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Bomber buds

TRIBUNE PHOTO BY JO-ANNE PROCTER

Woodlands' Everett Brown had fun with the Winnipeg Blue Bomber mascots Buzz and Boomer at Claudette and Bob Carter's second annual Country Day Market north of Woodlands last Saturday. The mascots spent the afternoon visiting with shoppers and promoting the remainder of the Bombers' season.

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Celebrating history and upgrades at local museum

By Jo-Anne Procter

The Woodlands Museum has transformed into a cultural gem and has recently been named as a finalist for the Interlake Tourism Member Award of Excellence. The recognition is a testament to the hard work and dedication of the museum's board of directors and many volunteers in making the museum what it is today.

Lorelee Procter, president of the Woodlands Museum board of directors, addressed guests and expressed gratitude for the ongoing support from various sources at a celebration held last Saturday. Community members, board members and dignitaries came together to commemorate recent accomplishments and upgrades that have taken place at the museum.

Procter emphasized that private contributions in the form of monetary donations, memorial funds and volunteer efforts have played a crucial role in sustaining and improving the museum all while recognizing the value and importance of preserving our local history.

"It is through the kindness and generosity of community members that we offer sincere thanks," she said.

Procter listed off grants and do-

nation support to recent innovative projects.

Federal funding from Canadian Heritage-Cultural Spaces Fund made it possible to create a beautiful outdoor gathering space where visitors can relax and immerse themselves in nature.

The entryway to the Graysfield School building has been upgraded with funds received through the Enabling Accessibility Fund's Federal Small Projects Component in 2022. Repairs were made that ensure everyone can access and enjoy all that this historical site has to offer.

The commitment towards sustainability is also apparent through initiatives like transitioning from traditional lighting systems to energy-efficient LED lights. The Building Sustainable Communities Program facilitated this transition while Efficiency Manitoba helped offset some of the costs — a testament to the dedication towards creating an environmentally responsible museum.

Recognizing how technology plays a crucial role in enhancing visitor experiences today, the board of directors successfully secured funds from Arts Culture and Sport in Community Fund for new technology pieces. This investment will allow for improved digital presence including upgrading cataloguing systems as well as expanding social media outreach.

Procter explained that one of the ways the Woodlands Museum has been able to continue its mission of preserving and showcasing our local history is by employing summer staff through the Canada Summer Jobs



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Woodlands Museum board members, dignitaries from the Progressive Conservative party, the RM of Woodlands and a representative from Tree Canada at the entrance of the museum at a celebration held last Saturday.

program.

The partnership between the RM of Woodlands and the museum goes beyond mere financial support or physical labour; it represents a deep-rooted connection between people who understand why preserving our past matters.

The South Interlake Garden Club provided a grant that enabled the board to purchase essential maintenance tools and equipment, as well as some perennials and flowers that now adorn the museum's gardens.

Tree Canada provided a \$3,500 grant to plant an orchard with a variety of trees and bushes that played an essential role in sustaining early communities. The orchard serves as a living testament to our heritage, providing visitors with an opportunity to learn about traditional practices. It represents a connection to our history, specifically the trees and bushes that were vital for Indigenous peoples and



Volunteer WCI student Jacenta Lavallee served the longest standing museum board members Eleanor Procter, left, and Jean Marshall homemade pie at the celebration held last Saturday.

settlers in creating homes for their families.

Procter noted that WCI student Bre-Ann Windross wrote a brief history

Continued on page 3

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> MUSEUM, FROM PG. 2

capturing the essence of the community, which can be read on a new sign at the orchard.

Lorinda Fosey, community advisor with Tree Canada, attended the celebration and noted that the celebration aligned perfectly since last week was National Forest Week. The orchard contributes positively to our environment by promoting biodiversity and Tree Canada's mission of supporting community-based projects that prioritize both environmental preservation and public well-being.

The museum showcases an exceptional experience for visitors and promotes the rich history and culture of the region. The official name has been changed to The Woodlands Museum and a new sign is on its way with a

beautiful drawing designed by WCI student Katelyn Dorsch. This artwork will be featured on a sign that will be purchased using funds received from the Interlake Community Foundation.

"To the 'helpers' who we call 'Friends of the Woodlands Museum,' we couldn't easily accomplish many of the events and small odd jobs that come up along the way," Procter said. "From coming to help at short notice when we need some heavy lifting to baking, serving, cleaning, supporting events, please know and feel our appreciation."

The museum is closed for the season; however, it will be hosting a Haunted Trail and Kids Fun Day on Oct. 14 from 11:30 a.m. to 2 p.m. and Oct. 15 from 1 to 4 p.m. Admission will be \$5 and there will be face paint-



Woodlands Museum board members, left to right, Karen Walsh, Judy Olson, Lorelee Procter and Brenda Balan served homemade saskatoon and apple pie to guests at the celebration held last Saturday.

ing, tattoos and treats, as well as hot dogs and drinks.

Then on Nov. 25, the board will host their annual Christmas event.

Stonewall council news in brief

By Jennifer McFee

- At the Sept. 20 meeting, Stonewall council passed second and third readings of a bylaw to regulate and control firearms within town.
- The Town of Stonewall will enter into an agreement with the Manitoba division of the Canadian Corp. of Commissionaires.
- Council accepted a proposal from Food Cycle Science Corporation for a food waste diversion pilot project.

ect.

- Council received one quote through the request through the proposal process to provide outdoor maintenance services at 509 2nd St. West. Council entered into a memorandum of understanding with Push No More Grass and Snow.
- Council accepted a quote from Northwestern Roofing Ltd. for roof repairs to the old post office.
- Council accepted a propos-

al from Access Credit Union for the provision of banking services to the town.

- The Town of Stonewall will enter into a consulting services agreement with Safety Culture Coach from Oct. 1, 2023, to Sept. 30, 2024.
- The CAO will execute the

curling club naming rights advertising agreement between the Town of Stonewall and Access Credit Union.

- Tax bills are due Sept. 29. For more information about how to pay, visit the Town of Stonewall website at www.stonewall.ca.

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Shoppers enjoy an autumn day in the country



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Claudette and Bob Carter hosted their second annual Country Day Market at their home north of Woodlands last Saturday afternoon. It was a beautiful autumn day for shoppers to get a jump on early Christmas shopping. Carter's Craft Barn was filled with vintage and upcycled treasures for sale with local crafters and vendors. Also included was a silent auction with proceeds going to Ride for a Child's Wish. There were hotdogs on the grill and special guests Buzz and Boomer from the Winnipeg Blue Bombers stopped by to visit and pose for photos. Pictured clockwise from top left, Bob and Claudette Carter in front of Carter's Craft Barn; Hazel and Everett Brown took an interest in a family of wooden ducks; Tara and Lonnie Toole with Ducked Up Farm from St. Laurent had their knitted and engraved items and goat milk soaps for sale; and the Winnipeg Blue Bombers mascots Buzz and Boomer shared their couch with Brady and Peyton Tully.



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Stonewall attracts two film projects

By Jennifer McFee

Lights! Camera! Action!
Stonewall continues to be a popular site for film work.

Filming is underway for a Hallmark film called *Holiday Hotline*, which stars Emily Tennant (*Polly Pocket: Sparkle Cove Adventure*) and Niall Matter (*Come Fly With Me*).

"After leaving London, Abby (Tennant) connects with an anonymous caller while working at a cooking hotline," explained Taylor Albers, PR executive for the film.

"The caller is single dad John (Matter), who Abby unknowingly has become smitten with in real life."

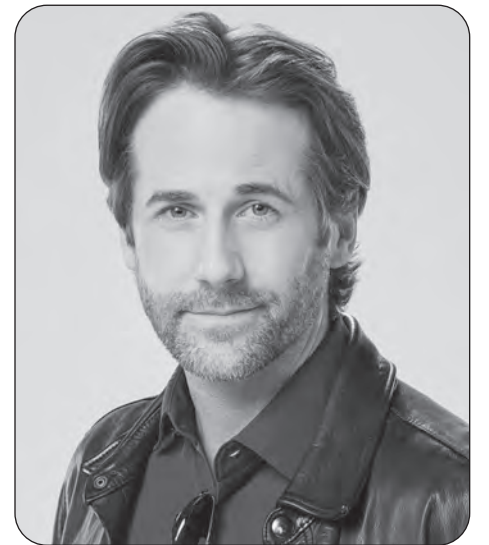
Filming took place in Selkirk from

Sept. 18 to 21 and Stonewall from Sept. 22 to 25 at multiple private residences.

The film is directed by Mark Jean and produced by Juliette Hagopian. Joey Plager, Ellie Kanner and Howard Braunstein are the executive producers.

You can check out the movie on Sunday, Nov. 19 at 8 p.m. ET/PT on the Hallmark Channel.

In another film project, filming took place in Stonewall at Sig's Grill and the old post office for *Clown in a Cornfield*. Various street closures were in effect for the filming, which took place from Friday, Sept. 22 to Wednesday, Sept. 27.



TRIBUNE PHOTOS SUBMITTED

Holiday Hotline, which stars Emily Tennant, left, (*Polly Pocket: Sparkle Cove Adventure*) and Niall Matter (*Come Fly With Me*), is being filmed in Stonewall.

Lightly School students support families, organizations in need



Submitted by Martha Cassidy

For several years, Lightly School has organized a charity project called Pumpkins for Poverty.

Students from the Hutterian school plant and raise pumpkins throughout the summer and harvest them in the fall. The gourds are then sold for \$5 each, with the proceeds dedicated to charity organizations.

The program started out by sponsoring an education project in the Philippines, and over the years, it has grown alongside the pumpkin crop.

During the COVID-19 pandemic, students discovered there are many Manitobans in need of support and



TRIBUNE PHOTOS SUBMITTED

Lightly School's Pumpkins for Poverty program has supported charitable organizations at home and abroad, teaching students how to engage with their communities and improve the lives of others.

love. Since then, they shifted their support to local charities, like Main Street Project, Macdonald Youth Services and various Christmas hamper programs for struggling families.

The fundraising efforts have been very successful and have helped teach students how to put thoughts into action and actively be involved in improving the lives of others.



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COVID outbreaks in IERHA health facilities, illness reporting to cease

By Patricia Barrett

As COVID transmission increases in Manitoba, a number of health facilities in the Interlake-Eastern Regional Health Authority are experiencing COVID outbreaks.

A screen-grab on Sept. 22 of the IERHA's outbreak webpage shows four facilities experiencing with COVID outbreaks:

The Arborg Personal Care Home COVID outbreak was declared on Sept. 15. The Eriksdale Personal Care Home outbreak was declared on Sept. 19. The Eriksdale E.M. Crowe Hospital outbreak was declared on Sept. 20. And Teulon's Goodwin Lodge Personal Care Home outbreak was declared on Sept. 27 (this date may be a typo).

The *Express* reached out to the IERHA for information on the numbers of patients and staff infected, whether there have been any deaths associated with the outbreaks and clarification on the date of the outbreak at Goodwin Lodge.

The IERHA is no longer implementing pandemic protocols and sharing details of illnesses in its health facilities. It will also be discontinuing public reporting on its website as the pandemic "has concluded," said a spokesperson for the health authority.

"The fall respiratory virus season is upon us. Now that the pandemic has concluded, we are no longer implementing pandemic protocols. Unless specified in provincial protocols, we

Facility/Unit	Date Declared	Type
Arborg Personal Care Home	September 15	COVID-19
Eriksdale Personal Care Home	September 19	COVID-19
Eriksdale E.M. Crowe Hospital	September 20	COVID-19
Goodwin Lodge Personal Care Home	September 27	COVID-19

INTERLAKE-EASTERN RHA OUTBREAK WEBPAGE

The IERHA's outbreak webpage, viewed Sept. 22, shows COVID outbreaks hitting four facilities in the health region. The health authority said it will no longer be implementing COVID protocols and sharing details of outbreaks. It will also be ceasing public reporting.

are no longer publicly reporting specific details on illness circulating in facilities as this is not a requirement of current protocols," said the spokesperson. "As a further reflection of our departure from pandemic protocols, will be moving to discontinue reporting illness in facilities on our website. We will continue to communicate directly with patients, residents and family members regarding circulating illness."

The Manitoba government's latest respiratory surveillance report for the period Sept. 10-16 (Week 37) states there were 114 new COVID infections detected that week, and that the num-



TRIBUNE PHOTO BY PATRICIA BARRETT
The Arborg Personal Care home.

ber of COVID-associated hospital admissions "have increased compared with the previous week."

> Got something you want to get off your chest? How about an act of kindness to share?

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TRIBUNE PHOTO BY LANA MEIER

Advance voting for the Lakeside electoral division in Stonewall is taking place at Quarry Park Heritage Arts Centre from Sept. 23 to 30 from 8 a.m. to 8 p.m. (Saturday to Saturday and Sunday from noon to 6 p.m.)

Did you know? As the season changes, temperatures drop and days get shorter. Trees get less direct sunlight, and the chlorophyll in the leaves breaks down. The lack of chlorophyll reveals yellow and orange pigments that were already in the leaves but masked during the warmer months. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca

Argyle Settlers, Rails and Trails open house

Staff

Mark your calendar for upcoming events hosted by Settlers, Rails and Trails.

The Museum Park Open House will take place on Oct. 1 from 1 to 4 p.m., offering a chance to see the organization's project updates over the last year. The event takes place at the museum park, located half a mile north of Argyle on Meridian Road next to

the Brant-Argyle cemetery. Sensible footwear is recommended.

In addition, the museum is open the first Saturday of each month from 1 to 4 p.m., offering a chance to view the unique Manitoba Brick and Block Exhibition at Argyle Community Centre. This exhibit shares the story of the province's masonry heritage spanning more than 130 years and including 196 brick-making companies.

On Dec. 7, celebrate the holiday season with a musical Christmas concert. The event will feature music from the band Apple Fire as well as the Quarry Choristers choir. Doors open at 6:30 p.m. at Argyle Community Centre and the show starts at 7 p.m.

To learn more about Settlers, Rails and Trails, visit www.settlersrail-sandtrails.com or facebook.com/argylemuseum.

Local photographer earns biodiversity award from Living Lakes Canada

By Patricia Barrett

A Sandy Hook photographer with an eye for wildlife and the human impact on the natural world earned an award from Living Lakes Canada for taking a photo of an osprey near Lake Winnipeg.

Leslie Mehner took a picture of the

majestic fish-eating bird of prey with a piece of plastic intertwined within the branches of its nest. Her photo underscores the negative impact humans can have on wildlife.

Mehner, who is a seasonal resident, entered the photo in Living Lakes Canada's 2023 Lake Biodiversity Pho-

to Challenge and earned a Judges' Special Mention Award.

"I go around and try to catch the osprey in their various nests and that one was full of junk," said Mehner. "It's on a manmade platform and

Continued on page 11

worship

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Having doubts about your doubts

In today's very secular society, many people are skeptics. They struggle with believing the teachings of Christianity. They don't think it's true, that it's nonsense; a bunch of fairy tales.

As Josh Moody puts it, "If you talk about prayer, they're thinking, 'Yeah ... Freudian wish fulfillment.' Tell them about the comfort of Christian fellowship and in their minds they're going, 'Religious crutch for intellectual weaklings.' Say 'church' and they think 'Irrelevant.'"

Maybe that's you. You consider yourself a skeptic. You have doubts concerning the Truth Jesus was proclaiming. You're a doubter. You find it hard to believe Him.

But I wonder if perhaps you should consider doing what the Scottish novelist Robert Louis Stevenson did. As a young man, he rebelled against Christianity, calling it "the deadliest gag and wet blanket that can be laid on a man." Referring to himself as a "youthful atheist," he adopted a thoroughly hedonistic lifestyle.

But as he became older, Stevenson began to have, as he put it, "doubts about his doubts." He realized that for all the claim to wisdom the secularists made, they had no real satisfying answers to the deepest questions of life. Later he would write: "There is a God who is manifested for all those who care to look for Him." In the last years of his life, he was a man of deep and profound faith in God.

Perhaps, like Stevenson, you too should start having doubts about your doubts. Maybe you should reconsider your position as a doubter. I mean, how can you be so certain that your unbelief is correct? Maybe that which you refuse to believe is really something that you are running away from. Maybe you don't believe because you don't want to. Maybe even afraid to.

I encourage you to re-examine your doubts and see if there is any validity to them. Do a bit of research into who Jesus really was and what He said. Then do what Jesus told His disciple Thomas to do: "Stop doubting and believe."

Start having doubts about your doubts. Start believing.

Henry Ozirney

Save the Kilns committee names honorary co-chairs

By Jennifer McFee

Two well-respected matriarchs in the Stonewall community have stepped up as honorary co-chairs to support the Save the Kilns committee.

Irene Pearson and Juliette Balsillie have agreed to serve as honorary co-chairs of the committee, alongside volunteer co-chairs Dale Oughton and Merle Balsillie.

Both women continued to run successful local companies after their husbands died, and they became known as pioneers in industries that continue to thrive today.

Both Irene and Juliette believe it's important to restore the historic kilns, and they encourage others to get involved.

In 1949, Irene moved to Stonewall from Argyle when she married Bob Pearson. Bob's father worked as superintendent for Winnipeg Supply and Fuel in the limestone industry. After he retired, he bought the hardware store on Stonewall's main drag.

After Bob died in 1970, Irene ran the family business. Over time, their oldest daughter Katherine took over when Irene retired, and the next generation of the family is now involved. Stonewall Hardware continues to operate and is now connected to the buying group of Home Hardware.

Reflecting on her family's history, Irene decided to show support for the Save the Kilns project.

"It's going to cost a lot of money. Various companies have decided to support the effort," said Irene, who is in her mid-90s. "The kilns are symbolic for Stonewall big time."

The limestone quarry business played an important role not only for the Pearson family but also for Irene's in-laws, the Holloway family.

"All the boys worked in that quarry right up until they were retiring, so it's been a long history of the Holloway family and the Pearson family being involved in the quarries," she said.

"There was a lot of conversation around the dinner table about the quarry business."

The limestone quarry business has also been a central part of Juliette Balsillie's life.

In 1961, her husband was the first to start a quarry in today's current active quarry zone.

"My late husband William, who was known in the industry as Buzz, worked in the gravel pits in Birds Hill and the quarry in Stony Mountain before starting Standard Limestone Quarries northeast of the Stonewall Quarries in the RM of Rockwood in 1961. Like so many others before us, we moved to the area in 1974 because of the quarries," Juliette said.

"Over 50 years ago, I enjoyed hearing the men at the quarry talk about how they used to quarry in the early days in Stonewall, where the overburden was removed with a horse and plow and the steam-powered drills were used for the blast holes."

The rock was loaded into carts and dumped by the crusher, where it was pushed in by hand, she added.

"Over 60 years later, people can't believe the cart drills, front-end loaders without a cab and the small trucks that were used to haul the material when Buzz started Standard. We still have the original crusher that he started the quarry with, which is very small compared to the crushers used today," Juliette said.

"The rock was dumped into the crusher directly with the rock trucks and loaders — there was no pushing it in by hand. We didn't use kilns in our quarry, as the main use for rock at that time was for road building and construction."

With an appreciation for local history, Juliette also expressed her gratitude for the local gem, Quarry Park.

"We are fortunate to have Stonewall Quarry Park in our community. Quarry Park would not have existed were it not for the hard work of the men that worked in the quarries to supply limestone to build communities throughout Manitoba and the ongoing efforts of a community to turn a mined-out quarry into the beautiful site that it is today, with all that it has to offer," she said.

"The kilns represent the past, present and future of a community that we are fortunate to call home."

Merle Balsillie, Juliette's daughter, continues the family legacy of Standard Limestone Quarries today.

"My mom was 32 years old when my dad passed away, with three children under the age of five. In 1974, the woman's role was that of a housewife and mother, not someone that ran a quarry," Merle said.

"I'm grateful to my mom for her strength and resilience to continue operating the quarry, giving my brothers and I the opportunity to grow up and work in a business that we all loved. It wasn't easy, and the older I get, the more I appreciate everything she did."

Merle also expressed appreciation for the service of Juliette Balsillie and Irene Pearson as honorary chairs of the Save the Kilns committee.

"It is a tremendous honour to have these two amazing women as our honorary chairs," said Merle, who co-chairs the Save the Kilns committee along with Dale Oughton.

"They are both humble, modest women that showed grace and dignity in the face of adversity."

Save the Kilns committee co-chair Dale Oughton explained that many large fundraising campaigns appoint honorary chairs that are well-known and have deep ties to the project.

"While the role is a chairperson in name only, our two honorary chairs, Irene Pearson and Juliette Balsillie, bring an abundance of knowledge surrounding the history and importance of the quarries, the kilns and the restoration project," he said.

"Both women had incredible drive and strength to ensure the companies they suddenly inherited not only survived but flourished. And that they did — both companies are thriving today and both companies give back to our beautiful community."

Oughton also reiterated the sentiment that the kilns are part of the DNA for both Stonewall and Rockwood.

"I believe Irene and Juliette are also a part of our town and municipality's DNA and they have been community leaders for decades," Oughton said.

"As honorary co-chairs, they offer another lens of credibility to this important historical project, and we are fortunate to have this opportunity to work with them."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Irene Pearson, left, and Juliette Balsillie have been named honorary co-chairs of the Save the Kilns committee.

The kiln restoration project involves two phases. The first phase includes the cost to complete rebuilding the south kiln. The structure will be taken apart piece by piece so that the base can be stabilized and then it will be rebuilt. This phase also includes the engineering work, design and specifications for the repairs to the north kiln, which will be refurbished in Phase 2.

Phase 2 also involves completing the grounds around the kilns. The total cost of the project is still being tallied but it's expected to be around \$6 million with a projected completion date in 2024.

A Blues Night fundraiser featuring Brent Parkin will raise funds towards the Save the Kilns project. The event will take place on Sept. 28 from 7 to 9 p.m. at Something Beautiful Café. Doors open at 6 p.m. Tickets cost \$50, and food and beverages will be available for purchase. To buy tickets, contact Walter Badger at 204-467-5838 or Ross Thompson at 204-467-2438 or 587-370-9759.

For more information about the Save the Kilns committee and its fundraising efforts, contact co-chair Dale Oughton at savethetilns@stonewall.ca or call 204-806-4250. All donations flow through the Interlake Community Foundation to the Town of Stonewall for the kilns restoration project, and charitable tax receipts will be provided for direct donations to the campaign of \$20 or more. Visit interlakefoundaiton.ca to learn more.

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Local rock band The Discmen, high on nostalgia and good times

By Autumn Fehr

Earlier this year, The Discmen, a local band from Stonewall, powered by nostalgia and good times formed to create good memories while entertaining.

The Discmen started as a pipe dream for Derek Gaboury. The band includes Gaboury, the drummer and one of the vocalists; Brendan Fast, bassist; Jamie Longe on rhythm guitar; Garret Wilkinson, lead guitar and vocals; and Dan DiMuzio, lead vocals, acoustic guitar and harmonica.

Gaboury, a musician his whole life, has played in multiple bands. He grew up in Brandon, so when moving to Stonewall, there was a shift in learning who is out there for different players.

In January and February of this year, Gaboury got serious about finding other bandmates. It was only a few short weeks until he established a group of other like-minded musicians and formed the The Discmen.

"We were able to hit the ground running," said Gaboury.

In the spring, the group finally started rehearsing, and they formulated a plan of what they wanted to do as a band going forward and what their goals were as individuals.

"When talking with one of our other members, Jamie Longe, he and I came together and said we wanted to do something a little more nostalgic for ourselves. We wanted to hit the '80s, '90s, early 2000s era of music and be able to get out there and do it in a way that is fun for us, but at the same time still get into the idea of putting out a product that we can facilitate good times for everyone as well," said Gaboury.

While performing on stage, the band's main goal is to create good memories by playing nostalgic songs and bringing back memories. The Discmen's covers are rock but hit on light rock, pop and country.

"The focus for us moving forward, and starting this, was always about event facilitation, so we very much want it to be event and venue specific, so when anyone calls us, it's trying to produce a product that they are specifically interested in," said Gaboury.

"We all recognize that songs are nostalgic and that they take us back to different times in our lives or you feel different emotions with that. So we enjoy that part of it for ourselves but also emulating that out to the crowd that's in front of us, whether that's through earlier songs or later songs. We just try to emulate the fun we are having out to the crowd as much as possible."

Since the band started, they have been busy playing gigs, and it doesn't seem to be slowing down.

Last month, the band played at the World Police and Fire Games, which had special ties for the band since every member is an active or retired emergency medical services worker.

"It was quite a fun gig to do, not only because of the stage production but just being able to go up there as first responders, both active and retired, and play for our brothers and sisters in that environment was pretty special, and we were very happy to be allowed to be a part of that," said Gaboury.

The Discmen will be playing The 40 in Brandon Oct. 13 and 14 and locally on Nov. 4 for the Veteran's Dinner at the Stonewall Legion.



TRIBUNE PHOTOS SUBMITTED

Local band The Discmen will be entertaining at the Royal Canadian Legion in Stonewall for the Veteran's Dinner on Nov. 4.

The Discmen will continue diversifying their setlists and their known repertoire of songs and move towards private and public socials and major events.

Most importantly, the musicians want to promote local music, said Gaboury.

"The goal here as well is to not only promote ourselves and let people know that we're here but that there is other local music within this community that is very eager to play and go out there, so we're looking forward to

the opportunities," he said.

All in their late 30s and early 40s with young families, the bandmates share a lot in common with where they are in their lives and similar goals for what they want out of the band.

"We have all come together very quickly. The chemistry between us as players and as personal individuals has really melded quite well, so we are kind of just looking to build on

Continued on page 12



The Discmen includes Derek Gaboury, Brendan Fast, Jamie Longe, Garret Wilkinson and Dan DiMuzio.



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Advance poll locations in your area:

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Local Election Office

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Sept. 23 - 30

Additional Location(s):

Ashern Centennial Hall

1 Hwy 325, Ashern
Sept. 23 - 30

Faulkner Community Hall

Faulkner Rd, Faulkner
Sept. 25

St. Martin Community Hall

9 Martin St, St. Martin
Sept. 25

Arborg Bifrost Community Centre

409 Recreation Center, Arborg
Sept. 26 - 27

Eriksdale Recreation Centre

2 1st Ave, Eriksdale
Sept. 26

Inwood Memorial Hall

Hwy 17, Inwood
Sept. 26

Matlock Recreation Centre

77 Matlock Rd, Matlock
Sept. 26

Narrows West Sunset Lodge

Hwy 68, Oakview
Sept. 26

Riverton Community Hall

175 Riverton Ave, Riverton
Sept. 26

Royal Canadian Legion - Lundar

50 3rd Ave, Lundar
Sept. 26

St. Laurent Recreation Centre

Hwy 6, St. Laurent
Sept. 26

Ukrainian National Home of Fisher Branch

33 Provencher St, Fisher Branch
Sept. 26

LAKESIDE

Local Election Office

Stonewall Quarry Park
166 Main St, Stonewall
Sept. 23 - 30

Additional Location(s):

Elie Community Club

23 Main St E, Elie
Sept. 23 - 30

Teulon Rockwood Centennial Centre

14 Main St, Teulon
Sept. 25 - 26

Grosse Isle Recreation Club

117 Rd 72 N, Grosse Isle
Sept. 26

Stony Mountain Community Centre

117 School Rd, Stony Mountain
Sept. 26

Warren Memorial Hall

145 McDonald Ave, Warren
Sept. 26 - 28

SELKIRK

Local Election Office

332 Manitoba Ave, Selkirk
Sept. 23 - 30

Additional Location(s):

St. Andrews Community Club

28 St. Andrews Rd, St. Andrews
Sept. 23 - 30

Netley Community Hall

693 Kreamer Rd, Petersfield
Sept. 26

Clandeboye Community Hall

111 Main St, Clandeboye
Sept. 27

St. Clement Parish Hall

5 St. Clements Rd, St. Andrews
Sept. 28

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Old Farmer's Almanac makes its winter predictions

By Lorne Stelmach

It's the annual weather predictions that get the headlines, but there is much, much more to the *Old Farmer's Almanac*.

The 2024 Canadian edition is out with a forecast for a colder, snowier winter on the prairies, so readers here may want to delve more into the other varied content offered by the *Almanac*, which is the longest running periodical.

"Weather only makes up maybe five or six per cent of the *Old Farmers Almanac*. We have food, gardening, astronomy, history, home remedies and humour and so on and so forth," noted managing editor Jack Burnett.

There is also always some content especially for the Canadian market such as one touching on a special moment in the Olympics when a Canadian sailor forsook a chance to perhaps win when he stopped to help another boater in trouble.

"His gesture was so important that the Olympic committee gave him a special medal, so that was really Canada at its finest," said Burnett.

He noted as well that they know

they have a lot of readers in this region of southern Manitoba.

"We know from feedback that we have many hundreds and hundreds of our family in the Winkler and Morden area. They know that we have a lot more than weather."

Their guiding principle remains the motto of its founder: to be useful with a pleasant degree of humour.

It includes, of course, the forecast, which predicts almost every nook and cranny of Canada should expect oodles of fluffy white throughout the season coupled with seasonably chilly temperatures at or below normal.

Other staples include gardening tips, recipes and a myriad of other anecdotes and pleasantries from *Almanac* readers: step-by-step instructions for hypnotizing your own foot, the protocol for when Groundhog Day goes horribly wrong, a scientific study that settles the long-debated question of what is America's favourite pie (hint: it's not apple), expert angling advice, tips on how to enjoy 2024's total solar eclipse and more.

"Back in the day, the *Farmer's Almanac* was the Google of the day,"



SUPPLIED IMAGE

Manitobans can expect a cold and snowy winter ahead, according to predictions in the *Old Farmer's Almanac*.

observed Burnett. "They had lots of different kinds of information, and that's what we still try to do. People know we have lots of good information about many different things."

"I like to think of the *Farmer's Almanac* as kind of being like a security blanket in book form. ... People know what we are and they know we're not going to change. It makes people comfortable," he said. "How we

stay current and relevant is we listen to our readers, and that's kind of the secret of 232 years. ... we try to be as close to our readers as we can."

The 2024 *Old Farmer's Almanac* Canadian edition is available wherever books and magazines are sold. A full list of stores that carry it is available at Almanac.ca/Wheretobuy. Print and digital copies are also available online at Almanac.ca/Shop.

> PHOTO CONTEST, FROM PG. 6

the birds add to the nest every year. This year they added the plastic. My assumption is that it wasn't some human adding all the garbage to the nest; it's the birds themselves building up their nest after winter."

She took the photo on the outskirts of Winnipeg Beach, she said. At the beginning of spring, the plastic wasn't there. But when she arrived later in the season, she spotted the garbage.

"It does upset me. It's indicative of what you see on the beaches out here right through to Gimli. People just leave their trash on the beach. They come for the day and don't clean up after themselves," said Mehner. "And you can see how this affects nature. That is their habitat and it's full of human junk. Our garbage."

Osprey are raptors that live along rivers, lakes, marshes and coastlines across Canada. They feed mostly on fish. The birds fly over water plunging in feet-first to grasp fish with their talons. Osprey populations declined in the mid-twentieth century from pesticide use, but they've made a comeback in many parts of North America, according to the National Audubon Society.

Mehner said the plastic in the nest is what likely caught the judge's eye.

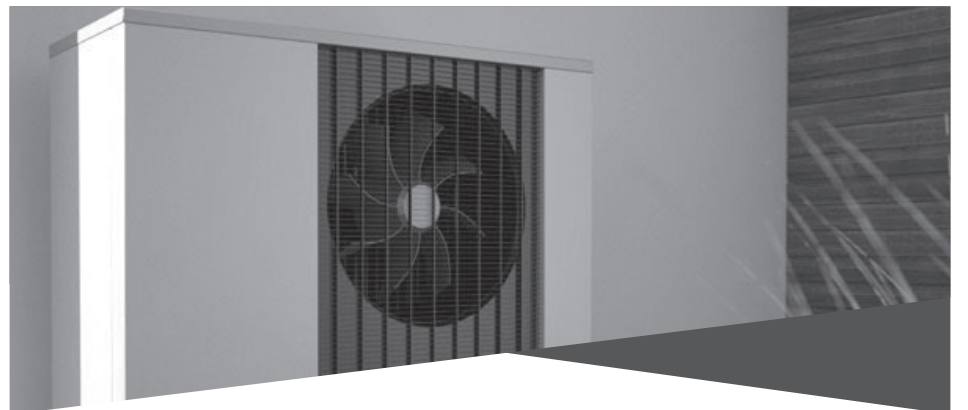
"Plastic pollution is really serious. It can break down and get into the osprey's food sources and our own bodies," said Mehner. "The plastic was on the outside of the nest and I don't know what the inside looks like."

Plastic pollution is ubiquitous in the environment including in lakes and oceans. After it breaks down, it can end up being ingested by birds that may then go on to develop plasticosis, the scarring of their digestive tracts which affects their ability to digest food, according to recent scientific studies. It can also damage internal organs.

Mehner said she decided to enter the osprey photo in the contest to raise awareness of the issue of human garbage and after she also saw a red-winged blackbird bird entangled in an angling line that someone left behind after fishing in a creek.

Living Lakes Canada is a B.C.-based non-governmental organization that enhances the protection and restoration of watersheds across Canada and promotes collaboration and education to improve water stewardship.

To view all the winning entries in its biodiversity photo contest, visit LivingLakesCanada.com online at livinglakescanada.com.



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Lakeside candidates field questions at election forum

By Jennifer McFee

Three contenders are facing off for the chance to represent Lakeside in the Manitoba legislature.

Two of them shared their thoughts at a provincial election forum, hosted by the Stonewall and District Chamber of Commerce on Monday, Sept. 18.

Liberal candidate Neil Stewart and Progressive Conservative candidate Trevor King fielded questions at the well-attended forum, held at the Royal Canadian Legion in Stonewall.

NDP candidate Dan Rugg didn't attend the event due to a prior commitment. Long-standing MLA Ralph Eichler isn't seeking re-election after serving the community for two decades, so the seat is up for grabs.

Robert Price-Lewis, president of Stonewall and District Chamber of Commerce, moderated the event. The mood was cordial, and the candidates were respectful of the audience and each other.

The evening began with several questions posed by Price-Lewis, followed by questions from the public and then an opportunity for debate and rebuttal between the two candidates in attendance.

After opening remarks from each candidate, Price-Lewis asked them how they would champion the fight for economic growth.

King said the PCs promise to eliminate the payroll tax over the next eight years, with 50 per cent taking place in the next four years.

"What that means for any business wanting to start in Manitoba is ... possibly hiring more people because they can afford to do that without the payroll tax," he said, "or possibly maybe pay the people that they have employed a better wage."

He also commented that more Manitobans are working here now than ever before, with recruitment underway internationally. He aims to maintain current workers in Manitoba with a focus on keeping young people in the province while also bringing others back from elsewhere.

Likewise, Stewart agreed that economic growth is the key to success.



TRIBUNE PHOTOS BY JENNIFER MCFEE

Lakeside Liberal candidate Neil Stewart, left, and Progressive Conservative candidate Trevor King fielded questions at the well-attended election forum.

He stressed the importance of co-operation at all levels — locally, inter-provincially and with the federal government. At the same time, he said Manitoba must be competitive with other provinces tax-wise.

"We have tremendous potential in Lakeside because of where we're situated. We're close to the trade corridor," he said.

"We are close to a labour source. I think one of our issues will be to create housing for that labour force."

An audience member from Rockwood posed a question about carbon tax, asking King why the PCs want to fight with the federal government about it and spend money on legal fees. She also asked Stewart how the Liberals would prepare the constituency for climate change.

King said the PCs are battling the carbon tax for Manitobans.

"I sure hope it doesn't turn into something that's going to cost the taxpayers a lot of money," he said in reference to potential legal fees.

"But it's certainly something worth fighting for. ... People are having a hard time making ends meet right now due to the high cost of fuel, and we're going to fight that to the bitter end to see that people can continue to make ends meet and then some."

On the flipside, Stewart disagreed with King's stance on carbon tax. He suggested the Manitoba government could collect a tax that could be used towards its own green initiatives, including those

that could sustain the agriculture industry.

"Whoever is in government has to realize we are facing climate change, and carbon taxes are one method to fight that — and that has been proven around the world and most countries are agreeing that's the way to go," he said.

"Unless you have a different better solution, then we have to carve out our own solution that's going to work for Manitobans. ... The purpose of the carbon tax is to get us off fossil fuels so that we will be able to farm 20 or 30 years from now, that we won't have floods and droughts that will affect our ability to eat."

In his closing comments, Stewart said the Manitoba Liberals have the best plans to fix health care, create safer communities and make life more affordable.

"This election, you have a real choice for real change. You don't have to vote for more of the same. In fact, you have the opportunity to elect the party with the most trusted leader, Dougald Lamont," he said.

"As your MLA, I'll work to ensure all possible business partnerships are cultivated, local financial resources are unlocked, and that the business and agriculture sectors are supported in a sustainable manner that will improve competitiveness and ensure market access."

He encouraged voters to elect an MLA who will work with all parties and choose paths that are non-divisive, inclusive and innovative.

"If elected, I will address the labour shortage in home care and daycare services; collaborate with all levels of government to increase the number of physicians and nurses in our area and develop a strategic retention strate-

gy; work with municipal, federal and provincial representatives to establish adequate reliable funding for the RCMP; ensure our schools, colleges and universities are properly funded to ensure our children can compete in the global market; and work with all Lakeside stakeholders to grow our economy in Lakeside," Stewart said.

In his closing remarks, King emphasized how much he believes in Lakeside communities.

"I believe Manitoba can be the best province. We are the fastest growing, we are the most competitive, and we are on our way to two million people," he said.

"What we are doing is working. We're making progress with record population growth. We're tracking billions in potential private investment, which will be good for all of us. We're seizing opportunities ahead, such as the Sapphire Springs in our own backyard. There's more of that to come."

King said the Progressive Conservatives are the only party with a plan and vision to grow the economy.

"Growing the economy is the only way to pay for improved health care, infrastructure and the social services that we all want and need," he said.

"So let's continue the momentum with a strong and experienced PC team, the only ones who can keep the growing going. Imagine what we could do with another four years."

Election day is Oct. 3, and advance voting takes place until Sept. 30. Visit electionsmanitoba.ca for more details.

For those who would like to view the entire event, the Lakeside provincial election forum was live-streamed and is posted on the Stonewall and District Chamber of Commerce Facebook page.

> DISCMEN, FROM PG. 9

that and the fact that the chemistry between us is really good for putting out a fun product and the fact that we are having an absolute blast," said Gaboury.

Follow the band's Facebook page, "The Discmen up and running," to stay up to date with what the band is working on.

To book The Discmen for your next event, contact Derek Gaboury at 431-336-5981.

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Breaking ground for Indigenous and Seniors Healing Garden

By Jennifer McFee

Shovels are in the ground for Stonewall's new Indigenous and Seniors Healing Garden, with the goal of completing the hardscape in time for the National Day for Truth and Reconciliation.

Sept. 30 is National Day for Truth and Reconciliation, which aims to honour survivors of residential schools and children who never returned home, along with their families and communities. On this day, people across Canada wear orange shirts as a collective recognition that every child matters.

Earlier this year, Stonewall's Communities in Bloom group received a \$25,000 federal government grant to create the Indigenous and Seniors Healing Garden, which will be an extension of the existing Memory Garden.

Stonewall resident Grace Schedler, who is a partner with Circles for Reconciliation, came up with the concept for the new garden. For her, reconciliation starts with awareness so all Canadians know what happened to the First Nations people of Canada.

On Wednesday, Sept. 20, Schedler met with Communities in Bloom representatives for a smudging ceremony and tobacco offering prior to breaking ground for the garden project.

"Tobacco is one of the sacred medicines used by First Nations people and most frequently used in ceremonies. A gift of tobacco is a sign of respect



Knowledge keeper Grace Schedler performed a smudge ceremony.

and is usually offered at the beginning of an event. Traditional tobacco is used to promote spiritual, mental, physical and community well-being. Tobacco is most often presented to Elders, knowledge keepers, teachers who offer their time and guidance," Schedler explained.

"Smudging is to cleanse away any negative thoughts, negative energy and clear the mind for a fresh start."

After that, Spruce Acres Landscaping set to work on the hardscape. The company will also create a mulch pathway surrounding the Memory Garden to integrate both spaces together.

Communities in Bloom members



TRIBUNE PHOTOS BY LANA MEIER

Amy Lillies takes part in the smudging ceremony.



The Spruce Acres Landscaping crew started work on the healing garden Thursday afternoon.

plan to plant trees, shrubs and plants next year.

"It's going to be a really nice addition," said Asta Johannesson, who co-chairs the Communities in Bloom

committee along with Shelley Proven.

"We're going to make some spaces with Indigenous plants but also with some old-fashioned plants that will

Continued on page 14

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> HEALING GARDEN, FROM PG. 13

bring good memories for our seniors."

Anyone interested in volunteering for Communities in Bloom can contact Asta Johannesson at astajohannesson@icloud.com or Shelley Proven at shelley.proven@gmail.com for more information.

To learn more about Circles for Reconciliation, or to get involved, visit www.circlesforreconciliation.ca or call toll-free



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Members of Communities in Bloom and Town of Stonewall staff and council members joined Grace and Ernest Schedler for the smudging ceremony.



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 To learn more about the National Day for Truth and Reconciliation, visit the National Centre for Truth and Reconciliation website at www.nctr.ca. This site also lists free daily lunch-and-learn events that take place during Truth and Reconciliation Week, which runs from Sept. 25 to 30, as well as free virtual educational programming.



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Installation underway for inclusive playground



TRIBUNE PHOTOS BY LANA MEIER AND AMANDA CLARKE

Installation is underway for the inclusive playground at Ecole RW Bobby Bend School.

By Jennifer McFee

Excitement is building at a local elementary school where installation is underway for a new inclusive playground.

The parent advisory council from Ecole RW Bobby Bend School in Stonewall has been fundraising for the past year to purchase a playground that will be accessible for children of all abilities.

On Tuesday, Sept. 12, Murray Lord and his team at Colcat Enterprises broke ground on the project, and the installation is already in its finishing stages.

“Anthony Cornwell, head of maintenance of the school division, and his team are finishing the landscaping around the playground by adding new pea gravel from Waring Landscape supply in town,” said PAC

president Amanda Clarke.

“Once this is completed, the last thing to do is to install the two saucer swings and the playground will be open for our school and community use.”

Clarke extends gratitude to all involved in bringing the project to fruition.

“A huge thank you to my team at the parent advisory council for your endless hours of work on this project. Thank you to Colcat Enterprises for their amazing work installing the playground. The students at Ecole RW Bobby Bend will forever be thankful. Thank you to Push No More Snow in Stonewall for all their help as well,” she said.

“Thank you to the maintenance team at the school district for all their help on the project and to all the students

for their hard work with fundraising. A huge thank you to the community and sponsors of Stonewall. We raised over \$65,000 of donations from you

towards this project, which we will forever be thankful to you for.”

Continued on page 18

Pierre Poilievre and the **Common Sense Conservatives** will axe the carbon tax and deficits to

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Tribune Stonewall Teulon

National Day for TRUTH and RECONCILIATION

September 30, 2023



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Three ways to learn more about First Nations, Métis and Inuit people

September 30, 2023, marks the National Day of Truth and Reconciliation. This event commemorates the tragic history of residential schools and aims to pay tribute to the communities that have experienced — and continue to suffer the effects of — a painful piece of Canadian history.

This day is also an opportunity to learn more about First Nations, Métis and Inuit people and to discover the richness of these cultures. Here are three ways to do it:

1. Educate yourself. If you want to learn more about Indigenous languages, history and arts, the “Indigenous peoples and cultures” section of the Canadian government website (Canada.ca) is an excellent place to start. You’ll find a host of interesting resources, reading suggestions and fun games for children.

2. Practice Indigenous tourism. Every province has opportunities for

traditional Indigenous experiences like hunting and fishing. You can also discover art from various nations, participate in events like pow-wows or enjoy a traditional meal. Visit your province’s Indigenous tourism site to plan your activities and immerse yourself in diverse cultures.

3. Explore Indigenous works. There are so many works by First Nations, Métis and Inuit artists that deserve to be known, including theatre, music, visual arts and poetry. Broaden your horizons by taking in their rich, unique worldviews.

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TRIBUNE PHOTO BY JUDITH OLSON

Ellen and Cam Frank of 72 Poplarwood were named Yard of the Week winners in Week 7 after displaying outstanding care for their property, along with several artistic displays.

More than a walk: evening outings a source of joy, community for Stonewall grandma

By Becca Myskiw

Marge Lenko enjoys the simple things in life, like putting a few dog treats in her pocket and heading out for an evening walk.

Every day (though she's sure she's missed one here and there), Lenko fills her pockets and sets off on a walk — rain or shine, snow or sleet, she hits the streets. The Stonewall senior lives in Lion's Manor alone, and though the community is great, Lenko loves the company of a four-legged friend.

"If I see a dog, I love pets and they love treats," she said. "I get a hug and a kiss and I feel better."

Sometimes, Lenko will let her walks take her to the train tracks, the ball diamonds or the hospital. Wherever there will be people is where she's going, she said.

"I love my hugs and my kisses," she said. "Whether it be from an old person, a young person or a pet."

Lenko used to have a dog herself, but since her pet passed, she hasn't gotten another one, though she would love to. A couple weeks ago, she took her evening walk with her friend Brenda Smith and Smith's dog Levi.

That night, Lenko's walk took her and Smith to the Stonewall quarry, and they happened upon a family taking photos. That family was the Cramms — Janessa, Cassidy and their son, Morgan.

Lenko asked if Morgan likes dogs, and when Janessa said yes, off went her son to pet Levi. As he did so, Lenko pulled \$5 from her pocket, gave it to the young boy and told him to get ice cream with it. Though Janessa told her she didn't have to do that, Lenko insisted, and before she knew it, Lenko was getting a hug from the toddler.

"She is just the sweetest lady," said Janessa. "[Morgan] was just ecstatic. As she left, he goes, 'bye grandma.' She blew him a kiss and left."

It's encounters like that one that keep Lenko going for her evening walks. She said most people she meets during them now know her and they all trust her to give their pets a treat.



PHOTO SUBMITTED

Marge Lenko goes for a walk every evening in hopes of meeting some dogs and people. Recently, she met Morgan Cramm and gave him \$5 for ice cream.

Lenko's going to keep going for her walks. She said if her body can do it, she will — she's happy to be her age and in her health.

"I am happy to be able to do this," she said, "and to look at the sun and the beauty of the earth. I love it."

Westman Dressage Fall Festival champions



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Equine Canada Sanctioned 2023 Westman Dressage Fall Festival was held at the Keystone Centre in Brandon Sept. 16 and 17. Isabel Laing, Kjerstin Green and Whitley Monforton, who train with Amanda Mollard with Rocky Road Performance Horses, all placed at the show. Dressage is one of the many disciplines in the equestrian sport and is the foundation for excellence. Its aim is for two athletes, human and horse, to work together in mutual respect to achieve personal and competitive riding goals. Pictured left: Woodlands' Isabel Laing and her quarter/morgan horse Roy were named the Training Level Junior champions. Middle: Warren's Kjerstin Green and her Arabian Swagger won the Introductory Level BR Reserve Champion. Right: Whitley Monforton of Lake Francis and her Arabian Willow won the Training Level Junior Reserve Champion.

> PLAYGROUND, FROM PG. 15

Diamond-level sponsors (\$5,000+) include the Stonewall Tim Hortons location, Access Credit Union, Red River Co-op, Rockwood Quarry Producers, Interlake Salvage & Recycling, Stonewall Kinsmen & Kinettes Club Stonewall and the *Stonewall Teulon Tribune*.

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Gold sponsors (up to \$1,000) include West End Tire General Aggregate, Boonstra Farms, Payworks, Grantham Law Office and Prairie Zen.

The support from the community has been in-

credible, Clarke added.

"We built this together. We did it — we should all be proud," she said.

"Thank you to Ecole RW Bobby Bend School's parents, students, staff and community members for their fundraising efforts."

All are welcome to attend the grand opening of the play structure on Oct. 11 at 5:30 p.m., followed the parent advisory council's annual general meeting at 6:30 p.m. in the school library.



Cocktails 5:30 pm

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Spreading kindness one stitch at a time



Mary Penner of Teulon, who turns 97 in October, continues to actively knit and crochet for different agencies, including Teulon and District Senior Resource Council, to distribute wherever needed. Mary's daughter Edith said her mom enjoys having purpose and contributing in this way. Her family and friends provide most of the yarn for her projects. Last year, Mary gave 100 pairs of mittens to those in need

TRIBUNE PHOTOS SUBMITTED



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FIGHTING FOR LAKESIDE

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Through my experience serving as Reeve of the RM of Woodlands and as the Interlake District Director for the Association of Manitoba Municipalities, I know what it takes to get things done in government.

With everything getting more expensive from gas to groceries, I will stand up for you to help make ends meet. Our team is the only one with a vision and a plan to heal our healthcare system, strengthen our communities, and position us for the bright opportunities ahead.

PC Progressive Conservative

Authorized by the official agent for Trevor King



FIGHTING FOR LAKESIDE

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I will fight to make sure our local ERs stay open, and that more healthcare services are accessible closer to where we all live. The NDP closed 16 rural ERs – and had the longest ER wait times in the country.

We will attract more talent into our communities to help heal our healthcare system.

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Wab Kinew's NDP want to "defund" the police. I will fight to make sure that never happens – and that our front-line officers have the resources they need to keep us safe and reduce rural crime.

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Wab Kinew's NDP make a lot of promises – and the only way to pay for them is by cancelling your School Tax Rebate and raising the PST. I will fight to make sure that doesn't happen – and to help Manitobans make ends meet.



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How pet parents can approach excess weight gain in dogs

Maintaining a healthy weight is no small task. Shifting metabolisms as human beings age require routine tweaking of diets so adults can avoid putting on extra weight. Though that's a concept many adults recognize, few may realize that dogs are vulnerable to weight gain as well. And just like their human companions, dogs who carry excess weight could be vulnerable to a host of dangerous ailments.

A veterinarian can help dog owners determine if it's time to tweak an animal's diet. In the meantime, if man's best friend seems to be putting on a few extra pounds, dog owners can look to a host of variables to determine if they're contributing to weight gain.

Treats

It's hard to resist a dog's wagging tail, and few things excite dogs more than treats. However, excessive amounts of treats can do more harm than good. In an interview with PetMD.com, Dr. Judy Morgan, DVM, noted that pets need approximately 20 to 30 calories per pound of body weight per day. So a 20-pound dog will only require between 400 and 600 calories per day. The majority of those calories should come from healthy dog foods, not treats. Dog owners should read dog treat packaging to determine how many calories each treat contains. The results may be shocking. If dog treats are a daily component of a dog's diet, limit their consumption and look for low-calorie treats to help dogs shed excess pounds.

Exercise

A sedentary lifestyle is as detrimental to dogs as it is to their human companions. The American Kennel Club notes that the amount of exercise dogs need is breed-specific. For example, a high-energy breed like a border collie will require more exercise than a low-energy breed like an English bulldog. Preexisting health conditions also must be considered when determining how much exercise a dog needs. Dog owners can develop an exercise regimen with their veterinarians, but it's important to note that the AKC says even senior dogs need daily exercise.

Food quality

The quality of food also must be examined if dogs are putting on excess weight. Even if dogs' calorie intake is adequate and not excessive and the animals exercise regularly, they could still be gaining weight if the quality of their food is subpar. It can be difficult to determine what is and isn't a quality dog food, and the AKC notes that breeds have different nutritional needs based on their size. But if excessive treats and lack of exercise are not the culprits behind weight gain, low-quality dog food could be to blame. A veterinarian can help dog owners pick a healthy food, and during that discussion the vet will likely examine the pet to determine if the weight gain is linked to an undiagnosed medical condition.

Weight gain in dogs can contribute to a host of negative health outcomes. It's up to dog owners to take steps to ensure dogs maintain a healthy weight.



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Highlighting the importance of native prairie plants

Teulon greenhouse owner tending to greenery, wildlife

By Emma McGill

Aimee McDonald has always felt drawn to plants, and after operating a greenhouse for roughly 15 years, she knows a thing or two about them.

"Every small patch of prairie matters, not just because the plants are reliable and needed by wildlife," McDonald said. "These plants have taught me that gardening is worth the effort, and that nature is way more generous than we give it credit for."

McDonald and her husband purchased their Teulon greenhouse, now known as Prairie Flora, in 2008 from John and Carol Morgan. The couple moved from their Winnipeg home to a rural property north of Teulon. In the years since, they have focused on the restoration of prairie greenery by growing plant species native to Manitoba.

All of their plants are grown from seed harvested locally from prairie remnants, including some heirloom plants like tomatoes and perennial flowers.

McDonald describes running the greenhouse and learning to care for the plants as the kind of job that never ends; with each new plant comes a new set of need. It is a constant learning curve.

The process gets trickier when it comes to temperatures. The greenhouse owner must pay close attention to the weather. If the temperature



Prairie Flora Greenhouse is located north of Teulon on Highway 7.

drops below -30 C, it's possible to lose a crop.

With such a warm spring this year, they saw exceptional growth in their plants. Fortunately, this meant their customers would be ready to plant their purchases earlier than usual.

There is also a responsibility to learn about the wildlife that are supported by native plants, McDonald added.

Plants native to Manitoba have been growing naturally in the area for centuries. They have had to adapt to changes in climate, each new season and its unpredictability — and they've evolved alongside the wildlife species that depend on them for survival.

"The monarch butterfly that will only lay its eggs on milkweed plants is just one out of several species who are losing more and more of their essential habitat every day," McDonald said. "Just the other day, we discovered plants that were covered in monarch caterpillars, painted lady caterpillars,

Continued on page 22



TRIBUNE PHOTOS BY EMMA MCGILL

Aimee McDonald always knew she would like to work with plants, and the Winnipeg transplant is loving life as a prairie greenkeeper near Teulon.



Even before Aimee McDonald and her husband purchased their Teulon greenhouse, its previous owners were dedicated to preserving prairie greenery.



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The fair was a family affair for Poplarfield family

The history of Saturn Shows and the Smiths

By Becca Myskiw

A summer job turned into a way of life for David and Bernice Smith, and after 52 years, the rides have stopped, and the couple has decided to slow down and enjoy life a bit differently.

When Smith was 16, his mom told him he needed a job for the summer, so he applied with success at Midwest Shows. What he didn't expect was to fall in love with the fair circuit, but he did, and Smith bought his first fair ride, the swings, in 1970.

"He figured it would be a good way to make lots of money and retire early," said Bernice Smith, his wife. "It doesn't work out that way."

Two years later, David married Bernice, and she joined his life on the road hauling fair rides from town to town. The Smiths soon bought a couple more rides — a children's ride and the Roll-O-Plane. From there, the couple kept adding to their inventory while taking Saturn Shows around Manitoba.

"We thought our show was going to be out of this world," said Bernice with a little laugh at their business name.

And their show was out of this world, or this province, at least. Saturn Shows travelled all over Manitoba with up to 13 different rides at a time, along with concessions stands and games, having every weekend booked from May until mid-September each year. And when they decided to grow their family, the Smiths brought their children each summer, bringing them up with a life on the road.

"It was tough," said Bernice. "Back then it was not a glamorous job. It was a lot of hard work. It was a lot of sweat and tears."

She even had one teacher tell her



Dave and Bernice Smith still enjoy spending time with their grandchildren, Nathan Verbong, Jordan Verbong and Kailynn Smith, in the concession trailers.

this life was not a good one for her children because of its instability of it.

"But my family was together," said Bernice. "I knew where my kids were, and they made lifelong friends all over Manitoba."

Bernice and David have two sons, Chris and Mike, and a daughter, Teri, who came along a little later than the boys and inherited a love for the fair as they did. Bernice was pregnant with their daughter the summer of 1985 and had her just two months after the season ended. They started taking her on the road the following summer, no one missing a fair season. Soon enough, the three children worked at the fair alongside their parents.

Saturn Shows set up in various towns across the province, going as far north as Thompson and Norway House.

"Our kids saw the entire province," said Bernice. "I think there were certain times my boys missed certain things, but they got to see the different ways all Manitobans lived."

A typical day for the Smiths during fair season started around 9 a.m. They'd get up and eat breakfast with Saturn Shows' employees in an old school bus the Smiths had converted into a cookhouse.

Since they were often set up in towns where restaurants closed before they did, they had to have their own place to eat. So they created one, and brought it on the road with them. Their bus cookhouse had a



TRIBUNE PHOTOS BY LANA MEIER
Bernice Smith and her granddaughter Kailynn Smith had a chuckle making cotton candy.

kitchen complete with a grill, freezer, fridge and, later on, a microwave. It had room for a dozen people to eat at a time.

Then, everyone would go out and prepare the fair for the day. Bernice said they had to make sure each ride was in perfect working condition before they could open at noon for the day.

"The thing is my kids were riding those rides," she said. "So we safety checked everything often."

Once the fair opened, Bernice was doing office work, talking with fairgoers or running the cotton candy and popcorn stand until her daughter was old enough to take over that job. David would work behind the scenes, ensuring everything kept going until close, and their children would be helping and having fun.

They lived each weekend like that every summer for 52 years, persevering through rain, snow, wind and even forest fires — on more than one occasion. During the off-season, David drove a truck and Bernice stayed home with the children. The couple eventually bought their current property in Poplarfield, where they could store and take care of all their equipment, rides and trucks included.

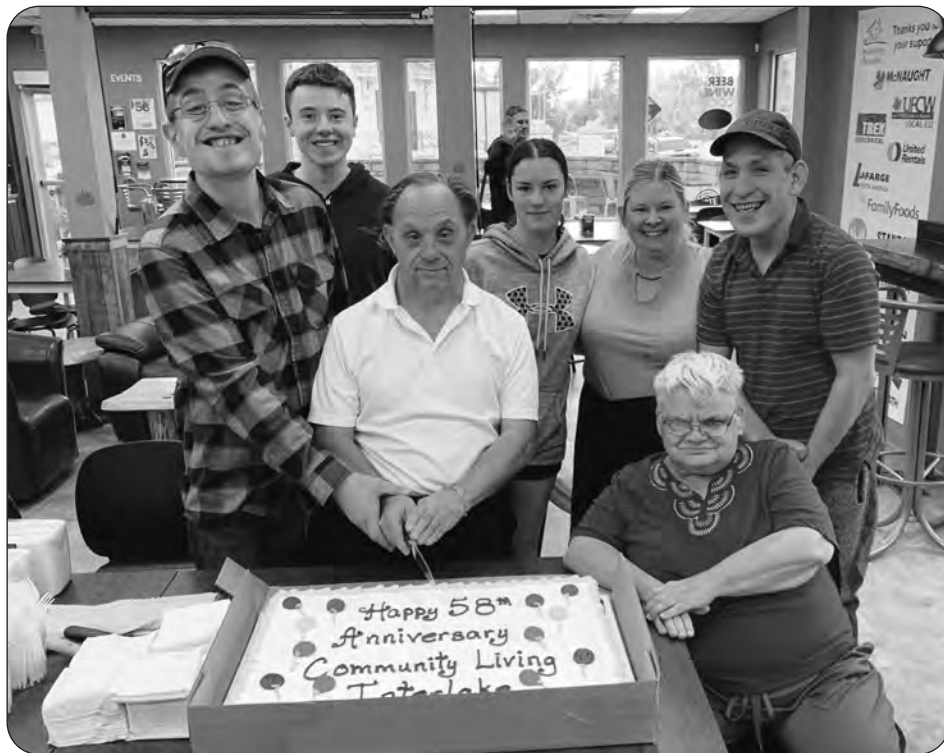
She said what people don't see with businesses, especially ones like theirs, is the money going out. Yes, they were bringing lots of money in each weekend every summer, but the Smiths had a lot of money going out too. They had to pay regular bills. They had to pay for maintenance of the rides and the trucks to haul them, along with the gas bills to haul everything. They had to pay their employees, feed their family and on and on.

"Every business can make a living," said Bernice. "But you don't always see the outgo."

That was just life for the Smiths. Until COVID-19 hit and changed life for everyone, espe-



Celebrating 58 years



TRIBUNE PHOTO SUBMITTED

Community Living Interlake (CLI) celebrated 58 years by sharing cake with clients, friends and customers last Friday at Something Beautiful. CLI supports Individuals who live with intellectual disabilities and works with clients to operate a social enterprise called Something Beautiful. Something Beautiful includes a gift shop, a lunch/coffee shop and a venue for music. They support people in their homes, apartments and operate a day program. Pictured left to right: Kyle, Justin, Gary, Kayla, Lauricia, Joan and Brett.

Sweet treats for Terry Fox



TRIBUNE PHOTO BY JO-ANNE PROCTER

The WCI Leadership Group raised \$350 for the Terry Fox Foundation at a bake sale they hosted at the school last Friday. Students have a goal of raising \$500 and have been accepting donations at the school.

> SATURN SHOW, FROM PG. 21

cially those who owned a fair.

"Up until March 2020, we were still going, getting everything painted, the trucks safetied and the rides inspected," said Bernice. "Everything was ready to go and then we couldn't."

The pandemic hit the Smiths hard. Their primary source of income and their way of life had ceased to exist. David started driving a truck full-time until 2022 when they cautiously started preparing to go back on the

road with Saturn Shows.

Bernice said they didn't know until the 12th hour that they could indeed go ahead for the summer, so that year's preparation was hard. They had to get everything ready and they had to find employees — fast.

"We just realized that we could be ready to go and they could still tell us no," she said.

But they got the green light. And though 2022 proved one of their best

years in business, Saturn Shows had run its course. Bernice had stopped going out on the road 15 years ago, and last year David had decided (with great difficulty) to retire.

"You have to be a special kind of person to be in this business," said Bernice. "I loved it. I really, really did but it got to the point where I needed to be home to do certain things."

And 72-year-old David knew it was time to take it easy in life. So 2023 was the first summer since 1980 without

Saturn Shows.

The Smiths' daughter opens the donut trailer in Poplarfield when she has time and Bernice will sometimes sell cotton candy and popcorn out of their fair concession stand. They still have all their fair equipment, but Bernice said they'll likely sell it this fall.

"There were ups and downs like in every business," said Bernice. "But I wouldn't trade it for anything."

The Smiths had their concession trailers in Steep Rock for Canada Day.

> NATIVE PRAIRIE PLANTS, FROM PG. 20

pillars and swallowtail caterpillars. It's always exciting to see that and to be a part of that."

Prairie Flora has a wide selection of native grasses that are seeded and grown carefully. There are drought-tolerant grasses, like Little Bluestem and Blue Grama Grass, and grasses to go well in gardens like Gaillardia and Culver's Root.

As for the heirloom plants grown at Prairie Flora, they are favoured by many customers for their taste and hardiness. They are grown from seeds that have been hand-selected by gardeners and handed down through generations.

When it comes to heirloom vegetables, customers can choose specifically what they want in their garden. The seeds can gradually be saved and adapted to grow best in a specific garden with that area's issues like pests or diseases.

"You can grow one plant and get thousands of seeds off that one plant. How generous is that?" McDonald said. "Plants are much more adaptable than most of us realize. Having the ability to save and grow your own seed successfully and create plants that survive in the Interlake is fantastic."

Prairie Flora has participated in sev-

eral plant sales this season, including at the Living Prairie Museum in Winnipeg. The tall grass prairie preserve is dedicated to protecting over 150 different species of wildflowers and grasses, as well as prairie wildlife. It has been operating since 1968 and hosts special events, including volunteer seed collecting, workshops and the Monarch Butterfly Festival.

"The museum is a special little space. It's a prairie that's been preserved, even while the city continued to grow around it," McDonald said.

With an educational background in agroecology, McDonald is always willing to share her knowledge with customers — it's one of the best parts of the job.

"Every time a customer comes to me beaming with more stories about their recent interactions with wildlife, whether it's seeing a monarch emerge out of its chrysalis or greeting the day with more birds in their yard, I know that these plants help keep us connected with nature and help remind us of all the precious life on this planet."

The McDonalds are working to install a new grow table that captures water and can heat the plants from below. They're also in the midst of planning fall sales.

Prairie Flora can be found north of Teulon, on the west side of Highway 7, across from the Teulon golf course.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U18 AAA Lightning teams in preseason action

Staff

The Interlake Lightning U18 AAA female hockey team posted a 1-2-1 record at a preseason event last weekend in Portage la Prairie.

Interlake started with a 5-3 loss to the Westman Wildcats on Friday afternoon.

Jayne Edmonds and Ireland Tymchak scored for the Lightning. The other goal scorer was not listed on the Interlake website.

Saturday saw the Lightning get doubled 4-2 by Battlesford (both goals were scored by Adriana Duna) before beating the Pilot Mound Buffalo 4-1.

Bre-Ann Windross (two), Duna and Edmonds tallied against Pilot Mound.

On Sunday, Interlake tied the Central Plains Capitals 1-1.

Anne Thiessen scored for the Lightning.

The Lightning will begin their reg-

ular season on Saturday when they host the Yellowhead Chiefs in Stonewall. Puck drop is 4 p.m.

On Sunday, Interlake will have the Winnipeg Avros make the trip to Stonewall. Game time is 2:30 p.m.

In U18 AAA Interlake male action, the Lightning were doubled 4-2 by the Eastman Selects at the Sun Gro Centre in Beausejour last Sunday to wrap up their preseason.

Eastman, which took a 3-0 first-period lead, received goals from Ashton Cure (two), Calyb Moore and Hayden Koche.

Cody Farell and Mason Bernier replied for Interlake.

The Lightning will head north for a pair of games this weekend against the Norman Northstars to begin their regular season. Interlake will play games Saturday evening and Sunday afternoon.



TRIBUNE PHOTOS BY DARRYL GERSHAM

Lundar's Rachel Haldorson covers the puck against a Capitals player in preseason action last weekend in Portage la Prairie.



Lightning's Bre-Ann Windross waits to deflect the puck against the Capitals.



Ireland Tymchak of Oakbank scored for the Interlake Lightning during the showcase in Portage la Prairie last weekend.

Volleyball action



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Warren Collegiate Wildcats' Paige Seidel swings hard after taking a set from Julia Oliver during junior varsity girls' volleyball action in Warren. The Wildcats lost in the tournament final to Goose Lake while the Collège Stonewall Collegiate Rams defeated Steinbach Christian in the third-place game.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Spence scores hat trick to lead Jets to preseason win

Staff

Michael Spence scored three goals and added an assist to lead the Stonewall Jets to a solid 6-3 home win over the Pembina Valley Twisters last Friday to close out their Manitoba Major Junior Hockey League preseason schedule.

Nathan Vigfusson, with a pair, and Karson King also scored for Stone-

wall.

Marek DeGraeve (two) and Cohen Thomas replied for the Twisters.

Dylan LeClair and Liam Johnson split the goaltending duties for the Jets.

The Jets' season opener is this Friday when they host the Raiders Jr. Hockey Club. Game time is 8 p.m.



TRIBUNE PHOTO BY LANA MEIER

Michael Spence scored three goals and added an assist in the Stonewall Jets' 6-3 preseason win over the Pembina Valley Twisters last Friday.

Thunder football program tackled with an equipment theft

By Brian Bowman

The Interlake Thunder football program fell victim to an equipment theft last week.

"We don't know the exact details, to be quite honest," said Kris Johnston, Thunder vice president of football operations on Monday afternoon. "Essentially, what we believe occurred, is that when our teams were out practicing on the field, the volunteers as per normal didn't lock up the equipment room. They normally unlock it when they arrive and take the equipment that they need and then they obvious-

ly lock it up when they leave."

The Thunder didn't have any issues with theft until last year, said Johnston.

But they got hit again last week.

"This year, it was a lot of random items which kind of makes me think it was possibly the same person repeatedly coming to the field to grab random items," Johnston guessed. "That's the best that I can assume under the circumstances."

None of the items stolen were insured. A major item they lost includ-

ed the controller for the field's scoreboard, meaning the Thunder will not be able to utilize its scoreboard for the team's home games this season.

It was still undecided this week as to how the Thunder will replace the stolen items. An idea of putting together a fundraiser of some sort will probably be discussed.

The theft comes at a very worst time for the Varsity Thunder (currently 3-0) as they prepare to host three straight home games to close out its regular season. Interlake games are always

very well attended at Stonewall Collegiate and the atmosphere amongst fans from all over the area is great.

"This impacts our ability to provide the athletes and the fans with a really positive game-day experience," Johnston lamented. "Having the scoreboard is really nice for the fans and the players. Not being able to use it is really rotten when it's a situation where something was stolen. It's one thing if something breaks but it's altogether different when something's stolen."

Interlake Thunder varsity team improves to 3-0

Staff

The Interlake Thunder Varsity football team improved their record to a perfect 3-0 after a dominating 32-0 road win over the Dauphin Clippers last Friday.

The matchup was highlighted as the high

school game of the week in Manitoba, supported by the Winnipeg Blue Bombers.

The Thunder's home opener is this Friday when they host the Souris Sabres at Stonewall Collegiate. Game time is 4 p.m.

What's *Your* story?

We want to hear from you.

The Stonewall Teulon Tribune connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at news@stonewallteulontribune.ca Phone 204-467-5836

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get inspired

> MEAL IDEAS

FamilyFoods
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Sweet Heat Pickled Beet Grilled Cheese

into thin strips

- 2 tablespoons unsalted butter
- 1/2 teaspoon garlic salt, or to taste

Place two bread slices on cutting board. Drizzle with hot honey then add 4 ounces brie evenly across bread.

Drain beets and pat dry. Add evenly on top of brie followed by basil and remaining brie.

Spread 1 tablespoon butter on one side of remaining bread slices. Sprinkle with 1/4 teaspoon garlic salt. Place top piece of bread on each sandwich.

Heat cast-iron or frying pan over medium-low heat then add sandwiches butter sides down. Butter top sides and add remaining garlic salt.

Cook about 5 minutes on each side, or until bread is golden brown and cheese has melted, flipping halfway through.

Once sandwiches have cooked on both sides, remove from heat and serve.

Recipe courtesy of MacKenzie Smith of "Grilled Cheese Social"

Prep time: 5 minutes

Cook time: 12 minutes

Yield: 2 sandwiches

4 slices (3 ounces each) sour-dough bread

2 tablespoons hot honey

1 small wheel (8 ounces) brie, at room temperature, cut into thin strips

8 ounces Aunt Nellie's Diced Pickled Beets (1/2 jar or 2 individual diced pickled beet cups)

2 tablespoons fresh basil, cut



Bacon Wrapped Potato Stuffed Chicken

- 8-12 bacon slices
- nonstick cooking spray
- freshly ground pepper, to taste
- Preheat oven to 400 F.

Using sharp knife, slice pocket or slit into each chicken breast and fold open.

Place two slices sharp cheddar cheese in pockets then spoon 4 ounces potato salad onto cheese.

Fold chicken over and close so cheese and potatoes are inside pockets.

Take 2-3 bacon slices and completely wrap stuffed chicken breasts, tucking loose ends of bacon on undersides of chicken.

Spray baking dish with nonstick cooking spray then place bacon wrapped chicken on tray. Season chicken with pepper, to taste.

Bake approximately 40 minutes until internal temperature of chicken reaches 160 F.

Turn oven to broil on high (500 F) and broil 2-3 minutes to crisp bacon until chicken reaches 165 F.

Remove from the oven and rest 5 minutes then serve.

Recipe courtesy of "EZPZMealz"

Prep time: 20 minutes

Cook time: 40 minutes

Yield: 8 servings

2 pounds (approximately 4 large) boneless, skinless chicken breasts

8 slices sharp cheddar cheese

1 can READ German Potato Salad with sauce

Ask The Money Lady

Dear Money Lady, I'm wondering if you can provide advice on RESPs. We have 2 kids currently aged 14 and 16. We opened a family RESP account approximately 12 years ago contributing monthly. We have no idea how to plan for future expenses beyond the basic tuition. I've read online that a car purchase could be deemed eligible for a student, but I'm not certain. Do I need to get a financial advisor to help? Carol

Dear Carol, I've always recommend having a Family RESP plan versus individual plans because it has so much more flexibility – so you were really smart to do it this way, good job!

There are a few key components of a RESP that you must be aware of. The limit on lifetime contributions for any one beneficiary is \$50,000 and any over contributions are subject to a penalty of 1% per month. You can make contributions to the plan for up to 31 years and it can remain open for up to 36 years. If the beneficiary is disabled, you can contribute to 35 years, and it will remain open for 40 years.

There is a basic CESG, (Canada Education Savings Grant) for beneficiaries of the plan under the age of 18, (special rules apply for children over 16). The Canadian government will add 20% annually to the first \$2,500 contributed, a \$500 bonus every year. The maximum CESG over the life of the plan is \$7,200 per beneficiary. The benefit to a family plan is that when you are planning to allocate the funds among the beneficiaries, you will not be restricted on withdrawals and can direct more to a child whose education expenses may be higher.

Almost all Canadian universities and colleges qualify for a RESP including some outside of Canada, (CRA will be able to provide a complete qualifying list). A part-time student can access up to \$2,500 for



Christine Ibbotson

each 13-week semester and a full-time student can access up to \$5,000 during the first 13 weeks of initial enrolment, with no limit thereafter, (so if you wanted funds for a vehicle – I guess you could take it). The funds withdrawn are taxable upon the beneficiary, resulting in little to no tax payable because they are a student.

If you have any leftover funds after each child has completed their education, you can transfer up to \$50,000 of the plan's earnings to your RRSP provided you have the contribution room (you can check on the Canadian government website at: www.cra-arc.gc.ca/tx/ndvdl/tpcs/respreee/menu-eng.html.)

I think you are fine to use the financial institution where the RESP is held and it will not make any difference going to an independent advisor since the rules are explicit on how it can be used, withdrawn, and administered among each beneficiary. I hope that helps.

Good Luck & Best Wishes,
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 sponsored by East Coast Credit Union. Send your money questions (answered FREE) through her website at askthemoneylady.ca

Egg, Avocado and Black Bean Breakfast Burritos

- Servings: 4
- Nonstick cooking spray
- 1 1/3 cups liquid egg whites
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 4 whole-wheat tortillas (6 inches, lowest sodium available)
- 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble.

Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

SUPPORT LOCAL BUSINESS

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

Small square flax and wheat straw. 482-5101.

HAY / STRAW FOR SALE

Flax straw for sale, Stonewall. \$3.50/bale. Call Nick at 204-461-0706 or Bill at 204-461-1906, Monday - Saturday.

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

SHOP LOCAL

HELP WANTED

Grysiuk Apiary Inc. requires 9 full time seasonal apiarists in Argyle, MB., wages are \$16 - \$18 per hour depending on experience. Job is physically demanding, must help with wrapping, feeding, making nucs, supering, pulling honey, honey extraction, medicating hives, and winter preparation. March 1, 2024 - November, 2024. Please call Cal Grysiuk ph/fax 1-204-831-7838, email acgrysiuk@shaw.ca or mail to 83 Acheson Dr., Winnipeg, MB. R2Y 2E8.

take a break > GAMES

SUDOKU

		6	1					2
	4	8	3					
	5			6				7
				8		6		3
	1	7	4					
			2			9	4	
	9							
		5						8
	8				2		9	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	6	7	2	4	5	1	8	3
8	1	2	3	9	6	5	7	4
4	5	3	8	1	7	2	9	6
1	4	1	6	5	7	3	8	9
5	8	2	9	3	4	7	1	6
3	7	9	6	1	8	4	9	5
7	3	8	1	4	6	8	9	2
6	9	5	7	2	3	8	1	4
2	4	8	1	3	9	6	5	7

Sudoku Answer

E	S	S		S	D	V	R	
P	E	S		S	E	R	F	
V	I	S		S	G	D	J	
C	U	B		C	T	V	N	O
L	A	V		L	A	N	G	E
O	R	O		N	O	M	A	
G	E	V		R	L	G	E	
T	H	R		A	V	A		
S	N	E		R	G	E	D	N
S	I	R		O	L	G	N	I
L	D	I		V	S	U	S	V
S	E	C		P	S	O	I	L
A	T	I		D	I	O	I	L
E	L	O		L	D	I	H	V
S	E	N		S	C	S	S	

Crossword Answer

CROSSWORD

CLUES ACROSS

- Outsourcing (abbr.)
- Post
- German city on edge of Black Forest
- "__, but goodie"
- Spiced stew
- Passionately
- Monetary units
- Group of living organisms
- Organic compound derived from ammonia
- High honors
- 5-year-olds' classes
- Swiss river
- Old woman
- Cash machine
- A way to soak
- Hair product
- Deride
- "The Blonde Bombshell"
- Cause to become insane
- Bluish greens
- Supported with money
- Type of equation
- Court officials
- Indian god
- Rids
- Leak slowly through
- Units of ionizing radiation
- Midway between south and southeast

CLUES DOWN

- Native of Slovakia

1	2	3			4	5	6	7
8			9			10		
11						12		
13				14		15		
16						17		
18					19	20		
				21			22	
				23			24	
				25			26	
				27			28	
							29	30
							31	32
							33	
34								
35								
36							37	
38								39
40								41
42								43

- Deli meat
- Fibrous substance in fungi
- Cutting
- Vedder and Van Halen
- Horror comic novelist
- Rulers of Tunis
- Shaped like a circle
- Make a pig of oneself
- Aphorism
- Witness
- Single Lens Reflex
- Freshwater North American fish
- Nautical ropes
- Leg (slang)
- Pokes holes in
- Moved quickly on foot
- Fix-it shops
- Type of bread
- Repaired
- Synthetic diamond (abbr.)
- Type of drug (abbr.)
- German city along the Rhine
- Animal disease
- Martini necessities
- Get away from
- Village in Mali
- Djibouti franc

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The Tribune Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca

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CRAFT SALES

CALLING ALL CRAFTERS - tables are available for rent (\$25) at the Odd Fellows & Rebekah Memorial Eye Foundation's Annual Craft Sale on Saturday, October 28 from 10 a.m. - 2 p.m. For more information & a registration form please call Betty at 204-831-5597.

News Tips? Story Ideas? call the Tribune 204-467-5836

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Grow Your Business by placing a HELP WANTED ad in the Tribune

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

TAKING REGISTRATIONS FOR THE FALL? NEED WINTER STAFF? Let us help you with that. Book your Blanket Classified Ads NOW in the 31 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

SHOP LOCAL

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!

Correctional Service Canada / Service correctionnel Canada

FOR LEASE BY TENDER AGRICULTURAL FEDERAL CROWN LANDS

Correctional Service Canada has identified certain parcels of land for agricultural purposes under a cash lease arrangement. These parcels of land are located at or near Stony Mountain Institution, Highway 7, STONY MOUNTAIN, MB. Approximately 168.01 hectares in total area, the parcels are deemed cash crop land and will be leased to one individual, partnership, organization or company for that purpose only.

Interested individuals, partnerships, organizations, or companies can contact Ellen Krychuk by email (MaryEllen.Krychuk@csc-scc.gc.ca) or call 204-344-5111 ext. 5123 to obtain a complete tender package. This package will include land description, eligibility criteria, blank offer to lease, and information regarding method of selection.

Offer to lease must be received by October 16, 2023, at 15:00 and must be accompanied by a certified cheque or bank draft payable to THE RECEIVER GENERAL FOR CANADA, in an amount equivalent to 10% of the offer, which amount will, in due course, be returned if the offer is not acceptable.

Correctional Service Canada reserves the right to reject any or all offers.

TERRES AGRICOLES DE LA COURONNE FÉDÉRALE À LOUER PAR SOUMISSION

Le Service correctionnel Canada a identifié certaines parcelles de terre pour un usage agricole dans le cadre d'un contrat de location de terrains vacants. Ces parcelles de terre sont situées dans, ou près de l'établissement Stony Mountain, Autoroute 7, à STONY MOUNTAIN en MB. Elles couvrent une surface totale de 168.01 hectares approximativement et leur utilisation est réservée, les parcelles sont considérées comme des terres de culture commerciale et seront louées à un particulier, une société de personnes, un organisme ou une entreprise à cette fin seulement.

Les personnes, partenariats, entreprises ou sociétés intéressés peuvent contacter Ellen Krychuk par courriel (MaryEllen.Krychuk@csc-scc.gc.ca) ou appeler le 204-344-5111 ext. 5123 pour obtenir un dossier de soumission complet. Ce dossier inclut la description des terres, les critères d'admissibilité, un formulaire d'offre de location vierge et des renseignements concernant la méthode de sélection.

Les offres de location devront être reçues le 16, octobre 2023 à 15h00 et doit être accompagnée d'un chèque certifié ou d'une traite bancaire à l'ordre du RECEVEUR GÉNÉRAL DU CANADA, d'un montant équivalent à 10 % de l'offre, lequel montant sera, en temps voulu, retourné si l'offre n'est pas acceptable.

Le Service correctionnel Canada se réserve le droit de rejeter une ou toutes les offres.

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WEEK-END COOK

Oak Park Lodge Inc is a 55+ housing unit located in Woodlands and is seeking a part time week-end Cook for the Congregate Meal Program. Duties will include meal preparation, serving meals, cleanup. Hours are Saturday to Sunday 9:30 am to 1:00 pm. Specific training will be provided. Criminal Record and Adult Abuse Checks are required. Please forward your resume to Oak Park Lodge Inc. Box 52 Woodlands MB R0C-3H0 Attn: General Manager or email to opl@mts.net or call Lori at (204) 383-0270. Start ASAP.

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RURAL MUNICIPALITY OF ROSSER

THE RURAL MUNICIPALITY OF

ROSSER PUBLIC NOTICE

BOARD OF REVISION (2024 Assessment)

PUBLIC NOTICE is hereby given that the 2024 Assessment Rolls for the Rural Municipality of Rosser has been delivered to the Municipal Office at 0 077E PR 221, Box 131, Rosser, MB and are open for public inspection during regular office hours.

THE BOARD OF REVISION shall sit to hear complaints on **Thursday, November 2nd, 2023, at 9:00 a.m.** in the Municipal Council Chambers in Rosser, Manitoba.

ANY PERSON, including the assessor, who believes that an assessment ought to be revised may make application for revision of an Assessment Roll in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation.
- b) amount of assessed value.
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under Subsection 13(2)

APPLICATION REQUIREMENTS:

43(1) An application for revision must

- a) be made in writing
- b) set out the roll number and legal description of the assessable property for which a revision is sought
- c) state the grounds on which the application is based; and
- d) be filed by
 - i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - ii) serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

Applications for revision or complaints must be received by 4:30 p.m. Tuesday October 17, 2023, no late exceptions will be allowed. Applications should be mailed: Secretary, Board of Revision Box 131, at 0 077E PR 221, Rosser, Manitoba, R0H 1E0 or emailed: admin@rmofrosser.com or faxed: 204-467-5958. Applicants will be notified, in writing, of the date and time of the hearing of their application.

Applications which do not include the above information may not be considered by the Board. Applicants who fail to attend the Board may have their Application for Revision dismissed without a hearing. Dismissing an application without a hearing ends the Appeal Process for the Applicant.

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, applicants should:

- a) examine Municipal Assessment Rolls for comparable properties.
- b) select comparable properties from the rolls; and
- c) discuss the matter with the Municipal Assessment Branch, Portage la Prairie, Manitoba (204) 239-3332 or Toll Free 1-866-401-8986.

DATED this 12th day of September 2023 at the Village of Rosser, in the Province of Manitoba.

Larry Wandowich, Secretary
Board of Revision
Rural Municipality of Rosser
Box 131 0 077E PR 221
Rosser, Manitoba R0H 1E0

SHOP LOCAL - SUPPORT LOCAL BUSINESS

McSherry Auction Service Ltd

McSherry Online Auction For Dean Legault

Closing Date; Thursday Oct. 19th, 7:30pm

Elie, MB in Town #30 PR 248 South

Contact: 204-951-0911

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204-467-1858 & Mcsherry@mymts.net



NOTICE OF APPLICATION TOWN OF STONEWALL REVISED WATER AND WASTEWATER RATES STONEWALL WATER AND WASTEWATER UTILITY

September 21, 2023

The Town of Stonewall (Town) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for Stonewall Water and Wastewater Utility (Utility) as set out in By-law No. 08-23, read the first time on September 6, 2023. Rates were last approved in 2023 in Board Order No. 3/23, with current rates coming into effect January 1, 2023.

The current and proposed rates are as follows:

	Current Rates		Proposed Rates	
	By-Law 09-22	By-Law 08-23	By-Law 09-22	By-Law 08-23
Quarterly Service Charge	\$ 22.50	\$ 22.50	\$ 22.50	\$ 22.50
Water (per cubic meter)	\$ 0.98	\$ 1.01	\$ 0.98	\$ 1.01
Wastewater (per cubic meter)	\$ 0.85	\$ 0.88	\$ 0.85	\$ 0.88
Minimum Quarterly Charge*	\$ 47.46	\$ 48.28	\$ 47.46	\$ 48.28
Minimum Quarterly Charge - Wastewater Only**	\$ 67.66	\$ 69.25	\$ 67.66	\$ 69.25
Wastewater Disposal Tipping Fees (per cubic meter)	\$ 4.20	\$ 4.35	\$ 4.20	\$ 4.35
Final Meter Reading Fee	\$ -	\$ 50.00	\$ -	\$ 50.00

*Based on 13.64 cubic meters
**Based on 53.13 cubic meters

Details of the Town's application are available for review at the Town's office or the Public Utilities Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the Town.

If you have concerns/comments regarding the Town of Stonewall's application for water and wastewater, rates please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the Town.

Questions or comments should be sent on or before **November 5, 2023**.

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Jennifer Dubois, CPA, CMA

Assistant Associate Secretary
Manitoba Public Utilities Board

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CARD OF THANKS



Congratulations to the Winners of the 7/7 fundraising draw!
Picture on the left: first prize (7 - \$100 gift certificates for 7 nights of dinners)
was Courtney Huewan;

Picture on the right: second prize (\$200 gas certificate for Quarry View Esso) was Beth Litton
and third prize (\$100 MLCC gift card) is Jackie Luellman.

Thank you to everyone who supported this fundraiser! We can't do this without your help.
-Stonewall & District Lions Club

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IN MEMORIAM

Phyllis Crockatt
September 29, 1934 - October 2, 2022
Mom,
Love you,
Miss you.

OBITUARY

Betty Irene Sorenson
March 30, 1933 - September 25, 2023

It is with heartfelt sorrow we announce the passing of Betty Irene Sorenson. Mom passed away peacefully, at the age of 90.

A celebration of life will be held at Meadow Lea Hall on Monday, October 16, 2023 at 11:00 a.m.

Longer obituary to follow.

kl
KEN LOEHMER
FUNERAL SERVICES
204-886-0404

OBITUARY



Richard Grayson

April 21, 1942 - September 20, 2023

Richard passed peacefully in the early morning at the Stonewall Hospital September 20, 2023 at the age of 81 years.

He was predeceased by his father Dick and mother Rose.

Richard will be lovingly remembered by his wife June, brother Robert, sister Janice (Dennis), son Rick, daughter Lisa; grandchildren Bryce (Richelle), Kyle (Danielle), Tyler, Kelsey (Doug), Grant (Thomas), Hailey (Cynthia) and six great-grandchildren.

Richard was born in Lancaster, England and immigrated to Canada in 1944 with his mother Rose and brother Robert. His sister Janice was born in 1947. They eventually settled in Stonewall.

A celebration of Richard's life will be held at the Stonewall Royal Canadian Legion on Thursday, September 28th at 2:00 p.m.

In lieu of flowers donations can be made to the Interlake Foundation. You will be greatly missed.

Papa,
Those we love don't go away
They walk beside us everyday
Unseen, unheard but always near
Always loved, always missed and very dear
-Loved forever and always missed,
your grandchildren and great-grandchildren

kl
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OBITUARY



H. Alvin Penner

Peacefully on September 20, 2023 at the Selkirk Regional Health Centre, Alvin Penner beloved husband of Shirley Patton Penner. Alvin was the youngest child of Nickolas and Agatha Penner. He was predeceased by sisters Margaret, Helen and Selma and his brother Nickolas and his brothers of the heart Hank, Johnny and Herbie. He is also survived by daughter Shanne and her three children and many nieces and nephews.

For 83 years Alvin has lived in the same house on the family farm. He was born to a farmer and in July of 1974 Alvin married a farmer's daughter Shirley. One of his earliest memories was sitting in an apple box on the tractor with his Dad. Alvin graduated from the University of Manitoba with a diploma in agriculture and began his farming career in earnest. For a period of time, he raised pigs but he realized they were not for him and he realized anything that

ate hay was also not for him. He had enough of moving hay when he was young - grain farming was it.

Alvin loved the whole process of farming, the seeding, watching Shirley do the harrow work, spraying and combining. The very best though was the harvest meals in the field and crop tours checking for weeds or bugs. In the seventies and early eighties he combined with the Cottingham brothers Bob and Glen and his son Greg. Drying grain all night was no fun - hauling it to the elevator sure was. When it was deep till he was up at 4 a.m. "to get a good start in the field". He loved his job!

Alvin loved dogs and he always said he was lucky to have had so many great dogs and that they were so intelligent; Skeeter, Herman, Auggie Doggie (alias the Red Baron) the Skidoo rider. They could be seen flying along Hwy 8 with her red scarf flying in the wind. Then came Waggs, Jackum and lastly our beloved Bear. Alvin always took the time to play with them no matter the time of day he came home.

The travel bug bit early on in life and he was happiest tooling down the interstate sipping on a cool one heading for a warm spot down south. He loved the desert and over the years he had many companions - Lyle, Bert, Herbie, Johnnie, Glen, Irvin, Randy and Mike all made memories. Great memories of having beer with Patsy Cline and June Carter at Rose's Dance Garden in Pismo Beach, California. He met and had a long visit with Willie Nelson and watched Herbie jam with the Beach Boys.

Alvin loved music, Saturday was the George Jones day. His Jones'er were legendary full of good food, assorted beverages and everyone welcome. Sunday it was gospel music and he had it wired into the garage and the gazebo.

In 1998 the garage was built and filled with Route 66 mementos, neon signs, old tools and anything that took his fancy. He could often be found studying his Rand McNally Atlas planning the next trip. Music on the stereo and the BBQ heating up for a steak. Alvin was always ready for a road trip.

Alvin was extremely proud of Shirley's cooking and how she maintained a beautiful yard. He loved every flower as long as it was yellow or orange. In the later years he had very successful garden. Early in the morning you could see him head out to the garden with his dog and two or three cats to weed. In the afternoon he could be found napping in the gazebo with his dog, two or three cats and the stereo playing.

In February of 1990 Alvin was honored when he and Shirley were awarded the commission of Kentucky Colonel. He took great delight when the invitation to the Kentucky Derby and its many functions arrived. It was on his bucket list of things yet to be done. A series of health issues made the dream impossible. Alvin lived everyday of his 83 years to the fullest with no regrets.

In lieu of flowers please consider donations to Dunara Community Church, Box 507 RR#1 Petersfield, MB., R0C 2L0 or Siloam Mission, 300 Princess Street, Winnipeg, MB, R3B 1M3.

Funeral Services will be held on Thursday, September 28, 2023 at the Rockwood Centennial Centre in Teulon at 11:00 a.m. Interment at Dunara Community Church on Hwy. #8 after the service. Officiated by Rev. Kathleen McConnell.

kl
KEN LOEHMER
FUNERAL SERVICES
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Announcements



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OBITUARY



Gwendolyn Irene Kitching (nee Mulligan)

On September 14, 2023 Gwen suffered a heart attack and passed away suddenly at Rosewood Residence in Winnipeg.

She will be dearly missed by her four children: Karen (Brian) Webb, Shelley, Kevin (Trish) and Scott (Barb); five grandchildren: Nicole (Brad), Mitchell, Ian, Sydney and Brooklyn; and her brother and sister: Dennis Mulligan and Pat Blair.

She was predeceased by her husband Lloyd, her parents Kenneth and Dorothy Mulligan and her brother Melvin.

Gwen was born in Winnipeg on November 6, 1937. She grew up on the family farm near Rosser Manitoba. First attending Rosser Village School, she went on to graduate high school at United College in Winnipeg. After graduating, she headed to the Prairie Christian Training Centre in Fort Qu'Appelle, Saskatchewan, first to study but then staying on to work in the kitchen. It was there

that she made many lifelong friends and met the man whom she would marry, Lloyd Kitching. They exchanged vows on October 29, 1959 at the Rosser United Church and set up home on a farm near Carman, MB.

Gwen will be remembered for her laugh and wonderful smile, for her beautiful singing voice and for her bun-making abilities (best buns on the prairies according to many!). She will also be remembered as a woman who was full of kindness and who cared for others; who welcomed so many people into her home and always tried to put others at ease.

Gwen's spirit was that of a caregiver. She cared for her children, making sure they were fed and clothed and taken to whatever activity they needed to get to. She cared for the men on the farm, bringing meals, parts and looking after whatever else needed looking after. She cared for the elderly, working for 20 years as a Homecare worker in Carman. She also provided rides for aging friends and family to appointments, activities and entertainment events. She particularly loved taking carloads of people to Rainbow Stage, somehow getting there on time even with Dad as a part of the group. She spent her later years caring for Dad as he aged and needed increasing amounts of care. She managed to keep Dad at home with her right until his passing, even though it took a toll on her own health. Her giving was selfless, not seeking of recognition. In fact, her shyness had her often preferring to stay in the background.

Community involvement was also important to Gwen. Her love of singing saw her become an early member of the Sonatrice Singers. She was a long-standing member of the United Church choir. She was a soloist at countless weddings and funerals. She enjoyed bowling, aquacise and carpet bowling, largely because of the friends it allowed her to spend time with. She made sure her family was part of Carman's Canada World Youth hosting committee, billeting youth from across Canada and the world. For her church community and other friends, her New Year's Eve parties were an institution unto themselves.

Gwen truly lived her Christian faith and was an amazing role model for how to welcome others and put them at ease; for stepping up when someone needed looking after; for putting others first. For that and so much more, we will forever be grateful to have shared our lives with you.

Funeral service will be held at Carman United Church on Saturday, September 30th at 11:00 a.m. The service will be followed by a lunch also at the church.

In lieu of flowers, the family requests that donations may be made to the Carman United Church, Box 1177, Carman, MB, R0G 0J0, or the Canadian Diabetes Association <https://www.diabetes.ca/>

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

OBITUARY



Lyle Crowe

It is with deep sorrow and much love that we mourn the sudden passing of Lyle Crowe of Balmoral MB, on September 13th 2023 at the age of 60. He was travelling with his wife in Austria when he unexpectedly passed.

He will be lovingly remembered by his wife of 35 years, Yvonne, his two children Miranda and Jason, his two brothers Michael and Brent and their families, his extended family members, and by his many friends and colleagues.

Celebration of life will be held on Saturday, October 14, at 2:00 p.m. at Prairie Skills Building, 220 S Railway Ave, Deloraine, MB.

Celebration of life will be held on Tuesday, November 14, from 1-3 p.m. at The Leaf, 145 Locomotive Dr, Assiniboine Park, Winnipeg, MB.

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OBITUARY



Joan Sitar

October 17, 1931 - September 21, 2023

We are saddened to announce the passing of our beloved Aunty Joan. With family by her side, she left us peacefully at the age of 91 years.

Joan was born and raised in Elma, Manitoba, youngest of eight children, she spent many of her childhood years in the one-room home built by her homesteader parents. She was a phenomenal cook and very successful entrepreneur, owning several restaurants in the Winnipeg area prior to her retirement to Sandy Hook. An avid gardener, Joan's pride and joy, was a rose garden that she initiated and carefully supervised at the rear courtyard of the Rosewood Lodge in Stonewall where she resided the last years of her life. Aunty Joan was always thrilled to spend time with family, share a beer or two (her "medicine") and who can forget her contagious

laughter. She truly cherished each day as a gift, and in her passing, she has taught us how lucky we were to have loved and learned from her.

Joan was predeceased by her father (Joseph), her mother (Beatrice), husband (Peter Orzechowski), her niece (Eleanor Baker) and her seven siblings plus many other loved ones.

She will be lovingly remembered and deeply missed by her nephew Bob Baker and family; godson Dave Sitar and family; nephews Paul, Brian, Robert and nieces Sheryl, Charlotte, Joanne, Gail, Lynn and friends and family too numerous to list, but not forgotten.

Love you forever Aunty Joan!

Our family extends its heartfelt gratitude to the staff at the Rosewood Lodge for their care and kindness.

Cremation has taken place. As per the request of the deceased, there will be no service. Interment will take place at a later date, yet to be determined, at the cemetery in Lac du Bonnet, MB.

In lieu of flowers, donations may be made to a charity of your choice.



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- Froze funding to municipalities undermining policing and infrastructure.
- Increased Hydro rates by over 20%.

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- Recruit doctors, nurses, and healthcare professionals for the Interlake
- Hire more paramedics and improve cell service to shorten ambulance wait times
- Support municipalities to provide services and infrastructure.
- Freeze Hydro rates and cut the gas tax for all Manitobans.

Vote Sarah on Oct. 3rd

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BARDARSON**
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