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Stonewall Teulon Tribune

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I'm a Barbie girl

The "Come on Barbies, Let's Go Party" Interlake Harlequins Annual Ladies Ducks Unlimited Canada Fundraising Dinner & Auction was a sold-out event held at the legion in Stonewall last Friday.

TRIBUNE PHOTO SUBMITTED

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Family Foods Stonewall receives provincial award

By Lana Meier

Manitoba Supported Employment Network (MSEN) awarded the MSEN Best Practices in Employment Diversity Award 2023 to Stonewall Family Foods (Medium Business Award) on Nov. 1.

Family Foods has provided inclusive employment opportunities for 20 years. They currently have four employees, two part-time and two full-time.

Family Foods is an independently owned grocery store and has always been a great employer.

“Previous owner Dave Kalnuk was always great to work with and Crystal Snell has carried on with the same support,” said Cheryle Bacon of Connections to Employment with Inclusion Selkirk.

October was Disability Employment Awareness Month.

“It is time to bring awareness about disability inclusion in employment, business in our communities,” said Bacon.

Disability Employment Awareness Month (DEAM) is an annual campaign that takes place each October to highlight the contributions and inclusion of people with disabilities in the workplace. DEAM provides the opportunity for employers, people with disabilities and service providers to



Tyler Findlay from Warren has been working at Family Foods for three years. He is the freezer and cooler clerk.

come together to promote removing barriers to employment and creating a more inclusive economy.

The MSEN was founded in 1992 and is a collective of organizations and professionals working together to build a Manitoba that welcomes and values the full inclusion of people with disabilities into the workforce. Connections to Employment supported.



TRIBUNE PHOTOS BY LANA MEIER

Natalie Ross (Connections to Employment), Ishbel Moore, Alex Hiebert (Family Foods grocery manager), Crystal Snell (Family Foods owner), Tyler Findlay and Cheryle Bacon (Connections to Employment)



Ishbel Moore is a grocery clerk and has been employed full time for a year.



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Barbie takes over the Stonewall Legion for fundraiser



TRIBUNE PHOTOS SUBMITTED

"Come on Barbies, Let's Go Party" was the theme of this year's Interlake Harlequins Annual Ladies Ducks Unlimited Canada Fundraising Dinner & Auction that was held in Stonewall last Friday. It didn't take long for the event to sell out as the iconic Barbie represents how women can do anything now. For young women, it's saying they can be anything they want to be with hard work and perseverance. The movie is a feminist masterpiece — Barbie represents female empowerment, women being fearless. There was a live and silent auction that featured items that cater to the outdoors enthusiast, decoys, game calls, hunting trips, limited edition prints, carvings and artwork, special edition Ducks Unlimited Canada firearms and so much more.

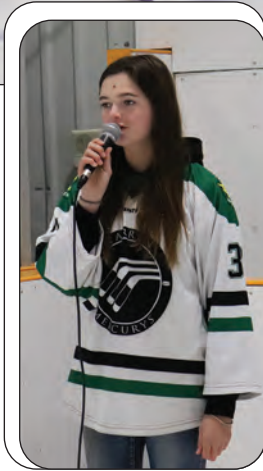


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Warren Minor Hockey U11B teams fight cancer



TRIBUNE PHOTOS BY HALEY CVAR

Last Saturday, the U11B teams of Warren Minor Hockey and the Manitoba Moose teamed up to support Hockey Fights Cancer. Despite a 4-0 victory for the grey team over the green team, the true winners were those who participated in an afternoon filled with enjoyment. Through various activities — including a 50/50 with a total of \$825 and a chuck-a-puck that raised \$175 — funds were collected and donated to Camp Quality, an organization that aids children with cancer and blood disorders. The fortunate recipient of the 50/50 winnings, Alice Kotelko, graciously donated her prize back. The national anthem was performed by Sadie Lindell, while Derek Anderson had the honour of dropping the ceremonial puck for Xander Kaplar and Milo Deogracias. Additionally, volunteers Lynette Lindell, Izzy Kotelko and Sara Gingera worked diligently to sell tickets for various events such as the 50/50, chuck-a-puck and raffle.

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Celebrate a Family Christmas at Willow Grove Orchard

By Lana Meier

Welcome to Willow Grove Orchard, where the magic of Christmas comes alive!

John and Margaret Guenther are welcoming friends and family to come celebrate a Family Christmas Experience in the county at their farm from 4 to 9 p.m. on Nov. 17, 18 and 19.

Margaret Guenther believes that Christmas is all about spending quality time with loved ones making memories, and it's one of Margaret's favourite times of the year.

The Guenthers opened their farm up last year and celebrated the season with approximately 150 people.

"Christmas is such a short time so this helps me enjoy the season a little longer," said Margaret. "My entire family comes to help with the set up. It's such a magical time."

This past Saturday, Guenther's family all joined in the setting up of Christmas Tree Alley, stringing lights, hanging bows and ornaments in preparation of the big weekend. The family has curated a lineup of delightful activities and attractions that are sure to bring joy to young and old alike. From strolling through Christmas Tree Alley adorned with twinkling lights to enjoying festive music, hot chocolate with marshmallows and flavoured coffee, there will

be something for everyone to get you into the holiday spirit.

So bundle up in your coziest scarves and mittens because it's time to step back into time and enjoy the winter wonderland that awaits you at their farm.

With your ticket, you'll gain admission to the enchanting North Pole festivities, where Santa himself awaits to greet you and capture that perfect holiday photo in the barn loft. John has put all the finishing touches including a mantle and fireplace.

For the little ones in your family, there are plenty of Christmas craft activities to keep them entertained. They can unleash their creativity while making special keepsakes that will remind them of this wonderful evening spent together as a family.

Margaret has been busy for the past month and has the table set for the children to make their own ornaments sparked by the spirit of the season.

But it doesn't end there — this year the Guenthers have added horse-drawn sleigh rides. For an additional \$10 per person, families can hop aboard a cozy sleigh pulled by Clydesdale horses that will take you around their five-acre property.

With its picturesque location in the heart of the county, Willow Grove Orchard provides the perfect backdrop



TRIBUNE PHOTOS BY LANA MEIER

John and Margaret Guenther will be opening up their farm for families to enjoy a Family Christmas Experience from Nov. 17 to 19.

for creating cherished memories with your loved ones.

There will be a bonfire going for those who just want to spend a little extra time outdoors in the fresh air.

It'll feel like stepping into a whimsical fairytale — ideal for capturing those picture-perfect moments together.

Don't miss out on an opportunity

for a truly magical experience this Christmas season. Join John and Margaret at Willow Grove Orchard and get into the Christmas spirit.

Tickets available at www.willowgroveorchard.com or visit our Facebook page at facebook.com/willowgroveorchard. They're conveniently located just east of Argyle on Hwy 322 — and they can't wait to celebrate with you!



The Guenther families were busy decorating trees at the family farm, Willow Grove Orchard.

The restaurant is closed
Remembrance Day
Bar open at 1

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THE CREATOR *Coarse Language; Violence* **PG**

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Coarse Language; Violence; Nudity **PG**

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Jennifer McFee
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Every \$10 donation grows to \$14 during the Endow Manitoba

By Lana Meier

There's never been a better time to help communities flourish forever.

From Nov. 13 to 19, each \$10 gift to the Interlake Community Foundation is worth \$14 during the Endow Manitoba 24/7 Giving Challenge.

The Winnipeg Foundation and the Manitoba government will stretch each \$10 gift made to the Interlake Community Foundation with \$2 each (that's an instant increase of 40 per cent) to a maximum of \$2,000 each. That means \$10,000 stretches to \$14,000! These funds will support the local annual Community Granting Program.

To be eligible for the stretch dollars, gifts must be received between Nov. 13 and 19 to the ICF's All Communities Fund or one of the unrestricted funds.

"If you plan to make your 24/7 Challenge donation this year, turn up the heat and get your friends and family involved," said Tracy Holod, ICF executive director. "If you would like to issue a challenge to your favourite group of people, we would love to help you get the word out."

Holod encourages everyone to send her an email with the details of the challenge, and she will help you orchestrate it. Her email is tracy@interlakefoundation.ca

Donations can be made as small as \$5, \$20 or any amount. ICF will amplify your challenge on Facebook and

Instagram throughout the campaign helping the funds grow.

"Look for board member Murray's challenge to donate to all his bald-headed friends and coworkers! It's that easy! Who are you gonna challenge?" said Holod.

There are a number ways to donate: Visit www.interlakefoundation.ca and click "DONATE" to donate securely with a credit card. Online donations will be processed and receipted by The Winnipeg Foundation. There is also the option online to sign up for monthly or annual donations.

Cheques payable to the Interlake Community Foundation can be dropped off before Nov. 19 at:

- Access Credit Union, Stonewall branch, attn: Bob Beck
- RM of Woodlands office
- South Interlake Regional Library, Teulon branch
- Lillies and Lattes, Woodlands

Mail a cheque payable to the Interlake Community Foundation to Interlake Community Foundation, Box 1575, Stonewall, MB, R0C 2Z0. The cheque must be received before Nov. 19 to be eligible.

You can also e-transfer your donation to info@interlakefoundation.ca. Please follow up with an email containing your mailing address.

For donations of publicly traded securities, visit www.interlakefoundation.ca and click "DONATIONS" and then "How to give." Contact us for

more information.

If you have a donation and need someone to pick up a cheque, call Holod.

If you are interested in creating your own legacy fund, please get in touch with Holod to discuss all the options to meet your philanthropic goals.

The ICF supports all aspects of life in the RMs of Rockwood, Rosser and Woodlands and the towns of Stonewall and Teulon, making grants to a wide variety of worthy causes — from daycares to seniors' programs, scholarships to school improvements, community centres to heritage sites. They help children, athletes, seniors, artists, students and more.

Community grants are possible thanks to generous gifts from local donors such as yourself. Community Foundations pool and endow (permanently invest) all gifts and the income earned supports a variety of projects within the foundation's catchment area. The original endowed contributions are never spent, ensuring a legacy for donors and a permanent source of support for the community. No matter the size of your gift, your contribution will improve life here for generations to come. All donations are welcome, and those over \$20 will receive a tax receipt.

To learn more, visit www.interlakefoundation.ca, call Tracy at 204-467-5634 or email tracy@interlakefoundation.ca.

Manitoba Ag Days gives back deadline approaching

Submitted by Teresa Vallotton

Manitoba Ag Days enters its second decade of investing in rural communities and agriculture education through the Ag Days Gives Back program. One hundred per cent of the funds raised through the Manitoba Ag Days 50/50 are used to support K-12

ag education, post secondary ag education and community organizations throughout Manitoba and Saskatchewan. This represents a commitment of over \$362,500 since the program's inception in 2013.

Thanks to strong public support, the

2024 Ag Days Gives Back community giving and scholarship programs have both been expanded.

"This year we have more than doubled the amount of community grants available, thanks to the generous sup-

Continued on page 7

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TRIBUNE PHOTO BY LANA MEIER

Sunflowers are usually the last crop to be harvested in fall, since fall frosts are necessary for drying down the crop (unless a desiccant is used). All sunflower varieties grown in Manitoba are hybrids and, based on their end use, can be classified as either oil- or confection-type sunflowers.

Approximately 60 per cent of all Canadian sunflowers are confection-type, which are marketed primarily as roasted snack food in the shell or as dehulled seeds for the baking industry. Oilseed sunflowers are used in the birdfeed and crushing industry for sunflower oil, which is one of the highest quality vegetable oils.

> DEADLINE, FROM PG. 6

port for our 50/50," said Hannah Minshull, Ag Days Gives Back committee chairperson. "We are excited to offer 17 individual grants of \$2,000 to non-profit organizations to support their continued operation."

The scholarship criteria has also expanded and now includes any post secondary education and training related to agriculture.

"We wanted to recognize the wide variety of jobs and career paths that contribute to the agriculture and agri-food sector, and this scholarship allows the applicants to explain how their training or studies, whatever they might be, connect to the ag industry," commented Minshull. Three scholarships of \$2,000 each will be presented at the 2024 show.

The deadline for both community

grant applications and scholarship applications is Nov. 15.

Winners will be announced at the 2024 show in January.

For more information please visit <https://www.agdays.com/community-giving-program/>

The recipients of the 2023 Ag Days Gives Back Community Improvement grants of \$2,000 each were:

Roblin Fire and Rescue, Glenboro South Cypress Fire Department, Ste. Anne Fire Department, Whitemouth Fire Department, Edward Fire Department, St. Rose Fire Department, Clandeboye Fire Department, Ochre River Fire Department.

The recipients of the 2023 Ag Days Gives Back Scholarships of \$1,000 each were:

ACC Diploma Scholarship – Rhett Grieve

U of M's Diploma Scholarship – Lacey Calder

U of M's Degree Scholarship – Emily Rob

Manitoba Ag Days will also be providing the Education and Leadership Grant in the amount of \$10,000 once again to Agriculture in the Classroom – Manitoba.

Manitoba Ag Days show is an annual three-day exposition of agriculture production expertise, technology and equipment that attracts exhibitors and visitors from across Canada and the United States of America held at the Keystone Centre in Brandon. The 2024 show dates are Tuesday, Jan. 16 to Thursday, Jan. 18.

For more information or the latest updates, please visit <https://www.agdays.com/> or follow us on Facebook, Twitter or Instagram @mbagdays.

www.stonewall.ca, email info@stonewall.ca or call 204-467-7979.

The registration deadline is Dec. 1, and registration doesn't guarantee a spot in the program. Participants will be selected on a first-come, first-served basis. Those who are selected to participate will be contacted.

IN OTHER COUNCIL NEWS:

- Stonewall council appointed Mayor Sandra Smith as presiding officer of the 2024 Board of Revision, which also includes citizen representatives Glenn Leskiw, David Cassidy, David Kalnuk and Lockie McLean. Each member will receive remuneration for services in an equivalent amount to what council members are

Continued on page 9

worship

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Service is Humbling

The greatest among you will be your servant. All who exalt themselves will be humbled, and all who humble themselves will be exalted (Matthew 23:11-12).

This week we will mark Remembrance Day and the 75th anniversary of Canada's peacekeeping missions in the world. On this day, we remember the sacrifice and service that has shaped our communities, our country and the world. We will honour men and women whose lives have demonstrated the belief that when we serve, it costs us something and that we have to let go of expecting a reward for all that we do. So much of the heroism and service that we celebrate this week was largely unseen and unheard.

The stories of wartime heroes that we do know and mark with honours are only a fraction of the acts of service and love that took place in times of war. Those who acted bravely did not do so for the honour but because they were driven by love, courage and a compassion for others. They knew that their world depended on their actions, as they fought for a more just and caring world.

In our time and place, people of faith still have an important role to play as they model leadership in our communities. Humble service, with no expectation of reward or public praise, is becoming such a rarity in our time. If we do offer a charitable act or donation, we often find ourselves offered a reward in return. This trend really bothers me. The rewards often outdo the actions we offered in the first place.

During this week, when we celebrate the gifts of freedom and peace that we have received, let's boldly identify that the source of the humble service we offer is motivated by our Christian faith and witness. We are not community volunteers; we are humble disciples sharing the gifts of God's love, grace and justice — with no expectation of reward and every expectation that there will be self-sacrifice in all that we do for others.

Rev. Mona Denton
Stony Mountain & Lilyfield United Churches
stonymountainlilyfielddpc@gmail.com
204-344-5426
at Stony Mountain-Lilyfield Pastoral Charge

Stonewall council news in brief

By Jennifer McFee

Stonewall residents now have the chance to tackle food waste by participating in a home-based waste-diversion pilot project.

A total of 100 residents can register to try out FoodCycler technology, which dries, grinds and cools compostable foods. It can process most fruit and vegetable scraps; meat, shellfish and poultry scraps; cheese; beans, seeds and legumes; chicken and fish bones; coffee grounds, filters and tea bags; and eggs and eggshells.

At the end of the process, the food waste is transformed into a fine powder that can be used as a nutrient-rich soil amendment.

The pilot program runs for 12 weeks from January to April 2024. Two different units are available to try: the FoodCycler FC-30 and the FoodCycler Eco 5. The municipality is subsidizing the cost, but participants need to pay \$150 plus tax for the FC-30 or \$300 plus tax for the Eco 5, which are theirs to keep after the pilot project wraps up.

Those who participate will be asked to use the FoodCycler for the 12-week period and track the amount of waste they divert with a tracking sheet provided by the municipality. They'll also need to fill out a closing survey about their experience.

To learn more or to register, visit

Local soldiers honoured at annual Veterans' Dinner

By Jo-Anne Procter

Veterans and their loved ones, dignitaries and guests were welcomed to the annual Veterans' Dinner by Stonewall Legion Branch No. 52 president Tim Williams last Saturday evening.

As sergeant-at-arms Howard Hilstrom led the Colour Party, an air of respect filled the room. Williams called the meeting to order a for a few moments of silence to remember fallen comrades who made the ultimate sacrifice by land, sea and air.

Expressing heartfelt appreciation, Williams extended his gratitude not only to veterans but also to widows who have stood strong in support throughout tumultuous times. He introduced members of the current executive, whose dedication has played an integral role in organizing the memorable event and in ensuring that the needs of veterans are met and that their contributions are acknowledged throughout the year.

Prior to dinner, there was a moment of camaraderie and respect as glasses were charged. Comrade Gord Goresky stepped up to lead a toast to the King and comrade Yves Pruneau toasted fallen comrades.

Following a delicious turkey dinner, prepared by Bob and Kerri Dexter and legion volunteers, guests were treated to an inspiring address by Minister Mona Denton from the Stony Mountain and Lilyfield United churches. Denton captivated the room as she spoke about the importance of honouring our veterans and their families.

"There is no doubt that our veterans

and their loved ones deserve our respect and compassion but they also deserve our commitment to live out the values for which they died or suffered or suffer still to protect," she said.

Denton emphasized that it is not enough to simply remember our veterans on special occasions; rather, we should strive to be torch-bearers of peace every day. She encouraged everyone in attendance to embody the principles of unity and comradeship that our brave servicemen and women fought for.

The annual Veterans' Dinner is not only a time for the community to come together and honour our brave veterans, but it was also an opportunity for local government representatives to express their gratitude and show appreciation to those who have served their country selflessly.

Honourable James Bezan, member of parliament for Selkirk-Interlake-Eastman and a devoted supporter and advocate for veterans, attends Branch No. 52's Veterans' Dinner each year as he feels it is one of the most important events he attends.

"This is a week where we remember those who have paid the sacrifice for our freedoms," he said.

"The sacrifices made by these brave men and women should never be forgotten or taken for granted."

Bezan acknowledged that 2023 is the 75th anniversary of the beginning of peacekeeping nations — a significant event that marks a turning point in history when countries came together to uphold

peace and security around the world and to play a vital role in resolving conflicts, protecting civilians and promoting stability across borders.

"It is through these efforts that countless lives have been saved and communities rebuilt. Our brave women and men



TRIBUNE PHOTO BY JO-ANNE PROCTER

Pictured left to right: Stonewall Legion Branch No. 52 president Tim Williams, Stonewall Mayor Sandra Smith, James Bezan MP for Selkirk-Interlake-Eastman, Stonewall Coun. Kim Newman, Rosser Coun. Angela Emms, Rockwood Reeve Wes Taplin and Teulon Mayor Todd Campbell.

in the Canadian forces are true heroes," he said. "They selflessly put themselves in harm's way to ensure our safety here at home, and their commitment and dedication deserve our utmost respect and gratitude."

Bezan thanked Branch No. 52 for their act of remembrance.

"Thank you for ensuring that we pass this on from generation to generation, not just during Veterans' Week but what you do every day in support of our veterans and support of our community and for the role that you take in educating our youth and raising public awareness to those that may not have the hands-on knowledge or that connection to our proud military history."

RM of Rockwood Reeve Wes Taplin brought greetings on behalf of the council and staff. His heartfelt words extended his appreciation to the military, veterans and their families.

Mayor Sandra Smith expressed her gratitude to the Stonewall Legion for their tireless efforts in recognizing veterans and their families.

Teulon Mayor Todd Campbell brought greetings on behalf of council and administration. He spoke about the importance of recognizing and honouring those who have served our country, the sacrifices made by our

brave men and women in uniform.

"It is also very important to remember those in the background, the services, the mechanics, the nurses and doctors that support the front lines — it is more about the entire service," he said.

Manitoba and Northwestern Ontario Command president Ernie Tester brought greetings and echoed much of what speakers before him said.

"We are all the keepers of remembrance. There are 250,000 members in 1,350 branches. We care. We see it every day when our volunteers prepare meals, do wellness checks, hold events, focus on veteran well-being," he said.

District Command comrade Ken Morley emphasized that when you join the military, it is not a 9-to-5 job.


"You are on call 24-7," he said. "It doesn't matter when or where — basically you are giving your life away."

In closing, Williams thanked Ivania and Paul Pelletier for keeping the flowerbeds stunning throughout the summer and Emmy Byle and her group for the beautiful poppy netting.

"As we part, remember our duty to our branch, our comrades, our country and our sovereign," he recited. "May we ever strive to promote unity in the spirit of comradeship, never forgetting solemn obligations we have assumed as members of the Royal Canadian Legion."

Following the formalities, the clubroom filled up to enjoy entertainment by The Discmen Band.

A Remembrance Day service will take place at the Stonewall Legion on Saturday, Nov. 11. Doors open at 10 a.m. The service will start at 10:45 a.m., followed by a light lunch. All are welcome to attend.

**THE RURAL MUNICIPALITY OF WOODLANDS**
PUBLIC NOTICE
GRANT APPLICATION PROGRAM
The R.M. of Woodlands has opened up their annual grant application program. Please see our website at rmwoodlands.ca for more information.
Completed applications must be submitted to the Municipal Office at P.O. Box 10, 57 Railway Avenue, Woodlands, R0C 3H0, or by fax to 204-383-5169, or by email to admin@rmwoodlands.ca
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Wednesday 4-10 Chase the Queen Draw at 8:30
Pot is over \$4,900
Thursday 4-10 Crib 7pm start
Friday 4-close Meat Draw at 6:30
Saturday Doors open 10:30 Remembrance Day Service at 11 followed by a light lunch Clubroom open 12-close
Grey Cup Party in the Clubroom Sunday November 19th
All are welcome - Support your local legion!

Local musician nabs guitar award



PHOTO SUBMITTED
Lachlan McLean

By Jennifer McFee

It was an evening that strummed at the heartstrings of a local musician who earned recognition for his talents on the guitar.

On Saturday, Nov. 4, talented musicians from across the province gathered at Club Regent Casino and Event Centre for the 2023 Manitoba Country Music Awards.

At the toe-tapping event, Lachlan McLean of Stonewall won the award in the category of All Star Band of the Year – Guitar. He was up against Max Dupas, Rylan Knaggs, Sean Borton, Troy Flamand and Brad Moggie.

“Being in the house band for the award ceremony, I was so busy learning the songs being performed that evening that I partially forgot I was one of the nominees myself,” McLean said.

“But it really was a special moment for me to realize that my fellow Manitoban musicians and industry members considered me deserving of the recognition. There are so many incredible talents in this province, so I’m especially honoured.”

Looking ahead, McLean will be playing guitar for Don Amero’s show “Amero Little Christmas” at the Burton Cummings Theatre on Dec. 9.

To see the full list of Manitoba Country Music Award winners in all the categories, visit www.manitobacma.com.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

The courage of young women and men

On Remembrance Day, look at the old veterans gathered at your local cenotaph, standing proudly or seated with a warm blanket on their lap. Try to imagine what they experienced many decades ago when they were young and the world was at war.

The great invasion to kick the Nazis out of France took place on June 6, 1944. The largest allied armada of war ships readied for the battle of Normandy. Those onboard would face an array of deadly obstacles; barbed wire, mines and heavy concrete fortifications containing cannons and machine guns.

This was the beginning of the end of Nazi Germany’s grip on Western Europe. Many years of preparation had taken place to get the Allies ready for this day. Canada was already fighting in Italy, slowly pushing their way up the Italian boot. What had been called the soft underbelly of Europe was instead a meat grinder where battles like Ortona were hard won by the men of Vancouver’s famed Seaforth Highlanders of Canada, Alberta’s Loyal Edmonton Regiment and Quebec’s Three Rivers Regiment.

The D-day landings on the French coast and subsequent

liberation campaign, saw Canada fighting against an experienced and ruthless enemy. With every footstep taken, soldiers died and many more suffered injuries, and, for some, their injuries would remain with them for their entire lives. The D-Day landings itself cost our nation 359 war dead.

Nearly 80 years have passed, and these brave men and women who were once young have grown old and, sadly, very few remain. It is their 11th hour, probably the last opportunity to properly thank them. The government of France would like to pay tribute to all living Canadian veterans who participated in the D-Day landings, Dieppe raid or campaign to liberate France in 1944. If you were in the Canadian army, navy, air force or merchant navy, you may be eligible to receive France’s highest award, the National Order of the Legion of Honour.

If you would like more information, please send an email to Korea19501953@yahoo.com. The subject line should say Veteran. I am an unofficial volunteer who is willing to help.

- Thank you, Guy Black

Recipient, Minister of Veterans Affairs Commendation

> COUNCIL, FROM PG. 7

paid for similar services.

- The town will execute the Permanent Public Transport Program – Rural Transit Solutions Fund Contribution Agreement with the provincial government to purchase electric vehicles and supporting infrastructure to provide door-to-door transportation service in the Interlake.
- The town will enter into a development agreement with Midtown Merchants.

Notice of Environment Act Proposal

Manitoba Environment and Climate Change invites public comments on the following proposal:

MANITOBA METIS FEDERATION – LAKE MANITOBA RESORT RV CAMPGROUND – ONSITE WASTEWATER MANAGEMENT SYSTEM – FILE: 6204.00

The Manitoba Metis Federation is proposing to construct an onsite wastewater management system to service their new Lake Manitoba Resort development, an 80-lot (expandable to 120 lots) fully-serviced RV campground coupled to a golf course. The intent is to service the lots with a gravity sewer and large-scale septic tanks and septic fields. The development is located in the Rural Municipality of St. Laurent.

Anyone likely to be affected by the proposal and who wishes to comment should contact Housseini Coulibaly, Environmental Approvals Branch, in writing or by email at housseini.coulibaly@gov.mb.ca no later than November 24, 2023. Further information is available from the Public Registry: www.gov.mb.ca/sd/eal/registries

Information submitted in response to this proposal will be available to the proponent and placed on the public registry per Section 17 of The Environment Act.

**Environmental Approvals Branch
Manitoba Environment and Climate Change**

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To be drawn at 10 p.m. during the annual SWDPC Fundraising Dinner & Dance Gala
Tickets are 50 for \$50, 10 for \$20, or 1 for \$5

Online link to purchase is
<https://www.fundingchange.ca/swdpc>.

Funds raised will support costs associated with the new program Nav-CARE. Nav-CARE --> Navigation: Connecting, Advocating, Resourcing, Engaging- an innovative compassionate community program that builds upon the unique role of hospice volunteers to provide early assistance to persons living with declining health. Currently over 20 specially trained volunteers are visiting with clients in our community including in progress expansion to St. Laurent.

Please contact Gwen for more information about Nav-CARE at
204-404-3030 or
navcare@swdpc.com.



Horsin' around for Halloween: A spooktacular equestrian adventure



TRIBUNE PHOTOS BY KIRSTY MORRISON

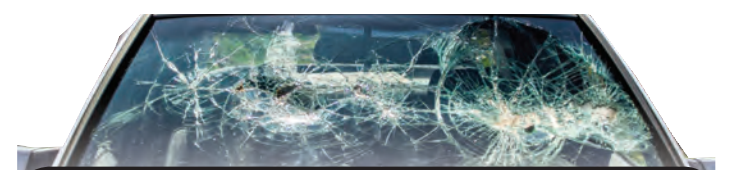
The Halloween spirit was in full swing as 15 young horse enthusiasts from Jamie Margett's RW Ridgeway Ranch took to the streets of Balmoral on Oct. 29. With their trusty steeds by their side, these kids embarked on a journey through the town. But it wasn't just the children who were dressed up for this spooky occasion; even the horses and their helpers who walked alongside the kids got in on the fun. Clad in a variety of Halloween costumes, each horse added an extra touch of magic to the event. From Cruella de Vil and a dalmatian spotted horse, witches and vampires to superheroes and princesses, there was no shortage of creativity when it came to dressing up both kids and horses alike. As they made their way through town, stopping at Spruce Woods Apartments and different housing developments, excitement filled the air.

Pumpkins in the park



TRIBUNE PHOTOS BY HALEY CVAR

Approximately 200 carved pumpkins were on display along the Quarry Park pond trail along with another 60 pumpkins that were dropped off to be composted. REACT volunteer Nancy McGowan placed the pumpkins along the trail. Melanie and Elliot Davidson brought their pumpkins to be composted.



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Donating to an unrestricted fund increases the local Community Grants! Ways to donate:

-Visit www.interlakefoundation.ca and click "DONATE" to donate securely with a credit card. Online donations will be processed and receipted by the Winnipeg Foundation.

-Drop off cheques payable to the Interlake Community Foundation before Nov. 19th at:

- Access Credit Union, Stonewall Branch attn: Bob Beck
- RM of Woodlands Office
- South Interlake Regional Library, Teulon Branch
- Lillies and Lattes, Woodlands

-Mail a cheque payable to the Interlake Community Foundation to us at Box 1575, Stonewall, MB R0C2Z0. We must receive it before November 19th to be eligible.

-eTransfer your donation to info@interlakefoundation.ca Please follow up with an email containing your mailing address.

-Call us! We can come and pick up your donation. We're here to help! 204-467-5634

We are Building for Tomorrow - Today!

Balmoral welcomes 'beary' special Halloween guest

By Lana Meier

Sisters Hanna and Tenille Peters were delighted by a special Halloween surprise when Winnipeg Seabears mascot, Churchill the Bear, took them on a trick-or-treat tour through Balmoral.

Their parents, Derek and Kaitlyn Peters, are budding basketball fans, having attended two Winnipeg Seabears games last season.

Kaitlyn entered an Instagram contest on Oct. 12 with the Seabears — ultimately winning a visit from the "beary" special guest.

Churchill and his helper Mia Hildebrant travelled to Balmoral to go trick-or-treating with the Peters family and friends, including Nolan and Addisyn Peters and Joey and Rylea Knapp. They walked around their Balmoral neighbourhood for an hour and a half, collecting many goodies along the way.



Winnipeg Seabears mascot Churchill the Bear hit the streets of Balmoral on Halloween night to go trick-or-treating with a lucky local family. Pictured with Churchill is Nolan Peters and Tenille Peters.



TRIBUNE PHOTOS BY KAITLYN PETERS
Derek and Kaitlyn Peters, pictured with their daughters Hanna and Tenille, had fun trick-or-treating with Churchill and their friends Joey and Rylea Knapp.

Youth choir shares talents with ISD schools

By Becca Myskiw

The Interlake Youth Choir (IYC) spent an entire day last week singing to the students of the Interlake School Division (ISD).

Seventeen singers from the region make up this year's choir. The students are in grades 9 to 12 from Stonewall, Warren, Selkirk, St. Andrews, East Selkirk, Riverton, Fraserwood and Libau. Choir director Kendra Obach said this year's choir comprises excellent singers.

"This year's IYC was goofy and creative," she said. "They worked super hard, took on musical challenges, and built a tight-knit community in a short time."

As many regions in the province host fall regional youth choir programs, the Interlake region joined the charge

in 2016 when they began building a similar program. Since then, each fall IYC has joined other music programs in bringing guest conductors to teach the students.

This year, IYC met from Oct. 13 to 15 at Camp Arnes, where they rehearsed 10 songs under the direction of guest conductor, GiUng Lee. GiUng is a Korean-Canadian music educator. Based in Winnipeg, GiUng teaches grades 6 to 12 music at St. John's-Ravenscourt School, where he's designing and implementing a project-based music curriculum rooted in cultural relevance and student creativity.

GiUng previously served as artistic director and conductor of Prairie Voices, the award-winning youth/young adult community choir and he is best known for his ensembles'

"dynamic and innovative" delivery of choral music.

"GiUng is an incredible human and leader," said Obach. "GiUng brought a beautiful balance of musical guidance with high expectations along with the priority of building the character and life skills of the singers."

After learning 10 songs with GiUng on the weekend of Oct. 13, IYC then rehearsed the music on Sunday, Oct. 22 to prepare for a school tour on Monday, Oct. 23.

"Singers build a strong community over a weekend of singing together and they will stay in touch," said Obach.

Oct. 23 took IYC singers to Teulon Collegiate, Stonewall Centennial School, Walter Whyte and ended at Selkirk United Church. Obach said

the schools were incredibly support-

Continued on page 12

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What? Teulon 4-H Club Turkey Bingo
Where? Balmoral Hall 7:00 pm (Doors open 6:30)
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Holiday Smile Cookie week raising funds for Woodlands Childcare

By Lana Meier

'Tis the season for smiles — on cookies.

From Nov. 13 to 19, Tim Hortons Stonewall will be selling Holiday Smile Cookies, and 100 per cent of proceeds from each Holiday Smile Cookie sold will be donated to local charities and community groups.

The Woodlands Childcare will be one of the beneficiaries of a new initiative by Tim Horton's Restaurants.

For over 25 years, Tim Hortons has become synonymous with their annual Smile Cookie campaign. This year, they are expanding the program with

their first-ever Holiday Smile Cookie campaign.

Keeping with the theme of the holiday spirit, funds generated from the Holiday Smile Cookie Week will be split between the Tim Hortons Children's Foundation and Woodlands Childcare. The funds raised will go towards the Warren Expansion Project and essential supplies for current programs.

The Holiday Smile Cookie will be a tasty white chocolate chunk sugar cookie with red and green sprinkles baked into the dough. Each will be hand-decorated with a white smile and eyes and sold for \$1.50 each.

How to support: Pre-order Tim Hortons Holiday Smile Cookies by emailing woodlandschildcare@gmail.com by Friday, Nov. 10 at 2 p.m. or contact the daycare at 204-383-7503.

There are a number of pickup locations that can be arranged by contacting the daycare: Woodlands Childcare, Stonewall Tim Hortons, Warren Fuels, MB-6, Woodlands Legion and Warren Elementary School.



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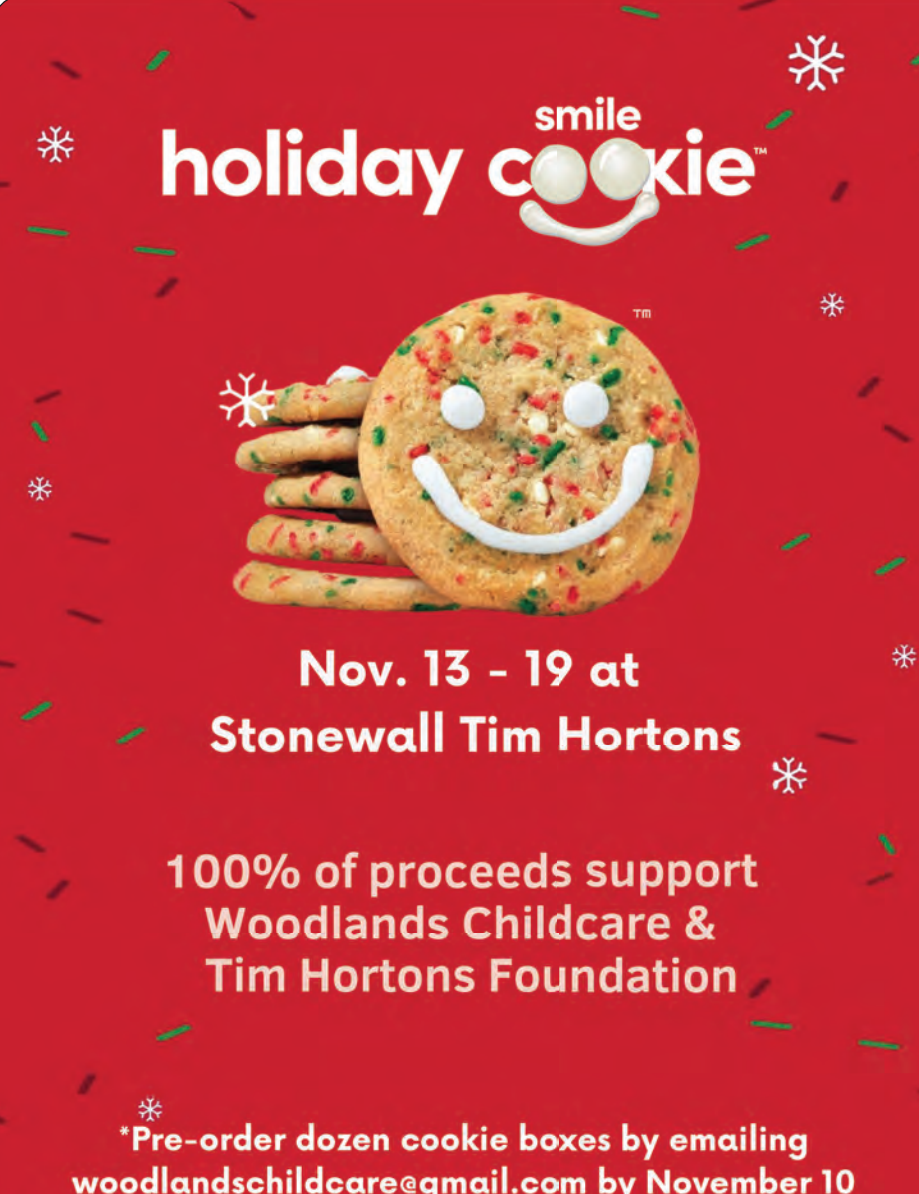
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> CHOIR, FROM PG. 11

ive in making the arrangements for the tour and enjoyed the performances.

"School tours allows us to promote the program and choral singing while giving the choir an opportunity to continue building performance skills," she said. "Singers were well prepared for the final concert where

they sang for family, friends and community supporters."

Previous conductors of the IYC fall program have been Scott Reimer, Justin Odwak, Alisa Wiebe, Leanne Cooper-Carrier and Sonya Williams. IYC's accompanist is Beth Emmers.

Applications for IYC 2024 will open in the spring. For more information, people can email iychoir@gmail.com.



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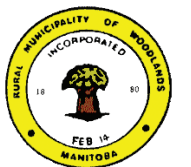


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RM of Woodlands
Reeve and Councillors





Remembrance D

Fallen soldier creates new connections

By Jennifer McFee

The memory of a fallen soldier lives on 15 years after he died in combat — not only in his family and friends but also in complete strangers touched by his selfless sacrifice.

On Sept. 3, 2008, Cpl. Michael Seggie died while serving in Afghanistan. Today, a new connection continues to blossom between his parents and a father-daughter duo who pay their respects year after year for his heroic actions.

Born Nov. 22, 1986, Michael James Alexander Seggie joined the primary reserve in 2003 and served with the Royal Winnipeg Rifles. In 2006, he transferred to the regular force and joined the Second Battalion Princess Patricia's Canadian Light Infantry in Shilo. Two years later, he died during his first tour of duty at the tender age of 21, along with two other soldiers. He was only two weeks away from returning home after his six-month tour.

Left behind to grieve were his dad Jim, mom Shirley, sister Michelle, nephew Carson and niece Stella. Another sister, Kimberley, had died in a car crash years earlier.

The much-loved man also sent ripples of emotion through the lives of people he had never met.

When Winnipeg resident Giovanni Recine noticed photos of Mike and his mourning family in a newspaper in 2011, it touched his heart and he felt compelled to honour the young man.



Cpl. Michael Seggie

"I looked at the picture and he's just a cute, innocent boy. Then I saw the pictures of the parents and it was very touching. The story got to me, seeing the sadness on the parents' faces," he said.

"When I read about him, I thought about how my daughter is home and safe, and here is a young guy who lost his life for us. He has a beautiful soul and we appreciate what he did. So I thought about going to his tombstone and spending some time there as a reminder of the peace he fought for — for us."

Along with his young daughter Kaytlen, Giovanni embarked on a



TRIBUNE PHOTO BY JO-ANNE PROCTER

Jim and Shirley Seggie attended the Remembrance Day service in Woodlands last year.

new tradition of visiting Meadow Lea Cemetery to lay a wreath at Mike's resting place. During each visit, Kaytlen would always leave a card, never expecting a response. She'd share words of gratitude for Mike's service and sign each card with "Kaytlen and Dad" before tucking it under a rock to hold it in place.

Giovanni and his daughter began to make annual visits each Remembrance Day, and often they'd journey to the small Interlake cemetery on Canada Day or other special moments throughout the year.

"Remembrance Day has always been an important day in my life. My parents immigrated to Canada from Italy in the early '60s, and I remember my dad telling me horrible stories about World War II, so it's always been a delicate subject for me," Giovanni said.

"When my parents would come to visit Winnipeg from Montreal, they would also go to visit Mike with us. It was touching for them as well. It's a peaceful little cemetery and a nice place to pay respects. But I never expected we would meet the family. It

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Day Tribute



Daughter and father Kaytlen and Giovanni Recine stand with Cpl. Michael Seggie's 1968 Plymouth Barracuda, which his family and friends restored in his honour.

was never our intention."

However, during a recent visit, the father and daughter noticed a thank-you card addressed to "Kaytlen and Dad" from the Seggie family.

"It was so special but we didn't expect it. We just couldn't believe it. It felt like Mike was present, as if he was trying to talk to us. It was so touching," Giovanni said.

"Shirley left us her phone number and email. We communicated and met last year for the first time. It was nice. It felt like I've known them for so long. It was very comfortable, peace-

ful and soothing."

A couple weeks ago, Kaytlen turned 21 — the same age as Mike when he died. She now attends university in Montreal, but every time she returns home to Manitoba, she and her dad journey to the Meadow Lea Cemetery to honour the young hero they never met.

"My dad really emphasized traditions when I was growing up, and we still carry them on. My dad likes to pay respects, so I grew up doing that," she said.

"It's special to us and it's something

we look forward to."

After years of dropping off wreaths and cards, it was an impactful moment for Kaytlen to notice the handwritten response left for them from Mike's parents.

"Our jaws dropped when we first saw that there was a letter for us. They said it meant a lot," she said.

"It was really nice to reach out and talk to them — and we've stayed in touch ever since."

For Shirley Seggie, a Silver Cross mother, she had reached out on social media to try to unravel the identity of the unknown visitors.

"It was a mystery for so many years. I should have left a thank-you card a long time ago. We'd always think that maybe we might see them when we went there, but they always came before or after us, so we never did," said Shirley, who grew up in the Marquette area.

"When they called us and said they wanted to meet us, it was very, very special. Giovanni told us there was just something about Mike that really touched them. It's amazing because they didn't know us and they didn't know Mike, but they are thankful for him. They are wonderful people."

Jim Seggie, a retired chief warrant officer with 38 years of military service, remarked how Kaytlen's handwriting

evolved over the years from an elementary school scrawl to a young adult's penmanship.

"Every year, we'd go there on Remembrance Day and there would be an envelope there from Kaytlen and Dad, and it was neat to see how the handwriting got better over time," he said. "We saved all those cards over the years."

In addition to carrying a special place in many hearts, Mike is also memorialized through a lake named in his honour in northern Manitoba. Seggie Lake is located 120 kilometres southeast of Thompson, near three other lakes named after Victoria Cross winners.

In addition, Homes for Heroes, a registered charity that provides housing to homeless military veterans, will name "Seggie House" in his honour.

These gestures are meaningful to the family — and Shirley believes they would be meaningful to Mike too.

"Mike didn't like to be in the spotlight. But I think knowing that he's touched so many people in so many ways — like strangers who we didn't even know — I'm sure he would be smiling down," she said.

"I know he's never going to be forgotten, and that's important to me."

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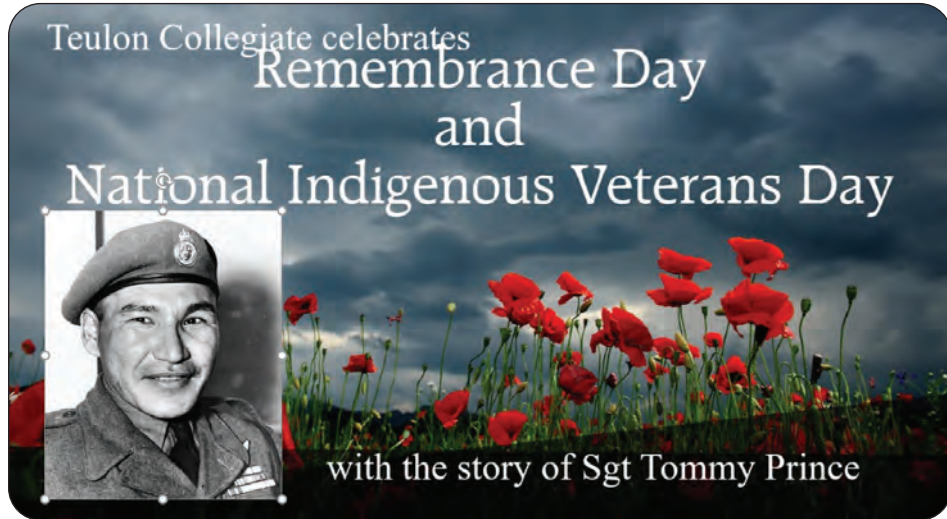
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Remembrance Day *Tribute*



Interlake School Division students honouring Veterans



TRIBUNE PHOTOS SUBMITTED

Mme Millar's Grade 2 students present their watercolour artwork ahead of Remembrance Day. Ecole R.W. Bobby Bend will be holding a Remembrance Day Service for its staff and students on Friday, Nov. 10. The Grade 3 and 4 students will present choral and poetry selections as part of the service.



This year, Teulon Collegiate will commemorate National Indigenous Veteran's Day and Remembrance Day together. Along with a visual presentation on Sgt. Tommy Prince's life from Grade 11 students, there will be readings, poetry, and stories about Canadian veterans from Grade 7 students Lilly Skinner, Araya Thibodeau, and Rylan Urquhart Cockrem. Additionally, the TCI Student Council will read quotes from the student body about the significance of peace. The Teulon community also has contributions planned, including a speech honoring a local veteran's life and recitations of "In Flanders Field" in an Indigenous language.




Town Of Stonewall
Mayor and Councillors




Royal Canadian Legion
Stonewall

Branch #52

LEST WE FORGET

Remembrance DAY

James Bezan, MP
Selkirk-Interlake-Eastman
office@jamesbezan.com
jamesbezan.com · 204-785-6151



Remembrance Day Tribute

War Amps amputee pays tribute to Second World War Manitoba veteran

By Lana Meier

As Remembrance Day approaches, amputee Melissa Shapiro, 25, of Winnipeg recently paused for a moment of silence at the local cenotaph to pay tribute to the late Cliff Chadderton.

Known to Canadians as “Mr. Veteran,” Mr. Chadderton was renowned as Canada’s most influential developer of innovative programs and services for war, civilian and child amputees and as a tireless advocate for veterans.

A D-Day veteran, he lost part of his right leg in 1944 while in command of a company of the Royal Winnipeg Rifles battling for the Scheldt Estuary in Belgium and Holland.

On returning to Canada, Chadderton became a member of The War Amps and held several positions within the Association until he was appointed executive secretary (later CEO) in 1965. He was also chair of the National Council of Veteran Associations (NCVA).

Chadderton passed away in 2013. A lake in the Duck Mountains in southwest Manitoba, his home province, was named Chadderton Lake in his honour.

Cliff Chadderton

Hugh Clifford (Cliff) Chadderton was born on May 9, 1919, in Fort William (Thunder Bay), Ont. He moved to Manitoba when he was young and later worked as a reporter for the Canadian Press when news of the Second World War broke out.

In 1939, he enlisted with the Royal Winnipeg Rifles and went from a non-commissioned officer to company commander. A D-Day veteran, he lost part of his right leg in Belgium in 1944 during the Battle of the Scheldt.

Chadderton joined The War Amps upon returning to Canada and was mentored by former War Amps president Sidney Lambert. Under Chadderton’s leadership, The War Amps made the transition from a solely veteran-oriented organization to a charitable institution that effectively represents all amputees in Canada. During this time, many of The War Amps’ well-known programs were established, including CHAMP, PLAYSAFE, Matching Mothers and JUMPSTART.

Known to Canadians as “Mr. Veteran,” Mr. Chadderton led The War Amps for 44 years, from 1965 to 2009 and was renowned as Canada’s most influential developer of innovative programs and services for war, civilian and child amputees, and as a tire-



TRIBUNE PHOTOS SUBMITTED

Cliff Chadderton and amputee Melissa Shapiro.

less advocate for veterans.

On behalf of both the National Council of Veteran Associations in Canada (NCVA) — of which The War Amps was a founding member — and the Association, he appeared before hundreds of committees established by Veterans Affairs Canada. This was in the pursuit of improvements to pension benefits and allowances on behalf of individual veterans and their families, with particular focus on the prioritization of the seriously disabled veteran.

An expert in the history and evolution of veterans legislation in Canada and throughout the world, Chadderton appeared regularly before committees of the House of Commons and Senate, presenting papers and recommendations regarding legislative amendments for the betterment of Canadian veterans.

He also made it a mission to preserve the integrity and reputation of Canadian veterans, giving a voice to their concerns over the controversial television series *The Valour and the Horror* and the Billy Bishop documentary *The Kid Who Couldn't Miss*.

Chadderton received numerous awards:

Continued on next page

**To those who've served,
Thank you**

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Rockwood
WRECKING & RECOVERY



Remembrance Day Tribute



Remembrance Day Letter



PHOTO SUBMITTED

One-hundred-year-old veteran Lloyd Brown wants to remember and honour those who sacrificed their lives during the First and Second World Wars.

Dear Editor,

I lost my right arm on Oct. 18, 1944, while serving with the Loyal Edmonton Regiment in Italy. I was staked at a farmhouse that had a children's treehouse located nearby. In the treehouse was a sniper who kept shooting at our boys. A tank then came, which shot out shells, the shrapnel hitting my right arm.

When I returned home from the war, I joined The War Amps and have been a member ever since. This association was started by First World War amputee veterans to help each other adapt to their new reality as amputees.

Having just recently turned 100, I am reflecting this Remembrance Day upon all those who served in my regi-

ment and never returned home. Their absence weighs on me and it is essential that we keep their memory alive. I take comfort in knowing that The War Amps and its young members will continue to keep spreading the message long into the future.

The sacrifices of those who served (and continue to serve) deserve to be remembered and honoured. Each Remembrance Day serves as a poignant reminder of the tremendous price paid by these brave individuals. Their selflessness and courage continue to resonate, and it is our duty to ensure that their legacy endures.

- Lloyd Brown

100 Member of The War Amps

Stonewall Remembers on display



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall Heritage Committee has set up an exhibition, "Stonewall Remembers" in honour of Remembrance Day in the Fullbrook Room at the Quarry Park Heritage Arts Centre. Local memorabilia including photos, newspaper clippings, uniforms, medals and other items from the war era can be seen on display 11 a.m. - 5 p.m. each day until Nov. 24. Heritage committee members, and QPAC staff, left to right, Kim Ritz, Allison Mankewich, Shirley Hooper and Derrick Taylor.

> WAR AMPS, FROM PREVIOUS PAGE

- Companion in the Order of Canada
- Order of Ontario
- Inductee, Canada Veterans Hall of Valour
- Inductee, Terry Fox Hall of Fame
- Knight of the Order of the Legion of Honour of France
- Minister of Veterans Affairs Commendation
- Royal Bank Award for Canadian Achievement
- Queen Elizabeth II Diamond Jubilee Medal

He considered the creation of the CHAMP Program, however, to be his

greatest achievement.

Chadderton passed away on Nov. 30, 2013. His passing was marked by countless tributes across the country, including on national television networks and in newspapers. He was also honoured in the House of Commons by then-MP Steven Fletcher and the minister of Veterans Affairs at that time, Julian Fantino, which received a standing ovation from the House.

In 2016, a lake in the Duck Mountains in southwest Manitoba, his home province, was named Chadderton Lake in his honour.

Remembrance DAY november 11th SERVICES

2023 SERVICES

LEGIONS/HALL

Brant Argyle Legion – 75th Anniversary

Argyle Community Hall - Doors open 10:15 am Ceremony 10:45 am followed by laying of wreaths at cenotaph located at Brant-Argyle Cemetery
Light lunch served back at the hall.
Museum will be open 1pm – 4pm with free admission

Inwood Memorial Hall Service Please be seated by 10:00am
Coffee and donuts following service.

Stonewall Legion Branch #52 – Doors open 10:00am with service at 10:30am
Light lunch to follow

Stony Mountain – Stony Mountain Recreation Centre - Doors open 10:00am, service 10:30am
March to cenotaph to lay wreaths following service and back to community centre for light lunch

St. Laurent Metis Legion Branch #250 – Welcome coffee and bannock 9:30am, service at 10:45am with lunch to follow

Teulon Lions Club will host service
Location to be determined depending on access to community hall.
There will be laying of wreaths at the cenotaph at 10:45 am
Please follow Teulon and Area Lions Facebook and Instagram for last minute update that will be posted on Nov. 8

Woodlands Legion Branch #248 – Service 10:30am
Silver Cross Mother Mrs. Seggie will be in attendance
Light lunch to follow

Pin contest winners share their inspiration

By Jennifer McFee

Four creative young artists were recognized for their impactful designs in honour of the National Day for Truth and Reconciliation, which occurs each year on Sept. 30.

Youth aged 12 to 18 had the chance to enter a contest launched by Interlake-Eastern Regional Health Authority to design a pin for this important national recognition day, which honours survivors of residential schools and children who never returned home.

Health authority staff and select community partners reviewed more than 40 submissions from across the region and selected four winners.

The winning entries were created by Bruno from Grosse Isle, Alivia from Gunton, Christina from Elma and Emily from Oak Point. Their designs are featured on pins that were provided to Interlake-Eastern Regional Health Authority staff members to wear on the National Day for Truth and Reconciliation.

Bruno said it feels awesome to be chosen as one of the four winners.

"I really wanted to share how I feel. I have family and friends that are Indigenous and thought this was a good way to show that I am learning and I care," he said.

"The National Day for Truth and Reconciliation is important to me because it's a day to remember, learn and support my Indigenous friends and family."

Bruno also shared an explanation about his pin design, which features a heart with the words "I am listening and learning. National Day for Truth and Reconciliation."

"The yellow is like the sun of a new day, and the heart shows love. Orange is to remember every child matters," he said. "The words mean I'm here to learn and be there for my family and friends."

For Alivia, the contest seemed like a perfect fit since she likes creating art.

"Amazing — that's how I feel about winning," she said. "My design was created because the dreamcatcher gets rid of the bad dreams and lets in good dreams. The feathers are for strength as we remember all the children."



TRIBUNE PHOTOS SUBMITTED
Emily from Oak Point with staff at St. Laurent Health Centre.

Alivia also stressed the significance of National Day for Truth and Reconciliation.

"The day is important to me because we remember the children that were lost," she said.

Christina first heard about the contest through Ms. McBurney, a guidance counsellor at Whitemouth School, while she was attending her final year.

"She knew about my passion for art, especially traditional styles with representation and meaning behind it. She encouraged me to participate, and that's what I did," she said.

"It feels great to be chosen as the winner for this contest as a young Indigenous emerging artist trying to bring my culture to life through my pieces. I'm happy I got to spread my designs and awareness with the staff and world and to show the representation we need. I'm forever grateful for this opportunity."

Beyond the artistic opportunity, the contest allowed Christina to communicate meaningful messages.

"Truth and Reconciliation Day is crucial because it brings long overdue acknowledgment to the past and ongoing struggles. It's essential to recognize and support the movements for justice and peace, especially for the children affected through residential schools," she said.

"My submission represents the bond

between a mother, the one who nurtures and cultivates life, and the pure soul in her arms, representing the grief that comes with the loss of our children that never returned home. The sweetgrass represents the strength and the connection to the creator and all our relations; every child matters. The medicines the earth have provided for us are crucial in our culture and so is community and the life and purity the women bring with children."

Emily also participated in the contest because she has always enjoyed drawing and creating.

"I wanted to create some original artwork with meaning behind it that would be shown to the public. It feels great to be chosen as one of the winners. Having my artwork represent the National Day for Truth and Reconciliation is important to me and feels like the biggest compliment I could get," she said.

"The National Day for Truth and Reconciliation is important to me because I'm Métis and it sheds light on how the Indigenous peoples in Canada lived, their traditions and how their lives were affected because of

the abuse, mistreatment and rejection from the Canadian government. Learning from the past and growing from that knowledge helps us evolve and avoid making the same mistakes again."

She explained the thought process behind her dreamcatcher-inspired design.

"While I was creating my design for my pin, I was attempting to draw an eye-catching design that would make the general public think of the Indigenous peoples — a dreamcatcher. It also represents their spirituality and how the Indigenous traditions and culture still thrive today, despite residential schools, in most family's homes," Emily said.

"Orange is the background colour because it represents the National Day for Truth and Reconciliation, and the feathers and beadwork represent two materials that are typically used in Indigenous art."

Each winner received \$100 for their efforts, along with the chance to have their artwork distributed throughout the region.



Alivia from Gunton with the IERHA Teulon staff.



Bruno



Emily



Alivia



Grosse Isle's Bruno with Stonewall and District Health Centre staff.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake U18 AAA male Lightning split weekend games

By Brian Bowman

The Interlake Lightning were edged 4-3 by the Winnipeg Thrashers in Manitoba U18 AAA Hockey League action Saturday evening in Teulon.

Interlake's Lucas Spencer had a strong game with two goals and an assist while James Franklin added a goal and a helper.

Thrashers' goals were scored by Maddox Malmquist (two), Ben Brambilla and Brandon Corda.

Last Friday, Interlake defeated the Pembina Valley Hawks 3-2 in a shootout in Morden.

Ian Buors and Franklin scored for the Lightning in the shootout while the Hawks failed to score in two attempts.

Jayden Penner scored a pair of first-period goals for Pembina Valley and then Interlake responded with power-play markers from Buors and Morgan Waddell in the middle frame.

Interlake's Dylan MacFadyen was outstanding in goal, making 51 saves.

Interlake will take on the Winnipeg Wild Friday (7:15 p.m.) at the Hockey For All Centre.



TRIBUNE PHOTOS BY RICK HIEBERT

Interlake goaltender Dylan MacFadyen stops all shootout attempts by the Hawks for the win.



Interlake's Blake Farthing tries to tip the shot in front of Hawks' goal tender Bryson Yaschyshyn.

Canadian Junior Hockey League makes neck guards mandatory

By Brian Bowman

The Canadian Junior Hockey League (CJHL) has made neck guards mandatory after the tragic death of Hibbing, Minnesota's Adam Johnson's death during his Nottingham Panthers' game in England on Oct. 28.

Johnson was carrying the puck into the offensive zone when he took a skate blade to the neck during a game against the Sheffield Steelers.

The Elite Ice Hockey League game was called off and the arena was cleared after the incident.

The CJHL announced the following

statement last Friday:

Effective immediately, the use of certified protective neck guards during all on-ice activities, including games and practices, for each of its 122 teams, has now become mandatory, based on equipment availability.

All nine CJHL-member leagues unanimously approved the decision.

Before that decision, the Western Hockey League announced the adoption of mandatory neck guard protection for all players, effective last Friday or as soon as the protective equipment is available to the teams.

Teams across Canada, though, anticipate challenges in the delivery of protective neck guards from licensed suppliers due to a major increase in demand.

Manitoba Junior Hockey League commissioner Kevin Saurette said their league has adopted mandatory neck protection going forward.

Players have worn them their entire careers prior to junior, he said.

"In Canada (they have worn them) until they get to junior when it was an option to wear them or not," Saurette said last Friday. "For whatever reason,

players have chosen not to - that's just been the norm for a number of years. Obviously, with a tragedy like this it creates conversation and it's unfortunate that the situation is as terrible as it is (but) it creates necessary conversations. For us, these are young players and young men and the more protection, the more safety we can provide, I think it's always something that you are going to look at.

"For us, it was an easy decision to move to neck protection especially after the incident that took place (Oct. 28)."

Stonewall Jets Player Profile

#13 Rylan Slatcher
Forward

Come out to support the Jets

UPCOMING GAMES

Stonewall Jets at St. James Jr. Canucks
Friday, Nov. 10

7:30 p.m. at Ab McDonald Arena

Pembina Valley Twisters at Stonewall Jets
Sunday, Nov. 12

8:00 p.m. at Stonewall VMSC

Thunder bucked by Mustangs in RMFL championship game

By Brian Bowman

A great season by the Interlake Thunder Varsity football team ended with a disappointing loss.

Interlake was defeated 34-8 by the St. Vital Mustangs in the Rural Manitoba Football League's Doug Steeves championship game last Saturday in Winnipeg.

The Thunder lost to a very good team.

"They were well coached, well prepared, so hats off to them," said Thunder head coach Christof Hasselfield. "I think it was still a very successful season for a young team and we had a lot of development and growth, for sure. I think the season was a success even though it didn't end the way we wanted it to."

St. Vital, a first-year team in the RMFL, jumped out to leads of 14-0 and 20-2 and the Thunder could not recover.

"It's tough to come back down 14-0 but after talking to other coaches, I was very proud that our guys played hard right to the end," Hasselfield said. "Some other teams might have tried to dirty the game up or taken out frustrations. Other than a couple of bad penalties at the start, I thought we played with pride and played hard right to the end even though the game got away from us early."

Despite the defeat, the Thunder had a fantastic season, finishing with an overall record of 6-2. Both Interlake losses came against the Mustangs.

The Thunder's future looks very



Offensive lineman Maxx Ducharme (59) had a great game at the line of scrimmage.

bright as the team will lose just five players (which all contributed significantly this past season) to aging out of the league. Interlake is looking forward to being successful once again in 2024.

"We're definitely excited for next year. We retain a lot of talent," Hasselfield said. "We were very Grade 10 heavy, so it wasn't like we had a few Grade 12s and a bunch of Grade 11s. We were like a JV team, by all accounts, with Grade 9s and 10s. The future is definitely very bright and I'm super excited, especially for the (offensive) line. I feel like I say it every week but we have (a very good offensive) line. Our entire (offensive) line, it was their first year playing football.



TRIBUNE PHOTOS BY LANA MEIER

The Interlake Thunder's Jamie Dandeneau is tackled by a St. Vital Mustangs' player during the RMFL championship game last Saturday in Winnipeg.

They were all in Grade 9 or 10.

"I don't think you could undervalue playing (just) one season of football especially with the way we went all the way to the championship. Play-

ing those reps in that environment, I don't even have the words to say how much that will help when we start next year."

Lightning AAA male teams in action

By Brian Bowman

The Interlake Lightning U17 AAA male hockey team was blanked 4-0 by the Winnipeg Bruins on Sunday.

Caden Gordon and Jayden Buhler scored in the second period and then Buhler and Denys Baberiko tallied in the third.

On Saturday, Interlake was shut out 5-0 by the Brandon Wheat Kings.

Tate Bercier gave Brandon a 1-0 first-period lead and then Grady Taylor, Sage Hall-Vermette and Lucas Newman tallied in the second.

Kale Jones closed out the scoring midway in the third.

Last Friday saw the Lightning edged 2-1 by the Eastman Selects.

Darrell Murdock scored a second-period power-play goal for Interlake.

Eastman's Kylan Olson opened the game's scoring in the first period and then Josh Borgford tallied in the third.

The Lightning will host the Bruins on Friday (7 p.m.) in Warren and then visit the Central Plains Capitals Satur-

day (4:45 p.m.) in Portage la Prairie.

In U15 AAA play, Interlake had a great game with an impressive 6-3 road win over the Parkland Rangers on Saturday.

Interlake, which held period leads of 3-2 and 5-3, received goals from Hunter Loewen, Carson Kirk, Tavyn Sigurdson, Arcadian Anderson, Hudson Sigurdson and Damon Marquart.

Hunter Sigurdson had a game-high three points.

Parkland goals were scored by Noah Smigelsky (two) and Sam Lacasse.

Lightning goaltender Seth Schaeffer made 26 saves for the win.

Last Friday, the Lightning were doubled 4-2 by the Yellowhead Chiefs.

Interlake goals were scored by Ty Johnson and Marquart (power play).

Tyson Bridge, William Marvin, Grady McNish and Athens Shin-goose.

The Lightning will host the Norman Northstars Saturday (7:15 p.m.) and Sunday (2 p.m.) in Warren.

Jets lose to Riels, Railer Express



TRIBUNE PHOTO BY LANA MEIER

The Jets' defenceman Austin Manaire backed up goaltender Liam Johnson to clear the puck after it slid through the five hole.

By Brian Bowman

The Stonewall Jets were edged 4-3 in overtime by the St. Boniface Riels in Manitoba Major Junior Hockey League action Sunday afternoon.

Rylan Slatcher, Landen Sitarz and Peyton Bateman (power play) scored for Stonewall.

Nathan Burzynski scored twice for the Riels, including the game winner in OT. The other Riels' goals were tallied by Cole Davis and Connor Davis.

Last Friday, the Jets were defeated 6-2 by the Transcona Railer Express at the Veterans Memorial Sports Com-

plex.

Stonewall goals were scored by Cohen Cheung and Gavin Holod while Michael Todoruk, Kyle Todoruk, Carter Johannesson, Kaden Bruchanski, Colton Pakoo and Ryder McLure replied for the Riels.

Stonewall will play at the St. James Jr. Canucks this Friday (7:30 p.m.) and then host the Pembina Valley Twisters Sunday (8 p.m.).

On the trade front, the Jets dealt Michael Spence to the Ft. Garry/Ft. Rouge Twins for Kye Parker.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

MacMillan named Softball Manitoba's U13 AAA player of the year

By Brian Bowman

There are a lot of great U13 AAA softball players in the province.

But the very best lives right here in the Interlake.

Marquette's Jersey MacMillan was named Softball Manitoba's U13 AAA player of the year.

That's extremely impressive.

"I'm so ecstatic. I was speechless when I found out," said MacMillan. "Softball Manitoba sent an email out and there will be an awards banquet on (Nov. 25). I was very excited ... and so surprised when I found out."

MacMillan really enjoys playing against elite competition at the AAA level.

"There are so many amazing athletes on all of the teams," she said.



MacMillan, a first-time catcher this season who also plays third base, had a great summer along with her Phillies' team. She noted that their squad placed fourth at provincials and did very well in tournaments.

There was a lot of talent on this past season's team.

"It was a very good team this year," MacMillan said.

The 13-year-old played three seasons at the U13 AAA level and has improved tremendously over those years. She has been very lucky to have had some great coaches — and teammates — to help her get to this elite level.

MacMillan will be playing at the U15 AAA level for Interlake next season.

"I'm really looking forward to playing for the Phillies again this year and we have (the potential of playing) at nationals and westerns," said MacMillan, who is a talented multi-sport athlete. "It's great playing for the Phillies ... and I want to thank everyone who has helped me along the way — coaches, teammates, family, parents, grandparents. My teacher this year has (also) been a great help."



TRIBUNE PHOTOS BY DARRYL GERSHMAN

The Interlake Phillies' Jersey MacMillan was named Softball Manitoba's top female player for U13 AAA.

Hnatuk named MHSAA Rural Athlete of the Week



TRIBUNE PHOTO SUBMITTED

The MHSAA Dairy Farmers of Manitoba High School Athlete of the Week is Chase Hnatuk of the Warren Wildcats volleyball team.

Hnatuk is the setter and captain of his Wildcats' team, recently leading them to a second-place finish at the Warren tournament and the championship at the Goose Lake High junior varsity boys' tournament.

"Chase is always smiling and competing to help his team become better," said Wildcats' coach Mark Hnatuk.

Chase, a Grade 10 student, also shines academically maintaining a 96 per cent average.

Mercs win wild one

Staff

The Warren Mercs outscored the Portage Islanders 8-5 in South Eastern Manitoba Hockey League action last Saturday.

Warren, which built period leads of 3-1 and 6-5, received a great three-goal and an assist effort from Dexter Kuczek while Chase Faulkner added a goal and two assists.

The Mercs' other goals were tal-

lied by Carson Ouellette, Johnny Lazo, Brenden Luschinski and Brett Brooks.

Johl Swedio (two), Jared Roy, Tanner Lesann and Linden McCorrister replied for Portage.

Mitch Adamyk made 42 saves for the win.

Warren, now 2-0, will visit the Carman Beavers on Friday (8 p.m.) and then host the Ile des Chenes North Stars Sunday (5 p.m.).

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Tex-Mex Sweetpotato Beef Skillet

Rinse and scrub sweetpotatoes to clean. Chop into 1/2-inch cubes. Dice bell pepper and onion. Set aside.

In skillet over medium heat, heat 1 tablespoon oil or butter.

Add garlic and saute until fragrant, being careful not to burn.

Add ground beef, breaking apart and stirring until cooked through, 5-7 minutes. Remove garlic and beef to covered bowl or plate; set aside.

In same skillet, add remaining oil or butter. Saute peppers, onion and sweetpotatoes until slightly tender.

Pour in broth, diced tomatoes and tomato sauce; cover and simmer 12-15 minutes.

Stir in cooked beef and corn. Cook until liquid reduces and mixture thickens slightly. Add seasoning and salt and pepper, to taste.

Recipe courtesy of Meredith Bernard of "This Farm Wife" on behalf of the North Carolina Sweetpotato Commission

Servings: 6

2 medium sweetpotatoes

3 bell peppers (combination of red, yellow and orange)

1 small onion

2 tablespoons olive oil or butter, divided

2 garlic cloves, minced

1 pound lean ground beef

1/2 cup beef broth

1 can diced tomatoes

8 ounces tomato sauce

1 can Mexi-corn or Southwest corn

1 tablespoon Southwest seasoning salt, to taste

pepper, to taste



Orange Juice and Coconut Chickpea Soup

Add garlic and cardamom; cook 1-2 minutes, or until garlic is fragrant. Do not brown.

Add vegetable broth, coconut milk and chickpeas; bring to simmer.

Decrease heat to low and cook until carrots are tender, about 10 minutes.

Add orange juice, remove from heat and stir. Taste and adjust seasoning as desired.

Serve garnished with cilantro, if desired.

Superfruit Breakfast Smoothie

Servings: 2

8 ounces Florida Orange Juice

4 ounces dark sweet cherries

2 ounces pomegranate juice

In blender, puree orange juice, cherries and pomegranate juice then serve.

Servings: 8

1 tablespoon olive oil

1 cup diced yellow onion

1 red bell pepper, diced

1 1/2 cups diced carrots

1 1/2 teaspoons kosher salt

3 cloves garlic, finely grated

1/2 teaspoon ground cardamom

1 quart vegetable broth

1 can (14 ounces) light coconut milk

1 can (14 ounces) chickpeas, drained and rinsed

1/2 cup Florida Orange juice

chopped cilantro (optional)

In medium saucepan over medium high, heat olive oil until it shimmers.

Add onions, bell pepper, carrots and salt; cook until onions are translucent, 5-7 minutes.

Expert patient here to help!

By Susie Schwartz

Ever feel like a problem? Even if you're not the problem?

There are better and worse ways to get the desired result.

I recently found myself at the pharmacy at my doctor's office 5 days out of 7. I'm in a gastroparesis relapse and a specialist, Dr. Walker, shot out a barrage of meds and medical supplies like a semi-automatic aiming at a can of worms. (Worms = symptoms.) Some relief was in sight. (Site? This simile just doesn't stop.)

Over here in England, a specialist sends an instruction letter to your GP, and then they sign off and get the meds dispensed in their pharmacy. Dr. Walker laid out the instructions in the letter - take med 1 for five days, then med 2 for one week, and then med 3 for a month, rinse and repeat. Also, up the dosage of med 1a (I was already on it). Then, do a phosphate enema every three days. Okay, I need a three hour nap after data processing this.

Apparently, the dispensary staff also needed a nap or two, because it took those five aforementioned trips to get the order right.

But it was not really dispensary's fault, nor the front staff. The doctor sighing off kept missing details.

So, I decided, instead of complaining, I would instead thank dispensary and the front staff for the 'extra care' they'd been giving me. Sometimes, when I am there often, I can sense their frustration with my needs. (No shoot, Watson. You think I'm not frustrated?!)

So, by thanking them, I believe they will continue to try to be helpful, rather than roll their eyes or take an early, extra-long lunch



Susie Schwartz

break when they see me coming. I think it worked. They looked very grateful for my gratefulness.

And to be clear, if the rigamarole had gone on much longer, I would've put in a formal complaint to the managing doctor, because all the delays and their mistakes were adding to my suffering. There is a time and place to speak up about the negative. I just think sometimes, we jump to that too quickly.

Desired result. What will get us there? That is the question.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss_stress, and at www.lesshealthstress.com where you can sign up for 'Convos with Carlos'. Her book, 'Help the Doctor Help You - 32 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments' is now available on Amazon!



Roasted Pumpkin Seeds

In pot over high heat, bring water to boil. Add pumpkin seeds and 2 teaspoons salt; boil 15 minutes. Drain water and spread seeds evenly on paper towels to dry.

Preheat oven to 350 F. Line baking sheet with foil or parchment paper.

In medium bowl, toss seeds and butter until coated well. Sprinkle with garlic powder, paprika and additional salt, if desired. Spread seeds evenly on baking sheet.

Bake 25-30 minutes, or until golden brown and lightly toasted. Stir every 10 minutes.

Water
1 1/2 cups raw pumpkin seeds
2 teaspoons sea salt, plus additional for seasoning (optional)
2 teaspoons salted butter, melted
1 teaspoon garlic powder
1 teaspoon paprika

Classifieds

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The Tribune Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication
Please Call 204-467-5836



THE TOWN OF STONEWALL WANTS TO HEAR FROM YOU!

TRAFFIC BY-LAW UPDATE OPEN HOUSE EVENT

Wednesday, November 22, 2023

1:00 PM – 4:00 PM – Drop-in

6:30 PM – 8:30 PM – Drop-in

Quarry Park Heritage Arts Centre

ACCESS AUDITORIUM

The Town of Stonewall is in the process of updating its Traffic By-Law. We are hosting a public event to receive feedback on the revisions and updates. A survey will be provided at the conclusion of the event.

Please join us!

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

FARMLAND WANTED

Small farm looking to buy farmland in the RM's of Rosser, Woodlands or Rockwood. Flexible on purchase terms. Ph 204-771-2169.

PROPERTY FOR SALE

GUNTON – Vacant lot with 50 ft. frontage, great for mobile home as they are permitted in Gunton, \$49,900; also, larger lots for houses avail., \$59,900. Teulon – large residential building lot, backs onto fair grounds, \$59,900. Call 204-467-8537 or 204-513-1980.

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

**News Tips?
Story Ideas?**
call the Tribune
204-467-5836

Grow Your Business by placing a **HELP WANTED** ad in the Tribune

STRAW FOR SALE

Small square flax straw. 204-482-5101.

Big round bales of straw made with JD 569 baler; also, 10 ft. steel livestock panels, price \$125. Call 204-886-2083, Teulon.

HAY FOR SALE

Wild grass mix hay as well as alfalfa hay. Call or text for availability 1-204-861-0003.

HONOUR YOUR LOVED ONES WITH AN ANNOUNCEMENT IN THE RECORD

WATER TREATMENT

Pentair water softeners. Iron removers. Pressure tanks. Well pumps. 5 stage reverse osmosis systems, \$275. Replacement Polyspun \$3.80, carbon \$7.80 filters. All sizes replacement water filters. Softener Res Care cleaner, 1 gallon, \$29. All Seasons 204-661-8581.

RM OF ARMSTRONG

PUBLIC NOTICE

CANCELLATION OF REGULAR COUNCIL MEETING

The Rural Municipality of Armstrong's Regular Council Meeting for Tuesday November 28th, 2023 and Tuesday December 26th, 2023 has been cancelled and will not be rescheduled.

Hilda Zotter, CAO
RM of Armstrong
1094 Highway 17
Box 69, Inwood, MB ROC 1PO
Phone: 1-204-278-3377

take a break > GAMES

SUDOKU

	3			6				2
	6	1			4			
	7			3				
9			1					2
8	2				3			6
			9			5		8
	9							7 5
				8				
6			4	7				

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	6	8	5	7	4	2	8	9
4	9	2	6	8	3	5	1	7
7	8	2	1	9	4	6	3	5
8	5	7	2	6	9	4	1	3
9	1	6	3	4	9	2	7	8
2	7	4	8	9	1	3	5	6
6	4	9	1	3	2	8	7	5
3	5	7	4	6	8	1	9	2
1	2	8	9	6	5	7	4	3

Sudoku Answer

S	R	E	T	S	O	F		S	C	N	A	S	
A	I	T	I	R	O			S	V	I	H	C	
L	O	I		R	V	R	E	N	E			O	
V	O	C			V	V	R	B	O	V	E	R	
S	T	V	H	R	E	J	E	R	S	T	O	N	E
D	E	S	H	V	A		O	B	C	O	I		
N	E	I	S		O	D	I	V	T	O	S	E	D
L	I	W	E		W	E	H	L					
V	T	V		L	V	N	S						
D	H	R	E		R	E	G						
E	I	U	E		E	S	N	E	F	X	E		
S	V	H	H		R	U	O	O					

Crossword Answer

CLUES ACROSS

- Happen again
- Large flightless birds
- A type of account
- Beyond what is natural
- Beloved comfort food
- Rural delivery
- Belonging to us
- Typical
- Pie ___ mode
- Returned material authorization (abbr.)
- Not us
- Discharge
- Made empty
- Fishing net
- Fast-moving, harmless snake
- Analyzed into its parts
- In a way, chilled
- Hindu queen
- Circles around the sun
- Used for emphasis
- Reactive structures
- Recommendations
- Feel intense anger
- Puke
- Rural Northern Ireland community
- Naturally occurring solid material
- British watch brand
- Toddler
- Integrated circuit
- Being revered
- "Pets" you can grow
- Continual
- Puts together in time
- Houses temporarily

CLUES DOWN

- Vital public document
- Disinter
- Musical performances

CROSSWORD

1	2	3	4	5	6	7		8	9	10	11	12	
13								14					
15						16	17	18				19	
20						21						22	
23						24						25	
26				27	28	29				30			
				31						32			
				33						34			
35	36	37						38					
39								40			41	42	43
44						45							46
47						48							49
50					51					52	53	54	
55		56								57			
58										59			

- After B
- Every body has one (abbr.)
- Utilize
- In a way, disproved
- Fisherman's tool
- Of she
- Trauma center
- Commercial flyer
- Administered medicine to calm
- Popular R&B performer
- Regretted
- Leg (slang)
- "Night Train" author
- More supernatural
- Baltimore ballplayer
- Shoe parts
- Scores perfectly
- More lucid
- Trim by cutting
- Disreputable people
- Dramatic behaviors
- Disorder
- Private box in a theater
- More dried-up
- Raw
- In operation
- Pillager
- Butterflies with brown wings
- Disallow
- Own up
- Hungarian city
- A way to condemn
- Tax collector
- Lease
- Not out



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Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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NOTICES

PROMOTE YOUR ONLINE STORE FOR CHRISTMAS RIGHT NOW, IN THE 31 Weekly Manitoba Community Newspapers! Make the best of what is left of the year. Have your messaging seen all over the province. BOOK YOUR ADS! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

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Closes November 15 @ 7 PM

Estate & Moving
Closes November 22 @ 7 PM

Estate & Moving
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Closes November 29 @ 5 PM

204-467-1858 or
204-886-7027
Consignors Welcome!



Online Patient Support Group

Saturday
November 25,
2023
10:30AM CST

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF: MIKE SHKOLNY, late of the Town of Teulon, in Manitoba, Deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 72A Centre Street, P.O. Box 6500, Gimli, Manitoba, R0C 1B0, on or before the 8th day of December, 2023. DATED at Gimli, Manitoba, this 9th day of November, 2023. BAKER LAW CORPORATION SOLICITORS FOR THE EXECUTORS Attention: Grant D. Baker

WANTED

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Also purchasing Old Money, Royal Canadian Mint Coins, Franklin Mint, Coin Sets, etc. **Wanted:** USA, Canada and World Coin Collections, coin sets & old money. Buying Entire Collections!

Todd The Coin Guy
250-864-3521

ONLINE ONLY FARM AUCTION SALE

For the Estate of Tony Yurchi, Arborg, MB

Sale starts online:

Monday, November 8, 2023 at 9:00 a.m.
Closes: Soft close starting at 9:00 a.m., Saturday, November 18, 2023

To register: go to: www.apro.bid (Bidding site)

Over 300 lot items for sale – Tractor, Truck, ATV, Wood, Tools, Shop equip, some household
Check websites for full listing and your mailbox
Viewing by appointment only
Monday, November 13 & 14th.

From Arborg – 4 miles south on Hwy #7 to 125NE (Silver). Turn west for 4 miles. Lots will be sold in order listed. Please note that some lots are blank (no item)

Pickup Monday, November 21 & Tuesday, November 22nd starting at 9:00 a.m. Contact Buddy for viewing arrangements.

Lorne (Buddy) Bergner & John Lampert, Auctioneers

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Email: bergnauct@mymts.net
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www.globalauctionguide.com

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204-389-2023
102086 Hwy 9, Wpg Beach, MB

APARTMENT FOR RENT

Bachelor suites to rent at Oak Park Lodge which is a 55+ seniors residence at 75 Railway Ave. in Woodlands, MB. Congregate meal program available daily for minimal additional charge. Contact Lori at 204-383-0720 or email opl@mts.net



Building Inspector (Permanent / Full Time)

R.M. of Rosser Office (CentrePort)

The South Interlake Planning District (SIPD) is accepting resumes for the position **Building Inspector (Permanent / Full Time)**. Under the direction and supervision of the South Interlake Planning District's (SIPD) Chief Building Inspector, the Building Inspector is responsible for the management of commercial and residential building files throughout the Planning District and the Inland Port Special Planning Area (IPSPA).

Please see the complete **Job Description** at <http://www.sipd.ca/p/employment-opportunities> for details on the position.

REQUIRED SKILLS & QUALIFICATIONS:

- Must possess a High School Diploma, GED, or equivalent;
- Preferred candidate will have or be eligible to obtain a Certified Engineering Technologist (CET) designation;
- Must have a minimum of five (5) years of practical experience working with development and building regulations and/or in the construction field as a tradesperson;
- Must have successfully completed Part 3 and Part 9 Manitoba Building Code courses;
- Must have a detailed understanding of *The Buildings Act* (Province of Manitoba) and Building, Energy, Plumbing, and Fire Code requirements;
- Proven ability to provide professional communication, both verbally and in written form;
- Ability to exercise sound judgment when assessing technical information from a variety of expert sources;
- Ability to exercise courtesy, tact and sound judgment when discussing development and construction projects with developers, consultants, external agencies, representatives of other levels of government, Planning District staff, and members of the general public;
- Must be familiar with desktop computers, office related software (e.g., MS Office programs) and equipment, and data/permit management programs (e.g., CloudPermit, etc.);
- Must work efficiently and with frequent interruptions.

HOURS OF WORK: Monday to Friday, 8:30AM to 4:30PM, with one hour for lunch.

COMPENSATION: \$75,000-\$85,000 annually (35 hours per week), plus an attractive benefits program. Compensation shall be commensurate with qualifications and experience.

If you are interested in applying for this position, please send or email your cover letter, resume, and three references (a minimum of two references must be work-related) to **Eric Shaw, General Manager of SIPD**, by **Friday, December 8, 2023, at 12:00PM CST** at eric.shaw@sipd.ca.

We thank all those for applying, however, only those selected for an interview will be contacted.

Classifieds Stonewall Teulon Tribune Announcements

Book Your Classified Ad or Announcement Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

SOUTH INTERLAKE PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF SECOND PUBLIC HEARING

On the date and at the time and location shown below, a SECOND PUBLIC HEARING will be held to receive representations from any person(s) with respect to ALTERATIONS concerning the following by-law:

THE SOUTH INTERLAKE PLANNING DISTRICT BY-LAW NO. 1/23
Being an AMENDMENT to the SOUTH INTERLAKE PLANNING DISTRICT DEVELOPMENT PLAN BY-LAW NO. 3/10, as amended.

HEARING LOCATION: Rural Municipality of Rosser Council Chambers
285 Main Street, Stonewall, MB

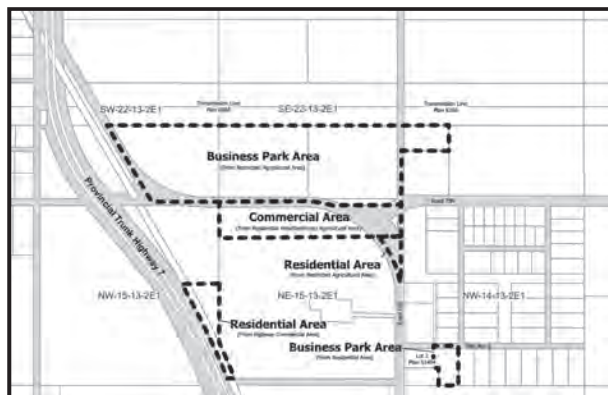
DATE & TIME: Friday, November 17, 2023, at 10:30AM

INTENT: 1. To expand the Urban Centre boundary for Stony Mountain to include Pt. of the NE ¼ of Section 15-13-2EPM, Pt. of the S ½ of Section 22-13-2EPM, and Pt. of the SW ¼ of Section 23-13-2EPM; and

2. To re-designate lands as follows:
- Pt. of the SW ¼ of Section 22-13-2EPM, Pt. of the SE ¼ of Section 22-13-2EPM and Pt. of the SW ¼ of Section 23-13-2EPM from "Restricted Agricultural Area" to "Business Park Area"
 - Pt. of the NE ¼ of Section 15-13-2EPM from "Residential Area" and "Restricted Agricultural Area" to "Commercial Area"
 - Pt. of the NE ¼ of Section 15-13-2EPM from "Restricted Agricultural Area" to "Residential Area"
 - Pt. of the NW ¼ Section 15-13-2EPM and Pt. ¼ NE-15-13-2EPM from "Highway Commercial Area" to "Residential Area"
 - Pt. Lot 2, Plan 51494 from "Residential Area" to "Business Park Area"

PROPOSED ALTERATION: The by-law has been amended to remove proposed "Business Park Area" lands north of the Manitoba Hydro Transmission Line in Pt. SW ¼ 22-13-2E, Pt. SE ¼ 22-13-2E, and Pt. SW ¼ 23-13-2E.

AREA AFFECTED:



FOR INFORMATION CONTACT: Eric Shaw, General Manager
South Interlake Planning District, 5-15 Davis Way,
R.M. of Rosser, MB, R3C 2E6,
Phone: 204-467-5587

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property Owners are responsible for notifying lessees

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EMPLOYMENT OPPORTUNITY

THE RURAL MUNICIPALITY OF
ROSSER

RECREATION AND COMMUNICATIONS FACILITATOR (Full-Time)
or
RECREATION FACILITATOR (Part-Time)

The Rural Municipality of Rosser invites applications for the new position of Recreation and Communications Facilitator (Permanent, Full-Time) or Recreation Facilitator (Permanent, Part-Time).

Under the direction of the Chief Administrative Officer, the Recreation and Communications Facilitator (Full-Time) and Recreation Facilitator (Part-Time) will guide and facilitate the development of recreation programming offered in the RM of Rosser by assisting volunteer organizations to maximize facility usage, develop leadership and promote the value of recreation and community event programming, while recommending strategies to Council on growing recreation in general. In addition, the Recreation and Communication Facilitator (Full-Time) position will be the lead on communicating effectively on our various communications platforms.

Qualifications – Recreation and Communications Facilitator (Full-Time) & Recreation Facilitator (Part-Time)

- Recreation administration experience, or a combination of experience and college level education is required.
- Research and grant writing skills is an asset.
- Proficiency in using Microsoft Office (Word, Excel, Outlook, PowerPoint) and the ability to learn and adapt to multiple software programs.
- Excellent verbal and written communication skills with the ability to effectively communicate with various stakeholders.
- Class 5 driver's license.

Additional Qualifications – Recreation and Communications Facilitator (Full-Time)

- Communications experience or communications education.
- An understanding of social media and marketing tactics used to promote events is an asset.

The Rural Municipality of Rosser offers a competitive salary and benefits package including health/dental and pension. The approved hourly wage scale for this position is \$22.50-\$25.08.

Applications must contain a resume, covering letter and three references. Please advise which position you are applying for on your application. **Position will remain open until filled.** Only those candidates chosen for an interview will be contacted.

Please forward application to Ashley Campbell, Executive Assistant at:
Rural Municipality of Rosser
Box 131
Rosser, Manitoba R0H 1E0
fax: (204) 467-5958
e-mail: admin@rmofrosser.com

To view a full job description please visit <https://www.rmofrosser.com/p/job-postings> or call the Municipal Office at (204)467-5711.

The Rural Municipality of Rosser supports inclusivity and accessibility in the workplace. Reasonable accommodation is available to applicants with disabilities.

BIRTHDAY



Happy 6th Birthday Aubrey!
-Love Mom, Dad and Jase

BIRTHDAY

80th Birthday Party for Alfred Hoas
on Saturday, November 18th
1 p.m. to 4 p.m. at Meadows Hall
Please join us for a come and go lunch
No gifts please. Your presence is your gift.
-Michael, Jason and Debbie

Remember your loved ones on their special day send your special wishes to your friends and family.

Stonewall Teulon Tribune
Call 204-467-5856
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Announcements



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IN MEMORIAM



HALLSON

In remembrance of our husband, father, Afi Harold who left us on November 12, 2022
 We think about you always,
 We talk about you still;
 You have never been forgotten,
 And you never will.
 We hold you close within our hearts,
 And there you will remain;
 To walk and guide us through our lives,
 Until we meet again.
 -Lovingly remembered by your family

IN MEMORIAM



George Henry

January 23, 1941 – November 10, 2018
 Thinking of you and missing your strong quiet presence every day.
 -Love Flo and all of your family

There is a link death cannot sever,
 Love and remembrance last forever.

OBITUARY



Vicky Lynn Deprez
 April 22, 1952 - October 29, 2023

It is with the deepest regret that we must announce the passing of Vicky Lynn Deprez on Sunday, October 29, 2023 with her family by her side.

Vicky was born in Brandon, MB on April 22, 1952 as the middle child of George and Nancy Harrowen. She attended Earl Oxford and Vincent Massey High School. Vicky dabbled in a lot of activities - who could forget her time as a cheerleader! Her summers growing up were spent with her sisters and parents at Clear Lake where she worked at the local trading post, hung out with her group of friends and loved to roller skate and attend the Saturday night dances. After high school graduation in 1970, Vicky moved to Winnipeg where she graduated as a Registered Nurse from Grace Hospital. She went on to work a variety of nursing

positions; at the HSC, Childrens Hospital NICU, Northern Rehabilitation and Home Care.
 On a trip to Hawaii in February of 1975, she met her future husband Doug at Shipwreck Kelly's. As it turned out, they only lived 20 miles apart back home and, after a whirlwind courtship, they were married on October 25, that same year. Vicky and Doug travelled a lot together to Costa Rica, New York, Mexico, and Dominican and made so many happy memories together. They purchased their winter home in Florida in 2011, where they spent 11 years as snowbirds and met so many wonderful people.

Vicky was dedicated to and defined by her family. In 1979, they welcomed their son Ryan, and in 1985 welcomed their daughter, Jenna. When the kids were younger, they went on many family camping trips, vacations, and road trips throughout Canada and the USA and always enjoyed planning birthday parties and pool parties for the kids. As the kids got older, she spent her free time singing with the local Quarry Choristers for many years, performing and singing ever so beautifully as a soprano. She loved spending her time with friends going for lunch or dinner, shopping, or at the local slot machines we called the "office".

Her grandchildren were her world. She loved picking them up and taking them for special treats. Buying them all their favorite things and making sure they never went without. You could always find her cheering the boys on at a hockey game and baseball game or the girls at dance class and gymnastics. She was their biggest fan!

Vicky was predeceased by her parents, Nancy and George Harrowen; sister Marsha Giles, and recently her beloved husband, Doug Deprez.

Vicky is survived by her son Ryan, daughter-in-law Lisa; daughter Jenna (Jared); her beloved grandchildren: Natasha, Trent, Jase, Linnea, Brayden and Mikenna and sister, Donna Harrowen. Niece, Mellissa Sinclair (Scott), Jaxton and Calla; brothers-in-law and sisters-in-law: Rod (Sheryle), Don (Laurie), Laurie (Arlene), David (Debbie), Leanne (Doug) and Lindy McEachern; numerous nieces and nephews and friends.

Funeral Service is planned for Thursday, November 9, 2023, at 11:00 a.m. at the Stony Mountain Community Centre, Stony Mountain. Interment will follow at a later date.

The family would like to thank the staff at the HSC emergency and MICU for providing her the best care she desperately needed.

In lieu of flowers, donations can be made to the St. Joseph's Catholic Church in Stony Mountain.



204-886-0404



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- Narrows Sunset Lodge

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