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# Brick and Block exhibition now open at Argyle's Settlers, Rails and Trails

By Jennifer McFee

Communities are built brick by brick, and a historical glimpse into this process is now on display at Argyle's museum.

Settlers, Rails and Trails launched its Manitoba Brick & Block Exhibition on Saturday, July 15. About 45 guests from across the province attended the grand opening event, and many of them had donated bricks, photos and other artifacts to the exhibit.

Shayne Campbell, the museum's president and executive director, said the unique exhibit focuses on every known brick and block manufacturing location or operation in Manitoba from the 1860s to the 1990s.

"The Manitoba Brick & Block Exhibition is the first comprehensive display of its kind in the province," he said.

"With research created by Hugh Henry at the Manitoba Museum in 1992, David Butterfield and Randy Rostecki in 2018 and the initial gift of 45 heritage bricks from the late Gord McDiarmid, the brick collection is a permanent component of Settlers, Rails & Trails Inc. in Argyle."

The exhibit will run until about August 2024 to showcase the people, places, tools, equipment and loca-



TRIBUNE PHOTOS BY SHAYNE CAMPBELL

Settlers, Rails and Trails launched its Manitoba Brick & Block Exhibition on Saturday, July 15

block structures across the province, including the Manitoba legislature, office, retail, residential and commercial structures," Campbell said.

"We are very grateful to the volunteers at Settlers, Rails & Trails who have invested six years of research, collecting and exhibit design to make this display a reality."

On behalf of the museum, Campbell expressed appreciation for the financial support of the RMs of Woodlands and Rockwood, as well as the Gov-

ernment of Manitoba for its heritage projects grant.

Admission is free for the exhibition, which is open the first Saturday of each month from 1 to 4 p.m. in the lower level of the Argyle Community Centre. Viewings are also available by appointment by emailing [argylemuseum@gmail.com](mailto:argylemuseum@gmail.com).

For more information about Settlers, Rails and Trails, visit [www.settlersrailsandtrails.com](http://www.settlersrailsandtrails.com) or [facebook.com/argylemuseum](https://facebook.com/argylemuseum).

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The exhibit focuses on Manitoba brick and block manufacturing locations or operations from the 1860s to 1990s. tions across the province that were involved in masonry manufacturing, he added.

"The museum collects two bricks from every manufacturing location (of which there are 70), each manufacturing company (of which there are 198) and from important brick/

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**STONEWALL**

# Arborg Main Street Festival to return for 7th year

By Autumn Fehr

Live music, fanfare and fun are slated to transform Arborg's main drag Friday, as the community's annual street festival returns.

The Arborg Street Festival began in 2014 and — barring a two-year hiatus owing to the COVID-19 pandemic — has continued to bring new excitement and events, thanks to lead organizer Susan Bauernhuber.

"We started this because we had lost the rodeo in town. A few business people got together, and we discussed what we could do to make it free for everybody to say thank you for shopping with us and your dedication to the town and businesses," Bauernhuber said.

Residents from Arborg and beyond are welcome to enjoy an assortment of free entertainment during the festival, which will close Main Street from Friday night until early Sunday morning.

Before the event begins, folks can enjoy a meal of perogies and kielbasa at the Arborg Legion at 5 p.m. for \$15 a plate.

The festival will officially kick off at 7 p.m. with a parade and speeches from Selkirk-Interlake-Eastman MP

James Bezan, Interlake-Gimli MLA Derek Johnson and Arborg Mayor Peter Dueck.

After the parade, festival organizers will draw numbers for "pluck the duck," a 50/50 lottery game in which rubber duckies are numbered and placed in a pool or water. The person who purchased a ticket with the corresponding number will win half the prize pot.

Lost in a Small Town, a local band from Woodlands/Warren, will take the stage at 8 p.m., treating the crowd to an assortment of country and rock covers and signalling the opening of the beer gardens.

Around 10 p.m., fireworks will start, and once they are over, Lost in a Small Town will take it home, ending the festival's first day.

On Saturday, the festivities will begin with a 9 a.m. pancake breakfast at the Arborg Legion.

"We look at trying to bring in something new every year and to change it up a little bit," Bauernhuber said.

All the day's events are free, except the street hockey tournament, which cost players a \$20 registration fee. The deadline to register was Aug. 9.

At around 10 a.m., axe throwing, the



The winner of the pluck the duck lottery game will win half the proceeds of the prize pot.



TRIBUNE PHOTOS SUBMITTED

Festival attendees are encouraged to wear white and participate in Zumba with Des, a fun colour dance at 2 p.m. Saturday.

special treat — Laurie Sutherland, a Patsy Cline tribute artist, will perform a selection of the famed American country singer's hits.

Festival fan favourite Kelly Chinchil-

petting zoo, the trade market and the beer gardens will be available.

Starting at 11 a.m., visitors can enjoy local entertainment, and kids can enjoy the kids' fun zone, where there will be bouncers, games and face painting. Henna will also be available from noon to 5 p.m.

Kicking off the entertainment for the day at 11 a.m., the dancers from the Reechka Ukrainian Dance Club will perform, and there will be dances from Averie & Haley's group.

From 12 to 1 p.m., there will be a

Continued on page 5



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# Stonewall Art Group features local artist: Annette Brown

By Autumn Fehr

Annette Brown is the “baby” of the Stonewall Art Group.

Only about a year ago, Brown started painting, exploring her creative intuitions and abilities. A friend invited her to the group, and she attended for the first time in October 2022.

“The group sparked up my creativity in painting that I never knew I had...I truly believe being fearless is having fears and jumping in anyways, so I thought, I really don’t know how to do this, but I’m going to give it a try,” Brown said.

From there, she faithfully attended a weekly class through the winter, and let her creative juices flow.

When Brown was young, she expressed herself creatively through other artistic forms. When she was around five-years-old, she took piano lessons. Later, around 12-years-old, she practiced writing poetry and songwriting. In high school, she dabbled in art, where she delighted in delving deeper more into creativity.

Growing up, she had people around her, such as her grandfather, cousins, and other family members, that painted. When she saw their work, it sparked an interest. She was also real-



Annette Brown

ly drawn to looking at art books and going to art displays. In one way or another, art had always been around her.

“I felt that the creative brain is a muscle, and we can exercise it in so many ways,” Brown said.

Brown leans towards acrylic as her preferred medium, as it’s the most forgiving.

When it comes to acrylic, there are many different colours available pre-mixed, so if you aren’t skilled in blending and creating the colours you



TRIBUNE PHOTOS SUBMITTED

My horse has the Blues.

want, you can purchase your palette, Brown said.

The budding artist loves creating prairies, landscapes, flowers, old barns and houses — but horses are a staple of her work.

“I’ve been a horse lover my whole life and have had horses, so horses have been a big part of what I create. I can’t seem to keep them out of my pictures,” she said.

Brown has quickly become passionate about painting, describing it as a pass time she loves.

“In our creativity, our true feelings and self comes out in what we put in

the colours, what we see, how we feel – emotions they’re so easily put into colours,” she said.

Brown previously displayed her works at the Heritage Art Centre, during the Stonewall Art Group’s Ukrainian showcase. The group intends to display more of her works at the Stonewall hospital and library within the next six months.

The art group is on break over the summer months and will recommene next fall. They always welcome new members of any skill level. For further information, please get in touch with stonewallartgroup@gmail.com.



## 37<sup>th</sup> Annual Stonewall Quarry Days

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# Knor honoured for her love of hometown Teulon

By Emma McGill

Lana Knor is known around Teulon for her hard work and commitment to the kids she works with at Teulon Elementary while keeping the Green Acres Arts Centre alive and well. Knor has been giving back to her community for a long time.

She is the only child of Bill and Sandra Skogan and was raised in Teulon, where her father's family lived for three generations before her.

After graduating high school, Knor took a commercial cooking course at Red River College.

"I worked in a variety of positions in the food service," said Knor.

These positions included working in Nunavut for nine months in July 1996 where she made lasting friendships. She then worked around the home for about two weeks before the flood of 1997.

Knor went down many different career paths after college and gained experience through her jobs, including being a service supervisor at the Zoological Society of Manitoba and working at Princess Auto. She had then found herself at a sort of crossroads in her career and decided to return to college, where she took a

one-year course to become a business application specialist. She went to Herzing College in Winnipeg, where she graduated with honours, and found that she enjoyed accounting. She worked at Keewatin Air and Air Ambulance, then at their Critical Care international branch doing insurance and accounting for three years.

After this, however, Knor came to another crossroads where she wasn't working and wasn't quite sure what to do with herself. When her uncle Bert Skogan, principal of the Lord Selkirk Regional Comprehensive Secondary School at the time, called and recommended that she apply to be an educational assistant, she thought he was crazy. Later, she thought more about it; she had babysat a lot as a teenager and she did love children. She was more prepared for the position than she'd thought.

Thanks to her uncle's encouragement, she applied and got the job.

"I haven't looked back; it's the best thing that ever happened to me. I am someone who wants to help people, and I fell in love with helping kids," said Knor. "When I became an EA, I was able to divert that energy of helping people into the right place."



TRIBUNE PHOTO SUBMITTED

Lana Knor received the Queen Elizabeth II Platinum Jubilee Award for her continued work and commitment to the Town of Teulon. Left to right: Manitoba Premier Heather Stefanson, Lana Knor, Lt.-Gov. Anita Neville and MLA Ralph Eichler.

## > ARBORG MAIN STREET FESTIVAL, FROM PG. 3

la will follow Sutherland, performing her fancy shawl and hoop dancing.

From 2 to 3 p.m., there will be old-time bingo at the legion.

Also at 2 p.m., plan to wear white. The street festival brings back Zumba with Des with a fun colour dance.

At 3 p.m., another returning favourite act of the street festival, acoustic artists The Homespun Poets will take the stage. Athletes from Canadian Wrestling's Elite will also perform.

At 4 p.m., famous fiddler Mark Morisseau will entertain the crowd.

After a day of fun activities, visitors can purchase a plate of chicken, ribs, potatoes, corn on the cob, coleslaw and cornbread from Chicken Chef. For dessert, local cupcake maker and cake decorator Donna will serve her

delicious cupcakes. Plates will cost \$40.

Calypso will take the stage at 8 p.m. and close out the festival at midnight. Community members may remember the sounds of the Caribbean from the old Arborg Summerfest Days.

"We just want to bring new people in town to show them what we have here and to show them it's a great town; people are wonderful. We do have lots going on here, even though some people think that we don't, but we do. We have something going on every part of the year," said Bauernhuber.

"Let's bring the people in and showcase the town and say thank you for being our customers."

Her first job as an EA was a year with a three-hour position at Teulon Collegiate.

Throughout her years as an EA, Knor has worked with many wonderful teachers, including Brian Borkowski, Marge Johnson, Laverne Kiel and

Darlene Walbauer.

"Those are four that stand out that I feel were huge mentors to me," said Knor. "Every day, no matter what, I enjoyed my job. I've worked with a

Continued on page 7

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## Manitoba government provides new incentives to benefit 25,000 health-care workers under Health Human Resource Action Plan

### Submitted By Manitoba Government

The Manitoba government continues to make investments to secure the retention and recruitment of health-care community and facility support workers across the province through new memorandums of understanding (MOUs) that deliver a number of new incentives and initiatives to improve care for Manitobans, Health Minister Audrey Gordon announced recently.

“Support workers are incredibly valued members of our health-care workforce and represent one of the largest employee groups in terms of numbers,” said Gordon. “We are pleased to be able to recognize their dedication and efforts with these new and expanded incentives, as we continue to make Manitoba an attractive place to work and live.”

The incentives are part of Health Human Resource Action Plan, initially announced in November 2022. Today’s announcement extends a number of incentives already in place for nurses and allied health staff, to community and facility support workers employed in Manitoba’s health-care system.

These new initiatives include:

**Wellness incentive:** a one-time increase for each support employee’s health spending account of \$500 for full-time employees and \$250 for part-time employees, in addition to current health spending account allowances already in place.

**Licensure reimbursement:** Employees will be reimbursed for professional licence or association membership fees in the 2023-24 and 2024-25 licensure years for eligible employees (those employed with an included employer, employed within the applicable 2023-24 and/or 2024-25 licensure year, and who provide proof of payment for eligible fees).

**Weekend premium:** Employees working hours on weekends will receive an \$8 premium for eligible worked hours. The weekend premium is retroactive to the first evening shift of Nov. 18, 2022, and will continue until ratification of the next collective agreement.

There are approximately 25,000 health-care community and facility support workers within the sector represented by Canadian Union of Public Employees and Manitoba Government and General Employees Union, the minister added, express-

ing appreciation for the collaborative and productive discussions that led to the signing of the MOUs.

“Community and facility support workers employed across Manitoba touch all areas of the health-care system, supporting the delivery of services in the community and in long-term and acute care facilities,” said Gordon.

“Support workers include those providing direct care, such as health-care aides and home-care workers, while others are integral to the ongoing operation of facilities, working in areas such as security, laundry and food services.”

These incentives are in addition to the improvements achieved through the ratification of new, fair and long-term collective agreements for employees within Manitoba’s facility and community support sectors. The estimated value of these incentives, including retroactive payments, is \$70 million, the minister noted.

For more information on Manitoba’s Health Human Resource Action Plan, visit <https://www.gov.mb.ca/health/hhrap/>.

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### 'He heals the brokenhearted'

Some time ago, I was driving to speak at a church, when I happened to notice a hand-painted sign along the side of the highway. On it was written these words: "LENORE, THE LOVE OF MY LIFE. WE MISS YOU SO MUCH. R.I.P. MY DARLING."

Then a couple miles further down the highway, I passed a second sign with similar handwriting. It said, "MISS U MOM AND GRANDMA!"

Obviously, these folks had lost a loved one and there was an expression of loss and deep grief in both signs. Indeed, as I read the signs again on my way back later in the day, the emotion that came to mind was one of sadness. I could sense the brokenheartedness of people who had lost someone they had dearly loved.

All over the world, people go through heartbreaking experiences of one sort or another. Maybe that is you today. Indeed, sometimes life can hurt very deeply. In this case, that hurt was expressed by these signs, made for the rest of the world to read.

However, as I thought about those two signs, I remembered another sign I had seen a while before, along No. 3 highway in the southern part of the province. That sign said: "He heals the brokenhearted and binds up their wounds." In case you didn't know, that statement comes from the Book of Psalms in the Bible, chapter 147, verse 3.

Over the years, I have found that verse to give me, and I know also to many others, great comfort in my times of sadness and loss. I have experienced His reassurance and peace in the midst of my struggle. Just knowing God is there to heal my deepest hurts helps me make through life's tough times in my life.

If that happens to be you today, may you find God's comfort for you and may He heal your broken heart.

That is my prayer for you.  
Henry Ozirney



TRIBUNE PHOTO BY PAULA HOFER

As temperatures reached 27 degrees C. last Sunday, a juvenile cormorant stopped by Hofer's pool west of Warren for a few hours. It went for a couple dives in the pool, walked around the ledge and perched on top of an umbrella. Cormorants are very adaptable and may be found in almost any aquatic habitat, from rocky northern coasts to swamps to large reservoirs to small inland ponds. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@stonewallteulontribune.ca](mailto:weather@stonewallteulontribune.ca)

## > HER LOVE OF HOMETOWN TEULON, FROM PG. 5

lot of great teachers."

Knor's commitment to her position as an EA for the kids she works with and all that the job has given back to her is just one of the cornerstones of her service to her community. She started working at the Green Acres Art Centre when her two boys were just toddlers, when Christina Driscoll, Marge Paulin and Gary Paulin ran it.

"They approached me telling me that she wanted me to take over the Arts Centre, and I thought she was out to lunch," said Knor. They had been asking her for about a year and a half.

Knor recalled her sixth-grade year when they did a play for their Christmas concert: "I always had a love of theatre but there was never anything to nurture it in our community."

She also thought of her children and how she wanted them to have an outlet that she didn't have. Her father was heavily involved in building the community and had taught her that if she wanted something done, she couldn't expect others to do it for her.

So, Knor attended the last board meeting Driscoll held before the art centre would be dissolved if no one took it over. Knor said she would.

"I wish I had videotaped the look on Christina Driscoll's face that night."

The Green Acres Art Centre was established in 1978 by Graham and Vera Clarke, along with fellow committee members, who bought the building from the school division for one dollar. The Interlake Arts Committee was committed to advancing the arts in the Interlake and began to do so through Teulon. The name was changed to GAAC in 1995, and the centre celebrated its 40th anniversary in 2018.

Knor helps apply for grants for renovations to keep the centre running. The building was on its last legs, almost ready to be torn down; they had actually given the daycare the GAAC land because they didn't think it would last. Knor helped put the arts centre back together along with many others, including Debbie Kozyra, Shanda Warman, Dan Panchuk, Dayna Toth, Michael Loudon, Sophia Trudzik, Dale Reinsch, Judith Dedrick-Williams, Lori Benn and many more.

Christina Driscoll was a huge supporter of Knor during this time.

"She believed in me when I didn't know to believe in me, and I try to do

the same with others."

Knor was nominated for the Queen Elizabeth II Platinum Jubilee Award by Ralph Eichler and received it earlier this year, the same day as Shayne Campbell. This award means so much to Knor, not only because of what an honour it is but because of her grandmother's love for the queen.

She also received the Premier's Volunteer Award this April and was nominated by Darci Loehmer, current chair of the Teulon Agricultural Society. Knor and Loehmer worked together to build the community's beloved PumpkinFest to what it is today. Both awards were surprises and honours for Knor. She is very appreciative of her husband and kids for their support. She said she could not do any of what she's done without them.

"The only way I've been able to do what I've done is with the great group of people that I've worked with, and I believe the award belongs to them too," said Knor. "It's hard to describe in words because it's a wonderful feeling. I do volunteering because I love Teulon and I believe we have a beautiful community. I want it to flourish. The smiles on the faces of the kids — that's the biggest award for me."

## Quarry tours planned for Quarry Days

By Jennifer McFee

All are invited to get an up-close look at the local quarries on tours that will take place during Stonewall Quarry Days.

Quarry tours started in 2015 and this year, five companies are involved: Standard Limestone Quarries, Heidelberg Materials, Lafarge Canada, Maple Leaf Construction and Glacial Stone.

"We bring in a tour bus to our booth at Quarry Days and head to a Quarry north of town. We'll tour one quarry on Saturday and a second quarry on Sunday," said Scott Aikman, who is involved in organizing the tours.

"Everyone will get a chance to see the areas we've stripped to prepare for extraction, blasted limestone, finished limestone products and the equipment we use in the process."

The goal of the tours is to create and

grow relationships with Stonewall and Rockwood residents, he added.

"The tours were initially created to give local residents a chance to see inside the quarries near town and give the quarry producers a chance to explain the process and demonstrate some of the rehabilitation work we've done," Aikman said.

"As time goes on, we're seeing people from all over come to enjoy the tours. Everyone will be free to ask questions during the tour and see the operations up close. If possible, we'll swing by Quarry Park to give an example of a fully rehabilitated quarry."

Last year, the tours visited Heidelberg and Glacial. The year before, Lafarge was also included.

Each tour is approximately 45 minutes long, and there is no cost to join.

"The tours will visit one of the quarries north of town each day — one



PHOTO SUBMITTED

Quarry tours started in 2015 and this year, five companies are involved.

Saturday and one Sunday," Aikman said.

"Anyone interested simply has to sign up at our Quarry Days booth near the Red Apple — first come, first

served."

Stonewall Quarry Days runs from Friday, Aug. 18 to Sunday, Aug. 20. For more information, visit [www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca).

## Interlake Art Board members make way for next generation of volunteers

Joanie English, Bev Hart and Mary Thorne retire from art board executive

By Katelyn Boulanger

Three long time members of the Interlake Art Board have decided to retire this year and have left the board in the capable hands of the next generation of volunteers. Joanie English, Bev Hart and Mary Thorne will be moving on to other pursuits but the community is thankful for the work they put into volunteering to make our region a more artful place.

"After ten years of being actively involved in the arts, it's a good time to transition out. I think we've done a lot," said English.

The Interlake Art Board is an organization dedicated to supporting and strengthening communities in the Interlake region of Manitoba through art.

Joannie English and Bev Hart were original members of the Interlake Art Board which came together in 2014. In 2017, Marry Thorne joined the fun.

The original goal of the group was to support the Interlake Juried Art Show. One of the ways that they did this was by submitting a successful grant to purchase grids, backdrops and displays.

Now, they are more well known in our community for the beautiful murals that bring colour and joy to the region.

Hart feels that it's important to have art in our communities.

"I personally, need to be surrounded

by art, and we had a beautiful art gallery, [the art board] originally kind of all came round from there. And what I noticed was that people noticed a few murals and then they say, 'Well, we wanted mural at our building'," said Hart.

She says that getting everyone on board and coordinated to get these murals up in our community was a challenge but was also worth it.

The murals in the area were designed by various artists but one who stands out as making many of them and also because he grew up in the area is Charlie Johnston. Johnston has set the bar very high for the murals in town and has also mentored many of the artists who continue the tradition of painting murals in the area.

There are many murals in our community now thanks to the art board members and all are beautiful but one that is a first not just for Selkirk but for all of Canada is the Secret Path mural. This mural is the first of its kind to be part of the Secret Path project which is a storytelling project that uses various mediums to tell the story of Chanie Wenjack and bring light to the long-suppressed mistreatment of Indigenous children and families by the residential school system.

Another major project that Hart, Thorne and English were involved in, during their time on the board was



RECORD PHOTO BY KATELYN BOULANGER

Joanie English, Bev Hart and Mary Thorne in front of the Interlake Art Board's Community Round Dance mural.

the Piping Plover mural. This mural is the first mural that is part of the International Endangered Species Mural Program to come to Canada and celebrates the piping plover which is an endangered shorebird.

In addition to the Piping Plover mural, there is also an Endangered species mural that was done by the Art Board volunteers in coordination with an art contest all while COVID-19 was keeping us apart.

"I really enjoyed the endangered

species mural so much came together in that one too, with the colouring book that was designed and just it was so what we needed at COVID," said Thorne.

The three women have a lot to be proud of doing in our community and though they have handed over the reins they still say that there will be a lot to look forward to from the new Art Board volunteers so stay tuned in the next few months to see what's coming next.



# First tenant welcomed to CentrePort Canada Rail Park

By Jennifer McFee

It's full steam ahead for CentrePort Canada Rail Park since its first tenant broke ground last week.

Fastfrate Group is investing \$55 million to build about 140,000 square feet of facilities in the 665-acre industrial rail park, which is being developed by Canadian company Focus Equities. The rail park is located within CentrePort Canada's 20,000-acre inland port that provides direct access to truck, rail and air cargo routes.

At an Aug. 1 announcement, Premier Heather Stefanson lauded the hard work of Fastfrate Group, CentrePort Canada and Focus Equities in bringing the rail park vision to fruition.

"Manitoba is in a unique position being in the middle of North America," Stefanson said at the event, which was hosted at a construction site in the rail park. "Our geography gives us the opportunity to be a leading trade corridor."

As an international transportation hub, Manitoba is a vital east-west and north-south link.

"The CentrePort Canada Rail Park project in particular builds on the advantages of Manitoba's central geographic location," Stefanson said, "and it will play a critical role in growing Manitoba's trade and investment domestically, across the continent and around the world."

More trade and investment means more good jobs, she added.

"Good jobs will power the next generation of Manitoba families," Stefanson said.

"That's why we are also providing \$40 million for wastewater infrastructure to help open up CentrePort South for development."

Rosser Reeve Ken Mulligan said the land was purchased to build a rail yard 52 years ago.

"Now you see the progress of CentrePort and the growth, which greatly benefits our municipality, the City of Winnipeg and the province as a whole. This progress has come with support from the province, the federal government, the municipal government and large investments from the private sector, which I thank all of them for," said Mulligan, whose family has lived and farmed in Rosser for more than a century.

"One example of a major private investment is the rail park project. This project attracted a successful Canadian real estate developer, Focus Equities, to develop the 665-acre rail park in three phases."

He extended gratitude to the Focus Equities team, as well as to Carly Edmundson, president and CEO of



Lakeside MLA Ralph Eichler was among many people who attended the event.

CentrePort Canada Inc. Mulligan also thanked the RM's staff and welcomed Fastfrate to the community.

"We are excited to see the building and operation, which will showcase speed and consistency by rail and road. Thank you for choosing Rosser CentrePort lands for your progressive operation," he said to the Fastfrate representatives.

"There are many more great things on the horizon for Rosser CentrePort lands and this rail park."

Chris Reiter, senior project manager for Focus Equities Inc., commended the RM of Rosser for the speed and ease of its permitting process.

He also noted that the rail park will include amenities such as green space, pathways and restaurants.

"We're hoping to land some more great opportunities for Manitoba both ways — trade from Canada to Mex-



TRIBUNE PHOTOS BY JENNIFER MCFEE

A sod-turning took place at CentrePort Canada Rail Park for Fastfrate Group, who announced it will be spending \$55 million to construct a new location at the park, which is expected to open in 2024.

ico and trade from Mexico up to the U.S.," Reiter said.

"It's going to be a great thing for Manitoba."

Manny Calendrino, president and CEO of Fastfrate Group, said they've been in business for 57 years — and they've been in Winnipeg for the last five decades. They've outgrown their current space on Keewatin Street, so the new facility in the rail park will enable them to bring together different facets at a single centralized site.

"As Fastfrate Group of companies, we have many divisions," Calendrino said. "What we're building here will be a template for the future of our

company and the way we're going to get all our divisions under one roof."

The Fastfrate Group includes the LTL (less-than truckload) division, which is one of Canada's largest privately owned intermodal LTL carriers. Other companies within the Fastfrate Group include Challenger Motor Freight, ASL Distribution and Canada Drayage Inc.

"We have to make sure that every acquisition we make is adding to our menu of services to provide in the marketplace," Calendrino said.

"We all know that supply chain is so important to the economy. We saw

Continued on page 12



## 37th ANNUAL STONEWALL QUARRY DAYS

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**Parade Route**  
Saturday, August 20th  
11 am



For more information visit [www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca) • Only 15 minutes North of Winnipeg • Off Hwy #7 or Hwy #236

# Prize pretty peonies



TRIBUNE PHOTO BY AUDREY JONGSTRA

Audrey Jongstra enjoys her pretty peonies while they're in bloom at the Lions Manor. She has also come up with a creative way to brighten the plain green bushes for the rest of the year.

"I came up with a plan and decided to pin on silk flowers. They can handle the wind rain and first snow," she said.

"People make a special trip just to visit my flowers. They usually have a good laugh that they were fooled – but not everyone."

Their mirth is contagious, since Jongstra also enjoys watching their reactions.

"I'm happy to see them shocked and laughing," she said. "Makes me happy they had a good laugh."

At the same time, Jongstra also issued a challenge to other gardeners in the community.

"If you have lots of boring green bushes, I dare you go out and put some beautiful silk flowers on them," she said. "See what happens!"

# Community Living donation



TRIBUNE PHOTO SUBMITTED

Gord Greasley, Scottish Rite Deputy for Manitoba and Nunavut, presents Jimm Simon and Daryl Dempster from Community Living Interlake with a cheque for \$1,000 from the Scottish Rite Charitable Foundation of Canada. The Scottish Rite foundation supports Canadian charities that are working to alleviate cognitive impairment. The money donated to Community Living Interlake will contribute to the purchase of a newly developed software package called Routine Factory that allows individuals more input to plan and manage their own schedules and daily lives.

# Yard of the Week honours



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Communities in Bloom Yard of the Week honours was awarded to Linda and Ron Frykas at 515 9th Avenue South. For the past 41 years the Frykas' have watched their neighborhood grow along with the mature oak trees, French lilacs, saskatoons, chokecherries and shrubs in their yard. They have flower beds filled with perennials such as hostas, daylilies, lilies, iris, snow on the mountain and daisies. The driveway is lined with more lilies and hostas as well as colorful annuals, some that were seeded directly in the ground. Recipients of Yard of the Week receive a \$25 gift certificate from Stonewall Home Hardware and, of course, bragging rights. To nominate a Yard of the Week, ballot boxes can be found at the Stonewall Home Hardware and the Stonewall Library.

## 10th Annual Stonewall Quarry Days PARADE

**Saturday, August 19th  
at 11:00 am**

No charge for float entries.  
*Help make this another great  
event by volunteering or  
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Contact Christy at 204-467-5836 or  
christybrown@stonewallteulontribune.ca or on-line  
at stonewallquarrydays.ca for an entry form.  
**Application Deadline:  
Thurs., August 17th**



# Water hemlock becoming a problem for RM of Woodlands residents

By Becca Myskiw

The Rural Municipality of Woodlands is warning residents about water hemlock and its poisonous properties.

Woodlands issued an advisory July 27 to warn locals of the increase in water hemlock in the area. Due to the overland flooding in 2022, the plant has been growing rampant in ditches and on hay/pastureland, it said.

Though water hemlock is native to the region, hemlock root is extremely poisonous to humans and animals and can make the top of the plant dangerous too.

RM of Woodlands Reeve Doug Oliver said the issue was brought to council's attention when a group of residents by Shoal Lake asked for support in alerting the provincial government.

"It seems like it's spreading this year more than it ever has," he said. "This year it seems to have taken off and it's quite rampant."

The RM of Woodlands warned residents to take caution around the plant and to be careful when using land it's growing on for hay or grazing. Most people won't have a reaction when touching the top of a water hemlock plant, but it has phototoxic properties

that can cause rashes.

Municipal staff are applying herbicide to concentrated areas of water hemlock within local ditches, residents are encouraged to educate themselves on the poisonous plant and do what they can to stop the spread.

Water hemlock spreads by seeds, so local officials recommend cutting off the seed heads or using a herbicide application.

If people find a dense patch of it on public land, they can contact the municipality and staff will try to address it, Oliver said.

"We're trying to be as proactive as we can," he said.

Woodlands urged producers not to bale through hemlock patches and to not let their cows graze on them. Though cattle don't usually eat the plant, there are cases where it has proven fatal.

The National Institute of Health documented nine mature Hereford cows died from ingesting immature water hemlock seed heads in 2010. Just one root of the plant can kill a mature cow. If grazing land is wet, cattle can easily pull the entire plant and ingest its roots.

Water hemlock looks similar to wa-



TRIBUNE PHOTO SUBMITTED

Water hemlock in flower.

ter parsnip, but the latter is much less toxic. The leaves can be used to distinguish the plants.

Water hemlock has leaves two or three times pinnate, while water parsnip's leaves are single pinnate. The veins on water hemlock run clearly to the notches of the teeth on the leaflet's

edge; the leaves on water parsnip do not.

Water hemlock grows in marshy areas. Woodlands isn't alone in fighting this new problem, as any area with marsh land will have it too, Oliver said.

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# Teulon farmers getting ready for fall harvest

By Emma McGill

As a Canadian prairie province, Manitoba is well known for its production of crops.

The land that we now call home was first cultivated by Indigenous people, the earliest evidence of a crop being that of corn found in Lockport from around the 13th century. The first known settlers who farmed started around the Red River and the Assiniboine River in 1812. Though it seems like a long, detailed history, the way we farm today is quite recently developed.

Scott Skinner, a grain farmer local to Teulon, reflects on this season of farming in the area so far, and his experience with his career: "I was not really all that interested in being a grain farmer to start," said Skinner.

Though he wasn't too attached to the lifestyle his family had led early on, Skinner eventually saw the advantages of their work and naturally fell into it. He inherited the farm that has been in his family for approximately 75 to 100 years.

Skinner runs the farm with his brother, Rod, and they



TRIBUNE PHOTO SUBMITTED

Scott Skinner and brother Rod Skinner are actively farming the land that has been in their family for 75-100 years.

both enjoy being their own boss. They get to be enjoyably busy from seeding to harvest and take time off when there's no work to do. The Skinners grow a variety of straight grain crops, including wheat, canola, soy beans and forage grasses.

The Skinners plant forage grasses for the purpose of harvesting the seed to sell to other farmers who will use the seed to plant and grow into grazing pastures or crops of hay to feed their livestock.

"With our specific farm, we try not to do a lot of tillage," shared Skinner.

On his farm, they do their best to carry out the minimum amount of tillage necessary to control weeds and pests. Their process for each season starts with seeding, then herbicide application to control weeds, followed by fungicide application to keep diseases away from the plants. They are now close to harvest, when they will spray to make sure the plants are ready and carry out another round of minimum tillage.

"We don't really want to break the soil down into pieces that are so small that they'll blow away and cause soil erosion."

When it comes to pest control, the Skinners use chemicals for grasshopper infestation but crop rotation for most other insects.

"Not all bugs go after the same kind of crop, so we rotate the crop year after year," said Skinner. "To be economically viable, most farms are having to do that."

As for the success of this season specifically, it seems the area in which Skinners have their land had extra luck compared to others.

"Teulon itself is on a sort of tiny island with enough moisture to produce an average or above average crop," said Skinner, adding that the success of the farm is due to the help.

"We could never run our operation and be successful without the efforts from our amazing crew of operators."

It seemed that just north of the Teulon area has been quite dry this season, while Teulon itself was granted exemplary conditions. Compared to last year, when extreme rain severely damaged one of the main crops, seeding time was very good weather-wise.

## > FIRST TENANT, FROM PG. 9

what happened during the pandemic. We saw what happened when the freight didn't get to the right destinations and the empty shelves, so we are an essential service."

The location of the rail park will also open new opportunities with CPKC, which combines Canadian Pacific and Kansas City Southern railways and creates links through Canada, the United States and Mexico.

"We expect to hire at least 150 people in the next 12 months," Calendrino added. "That's the growth that we're going to bring to Manitoba. That's the growth for Fastfrate, and this is a template. We're so proud to be here."

The new Fastfrate Group facility is expected to open in CentrePort Canada Rail Park in the fall of 2024.

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## FLOWER, FRUIT & VEGETABLE SHOW

**Saturday August 12, 2023**  
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 1:00pm - 4:00pm - Awards at 4:00 pm  
**Drop in to browse the entries and variety auction and stay for tea and dainties.**

Have you got a special Begonia, Dahlia, Rose or a great outdoor container this year? Maybe some nice tomatoes, beets or carrots? This show is a great place to showcase your gardening talents! There is a children's and a photography section too!

*(Booklets listing the entry categories can be picked up at the Stonewall Teulon Tribune or call Tanya at 467-2235).*

**Entries are accepted at Quarry Park Heritage Arts Centre  
 166 Main Street, Stonewall, Manitoba  
 on Friday Aug 11 from 6 - 9pm**

[www.southinterlakegardenclub.ca](http://www.southinterlakegardenclub.ca)

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# Ashern Pioneer Museum Annual Mini Thresherman Reunion celebrates 30 years

By Autumn Fehr

This weekend, the Ashern Pioneer Museum is hosting its 30th Annual Mini Thresherman Reunion.

The event will kick off on Aug. 13 at the Ashern Pioneer Museum, 26 1st St. South, with the gate opening at 10:30 a.m. Tickets for adults are \$5. Children 12 and younger are \$2.

Rain or shine, the event will run until 4 p.m., with an exhaustive lineup of entertainment, activities and food to enjoy.

"One of the main intentions with our event is to get people to come and view the museum. All the buildings at the museum are going to be open. We have seven buildings here," said Riel Willmott, a museum summer student.

"Surprisingly, a lot of people don't even know it exists because it's tucked away in the very corner of this small town."

Visitors can jam along with singer songwriter Neil Thornham, jig with the Asham Stompers from 3 to 4 p.m. and learn a trick or two from magician Ryan Price.

The event includes an assortment of children's activities, including a reading of *Lessons From History*, face painting, a bouncy castle and games.

Throughout the day, there will be vendor tables for people to explore. There will also be a 50/50 raffle.

The event will have plenty of food to enjoy, such as Fried Dough Boys and a barbecue lunch.

A live threshing demonstration will take place in the field on museum grounds, pending favourable weather because the field cannot be threshed if wet.

"We are banking on some heat and sun in this upcoming week," Willmott

said.

The name of the reunion is part of the tradition with the museum, which was established in 1976 and is run entirely by a volunteer board of directors.

"Their intention is to try to re-create some pioneer moments by attracting people that are a part of the pioneer settlers that helped establish Ashern and this community. The name itself is a way to try to attract people that are interested in what the museum offers and the museum tries to preserve," Willmott said.

The event has been running since 1992, with paused years during the COVID-19 pandemic.

The funds raised will be used for general upkeep at the museum.

"One of the things I'm trying to do is re-invigorate some community engagement and get some activities going. There are a lot of ideas and potential for what the savings can be used for, but at the moment, we don't have a specific plan for what the money is going towards," Willmott said, adding organizers are hoping for a large turnout.

"The community needs opportunities to come together to socialize. Especially since COVID kind of closed everything off. We are kind of just in full swing now of everyone coming out of their hole. We need an event like this to show the community what is being offered by local people. It's important to understand our history. So hopefully, when people come out to our event, they do take the time to explore all of the buildings, learn about the pioneers that helped create this region and pave the way for us to host the event that we are going to be



PHOTO SUBMITTED BY ASHERN MUSEUM

Threshing is the action of separating seeds from crop plants, either by hitting them or using a threshing machine.

hosting," he said.

"We want people to know that this museum is here, and we want people to take an interest in the history, as well as take an interest in community involvement. We want people to enjoy themselves and make some memories."

The museum is open regularly

throughout the summer from Tuesday to Saturday from 9 a.m. to 5 p.m. It is open for new members to join the board to collectively help preserve the pioneer history and come up with new ideas for future events.

For more information, contact Carole McDougall at 204-768-2743 or Priscilla Ebberts at 204-768-3051.

## Flight Training

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# Gimli and Winnipeg karate clubs to showcase defence training at Folklorama

By Patricia Barrett

You might not see yourself liberating a frigate from nuclear terrorists or rescuing a child hostage from art thieves, but martial arts know-how will provide you with a number of benefits.

And the Gimli Karate Club is about to demonstrate a variety of defence skills when some of its members, along with members of a Winnipeg-based karate school, take to the stage at Folklorama next week.

Jay Boaz, who's a member of the Gimli club and is the highest ranking belt (brown) outside the club's sensei (teacher), said training in the Japanese martial art comes with a whole lot of benefits, including strength, endurance, concentration and discipline.

"It's good for physical fitness, for learning control and learning to move. You practise a lot of different physical movements that improve your balance and your strength. There's a discipline aspect as well through a lot of structure," said Boaz, who has been training for four years. "It's also a great family activity that parents can do with their kids. A lot of parents — including me — got started because their kids participate."



Members of the karate clubs practise stance and punching.



Winnipeg IKD Sensei Clive Hinds (middle) with some of the karate students who will be performing at Folklorama.

The Gimli club, which trains year-round, has about 20 to 25 participants, and each year they have the chance to



TRIBUNE PHOTOS BY JAY BOAZ

Students in the Gimli Karate Club and the Winnipeg Budokai Karate Club will be performing at the Japanese Pavilion during the second week of Folklorama.

demonstrate their defensive prowess — if they wish — at competitions.

There are several levels of training, each denoted by a belt. Beginners start with a white belt then move up to yellow, orange, green, blue, purple and three levels of brown belt before they can progress to black, which has

10 levels. Students test every three months to advance to the next level.

Gimli Karate Club sensei Burt Burdett said the training is open to all ages and abilities.

He himself is in his 70s and is a third level black belt. His students include a woman in her 60s, who has earned her purple belt, a couple in their mid-40s, men in their 50s and kids under the age of 10. Two kids from Texas — whose mother has Gimli ties and visits every summer — take summer training with the club. One of the students required knee surgery (a job-related injury) and found that karate strengthens his joints.

"For people just starting out, it hurts for a while because they're using muscles they never used before. Once

Continued on page 19

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Blue Jays defeated in quarter-finals at the 22U men's baseball nationals

By Brian Bowman

The Interlake Blue Jays found out that wins are hard to come by at the 22U men's baseball nationals.

Interlake finished with a 1-4 record after losing 6-4 in a good ball game to Ontario 2 in the quarter-finals at the eight-team tournament that was held at Quarry Park in Stonewall.

Despite just winning once, Interlake played very well in several games.

"We were in a quarter-final game and that's what's important," said Blue Jays' head coach Dave Meyers. "That's all we had to shoot for — get to the playoffs and anything can happen."

Interlake started the nationals with an exciting 4-3 comeback win over Prince Edward Island last Thursday. The Blue Jays scored three runs in the sixth inning.

That was a huge win for Interlake.

"That game put us in the (quarter-finals)," Meyers said.

On Thursday evening, Interlake was

defeated 10-3 by Ontario 1. Ontario 1 broke the game open with five runs in the fifth inning and then they added two more in the sixth.

"The score doesn't dictate the game," Meyers said. "The game was a lot closer than what the score really said. We outhit that team 12-11 and we lost 10-3. It just didn't dictate how the game went. I have no issues with that game at all — it was OK."

Friday evening saw the Blue Jays get blanked 10-0 by Nova Scotia in five innings. Nova Scotia, which outhit Interlake 11-3, scored twice in the bottom of the first inning and then added four more in the third and fifth innings.

On Saturday afternoon, Interlake was shut out 13-0 by the Elmwood Giants. The game was called after 4 ½ innings due to the mercy rule.

"(Elmwood) is pretty stacked up," Meyers said.

The Giants defeated Quebec 5-1



TRIBUNE PHOTOS BY LANA MEIER

The Interlake Blue Jays reached the quarter-finals of the 22U Men's Baseball Championship.



Chris Fines drops down a bunt.



The Jays head back to the dugout for their turn at bat.



Interlake Blue Jays Bryce Meyers is tagged out on second.

## Ritchie runs extremely well at World Police and Fire Games

By Brian Bowman

Stonewall's Ryan Ritchie had a pair of great performances at the World Police and Fire Games in Winnipeg.

Ritchie won a bronze medal in the 5,000-metre event and was fifth in the half marathon.

"Both races it wasn't my personal best but I blame that on the weather, it was pretty warm," said Ritchie on Monday morning. "They were pretty close to my personal bests, anyway."

The third-place finish in the 5,000m was really impressive. There were a

lot of great athletes at the Games and some super fast runners competing in the 5,000m.

"I didn't expect it, actually," Ritchie admitted. "I was kind of surprised. It was pretty neat running with people from all over the world. Everybody is very friendly and it was a really cool experience."

It was a proud moment for Ritchie to be standing on the podium holding the Canadian flag.



TRIBUNE PHOTO SUBMITTED

Stonewall's Ryan Ritchie, far right, placed third in the 5,000-metre event and was fifth in the half marathon at the World Police and Fire Games in Winnipeg.

Continued on page 19

# Stonewall hosts very successful 22U Men's Baseball Championship

By Brian Bowman

Stonewall has hosted several successful baseball and softball tournaments over the years.

They did it again this past weekend.

The Interlake Blue Jays were the host squad of the eight-team 22U Men's Baseball Championship which saw some of the very best young baseball players from across the country converge on Quarry Park.

It was the first time in over 30 years that Manitoba has hosted this prestigious tournament.

"I think it went off really well," said tournament co-chair Adam Kirk. "All of the teams commented on how easy it was (to get around) and how well received they were when they got here. There were a lot of positive comments that came out of this weekend."

The tournament's success could not have happened without the tireless efforts from many, many volunteers.

"The volunteer group that we had was absolutely amazing," Kirk said. "People stepped up when we needed them to. Sometimes a shift had to be covered and this and that. Whatever problem occurred our group was right there to help solve it and figure it out. If they had to throw themselves into the fire, that's what they did. It was just awesome."

Another key component was the generosity of local businesses that pro-



Blaine Fortin threw one of two ceremonial-opening pitches.

vided sponsorship. Local businesses are always fantastic when Stonewall hosts a major sporting event.

"Our local business support is the best in the league, by far," Kirk said. "They've helped the junior team, the senior team, and a lot of minor ball teams as well. They've sponsored and helped them go to tournaments and run tournaments. The local support from the businesses here is second to none and we can't thank them enough."



TRIBUNE PHOTOS BY LANA MEIER

Mayor Sandra Smith brought greetings on behalf of the Town of Stonewall to all the players, umpires, officials and fans at the opening ceremonies of the National 22U Men's Championship last Thursday.

With eight teams and their families hanging out in Stonewall for the four-day tournament, the economic impact can't be ignored.

"We figured there were about 1,000 people at the diamond (Sunday) night for the final," Kirk said. "It helped that a Manitoba team was in the final and I think that all of the stars aligned with (the Interlake Blue Jays) getting the 7:30 game on Saturday night in the quarter-final. We had really good crowds that came out and supported

us all weekend.

"I know Quebec walked up town and had lunch one day and a couple of other teams hit up a few things in town. It definitely puts more money in the community and hopefully those local businesses that are helping us out are getting something back with these people coming in, shopping in their store or getting a meal from them."



Officials and umpires walk on the field during the opening ceremonies.



Special guests and dignitaries have a chuckle watching Roger Langlais do the dance that was required to connect the microphone.



Baseball players and coaches line up for the baseball oath.



The host Interlake Blue Jays took in the opening ceremonies.



# Elmwood Giants win gold at 22U men's baseball nationals

By Brian Bowman

The Elmwood Giants (Team Manitoba) won gold at the 22U men's baseball nationals at Quarry Park in Stonewall last weekend.

Elmwood defeated Quebec 5-1 in the championship game on Sunday evening.

The Giants scored three runs in the fifth inning. Quebec replied with one in the bottom of the sixth and then Elmwood answered with a pair in the seventh.

Rylan Penner earned the complete-game victory, allowing just four hits.

The Giants were outstanding throughout the tournament, posting a perfect 6-0 record. But Elmwood was challenged in some tight games.

"It's a big stage and I think it's only been twice for Manitoba (to win nationals) that I know of," said Giants' assistant coach Donnie Smith, a St. Andrews' resident. "The last time was about 13, 14 years ago. The bigger stage, the higher level of competition, we faced some really good teams with some great arms."

Elmwood reached the final after downing Nova Scotia 3-1 in a semifinal game Sunday morning.

The Giants scored a pair of runs in the bottom of the second inning and then added another in the sixth. Nova Scotia scored its run in the fifth.

St. Andrews' left-hander Ethan Minaker earned the win, pitching five stellar innings while recording five strikeouts.

"Ethan Minaker, a St. Andrews' kid, threw against Nova Scotia and did really well," Smith said.

The Giants' pitchers were fantastic during the playoff round, allowing just two runs in two games.

"Every pitch was meaningful and our guys did a great job on the mound," Smith said. "Every guy that came in was very successful."

Elmwood started the nationals with an 8-2 win over Quebec last Thursday and then crushed Saskatchewan 24-2 on Friday.

"Our hitting was on fire this weekend which allowed us to have a bit of control at the tail end of games," Smith said.

Later Friday, the Giants edged Ontario 2 by a 5-4 score.

Elmwood, which trailed 3-0 after three innings, scored three runs in the top of the sixth inning for the comeback win. The Giants out-hit Ontario 2 10-4.

The Giants then improved their record to 4-0 with a solid 13-0 shutout win over the host Interlake Blue Jays.

Elmwood's roster included several players from the Interlake area,



TRIBUNE PHOTOS BY LANA MEIER

The Elmwood Giants are the 2023 National 22U Men's Baseball champions after defeating Quebec 5-1 in the final on Sunday.

including St. Andrews' Tyler Smith, Colson Smith, Brett Zeller and Minaker, Lockport's Dylan Duguay and East Selkirk's Kevin Burnett.

The Interlake Blue Jays' roster included St. Andrews' brothers Liam Allen and Keenan Allen.

Interlake is producing some great baseball players.

"It stems from most guys starting at 11U and continuing to play and working through the 13U, the 15U and 18U North Winnipeg programs," Smith said. "Every year they get a little better and stay with the game. It's great to see because a lot of kids get to the age of 15, 16, 17 and they kind of find other things to do. I'm glad that this group that I have had an opportunity to coach at a young age continued to play."

"North Winnipeg has done well and (for them) to get to a tournament like this is pretty cool to see."



Coach Donnie Smith streaming the win in real time.



The Elmwood Giants' Cody Gunderson slides safely into home plate against Quebec in the championship game of the 2023 National 22U Men's Baseball Championship on Sunday in Stonewall.



Top Offensive Player of the tournament Dawson Tanner.



Rylan Penner was named the Top Defensive Player of the tournament.

# VanHeyst shows poise at world championships

By Joshua Frey-Sam

Not even an equipment malfunction could slow Megan VanHeyst during the biggest race of her life.

The 21-year-old Stony Mountain product lost control of the handlebars on her bike after they came loose during the World Triathlon Sprint and Mixed Relay Championships in Hamburg, Germany, on July 15.

While the breakdown caught the triathlete off-guard, she refused to panic, re-tightened her handles and went on to complete the 6.8-kilometre race (300m swim, 5km bike, 1.5km run), placing 40th out of more than 60 racers that showed from across the world in the age group category.

Instead of dwelling on the bad break that cost her valuable seconds in the race, VanHeyst said she was able to take away a few valuable lessons from the speed bump.

“Keep pushing yourself,” said VanHeyst. “There were a lot of challenges leading up to the race like flying right before a race is always difficult.

“My bike had to be taken apart to fit in the suitcase on the flight there. There’s not a ton of chances to test out your bike so there was a bit of a challenge during the bike but you just got to keep working and keep pushing it and get to the finish line. It was a great experience to see all that and finish that race.”

VanHeyst also raced in the draft legal age group (20-24) sprint (750m swim, 20km bike, 5km run) and mixed relay. More than 2,000 age group athletes from around the globe gathered at the world championships, and VanHeyst was the only female athlete from Manitoba.

“It was super cool,” she said. “It was one of the biggest events I’ve been to. It was really fun with the amount of spectators cheering for you and just being in a different country was really



Thousands of athletes and fans lined the streets, creating an amazing energy for competitors.

cool, as well.”

VanHeyst was hooked on the sport after doing her first triathlon at seven years old. She’s specialized in the three-leg event since then and qualified for the world championships after winning her age group in the sprint race at the Peace Gardens triathlon last year.

Despite it being VanHeyst’s debut on the world stage, her poise came as no surprise to her coach Dave Lipchin, who trains VanHeyst five times a week as a part of the Windburn multi-sport academy.

“One of the neatest characteristics for Megan is she’s very consistent,” said Lipchin, adding her positive energy has a constant impact her the rest of the athletes. “One of the hardest things for anybody is that you have to continue to train all the time in order to get good, and she has the ability to be very consistent with her training and it takes her very far with her athletic ability because of how many quality training practices she gets in, in order to prepare for some of these



TRIBUNE PHOTOS SUBMITTED

Megan VanHeyst, a Stony Mountain product, finished in 40th place out of 60 racers in the sprint and relay age group category at the World Triathlon Sprint and Mixed Relay Championships in Hamburg, Germany, on July 15. Pictured: Team Canada mixed relay, Jerome (Quebec), Erin (B.C.), Megan (Manitoba) and Jonathan (N.S.).

major events.”

VanHeyst said she hopes to return to the world championships one day but will focus on university athletics for the time being. Her next race was this weekend at the U.S. national championships in Milwaukee. She’s tempering her expectations for this race, however.

“This one, I’m more looking to just have the experience and enjoy it. I did some travelling after the worlds race so my training hasn’t been quite where it usually is for the past month. So, not too high of expectations for this one bit it’s going to be a fun experience going to the U.S. nationals.”



VanHeyst showed poise as the handlebars on her bike came loose during the five-kilometre leg, re-tightening them before finishing the rest of the race.

## Stonewall United tie Argentinos F.C.

Staff

Stonewall United played to a 2-2 draw with Argentinos F.C. in Manitoba Major Soccer League 4th Division action on Aug. 1 in Stonewall.

Adam Brown and Rayden Labelle scored for Stonewall.

With the tie, the United is now 2-7-3 on the season and has nine points.

Stonewall will host Pescara this Friday. Game time is 7 p.m.

## Interlake Orioles compete at U13 AAA Tier 2 baseball provincials

Staff

The Interlake Orioles finished with an 0-5 record at the U13 AAA Tier 2 baseball provincials in Winnipeg last weekend.

Interlake began play Friday with a 19-10 loss to St. James and then were defeated 21-17 by Midwest.

On Saturday, the Orioles were downed 14-3 by North Winnipeg and 24-5 by Oildome.

Sunday saw Interlake drop a 14-9 decision to Oildome.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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## > KARATE, FROM PG. 14

you build up your muscles, there's nothing to it," said Burdett.

Students are taught a series of blocks, punches and kicks that are primarily defensive, but they're also taught to counter-punch or kick at the same time they're executing a block.

There are some aspects of the class that students might find somewhat dull, but practising the same moves repeatedly is necessary in order to perfect one's execution of blocks and strikes, timing and spatial awareness.

"Everybody dislikes the basics because it's repeat, repeat, repeat. But they like the kata (choreographed training exercises) and the kumite (sparring against an opponent)," said Burdett. "I tell the students, 'I'm not teaching you how to fight; I'm teaching you how to defend yourself, and that you have a right to protect yourself.'"

What they're not allowed to do, however, is use their skills to initiate fights, he said. That will get them banned from further training.

For female students, Burdett said he shows them practical techniques to

defend themselves should somebody try to physically overpower them.

Like Boaz, Burdett said karate has a lot of benefits that include weight loss, the development of strength and flexibility and mental concentration.

"It's a great stress reliever, it's good exercise and it will keep you limber," said Burdett. "If people aren't sweating after a class, I'm doing something wrong."

Although there are plenty of martial artists to watch on the silver screen — Bruce Lee, Chuck Norris, Steven Seagal, Jean Claude Van Damme and Jackie Chan — Burdett said now that Lee is gone, Donnie Yen is the man with the "fastest hands in the world." Students looking to pick up a few pointers should watch the film *Ip Man*.

The Gimli club's students are tested every three months by sensei and seventh level black belt Clive Hinds and his wife Debbie, who is a sixth level black belt. They operate the Winnipeg Budokai Karate Club.

Boaz said the higher belts in the Gimli club travel to Winnipeg to take some classes with sensei Hinds, who in addition to running the school is head of the Manitoba IKD. And

the Japanese Cultural Association of Manitoba, which operates Folklorama's Japanese pavilion, invited members of both clubs to perform.

"We'll be doing a demonstration of some basic techniques then there will be a couple of different katas that we'll perform," said Boaz. "There will also be a kumite demo and two bunkai, which is the practical application of the kata where attackers and defenders do a choreographed performance."

## > RITCHIE, FROM PG. 15

"It was kind of a neat experience seeing people from all over the world cheering for you," he said. "Just running around the track, I think the ladies were doing shot put, and people who were just waiting around were cheering 'Go Canada, Go Canada, Go Brazil' - it was pretty cool."

It was a really special experience for the Manitoba athletes to compete at a World Games in their home province.

"It was pretty neat and it definitely made it easier not travelling any-

The Gimli and Winnipeg karate clubs perform at Folklorama's Japanese Pavilion on Aug. 14 and on Aug. 18, the second week of the cultural festival. The pavilion is located at Petrus Hall, 2623 Inkster Blvd., and has lots of parking. Visit the Folklorama website or Japanese Cultural Association websites for show times.

For more information about how to join the Gimli Karate Club, contact the Gimli Recreation Centre at 204-642-6670.

where," said Ritchie, 39. "I might try the next one in Birmingham, Alabama. I'm kind of looking forward to travelling to check that out."

Ritchie is a member of the Stonewall Fire Department. He said he received a lot of support from many people.

"The guys in the fire department gave me awesome support," Ritchie said. "Before the Games they were just really good. Even on the morning of both of the races they were messaging me, saying 'Good luck'. The guys in the department were awesome."

# Hard cash for fun



TRIBUNE PHOTO BY JO-ANNE PROCTER

Thanks to a \$5,000 donation made by The Rockwood Quarry Producers in Stonewall last Friday, Ecole RW Bobby Bend School Parent Advisory Council can put the finishing touches on their accessible playground that will be ready for the start of the 2023-24 school year this September. Pictured back row, left to right: Daniel Maynes (Maple Leaf Construction), Scott Wozny (Heidelberg Materials), Les Cels (Heidelberg Materials), Joel Malkoske (Glacial Stone), Scott Aikman (Glacial Stone) and Trevor Weibe (LaFarge); in front: Amanda Martens (ERWBB PAC) and Merle Balsillie (Standard Limestone Quarries).

## get inspired

> MEAL IDEAS

### Mini Sweet Pepper Sheet Pan Nachos

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Cook time: 5 minutes

Servings: 4

8 ounces Pero Family Farms Mini Sweet Peppers, cut into chip shapes

7 ounces tortilla chips

1/2 cup sweet or red onion,

diced.

1/2 cup canned or fresh corn

1/2 cup queso fresco cheese

1/4 cup black olives

1/4 cup jalapeno peppers, fresh sliced

1/4 cup cilantro leaves, for garnish

1 lime, cut into thin wedges, for garnish

Preheat oven to 350 F.

Place peppers and tortilla chips on sheet pan. Layer onion, corn, cheese, black olives and jalapeno peppers. Bake 3-5 minutes.

Garnish with cilantro and lime wedges.

### Southwest Quiche Muffins Bento Box

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Cook time: 25 minutes

Servings: 12

8 large eggs

1/2 cup milk

nonstick cooking spray

3/4 cup black beans, drained and rinsed

1/2 cup chopped Nature Fresh Farms Tomz tomatoes

1/3 cup shredded cheddar cheese

1/4 small RealSweet sweet onion, chopped

1/2 cup vanilla Greek yogurt

1/4 cup granola

1/2 Zespri SunGold kiwi, chopped

1 Bee Sweet Citrus mandarin, peeled and segmented

Preheat oven to 325 F.

In large bowl, whisk eggs and milk.

Coat 12-cup muffin pan with non-stick cooking spray or use silicone muffin liners. Evenly divide beans, tomatoes, cheese and onion among cups. Pour eggs over top.

Bake 20-25 minutes, or until eggs are set and lightly browned.

Remove from oven and cool in pan 2-3 minutes. Use knife to loosen edges and remove.

In cup or bowl, mix yogurt, granola and kiwi.

Assemble bento box with two quiche muffins, kiwi parfait and mandarin slices.

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3			6		1	9		
				3		6		
8	3		7			2		
	7		5	8			6	
		6						
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	2	5		1	7			3

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### TOWN OF STONEWALL REQUEST FOR PROPOSAL

**Outdoor Maintenance Services**  
509 2nd Street West  
Project Number: TO2023-0702

Email submissions marked "Outdoor Maintenance Services - 509 2nd Street West", shall be received by the Town of Stonewall CAO Wally Melnyk at [wmelnyk@stonewall.ca](mailto:wmelnyk@stonewall.ca)

The Town of Stonewall owns the property at 509 2nd St. West, Stonewall, Manitoba, which consists of two (2) acres of land and a building for the purposes of operating a licensed daycare centre. The Town is responsible for the landscaping, landscaping repair and maintenance, parking lot maintenance, snow removal, and other general outdoor maintenance on the property.

The Town of Stonewall is requesting submission of proposals from qualified, experienced maintenance contractors to provide labour, equipment, materials, fuel, transportation, overhead, and all that is necessary for the Outdoor Maintenance Services as outlined in the Request for Proposal document which may be obtained from the Town of Stonewall website at [www.stonewall.ca](http://www.stonewall.ca)

**DEADLINE FOR THE SUBMISSION OF PROPOSALS IS 4:00 PM, AUGUST 11, 2023.**

Wally Melnyk, CAO  
Town of Stonewall  
Email: [wmelnyk@stonewall.ca](mailto:wmelnyk@stonewall.ca)

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### NOTICE TO CREDITORS

**IN THE MATTER OF:** The Estate of Clifford Roydon Riddell, late of Warren, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 13th day of September, 2023. DATED at Stonewall, Manitoba, this 3rd day of August, 2023. **GRANTHAM LAW OFFICES** Solicitor for the Executrix

### NOTICE TO CREDITORS

**IN THE MATTER OF THE ESTATE OF WINFRIED ARMIN GLAS,** late of the Town of Stonewall, in Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at his office, Box 149, 70 Main Street, Teulon, Manitoba, R0C 3B0 on or before the 20th day of September, 2023. DATED at Teulon, Manitoba, this 31st day of July, 2023. **STEVEN R. SHINNIE SOLICITOR FOR THE EXECUTOR**

**Classified and Notice booking deadline is Monday at 4 p.m. prior to Thursday's publication.**

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1	9	3	8	6	5	4	2
5	6	2	4	9	7	1	3
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We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier  
Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)

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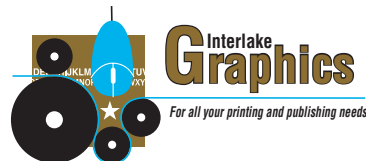
This opportunity involves building relationships and representing our newspapers to new and existing customers.

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  - 2000 WESTFIELD J210-31 Lot# 4173
- 2010 WESTFIELD J210-41 auger Lot# 7366
- 2001 WESTFIELD J210-36 auger Lot# 4163
- 2005 WESTFIELD J210-31 auger Lot# 3983
- 2015 POLYWEST CHEM MANAGER Lot# 10326
  - 2000 TRAILER 1000 Lot# 4177
- 2010 CONVEY-ALL HDF12 auger Lot# 3589
- 2015 CONVEY-ALL BTS150 auger Lot# 7293
- DIAMOND DOORS K-DD3053M Lot# 3904
  - LAYCO 24x80 grain conveyor Lot# 2918
  - 2001 Ford F750 Lot# 4142
- 2016 WOODS BW126X Rotary Mower Lot# 9161
- 2009 TIGERCAT 870C 1 Feller buncher Lot# 6704
  - 1989 TEREX 60C wheel loader Lot# 6560
  - 1990 DRESSER TD20G crawler Lot# 6545
- 1996 TIMBERJACK 628 Feller Bunchers Lot# 6554
- 2006 CATERPILLAR TH460B telehandler Lot# 8643
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    - 1987 GRAIN KING 12000 Lot# 4737
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  - 2011 CASE IH 2162 header Lot# 6731
  - 2016 HONEY BEE AF240 header Lot# 5550
- 2011 NEW HOLLAND H8040 swather Lot# 5271
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- 2011 MANDAKO SWATH ROLLER 10 Lot# 2596
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  - 2008 CASE IH 2016 header Lot# 4720
  - 2017 LEON 425H spreader Lot# 8670
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- Bucket HLA 6ft JOHN DEERE SBC72JD440 Lot# 11894
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  - ANTIQUE WHEELS lot# 11908
  - JOHN DEERE 418 plough Lot# 11913
  - FARM KING Y550R mower Lot# 11918  
Serial# 27801150
  - KUBOTA RCR48CA mower Lot# 3146
- 2015 JOHN DEERE 1025R riding lawnmower Lot# 11891
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**BIRTHDAY**



**Happy 102nd Birthday  
Gladys Yule on August 10th!**  
-Lots of love from your family!

**BIRTHDAY**



**Happy 85th Birthday  
Bruce Moore!  
August 9th**  
-Love you and best wishes  
from Lynne,  
Kelly, Randy, Curtis and Maria

**CARD OF THANKS**

We would like to thank family, friends and neighbours of Stonewall and surrounding communities for all the comforting messages in cards and calls for our sudden loss of Cal Sinclair. The thoughtfulness and kindness for the beautiful flower arrangements, visits and delicious food delivered was very much appreciated.

Thanks to Andrea Barylski Catering of Balmoral for preparing the delicious lunch. To our close friends and neighbours of Argyle who put out the lunch and cleaned up, our heartfelt thanks. Words cannot express our gratitude to Shirley Williams for her guidance, support and friendship in preparing the beautiful graveside service for Cal. To Ron Hagglund, thank you for the final sentiments and prayers for Cal. To all the pallbearers, thank you for escorting and honouring Cal by providing the last ride in his truck. Thank you to Ken and Stephen of Ken Loehmer Funeral Services for your guidance and compassion.

-Lori Sinclair,  
Ralph and Shirley Sinclair and families  
Darlene Grandmont and families

**Express your Thanks**  
Stonewall Teulon **Tribune** Call 204-467-5836 or  
email igrphic@mts.net

**ANNIVERSARY**



**Happy 60th Anniversary  
Bruce and Lynne Moore!  
August 10th**  
**Congratulations and Best Wishes!**  
-From Kelly, Randy,  
Curtis and Maria

**IN MEMORIAM**



**In Memory of  
Steve LeBlanc  
August 13, 2019**

Lovingly remembered every day in some sweet way by Carol and her boys, Ian, Greg, Tyson and Sam. God is so good. He so loved the world that He actively demonstrated His love through Jesus Christ, His only begotten Son, so that through His Blood each of us can have peace with Him here and now and eternally. May each of us hear His voice calling "Come to me all you who are weary and loaded down with cares and I will give you rest." Matthew 11:28. Before you take that final breath please know that your sins are forgiven. He paid the ultimate price. Jesus willingly gave His life. In His death, burial and resurrection life takes on new meaning.

-God bless you  
Carol and boys

**IN MEMORIAM**

**William Bryan Palmer  
September 5, 1942 – August 9, 2021**

We think about you always,  
We talk about you still;  
You have never been forgotten,  
And you never will.  
We hold you close within our hearts,  
And there you will remain;  
To walk and guide us through our lives,  
Until we meet again.

-Love always,  
Bernice, Mike, Lori,  
family and friends

# Announcements



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**OBITUARY**



**Shirley May Kletke (nee Stutski)**  
Peacefully on Thursday, July 27, 2023 Shirley Kletke aged 87 years of Winnipeg.  
Born May 8, 1936 at Pleasant Home, Manitoba. Shirley had lived and farmed in Teulon for the past 82 years.  
She is survived by her sons Jerry (Lisa) and Lynn (Karen) and grandchildren Brett, Dawson, Paige and Marshall.  
Shirley was predeceased by her husband Harold and her parents Edward and Tinnie Stutski.  
The family would like to thank the 4th floor staff of Concordia Place for the wonderful and compassionate care given to Mom during her stay there and her special texting buddies Olga and Barbara-Anne for their daily comments.  
A private family service has already taken place.



**OBITUARY**

**Kenneth Thomas Maksymyk**  
It is with great sadness we announce the passing of Ken Maksymyk age 61 years of Teulon, MB. on July 22, 2023.  
Arrangements pending.



**OBITUARY**



**Alice Marie Weitzel**  
Peacefully on July 24, 2023 our Grandma passed away. Alice Marie Weitzel had just celebrated her 101st birthday on July 3. She was a beautiful person with a heart of gold who loved her family and always had time for them and all her grandchildren. Grandma loved her kitchen and was always baking. She enjoyed seeing everyone and always had something ready for visits and special occasions.  
Grandma was predeceased by her loving husband Jack and her son Arnold, she moved from Alonsa, Mb to Teulon, Mb following the family here. Grandma moved her house from the farm to Teulon where she sold it after a few years when she moved into town and resided at Cedar Lodge. Grandma attended the Anglican Church here in Teulon and made many wonderful friends and had great memories of all who blessed her life. She loved helping putting on teas and donating to the charitable events in the community. Grandma loved going for coffee with her friends daily and also hanging out at the farm since there was always something to do. Helping with chickens or gardening, she was always appreciated that she made so much time for her grandchildren. We all have fond memories that we shared and loved her very much. She also loved going up north to visit her son Ross and his family. She worked with him at the camps, cooking and baking. She made the best bread and desserts. Grandma and her friends would always come out to every hockey game to cheer the boys on and loved to watch the kids play, always with praise and a smile. She had a wonderful sense of humour and enjoyed a good laugh, that twinkle in her eyes has now gone to rest but we will carry her memory in our hearts. We had many wonderful and heartfelt conversations with her over the last few years and we know what was in her heart and mind. She will be deeply missed and forever cherished. Grandma Alice, July 3rd 1922- July 24th 2023.

-Love grandchildren Joseph and Jan Lambourne,  
Great-grandchildren Evan and Tessa,  
Trace and Kendra,  
Great-great-grandchildren Lycan and Conor

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# Announcements

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Stonewall Teulon  
**Tribune**

**OBITUARY**

**Joyce McDonnell (nee Struthers)**

Joyce Madeline McDonnell passed away on July 26th at Teulon Hospital. She was predeceased by her beloved husband Kenneth, granddaughter April, her parents Roscoe and Katherine Struthers, sisters Marion (Lorne), Kay (Ralph), and Beverley, brothers Ross, Douglas, and Malcolm (Peggy).

She is survived by her children Murray (Shelley), Kathryn (Bill), Wendy (Elvin), Lyall (Kathleen), and Robert, her much loved grandchildren Adrienne (Darryl), Barrett (Ashley), Leigha, Shayne (Ashley), Matt, Drew (Jodie), Jenna (Shawn), Sara (Chris), Chase (Janie), Brittany (Kevin), Abbey and Cole, and cherished great-grandchildren Keira, Adalyn, Liam, Brodrick, Finnley, Kaden, Josie, Levi, Lexi, Sloan, Quinton, Sylar, Ashton, Norah, Halle, Oliver, Dre and Jude. She is also survived by sisters-in-law, Nonie and Evelyn, plus numerous nieces and nephews.

Joyce was a Leap Year baby, a fact of which she was especially proud, born in Essex, England on February 29, 1928. She held many fond memories of being raised, along with her siblings, in Sprague, MB. After marrying Ken in October 1951, Joyce moved to the family farm south of Warren. She was very community minded and was always a willing volunteer. She was quite involved with Warren United Church, taking on the position of Sunday School superintendent for numerous years, as well as being a member of the UCW group. She curled for many years, becoming an Honorary Life Member, as well as belonging to the Warren Hall board.

Joyce chose to become a teacher after graduating from Grade 12. She taught for a few years before marrying Ken, after which she would be a familiar face substitute teaching at both Warren and Woodlands schools. For a few years she took on a half time position at Woodlands School.

Joyce always grew an abundant vegetable garden, of which she was always more than willing to share with others. Her greatest joy, though, was her multitude of flower beds. If you drove in her yard during the summer, you would usually find her outside somewhere deadheading flowers or picking weeds. Right after Ken and Joyce's move to Stonewall Lion's Manor in 2005, she immediately got Ken to dig a flower bed in front of their suite and transplanted a number of plants, winning Yard of the Week in 2014. She continued to tend to that bed until just a few years ago, at which point she sat on her patio chair and gave "how to" gardening directions to others.

Family meant a lot to Joyce. She thoroughly enjoyed her visits with children, grandchildren, great-grandchildren and extended family. Up until her move to Teulon, she always made a point of keeping in touch with everyone and phoning them on their birthdays.

Over the past few years, Joyce and her family were more than grateful for Home Care and the workers' assistance that allowed her to stay in her suite at Lion's Manor for as long as she did. She thought of many as friends and looked forward to their visits. Thanks to Linda next door, who kept a watchful eye over her, spoiled her with baking and provided help when needed. Also, special thanks to the staff at Teulon Hospital for their care and compassion over the past eight months.

Celebration of Life will be held at MacKenzie Funeral Chapel in Stonewall on Friday, August 11, 2023, at 11:00 a.m.

In lieu of flowers, donations can be made to the Warren United Church or a charity of your choice.

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • info@mackenziefh.com



**OBITUARY**

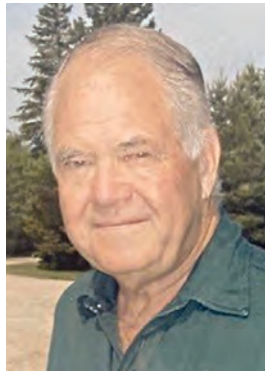
**Mary Doroschuk**

It is with deep sadness we announce the passing of Mary Doroschuk of Teulon, MB. on Saturday, August 5, 2023 at Goodwin Lodge, Teulon. Arrangements pending.



**OBITUARY**

**Clifford Royden Riddell**  
August 13th, 1938 - July 25th, 2023



After multiple health issues, Cliff passed away at the Grace Hospital on July 25th, 2023. He was predeceased by his wife Anne (Crockatt) in 2001.

He is survived by his brother Ken (Margaret), and his sister Audrey (Doug Hogg). Nieces and nephews Tim Riddell (Tara), Scott Riddell (Stacey), Deanna Riddell, Paula (David Sitarik), Jlee (Delmar Giesbrecht) and numerous great nieces and nephews.

Cliff farmed all his life in Warren until his retirement. He acquired his pilot's license, owned his own airplane and built an airstrip at the farm. He travelled on many farming tours to Australia, New Zealand, Brazil and California. He and Anne also enjoyed travelling to Hawaii, Fiji and spent many winters in Palm Desert.

His favorite pastime was to watch the Toronto Blue Jays baseball games and "arguing" with anyone who would engage. He also enjoyed sitting in his sunroom and watching all the wildlife in his backyard.

He will be greatly missed by all his family and many friends.

Cremation and family interment has taken place at Warren Cemetery.

Many thanks to all the staff at the Grace Hospital and the Palliative Care doctors for the care given to Cliff during his final days. Also, thanks to all the staff at Sturgeon II for all their help and kind words during his stay.



**OBITUARY**

**Robert John Marr**

December 11, 1956 - July 29, 2023



It is with deep sadness that we share Robert's passing at St. Boniface Hospital after a brave three year struggle with lung and liver cancer.

He was predeceased by his loving wife Joan (Braun) a mere seven months earlier. He leaves to mourn, siblings Lenore, Donnamae (Lynn), and Fred (Joanne) as well as Joan's siblings and their families, Dorothy (John), Harvey (Joyce), Marvin, Ken (Christine), Ray (Mary), and Muriel (Herb).

Rob grew up in Ft. Rouge, Winnipeg, and attended Churchill High. He was a carpenter for many years with the Winnipeg School Division. We will all miss his wry wit and sense of humour and his clever, inventive construction ideas. He and Joan lived on an acreage in the Stony Mountain area and enjoyed the rural lifestyle with many friends and social activities. They were well known for their get-togethers of music and bonfires both summer and winter. They also loved their weekends and summer activities at the family cottage at Beaver Creek on Lake Winnipeg.

The family wish to thank Rob's neighbors (his Stony Mountain family) for their exceptional love and support through the last difficult years.

In lieu of a formal service we are asking friends and family to raise a glass, toast a life well lived, play some of Rob's favorite music, and remember him in a way that is special to you.

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