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# Stonewall Teulon Tribune

THURSDAY,  
AUGUST 14, 2025

www.stonewallteulontribune.ca

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## Creative cultivators

TRIBUNE PHOTO BY JO-ANNE PROCTER

Maisie and Charles Matheson display the ribbons they earned for their entries at the South Interlake Garden Club's 62nd annual Flower, Fruit and Vegetable Show at the Oddfellows Hall in Stonewall last Saturday. Charles's first place award came for his "Vegetable Transformer" creation, while Maisie received second place for her model.

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# Gardeners shine at 62nd annual Stonewall show

By Jo-Anne Procter

Despite the unpredictable turns of summer weather, local green thumbs brought their best to the 62nd annual Flower, Fruit and Vegetable Show at the Oddfellows Hall last Saturday.

Hosted by the South Interlake Garden Club, the event drew 28 entrants — 10 of them newcomers — who submitted an impressive 283 entries for official judging and critique.

Visitors sipped refreshments while admiring the colourful displays, tried their luck at a variety auction and picked up fresh produce at the Farmers Market.

Chairperson Tanya Daher said she was pleased to see numbers climb this year.

“Our hard-working Garden Club members worked their magic again,” she said. “They put on another Flower, Fruit and Vegetable Show that shines with the beautiful entries and the smiles they bring. We had an exceptional variety auction with many generous donations and an awesome Farmers Market thanks to the generosity of Rock Lake Colony.”

Jo-Anne Procter earned the Grand Aggregate title for her standout collection of flowers, fruits and vegetables. Nicole Kapusta was named Reserve Aggregate champion, collecting most of her points through her creative floral arrangements.

In Class 1 – Garden Flowers, Procter also claimed most points and took home the Viewer’s Choice Award, a new addition this year that allowed visitors to select their favourite flower in the category. Special awards in Class 1 went to Nancy Lawrence for Best Dahlia and Best Gladiolus,



Young gardeners Claire and Gordon MacMillan had fun entering in the flower show for the first time.

Emma Hogg for Best Begonia and Kapusta for Best Collection of Zinnias.

In Class 2 – Outdoor Containers, Judy Nichol’s lush flowering container was named Best Outdoor Container. Kapusta earned judges’ choice awards in Class 3 – Houseplants, Class 4 – Specialty Arrangements and Class 5 – Unique Arrangements.

In Class 6 – Vegetables, Graeme Matheson had the Best Peppers, while Nichol picked up most points and the award for Best Display of Vegetables. In Class 7 – Fruits, Cecilia Turner’s grapes were judged Best Fruit.

The children’s section saw Claire MacMillan, 6 and under, following in the footsteps of her great-grandmother Jean deLaroque, claim most points for her entries. In the 7–9 age group, Emilia Booth impressed judges with her creativity.

Kathy Simard topped the Senior Citizens category, while Marni Langrell won Best Photography in the amateur



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND DIANNA ROTHWELL

Grand prize winners of the 2025 Flower, Fruit and Vegetable Show. Pictured left to right: Nancy Lawrence, Cecilia Turner, Jo-Anne Procter, Emilia Booth, Claire MacMillan, Marni Langrell, Judy Nichol, Nicole Kapusta and Emma Hogg.



Visitors to the show enjoyed viewing the unique flowers.



From left: Maiwenn Chicouene, Emilia Booth, Nora Chicouene and Claire Booth celebrate their winnings with iced tea and dainties.

photography class.

The Garden Club’s next event will be its annual general meeting in October, open to all. The evening will feature a potluck dinner and a garden-themed

speaker.

For more information, contact chairperson Tanya Daher at daherstone@shaw.ca or follow the South Interlake Garden Club on Facebook.

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# Cupcake sale helps campers cool down with slushies



**TRIBUNE PHOTOS SUBMITTED**

Young bakers from the West Interlake Trading Company Summer Fun Day Camp show off their cupcake creations on Aug. 6 at Warren Memorial Hall. The 48 cupcakes sold out in just 45 minutes, raising \$96 — enough for slushies at LJ's Grill and a boost to future camp activities. The day camp runs Mondays to Thursdays until Aug. 22.

For families looking for a fun summer adventure for children, drop-ins are welcome for \$15 for a full day or \$10 for half a day. Reach out to LanaCM1977@gmail.com for more details.



$[M]^2$

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## Teulon council news in brief

By Jennifer McFee

The Town of Teulon is recognizing the efforts of local RCMP officer Colin Gilbody from the Stonewall detachment.

"On the night of July 13 of the shooting incident in town, Colin joined the search for the suspect and was instrumental in the outcome," states an acknowledgment posted on the Town of Teulon website.

"We salute RCMP officer Colin Gilbody on a job well done."

### IN OTHER COUNCIL NEWS:

- Summer events are heating up in the Town of Teulon. The Teulon Truck and Tractor Pull will take place on Aug. 16 and 17. The following weekend, the Teulon Rodeo will take place from Aug. 22 to 24. Teulon council approved both commu-

nity events, which will include the sale of liquor.

- Council approved a \$3,583.82 quote from BDT Builders for a tin roof option for the campground washroom.

- Council approved a \$17,860.92 quote from Winnipeg Building and Decorating for a project to paint the exterior of the Teulon Rockwood Arena.

- The CAO will attend five webinar sessions an asset management hosted by the Manitoba Municipal Administrators Association in co-operation with Nams Canada.

- Council gave third reading to a bylaw to establish wastewater rates for the Teulon Wastewater Utility. Coun. Robin Nishibata was absent from the vote.

## ClB Yard of the Week honours



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rhonda and Peter Paulic, along with their three-year-old border collie-husky mix, Riggs, of 39 Keith Cousins Dr., received the Stonewall Communities in Bloom Yard of the Week honour this past week. Having relocated from Thompson eight years ago, the couple decided to revamp their yard by removing overgrown shrubbery along the driveway. They have filled the flower bed with hostas, petunias, portulaca, pansies, Karl Foerster grass and geraniums. Closer to the house, a pumpkin patch hides herbs and is creeping its way onto the sidewalk. A new yard is recognized each week until the end of August. Nominations can be submitted at Stonewall Home Hardware or the Stonewall Library using ballot boxes marked "Yard of the Week."



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REGISTRATION  
NIGHT**



**STONEWALL COMMUNITY  
REGISTRATION EVENING**



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6-8 p.m. at the  
Sunova Curling Rink**



Book your ad in our registration section Aug 28 & Sept 4 in order to get a table at registration night.



Please contact Christy Brown at The Stonewall Teulon Tribune at [ads@stonewallteulontribune](mailto:ads@stonewallteulontribune) or call **204-467-5836** for more information.



**Tribune** Stonewall Teulon



# Hidden gems and garden glory



TRIBUNE PHOTOS SUBMITTED

Warren's Communities in Bloom Week 6 Yard of the Week and Miracle-Gro Garden Selection honours go to Stacey and Ron Loewen of 257 MacDonald Ave. Their incredible yard is full of charming details revealed on a closer look. Yellow daylilies and lush hostas catch the eye first, while a closer look reveals a cloud of white hanging geraniums, mass plantings of ferns and lilies, and a thriving display of hens and chicks. Figurines are cleverly nestled among ornamental grasses, and the couple's talent shines in a raised frame of vegetables — proof of the meticulous attention poured into this remarkable garden.

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# CIB Best Blooming Business



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Florist is this week's Communities in Bloom "Business of the Week," earning the 2025 Best Blooming Business Award for its creative, ever-changing storefront displays. For more than three decades, the shop at 407 Main St. has brightened Main Street with seasonal arrangements and decorative touches. This summer's display features mandevilla vines twining up alongside scarlet runners, their bold colours offset by creeping Jenny's golden foliage, with antiques and yard art adding to the charm. Two judges— one from Communities in Bloom and one from the Stonewall & District Chamber of Commerce — evaluated storefronts to recognize creativity and curb appeal. Pictured, from left: Tami Couch and Heather Dumas.



## COMMUNITY Sale

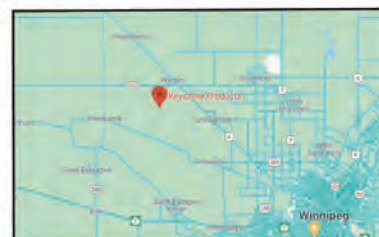
KEYSTONE COLONY

FRIDAY, **AUGUST 22**, 10:00AM-6:00PM

SATURDAY, **AUGUST 23**, 9:00AM-5:00PM

Come join us for our 13th annual bake and yard sale! Enjoy our delicious assortment of fresh baking and home-canned goods while browsing through our selection of lawn and garden products. You'll find great sales on patio blocks, fire pits, pavers, deck railings, and more.

We also serve hot food; including hotdogs, burgers, homemade fries, and free coffee.



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- Multi-Family Garage sale

13th annual  
COMMUNITY SALE

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# Public feedback sought on proposed PCH borrowing

By Jennifer McFee

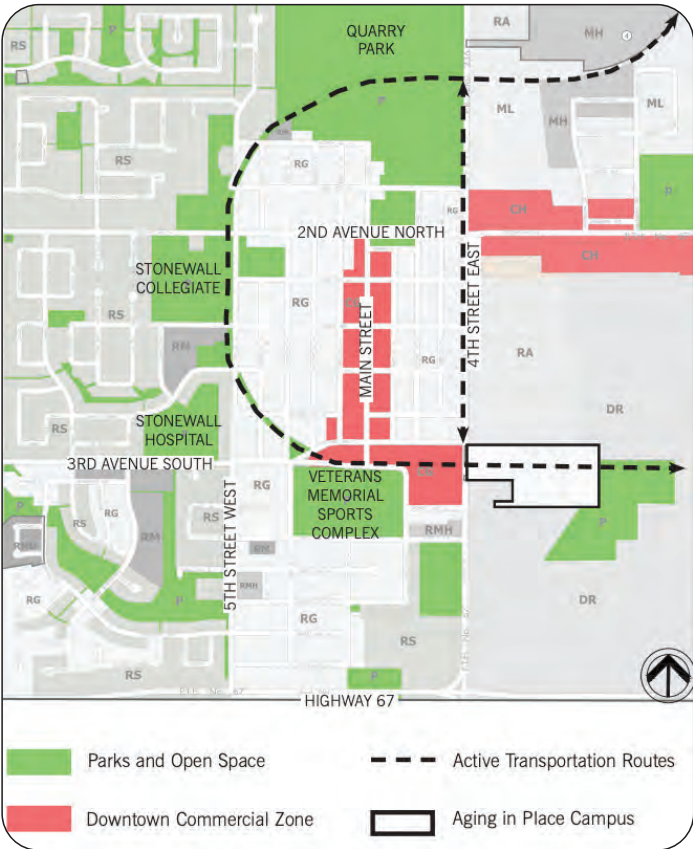
Members of the public are invited to share their feedback about a proposal to borrow \$9.5 million to invest in a future personal care home and age-in-place campus.

The Town of Stonewall will host a public hearing on Wednesday, Aug. 20 at 7:30 p.m. in the council chambers, and a virtual attendance option will also be available.

The age-in-place campus is planned for a

site east of 4th Street East, extending from 3rd Avenue South, on land owned by the Town of Stonewall. As part of the campus, the town has committed to providing a fully serviced five-acre parcel of land to the Interlake-Eastern Regional Health Authority and the provincial government for the development of a personal care home.

The proposed investment would go towards servicing 21 acres of land for the project, includ-



TRIBUNE PHOTO SUBMITTED

The map and site drawing show the proposed location for Stonewall's future age-in-place campus and personal care home, part of a \$9.5-million borrowing proposal now open for public feedback.

ing sewer, water, roads and land drainage. The sewer infrastructure would be supported by private sector investment, along with the contribution from the town.

The borrowed funds would also go towards buying up to 31.5 acres adjacent to the age-in-place campus for future land use planning.

The town points to benefits that include commercial and retail development, which could lead to new jobs, services and amenities in town.

The town also anticipates that a portion of these investments would be offset over time by future development revenue and property taxes.

Pending approval of the borrowing bylaw, the \$9.5 million would be borrowed over a 20-year repayment term with a maximum interest rate of 7.5 per cent annually. The annual repayment would be up to \$931,875.82, including the general municipal levy.

More information is available on the Town of Stonewall's website at [stonewall.ca](http://stonewall.ca), and paper copies are available at the town office or by calling 204-467-7979.



## JOIN US FOR THE AUGUST CONSIGNMENT SALES 2025

**AUGUST 7 ONSITE DAY 1 AUCTION - TIMED ONLINE AT 9:00AM BIDDING STARTS: AUGUST 7 AT 9AM**  
ONSITE WEEK 1 CLOSURES THURSDAY, AUGUST 14, 2025 AT 10:00AM  
PICKUP DAY: FRIDAY AUGUST 15 FROM 9AM TO 5PM.

**AUGUST 14 - ESTATE OF LOUIS TATARYN ROSA, MB - TIMED ONLINE AT 10:00AM**  
VIEWING : AUGUST 16 & AUGUST 18-19 - DIRECTIONS WILL BE PROVIDED BY VIEWING DATE.  
BIDDING STARTS: AUG. 14 AT 10AM CLOSURES AUG 21, 2025 AT 10:00AM  
PICKUP DAYS: AUG. 21 TO 23, 2025, 9 AM TO 5 PM

**AUGUST 21 OFFSITE DAY 1 AUCTION**  
TIMED ONLINE AT 9:00AM  
VIEWING : AUGUST 18 TO AUGUST 22  
BIDDING STARTS: AUGUST 21 AT 9AM  
OFFSITE WEEK 2 DAY 1 CLOSURES  
WEDNESDAY, AUGUST 27 - 10 AM  
PICKUP DAYS: FRIDAY AUGUST 29 &  
SATURDAY, AUGUST 30 9AM TO 5PM.

**AUGUST 21 ONSITE DAY 2 AUCTION**  
TIMED ONLINE AT 9:00AM  
VIEWING : AUGUST 18 TO AUGUST 22  
BIDDING STARTS: AUGUST 21 AT 9AM  
ONSITE WEEK 2 DAY 2 CLOSURES  
THURSDAY AUGUST 28 - 10 AM  
PICKUP DAYS: FRIDAY AUGUST 29 &  
SATURDAY, AUGUST 30 9AM TO 5PM.

**AUGUST 28 ONSITE**  
WEEK 3 CONSIGNMENT SALE  
TIMED ONLINE AT 9:00AM  
VIEWING : AUGUST 25 TO  
AUGUST 29 9AM TO 5PM  
BIDDING STARTS: AUGUST 28 AT 9AM  
ONSITE WEEK 3 CLOSURES  
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PICKUP DAYS: SEPTEMBER 5  
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# Experience historic modes of travel at Lower Fort Garry's Transpo Expo Aug. 16

By E. Antonio

Morning commutes weren't always as easy as hopping into a vehicle, and visitors to Lower Fort Garry's Transpo Expo will get to explore how people travelled since the late 1800s.

On Saturday, Aug. 16, from 10 a.m. to 4:30 p.m., Parks Canada, in collaboration with the Friends of Lower Fort Garry (FoLFG), will transport guests back in time to see, experience and learn about early-day transportation methods — from ox carts and canoes to cars and commuter buses.

"This year — based off participant feedback — we are really excited to call this a true Transpo Expo by shifting our focus to create learning opportunities about the history of transportation in western Canada, specifically in Manitoba," said Ben Gillies, FoLFG vice-president.

This is the third year for the expo and the biggest yet, featuring interactive presentations, historic displays and children's activities before capping off the day with a parade around the fort at 3:30 p.m.

"Without transportation, a lot of things that helped us grow in the past couldn't have happened," Gillies said. "We think it is a really important part of our history and the Transpo Expo is such a neat way to celebrate it."

The expo is special to Lower Fort Garry, which was home to the Motor Country Club from 1913 to 1962. Many cars similar to those once found at the club will be on display during

the day with the All-British Car Show.

This year, the Manitoba Transit Heritage Association — an organization devoted to sharing the history of buses and public transit — will have three historic buses on display, including one from 1937, the oldest in its fleet. This bus impacted the lives of many former Selkirk residents as the first commuter bus chartered to and from Winnipeg and Selkirk. It passed by Lower Fort Garry daily and even came near the property, as a service road once ran next to the fort.

"We think it is so exciting that we are able to bring that piece of history back to the site for one day," Gillies said. "People will be able to see and board the buses, giving them a true insight into what people used to take before personal vehicles took over."

Manitoba Public Insurance will also have historic bicycles on display.

In addition, Armand Jerome, a Métis Red River cart builder, will be demonstrating how to build a cart from 12 to 3 p.m. Jerome has built more than 60 carts in his lifetime and taken them on trail rides through Manitoba and Saskatchewan. As part of Parks Canada's Knowledge Sharing Series, he will share the history of the carts, explain how they are made and reminisce about his carting adventures.

Mark Blieske, an expert birch-bark canoe and paddle maker, will also be sharing his talents all day. With more than 10,000 hours of canoe and



TRIBUNE PHOTO SUBMITTED

Visitors can experience Lower Fort Garry's Transpo Expo on Saturday, Aug. 16, featuring children's activities, historic displays and interactive presentations.

paddle-making experience, he has mentored more than 3,000 Canadian students on how to make paddles of their own. On Saturday, he will demonstrate how to make canoes and paddles from start to finish, much like the Indigenous Peoples did early on.

Younger history fans can take part in the Ultimate Voyageur Obstacle Course — a kid-friendly event to show how people moved around in the past. There will be a variety of kid-sized transportation modes, including small ox carts with fur bales to pull and tumplines (a leather strap

used for carrying loads with the head).

All Transpo Expo activities — including regular Lower Fort Garry programs and building access — are free to attend and included with the Canada Strong Pass. The restaurant and gift shop, located in the reception building, will also be open with food, beverages and souvenirs for purchase.

"All that to say, we hope it will be a fun day out at Lower Fort Garry, made all the better because the site is free for this season," Gillies said.

## RCMP respond to collisions on Highway 236

By Jennifer McFee

Stonewall RCMP responded to a head-on collision on Highway 236 and Road 70 NE in the RM of Rosser on Aug. 1 at about 5:50 p.m.

A northbound SUV veered into oncoming traffic and struck a southbound SUV.

The 72-year-old man driving the southbound SUV and an 83-year-old female passenger, both from Fairfield,

were injured in the collision. A child in the back seat sustained minor injuries.

STARS took the female passenger was taken to hospital with serious injuries, and the male driver was also transported to hospital with less severe injuries. The injuries are not considered life-threatening.

The 34-year-old driver of the northbound SUV was not seriously injured.

She was arrested and charged with operation while impaired, and she will appear in court at a later date.

The day before, on July 31 at about 4:30 p.m., RCMP received a report of a two-vehicle collision between a car and a truck at highways 236 and 323. No additional information was available at press time.

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Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is \$758.50  
Thursday 4-10  
Friday - 5:30 BBQ 6:30 Meat Draw 7-1:30 Beer Gardens  
Saturday 12-close 12-1:30 Beer Gardens (Closed from 6-7)  
Sunday 12-close 12-6 Beer Gardens  
Cornhole Tournament Saturday August 16 in the Beer Gardens  
\$50 registration per team - contact Scott Marohn for more information 204-794-5229 or sm25@hotmail.com  
Roast Beef Dinner Saturday August 30 \$15.00 Tickets available at the Bar  
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**Al-Anon and AA Meetings Information**

**Balmoral Al-Anon Family Group**  
Balmoral Community Hall basement  
6003 E MB-236, Balmoral, MB  
Contact: (204) 470-8972  
Meets every Wednesday 7-8 PM  
Everyone welcome

**Selkirk Red River Al-Anon Family Group**  
Christ Church Anglican  
227 McLean St., Selkirk, MB  
Contact: (204) 482-6287  
Meets every Monday 7-8 PM

**Teulon AA**  
Christian Education Building  
3rd Ave. SE, Teulon, MB  
Contact: (204) 461-0155  
Meets every Tuesday 8-9 PM

**Stonewall AA**  
Parochial Hall  
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Contact Denis: (204) 981-7747  
Donna (204) 461-0892  
Meets every Sunday 7:30-8:30 PM



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## Keeping disease outside the barn

By Cam Dahl

It surprises many people when I tell them they must shower before entering a hog barn and that their outdoor shoes are nowhere near clean enough to be worn next to pigs — but both statements are true. Strict biosecurity is a critical component of animal care and welfare.

Biosecurity protocols help farmers keep production diseases like Porcine Epidemic Diarrhea (PED) and Porcine Reproductive and Respiratory Syndrome (PRRS) out of their barns. Biosecurity is also essential in preventing foreign animal diseases like African Swine Fever (ASF) from entering Canada. Good biosecurity helps keep animals safe and healthy.

The last major PED outbreak in Manitoba, which began in the fall of 2021 and lasted through the spring of 2023, is estimated to have cost the province more than \$100 million. Current estimates suggest PRRS is costing the U.S. industry \$1.65 billion annually.

Manitoba's hog and pork producers learned some key lessons from the last PED outbreak. The first is that the entire sector must work together to effectively protect the health of the animals under our care. The second is more difficult: at times, parts of the value chain need to take actions that are not in their short-term financial interest but serve the long-term good of the industry. This collaboration shows the industry's willingness to do the right thing, even when it comes at a cost. The result of this teamwork is Manitoba's PED Elimination Plan, which has been effective in stopping the spread of disease.

Farmers sometimes express frustration when outside experts are quick to tell them how to farm but slow to recognize the results of their efforts. That

should not be the case here. Farmers and industry stakeholders should be recognized and commended for their collaboration on biosecurity, disease prevention and containment.

Stringent biosecurity requirements are also why producers are concerned about unauthorized people entering their farms or coming into contact with their animals. If someone breaches biosecurity protocols, the effort to prevent the spread of disease could be undone. This is a key reason why farmers support anti-trespass legislation.

For farmers, doing the right thing goes beyond keeping disease out of the barn. Producers also work daily to safeguard the welfare of their animals. Hog farmers across Canada are guided by the 105 requirements in the Code of Practice for the Care and Handling of Pigs. Backing up the code is legislation such as Manitoba's Animal Care Act.

Confirming compliance with high standards for animal care also requires verification. The Canadian Pork Excellence (CPE) program is a national platform for producers to demonstrate adherence to food safety, animal care and traceability standards. Program registration is required to ship animals to federally inspected processors. Under these programs, animal care is assessed regularly, including visits from herd veterinarians.

The Code of Practice is not a public relations tool created by industry. It is the result of a rigorous development process that draws on the best

available science on pig health and welfare, compiled through an independent, peer-reviewed process. The Code Development Committee includes independent scientists, representatives from animal welfare organizations, veterinarians, government officials, consumer-facing members — and farmers.

Doing the right thing also includes continuous improvement in environmental sustainability. For example, the modernization of agriculture has revolutionized nutrient management. Previous generations did not have access to the research or tools available today to minimize manure runoff. Now, over 90 per cent of hog manure in Manitoba

is either injected below the surface or incorporated into the soil after application. This prevents leaching into waterways and places valuable nutrients near the seed, where they benefit crops most.

Technological advances are making manure application more precise. Modern equipment uses near-infrared technology to test flow rates in real time and adjust application rates accordingly. Farmers also use GPS, ultrasonic speed sensors and radar to ensure manure is applied in the right place and at the right rate. This technology helps maximize the benefits of natural fertilizer while reducing the risk of nutrient leaching.

Compliance with modern regulations also supports sustainability. Before applying manure, farmers must submit manure management plans

**Cam Dahl**  
**General Manger**  
**Manitoba Pork Council**Jennifer McFee  
204-461-5352  
jen@stonewallteulontribune.ca

Continued on page 8

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# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

## Stonewall Terry Fox Run set for Sept. 14 with 'Finish It' theme

By Lana Meier

Local residents will lace up for the annual Terry Fox Run on Sunday, Sept. 14 in support of cancer research.

Registration runs from noon to 1 p.m. at the Heritage Arts Centre in Stonewall Quarry Park, followed by a welcome and warmup at 1 p.m. Participants can walk, run or bike an approximately five-kilometre route through town, ending back at Quarry Park. The route can be shortened to suit individual needs.

This year's theme, Finish It, recalls Terry Fox's 1980 Marathon of Hope and challenges Canadians to continue his legacy by raising funds to end cancer. Organizers note that some of the research funded by the Terry Fox Foundation is happening here in Manitoba. More information is available at [terryfox.org](http://terryfox.org).

The committee is also hosting several T-shirt and yard sign sales in the lead-up to the event. Short-sleeve black shirts — along with vintage designs — will be available Aug. 27 at Westside Plaza, Sept. 2 at Red River



PHOTO SUBMITTED

Terry Fox Run shirts will be sold at several locations in Stonewall ahead of the Sept. 14 event in support of cancer research.

Co-op and Sept. 8 at Stonewall Family Foods, each from 10 a.m. to 4 p.m. T-shirts will also be on sale during

Quarry Days at the Stonewall Legion Beer Gardens food booth and on run day.

In addition, the Winnipeg Goldeyes will host a Terry Fox tribute night on Friday, Aug. 29, at 7 p.m. at Shaw Park. The evening will feature fireworks and an appearance by Terry's brother, Fred Fox, who will throw out the first pitch. Fans wearing Terry Fox apparel will be entered into a prize draw. Discounted tickets are available at [tixr.com/groups/goldeyes/sales/terry-fox-80](http://tixr.com/groups/goldeyes/sales/terry-fox-80).

Cancer survivors are also invited to join Terry's Team, a group of survivors who represent the hope and progress made through research. Members can choose to wear the red TTM shirt during the run or participate in other ways. Registration for Terry's Team is available at [terryfox.org](http://terryfox.org) under the Stonewall Run site.

For more information, or to purchase shirts or yard signs, contact Cathy Goresky at 204-467-5842 or 204-794-5164.

## worship

with us > FAITH

## Weeds – Still

This spring I spent an afternoon diligently pulling up quack grass in my front garden. I felt so confident I'd gotten most, if not all, of the roots



that I actually wrote a few words about it in the paper; however I feel like I need to give an update. The running root system of the hardy quack grass has proven to be a formidable opponent for me. In fact, I'm slightly embarrassed at how well it has continued to grow despite my perceived thoroughness in the spring. A few weeks ago I finally took the time to pull out another round of the quack grass, after repeatedly walking past it. As you may already know, weeds of any sort need our ongoing diligence and persistence to stay ahead of them.

Have you ever become tired or grown weary while praying for something or someone? Just like we need to continually weed our gardens, we also need to be persistent with our prayers. Many times in the Bible we're reminded to keep praying, to pray continually and to "be persistent in our prayers" as Ephesians 6:18b says. Sometimes the Lord answers our prayers quickly, other times we need to continually take our requests to Him, interceding on behalf of someone or something. If you've been praying for a situation and there doesn't seem to be any change, ask the Lord to show you how to pray specifically for that situation, and then keep praying. If you've been praying for someone and nothing seems any different, don't stop, keep praying. 2 Thessalonians 1:11 says, "So we keep on praying for you, asking our God to enable you to live a life worthy of His call. May He give you the power to accomplish all the good things your faith prompts you to do." Let me encourage us to pray for one another, to be persistent in prayer and to trust Him to answer our requests, in His perfect timing.

Pastor Jo-Ann Porterfield  
Alive Family Church  
Stonewall, MB  
[alivefamilychurch.ca](http://alivefamilychurch.ca)

## New tax credit saves Manitobans up to \$1,500 on property tax

By E. Antonio

Manitobans may notice a new property tax credit on their bills this year.

The Homeowners Affordability Tax Credit (HATC) has replaced the Education Property Tax Credit (EPTC) and will offer homeowners — including condominium and mobile homeowners — a rebate equal to the lesser of \$1,500 or the gross school taxes on their principal residence.

That means if a property's gross school taxes are less than \$1,500, the credit will match that lower amount. If they are higher, the homeowner will receive the full \$1,500.

A provincial spokesperson said the change focuses on providing additional school tax relief for homes with lower and mid-range assessed values. The HATC was implemented in early 2025, benefiting Manitobans for the upcoming property tax year.

If homeowners already received the EPTC, they will automatically receive the HATC — assuming they have not moved. The HATC was or will be applied to the tax statement depending on when each municipality mails them out.

"Regardless of whether a homeowner has received their tax statement already or not, there is still an opportunity to claim the HATC for the current year," added the provincial spokesperson.

Homeowners needing to declare their principal residence — including those who have recently moved — can apply within their municipality by Nov. 15, 2025, to receive the credit for the year. If the tax statement has already been sent out, eligible applicants will receive an adjustment to their tax owing or a refund cheque. Homeowners can also claim the

HATC on their personal income tax return if they did not receive the credit on their property tax statement or as a credit on their account.

If a homeowner owns more than one residence, they cannot claim the credit twice. Only one owner can claim the credit if two owners live on the same property. Renters are not eligible for the HATC but can claim the Renters Affordability Tax Credit.

The Province of Manitoba has been communicating with residents about the HATC through municipal news and provincial bulletins, striving to inform as many eligible property owners as possible.

More information about the HATC is available at [www.gov.mb.ca/finance/tao/hatc.html](http://www.gov.mb.ca/finance/tao/hatc.html), including how to check if you have declared your principal residence for the credit.

### > BARN, FROM PG. 9

to the provincial government. These nutrient plans are tailored to specific crops and include soil sampling to prevent over-application of nutrients.

The environmental and animal care record of modern Manitoba hog farmers is one they take pride in. It is also a record all Manitobans can take pride in. Nutritious, high-quality pork

from Manitoba's farmers is raised in a sustainable way — supporting the long-term viability of the industry and contributing to our economy and local communities.



# \$120K gift brings Palliative Care Patio to life at Stonewall Hospital

By Lana Meier

A long-held dream for palliative care patients at Stonewall Hospital is finally becoming a reality, thanks to the generosity of local businessman and longtime resident Irv Koch.

The Palliative Care Garden Door Project — first envisioned in 2018 by hospital staff, the Interlake-Eastern Health Foundation (IEHF) and South West District Palliative Care (SWD-PC) — will give patients in palliative care access to a dedicated, accessible outdoor space.

The centrepiece is a large exterior door, allowing hospital beds and wheelchairs to move freely from the palliative care suite to a private, enclosed patio. The new space, to be called the Sunshine and Peace Patio, is designed to provide dignity, comfort and connection during some of life's most difficult moments.

Koch's \$120,000 donation will cover the majority of the project's estimated \$135,000 cost. Donations received previously for the project will be used to fund the remainder.

"Being able to offer a quiet, private outdoor space gives patients dignity

and a sense of peace," said Carmen Baker, manager of health services at Stonewall Hospital. "This project means so much to our staff, patients and their families. We're incredibly grateful to Irv for making this long-held dream become a reality."

Spending time outdoors has proven benefits for both patients and families, from reducing anxiety and stress to fostering moments of connection. The new patio will offer patients the chance to feel the sun, listen to bird-song and share time with loved ones in a more natural, soothing setting.

The project faced setbacks when initial fundraising efforts were stalled by the COVID pandemic. Now, with Koch's significant donation, construction is underway and expected to be completed this fall.

"I wanted to do something that would make a real difference close to home," Koch said. "I've spent many years in this community, and it feels right to help create a space that brings comfort to others."

To donate to the project, cheques can be made payable to IEHF and dropped off at Stonewall Hospital



TRIBUNE PHOTO SUBMITTED

Pictured (from left) are Marjorie M., registered nurse; Lyndsay S., health-care aide; Carmen B., manager of health services; donor Irv Koch; Chantelle H., registered nurse; Julie P., health-care aide; and Chelsey M., licensed practical nurse, during the cheque presentation for the Palliative Care Garden Door Project at Stonewall Hospital.

or mailed to the IEHF office at 233A Main Street, Selkirk, MB, R1A 1S1. Donations can also be made online at [www.iehf.ca](http://www.iehf.ca) (indicate Stonewall Palliative Care Patio in the message section) or by calling 204-485-5139.

# TCDI to host pancake breakfast on Saturday

By Jennifer McFee

A local community group will be flipping flapjacks this weekend at a fundraising breakfast.

On Saturday, Aug. 16 from 8 to 11 a.m., the Teulon Community Development Initiative (TCDI) will host its first fundraising pancake breakfast at Green Acres Park.

David Leduchowski, TCDI chair, said their goal is to have a modern kitchen and dining pavilion built in Green Acres Park by 2028.

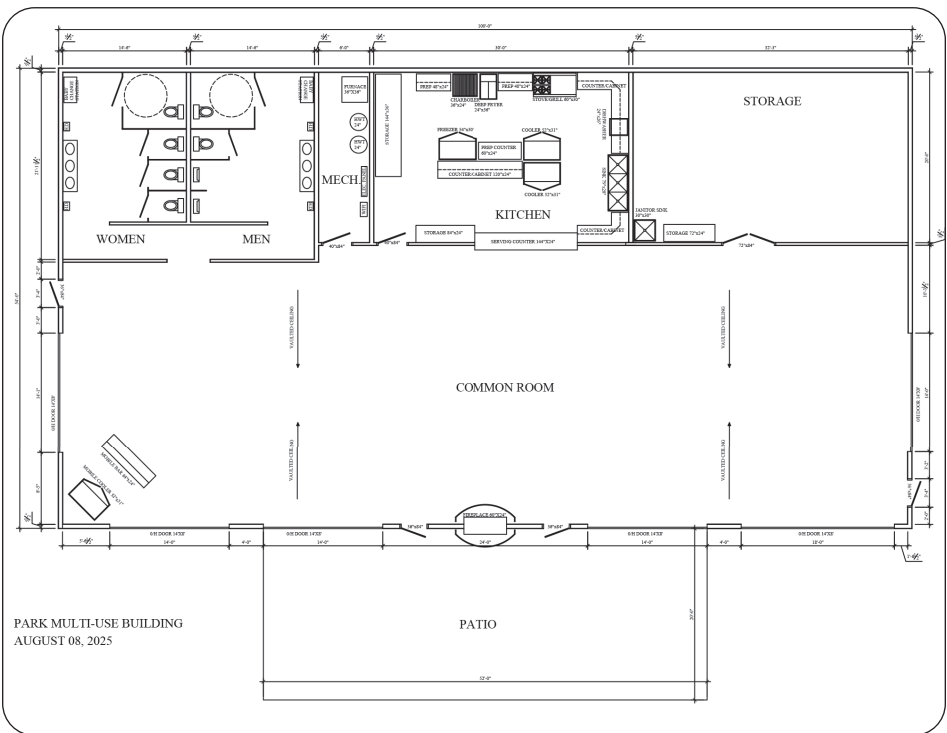
"This facility will better serve large park events like the Teulon Tractor Pull and the Teulon Rodeo. The facility will also offer a modern and charming fundraising and hosting venue

for local non-profits like the Teulon and District Museum, the Teulon and Area Lions Club, the Teulon Canada Day Committee, the Teulon and District Seniors Council, the Teulon and District Chamber of Commerce, the local farmers market and others groups," he said.

"Research indicates that a facility like this will attract many more events to our beautiful park in the summer months."

At the same time, the pancake breakfast will make for an easy meal to start the day for those attending the Teulon Tractor Pull on Saturday afternoon.

"We hope to see many Teulon and



TRIBUNE PHOTO SUBMITTED

Teulon Community Development Initiative aims to build a modern kitchen and dining pavilion in Green Acres Park by 2028. This rendering shows a potential design idea for the project.

surrounding area Rockwood residents in the park on the morning of Aug 16," Leduchowski said.

"There will be bounceroos for the kids and inflatable axe throwing for all ages."

A full-size order costs \$10 and includes four pancakes, four sausages and a beverage. A half-size order costs \$5 and includes two pancakes, two sausages and a beverage.



Take care of details so they don't have to. *Just ask Ken.*

*kl*

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# STONEWALL QUARRY DAYS EST. 1984

## Celebrating 39 Years

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**STONEWALL  
LEGION  
QUARRY DAYS  
EVENTS  
AUGUST 15-17, 2025**

#### FRI AUG 15th

5:30 – BBQ  
6:30 – MEAT DRAW - CLUB ROOM  
7:00 – BEER GARDENS OPEN  
\$15 CHARGE AT GATE, 18+, BRING ID,\* ALL WRISTBANDS WILL BE CUT OFF UPON EXIT, FOR RE ENTRY YOU MUST PURCHASE NEW WRISTBAND\*  
10:30 – DEREK PETERS

#### SAT AUG 16th

8:00 – NOON – PANCAKE BREAKFAST – HALL  
CASH ONLY - Adult \$10, Kids (5-11) \$8, Kids (under 5) Free  
NOON – BEER GARDENS OPEN  
6:00-7:00 – BEER GARDENS CLOSED  
7:00 – BEER GARDENS OPEN  
\$15 CHARGE AT GATE, 18+, BRING ID,  
\* ALL WRISTBANDS WILL BE CUT OFF UPON EXIT, FOR RE ENTRY YOU MUST PURCHASE NEW WRISTBAND\*  
7:00 – CHRIS HOFER –  
MUSIC MAN BEER GARDENS

#### SUN AUG 17th

8:00 – NOON – PANCAKE BREAKFAST – HALL  
CASH ONLY - Adult \$10, Kids (5-11) \$8, Kids (under 5) Free  
NOON – BEER GARDENS OPEN  
1:00 – CHRIS HOFER- MUSIC MAN IN BEER GARDENS



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## QUARRY LEVEL SPONSOR



# Quarry Days Schedule of Events FRIDAY, AUGUST 15<sup>TH</sup>

- 5pm WonderShows Midway Opens
- 5pm-9pm Rocklands Antique Tractors/  
Corn Roast – Main St
- 5:30pm BBQ - Stonewall Legion
- 6:30pm Meat Draw-Stonewall Legion  
(inside) (#418)
- 7pm-1am Beer Gardens at Stonewall Legion  
**NEW - \$15 admission** 18 yrs &  
older Bring ID – Sponsored by  
Maple Leaf Construction,  
if you choose to leave Beer Gardens all  
wristbands will be cut off, for re-entry  
you will be required to wait in line and  
purchase a new wristband
- 7:00pm Free Entertainment Stage (see info)  
Sponsored by Access Credit Union
- 9pm-Close DJ @ Rockwood Motor Inn  
– 80's Themed
- 10pm (approx.) **FIREWORKS**  
Following the concert sponsored by  
– The Rockwood Quarry Producers
- 10:30pm Derek Peters – at Beer Gardens  
(must be 18 yrs old **NEW - \$15/person**)

## FREE STAGE

Friday Entertainment Starts at 7:00 pm at VMSC,  
south end of Main St.



**7:00-8:00 pm**  
**Hearts on Fire**

A 5 piece country band specializing in 1990's  
country music. Grab your cowboy hat and boots and  
get ready to two-step to the country hits from the 90's.



**8:30 pm**  
**Kates Outlaw**

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# Quarry Days Schedule of Events SATURDAY, AUGUST 16<sup>TH</sup>

**Slo-Pitch Tournament at Quarry Park Ball Diamonds**

**8:00am-Noon Pancake Breakfast**

**- Stonewall Legion Hall**

CASH ONLY Adults \$10, Kids (5-11) \$8 Kids (under 5) FREE

**10am-2:30pm Used Book Sale -**

**Behind the Stonewall Library**

**11am Parade - Please see Parade Route below**

**Noon-6pm TD Family Fun Zone Memorial Park - 2nd Ave North sponsored by TD Canada Trust**

**Noon WonderShows Midway**

**Noon-6pm Beer Gardens at Stonewall Legion**

**Noon-9pm Rocklands Antique Tractors/Corn Roast**

**Noon-4pm Free Quarry Tours - register at booth on Main St. by Southside Service**

**6pm-7pm Beer Gardens CLOSED**

**7pm-1am Beer Gardens at Stonewall Legion**

**- Chris Hofer Music NEW \$15 admission**

**18 yrs & older Bring ID,**

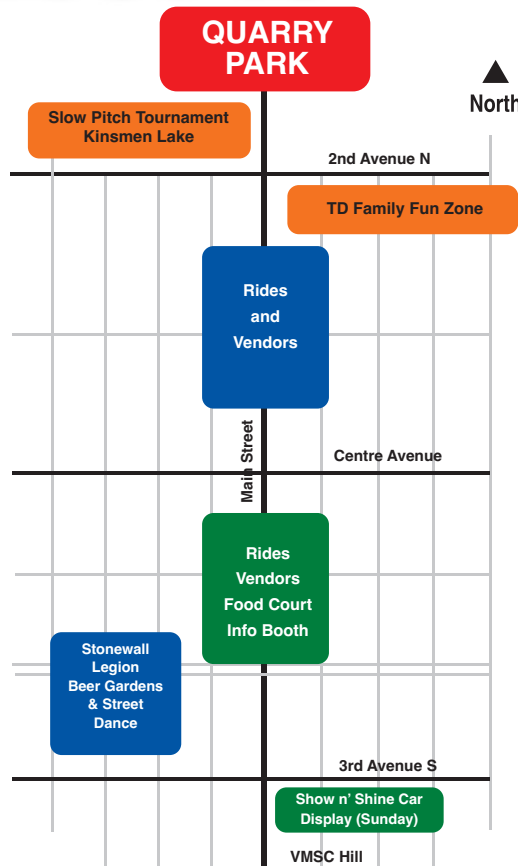
if you choose to leave Beer Gardens all wristbands will be cut off, for re-entry you will be required to wait in line and purchase a new wristband

**9pm-Close**

**DJ @ Rockwood**

**Motor Inn**

**- 90's Themed**



**MAIN STREET CLOSED**  
Parking available on side streets

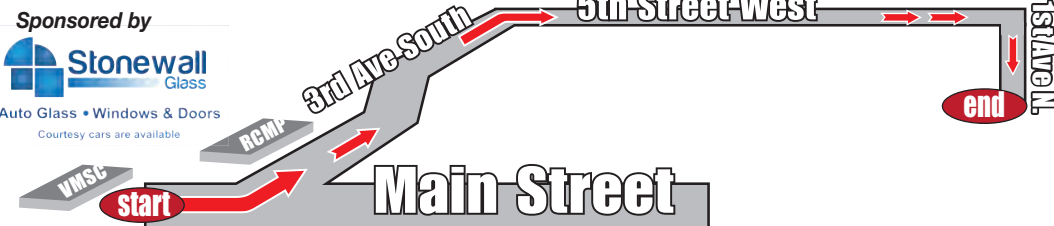
**FREE Friday**  
Night Stage & Fireworks

## Parade Route

Saturday, August 16th • 11 am

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**When:**

Sat. Aug. 16 12-4 p.m.  
Sun. Aug. 17 12-3 p.m.

**Where:**

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**See**

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# Quarry Days Schedule of Events SUNDAY, AUGUST 17<sup>th</sup>

**Slo-Pitch Tournament at Quarry Park Ball Diamonds**

**8:00am-Noon Pancake Breakfast – Stonewall Legion Hall**

CASH ONLY Adults \$10, Kids (5-11) \$8 Kids (under 5) FREE

**9am-3pm Show 'n Shine Car Show at VMSC**

Sponsored by Stonewall Home Hardware  
and The Rockwood Motor Inn

**10am-2:30pm Used Book Sale – Behind the Stonewall Library**

**11am-6pm TD Family Fun Zone Memorial Park – 2nd Ave North**

sponsored by TD Canada Trust

**Noon-5pm(approx.) WonderShows Midway**

**Noon-4pm Rocklands Antique Tractors/Corn Roast**

**Noon-3pm Free Quarry Tours – register at booth on  
Main St. by Southside Service**

**Noon Beer Gardens at Stonewall Legion**

**1pm Chris Hofer Music Man in Beer Gardens**

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of Emergencies



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For more information contact:  
STONEWALL QUARRY DAYS COMMITTEE  
stonewallquarrydays@gmail.com  
[www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca)

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# August 15, 16 & 17, 2025

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Days Committee  
asks that you please keep  
yours at home to ensure  
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QUARRY DAYS**

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**Applause  
Events**

**Dinomite  
Adventures**

**SATURDAY**  
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**Dinomite  
Adventures**  
12-6:00 pm  
Mini Golf, Dinosaur Visits,  
Dino Shop, Dino Photo Ops  
Magic Show - Time TBD

**SUNDAY**  
**Yoga in the park  
with Britt Andrew**  
11am-12  
**Face Painting**  
12-6 pm  
**Stonewall's Got  
Talent**  
1-5 pm





*Celebrating  
39 Years*

**August 15, 16 & 17,  
2025**

For more information contact:  
STONEWALL QUARRY DAYS COMMITTEE  
Box 250, Stonewall, MB R0C 2Z0  
**www.stonewallquarrydays.ca**  
email: [stonewallquarrydays@gmail.com](mailto:stonewallquarrydays@gmail.com)

**MAIN STREET CLOSED** Parking available on side streets

## 12th Annual Stonewall Quarry Days **PARADE**

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No charge for float entries.

Help make this another great  
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participating in it.

Contact Christy at 204-467-5836 or  
[christybrown@stonewallteulontribune.ca](mailto:christybrown@stonewallteulontribune.ca) or  
on-line at [stonewallquarrydays.ca](http://stonewallquarrydays.ca) for an entry form.  
Application Deadline: Thurs., August 14th

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# 'A heartbreaking decision': Interlake drought forces Eriksdale family to sell cow-calf herd

By Lana Meier

As drought continues to batter Manitoba's Interlake region, third-generation cattle producers Craig and Charlene Kaartinen are facing the unthinkable — selling their entire herd of commercial purebred Black Angus cattle.

"In July we calculated how many days of pasture we had left, and it was only a few weeks," Charlene said. "Then we'd have to start feeding hay — our winter hay. With widespread drought in Manitoba, adequate feed for winter is difficult to locate."

The Kaartinen, who were married in 1986 and began farming together in January 1987, have built a reputation for raising high-quality, low-maintenance cattle. This year's herd included 48 mature cows, 21 first-calf heifers, three herd bulls and 13 bred heifers retained as replacements.

"We are fortunate our pastures lasted this long, and it's only because my husband converted our pastures a few years ago to a rotational grazing system, utilizing portable pig-tail posts, single electric strings and moving the herd every day or two, depending on the size of the paddock," she said. "Presently, we are still feeding green grasses."

But with remaining pastures now dried out and feed in short supply, the Kaartinen made the painful decision to list their entire herd for sale. Two groups of more than 30 cow/calf pairs will be auctioned through the TEAM online sale platform — Team Auction Sales — based in Calgary.

The sale is scheduled for Friday, Aug. 15 at 10 a.m., and interested buyers can view listings at teamauctionsales.com by scrolling to the Au-

gust 15 TEAM Feeder Cattle Sale. The cattle are listed under Star Lake Beef (1987) — Charlene/Craig Kaartinen.

"It's heartbreaking. In 2020 we purchased two herd sires and a group of replacement females from Edie Creek Angus, building a young herd of cows that are highly maternal, low maintenance, fleshy, easy-calvers. They're excellent mothers — quiet and respectful of a single strand of electric fence, even when it's off," Charlene said.

"The goal was to farm cow/calf into our later years. Craig loves it — it's in his blood. He's third generation."

That dream, however, is now being cut short by another year of relentless drought and extreme weather.

Across the Interlake, producers are grappling with similar realities. A state of agricultural disaster has been declared in the RMs of Woodlands, St. Laurent, West Interlake, Armstrong and Coldwell.

The provincial crop report shows many crops are maturing early due to stress, with yields expected to be well below average.

Charlene, who also works full time selling Star Lake diatomaceous earth to agri-businesses and producers across Canada, said the stress is mounting.

"I'm always busy, but this year is just ridiculous and stressful," she said.

"IN JULY WE CALCULATED HOW MANY DAYS OF PASTURE WE HAD LEFT, AND IT WAS ONLY A FEW WEEKS," CHARLENE SAID.



TRIBUNE PHOTO SUBMITTED

Craig Kaartinen moves cattle into a new paddock using a rotational grazing system, a practice that helped the Interlake farm extend pasture use amid ongoing drought conditions.

"We're being beaten up by Mother Nature — and life."

Although the Kaartinen have had to make difficult culling decisions during past droughts — opting not to keep replacement heifers and selling calves at weaning — this is the first time they've had to sell their entire herd.

Despite the heartbreak, Charlene said she hopes potential buyers will recognize the calibre of the cattle being offered.

"Someone is going to

get some excellent cattle," she said. "We put our hearts into building that herd."

The bred replacement heifers and Edie Creek herd bulls will be available privately. For more information or to view videos of the cattle, visit teamauctionsales.com and scroll to the Aug. 15 TEAM Feeder Cattle Sale.

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# Engines set to roar at annual Teulon Truck and Tractor Pull

Modified trucks, antique tractors and horsepower galore return Aug. 16-17

By Emma McGill

After more than 50 years of bringing crowds to Green Acres Park, the International Teulon Truck and Tractor Pull is back Aug. 16 and 17 with roaring engines, community spirit, and cross-border competition.

The annual event draws vehicles and fans from across the Canadian Prairies and the midwestern United States. This year's show kicks off at 2 p.m. both days and will feature roughly 40 modified trucks and tractors, ranging in horsepower and build.

Spectators can expect to see Pro Stock and Super Stock tractors in action, spanning from 5,500 lbs. to 9,500 lbs. Modified trucks will run in both two-wheel and four-wheel drive categories, while antique light and heavy tractors and street-legal stock 4x4 pickups will also be on display.

Organizers Bert Campbell and Gary Dola, who have spearheaded the event for more than 45 years, continue to count on the community to make it all happen.

The Teulon Curling Club will operate the gates and run the Barley Gardens beer tent beside the grandstand. The Teulon and Area Lions Club will staff the concession stand, serving hot

meals, cold treats and their crowd-favourite French fries.

From its humble beginnings in 1972, the event has grown to include a wide variety of pulling machines. Though earlier years saw additions like Demolition Derbies, Combine Crunches and Heavy Horse Pulls, the growing number of competitors has filled the schedule in recent editions.

The pull is more than just a spectacle—it's a major fundraiser. Proceeds have supported numerous local causes over the years, including the Teulon Curling Club, the Lions Club, the Teulon and District Museum Society, the Cheer Board, the Food Bank, the Teulon Rockwood Fire Fighters Association, the Make-a-Wish Foundation and the Lillian Baron Breast Cancer Foundation.

"I must also take this opportunity to thank our many sponsors who have been with us for the long haul," said Campbell. "Without them, we wouldn't be here year after year."

New this year, antique tractor and




TRIBUNE FILE PHOTO

The Teulon Truck and Tractor Pull will showcase more than 40 vehicles, including modified trucks and tractors, antique machines, and stock pickup trucks. This 1948 Oliver antique tractor was only 25 years old when they had the first pull in Teulon. There is a large variety of equipment being pulled, from the powerful 1800 horsepower Super Stock tractors to the 80-year-old 35 horsepower units in our antique classes.

stock 4x4 truck competitors must register in advance by 4 p.m. on Aug. 15.

Admission is \$20 per day for adults and free for children 12 and under.

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## Walnut Sunflower-Crusted Salmon with Honey-Lemon Grapes

Heat oven to 350 F and line baking sheet with parchment paper or lightly oiled foil.

To make honey-lemon marinated grapes: In medium bowl, whisk oil, lemon juice, honey, basil, salt and pepper, to taste. Stir in grapes, onion and arugula; set aside.

To prepare salmon: In small bowl, stir walnuts, sunflower seeds, honey, mustard and salt until thick paste forms.

Place salmon on prepared baking sheet, skin side down, and press equal amounts walnut mixture over surface of each. Bake 20 minutes, or until salmon flakes easily with fork.

Set salmon on plates; using slotted spoon, spoon marinated grape and onion mixture over salmon and around plates.

Nutritional information per serving: 640 calories; 39 g protein; 31 g carbohydrates; 41 g fat (58% calories from fat); 7 g saturated fat (10% calories from saturated fat); 95 mg cholesterol; 390 mg sodium; 3 g fiber.

Servings: 4  
Honey-Lemon Marinated Grapes:  
2 tablespoons extra-virgin olive oil  
3 tablespoons lemon juice  
1 tablespoon honey  
1 tablespoon fresh basil  
1/4 teaspoon sea salt  
freshly ground pepper, to taste  
3 cups halved red Grapes from California  
1/2 cup thinly sliced red onion  
1 small handful arugula  
Salmon:  
3/4 cup walnuts, chopped  
2 tablespoons roasted, unsalted sunflower seeds  
2 teaspoons honey  
2 teaspoons spicy brown or Dijon mustard  
1/4 teaspoon sea salt  
4 salmon fillets (6 ounces each)



## Lasagna Rollups

Line baking dish with layer of hamburger sauce. Line cooled noodles on cutting board or parchment paper. Add hamburger sauce to each noodle and roll. Place lasagna rollups, seam sides down, in dish. Cover with remaining hamburger sauce and sprinkle with remaining mozzarella cheese. Bake 20 minutes.

Recipe courtesy of "Cookin' Savvy"  
Servings: 4-6 (1 rollup per serving)

8 lasagna noodles  
1 pound hamburger meat  
1 tablespoon garlic powder  
1 tablespoon onion powder  
15 ounces ricotta cheese  
1 teaspoon rosemary (optional)  
1 jar marinara sauce  
2 cups mozzarella cheese, divided  
In pot, boil noodles according to package instructions. Drain under cold water and set aside.  
In same pot, brown hamburger meat then add garlic powder and onion powder. Mix in ricotta cheese; rosemary, if desired; marinara sauce; and 1 cup mozzarella cheese.  
Heat oven to 350 F.

## Fruity Oatmeal Yogurt Parfaits



# What frequency works best for muscle development?

By Fitness Expert Julie Germaine Coram

Often, clients come to me confused by all the conflicting information out there when it comes to exercise and nutrition. One of the most common questions I get on the workout side is: How often should I train to maximize muscle gains without over-training?

It's a great question — but there's no quick, one-size-fits-all answer.

The first thing to consider is your current fitness level. If you're a beginner who has been training for less than six months, then hitting each muscle group once per week is likely enough to see strength improvements. The key is allowing your muscles time to recover fully between sessions. A good rule of thumb: avoid training the same muscle group if you're still feeling sore in that area.

For example, if you're coming back to leg day and your glutes are still aching from Monday's squats, you'd benefit more from light cardio followed by stretching. This will aid recovery and reduce the risk of injury.

However, if you're more of an experienced lifter — and perhaps using supplements to speed up the recovery process — then designing a workout split that targets the same muscle group more than once a week is a great way to break through frustrating training plateaus. Adapting your routine this way also allows for a more complete workout, since you can incorporate a wider variety of exercises that focus on your trouble areas.

Research shows that increasing training frequency can result in greater muscle growth.



Fitness Expert Julie Germaine Coram

Sometimes, a small change — like doubling your shoulder workouts — can lead to faster results. That kind of progress can boost motivation and strengthen the mind-muscle connection, which is crucial to long-term success in fitness.

The best way to make changes is to assess your current fitness level, consult a certified coach to create the right training split, align your nutrition to your goals, and commit to your new program before diving in.

Good luck — you've got this!

Want to discuss your fitness goals or challenges? Book a free online consultation at [www.calendly.com/juliegermaine](http://www.calendly.com/juliegermaine) or email me directly at [julie@juliegermaine.com](mailto:julie@juliegermaine.com).

*Coach Julie Germaine Coram is an active mom, registered personal trainer, two-time pro fitness champion, certified nutrition expert and fitness specialist. She has helped thousands worldwide improve their health since 2005.*

Recipe courtesy of the American Heart Association

Servings: 4 (1 parfait per serving)

2 cups fresh or frozen sliced, hulled strawberries, thawed and patted dry if frozen

2 cups fresh or frozen blueberries, halved blackberries or both, thawed and patted dry if frozen

1 tablespoon, plus 1 teaspoon, honey

2 teaspoons ground cinnamon

2 cups water

1 cup uncooked rolled oats

2 cups nonfat plain Greek yogurt

In medium bowl, gently stir strawberries, blueberries, honey and cinnamon.

In medium saucepan over medium-high heat, bring water and oats to boil. Boil 5 minutes, stirring occasionally.

In each parfait glass, layer 1/4 cup oatmeal, 1/4 cup fruit mixture, 1/4 cup yogurt and 1/4 cup fruit mixture. Repeat layers.

Nutritional information per serving: 238 calories; 2 g total fat; 6 mg cholesterol; 47 mg sodium; 42 mg carbohydrates; 6 g fiber; 21 g total sugars; 16 g protein.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Local athletes bound for Newfoundland as part of Team Manitoba

By Lana Meier

Young athletes from Warren, Stonewall, Stony Mountain and Peguis are set to compete on the national stage this month at the 2025 Canada Summer Games in St. John's, N.L.

Team Manitoba's roster includes a strong showing from the Interlake and central Manitoba regions, with athletes participating in sports such as softball, baseball, box lacrosse and wrestling.

Maria Riddell and Norman Lacquette of Warren will represent the province in box lacrosse and softball, respectively.

Stonewall is sending several athletes, including Dylan Barnych (athletics), Ashley Schneider (tennis) and Nick Besyk (baseball). Eric Swanson joins the delegation as a coach, while Amber Schneider will serve as team manager for the tennis squad.

Olivia Hagen of Stony Mountain has

earned a place on Manitoba's baseball team and will join teammates from across the province in competition.

From Peguis First Nation, Josiah Govereau will suit up for Manitoba's softball team, while Savannah Chapman-Cochrane is attending the Games as an apprentice coach for wrestling.

The 2025 Canada Summer Games run from Aug. 8 to 25 and feature more than 4,000 athletes competing in a wide range of sports at venues throughout the St. John's area.

These local athletes will be looking to showcase their skill, determination and hometown pride as they take on the nation's best.



TRIBUNE PHOTO BY DAVE HOWELLS

Team Manitoba kayaker Luke Enns carries the provincial flag during the opening ceremonies of the 2025 Canada Summer Games in St. John's, N.L., on Aug. 9.

## Stonewall's Slatcher wins Top Infielder at Canadian Championships

By Kieran Reimer

The U17 AAA Winnipeg Lightning capped an impressive summer run with standout performances from Stonewall's Sierra Slatcher.

Slatcher, 17, split her season between the pitcher's circle and first base, helping the Lightning capture a provincial silver medal and a berth at the 2025 Canadian Championships.

From July 30 to Aug. 3 in Warman, Sask., she elevated her game against the best U17 softball clubs in the country. Over the weekend, she threw 366 pitches, striking out 32 batters while walking only four and allowing just one earned run.

She was just as dangerous at the plate, posting a .500 batting average, a .550 on-base percentage and belting an over-the-fence home run.

Her combined offensive and defensive efforts earned her the tournament's Top Infielder award.

"Winning Top Infielder at nationals means so much to me because it shows all the time and effort I've put into this game," Slatcher said. "It's such an honour to get recognized and represent my team."

Slatcher's play helped the Lightning finish in the top half of the 24-team field, placing 10th overall. It was the final highlight of a season that featured multiple travel tournaments across Canada, a 14-8-1 Manitoba Premier Softball League record and the provincial silver.

"I always enjoy playing with my



Stonewall's Sierra Slatcher earned Top Infielder honours at the 2025 U17 Canadian Championships in Warman, Sask., after striking out 32 batters and hitting .500 for the Winnipeg Lightning.

team," she said. "We have great coaching and teammates. We travelled to a couple of new tournaments this year in B.C. and Moose Jaw. Our goal was to make nationals and we succeeded."

Slatcher will move up to U19 next season after aging out of U17. The U19 level also features Canadian Championships, along with Western Canadian Championships for teams that qualify through provincials.

## U13 AAA Orioles All-Stars



TRIBUNE PHOTO BY KRISTEN RINN

Crew Corbett and Maddox Rinn of the U13 AAA Interlake Orioles have been named Baseball Manitoba AAA League 13U All-Stars and will compete at the four-day All-Star Event, Aug. 21-24, at Optimist Park in Winnipeg.



# Interlake Phillies power to Western Canadian gold

By Lana Meier

The Interlake Phillies U13 proved once again they're the team to beat, going undefeated at the U13 Female Western Canadian Softball Championships and capping the run with a decisive 17-5 victory over the Eastman Wildcats on Aug. 10.

It was a familiar matchup — just three weeks earlier, the Phillies beat the Wildcats 8-1 to win the Softball Manitoba provincial title in Friedensfeld. At Westerns, they met their provincial rivals twice more, winning both by wide margins to seal gold.

The championship final showcased the Phillies' power and depth. Krystal Crampton led the way at the plate with six RBIs on three hits, including a two-run home run to centre in the second inning and two run-scoring doubles. Kardyn Reimer and Piper Tataryn also went deep, while Peyton Ballantyne launched a solo homer. The Phillies collected 14 hits and drew six walks, keeping constant pressure on Eastman's pitchers.

Reimer, who was dominant throughout the tournament, struck out eight over four innings in the gold-medal game, allowing just one earned run.

Head coach Karli Reimer said the final had a different kind of spark.

"The home run derby in the gold medal game was something else," she said. "It created a different level of energy for the Phillies and propelled them through that short, four-inning game."

The Phillies entered the playoffs as the top seed after an undefeated round robin. They opened the tournament Aug. 7 with a 12-2 win over the Kelowna Heat, fuelled by Reimer's 12 strikeouts and five RBIs. Later that day, they defeated the Langford Lightning 12-4, with Ballantyne and Brooke H each driving in three runs.

Friday brought their closest call — a 12-11 extra-inning walk-off win over the Calgary Kaizen, sealed by Brooklyn Chetyrbok's two-run double in the ninth. The Phillies followed with a 16-5 win over the Outlaws 2012, highlighted by Reimer's solo home run, and a 12-2 victory against the St. Albert Angels, where Ballantyne and Adree Williams each drove in multiple runs.

A 9-6 win over Spirit 13U on Saturday clinched



TRIBUNE PHOTO BY HAYLEY MINNIE

The Interlake roster featured left to right, back row: coaches Karli and Jon Reimer, Peyton Ballantyne, Krystal Crampton, Brooke Hartman, Adree Williams, Piper Tataryn, Kenna Reimer, Emma Wirgau (assistant coach); Front row: bat girl Finley Tataryn, Kardyn Reimer, Devynn Van Hussen, Maya Pattie, Eden Baker, Kahlie Minnie, Brooklyn Chetyrbok, Maren Van Hussen (bat girl).

first place and set up the semifinal rematch with Eastman. Crampton's three-hit performance, combined with Reimer's six strikeouts, propelled Interlake to a 12-1 win and a spot in the gold-medal game.

The Phillies' dominance went beyond the scoreboard. The host committee presented five awards representing its core values — Effort, Passion, Commitment, Integrity and Equality. Reimer received the Commitment Award for her dedication to the sport and drive to improve every day.

Statistically, the team was unmatched. At Westerns, Crampton led with a .609 batting average (and .623 for the season), tying with Kahlie Minnie for the most hits in the tournament at 14. Reimer led with three home runs and 20 RBIs (Minnie had 72 RBIs for the season). Chetyrbok drew 12 walks

at Westerns, adding to her team-high 54 free passes for the year. In the circle, Reimer struck out 69 batters in 33.1 innings, bringing her season total to 355 strikeouts. The Phillies scored 102 runs and allowed just 34 at Westerns, a +68 run differential.

They closed the season with a 53-5 record, going undefeated in Canada. Across all games, they scored 601 runs, allowed 191 and finished with a staggering +410 run differential.

"It was an incredible weekend," Reimer said. "I am so proud of our Phillies. I've coached many of them since they were six or seven years old, and to see them having the success they had this year together is really special. This team has such a strong bond — they believe in each other, and when they step on the field, they play for each other. That's what makes them champions."

## United caught in the middle of tight MMSL playoff race

By Kieran Reimer

Stonewall United will have to make the best of the situation they're in.

With the regular season wrapping up in a few weeks, the playoff race has only gotten tighter for teams like Stonewall, who are trying to secure one of the six Manitoba Major Soccer League Division 3A playoff spots.

This week, they dropped to 5-5-3 after a 3-0 loss to Dunvegan Castle on Monday at Veterans Memorial Sports Complex.

Dunvegan scored the game's opener and held a one-goal cushion until the second half, when they added two more to seal the win.

"They've got some good defensive players and some good forwards up top, but maybe some mistakes — us shooting ourselves in the foot," said United's Matt Olnick.

Those mistakes included multiple offside calls from officials that took some of the life out of the club.

They also played with a shortened lineup, as they have been doing pretty much since their return from the Kenora trip in July.

On Monday, it was defender Lucas Yarduk who filled in between the pipes in Steffan Hillock's absence and gave United their best chance to win under the circumstances.

Unfortunately, the club came up short when it came to scoring goals, which now sets them back to a share of fifth place until next week's match.

They currently share that position with 313FC, who also sit at 5-5-3 with 18 points.

Right behind them is Elmwood, who have crept within one point of both clubs and hold two games

in hand.

"I don't know if there's any added pressure, but having not had the opportunity to play in the playoffs last year, I know the guys definitely want to get in," said Olnick. "I don't see us getting first, but anywhere from second to fifth — we definitely want to fit in a little slot there. And obviously, the better positioning for a better playoff opponent would be best."

United will turn to two matches this week for a chance to get back in the win column.

On Monday, they hosted the Hanover Sting. Due to press deadlines, the score was unavailable at the time of publication.

On Sunday, they'll get another shot on home field when they welcome YFC FC for a 6 p.m. kickoff at VMSC.



# U17 Phillies place fourth at Western Canadian Championships

By Kieran Reimer

The U17 AAA Interlake Phillies tested themselves against some of the country's top softball clubs at the 2025 Western Canadian Championships in Regina, Sask., last weekend.

The Phillies and Central Energy represented Manitoba after finishing third and fourth at provincials in Stonewall two weeks earlier.

The Phillies opened strong on Thursday's opening day with back-to-back wins — edging the Saskatoon Selects Red 6-5 before rolling past the Medicine Hat Thunder 14-6.

Friday brought turbulence against the two British Columbia entries, as the Phillies dropped both games to fall to 2-2 in the preliminary round.

Needing at least one win on Saturday to keep their playoff hopes alive, the Phillies shut out the host Regina Royals 7-0 in their morning game.

They then battled hard against the Calgary Adrenaline in their round robin finale but fell 3-1.

With a 3-3 record, the Phillies were tied with the Lumsden Cubs for the final playoff spot. The two teams met later that evening in a tiebreaker, with the Phillies squeaking out a 4-3 win in a nailbiter to advance to Sunday's

playoff round.

There, they faced the Ridge Meadow Pride, who had beaten them decisively earlier in the tournament. This time, the Phillies kept it close. Trailing by a run heading into the seventh inning, they scored twice to take a 6-5 lead.

The Pride refused to fold, however, plating two runs in the bottom of the inning to walk off the Phillies and end their Westerns run with a fourth-place finish.

"The team played really, really well. I was very happy with our performance, and I think the girls should be very proud of themselves," coach Taylor Hagen said Monday.

Hagen said the Phillies made major strides this season, with only four players aging out to U19. He pointed to their Westerns performance and their bronze-medal showing at provincials on home field as season highlights.

For Westerns, the Phillies added depth with the acquisition of Danica Chaske from the U17 Smitty's Terminators.

"She was very instrumental in helping us achieve what we did at Westerns," Hagen said.



TRIBUNE PHOTO SUBMITTED

The U17 AAA Interlake Phillies capped their season with a fourth-place finish at the 2025 Western Canadian Championships last weekend in Regina, Sask. The Phillies went 4-4, advancing to the playoff round after defeating the Lumsden Cubs in a Saturday tiebreaker. Pictured, back row from left: coach Taylor Hagen, Riley Swanson, Jenna Germaine, Kassie Siwak, Taylor Henderson, Danica Chaske, Olivia Hagen, Kiera Schutz, Peyton Rinn, Robyn Deprez, coach Dallas Minnie; front row: Paige Powroznik, Lucy Hoff, Abi Minnie, bat girl Alex, Keira Pattie and Avery Deprez.

Eight players are eligible to return next season. Lucy Hoff, Kiera Schutz, Kassie Siwak and Paige Powroznik will now move on to U19 after finishing their U17 careers in Regina.

"They've been fantastic," Hagen said. "They're all leaders in their own way, and they've been great."

## All gas, no brakes: Van Dasselaar on fast track in rookie karting season

By Kieran Reimer

A young go-kart racer is starting to make his name known.

Now with races in Edmonton, Regina, Saskatoon and Gimli under his belt, eight-year-old Jack Van Dasselaar is on the rise — and he loves to go fast.

A native of Cooks Creek with ties to Stonewall through his parents, David and Jaclyn, Jack started karting at age five when his dad signed him up for the sport through Kart Now after a friend had registered his own son.

Jack's interest in motorsports comes from his grandfather, who raced cars before moving into dirt biking and other motorsports.

He got his start in karting under one of the best local teachers, Jeffery Bachalo, a former racer himself.

Since then, Jack has become faster and smarter on the track. When he turned eight, he officially joined the Manitoba Karting Association circuit, driving his Kubica kart in weekend competitions in Gimli.

Now he's taken it to the next level by heading west for races. There, he drives a Birel kart with a Rotax micro motor — an even faster option that reaches speeds over 60 miles per hour.

Earlier this month, he raced in the Rotax Canada Finals from Aug. 1 to 3 at Stratotech Park in Edmonton, where he was the youngest and least experienced driver in the field.

All the other competitors had prior experience with a Rotax, while it was only Jack's fourth time driving his newly purchased model.

He improved each day of the weekend competition and earned praise from fellow racers and spectators.

"Everybody at the park said he did really well," said Jaclyn Van Dasselaar. "He came in as the underdog and managed to keep up with the kids, so everyone was super impressed with him."

Jack finished 11th on the final day in Edmonton among racers up to 12 years old who receive professional training.

He also battled through rain on the final day over the hilly terrain at Stratotech Park, which he now calls his favourite track.

"It has up and down hills," Jack said. "On every turn, when you're done the turn and going back straight, it's up and down, which makes it go way faster."



TRIBUNE PHOTO SUBMITTED

Eight-year-old Jack Van Dasselaar has raced across Western Canada this summer. A resident of Cooks Creek, Van Dasselaar has always been interested in motorsports and began karting through Kart Now when he was five.

Jack has since returned to Manitoba ahead of the Aug. 17 Manitoba Karting Association race weekend in Gimli.

The Manitoba season runs through September, but Jack will make at least one more trip to Saskatoon for com-

petition.

His team is currently accepting sponsors. Those interested in registering for Kart Now can visit kartnow.net or email [guy@brekarting.com](mailto:guy@brekarting.com) for more information.



# Classifieds

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Stonewall Teulon  
Tribune

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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## CUSTOM WORK

Looking for someone to custom swath 160 acres in the Grosse Isle area. Please call or text 204-791-6324.

## GARAGE SALE

Garage & Yard Sale - 2 miles south of Teulon on #7 Hwy. Watch for signs. Clearing the last of the stock from "Poole's Place Antique & Flea Market". Friday, Aug. 15th, noon - 5 p.m. & Sat., Aug. 16th, 10 a.m. - 5 p.m.; Fri., Aug. 22nd, noon - 5 p.m. & Sat., Aug. 23rd, 10 a.m. - 5 p.m.

## WANTED

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## EMPLOYMENT OPPORTUNITY

### Full-Time Mental Health Counsellor, FYRST Gimli

F.Y.R.S.T. supports youth and adults in Gimli, Arborg, Riverton and Winnipeg Beach through a consent-based, culturally inclusive, and client-centred community mobilization model.

We are seeking a dynamic and flexible, culturally competent individual to join our team as our Mental Health Counsellor (with an Indigenous lens). This position will work individually to support existing clients who require mental health supports in collaboration with F.Y.R.S.T. Coordinators. This is a full-time (37.5 hrs/wk) daytime position paying \$33.85/hr.

#### We are seeking candidates with:

- Comprehensive knowledge of and experience in clinical assessment and treatment modalities and working with youth & adults, crisis intervention, and trauma-informed care
- Knowledge of mental health problems and illnesses, including signs, symptoms, treatment and prognosis of mental illness and emotional distress
- Knowledge of and experience with cognitive behavioural therapy, dialectal behaviour therapy and motivational interviewing
- Experience providing supportive counselling, conducting interviews, performing assessments and creating treatment plans
- Knowledge of co-occurring disorders
- Knowledge of psychopharmacology
- Knowledge of relevant Acts and legislation pertaining to mental health, familiarity with the Truth & Reconciliation Commission's Calls to Action
- Knowledge of Indigenous historical and current experience and cultures
- Experience working with diverse populations
- Experience facilitating cultural connections and groups.

#### Qualifications:

- B.Sc. M.H., B.Sc. P.N., RPN, BN, RN, BSW or MOT; combination of Indigenous Studies education and (lived) experience
- Registered/licensed with applicable professional designation (including liability insurance)
- ASIST Certificate (Applied Suicide Intervention Skills Training)
- Minimum of two (2) years experience in a relevant mental health area required
- Proficiency in Microsoft Office applications
- Valid driver's license and a vehicle are required
- Ability to attain a satisfactory criminal record check, child and adult abuse registry check, and enhanced law enforcement security clearance (successful completion is necessary for employment).

#### Assets:

- Training in direct action and experiential therapeutic technique (such as action therapy)
- Experience with land-based or ceremonial healing practices, connections to Indigenous communities, resources, and events.

Please submit your resume to: Rob Gray, S/Sgt Gimli RCMP  
Robert.gray@rcmp-grc.gc.ca

## EMPLOYMENT OPPORTUNITY



### Warren Minor Hockey Looking for a Canteen Coordinator

Seasonal September-March  
\$3,000 + minimum wage hourly  
Applications can be sent to  
warrenminorhockey@gmail.com  
Deadline to apply August 25th, 2025

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### RURAL MUNICIPALITY OF WOODLANDS UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING



On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representation from any person(s) who wish to make them in respect to the following matter:

RURAL MUNICIPALITY OF WOODLANDS BY-LAW NO. 2823/25  
BEING AN AMENDMENT TO RURAL MUNICIPALITY OF  
WOODLANDS DEVELOPMENT PLAN BY-LAW NO. 2643/14

LOCATION: RM of Woodlands Council Chambers  
57 Railway avenue, Woodlands, Manitoba

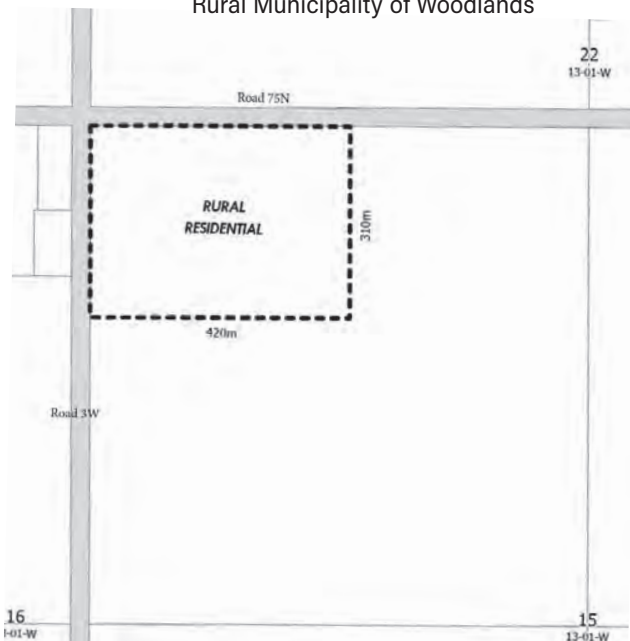
DATE & TIME: 5:05 P.M., Tuesday August 26, 2025

OWNER: Joval Dairies

APPLICANT: Johann Hueging

GENERAL INTENT: To re-designate the area shown below in black bold dashed line from "AA" Agricultural Area to "RR" Rural Residential.

AREA AFFECTED: PT of NW15-13-1W  
Rural Municipality of Woodlands



FOR MORE INFORMATION CONTACT: Chad Green, Building and Development Officer  
planning@rmwoodlands.ca  
Phone No. 431-292-0003

A copy of the above proposal and supporting material may be inspected on the RM of Woodlands website (<https://rmwoodlands.ca>), or by contacting the RM Office during regular office hours

CONTACT CHAD GREEN AT ABOVE NUMBER OR  
EMAIL TO REGISTER TO ATTEND.



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**Tribune**

**The Tribune Classified booking deadline is  
Monday at 4 p.m. prior to Thursday's publication  
Please Call 204-467-5836**

## THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

### BOARD OF REVISION GENERAL ASSESSMENT & PERSONAL PROPERTY ASSESSMENT 2026 AND 2025 SUPPLEMENTARY PROPERTY TAXES

PUBLIC NOTICE is hereby given that the 2026 General Assessment, Business Assessment and Personal Property Assessment Rolls to be revised was deposited in the Municipal Office and is open to Public Inspection, during regular business hours.

THE BOARD OF REVISION will sit to hear complaints of the various assessments on **WEDNESDAY, SEPTEMBER 24, 2025** at the hour of **3:00 p.m.** in the Council Chambers of the Rural Municipality of Rockwood at 285 Main Street, Stonewall, Manitoba.

ANY PERSON who believes that an assessment ought to be revised may make application in accordance with Sections 42 and 43 of *The Municipal Assessment Act* hereinafter referred to as "The Act" which provides as follows:

#### APPLICATION FOR REVISION:

Section 42(1) A person, including an assessor, may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, Applicants should:

- examine municipal assessment rolls for comparable properties;
- select comparable properties from the rolls; and
- discuss the matter with the Provincial Assessment Branch, Selkirk, 204-785-5092.

#### APPLICATION REQUIREMENTS:

Section 43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by
  - delivering it or causing it to be delivered to the Municipal Office indicated in the Public Notice given under Subsection 41(2); or
  - serving it upon the secretary,

**AT LEAST FIFTEEN (15) DAYS BEFORE THE SCHEDULED SITTING DATE OF THE BOARD AS INDICATED IN THE PUBLIC NOTICE; DEADLINE FOR APPEALS IS 4:30 P.M., LOCAL STONEWALL TIME, MONDAY, SEPTEMBER 8, 2025 - NO LATE EXCEPTIONS WILL BE ALLOWED. PURSUANT TO SUBSECTION 43(2), APPLICATIONS WHICH DO NOT COMPLY WITH THE ABOVE WILL NOT BE CONSIDERED BY THE BOARD.**

Applications should be addressed to the Secretary, Board of Revision, the Rural Municipality of Rockwood, Box 902, Stonewall, Manitoba R0C 2Z0, email to [info@rockwood.ca](mailto:info@rockwood.ca), or fax to: 204-467-5329. Where an application is received in accordance with this Notice and of The Municipal Assessment Act, applicants will be notified in writing of the date, time and place of the hearing of their application.

Roberta Van Caeyzeele, Secretary  
Board of Revision  
The Rural Municipality of Rockwood  
Box 902  
285 Main Street  
Stonewall, Manitoba R0C 2Z0

DATED this 8th day of August, 2025.



## TOWN OF STONEWALL

### PUBLIC HEARING NOTICE

#### GENERAL BORROWING BY-LAW 11-25 & CAPITAL EXPENDITURE FUNDED BY BORROWING STRATEGIC INVESTMENT

The Town of Stonewall is planning a strategic investment of \$9,500,000 to support long-term community planning, infrastructure development, and economic growth. This borrowing is outlined in General Borrowing By-Law 11-25, interested persons are invited to attend a public hearing to learn more and provide input.

#### The investment will support:

- Servicing of 21 acres for the future Personal Care Home and Age In Place Campus, including sewer, water, roads, and land drainage.
- Installation of shared sewer infrastructure required by the Age In Place Campus and future commercial development, supported by private sector investment alongside the Town's contribution.
- Purchase of up to 31.5 acres adjacent to the Age In Place Campus, enabling the Town to guide future land use planning and ensure development aligns with community priorities.

#### Strategic and financial benefits include:

- Creating financial capacity for the Town to provide a fully serviced site for a future Personal Care Home — a critical step in advancing this much-needed facility.
- Reducing the cost of servicing for the Age In Place Campus through shared infrastructure, with developer contributions supporting broader development.
- Enabling a major commercial and retail development that will bring new amenities, jobs, and services to Stonewall.
- Supporting timely progress on both the Age In Place Campus and the commercial development, in line with the Town's planning objectives and commitments.
- Anticipating that a portion of these investments will be offset over time by future development revenues and property taxes, helping to manage long-term financial impacts responsibly.

#### Financial details:

- Total Borrowing: \$9,500,000
- Repayment Term: 20 years
- Maximum Interest Rate: 7.5% annually
- Annual Repayment: Up to \$931,875.82, included in the general municipal levy

*This notice issued in accordance with Section 169(5)(6) and 174.1 of The Municipal Act.*

The public hearing will be held in the Council Chambers at 293 Main Street on:

**Wednesday, August 20, 2025 at 7:30 PM**

The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Full project details will be available on the Town's website ([www.stonewall.ca](http://www.stonewall.ca)) starting **August 5, 2025**. Paper copies can be requested by calling 204-467-7979 or visiting the Town Office.

Let's shape Stonewall's future together.

Dated at the Town of Stonewall this 30th day of July, 2025 and issued pursuant to sections 169(5)(6) and 174.1 of the Municipal Act.

Wally R. Melnyk, CMMA, CPA, CGA  
Chief Administrative Officer  
Town of Stonewall

#### NOTICES

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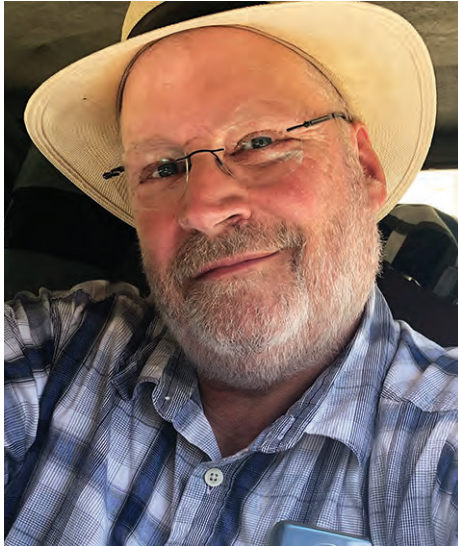


# Announcements

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## CARD OF THANKS

**APPLEYARD (Woods)** – We would like to express our sincere appreciation for the many acts of kindness shown to us during the recent hospitalization and passing of our wife, mother, daughter and sister Lindy Appleyard (nee Woods). Please accept our heartfelt thanks for the flowers, cards, baking, phone calls, messages, meals, visits and the many acts over the past several years. Donations made in Lindy's memory to CancerCare Manitoba, the Anglican Church Roof Fund and other charities are greatly appreciated. Many thanks to Rev. James Bardsley for his guidance, friendship and for officiating the service. We are extremely grateful to CancerCare Manitoba and the Stonewall Hospital for providing Lindy with excellent and compassionate care over her three year journey and to Ken Loehmer for his professional handling of arrangements. The support of the community, co-workers, relatives and friends has been overwhelming and continues to be a source of comfort to us.  
-With sincere appreciation,

Larry,  
Nevin and Madeleine,  
Brett and Viktoria,  
Lorraine,  
Brad and Laura and family,  
Patty and family,  
Derek and family

## CARD OF THANKS

**RIDGEWAY** - Our heartfelt thanks to our family, friends and community for the love and support following Bill's passing. Your visits, calls, messages, flowers and acts of kindness have brought us a lot of comfort during this difficult time. We are truly deeply grateful.

-Love,  
Norma  
Tracy, Dick, Baily and Ashley  
Kelly and Chantel  
Beth, Danny, Kayla, Christopher, Maria  
Robert

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## Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news?

The Carman-Dufferin Standard is currently seeking a full-time reporter and photographer who lives in the area to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage.

### Qualifications:

- A post-secondary degree/diploma in journalism or English degree.
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of Canadian Press Style

Please forward your resumé along with three writing and photography samples to:

Lana Meier  
Email: [news@carmanstandard.ca](mailto:news@carmanstandard.ca)

The Carman-Dufferin  
**STANDARD**

## ANNIVERSARY

August 14th, 1965 - August 14, 2025  
**DIAMOND ANNIVERSARY!!**  
Gordon and Valerie Wilkes (nee Baldwin)  
are celebrating 60 years of marriage!  
Thank you Mom and Dad for the strength  
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## THE RURAL MUNICIPALITY OF ARMSTRONG

# PUBLIC NOTICE

## BOARD OF REVISION 2026 ASSESSMENT ROLL & 2025 SUPPLEMENTAL TAXES

Public Notice is hereby given that the **2026 Assessment Roll and 2025 Supplemental Taxes** for the Rural Municipality of Armstrong have been delivered to the Municipal Office at Inwood, Manitoba and is open for public inspection during regular business hours.

The Board of Revision will sit on **Wednesday, September 24, 2025 at 10:00 A.M.** at the Council Chambers of the Municipality of Armstrong to hear applications for revision made in accordance with sections 42 & 43 of the Municipal Assessment Act:

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be in writing;
- set out the roll number and legal description of the assessable property for which revision is sought;
- Set out which of the matters referred to in subsection 42(1) are at issue, and the ground for each of those matters; and
- be filed by delivering it or causing it to be delivered to the office indicated below, or serving it upon the secretary, **on or before September 8, 2025.**

Colleen Mayer, Secretary Board of Revision  
Rural Municipality of Armstrong  
Box 69, 1094 Hwy #17  
Inwood, Manitoba R0C 1P0  
Phone: (204)-278-3377  
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OBITUARY



James Alfred Appleyard  
May 6, 1939 – February 21, 2025

With great sadness, we announce the passing of James Appleyard on February 21, 2025 at St. Boniface Hospital in Winnipeg at the age of 85.

James was born on May 6, 1939 at the family farm in the RM of Rockwood. He attended both elementary and high school at the Grosse Isle School. In 1959 James relocated to Winnipeg and began a 45-year career with the Manitoba Government working in the finance department. After retiring, James took on various odd jobs including bartending at the Granite Curling Club and working as condo security. However, the role he valued most was driving seniors to their appointments and errands—a job he found deeply fulfilling and took great joy in.

James was a man of many talents but his natural gift for music stood out above all. He had an incredible ear for the piano - able to play nearly any song requested, often adding his own unique twist. He entertained his many nieces and nephews for hours with his lively playing, filling the room with music and laughter. James also played the drums for years, often performing alongside his cousin Harold Jones from Warren. Beyond music, he was known for showing up to visits with a freshly baked pie - especially during saskatoon berry season and was still picking fresh saskatoons in 2024. He was an enthusiastic collector with a special fondness for Brown Betty teapots.

James is survived by his brother Douglas (Beverly), sister-in-law Janice, nieces and nephews, great-nieces and nephews, and great-great nieces and nephews.

Predeceasing James were his parents, Robert and Amy (Lindley), his siblings Ruth Sampson (Mel), Kenneth (Viola), Bob (Doreen), Isabel Nichol (George), and Ron.

A Celebration of Life will be held in honour of James at Grassmere Cemetery on Sunday, August 24 at 1:00 p.m. Following the service, family warmly invites everyone to join them for lunch and shared memories at the Ag Society Red Barn just south of Stonewall.

James lived a life full of laughter, music, and meaningful moments. His generous spirit, sense of humour, and unwavering love for family and friends will be remembered always - a life well lived and deeply cherished.



OBITUARY



Robert Neilson (Neil) Lillies  
January 13, 1947 – July 26, 2025

Neil is survived by his spouse, Darlene Lillies, sister-in-law Betty Lillies and several nieces and nephews.

Donations in his name, if desired, may be made to Alzheimer's BC or any hospice of your choice.

More details are available at [www.nunes-pottinger.com](http://www.nunes-pottinger.com)

OBITUARY

Michael William Woloshyn  
March 7, 1951 – August 9, 2025

It is with heavy hearts that we announce the passing of Michael William Woloshyn on Saturday, August 9, 2025 at the age of 74 years.

Michael is survived by his sisters, Joan and Marion.

He was predeceased by his parents, Bill and Betty Woloshyn.

In lieu of flowers, donations can be made to the Teulon and District Museum, Box 44, Teulon, Manitoba, R0C 3B0.

A special thank you to the nursing staff at the Gimli Hospital for their compassionate care of Michael.

In keeping with Michael's wishes, cremation has taken place and there will be no funeral service.

Rest in Peace Michael



OBITUARY

Wayne Enberg

It is with absolute heartache that we share the sudden passing of Wayne Enberg at his home in the Norris Lake Area on August 7, 2025 at the age of 62 years.

He brought happiness, laughter and unwavering love to everyone who knew him.

Service of Remembrance will be held on Saturday, August 23, 2025 at Teulon – Rockwood Hall at 2:00 p.m.

Longer obituary to follow in next week's Tribune.



OBITUARY

Elsie Davies (nee Muth)

September 3, 1926 – July 31, 2025

With deep love and gratitude for a life well lived, we announce the peaceful passing of our mother, grandma, great-grandma, sister, aunt, and dear friend, Elsie Davies, on July 31, 2025, at the Selkirk Betel Personal Care Home at the age of 98.

Elsie will be dearly missed by her loving children, Sharon Davies (Chris Hodgson), Debbie (Chuck) van der Lee, Bob (Janis) Davies, and Donna Davies.

She was a beloved grandmother to Erin van der Lee, Matt van der Lee, Jenna (Spencer) Jongkind, Jared Davies, Katherine Hodgson, and proud great-grandmother to Leila and Ari Jongkind.

She is survived by her sisters Evelyn Campbell, Shirley Esperson, and predeceased by her husband Basil, her parents Tom and Eva, brothers Ervin and Raymond, sister Rita, and grandson Jared.

Elsie was born on September 3, 1926, in Gretna, Manitoba, and spent her early years on several family farms near Warren, Rosser, Erinview, and Westerham. Growing up in rural Manitoba during the Depression years shaped her into the strong, resourceful, and hardworking woman we all came to admire.

In 1951, she moved to Teulon, Manitoba, where she took a job at a local hotel. It was there she met her husband, Basil, and they were married in 1952. In 1960, Basil suddenly passed, leaving her a widow with four young children. With immense strength, determination, and quiet dignity, she took on the role of both mother and father, raising her children on her own – something that she was incredibly proud of.

There truly wasn't anything she couldn't do, Elsie could fix, build, and repair just about anything, often out of necessity. Whether it was mechanical work, home repairs, or simply making ends meet, she tackled every task with skill and grit. Her independence and perseverance were an inspiration to those who knew her.

Elsie worked and dedicated 20 years to the McLeod store in Teulon, where she was well known for her deep knowledge of everything from appliances and footwear to farming supplies, sportswear, and mixing paint.

An avid and talented baker, she was best known for sharing her love through the warmth of her kitchen. Mom took great joy in preparing homemade treats for family and friends, with her legendary cinnamon buns and apple pie becoming cherished staples.

Her garden gave her great joy, there, she grew many flowers and vegetables. Elsie was also a gifted seamstress, capable of sewing everything from everyday clothing to intricate bridal gowns and figure skating costumes. In her later years, she poured that same care into crocheting and knitting afghans and clothing for her grandchildren and great-grandchildren—treasured keepsakes that will be passed on for generations.

A lifelong lover of sports and competition, Elsie played baseball in her younger years and remained a passionate fan of baseball, curling, football, hockey, and figure skating. She curled into her 50's and continued to cheer on her favorite teams from the stands, and later, from the comfort of her living room.

Elsie was deeply rooted in the Teulon community and gave her time generously. She was an active volunteer, notably serving as the head of costumes at the Teulon figure skating club.

Several years after Elsie retired, she sold the family home and moved to Farview Place where she lived independently for 29 years, made many lifelong friendships and served as the Executive of the Co-op Apartment.

Isie will be remembered for her quiet yet fierce presence—she was a resilient, independent, and determined woman who led with love and strength. She was the heart of the family, a true matriarch who brought people together. Her legacy lives on in the lives she touched, and the traditions she created. She was a truly remarkable woman, who lived life on her own terms.

The family would like to extend their heartfelt gratitude to the Teulon homecare workers who supported Mom and enabled her to continue to live at Farview Place until February 2025. We are deeply grateful to the wonderful caregivers at Selkirk Betel Personal Care Home who provided Mom with kindness, dignity, and comfort during her stay.

Cremation has taken place, and a private family graveside service will be held at a later date to celebrate her life as per her wishes.

In lieu of flowers, a donation can be made to the Betel Home Foundation - Selkirk, Manitoba Cancer Society, or the Teulon Memory Garden.

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## OBITUARY



**Arthur Lloyd Harris**

It is with profound sadness that we announce the passing of Arthur (Lloyd) Harris on Saturday, August 2, 2025.

Lloyd was born on February 8, 1948 in Winnipeg, Manitoba at the original Grace General Hospital.

Lloyd was the beloved husband of Beverly for more than 56 years and a dedicated father of sons Keith (Darren), Kevin (predeceased 1993) and daughter Karen (Scott). In addition, two cherished grandsons, Dylan (Cole), Ryan and great-granddaughter Paisley.

Many friends and family stopped into their farm of which Lloyd will be deeply missed during those wonderful visits.

Lloyd's Celebration of Life will be held at the Stonewall Legion at 11 a.m. on Friday, August 22, 2025. A lunch reception will immediately follow the service at the Legion.

In lieu of flowers, your donation to a charity of choice in Lloyd's memory would be greatly appreciated.

Longer obituary will follow.  
[www.klfuneralservices.ca](http://www.klfuneralservices.ca)



204-886-0404

## OBITUARY



**Grace Agnes Appleyard**

July 6, 1931 – August 8, 2025

It is with broken hearts we announce the passing of our dear Mom and Gran on August 8, 2025 at Eriksdale Hospital.

Left to cherish her memory are her children Bob, Dianne (Les), Audrey (Wayne), Betty, Lennie (Bunny), Gary (Colleen), Gail; daughter-in-law Janice; sister Bernice (Louis); 14 grandchildren, 16 great-grandchildren, and seven great-great-grandchildren.

Predeceased by husband Harvey, daughter Darlene, son Brian and parents Jim and Agnes Millar, four brothers and three sisters.

Celebration of life at Oak Point Community Hall on August 14, 2025 at 1:00 p.m.

In lieu of flowers donations can be made to Oak Point Hall

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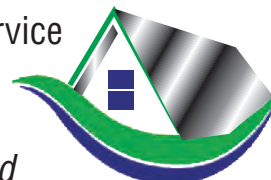
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