Ryan Trombo effective Dec. 31, 2023. Trombo will remain a member of the Teulon-Rockwood Fire Department. Effective Jan. 1, 2024, Scott Skinner will take over the role of fire chief.

The Town of Teulon will extend the services of Napier Emergency Consulting to provide emergency consulting services and municipal emergency co-ordination services from Jan. 1, 2024, to Dec. 31, 2024, for \$5,000 plus GST.

Council will also extend the review of wastewater rates for the Teulon Wastewater Utility to Jan. 31, 2024, to allow for the inclusion of data from the full year of tipping fee revenue. Way to Go Consulting is authorized to perform the study.

The committee of the whole meeting scheduled for Nov. 29 was changed to Nov. 22, as council will attend the 2023 AMM Fall Convention on the

same day.

In addition, the committee of the whole meeting scheduled for Dec. 27 has been cancelled.

Council approved the following payments:

- Staff payroll Oct. 27 for \$13,203.42 and Nov. 10 for \$13,239.96.
- Council indemnities Nov. 10 for \$1,816.65.
- The fire department's payroll Nov. 15 for \$9,930.35.

IN OTHER COUNCIL NEWS:

- Council gave first reading to a bylaw to regulate the use of snowmobiles within the limits of the Town of Teulon.

- Council also gave first reading to a procedures bylaw.

- The mayor and CAO are authorized to execute the mutual aid memorandum of understanding agreements between the Town of Teulon and the RMs of Armstrong, Woodlands and St. Andrews.



Scott Skinner will be taking over in the new year.



Ryan Trombo has resigned from the Teulon-Rockwood fire chief position as of Dec. 31.

- Council approved the CAO's 10 overtime hours from Oct. 1 to Nov. 14.

- Council approved the installation of a stage lift, donated by Kirt Ansell, at the Teulon Rockwood Cen-

tennial Centre, subject to Mr. Ansell obtaining any necessary approvals from the South Interlake Planning District and obtaining a stamped engineer's certificate of approval at his expense.

CSC students ready to pass on some holiday cheer

By Jo-Anne Procter

Students from Collège Stonewall Collegiate (CSC) leadership team are one again spreading holiday cheer.

On Dec. 8, the students will be hosting the Passing on the Cheer volleyball tournament.

Organizers are hoping for 30 teams. There will be divisions for teams aged 12 to 14, 14 to 17 and 18 and over. Each team must have a minimum of six players and the cost is \$30 per player. Teams are encouraged to bring a non-perishable food item that will be donated to the Interlake Food Bank.

"Passing on the Cheer is one of my favourite events to host and especially MC," tournament organizer Lexi

Anderson-Schmidt told the *Tribune*. "It is an amazing way to get into the spirit while also giving back and enjoying time with the community."

Half of the proceeds raised will go to the Stonewall & District Christmas Cheer Board and the other half to Something Beautiful.

To register, contact 431-374-6126 or by email at lexiandersonschmidt@gmail.com. Registration will be closed on Nov. 24.

On Dec. 5, CSC clubs and sports teams will be going door to door in Stonewall to collect non-perishable food items and monetary donations for the cause.



TRIBUNE PHOTO BY CODY BENSON

The Collège Stonewall Collegiate leadership team is gearing up to host the annual Passing on the Cheer volleyball tournament on Dec. 8. Pictured left to right: Lexi Anderson-Schmidt, Mikayla Breton, Daisy Uhrus-Todd and Elia Groselle.

Local Christmas Cheer Board looking for donations

By Jo-Anne Procter

The Stonewall & District Christmas Cheer Board delivers cheer to people in need at a time when they need it most.

It has become a tradition in our community for a group of volunteers to collect and deliver food and toys during the Christmas season to local families. This year, the Cheer Board is accepting new unwrapped toys, games, books, clothing and hopefully

many different sizes of pyjamas; however, they will no longer be accepting non-perishable food items.

"We learned out of necessity during our COVID Christmases that families were thrilled to receive gift cards to local grocery stores as opposed to actual hamper grocery items," Jacquie Derewianchuk, local Cheer Board volunteer told the *Tribune*.

"There are many people who have

food sensitivities, allergies and dislikes, which makes it more feasible for families to choose their own groceries to compliment turkeys and hams purchased by the Cheer Board."

Derewianchuk said some businesses and organizations are still collecting non-perishable food items, which can be donated directly to the Interlake Food Bank.

To order a Christmas Cheer Board

hamper, call 204-467-7370. They can be ordered until Dec. 10 with hamper pick up on Dec. 16. Hamper requests must be made each year.

All donations are greatly appreciated, and monetary donations can be made at Access Credit Union in Stonewall or by e-transfer to stonewallcheerboard@gmail.com with your mailing address included for tax receipt.

Lakeside MLA visits Something Beautiful

By Jennifer McFee

Lakeside MLA Trevor King has been busy creating community connections after he was elected to the role last month.

On Monday, Nov. 6, King met with Community Living Interlake representatives in Stonewall at their social enterprise Something Beautiful Café. The organization had reached out with some concerns about government funding and also to share insights about the organization with the elected official.

"I was more than happy to be able to accommodate their request with the time I had available and meet with some of their board and staff that dedicate their time to such a wonderful organization in our community," King said.

"All community organizations are important to me, and I am interested to get to know about them all and what their concerns are and how they operate."

Jimm Simon, executive director of Community Living Interlake, was

pleased that King took time to meet with them.

"We were very excited to be on the MLA's itinerary so early in his mandate," Simon said, "and we hope to have some productive discussions with him about our future."

Looking ahead, King plans to continue meeting with community groups throughout the constituency.

"I hope to be able to work with and listen to many community organizations in Lakeside and get to know what they are all about," he said. "My mandate is to listen to any concerns with an open-door policy to the best of my ability."

At the Opposition leader's request, King will attend the upcoming Association of Manitoba Municipalities conference in his role as opposition critic for Municipal and Northern Relations. The conference takes place in Brandon from Nov. 28 to 30.

Any other meeting requests can be made through King's constituency office at 319 Main St. in Stonewall or by calling 204-467-1998.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Lakeside MLA Trevor King paid a visit to Something Beautiful Café in Stonewall last week. Left to right: Jimm Simon, executive director of Community Living Interlake (CLI); Alan Campbell, CLI board member; Nancy Dzwinchuk, director of social enterprise; Laurie Beachell, CLI board member; Trevor King, MLA for Lakeside; Ryan McMorris, culinary director; Tracy Fidler, director of client care; and Lisa Highmoor, CLI board member.

Local author makes the longlist for the CBC 2023 Nonfiction Prize

Taylor Arnt gets work recognized on national stage

By Katelyn Boulanger

An author from St. Andrews has made it on the CBC 2023 Nonfiction Prize longlist setting themselves apart on a national level.

"I wrote a piece called The monarch and the matriarch. My short-form description of it is that it's an intergenerational exploration of matriarchy," said Arnt.

Arnt writes under the penname Tay Aly Jade and a full version of the submission is available on their blog.

"My mom gave me a pair of Monarch butterfly earrings last year before beginning graduate school and she wrote a letter with it, explaining that the monarch butterfly goes on this amazing journey. It spans from Canada to Mexico. Along this journey are multiple generations of Monarch butterflies, who passed away along the way. But the fourth generation, that is the super generation and is the one that makes the last leg of the journey," said Arnt.

After the initial inspiration from their mother, Arnt learned more about the monarch butterfly and felt a connection between it and their own family's experience.

"[My writing] goes back and forth between metaphors around the monarch butterfly, but also telling the story of both sides of my ancestors. How my European ancestry got to Canada, but also my Anishinaabe ancestry that's been here since time immemorial, and talking about how these two worlds came together," they said.

Arnt says that they felt a calling to write from a young age.

"I remember being at St. Andrew's school in fifth grade, and we had a short story writing assignment and that was my most favourite assignment ever in class. I wrote this gender-bending fairy tale. I was very feminist. And then, in high school, I took on this big project. It was a journal that I wrote all about my experience of being 17 years old at that time. I was able to be very, open and honest and raw, in sharing the experience of what it was like to be a teenager going to the Comp. Then I put it away but it was always kind of there in the background," said Arnt.

They picked writing back up in university, however, and have continued to write.

Arnt thought that submitting work

to the CBC 2023 Nonfiction Prize was a long shot but thought they would try anyway.

"I really loved the piece that I had written, I think it was one of the best pieces that I'd written up to that point. And, I knew it was a really important story, one that needed to be told, because I don't think there are enough stories about mixed people, people who grapple with what it means to be Indigenous and White, or other ethnicities. And so, I think my story really is emblematic of the Canadian multicultural experience," said Arnt.

Though they are still at the beginning of their writing career they've already achieved a lot with this submission and plan to continue to write.

"Next year, I'm planning to write my first book, it's already in the works. But I would love to get that out into the world. I think within the next couple of years, people can expect to see that on bookshelves and be able to buy it and support me as an author," said Arnt.

To read the Monarch and the Matriarch check out Arnt's blog at <https://www.tayalyjade.com/posts/the-monarch-and-the-matriarch>.



TRIBUNE PHOTO SUBMITTED
Local author Taylor Arnt makes CBC 2023 Nonfiction Prize longlist.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cvar earns CHA honour



TRIBUNE PHOTO SUBMITTED
College Hockey America announced that Mercyhurst graduate student Olivia Cvar was named the CHA forward of the week for the period ending Nov. 11. Cvar had three points (two goals and an assist) in a series against Princeton. She also added two blocks and eight faceoff wins. This was Cvar's first career CHA weekly honour.

U10 Interlake Ignite ringette brings home gold

By Lana Meier

The Interlake U10 Ignite ringette team had a busy weekend Nov. 18-19. They started Saturday with a regular league match against the Southwest Fury in Winnipeg. Thanks to Maise Kett's timely goal in the last second, the game ended in a 6-6 tie.

Later that day, they made their way to Portage la Prairie for the Thunder Ringette Tournament. The first tournament game resulted in a 7 to 4 win, including a hat trick by Jaelyn Brookes of Stonewall.

The second game, their third game of the day, was a loss that landed them in the Sunday 8 a.m. playoff. The Ignite were strong against Boni Vital Castenda with an 8 to 2 win, which propelled them to the gold medal final. Boni Vital Hiebert was a tough opponent that had previously beaten Ignite in the round robin as well as a pre-season exhibition game. Ignite fought hard, and a strong scoring effort by Olivia Cychowski of St. Andrews and a solid backstop at goal by Declan Bush of Selkirk helped bring the gold home in a 10 to 7 victory.

Big thanks to coaches Robbie Cox,

Tara Thompson, Cara Surzyshyn and Alyssa Vanwart. hard-working junior coaches Kaitlyn



TRIBUNE PHOTO BY PAM CYCHOWSKI

Pictured back row: Jane Dufault, Addison Bullen, Isabella Cychowski, Declan Bush, Brielle Cochlan, Ellie Cox, Ellie Thompson; front row, Maya Winchar, Maisie Kett, Jaelyn Brookes, Addison Chaput, Saraphina Schmidt and Olivia Cychowski. Missing from the photo: Taya Surzyshyn-Ruud and Karly Penner.

Youth curlers win bronze



TRIBUNE PHOTO BY ASHLEY MISSIABIT

Stonewall's Isla Gemmill and her team won bronze medals at the Gimli Youth Bonselpiel this past weekend. They defeated the Anderson team of Winnipeg 6-3 on Sunday. Pictured, left to right, Ella Douglas (lead), Chelsea Thomas (second), Kalli Missiabit (third), Isla Gemmill (skip) and Cliff Skibinski (coach).

Warren advances to 'AA' provincials



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Warren Collegiate Wildcats' Jenna Cassidy hits the ball at the net while the Teulon Collegiate Saints' Teagan Price, left, and Monika Stolle go up for a block during MHSAA 'AA' varsity girls' provincial volleyball qualifier action last Saturday.

Warren JV boys and girls headed to provincials



TRIBUNE PHOTO JODIE CHARTRAND

The Warren Collegiate junior boys captured the MHSAA Zone V volleyball championship banner after defeating the Fisher Branch Cougars in the final 25-20 and 25-14. Warren will travel to The Pas to represent Zone V in the MHSAA Junior Boys A/AA volleyball provincial championship Nov. 23-25. Pictured back row, Mark Hnatuk (coach), Seth Stepaniuk, Chase Hnatuk, Ashton Chartrand, Daniel Koss, Sylar Unger, Espen Sund and Layne Noren. Front row, Sawyer Park, Kade Schedler, Ryder Clair, Bennet Bergthorsen and Clayton Langrell.



TRIBUNE PHOTO SUBMITTED

The Warren Collegiate Wildcats are headed to the MHSAA 'A/AA' junior varsity girls' volleyball provincials after defeating the Morweena Raptors 2-0 (25-15, 25-18) in the Zone 5 final last Wednesday. Pictured back row, left to right: Torie Galbraith, Paige Seidel, Chyler Grenkow, Sara Knutson, Danika Shaver, Natalia Lavallee-Thang, Julia Oliver, Brooklyn Voth and Andrea Schutz (coach). Front row, left to right: Cadie Huard, Camryn Oliver, Kiera Schutz and Blake Darragh. Missing from the photo are Jessica Chrusch and Kim Cassils (coach).

Warren Mercs improve to 5-0

By Brian Bowman

The Warren Mercs continue to dominate early in the South Eastern Manitoba Hockey League season.

Warren improved its record to 5-0 with a very impressive 8-1 home win over the Altona Maroons last Friday.

Carson Ouellette, with a pair of goals, Kyle Lundale and James Maxwell scored in the first period before Dawson Braun tallied in the second.

Maxwell finished the game with four points.

The third period saw the Mercs' Brenden Luschinski, Chase Faulkner and Ouellette score to complete his hat trick.

Warren's Foster Bytheway had three assists in the game while Dexter Kuczek chipped in with two helpers.

Altona's Justin Augert snapped Mercs' netminder Mitch Adamyk's shutout bid at 4:10 of the third period.

Warren will host the Winkler Royals this Saturday. Game time is 8 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Mercs' Dawson Braun (14) scored a goal and added three assists in Warren's dominating 8-1 home win over the Altona Maroons last Friday

Wildcats maul Marauders in WHSHL action

By Brian Bowman

The Warren Collegiate Wildcats absolutely destroyed the Maples Collegiate Marauders 14-1 last Friday at the South Interlake Recreation Centre.

It was points night for several Warren players.

Owen Shymko (four goals, three as-

ists), Dylan Riddell (two goals, four assists), Cayden Ingimundson (goal, five assists), Colton Bruce (two goals, two assists), Carter Olson (two goals, two assists), Quinn McKinght (goal, two assists), Ty Olson (goal, assist), Shae McLeod (goal) and Daniel Koss (assist) were all part of the fun.

Tristan Ross scored a first-period goal for Maples.

Wildcats' goaltender Mason Klassen earned the win.

Last Wednesday, the Wildcats were nipped 3-2 by the Scorpions in Lorette.

Owen Shymko scored a pair of goals

for Warren while Cohen Wright-Makara, Grayson Carriere and Jaxon Beauchemin replied for Lorette.

Warren will host the Edward Schreyer Barons on Monday at 3 p.m. and the Pierre Elliott Trudeau Canadians Thursday at 3 p.m.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U18 AAA Lightning teams earn win last weekend

By Brian Bowman

The U18 AAA Interlake Lightning male hockey team lost 6-2 to the Brandon Wheat Kings on Sunday in Teulon.

Interlake goals were scored by Talon Hogg and Morgan Waddell while Easton Odut (two), Loughlan McMullan (two), Jaxon Jacobson and Ethan Stewart replied for Brandon.

On Saturday, Interlake knocked off the Norman Northstars 7-3 in Teulon.

The Lightning, which built period leads of 5-0 and 7-1, had solid performances from several players.

Offensively, Waddell paced the club with a hat trick while Cole Swanson added a pair of goals and Ian Buors added a goal and two assists.

Blake Farthing also tallied for Interlake.

Norman goals were scored by Liam Tattuinee, Gregory Wiseman and Prime Paniyuk.

Alex Myers stopped 41 Northstars shots for the victory.

Last Friday, the Lightning outscored the Yellowhead Chiefs 8-6 at the Selkirk Recreation Complex.

Interlake grabbed a 4-0 first-period lead but Yellowhead replied with a pair of goals in the second. Defence was thrown out the window in the third as both teams combined for eight goals.

Drew Russell led the Lightning with two goals and an assist while James Franklin, Waddell, Lucas Spencer, Swanson, Ryder Kirk and Mathias Sibilleau also tallied.

Yellowhead goals were potted by

Rory Poole (two), Max Collyer, Addison McIntosh, Isaac McArthur and Rowin Richmond.

Dylan McFadyen made 20 saves for the win.

Interlake, now 9-7-1 and in sixth place in the 12-team league, will host the Kenora Thistles this Saturday (7:30 p.m.) and Sunday (1 p.m.) in Teulon.

U18 AAA FEMALE HOCKEY LEAGUE ACTION

In Manitoba U18 AAA Female Hockey League action, the Interlake Lightning capped off a fantastic weekend after shutting out the Central Plains Capitals 2-0 on Saturday in Stonewall.

Brooke Barylski and Delainey Rigaux scored for the Lightning.

Rachel Halldorson was perfect, making 24 saves for the win.

Last Friday, Interlake played another great game as they edged the Pembina Valley Hawks 3-2.

The Lightning, which grabbed a 2-0 first-period lead, received goals from Barylski, Emily Gagne and Mackenna Steeves.

Pembina Valley's Sophia Cox and Emma Durand replied for the Hawks.

Halldorson was solid in goal once again, stopping 26 Capitals' shots.

Interlake will be on the road this week for a pair of games. The Lightning will take on the Winnipeg Avros Wednesday (7:15 p.m.) at the Seven Oaks Sportsplex and the Capitals Friday (7:45 p.m.) in Portage la Prairie.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Interlake Lightning's Emily Gagne scored a goal in her team's 3-2 home win over the Pembina Valley Hawks.



Interlake's Bre-Ann Windross and Chloe Minkus have a good scoring opportunity against Pembina Valley's goaltender Kasia Rakowski.

U17 AAA Lightning split weekend games

By Brian Bowman

The Interlake Lightning U17 AAA boys' hockey team posted a 1-1 record last weekend.

On Sunday, Interlake was defeated 7-1 by the Central Plains Capitals in Lundar.

Ty Sadowski scored a third-period goal for Interlake.

Central Plains' goals were tallied by Tegan Fehr (three), Melvin Mercredi (two), Campbell Park and Ethan Breakey.

Last Friday, Interlake snapped a five-game losing streak with a solid 5-1 win over the Westman Bandits in

Elkhorn.

Darrell Murdock and Hayden Kaczorowski scored first-period goals for the Lightning.

After Westman's Shane Elder tallied with the man advantage in the second period, Interlake closed out the game with third-period goals by Kaczorowski (power play), Dominick Collins and Bradley Kemkaren (power play).

Collins finished the game with three points while Peyton Thiessen had two assists.

Lightning goaltender Nathan Meisner was rock solid, making 27 saves

for the win.

Interlake will host the Winnipeg Wild on Friday (7 p.m.) and Westman Sunday (2 p.m. in Warren.

In U15 AAA action, Interlake was edged 5-4 in overtime by the Yellowhead Chiefs in Arborg on Sunday.

Lightning goals were scored by Ashton Baldwin (two), Tavyn Sigurdson and Damon Marquart.

Yellowhead markers were tallied by Athens Shingoose (three) and Brody Bohemier (two).

Last Saturday, Interlake was beaten 8-2 by the Southwest Cougars in Warren.

Lightning goals were scored by Hudson Sigurdson and Ty Johnson. Both goals came on the power play.

Cougars' goals were notched by Eric Berger (four), Jack Polasek (two), Jaxsten Hansen-Young and Aubrey Culevier.

Interlake played the Pembina Valley Hawks this past Tuesday but no score was available. The Lightning will host the Parkland Rangers on Saturday (4 p.m.) in Warren and then visit the Brandon Wheat Kings on Sunday (2:45 p.m.).

Stonewall Jets edged in overtime by Victorias

By Brian Bowman

The Stonewall Jets were downed 5-4 in overtime by the St. Vital Jr. Victorias in Manitoba Major Junior Hockey League action last Thursday in Winnipeg.

Connor Mitchell scored the game winner in OT.

St. Vital's other goal scorers were Tyler Rubigny (two), Jack Kaiser and Ryland Nechwediuk.

Karson King (two), Peyton Bateman and Mason Laarveld replied for the Jets.

Bateman had a solid game with three points in the first period.

Stonewall scored two short-handed goals and a power-play one in a whopping 13 man-advantage opportunities.

Stonewall, now 3-7-3-1, hosted the Charleswood Hawks this past Tuesday but no score was available.

The Jets will visit the Ft. Garry/Ft. Rouge Twins on Friday (7:30 p.m.)



The Stonewall Jets celebrate Karson King's tying goal late in the third period in a 5-4 road loss to the St. Vital Victorias last Thursday in Winnipeg. King scored short-handed on a break away.



TRIBUNE PHOTOS BY LANA MEIER

and then host the River East Royal Knights Sunday (7 p.m.).

Rams headed to provincials



TRIBUNE PHOTO BY LEXI ANDERSON-SCHMIDT

The College Stonewall Collegiate Rams varsity boys' volleyball team will compete at the MHSAA 'AAA' provincials in Dauphin from Nov. 30 to Dec. 2. Pictured are Spencer Schaeffer, Nathaniel Greenidge, Luke Bullivant, Jackson Vandersteen, Andrew Harold, Caleb Enns, Ben Toews, and Owen Nishi. Missing from the photo is Cai James.

Rams edged by Royals in boys' hockey

By Brian Bowman

The College Stonewall Collegiate Rams were defeated 5-4 by the Selkirk Royals in Winnipeg High School Hockey League Platinum Promotions Division action last Thursday at the Recreation Complex.

Selkirk, which built period leads of 2-0 and 4-2, received goals from Tony Pyner (two), Deacon Kemp (two) and Gaven Berry.

Adam Newcombe, Justin Braid, Gavin Holod and Evan McMurtry replied for the Rams.

Newcombe finished the game

with four points while Braid had three points.

Last Wednesday, the Rams were defeated 6-1 by the Westwood Warriors.

Stonewall's goal was scored by Newcombe while Noah Curtis (two), Carter Shabaga, Cole Warsaba, Will Brooks and Shae Guarino answered for Westwood.

Stonewall will host the J.H. Bruns Broncos on Wednesday (4 p.m.) and then take on the Dakota Lancers at the Dakota Community Centre the following day. Puck drop is 4 p.m.

Stonewall Jets Player Profile

#22 Brayden Kohlman
Forward

Come out to support the Jets



UPCOMING GAMES

Stonewall Jets at Ft. Garry/Ft. Rouge Twins Sunday, Nov 24 at 7:30 p.m. Century Arena Winnipeg

Tuesday, Nov 26 at 7 p.m. River East Royals Knights at Stonewall Jets Stonewall VMSC

Teddy Bear Toss

Friday, Dec. 8 at 8 p.m. Bring a new teddy bear to toss when the Jets score their first goal. **Chuck a Puck - Your chance to win \$1,000**



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BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

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Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204-338-4292.

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New 7 1/4" circular saw, carbide tipped blade, \$60; Stihl gas chainsaw with case, very little use, \$200. Call 204-344-5367.

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Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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THE RURAL MUNICIPALITY OF ROCKWOOD EMPLOYMENT OPPORTUNITY

FINANCE OFFICER - TAXATION / ACCOUNTS RECEIVABLE

The Rural Municipality of Rockwood is seeking applications for the position of Finance Officer

Reporting to the Manager of Finance, the Finance Officer is responsible for providing financial and clerical services and will assist with the day-to-day management of financial transactions and procedures. This is a permanent, full-time position.

Qualifications / Duties / Responsibilities

- Diploma in Accounting / Business Administration or 3 years experience in an accounting and administrative role
- Ability to work independently and as part of a team in a fast-paced environment.
- Able to prioritize work to meet deadlines.
- Experience with Microsoft Office applications.
- Process Taxation and Accounts Receivable transactions – including property tax billing and tax roll maintenance, accounts receivable invoicing, online payment receipting, etc.
- Create journal entries, maintain the general ledger and inter-funding.
- Assist the Manager of Finance with gathering information for annual budget and annual audit.
- Answering and directing phone calls.
- Other duties may be assigned that would reasonably be expected by a person in this position.

Preference given to those with:

- Municipal accounting knowledge background
- CMMA designation

The Rural Municipality of Rockwood offers a competitive salary with a comprehensive benefits package.

A complete job description may be obtained on the R.M. of Rockwood website at www.rockwood.ca or by email at info@rockwood.ca.

Applications should be marked "**Application for Finance Officer – Taxation / Accounts Receivable**" and should contain a full resume with three references.

Forward applications, no later than 4:00 p.m. on November 30, 2023, to:

Chris Luellman, CAO
Rural Municipality of Rockwood
285 Main Street - Box 902
Stonewall, MB R0C 2Z0
Email: cao@rockwood.ca



OPEN HOUSE

STONEWALL ANNEXATION PROCESS AND NEXT STEPS

You are invited to attend an open house event to learn more about the next steps in the Annexation Process. This meeting will be an opportunity for the two municipalities to provide information on the annexation process and the lands that have been included in the approval, as well as address questions and concerns.

You can participate in the Open House – which will take place from **7:30 – 9:00 PM on Tuesday, December 5th** – in person at the Heritage Arts Centre in Stonewall.

TUESDAY DECEMBER 5	7:30 PM- 9:00 PM	HERITAGE ARTS CENTRE 166 MAIN STREET, STONEWALL
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For more information please visit the Town of Stonewall's website at www.stonewall.ca Information is found under the "Town Hall" tab under "Documents" in the folder labeled "Annexation Documents & Reports"

THE RURAL MUNICIPALITY OF ROCKWOOD EMPLOYMENT OPPORTUNITY

OFFICE CLERK

The Rural Municipality of Rockwood is seeking applications from qualified individuals for a permanent full-time position of Office Clerk/Administrative Assistant.

Wage will commensurate with qualification and experience. Excellent Employee Benefits package.

The preferred Applicant will have strong administrative skills and the ability to positively interact with the public, staff and Council. Applicants must be familiar with computer programming including Word and Excel programs.

Applicants must be enrolled or willing to enroll in the Certificate in Manitoba Municipal Administration Associations' (CMMA) Certificate program.

A complete job description may be obtained on the R.M. of Rockwood website at www.rockwood.ca or by email at info@rockwood.ca.


Applications should be marked "**Application for Office Clerk / Administration Assistant**" and should contain a full resume with three references.

Forward applications, no later than 4:00 p.m. on November 30, 2023, to:

Attention: Chris Luellman, CAO
The Rural Municipality of Rockwood
285 Main Street, Box 902, Stonewall MB R0C 2Z0
Telephone No. 204-467-2272
Fax No. 204-467-5329
E-mail Address: info@rockwood.ca

Thank you to all Applicants for your interest, however, only candidates selected for interviews will be contacted.

Chris Luellman, CAO
The Rural Municipality of Rockwood



FARMERS AND RANCHERS

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Building Inspector (Permanent / Full Time) R.M. of Rosser Office (CentrePort)

The South Interlake Planning District (SIPD) is accepting resumes for the position **Building Inspector (Permanent / Full Time)**. Under the direction and supervision of the South Interlake Planning District's (SIPD) Chief Building Inspector, the Building Inspector is responsible for the management of commercial and residential building files throughout the Planning District and the Inland Port Special Planning Area (IPSPA).

Please see the complete **Job Description** at <http://www.sipd.ca/p/employment-opportunities> for details on the position.

REQUIRED SKILLS & QUALIFICATIONS:

- Must possess a High School Diploma, GED, or equivalent;
- Preferred candidate will have or be eligible to obtain a Certified Engineering Technologist (CET) designation;
- Must have a minimum of five (5) years of practical experience working with development and building regulations and/or in the construction field as a tradesperson;
- Must have successfully completed Part 3 and Part 9 Manitoba Building Code courses;
- Must have a detailed understanding of *The Buildings Act* (Province of Manitoba) and Building, Energy, Plumbing, and Fire Code requirements;
- Proven ability to provide professional communication, both verbally and in written form;
- Ability to exercise sound judgment when assessing technical information from a variety of expert sources;
- Ability to exercise courtesy, tact and sound judgment when discussing development and construction projects with developers, consultants, external agencies, representatives of other levels of government, Planning District staff, and members of the general public;
- Must be familiar with desktop computers, office related software (e.g., MS Office programs) and equipment, and data/permit management programs (e.g., CloudPermit, etc.);
- Must work efficiently and with frequent interruptions.

HOURS OF WORK: Monday to Friday, 8:30AM to 4:30PM, with one hour for lunch.

COMPENSATION: \$75,000-\$85,000 annually (35 hours per week), plus an attractive benefits program. Compensation shall be commensurate with qualifications and experience.

If you are interested in applying for this position, please send or email your cover letter, resume, and three references (a minimum of two references must be work-related) to **Eric Shaw, General Manager of SIPD**, by **Friday, December 8, 2023, at 12:00PM CST** at eric.shaw@sipd.ca.

We thank all those for applying, however, only those selected for an interview will be contacted.

UPCOMING EVENTS

Holiday Market Gifts & Crafts, Saturday, December 2, 2023, 10 a.m. - 3 p.m., Holy Eucharist Hall, 500 Pacific Ave., Selkirk. Admission \$2 - proceeds to Selkirk Food Bank.

FLIGHT ACADEMY

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RURAL MUNICIPALITY OF ROCKWOOD UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

R.M. OF ROCKWOOD BY-LAW NO. 16/23
Being an AMENDMENT to the R.M. OF ROCKWOOD
ZONING BY-LAW NO. 20/19, as amended.

HEARING LOCATION: Rural Municipality of Rockwood Council Chambers
285 Main Street, Stonewall, MB

DATE & TIME: Wednesday, December 13, 2023, at 11:00 AM

GENERAL INTENT: To re-zone Pt. SW ¼ 18-14-02 EPM from "MEH" Industrial Extractive Holding Zone to "ME" Industrial Extractive Zone to support aggregate extraction.

AREA AFFECTED:



FOR INFORMATION CONTACT: Eric Shaw, General Manager
South Interlake Planning District, 5-15 Davis Way,
R.M. of Rosser, MB, R3C 2E6,
Phone: 204-467-5587

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property Owners are responsible for notifying lessee

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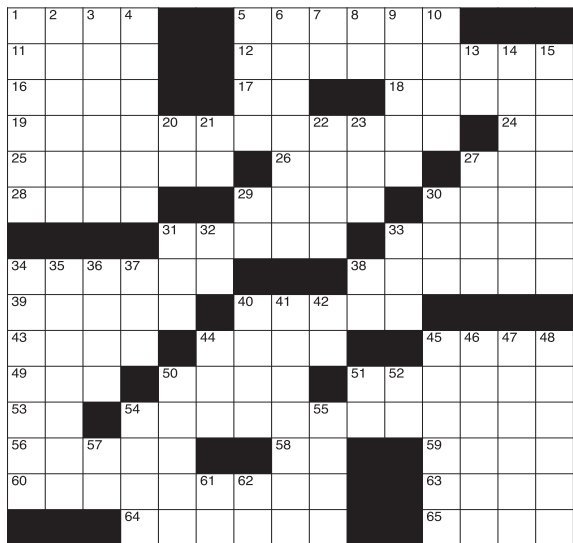
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CROSSWORD

CLUES ACROSS

1. Nocturnal S. American rodent
 5. Requesting
 11. Give temporarily
 12. Happiness
 16. Military branch
 17. - __, denotes past
 18. Middle Eastern city
 19. Air hostesses
 24. Partner to Pa
 25. Percussion instrument
 26. Popular computers
 27. Decrease light
 28. Valley in the Osh Region
 29. "To __ his own"
 30. Absence of difficulty
 31. Notice announcing intended marriage read out in church
 33. Trims by cutting
 34. Impact
 38. Military member
 39. A French river
 40. Member of prehistoric people in Mexico
 43. Messenger ribonucleic acid
 44. Musician Clapton
 45. Greek sophist
 49. Largest English dictionary (abbr.)
 50. Narrow valley
 51. A way to disentangle
 53. Indicates not an issue (abbr.)
 54. Recommending
 56. Genus of legumes
 58. Friend to Larry and Curly
 59. Off-Broadway theater award
 60. Fencers
 63. Small Eurasian deer
 64. Denoting passerine birds
 65. Separate by category
- CLUES DOWN**
1. Colorless fluid part of blood
 2. Of a main artery
 3. Photographic equipment
 4. Confirms a point
 5. Developed over time
 6. Not the leader
 7. __ Lang (country singer)
 8. Adults need one
 9. Nests of pheasants
 10. Antelopes
 13. One quintillion bytes (abbr.)
 14. Japanese three-stringed lute
 15. Type of cat
 20. Cools your home
 21. The ancient Egyptian sun god
 22. Pouches
 23. Trigraph
 27. Form of Persian spoken in Afghanistan
 29. __ route
 30. Body part
 31. Bridge building degree
 32. Indicates position
 33. Political action committee
 34. Tasty snack
 35. Part of a quadruped
 36. Locate
 37. Pitching statistic
 38. Of I
 40. City in Utah
 41. Football players in the trenches
 42. Hammer is one
 44. A "nightmarish" street
 45. Performers
 46. Slang for cut or scrape
 47. More breathable
 48. Most slick
 50. Provokes
 51. Home to college's Flyers
 52. Sodium
 54. Large fish of mackerel family
 55. Zero
 57. __ and behold
 61. The Palmetto State
 62. Popular Tom Cruise movie franchise (abbr.)



Announcements Stonewall Teulon Tribune

IN MEMORIAM



Ross (Bud) McRae
 June 21, 1929 – November 23, 2019
 If I had seven minutes in Heaven,
 I'd know just what I would do;
 Take a walk down those golden streets,
 And find a quiet corner booth.
 I wouldn't spend all my seconds askin' God
 questions,
 'Cause he knows I'll be back soon;
 If I had seven minutes in Heaven,
 I'd spend them all with you.
 Love you unconditionally,
 Miss you every day, Dad.

-Love Bonny,
 Mom and family

IN MEMORIAM



Colleen Rohne
 November 25, 2020
Colleen, Mom, Ma, Soos
 You taught us it is the simple things in life
 that matter most, like a cuddle, a phone call,
 sharing a meal and of course just time spent
 together.
 Holding your memory and love close – Jack;
 Raelyne, Lance and Kenzie; Bradon, Jen,
 Callie and Kylee; Lisa and family and Sonny
 and family
 May the wind blow softly,
 And whisper in your ear;
 How much we love and miss you,
 And wish that you were here.

CARD OF THANKS

We would like to thank all our family and friends
 for the visits, food trays, floral arrangements,
 cards, text messages and phone calls during
 this difficult time when we lost our son Rick.
 Your thoughtfulness was very comforting.
 -Ted and Shirley Glucki

CARD OF THANKS

Barb Olson – I'd like to thank my girls and
 all the 52 grandchildren that helped put on a
 super supper at Lake Francis Hall for my 90th
 birthday. Thanks to all friends, nieces, nephews
 and cousins who came out too. Thanks for the
 cards, gifts and phone calls.
 -Love Gramma, Gramma Barb,
 Granny, Gramma O and Mom

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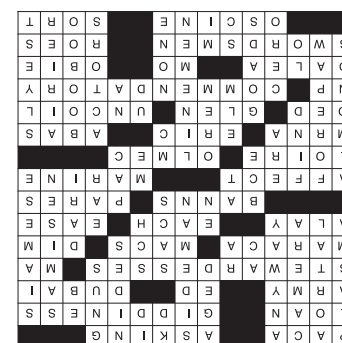
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Announcements

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OBITUARY



Emile Ernest Coutu

Peacefully, at home, surrounded by family, Emile Ernest Coutu passed away on November 15, 2023.

Viewing will be held on Friday, November 24, 2023 from 3-7 p.m. at the MacKenzie Funeral Chapel, Stonewall.

Funeral Mass will be held on Saturday, November 25, 2023 at 11:00 a.m. at the St. Laurent Roman Catholic Church.

In lieu of flowers, donations may be made to the Heart and Lung Association.



MACKENZIE FUNERAL HOME STONEWALL
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OBITUARY



Blair Jeremy Fredrick Deprez January 8, 1981 – November 12, 2023

It is with heavy hearts and great sorrow we announce the passing of Blair.

He is predeceased by his dad Mark, grandfather Robert Deprez and grandparents Fred and Joan Mitchell.

He is survived by his son Daniel Marcus McGilvery; his mom Cheryl; brothers Curtis, Darrin, Gerald; sister-in-law Megan, nephew Logan and niece Lynley; grandma Angele Deprez and numerous aunts, uncles and cousins.

Blair was an excellent hockey and ball player, but his love was baseball.

He was also a complex and vibrant person possessing a spirit that touched the love around him. Blair loved everyone around him and never judged. He lived his life on his terms which is what he

wanted. Blair has a massive family that loved him, in his final days with us he knew that.

In memory of Blair give your loved one's an extra strong hug and always tell them they are loved.

A memorial service will be held at a later date.



204-886-0404

OBITUARY



Joan Louise Main (Wilson) July 1, 1947 – November 16, 2023

After a struggle with cancer, Joan passed away at the Women's Hospital early Thursday morning.

Joan was the only daughter of John and Lorna Wilson. She grew up on the family farm in Grandview and moved to Winnipeg to attend university. Joan spent many years working as a teacher, with the most of her time at Balmoral Elementary School, where she enjoyed her students and colleagues. Joan enjoyed life to the fullest. She loved travelling, curling, and most of all her family and friends.

Joan leaves behind her daughter Kelley, her husband Frederic Guimont, and her beloved grandchildren Benjamin and Meredith. Missing her also is her brother Jim Wilson and his wife Brenda. Joan will also be missed by her brother-in-law and sister-in-law

Glenn and Jean Main who were always there for her when needed. She will also be remembered by brother-in-law John Feldsted. She leaves behind many nieces and nephews including Corey and Danny Wilson and families, Gordon Main and wife Darleen and their family, Tammy and her husband Brent Turchyn and their family, Warner Main, Shelley and Glenn Schultz and their family, Sean Feldsted, Ian and Ellen Feldsted and family, Erin Main, Shari Meyers and Roshelle Kresnyak.

Joan was predeceased by her husband Reg, her parents John and Lorna Wilson, brother Tom Wilson, as well as numerous others.

As per Joan's wishes, a private memorial will be held later.

"The best things in Life are the people you Love, the places you've seen, and the Memories you've made along the way. Unknown".

Thanks for the memories Mom. Love Kelley



204-886-0404

OBITUARY



Jeffrey Joseph Dykstra

Jeffrey Joseph Dykstra was born to Siebe and Johanna Dykstra (nee Douma) on June 2, 1960.

Growing up on a farm in Stony Mountain, Manitoba, and the second-youngest of 10 children, Jeff was happiest outside fixing things and helping them grow. Jeff was adored by his parents, his eight sisters Sophie (John Vanderhooft [d. 1986], Alan Poole [d. 1998]), Jeannie (Ben Waskul [d. 2008]), Marie (Jim Wasson [d. 2000]), Hilda (Harry Fernhout), Linda (Bill Tuninga), Joanne, Grace (Ron Bosma), Lillian (Clarence Vandenharn), and his brother Bodie (Heather).

Jeff began his working career in 1976 with Cargill Animal Nutrition in St. Boniface, Manitoba, and retired in 2017, as part-owner and Senior Vice President of Operations of Hi-Pro Feeds. His career took him across the globe, with significant tenures in Vietnam, Malaysia, Switzerland, the Netherlands, and the United States. At the heart of Jeff's professional ethos was his practical, common-sense approach to problem solving. He had a flair for devising creative solutions that often transcended traditional methods. His dedication to collaborating with others was a testament to his team-oriented leadership style and his boundless energy and work ethic, which were contagious and inspired those around him to strive for excellence.

In 1980, Jeff set his romantic heart on Pam – Pammy – Schippers, who he married later that year. He dedicated his life to loving her and later their daughter Katelyn, who arrived in 1985, and then Katelyn's partner Jeffery Dykerman, who joined the family in 2005. Becoming a Pake (grandfather) in 2006 to Ronin Jeffery Siebe Dykerman and in 2012 to Strider Joseph MacKinnon Dykerman, was the greatest pleasure of his life.

Maya Angelou's famous advice that "people will forget what you said, people will forget what you did, but people will never forget how you made them feel" became a guiding principle for how Jeff lived his life. He was, therefore, an example for many of how to live life well and in the service of others.

He was especially influential on his large family of 41 nieces and nephews, 104 great-nieces and nephews, and 12 great-great-nieces and nephews, of whom he was tremendously proud.

In his work and family life, Jeff was a revered coach and mentor. He affected the lives of countless individuals around the world, imparting wisdom and guidance to everyone who had the pleasure to sit and talk with him. After retirement, Jeff took his love for coaching and of sport to Ronin and Strider's hockey teams, and to Crossfit, where his passion for fitness brought him much enjoyment and opportunity to build another community of friends and teammates.

Jeff passed away suddenly on November 9th, 2023. There are no words to express the depth of grief over the loss of him. We will forever miss his storytelling, his wisdom, his laughter, and the quiet way he made each of us feel special and cared for.

A gathering will be held to honour Jeff's life at St. Boniface Golf Club Atrium on November 29th, 2023, from 2:00 p.m. to 5:00 p.m.

In lieu of flowers, the family requests that donations be made to Recreational Opportunities for Children (ROC) Eastman (<https://www.roceastman.ca>).

Tribute Link: www.chapellawn.ca



Chapel Lawn Funeral Home
204-885-9715



- Narrows Sunset Lodge

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Announcements

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OBITUARY



Donna Margaret Yeo (née Bowman)

Donna Margaret Yeo (née Bowman) peacefully passed away after a courageous battle with cancer. Donna passed away at the Stonewall Hospital on November 14th, 2023 at the age of 76.

Donna was born on February 7th, 1947 in Teulon, Manitoba. Donna's life was a tapestry of love, kindness, and enduring strength.

Her legacy is lovingly carried forward by her cherished family. Daughter Tracey (David), gave her the joy of grandsons Curtis and Bryce. Her daughter Tammy (Jordon) blessed her with grandsons Owen, Connor, and Reid. Her son Travis (Jody) added to her pride with grandsons Tanner and Karsten. Each family member embodies a piece of Donna's spirit, reflecting her love, resilience, and kindness. Donna is survived by her brother Dale (Elaine).

She was predeceased by her beloved husband Victor Yeo, her parents Laura and Daniel Bowman, and her five sisters and six brothers, whom she is now reunited with.

As we celebrate Donna's extraordinary life, her unconditional love, and the unforgettable memories she leaves behind.

In lieu of flowers, the family requests that donations be made to the Interlake Eastern Health Foundation Palliative Program, iehf.ca.

The family would like to thank all of the doctors, nurses and health care aides at the Stonewall Hospital for providing her the best care.

A celebration of Donna's life was held at the Heritage Arts Centre in Stonewall on Monday, November 20th at 11 a.m. Friends and family were invited to gather, share memories, and honor her remarkable life.



204-886-0404

OBITUARY



Irene Annie Lockhart (nee Breault)
February 10, 1938 – November 17, 2023

It is with great sadness we announce the passing of Irene Lockhart. Peacefully, with family by her side, November 17, 2023.

Lovingly remembered and sadly missed by her children Debbie (Dan), Doug (Sonya), Darlene (Tom), Laurel, Joan (Craig), Gord (Linda). Survived by her much loved older brother Marcelle (Lucille). She is also survived by her grandchildren, Jillian (Matt), Jordan, Alex, Matthew, Riley, Brandon, Tamara, (Jan), Amanda, Victoria (Brad), Cameron (Sarah), Trevor, Destin, Hannah, as well as great-grandchildren, Rylan, Parker, Bentley, Nova – Grace, Mylah, Elijah and Madeline.

Irene is predeceased by her husband, Gordon, parents, Wilfred and Marie, brother Henry, sisters, Louise and Christine and great-grandchild Payton.

Mom was born in Forget, Saskatchewan and moved to Churchill in the beginning of her marriage to Gordon where they had their first child. In 1960 they moved to Stonewall and raised a family of six children. In 1974 Irene lost the love of her life in a tragic, work accident. She raised her family as a single mom working many jobs.

She enjoyed baking, gardening, reading, sewing, crocheting, old-time country music, dancing, carpentry, and renovating every place she lived. She resided in many places, including Churchill, Stonewall, Winnipeg, Selkirk, Calgary, Vancouver and Victoria.

She was an independent, hard-working, strong lady, with a sense of humor, and a great laugh.

Irene's celebration of life will be held at the Stonewall Christ the King Catholic Church, 315 2nd St. E. at 1:00 p.m. Saturday, November 25. Please wear purple in honour of Irene.

A special thank you to ILRC and all of Mom's care workers especially Angela, Anastasia and Larai. Also, a heartfelt thank you to Ken Loehmer Funeral Services.

In lieu of flowers, if friends so desire, donations may be made in Irene's memory to Independent Living Resource Centre (ILRC) or Alzheimer Society.



204-886-0404

OBITUARY



Ritma Inara Abrey (Ozols)

It is with great sadness that we announce that Ritma passed away suddenly in the Health Sciences Centre in Winnipeg on November 15th, 2023.

Ritma will be lovingly remembered by her spouse Donald Peleshaty, daughter Shanna Abrey, brothers Aivars Ozols and Val Ozols, one niece and one nephew. She will also be deeply missed by her extended family and friends.

She was born on July 21, 1956 in Toronto, Ontario. In 1980, she moved to Calgary and worked as a graphic designer in the printing industry for many years before changing careers to Canada Safeway. In the spring of 2020, Ritma retired and moved with her spouse to Stony Mountain, MB to pursue their dream of country living and to be closer to family. Ritma was at peace here

and enjoyed bird watching, gardening, crosswords and reading novels. Her witty sense of humor, kindness and incredible cooking will be dearly missed.

A private family celebration of life was held.



204-886-0404

OBITUARY



Jacob Warkentin
January 29th, 1932 - November 3rd, 2023

It is with great sadness to announce the passing of the best Husband, Dad, Grampa, and Great Grampa a family can ever have, Jacob Warkentin (Jack). He lost his best friend, business partner and loving wife Marilyn in March this year just shy of their 64-wedding anniversary. A role model, mentor and teacher who led by example to his children: Wayne (Gloria), Tim (Lisa), Paul (Jane), Debrah (Chris), Terry (Tammy). A caring and supportive grandfather who loved his grandchildren so much: Brandy (Dan); Cara (Curtis) David and Deanna; Dakota (Jeff); Gabe (Kristin); Zach (Mina); Jayme (Hanna); Sydney and Isaiah (Kat); Amanda (Cameron); Rebeca (Kallem); Zane and Cole. Jack adored and always had time to play with and tease his great-grandchildren Ashton, Payton, Bree, Claire, John, Sadie, and Abbie.

When it comes to the littles in Jack's life grandchildren and great-grandchildren, a sense of play and adventure came through with a sparkle in his eye. He was always ready to help them learn to walk, read them their favorite books or just get down on the floor to play! He had many adventures with them because he stopped to take the time knowing those were precious moments. He carried that trait thru even the years he was in personal care. Family and unity of family took priority for him. "A family that works and plays together stays together."

Jack was the middle child of 11 of the late Abram and Helena Warkentin from Glenlea, Manitoba. He is survived by one brother Peter (Helen) and one sister Margaret (Ben) Dyck along with sisters-in-law Edith (Abe), Lynda (Frankie) and Agnes (John) Warkentin. There were many stories from Dad growing up in Glenlea; about playing hockey with his brothers and hitching the horses to go to school in the winter. Apparently, it was uphill both ways!

As per Jack's request there will not be a formal service but a celebration of life for family at Channel Island.

In lieu of flowers, donations to the Alzheimer Society or Teulon Curling Club would be appreciated.

A special thank-you to the Dr. Loudon along with the staff at Goodwin Lodge in Teulon for the support and care of Jack over the past three years.



204-886-0404

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