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TRIBUNE PHOTO BY JO-ANNE PROCTER

Cousins Inga Patterson and Gage McClintock enjoyed a visit with the shepherd Pyrenees puppies for sale at the South Interlake Rockwood Ag Society Fair on June 7.

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From Lakefront to Countryside - Your Home is Here in the Interlake!

Heritage honoured at Argyle Day with cabin dedication, historic tours

By Jo-Anne Procter

The annual Argyle Day was a day filled with rich history, a heartfelt dedication and vibrant community spirit marking significant milestones last Saturday.

The annual event kicked off with a community garage sale at 10 a.m. followed with the opening of the Settlers, Rails and Trails Museum Park just north of town. Guests in attendance were warmly welcomed by Shayne Campbell, the museum's president and executive director, who proudly handed over the keys to "Charlie's Cabin." The beautiful log cabin is dedicated to Charlie Amy, an emblematic figure in Argyle's history.

Born in 1945, Charlie has deep roots in the community. His volunteer spirit shone brightly through his involvement in numerous local organizations — from the Argyle 4H & Beef Club to various committees that shaped life over decades, including his role with the Settlers, Rails and Trails Museum.

Charlie's Cabin stands as a testament to meticulous craftsmanship and deep community roots. Inspired by detailed journal entries from the Wilson family's 1937 logs, every aspect of this cabin was thoughtfully



Jenny Murphy, Eberly, Neely and Ashley Wicklund raise the flags during Argyle Day celebrations.

recreated. Constructed by local builders Don Waterer and Kyle Grandmont, the project received vital support through a Manitoba government grant aimed at fostering sustainable communities in 2024. This investment showcases a commitment to preserving historical landmarks.

During the dedication ceremony, Charlie Amy accepted a custom-made skeleton key with pride. His involvement went beyond mere participation; he was integral in planning, furnishing the contents of the cabin and

Continued on page 5



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Argyle's Charlie Amy, right, becomes emotional as Shayne Campbell presents him with the key to the log cabin dedicated in his name at the Settlers, Rails and Trails Museum Park on June 7.



Emory Shaw, Harmony McMahon and Damari Shaw were selling lemonade during the community garage sale.

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Oak Hammock Marsh grand re-opening celebration



TRIBUNE PHOTOS BY BRETT MITCHELL AND KANDRA FORBES

Oak Hammock Marsh's Harry J. Enns Wetland Discovery Centre has reopened after an 18-month closure for renovations. The updated space features all-new exhibits, a reimagined café, a state-of-the-art theatre, and a new conference and event centre. Residents are once again welcome to visit the centre — and can check out upcoming educational events at www.oakhammockmarsh.ca.



SOUTH INTERLAKE PLANNING

Planning a Project this Construction Season?

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that **Development and/or Building Permits** are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include but are not limited to: **Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations (structural only), Basement Developments, etc.**

Permits help ensure that buildings and structures meet zoning requirements and the *Manitoba Building Code*, which makes things safer for everyone!

If you are unsure whether your project requires a permit, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca


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Red barn roundup



TRIBUNE PHOTO BY ROBERT E. WILSON
Teulon Sunset Riders performed in a demonstration ride at the SIRAS Ag Fair on June 6.



TRIBUNE PHOTOS BY JO-ANNE PROCTER
The South Interlake Rockwood Agricultural Society set the stage for a weekend of family fun at the Red Barn just south of Stonewall from June 6 to 8. Festivities kicked off Friday evening with a horse show featuring ranch classes and a demonstration by the Teulon Sunset Riders, an equestrian drill team. Saturday began with a hearty pancake breakfast, followed by a full day of equestrian events. Children enjoyed pony rides and visited a petting zoo filled with friendly farm animals. Sunday opened with another round of pancakes before the action returned to the horse show ring for more exciting events.

RM of Woodlands salutes community effort during fire threat

By Jennifer McFee

The RM of Woodlands extended words of gratitude to firefighters for keeping the community safe during recent dry conditions.

"Your commitment, courage and professionalism do not go unnoticed, and we thank each and every one of you who stood on the front lines to protect lives, homes and property," states a note posted on the RM of Woodlands website.

"We also extend sincere thanks to the fire departments of our neighbouring municipalities, who stepped up to support us; to the many community members and local businesses who generously volunteered their time, equipment and expertise during critical moments; and to those who donated fuel, meals and supplies when needed. Your efforts exemplify the strength and spirit of our community."

At the same time the RM expressed gratitude to residents who respected the fire ban and other fire prevention practices.

"Your cooperation made a real difference in helping reduce risk during a particularly dry and dangerous season," states the message.

"Together, we've shown what it means to be a resilient and united community."

IN OTHER COUNCIL NEWS:

- The RM of Woodlands is submitting an application to the Public Utilities Board for borrowing approval for the regional water project.

The RM is partnering with the Town of Stonewall on the project. The RM of Woodlands will fund part of it through borrowing. The federal and provincial will also fund a portion of the project.

- Council gave second and third readings to a bylaw for a new capital levy on all new lots created by subdivision in the municipality. A reserve fund will be established for the levies.

- Council gave second and third readings to a bylaw to regulate and control mining as well as transporting aggregate within the municipality. The bylaw also addresses fees and licences.

- Council gave second and third readings to a bylaw for the operation and management of water and wastewater systems in Warren.

- Council gave second and third readings to a bylaw to amend the development plan, which includes redesignating part of an agricultural area to an urban area.

- Council conditionally approved a request for a property owner to keep one shipping container on their Road 15W property.

- The RM of Woodlands is extending its agreement for another year with Prairie Roots Co-op for the supply and delivery of bulk fuel.

- The Canadian Fallen Heroes Foundation has created memorial prints of fallen heroes from the Woodlands area. The prints are on display in the Woodlands legion branch. Now the organization has photos and information to create four additional memorial prints for the Woodlands

area. Council approved contributing \$1,500 to the Canadian Fallen Heroes Foundation for these four memorial prints.

- The RM will take out a quarter-page black-and-white ad for \$340 in the Royal Canadian Legion's 17th annual military service recognition book.

- In a close vote, council narrowly approved proceeding with the removal of an unsightly building, including concrete foundation and rafters, at a cost to the landowner. The owner was ordered to remove the unsightly building by Nov. 1, 2024, and then council further extended the deadline to May 30, 2025. Reeve Doug Oliver and councillors Carl Fleury, Darrell Sinclair and Valerie Stelck voted in favour of the resolution. Deputy Reeve Lorna Broadfoot and councillors Darryl Langrell and Bryan Myskiw voted against it.

- Council has requested that Manitoba Infrastructure and Transportation transfer ownership of Manness Drive in the Local Urban District of Warren to the RM of Woodlands for maintenance and upgrading.

- Council gave third reading to a bylaw to regulate and control firearms in Woodlands townsites and designated areas.

- Council authorized a \$500 sponsorship for the Stonewall and District Chamber of Commerce Business Awards banquet, which will take place on Oct. 25 at the Heritage Arts Centre.

- Council also authorized a second corporate package at a cost of \$650 for the 20th annual Ralph Eichler Golf Tournament, which was held on June 13. Four municipal representatives were authorized to participate.

- Council approved a \$795 community sponsorship package in the *Stonewall Teulon Tribune* to acknowledge various events and special days throughout the year.

- Council accepted a quote from Whispering Oaks Greenhouse for the planters at the municipal office and shop.

- Meadowlark Electric will add an automatic door opener at the front door of Warren Hall as part of the RM's accessibility plan. The cost is \$6,468.39 plus tax.

- Work on a high-volume well will continue in Warren. There was discussion about moving it to Woodlands, but the resolution is to carry on with work in Warren.

> ARGYLE DAY, FROM PG. 2

ensuring that each detail echoed his love for local history.

Following the cabin dedication, Kyle Campbell played the traditional Scottish bagpipes while Ashley Krychuk and Jenny Murphy raised the Canada and Argyle flags at Brant-Argyle School. The flags are on either side of community's digital sign, which was

placed in the village last year by the Riley family in honour of their late daughter McKenna.

Tracy Dunstan led tours of the historic school, and the Manitoba Brick & Block Exhibit at the Argyle Community Centre was open for its last day.



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> Got news?



Jennifer McFee
204-461-5352
jen@stonewallteulontribune.ca

Province invests \$500K to boost downtown Winnipeg safety

By Annaliese Meier

The Manitoba government is investing \$500,000 to help launch a Downtown Safety Summer Action Plan aimed at improving security and well-being in Winnipeg's core area, Premier Wab Kinew and Justice Minister Matt Wiebe announced Friday.

"Winnipeg's downtown is Manitoba's downtown, and we want to make sure everyone visiting feels safe," Kinew said. "Our government is tough on crime and tough on the causes of crime, and we have to put both of those kinds of responses together if we really want to make downtown safer for the long term."

The 16-week plan, which begins June 17, will be delivered by the Downtown Community Safety Partnership and focus on three key areas: criminal detection and prevention, community safety and engagement, and mental health and addictions support.

The province is partnering with the City of Winnipeg, which is contributing \$50,000, and the Downtown Winnipeg BIZ, which is contributing \$25,000.

"For Manitobans enjoying a festival with loved ones or getting to work early in the morning, your safety is important," Wiebe said. "This is why our government is committed to making Winnipeg's downtown a safer place."

Twelve new Winnipeg Police Service officers, funded by the province, have already been added to downtown patrols.

"Downtown is buzzing with new developments, big crowds at Sea Bears and Goldeyes games, summer festivals and Portage and Main re-opening in a few weeks," said Mayor Scott Gillingham. "To keep that momentum going, we've got to make sure people feel safe."

Kate Fenske, CEO of the Downtown Winnipeg BIZ, said increased visibility and collaboration are key to improving safety.

"We commend partners from the province and city for taking quick action to increase visible presence on our streets this summer," Fenske said.

Greg Burnett, executive director of the Downtown Community Safety Partnership, welcomed the additional support.

"The vision of a safer and healthier downtown gets closer when we have even more caring eyes and ears on its streets," Burnett said.

The funding aligns with the province's Safer Neighbourhoods, Safer Downtowns public safety strategy, which targets both crime and its root causes.

More information is available at gov.mb.ca/justice/pubs/publicsafety_strategy.pdf.

ISD to cover school supplies for 2025-26 school year

By Jennifer McFee

With the current school year wrapping up at the end of the month, the Interlake School Division is looking ahead to a few exciting new initiatives approved in the 2025-26 budget.

One of the initiatives focuses on school ground improvements.

"On a rotational basis, ISD's 13 public schools will receive funds to be used for a grounds improvement project. Potential projects may include sitting or gathering areas, walking paths, playground upgrades, as examples," said Supt. Margaret Ward.

"In the 2025-2026 school year, two ISD schools will receive \$125,000

each. Our intention is that these projects will enhance the experience for students while also benefitting the larger community."

Another upcoming project focuses on student school supplies so parents can take school supply shopping off of their summer to-do list.

"Funds have been allocated for all schools to provide the necessary student school supplies. As a result, families will not be required to send school supplies with their students," Ward said.

"Schools will not be sending home school supply lists. This initiative will standardize our practice across the

school division and will remove the need for families to shop for school supplies. We are excited to help relieve a financial pressure for families at the end of the summer."

The Interlake School Division is projecting a small enrolment decrease for the 2025-26 school year.

In total, 2,517 students are enrolled in the English program, while 448 students are enrolled in the French immersion program.

"The outgoing Class of 2025 is expected to number approximately 230, with the incoming kindergarten class — the future Class of 2038 — only numbering 190," Ward said.

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Summer renewal

Ah... summertime. A time for refreshment and renewal.

In his earthly life and ministry, Jesus frequently took time away from his busy schedule of preaching, teaching, and healing. He took time to be alone with God to reflect, think and pray. In Mark 6:30-44 we read: "And he [Jesus] said to them, 'Come away by yourselves to a desolate place and rest a while.' For many were coming and going, and they had no leisure even to eat" (Mark 6:31). I think those same words could describe very well our own modern lifestyle. We tend to be busy, rushing here and there, and so we meet ourselves coming and going. Frequently, we have "no leisure even to eat," and so we resort to eating on the run. Sound familiar?

For many, the summer months give us the opportunity to "come away to a deserted place... and rest a while." Taking time out to be renewed and refreshed is not just nice, it's necessary for health and well-being. The demands of work, home, and family can at times be too much. It is important to rest and be restored in body, mind, and spirit.

"All work and no play make Johnny a dull boy," so goes the old saying. Actually, it makes Johnny and each one of us not just dull, but irritable, exhausted, unable to focus and enjoy God's gift of life.

In these days of summer vacation and travel, I encourage you to reflect on the words of Jesus in another part of Scripture: "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light" (Matt. 11:28-30). Our Lord Jesus Christ invites us to find our rest in him.

Pastor Trudy Thorarinson
Grace-St. John's Anglican / Lutheran Church



TRIBUNE PHOTO BY HALEY CVAR

Seastian, Liam, Mason, Kohen and Dominic setup a cheerful lemonade stand on Friday, June 13 in Balmoral. The temperature got a high of 24 C, one degree above the average. Help the Tribune record the weather of the week and send in your photos of family or friends enjoying the outdoors. Email: news@stonewallteulontribune.ca

Swedish Midsommar to get people dancing around the maypole

By Patricia Barrett

The Swedish Cultural Association of Manitoba is inviting Interlakers of all ages to join them in Winnipeg for the association's annual midsommar (midsummer) celebration on June 22, which will include decorating a maypole with flowers, a parade and plenty of games.

Midsommar is a traditional Scandinavian tradition that celebrates summer and brings everyone of all ages together for a day of fun and relaxation, said Sonja Lundstrom, president of the cultural association's board.

The day will start with the raising

of the maypole and lively ring dances around it. A parade is set to start at 1 p.m. After the parade, the Scandia Fun dancers and the Young Scandia dancers will perform. People can get into the action with games such as including water-balloon tossing, frying-pan throwing, nail-driving and racing. There will be prizes and a raffle.

There will be hamburgers, chips, drinks and ice cream for purchase on site.

The association will be taking part in Gimli's Icelandic Festival of Manitoba parade on Aug. 4.

The midsommar celebration takes

place on Sunday, June 22 at the Swedish Canadian Home located on 5419 Roblin Blvd. Parking is free. People are encouraged to bring a lawn chair.

Attendees are welcome to arrive at 11:30 a.m. if they want to donate flowers and/or help decorate the maypole.

Contact the Swedish Cultural Assoc of Manitoba at svensklub17@gmail.com for more information about the midsommar celebration or other upcoming events such as a crayfish party on Aug. 28 and a tour of New Iceland on Sept. 13.

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Tickets on sale for the dinner on June 28 - Chicken, potatoes, vegetable salad and desert for \$12.50 - available at the bar

All are welcome - please support your local legion!

Community spirit shines at annual Teulon sale



TRIBUNE PHOTOS BY CORRIE SARGENT

The Teulon Chamber hosted its 14th annual Community Yard Sale with more than 40 yard sales registered on June 7. Clockwise from top left: Noreen Stone and Jan Lambourne sold hot dogs, hamburgers, drinks and chips; Chris Tronrud offered fresh baking, including pies, jams and perogies; Lucy and Maggie Campbell sold freshly made doughnuts and lemonade; while Hudson Reykdal played on the bounceroo.



A Very Special Thank You!



Thank you to all who generously sponsored, volunteered, golfed and provided donations and prizes for the **20th Annual Ralph Eichler Charity Golf Tournament**. Thanks to our hosts at Teulon Golf and Country Club. Net proceeds will benefit the Interlake Community Foundation and South West District Palliative Care.

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Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group
Balmoral Community Hall basement
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Meets every Wednesday 7-8 PM
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Selkirk Red River Al-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
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Teulon AA
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Meets every Tuesday 8-9 PM

Stonewall AA
Parochial Hall
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Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM



Traffic rerouted at Little Mountain Sportsplex for safety reasons

Rosser council news in brief

By Jennifer McFee

Traffic flow is changing for the Little Mountain SportsPlex.

One of the main changes is that Farmer Road will be the only exit after 8 p.m.

Larry Wandowich, chief administrative officer for the RM of Rosser, said the municipality has engaged with extensive discussions with representatives from Little Mountain Sportsplex throughout the process.

"This traffic decision was reached only after extensive back-and-forth discussions," he said.

"Throughout, we have consistently done our best to find common ground, with the ultimate priority being the safety of all users in the area."

Both Farmer Road and Wheatfield Road are arterial roads that are designed to safely and efficiently carry larger volumes of traffic. These roads are both paved and have traffic control signs.

Wandowich said the major safety

issue they're trying to address is that Klompke Road carries traffic to CentrePort Canada Way where it exits out onto a 90-kilometre high-speed uncontrolled intersection at Park Royale. Alternatively, if the traffic goes to Wheatfield Road on Park Royale, the service road is not designed to have large volumes of vehicles queuing at Wheatfield Road.

"Due to the large volume of traffic leaving in short periods after 8 p.m. and the previous noted safety situations, we have started to try and change patterns," he said.

Traffic leaving the Little Mountain Sportsplex site after 8 p.m. through the north exit gate should go straight down Farmer Road to Route 90.

Road work is currently underway on Wheatfield Road from Park Royale Way to Farmer Road. The project started at the end of May and is expected to take about 10 weeks, depending on the weather. After Wheatfield Road construction is complete this summer, anyone who would like to go to CentrePort Way could then take Farmer Road east and turn south onto Wheatfield Road to get to CentrePort Way.

The recent change in traffic flow to Little Mountain SportsPlex, combined

with the recent dry conditions, has resulted in increased traffic and dust levels on the stretch of Farmer Road near the facility. The property owner submitted a request for dust control for 2025 for an 860-metre stretch of Farmer Road from the north gate exit to the corner of Klompke Road. Council defeated the request.

On June 9, Little Mountain Sportsplex and the RM of Rosser shared the cost for dust control application on Farmer Road at the intersection with Klompke Road.

In addition, the RM changed the intersection to a four-way stop with no right turn onto Klompke Road in the evening. Enhanced speed limit signs are also in place to ensure drivers know it's a 50-kilometre-per-hour zone.

IN OTHER COUNCIL NEWS:

- Council approved the purchase of a 2024 Case IH 45C tractor with mower and snowblower attachments for \$90,000 plus tax from Leo's Sales and Service for the public works department. The funds will come from the machinery and equipment replacement reserve.

- The public works department has been looking into asphalt paving of the shoulders on Davis Way and the intersection with MountainView. Council accepted a \$54,400 quote for shoulder paving and \$28,850 for the MountainView intersection, both from Bayview Construction. Council gave second and third readings to a bylaw to regulate the water distribution system in the municipality.

- Council deferred first reading of a bylaw to set indemnities, compensation rates and expenses.

- The municipal services manager and a member of the local emergency response control group were authorized to attend a June 17 conference hosted by the Manitoba Association of Municipal Emergency Coordinators in Winnipeg.

- The City of Winnipeg has started construction work the week of June 8 on Mollard Road from King Edward Street to Pipeline Road. Work includes resurfacing King Edward Street to the railway crossing and rebuilding the road structure from the train tracks to Pipeline Road. Construction is expected to take about 17 weeks, depending on the weather.

Joint police operation seizes 30 guns and \$60K in drugs in Manitoba crackdown

Staff

A joint police investigation has led to the seizure of 30 firearms and \$60,000 worth of drugs, and the arrest of five individuals in connection with a cocaine and firearms trafficking network operating across Manitoba.

Dubbed Project Quarry, the Winnipeg Police Service and RCMP-led operation began in November 2024 and culminated with the execution of search warrants in Winnipeg, Stonewall and the RM of Rockwood between March 17 and 19, 2025.

Officers with the WPS Tactical Support Team and RCMP Emergency Response Team searched multiple homes and vehicles, seizing a cache of handguns, rifles, shotguns and ammunition. Some of the weapons were stolen, while others had been smuggled into Canada. Police also confiscated illegal firearm accessories, including silencers and devices capable of converting guns to fire automatically.

In addition to the weapons, police recovered about \$60,000 worth of cocaine and hydromorphone — an opioid — as well as \$1,500 in cash and drug trafficking materials.

Five people were arrested and face a total of 53 charges related to firearms and drug trafficking:

- Brian Michael Gladue, 36, of Stonewall
- Cory Hopcraft, 47, of Stonewall
- Chad Line, 48, of Rockwood
- Crystal Leona Strojec, 46, of Winnipeg
- Michelle Precious Grozelle, 23, of Winnipeg

All five were detained in custody.

The investigation was supported by the Canada Border Services Agency, Manitoba Justice and the Manitoba Criminal Intelligence Centre.

Police say the investigation is ongoing. Anyone with information about illegal drugs or firearms is asked to

contact the Winnipeg Police Drug Enforcement Unit at 204-986-7003, Stonewall RCMP at 204-467-5015, or leave an anonymous tip through Crime Stoppers at 204-786-TIPS or winnipegcrimestoppers.org.

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Patient and health-care staff connections stand out for medical students in Teulon

University of Manitoba's Rural Week allows future physicians to experience rural life

By Patricia Barrett

First-year medical students from the University of Manitoba's Max Rady College of Medicine spent a week in Teulon to get a firsthand look at how medicine is practised in the rural community, learn about rural living and make connections with local residents.

Athena Koodoo, who was born and raised in Winnipeg, said Rural Week was a really good way for her to gain personal perspective on what rural medicine entails and what a rural lifestyle looks like.

The Teulon Healthcare Foundation played community host to Koodoo and fellow medical student, Vidhi Arya, who spent most of their week at the Teulon Medical Clinic a family practice, primary-care clinic whose staff include physicians, a physician assistant, nurse practitioners and registered nurses.

For the most part, they shadowed health-care staff in the clinic as they treated patients, but they also got to speak with patients on their own — people presenting with respiratory ailments — do a physical exam and provide health-care staff with a preliminary diagnosis, said Koodoo. They also spent time in the Hunter Memorial Hospital which is attached to the clinic, and the personal care home. First-year medicine is focused more on physiology while second-year study focuses on specific illnesses.

What stood out Koodoo was the interpersonal nature of rural practice in which physicians and other health-care staff had a deeper insight in to their patients and a closer connection to generations of rural residents that health-care providers aren't normally able to acquire if they work in large centres with hundreds of patients.

"We spent a lot of time observing doctor-patient interactions and health-care provider-patient interactions. And something that was really

memorable about that was how well all the health-care providers knew their patients. I and my fellow student have a very distinctive memory of a mom and her child who was seen by the doctor, who was also caring for older generations of their family. I think there was something so cool about that as it isn't seen in the city so much. Both of us were impacted by that," said Koodoo. "There's such a unique opportunity in the rural area to form a special relationship with a patient because you know a little bit more about their life story than you would otherwise."

The university's Rural Week program is designed to give first-year medical students insight into rural medicine, gets some one-on-one practice with patients and get to know members of the communities that host them. The program is coordinated by the university, provincial Shared Health and the regional health authorities. Various communities volunteer host the students.

With declining numbers of physicians practising in rural Manitoba, showcasing rural communities and rural medicine might help with recruitment efforts.

The Teulon Healthcare Foundation, a volunteer organization that fundraises to offset shortfalls in local health-care funding and enhance services in the town and surrounding areas, took care of the students, providing them with shelter, activities and tours. The foundation partners with the clinic, the Overby Bison Ranch and a local Hutterite colony to give students a glimpse of a rural lifestyle.

Foundation board member Lorraine Campbell said they enjoyed hosting Koodoo and Arya, and look forward every year to hosting medical students.

"The students did, once again, have a great time and it was a wonderful experience hosting them and sharing a bit of our community and its people with them," said Campbell. "The Teulon Healthcare Foundation, along with Dr. Loudon and his clinic staff, are eager every year to host Rural Week for first year medical students."

Another aspect of their stay that stood out for Koodoo was the number of complementary health-care services available in Teulon.

After clinic wrapped up, members of the Teulon Healthcare Foundation took the students on tours of the town and outlying areas where they



TRIBUNE PHOTO COURTESY OF TEULON HEALTHCARE FOUNDATION

From left: Lorraine Campbell (Teulon Healthcare Foundation), Alain Clark, Dr. Jennifer Setlack (2025 medical student graduate), Athena Koodoo (UM medical student), Vidhi Arya (UM medical student), Anna Pazdzierski (Foundation), Rilda VanHussen (Foundation) and Jill Young (Foundation). Owners of the Overby Bison Ranch gave the medical students a taste of rural living and agricultural practice.

got an authentic agricultural experience. Koodoo said she thought there wouldn't be much to do in the rural area.

"They were quite incredible in Teulon with the number of activities they had planned for us after 4 p.m. They had activities for us every evening; we saw a different aspect of the community and got to experience what it was like. It was really cool. It surprised me, coming from the city and going to a small town and thinking there's not much to do," she said. "On the first night we went to a bison farm and got to get up close to the animals. The farmers drove us right into the field. Afterwards we sat on their porch, had a meal and chatted with them for a few hours. It was lovely."

They also visited a Hutterite colony where the residents took them on a tour and were very "friendly and open," went kayaking, did arts and crafts, gazed at the stars and toured the town.

There was discussion of some of the disparities in health-care resources and services in rural areas and the fact that Teulon's hospital lost its emergency room because it didn't have enough physicians to staff it, she said. Rural Week did a "very good job" of emphasizing the importance of providing medical services in rural Manitoba. However, she saw a variety of complementary health-care services

in town.

"We had a tour of the town itself, which I think was the most impactful day because we got to see all the complementary health-care services that are available there such as a massage therapist, a foot-care specialist, a reflexologist, the personal care home, a senior living centre, an addictions counsellor at the high school and public health," she said. "All of them emphasized the need for communication and connection between physicians and nurses and their services and how we all have the same goal for our patients. It was eye-opening to see all the resources available to you and your patients."

Koodoo said she was attracted to medicine for a number of reasons, including having a lot of health-care providers in her family and having grown up in a milieu of caring for others. What made her most determined to enter medicine was seeing recent politically driven health-care changes in the United States and realizing how "powerful education is" and how it can be harnessed to encourage people to learn and advocate for themselves within the realm of health care.

After four years of medical school, medical graduates can move on to postgraduate education in which they can specialize in family medicine or

Continued on page 11

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Stonewall cemetery master project continues



By Jennifer McFee

Work continues in an effort to update and expand Stonewall's cemetery to improve accessibility and create more contemplative spaces, all while keeping the site's significant history in mind.

The town has developed a master plan for the cemetery, and the public had the chance to provide feedback on several options.

"The design reinforces the historic layout of the Stonewall cemetery, expanding on the existing roadway infrastructure, key site lines and pathways to lead visitors to different zones while maximizing parking spaces along the main roadways for ease of accessibility," states the master plan.

The columbaria are one focus of the project, and the first phase involves creating a contemplative semi-private space enclosed with trees and plants. The second phase will include an extension of the columbaria on the north

side of the property.

Another special feature is a memorial area for veterans that includes seats, plants and a memorial statue. An Indigenous memorial grove will be a sacred space for ceremonies and sacred fires near an area with unmarked graves.

"Cemeteries are treasured community places full of history and emotion," states the master plan. "They are often places where we visit our ancestors and remember our roots."

The storage and maintenance yard will be relocated to an enclosed area to store equipment and other materials.

The design also includes up to 1,753 additional individual burial plots and 704 new columbarium niches.

Existing roadways will be expanded and new roadways will be wide enough to accommodate two-way traffic and parallel parking. Traffic signs and cemetery zone signs, along



TRIBUNE PHOTOS BY LANA MEIER

Brick layers from Lawn and Order Custom Landscapes and Ditchfield Soils Landscape Supply Company work on Phase 1 of the columbaria at the Stonewall Cemetery last week.

with a digital map, will help visitors navigate the site. Near the current maintenance structure, visitors will be able to scan a QR code to access an interactive map to help them find their destination.

The proposed plants and trees will also add to the ambiance. Elm trees will line the main roadways, while the north property will be lined with spruce trees. Linden trees on the west will act as a barrier from traffic on Patterson Drive. Sugar maples around the columbaria will brighten the area with red leaves in the fall. In the Indigenous memorial grove, medicinal plants and trees will surround the area combined with existing mature

trees on the eastern edge.

The total budget for the project is about \$1 million, but the town is looking for ways to lower costs.

"It is great to see progress on the plan for the cemetery," said Brett Chatfield, parks and arena manager.

"I appreciate the investment the council has approved to begin the work toward the vision in the master plan and excited to see the results of that investment over the next few years."

The master plan is posted on the Town of Stonewall website at www.stonewall.ca.

> RURAL WEEK, FROM PG. 10

other areas.

Koodoo said that after her experience in Teulon, she'd consider working as a physician in a rural community.

"I would definitely consider rural practice. I was coming into this imagining I'd want to do family medicine. This has encouraged me a little more towards rural family medicine," she said. "There is truly something so special about an actual person-to-person relationship between patient and physician that goes beyond just providing health care. There's something refreshing about hearing the causal conversations that were going on, the checking in with how patients' kids were. I feel that I haven't really seen that in the city. And that's

very important to me. It brings back the humanity into a field that can be very sterile."

Teulon is part of the Interlake-Eastern Regional Health Authority. Dr. Scott Gregoire, the health authority's regional lead of medical services and chief medical officer, said the local communities who host medical students are invaluable to showcasing medicine in the rural area.

"Rural Week would not be possible without community volunteers, local physicians and health-care staff," said Dr. Gregoire. "Their ability to showcase rural lifestyle and practice with opportunities to experience both in positive ways is key to making this week a memorable one for students."



TRIBUNE PHOTO COURTESY OF ATHENA KOODOO

Athena and Vidhi, first-year University of Manitoba medical students taking part in Rural Week, were taken on a tour of a bison ranch near Teulon. The women spent a week at the end of May learning about rural medicine and some of the charms of rural life. The Teulon Healthcare Foundation played host to the students.

Are We Dating The Same Guy Manitoba creator releases tell-all e-book on pitfalls of online dating

By Patricia Barrett

When it comes to potential romance, there can be something unsettling about digitally mediated dating websites and the power wielded by some users to convince people to let down their guard and push critical thinking to the wayside.

But groups of women dedicated to supporting and empowering other women who are using or have used online dating sites have sprung up across North America and beyond, including in Manitoba.

And if you're thinking of trying online dating — or you've already been there and are wondering how to do a quick fact-check of your partner or potential partner — you might want to consider taking a how-to crash course via a new e-book launched by Brittany Isfeld, who created the online women-only group Are We Dating the Same Guy Manitoba.

Isfeld, a social media influencer with 47,000 followers on TikTok and actress who's appeared in films and series such as *Nobody 2*, *Wintertide*, *Almost Unsolved*, *In Plain Sight* and *Cruise Ship Killers*, shares some personal heartbreak after navigating the tricky, unfiltered world of trying to find a partner using 21st-century technology, as well as the reason why she was compelled to create a supportive women-only forum, which is modelled on the first Same Guy group in New York City.

Isfeld lays out the dark side and the light side of online dating in her easy-to-read and engaging e-book or "survival guide" that's titled *Are We Dating the Same Guy: the Guide to Red Flags, Sisterhood and Taking Your Power Back!*

The e-book features true-life stories of anonymized women who are or were members of the Manitoba group, warning signs of potentially bad dates and the rise of a sisterhood dedicated to busting the baddies on online dating sites in order to keep other women safe.

The intersection of human attraction and modern technology definitely has a downside, said Isfeld, who lives in the RM of Gimli. It's easy to just "jump behind a screen" and say whatever you want.

"Unfortunately, in the modern day of online dating anyone can be whoever they want to be. And it's hard to navigate. The world is your oyster when you're sitting behind a computer screen; it's very easy to fool people in to believing that they are who you want them to be. But stepping out from behind that screen can reveal someone a lot different from what they've portrayed online," said Isfeld, who juggles a busy schedule overseeing the Same Guy Manitoba group and a full-time job.

"Giving women a resource where they can call a guy out in the first stages of dating — is this even the person they're claiming to be? — I think makes it a lot easier for women and gives women a little more confidence. It also provides an extra layer of safety: women have posted that a particular guy has had criminal charges for something terrible. It's a scary world for women to live in these days. A woman can get into the wrong car and that's the last you hear of her."

Some of the most common incidents women will experience "right off the hop" on dating sites are "demands" or directions from men, seeing unwanted sexually explicit images and encouraging women to share sexualized or sexually explicit images of themselves.

"I can't tell you how many times a woman can open a new message and see a picture they really

were better off not seeing. Online dating gives people a platform to do whatever they want," said Isfeld. "And there's a lot of aggression out there, including demands for women to meet a guy in a certain place and so on. That makes it icky. And it also puts a whole different spin on learning who someone is and seeing how people can act. If you're going to do these things to a complete stranger online, what are you going to do in person?"

Created in 2023, Isfeld's Are We Dating the Same Guy Manitoba group has attracted over 24,300 members across the province.

Isfeld said her group is by no means a "male-bashing" forum as she knows it's "not just men" who play the field and can have several people on the go at once. Her group is focused on being a resource for women. It's about sleuthing and sharing information that women need to make sound decisions about who a man might be. And there are also "good" stories shared by women who've found the real deal.

The e-book reflects that ethos, providing women with an idea of what they can expect in online dating and how it operates so that they're prepared for what could happen and learn to practise self-safety.

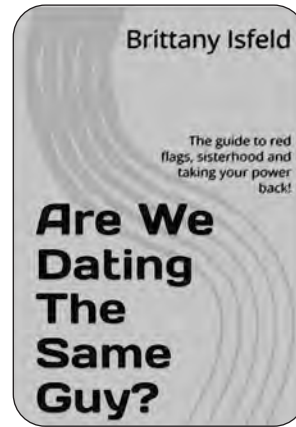
"My Same Guy Manitoba group is not about hating men; there are men who get posted in my group with no bad things said about them, only good things such as that they're in relationships and are engaged to be married," said Isfeld. "This is a space for women to get together and find out if their partner is being faithful. Sometimes the spinoffs are friendships with the mistress!"

Despite some of the relatively happier outcomes realized through her online group, Isfeld said there are a few things that really stand out for her. One example is a woman who said she was subjected to abuse from her partner for over a decade and had been cut off from her friends and family. Shortly after Isfeld started her online forum, the woman thanked the group for creating a space in which she was able to discover that her partner was involved with several other women.

"He got posted in the group with multiple women saying, 'I just saw him' or 'I have been dating him.' He had multiple women on the go," said Isfeld. "This opened her eyes. So she thanked us and left the relationship. We're literally helping women leave unsafe or unhealthy relationships."

Another outstanding incident was a post from a woman who told the group she planned to meet a particular guy in person, and one of the group's members posted evidence showing him having been charged with trying to arrange a hit on his ex, said Isfeld. By pre-checking a potential date using the forum, the woman was able to make a decision about personal risk.

Isfeld said she and her team of about 10 administrative volunteers spend "countless" hours monitoring the group to ensure women are adhering to the Same Guy Manitoba rules. Those rules include not jeopardizing the safety of other women — or



TRIBUNE PHOTO COURTESY OF BRITTANY ISFELD
Brittany Isfeld launched an e-book titled *Are We Dating the Same Guy: the Guide to Red Flags, Sisterhood and Taking Your Power Back!* on April 30. The book is a survival guide for women taking part in the unfiltered and unpredictable world of online dating.

themselves — who are sharing stories of their experiences, not publishing false statements (libel) about the men they're discussing, not posting last names, addresses, phone numbers of men, not bullying other women and not taking screenshots of conversations or other content from the group and sharing it externally.

The admins are "constantly" monitoring activity or identifying fake accounts that can compromise the integrity and safety of the group.

"My admins are dedicated to keeping women safe, and the safety of women is my first priority," said Isfeld, who shoulders the financial costs (e.g., Internet, electricity) of running the site in addition to carrying out admin duties. "We constantly monitor the group and investigate what we think could be fake profiles. If they're fake, we delete them. It's a huge job for us as admins because we don't take this lightly."

Isfeld said she plans to use some of the proceeds from her e-book to pay her admin team because they're devoting hours of unpaid time to the Same Guy Manitoba group.

The *Are We Dating the Same Guy: the Guide to Red Flags, Sisterhood and Taking Your Power Back!* e-book can be ordered through Amazon, Kindle Direct Publishing or by visiting Isfeld's Facebook page, Brittany Jade, and clicking on a link, or visiting @brittskibear on TikTok.

Isfeld said she has plans to release a print version of the e-book that will likely include a workbook or quiz section. People have already been asking her for print. Stay tuned for a book launch date.

letter to the editor

Letters to the Editor:
news@stonewallteulontribune.ca



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ken Power, president of the Royal Canadian Legion Branch 52 in Stonewall, stands with the damaged Canadian and Manitoba flags that were removed from the legion's flagpoles and left on the street over the weekend.

Desecrating our flags disrespects all who served

To those responsible for removing the Canadian and Manitoba flags from the flagpoles in front of the Royal Canadian Legion Branch 52 in Stonewall late Friday night or early Saturday morning — and for attempting to burn them before leaving them discarded like rags in the street — I want you to know the hurt and disappointment you've caused.

As a veteran and president of Branch 52, I speak not only for myself but for all those who have served this country. Seeing our national and provincial flags treated with such disrespect is deeply painful. These flags

represent the sacrifices of generations who fought for the freedoms we enjoy today.

While flag desecration itself is not a criminal offence in Canada, your actions may still be subject to charges of theft, mischief or trespassing — especially given that the flags were taken from legion property and deliberately damaged. We trust that law enforcement is treating this matter with the seriousness it deserves.

I hope, in time, you come to understand the weight of what you've done.

Ken Power, president
Royal Canadian Legion Branch 52

A photograph showing a person's hands raised in the air, forming a heart shape. In the foreground, a smartphone is held up, displaying a bright light. The background is filled with out-of-focus bright lights, suggesting a night-time event or festival.

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DETAILS AT SOUTHBEACHCASINO.CA

Midges, maggots and front-end loaders add to the fun in Lake Manitoba communities

Oak Point a midge-magnet this year

By Patricia Barrett

It's usually massive floods, cottage-lifting projects and outhouse-burnings that keep residents and cottagers in Lake Manitoba communities along the south basin occupied. But this year, it's midges.

And it was like a scene out of the Bible — but without the wrath and destruction behind it — when millions of non-biting midges made some communities their temporary stomping ground over the past few weeks.

Non-biting midges are the doppelgangers of mosquitoes, but they don't have elongated piercing proboscis. Lucky for us.

The mighty midge spectacle occurs every few years or so on Lake Manitoba, and can easily outdo the show that fish flies (or burrowing mayflies) put on for residents on Lake Winnipeg.

This year's midge phenomenon had some Oak Point residents firing up a small front-end loader to clear ankle-high piles of sludgy midges from the road.

"I've lived at the beach for 31 years and I do not ever recall them this bad. We have had some doozies, but not like



TRIBUNE PHOTOS BY DEREK JOHNSON

It took a front-end loader to clear away millions of midges in Oak Point.

this," said Derek Johnson, who's accustomed to dealing with some pretty big messes in his job as Interlake-Gimli MLA. "They've piled up under the street light to the point where I've had to spread them around to prevent the maggots from setting in."

The terns, the swallows, the red-winged blackbirds and countless other lakeside aviators love the midges. The frogs love them. The fish love them. But maggots? Apparently so.

Johnson shared a do-not-eat-while-you-watch-this video of pearly white squirming maggots or "regular fly larvae" gorging themselves on midges past their best before date. You could see the maggots turning over themselves as they mouth-hooked their way through foot-deep heaps of midges. If you don't want to think about what happens to bodies committed to the earth, un-know the preceding



Ankle-deep piles of midges.



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BIG DOLLAR



A still from a video Johnson took shows clouds of midges over a backroad.

Stonewall seeks public input on kiln site redevelopment plan

By Jennifer McFee

The Town of Stonewall is seeking the community's feedback on the town's project to redevelop the historic kilns site with a focus on creating more usable public space.

Over the last several years, the Save the Kilns committee raised funds to cover the costs of disassembling and reconstructing the southern kiln. However, due to the rising costs of reconstruction, the town has decided to demolish the two northern kilns.

Now the town has been working with Scatcliff + Miller + Murray to create a conceptual vision for a gathering space that acknowledges Stonewall's past while looking ahead to the future. The proposed design includes the rebuilt southern kiln while also rebuilding the northern kilns in a new way, with steel and wood-framed structures to represent the local landmarks.

There would also be an amphitheatre, accessible path, seating areas made from reused limestone, green spaces with native vegetation and a pathway that would allow visitors to take a stroll through Stonewall's history.

A survey will be open until June 20 on the town's website at www.stonewall.ca. Paper copies are also available at the town office.

IN OTHER COUNCIL NEWS:

- Share your input into the Town of Stonewall plan for an Aging in Place Campus to support the community's evolving needs. The

Stonewall's Quarry Park has been the caretaker and curator of the town's rich quarry history since 1985. For 40 years the centre piece of the Park has been the three draw kilns standing tall on a hilly outcrop overlooking the north end of Main Street.

Over a century of exposure to the elements, weather and time have deteriorated the stone and mortar of the kilns, making them unsafe for the public to enjoy up close, as they once did. In an effort to save these

historic relics of Stonewall's past, Quarry Park together with the Save the Kilns committee have worked hard to fight for the kilns' reconstruction. In 2023 / 2024 their efforts paid off by succeeding in raising the funds to disassemble and reconstruct the southernmost kiln.

While completing this critical undertaking, the Town of Stonewall and Quarry Park engaged Scatcliff + Miller + Murray (SMM) to create a conceptual design that created usable public space around the kilns.

In 2025, the Town made the decision to demolish the northern kilns due to the escalating costs of reconstruction.

In response to this direction, SMM created a conceptual design that focuses on place-making including features for gathering and celebration while acknowledging Stonewall's past, present and bright future.



TRIBUNE PHOTO SUBMITTED

The Town of Stonewall is inviting public feedback on a conceptual plan to redevelop the historic kilns site into a public gathering space featuring green areas, pathways and reconstructed kiln structures.

plan will help to guide decisions about the next steps in the project. An open house event will take place on Monday, June 23 between 6 and 8 p.m. at the Access Auditorium at the Heritage Arts Centre. There will be no formal presentation at this come-and-go event. A survey will also be open from June 24 to July 14 on the Town of Stonewall's website at www.stonewall.ca.

Continued on page 23



UPDATE

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VISION AND UPDATE



We want to hear from you!

The Town is creating a vision and plan for its Aging in Place campus to meet the needs of area residents. This plan will guide decisions about the next steps to move this important project forward.

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Teulon students take a ride back in time on Prairie Dog train

By Annaliese Meier

It was full steam ahead for a group of young students from Teulon Elementary last Friday as they stepped aboard a vintage locomotive for a ride on the Prairie Dog Central Railway.

The Grade 1/2 classes travelled to Rosser for the special field trip, where they boarded the Prairie Dog train for a sunny day of adventure, learning and fun.

“It was a hot and sunny day and everyone had a great time,” said teacher Lindsey Jack.

Their destination was Grosse Isle, where students ate lunch, enjoyed freezies, played at Grandpa Jim’s Playground and explored the Grosse Isle Heritage Site with a short guided tour. But the biggest thrill, according to Jack, was simply the experience of riding a real, historic train.

The Prairie Dog Central Railway is one of the oldest regularly scheduled vintage trains in North America. Operated by the non-profit Vintage



Locomotive Society Inc., the railway offers excursions departing from Inkster Junction in Winnipeg and travelling to Grosse Isle.

The train features fully restored early-1900s passenger coaches pulled by



TRIBUNE PHOTOS BY LINDSEY JACK

Teulon Elementary Grade 1/2 students enjoy the ride aboard the Prairie Dog Central Railway during a sunny field trip to Grosse Isle on May 30. The vintage train experience gave students a glimpse into early 20th-century travel and rural Manitoba history.

either a 1900 steam locomotive or a 1958 diesel engine, giving passengers a chance to experience a bygone era of travel.

While the train ride was a highlight, the field trip also gave students

a chance to learn about Manitoba’s rural history through the heritage buildings and community volunteers at Grosse Isle.

For the young students, the field trip

Continued on page 17



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> TRAIN, FROM PG. 16

was more than just a ride — it was a chance to learn about local history,

enjoy the outdoors, and make lasting memories with classmates on a truly unique journey.



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your FARM



More than a fad: Manitoba farmer growing herd of Highland cattle

By Becca Myskiw

For Fran Wilkinson, Highland cattle aren't a novelty — they're the backbone of a growing operation rooted in tradition, sustainability and a love of the land.

Originally from Wales, Wilkinson grew up surrounded by the shaggy, horned breed on moorlands and hills. When she moved to Canada, her boyfriend — then training horses — expressed an interest in raising cattle. For his 30th birthday, she bought him a few Highland cows.

Seven years later, the couple has grown their herd to 40 animals at their farm near Teulon, with Wilkinson now caring for them full-time alongside her boyfriend and her 13-year-old daughter Gracey.

"Even when this fad goes away, we will never not have Highlands," she said. "You're working your butt off and with farming. It's overwhelming sometimes ... but at the end of the day, when you go on your side-by-side, it's a beautiful evening, the sun's going down, and you look at your cattle, you're like, 'Oh, this is what I'm doing this for.'"

Highlands are believed to be the world's oldest cattle breed, dating back to the sixth century. Known for their long horns and shaggy coats,



PHOTOS SUBMITTED

Clarke Childs, left, and Fran Wilkinson co-own Bullrush Highland Acres, where they raise Highland cattle and other animals.

they have a lifespan of up to 20 years — longer than the average beef cow — and are well-regarded for their lean marbled meat, which is lower in cholesterol and higher in iron. Queen Elizabeth II reportedly ate only Highland beef and kept her own herd.

Wilkinson raises her Highlands as she would any beef herd — grazing in summer, hay-fed in winter — but the breed offers additional benefits. They feed on marshes, shrubs and trees, using their horns to rip branches and knock back brush in dense areas, making them land-friendly grazers.

While Highland calves take longer to wean — about a year more than typical beef cattle — they eat about a third less due to their smaller size and slower growth rate, making them economically viable for small farms.

The breed is also known for its docile temperament. Wilkinson and her family know each cow by personality, and the animals return the favour.

"They're very smart," she said. "If we have to work with them, I have to prepare a couple of days in advance to make sure they're hungrier so I can

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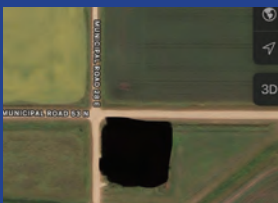
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JUNE 19 OFFSITE DAY 2 BIDDING STARTS: JUNE 19TH AT 9AM LOTS START CLOSING ON JUN 26, 2025 AT 10:00AM

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Continued on page 19

Your FARM



> HIGHLAND CATTLE, FROM PG. 18

motivate them with food.”

The demand for Highland cattle rose sharply during the pandemic. With people spending more time at home, Wilkinson suspects hobby farmers sought animals they could bond with. While some bought Highlands as pets, others now seek them for meat or breeding, giving farmers like Wilkinson more opportunities.

“The breed’s been pushed to the bottom and they’re finally coming back up,” she said.

Wilkinson also appreciates how well Highland cows protect their young. In seven years, her farm hasn’t lost a single calf to predators — a stark contrast to a nearby commercial beef farm that has lost several.

Each Highland cow will protect all calves

in the herd, not just their own, she said.

“All these people buying them for pets are realizing they’re more than that,” said Wilkinson. “They’re functional. They’re tough. They’re smart. They’re amazing mothers.”

All of Wilkinson’s Highlands are registered purebreds, but the farm has kept a few unregistered cows they were too fond of to sell. Their calves are raised and sold at a lower cost. Last year, the family also purchased six Shorthorns and plans to grow that herd while experimenting with cross-breeding.

The farm, Bullrush Highland Acres, is also home to free-range chickens, ducks, cats, seven dogs, a few pigs — and even emus.



Bullrush Highland Acres near Teulon is home to a growing herd of 40 Highland cattle, known for their long horns, gentle temperament and lean beef.

Mill rate decreases for Rosser residents

By Jennifer McFee

Rosser residents will see a mill rate decrease of 4.8 per cent for 2025, coupled with an assessment increase of 14.9 per cent.

Over the past five years, the mill rate has decreased by 14 per cent in the RM of Rosser.

Council approved a balanced budget with more than \$40.3 million for capital and operating expenses.

For 2025, utility capital projects include a force-main for CentrePort (\$19.6 million), lift station monitoring (\$30,000) and a hydrant maintenance program.

“The CentrePort utility is planning to complete a force-main project budgeted to cost \$19.6 million in 2025,” said chief financial officer Don Dowle.

“We’ve been working for several years to add additional sewer capacity in that industrial area. We’ve worked with the RM of Headingley to allow us to run sewer from CentrePort down to the Headingley wastewater treatment plant, so that’s a bit of a unique inter-municipal cooperative effort that we made.”

That force-main and lift station will facilitate additional treatment capacity for the industrial area via a cooperative agreement with the RM of Headingley. A portion of the budgeted expenses will also go towards upgrading the existing wastewater treatment plant in Headingley to allow for the additional capacity.

“We have received funding from both the province and developers to pay for this project so that there is no need to borrow to fund the work,” Dowle said. “It is a big project, but it’s something we’ve been planning for the last five years. We’re hoping to get started this summer.”

The utility rate for Grosse Isle will be \$6.89 per square metre plus \$39.64 quarterly. A rate application has been submitted to the Public Utilities

Board for 2025-27. For the CentrePort utility, the rate is \$7.25 per square metre plus \$39 quarterly.

The bulk of the \$6.9-million operating fund goes towards transportation and public works (40%), general government administration (27%) and planning and economic development (21%). Other funds will go towards protective services (8%), recreation and culture (3%) and solid waste public health (1%).

The 2025 budget includes increases of 7.8 per cent for general and administrative funding (\$1.83 million), 6.9 per cent increase for economic development (\$1.44 million), 9 per cent increase in dedicated reserve levies (\$740,000), 15.9 per cent for the Grosse Isle utility budget (\$444,000) and 7.9 per cent for all services.

At the same time, it includes decreases of 13.8 per cent for protective services (\$583,000), 6.8 per cent for transportation (\$2.78 million), 10 per cent for recreation and culture (\$184,000).

Administrative projects include finishes for the CentrePort building (\$75,000), the CentrePort satellite office (\$90,000), the strategic plan (\$51,500), growth studies (\$150,000), City of Winnipeg sewer interceptor (\$887,000) and asphalt and flagpoles for the office parking lot (\$20,000).

Transportation projects include drainage work for BrookPort and the Mallard drain (\$900,000), Wheatfield Road reconstruction (\$1.89 million), Dorsey Road dust control pilot project (\$30,000), drainage maintenance (\$95,000) and general road maintenance (\$35,000).

Transportation services operating costs include the annual gravel program (\$588,000 for materials), drainage improvement studies (\$746,000), equipment replacement (\$217,000), dust control (\$125,000) and road improvements (\$1.96 million).

Protective services expenses include replacing a three-quarter-ton truck with a one-ton truck and

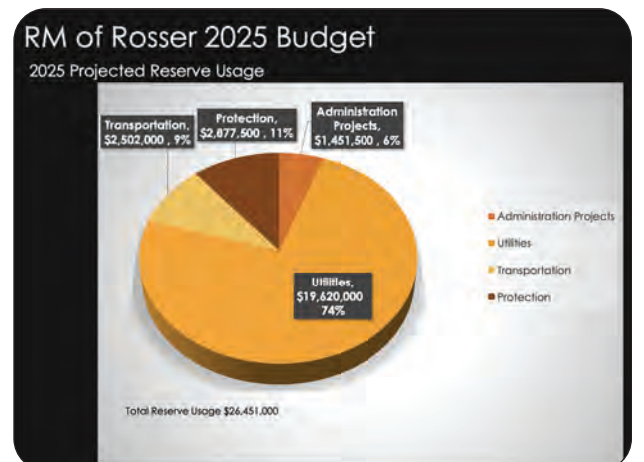
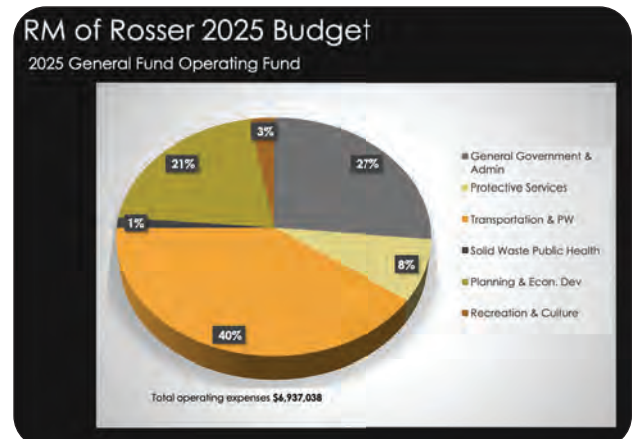


PHOTO SUBMITTED

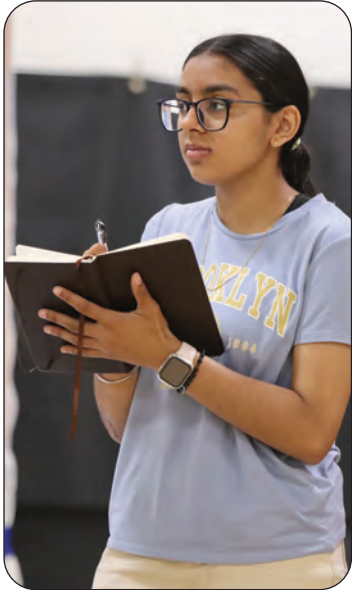
Rosser council approved a balanced budget with more than \$40.3 million for capital and operating expenses.

adding a wildfire skid unit (\$82,500), turnout gear (\$55,000) and an aerial ladder truck (\$2.75 million).

Recreation and cultural services expenses include \$100,000 in support to community centres, \$45,000 towards the Grosse Isle pathway and \$50,000 for the community support program.

Taxes are due Monday, Sept. 29, and annual notices will be mailed out in July.

Drama students wow crowd with murder mystery performance



Students from Stony Mountain School's Grade 7 and 8 drama class performed *Murder on the 518* on June 4, bringing mystery and humour to the stage for a packed audience of friends and family.

By Lana Meier

Twenty-four students from Stony Mountain School's Grade 7 and 8 drama class took to the stage on June 4 to present *Murder on the 518* by Michelle Giles. The suspense-filled performance was staged for friends and family, showcasing weeks of rehears-

al and teamwork. Set aboard a train stranded by a rockslide, the murder mystery featured a colourful cast of characters — including newlyweds, a movie star, a CEO and a professor — who must solve a double poisoning before the killer escapes.



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> MEAL IDEAS



Servings: 8
 Grape Salsa:
 4 cups red or black Grapes from California
 3/4 medium white onion, peeled and cut into 1/4-inch-thick slices
 1 medium jalapeno pepper, halved, stemmed and seeded
 1/3 cup lightly packed cilantro leaves
 1 1/2 tablespoons lime juice
 1 clove garlic, minced
 Burgers:
 2/3 cup cooked black or green lentils
 2/3 cup cooked brown rice
 1/2 cup walnut pieces
 1/2 cup chopped onion
 1/3 cup dry breadcrumbs
 3 tablespoons lime juice
 1 tablespoon chili powder
 1/2 teaspoon ground cumin
 2 cans (15 ounces each) black beans, rinsed, drained and patted dry
 2 eggs
 olive oil cooking spray
 8 wheat burger buns, toasted
 lettuce leaves (optional)
 2 ripe avocados, peeled, pitted and

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Southwest Black Bean-Lentil Burgers with Charred Grape Salsa

sliced

To prepare salsa: In grill basket over medium-high heat, grill grapes, onion and jalapeno pepper 10 minutes until lightly charred, stirring occasionally. Let cool then place in food processor with cilantro, lime juice and garlic. Process until finely chopped.

To prepare burgers: In food processor, pulse lentils, rice, walnuts, onion, breadcrumbs, lime juice, chili powder, cumin, beans and eggs until coarsely chopped with some small pieces still visible, scraping down sides and moving mixture from bottom of bowl to top to blend evenly.

Using wet or lightly oiled hands, shape into eight patties. If mixture is too soft, freeze briefly to firm. Coat on both sides with olive oil spray and, in two skillet over medium heat, cook 10 minutes, turning occasionally and coating with additional olive oil spray. Burgers should be browned and cooked through.

Place lettuce on bun bottoms and top with burgers, avocado slices, grape salsa and top buns.



Dill Pickle Marinated Grapes and Cheese

to 24 hours, to marinate, stirring occasionally.

Remove from refrigerator and let sit at room temperature 1 hour, or until olive oil has softened. Stir again then thread grapes and cheese onto decorative toothpicks or small skewers. Garnish with fresh dill leaves, if desired, and serve.

Servings: 8
 3 cups whole Grapes from California
 1 1/4 cups dill pickle juice
 3 tablespoons minced red onion
 1 1/2 tablespoons extra-virgin olive oil
 1 package (6-8 ounces) dill Havarti cheese, cut into bite-size cubes
 1 pinch crushed red pepper
 toothpicks or small skewers
 fresh dill leaves, for garnish (optional)
 In medium bowl, combine grapes, pickle juice, onion, olive oil, Havarti cheese and red pepper. Stir well then cover and refrigerate overnight, or up



Ask the money lady

Dear Money Lady,
 Do you think we're going into a recession? Roy L.

Hello Roy, Yes – and it's a great time to invest. Here's a quote from James O'Shaughnessy: "Fear, greed, and hope have destroyed more portfolio values than any recession or depression we have ever been through."

I know most people are upset when looking at their retirement portfolios these days and with our current economic environment we may be in for a much longer ride on this uncertainty-rollercoaster. It's very hard to be a Canadian investor today with the Trump tariffs, the looming election and all the nonsense about annexation with the USA. But, with all that going on, please remember that even though it may feel somewhat counterintuitive to many Millennial investors, recessions can be a great time to maximize your wealth. If you can, maximizing your RRSP now would be a great investment move.

During recessions, securities undergo significant pressure from the Bank of Canada, punctuated by unemployment scares, lower income projections and increased inflation. Recessions force people to reduce consumer spending causing stock markets to suffer significantly. Sprinkle in a little global uncertainty, maybe some overseas civil unrest, and a war or two and you've got the perfect recipe for a down-home-depression.

Now I don't mean to upset any of my readers, but please remember that since the 1900's the average length of a recession is only 17 months. The longest recession was in 1929 which lasted 43 months and since then the second longest was 18 months in 2008. Many investors get spooked by the "R-word" and run around like chickens proclaiming that the sky is falling. Honestly, by remaining invested and



then adding to your portfolio during these times, you can significantly increase your wealth over the long term. Let's look at some facts. Here are the cumulative returns after significant recessionary events.

1929 Great Depression = +365% 5-year cumulative return

1982 Recession = 275% 5-year cumulative return

1994 Recession = 250% 5-year cumulative return

2009 Financial Crisis = 180% 5-year cumulative return

I know these current times are unnerving and most Canadians believe that this time it could be different. It's not. The stock market will recover. The real estate market will recover. Believing that these events we're immersed in now are so different from those in the past and that today's market will never recover is truly a false narrative. If you don't want to increase your portfolio now as suggested, your next best course of action is to do nothing. Running for the exits, although you may want to, will never make you wealthy.

Good Luck and Best Wishes,
 Money Lady

Written by Christine Ibbotson, Author, Finance Writer and Syndicated Money Coach on BNN Bloomberg. Christine is also part of the everyday lineup on CTV Your Morning in every province. No AI. If you have a money question you want answered FREE – send it to: info@askthemoneylady.ca

Frozen-Yogurt Grape and Coconut Bites

Servings: 10
 Bamboo skewer
 60 medium Grapes from California
 1 individual cup (5.3 ounces) vanilla

or lemon Greek yogurt

3/4 cup unsweetened coconut flakes

Using bamboo skewer, pierce one grape on tip and swirl stem end into yogurt, covering about 3/4 of grape to show color. Sprinkle with coconut, turning skewer to coat all sides.

Place on waxed or parchment-lined tray and remove skewer. Repeat with remaining grapes, yogurt and coconut. Freeze several hours, or overnight. Transfer to tightly covered container and store in freezer.

Métis Association showcases donated Indigenous artwork

By Emma McGill

Preserving Métis history has long been a key focus of the Teulon and District Métis Association.

With help from the community, the association has displayed various cultural artifacts at its office, including traps, ornamental items and historical books.

Most recently, the association received a donation of paintings from Jean Campbell, a longtime Teulon resident. While working at the Green Acres Art Centre (GAAC), Campbell taught a student named Brian McKay,

who was attending Teulon Collegiate and living in the local student congregate housing at the time.

McKay discovered a passion for painting at the GAAC, especially pieces that reflected his Indigenous culture. Campbell's husband, Clive, was so impressed that he bought four of McKay's paintings, two from 1988 and two from 1989. The artworks were displayed proudly in the Campbell home for years.

Now, the paintings are on public display at the Métis Association office in Teulon.

> MIDGE-MAGNET, FROM PG. 14

sentence.

Reports from up and down the lake indicated that Oak Point was a midge-magnet this year. Johnson said Silver Bay (near Moosehorn) was reporting a minimal number of midges. Ditto for Lundar Bay. And a person he spoke with in Laurentia Beach, south of Oak Point, said they recall the midges being worse in 2018.

Nevertheless, there were lots of midges.

"Last week, people had to pull over [on Highway 6] to clean their windshields when they hit a swarm that smeared the glass and blurred their view," said Johnson.

There are over 1,300 species of midges in Canada. Some bite. Of that 1,300, there are about 800 species of midges that don't bite, according to the Canadian Encyclopedia. The non-biting midge larvae are primarily aquatic and burrow into the mud of lakes and other waterbodies. They emerge in late spring and early summer.

Life is awfully short for adult midges — roughly a few days to a week. They emerge from the lake bottom and swim through the murk towards the light. To the casual observer, they seem to be giddy with the newness of the airy world above the water and all the stuff on which they can cling such as rocks, trees, roads, homes, cottages, vehicles and people. After a full day buzzing around and soaking up the sun — and perhaps intuitively sensing the accelerated brevity of their time on earth — they act like unsupervised teenagers at sundown, slipping away from their parents' cottage with a two-four to meet up with

their friends in the bush.

Midge meet-ups in the evenings — great airborne assemblies that resemble twisters — are for the sole purpose of mating, says the encyclopedia.

"My wife and I were driving back from Stonewall, and we were looking across the fields towards the marsh and could see funnels clouds of the little beggars," said Jack King, who lives in Twin Lakes Beach, about 22 kilometres south of Oak Point.

The Kings forgot to turn off their exterior motion-detector lights one evening last week and paid for it the following morning.

"It's unbelievable. There were piles of them. We forgot to turn off the lights and we've had to shovel them out twice now," he said. "I haven't seen them this bad."

With a little rain, piles of mushy dead midges could pose a slipping hazard, he said. But at worst, the flies are only a nuisance to humans. They're a great food source for the other creatures that inhabit the shoreline of Lake Manitoba.

"The fish love them. It's usually towards dusk that you see big carp rolling over in the water, grasping at them," said King. "And during the day, you see the smaller fish and the pickerel and the perch jumping for them."

New residents who just moved to Twin expressed their concern about the "bugs" on a community Facebook page, he said. They were wondering if anyone else had them in their yard.

"We reassured them that like kidney stones, this too shall pass," said King.



TRIBUNE PHOTO SUBMITTED

Pictured is Jean Campbell with Brian McKay's paintings that are on public display at the Métis Association office in Teulon.

> KILN SITE, FROM PG. 15

- The town hosted a drop-in open house event on Tuesday, June 17 to share the draft secondary plan and updated zoning bylaw. For those who didn't have the chance to attend, they can share their input through survey that is open on the town's website until July 6.

- The anticipated Play Streets event will take place on Tuesday, June 24 from 1 to 3 p.m. when 1st Street West will be temporarily closed to traffic between Centre Avenue and 1st Avenue West to create a space for free play. The free event is supported by instructors and students from Red River College Polytechnic's Early Childhood Education program.

- Council is considering a roadwork project to upgrade about 560 metres of Limestone Bay from gravel to asphalt. The estimated cost is \$600,000. The Canada Community Building Fund would cover \$100,000 and the rest would be funded through borrowing to be repaid over 10 years at a maximum interest rate of 5.5 per cent per year. The annual repayment amount will be no more than \$66,333.88 through

a general municipal levy. A public hearing was set for June 18 to focus on the proposal to borrow \$500,000.

- Council passed second and third readings of a special services bylaw to establish a rate for waste and recyclable curbside pickup for all residential and institutional properties in town limits for 2025. Properties with one to 80 dwellings will pay a special service tax of \$170.70 per dwelling. Properties with more than 80 dwellings will pay \$102.40 per dwelling.

- Council passed second and third readings of a special services bylaw to establish a rate for urban services provided to the town in 2025 excluding the annexed lands. Urban services include street lighting, police protection, snow removal and parks and arena service. The special service levy will be calculated on a portioned value of assessable property. The 2025 mill rate for the urban services levy is 1.262.

- Council passed second and third readings of a tax levy bylaw to raise the revenues of property tax needed for the 2025 financial plan.

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Wadge shares pro motocross experience with next generation of riders

By Annaliese Meier

After four seasons as a full-time professional motocross racer, Bryce Wadge is shifting gears to help train the next generation of riders — from first-timers to seasoned veterans.

Wadge, who started riding at age six and quickly found success on the track, has spent years racing across Canada in the Triple Crown Series and training in the United States. Now based in Warren, he's launched a motocross training company focused on developing riders both physically and mentally for the high-speed, high-risk sport.

"As I've gotten older and into the later part of my racing career, I've realized how much knowledge I've gained since I was a little kid," said Wadge. "I want to share that with others — not just to help them become faster but safer, too."

His training program offers more than just laps around a track. Riders work through structured sessions that include motos, technical drills and start-gate practice. Wadge also breaks the track down into sections to target specific weaknesses.

"I focus on building better riders from the ground up," he said. "We start with proper body positioning, technique and good habits on the bike. Once those foundations are solid, we get into race strategy like line selection and dissecting the track to find the fastest, most efficient way around."

What sets his program apart, he says, is the individual attention each rider receives.

"Whether I'm working with five riders or 30, everyone gets specific feedback tailored to them," said Wadge. "Every rider is different, and I make



sure they each leave with something valuable to work on."

The diversity of his clientele reflects the broad appeal of the sport. His youngest rider is just five years old, while others are in their 40s and 50s.

"There's truly something for everyone," said Wadge. "Different ages, skill levels, bike sizes — my goal is to make sure everyone walks away a better and more confident rider."

Motocross is a year-round commitment — rain or shine — and preparing the track is a critical part of the process. Wadge ensures his training facility is always in top shape to give riders the safest and most realistic conditions.

"In motocross, we water our tracks for optimal traction," he said. "We have knobby tires that grip really well when the dirt is sticky and has moisture in it. It also helps keep dust down, which is important for visibility."

That preparation is crucial, especially given the range of conditions riders may face.

"We race rain or shine — sometimes it's a complete mudslide, and sometimes it's a dust storm," he said. "Ideally, every track tries hard to provide the best conditions possible."

His proudest moments come from watching riders grow and succeed.

"My proudest moments of being a trainer is seeing a rider struggling to do something on the track, giving



TRIBUNE PHOTOS SUBMITTED

Bryce Wadge sets the start gate for one of his motocross trainees during a session at his Warren-area training facility. Wadge, a former professional racer, now focuses on coaching riders of all ages and skill levels.



Riders line up on their bikes during a training session.

them advice and telling them exactly what they need to do to achieve what they are setting out to do," said Wadge. "Seeing them apply what we talk about and do it is a feeling that I absolutely love."

Looking ahead, Wadge hopes to expand his training programs outside Manitoba and host events across the country. He says the sport demands high levels of physical ability and mental focus, and believes quality coaching can make all the difference.

"This is a dangerous sport. Riders need to know they have the tools to ride fast — and safely," he said. "That's what I'm here to offer."

Wadge currently operates training sessions out of tracks located in Stonewall and Warren. He is offering one-on-one training, weeknight training and weekend clinics/training. If interested, please call or text 204-396-3463 or email at brycewadge@icloud.com.

What's *Your* story?

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The Stonewall Teulon Tribune connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Sr. Jays hovering around .500 through opening month

By Kieran Reimer

The Stonewall Senior Blue Jays continued to flirt with the .500 mark last week in the Winnipeg Senior Baseball League.

After entering the week 2-3, the Jays got back to even with a 14-3 win over the last-place Pembina Phillies in Grosse Isle on Tuesday.

Stonewall opened the game with seven runs in the first inning, then added five more across the second and third. Pembina scored all three of its runs in the first before the Jays closed out a dominant performance.

On Thursday, however, the unde-

feated West Winnipeg A's nearly returned the favour at CHW Park 1, defeating Stonewall 8-1. The loss dropped the Jays back below the .500 mark with a 3-4 record and a .429 winning percentage.

The Jays won't have to wait long for a rematch. They face the A's again this Tuesday at CHW Park 1, with first pitch scheduled for 7:30 p.m.

On Thursday, Stonewall takes on the North Winnipeg Pirates for the first time this season, with that matchup set for 7 p.m. at Vince Leah Recreation Centre.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Blue Jays' pitcher Andrew Risk allowed three runs in his team's 14-3 mercy over the Pembina Phillies at Attree Field in Grosse Isle on June 10.

Orioles Report: 13Us earn split in doubleheader with Pembina Hills

By Kieran Reimer

The 13U AAA Interlake Orioles got a measure of revenge against Pembina Hills on Sunday, following a play-off loss to the same team in the Winnipeg West Tournament the previous week.

With home field advantage at Quarry Park, the Orioles hosted a doubleheader and came away with a split — falling 19-9 in the opener before edging Pembina Hills 9-8 in the second game.

The result moves the Orioles to 2-4 in regular season play as they continue working to climb the Zone 2 standings.

They won't have to wait long for their next opportunity, since they travel to Winnipeg on Tuesday night to face the Winnipeg South Wolves. First pitch is scheduled for 6:30 p.m. at Charleswood Place.

The 15U AAA Orioles picked up their first win of the regular season last week, pushing them ahead of the Brandon Marlins in the Zone 2 standings.

This week, they faced a challenging schedule with three games against some of the league's top teams.

On Wednesday, they dropped a 16-7 decision to the Winnipeg South Wolves — Zone 1's second-ranked team — at Charleswood Place.

The Orioles then hosted undefeated Pembina Hills on Saturday at Atree Field for a doubleheader.

Game 1 was a tight, low-scoring affair that Pembina Hills edged out 3-1. The second game proved tougher for the Orioles, who fell 14-1.

Following the doubleheader, the Orioles sit at 1-12 on the regular sea-

son but maintain sixth place in Zone 2.

They'll aim to rally this week with four games on the schedule, starting Monday on the road against West Winnipeg.

Upcoming Games:

Monday, June 16 at West Winnipeg A's, 6:30 p.m. at St. James Optimist Fields

Friday, June 20 vs. Winnipeg South Wolves, 6:30 p.m. at Atree Field

Sunday, June 22 vs. Brandon Marlins, 1 p.m. and 4 p.m. at Atree Field (doubleheader)

(Note: Monday's score was unavailable at press time.)

The 18U AAA Interlake Orioles were in action four times last week, hoping to secure their second win of the regular season.

They opened with an 8-5 loss to the Bonivital Black Sox on Tuesday at Whittier Park.

On Saturday, the Orioles fell 9-4 to the Winnipeg South Wolves at Charleswood Place.

Looking to end the week on a high note, the Orioles travelled to Brandon on Sunday to face the Marlins in a doubleheader.

Game 1 was a close contest, but the Marlins edged out a 5-4 win. In the second game, the Marlins pulled away for an 8-0 victory and overtook the Orioles in the standings.

Interlake now sits at 1-10 through 11 games.

They'll look to bounce back on Thursday when they host the South Central Cubs at Atree Field. First pitch is at 6:30 p.m.

Jr. Jays offence back in rhythm with split week

By Kieran Reimer

The offensive firepower of the Interlake Blue Jays could only be contained for so long.

After scoring just two runs across their previous two games — far below their usual output — the Jays broke out for 12 runs Wednesday night in a win over the Pembina Valley Orioles.

Interlake entered the game at St. James Optimist Park riding a four-game losing streak in Manitoba

Junior Baseball League play and needing a win to stay in the mix of teams jockeying for position in the standings.

Against the Orioles, a club just ahead of them in the table, the Jays stormed to a 12-6 victory for their fourth win of the season — a statement game for a team with high hopes this year.

They followed that up with a trip to Steinbach on Saturday for the MJBL Showcase Day, where they

faced the third-place St. Boniface Legionnaires.

Both teams displayed plenty of offence in a back-and-forth battle, with St. Boniface edging out a 10-9 win.

Though the Jays settled for a 1-1 record on the week, finding their rhythm at the plate could prove key heading into matchups against three top-four teams — Winnipeg South, Elmwood and Carillon — this week.

Interlake currently sits sixth in the

MJBL standings with a 4-7 record.

UPCOMING GAMES:

Wednesday, June 18 vs. Winnipeg South Wolves, 7 p.m. at Charleswood Place

Friday, June 20 vs. Elmwood Giants, 7:30 p.m. at Quarry Park

Sunday, June 22 vs. Carillon Sultans (doubleheader), 1 p.m. and 4 p.m. at A.D. Penner Park

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U11 Maroons bringing home AA Showcase hardware

By Kieran Reimer

U11 Maroons bringing home AA Showcase hardware

The U11 AA Interlake Maroons were near perfect in their bronze medal run at the AA Showcase Tournament at Buhler Recreation Park over the weekend.

After five straight wins from Friday to Sunday, the Maroons finally lost their first game of the tournament later on Sunday which sent them to the bronze medal game where they claimed a 6-4 victory over the Westman Heat.

The girls were then called up one by one from manager/assistant coach Charlene Stetch to receive their medal from head coach Mike Stetch.

"Just to see the smiles on their faces, I think they were super proud of their accomplishments and rightfully so. They earned it," said Mike Stetch.

Mike called it a team effort for the Maroons group that is slightly younger than the group that repped the Maroons colours last year.

On staff, Mike and Charlene are also joined by Scott Kwasnitza in an assistant coach role.

Early in this season, the team is still

getting their first games in together due to the players also playing single-A softball on the side which means the Maroons only practice on Friday's and Sunday's.

Once the single-A season ends at the end of June, Maroons practices will start to pick up as the coaches hope to further develop their young players for their future years, which will include AAA softball for many if not all of them.

"That's our primary focus, really, is constantly developing the skills and learning the game," said Charlene Stetch. "This is such a complex game to play. There's so many different rules and intricacies within the rules and so there's so much opportunity for them to learn and if these some of these girls want to make that jump to AAA, then hopefully we're doing the right things and teaching the right things for them to be prepared to make that jump at some point."

The Maroons will continue to play some exhibition games over the next few weeks as they prepare for the pinnacle of the season, provincials.

Provincials will run from July 25 to 27 in Carman this year.



TRIBUNE PHOTO SUBMITTED

The U11 Maroons put together an impressive 6-1 record at the Softball Manitoba AA Showcase Tournament, held June 13-15 at Buhler Recreation Park in Winnipeg. Pictured at home plate are, back row from left: Abby Donovan, Emma Fingas-Green, Addie MacMillan, Hillary Grzenda, Armani Sinclair; middle row: Lily Fung, Paisley Erickson, Katie Marohn, Peyton Tully, Hailey Stetch, Danika Robinson; front: Harper Farthing. Coaches not pictured are Mike Stetch, Scott Kwasnitza and Charlene Stetch.

U15 Phillies finish top eight in Minneapolis tournament

By Lana Meier

The U15 AAA Interlake Phillies battled poor weather and game delays over the weekend to finish among the top eight teams at a softball tournament in Minneapolis.

The Phillies went 3-1 at the event, with their only loss coming in the quarterfinals of the gold bracket. The tournament featured more than 30 teams.

Their weekend campaign opened Friday with a narrow 3-2 win over Mash 13U in a pitchers' duel. Lily Hammond struck out eight over five innings, giving up just three hits and no earned runs. Jordyn Chetyrbok provided the go-ahead run on a sacrifice fly in the third. Claire Frauenkron and Jersey MacMillan also contributed RBIs.

Later that day, the Phillies bested Clutch Hitters Hanson 14U by a score of 8-4. Katie Braid's first-inning double helped spark a three-run

frame, and the team padded its lead across the next two innings. Cadence Frauenkron and Claire Frauenkron each drove in two runs, while the Phillies drew eight walks and played error-free defence.

On Sunday, the Phillies rolled past Midwest Speed 14U Regional - Grindeland 11-1, thanks to an eight-run third inning. Chetyrbok, MacMillan, Claire Frauenkron, Braid, Bernier and Williams all drove in runs during the offensive outburst. Hammond picked up her second win of the tournament, allowing just one run over four innings.

In their final game, the Phillies fell 11-6 to MN Renegades 13U National. Despite a nine-hit effort led by MacMillan, Bernier and Braid, the Phillies couldn't keep pace with the Renegades' 12-hit attack.

The Phillies will return to the U.S. in two weeks for their next tournament in Mankato, Minn.



TRIBUNE PHOTO SUBMITTED

Pictured left to right, back row: Katie Braid, Caidence Frauenkron, Brynn Williams, Claire Frauenkron, Lily Hammond, Kara Powroznik, Paige Bernier; front row, Sara Vande, Kendra Zaretsky, Kenzie Myers, Jordyn Chetyrbok and Jersey MacMillan.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

United walk the walk against top competition

By Kieran Reimer

It was a statement week for Stonewall United in the Manitoba Major Soccer League's Division 3A.

United entered the season aiming to be at the top of the table when all is said and done.

They backed up those ambitions with a 2-0 start, but stumbled with back-to-back losses in their next two games.

Last week, United faced two of the division's top teams — Richmond Kings and CA River Plate — both undefeated at the time.

They opened the week with a 3-3 draw against Richmond on Monday, then followed it up with a 3-2 win over River Plate, who entered Friday's match in first place. It was also United's home opener.

The three goals scored by United were the most CA River Plate had allowed in a single game all season.

"It's huge," said United's Matt Olnick. "Going forward here, confidence has got to be riding high. We're not leaning on one guy to score. We're getting scoring from all aspects — it could be defence stepping up, it could be our mids setting plays up, and our forwards are finishing."

"In years past, maybe that wasn't the case, but it seems like everything's clicking for us right now and we're getting results with it."

United improved to 3-2-1 with Friday's win.



United's Ethan Caners battles for a loose ball with a member of CA River Plate.

David Deroche opened the scoring off a pass from Gio Ciulla, heading it in to give United a 1-0 lead.

Bret Sveinson added to it with a chip shot that found the back of the net.

After CA River Plate cut the lead in half, Chris Hunter restored the two-goal cushion by burying the ball in the middle of a goalmouth scramble.

River Plate added a second goal, but lockdown defence helped preserve the win — United's third game this season with three goals scored.

Hunter and Sveinson also scored in the draw with Richmond, with Kevin Penner rounding out United's scoring



TRIBUNE PHOTOS BY LANA MEIER

United's Chris Dobson heads the ball during the team's home opener last Friday in Stonewall. Dobson and United earned a 3-2 win over CA River Plate, handing them their first loss of the regular season.

in that match.

United now turns its focus to the winless Nova FC, who visit Stonewall on Friday. Kickoff is set for 7:30 p.m. at Veterans Memorial Sports Complex.

The club isn't taking anything for granted.

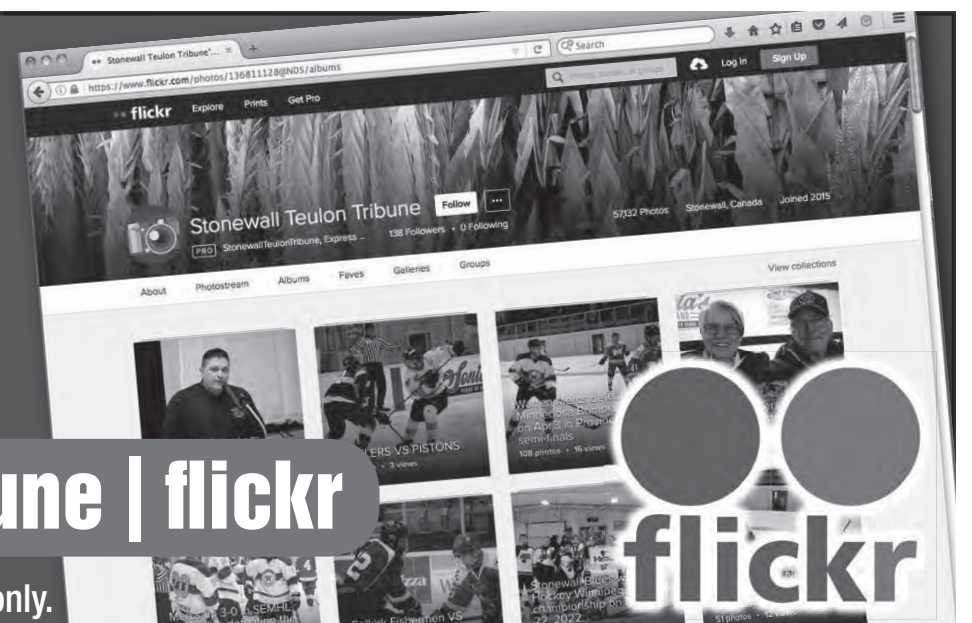
"We just have to play the same way we did in our last game," said Olnick. "The team we beat was undefeated, and we took it to them. We've got to keep the same mentality — whether the opponent is winless or undefeated. Just play our game, and the results will come."

To see more photos of your favourite Interlake Athletes

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FARM MACHINERY

For sale - 1946 Ford 8N tractor with 12 volt alternator. The following is new: crank, bearings, rings, sleeves, gaskets, water pump, starter, battery, front and rear tires & new paint. Could include 6-7 foot blade to the right person. \$4000. Call or text 1-204-771-8104.

FARM PRODUCE

Local unpasturized honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

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LIKE NEW 25' Keystone Trailer. 2022 - used 1 season \$33,500 obo. In Autumnwood Resort. Can be moved. Wood-en screened room and deck included. Transferable warranty valid until 2029. Contact 647-403-1553.

GARAGE SALE

Garage & Yard Sale - 2 miles south of Teulon on #7 Hwy. Watch for signs. Clearing the last of the stock from "Poole's Place Antique & Flea Market". Friday, June 20th, noon - 7 p.m. & Sat., June 21st, 10 a.m. - 5 p.m.

PROPERTY FOR SALE

Nice 20-acre retirement or subdividing opportunity 4 miles west of Brandon on paved road. 1,572 sq. ft. home including appliances, wheelchair accessible, 1-level, attached garage. Also, additional adjoining subdivided 5-acre lot. Immediate possession, private sale. \$750,000.00. Call 1-204-723-0083 for appointment to view, anytime.

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Story Ideas?**
call the Tribune
204-467-5836

HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian Mid-Century Modern Furniture (Teak, Walnut, Rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel at TEXT/PHONE: 204-918-1607.

UPCOMING EVENTS

YOU ARE INVITED! Manitoba Highland Gathering - June 21 & 22, 2025 in East Selkirk, MB. Swords, Heavies, Paddling, Highland Dance, Pipes & Drums, Villages, Cars, Animals, Market & Food, Unicorns (Sunday only)! <https://manitobahighlandgathering.org>

Public Utilities Board

Régie des services publics

Order No. 80/25

RURAL MUNICIPALITY OF ROCKWOOD STONY MOUNTAIN WATER AND WASTEWATER UTILITY REVISED WATER AND WASTEWATER RATES EFFECTIVE JULY 1, 2025

Executive Summary

By this Order, the Public Utilities Board (Board) varies the revised water and wastewater rates for the Rural Municipality of Rockwood (RM), Stony Mountain Water and Wastewater Utility (Utility) effective July 1, 2025.

The Board approves rates as follows:

	Current Rates	July 1, 2025
Quarterly Service Charge	\$18.40	\$13.36
Water (per cubic meter)	\$2.15	\$2.60
Wastewater (per cubic meter)	\$2.40	\$2.65
Minimum Quarterly Charge*	\$86.65	\$92.11
Rate Rider**	\$0.80	-
Unmetered Water Only Customers - Flat Rate***	\$430.00	-
Bulk Water (per cubic meter)****	\$2.55	\$3.03
Reconnection Fee - Non Emergency	\$75.00	\$100.00
Disconnect Water - Non Emergency	-	\$100.00
Permanent Disconnection	-	\$100.00
Service Charge for Uncollected Bills	-	\$100.00

*Based on 15 cubic meters

**Rate rider to recover 2012 to 2016 deficits approved in Board Order No. 135/18, \$0.80 per cubic meter effective January 1, 2019 for a period of seven years or until recovered in full.

***Approved rates charge the quarterly minimum charge for water and service at the rate applicable to the customer's meter size, less the wastewater charge.

****Approved bulk water rates include an additional \$100.00 flat fee per fill.

SCHEDULE A RURAL MUNICIPALITY OF ROCKWOOD STONY MOUNTAIN WATER AND WASTEWATER UTILITY WATER AND WASTEWATER UTILITY RATES BY-LAW #18/23 SCHEDULE OF QUARTERLY RATES EFFECTIVE JULY 1, 2025

COMMODITY RATES PER CUBIC METRE:

	WATER	WASTEWATER	COMBINED
2025	\$2.60	\$2.65	\$5.25

2. MINIMUM QUARTERLY RATES:

Notwithstanding the commodity rates set forth in Paragraph 1 hereof, all customers will pay the applicable minimum charges set out below which will include the water allowances indicated:

a) WATER & WASTEWATER CUSTOMERS:

2025:

Meter Size	Group Capacity Ratio	Minimum Quarterly Volume	Service Charge	Commodity Rates Water	Commodity Rates Wastewater	Minimum Quarterly Charges
5/8"	1	15	\$13.36	\$39.00	\$39.75	\$92.11
1"	4	60	\$13.36	\$156.00	\$159.00	\$328.36
1 1/2"	10	140	\$13.36	\$364.00	\$371.00	\$748.36
2"	25	341	\$13.36	\$886.60	\$903.65	\$1,803.61

b) WATER ONLY CUSTOMERS:

Customers with metered and unmetered service shall be charged the quarterly minimum charges for water and service at the rate applicable to the customer's meter size, less the wastewater charge.

3. BULK SALES:

All water sold in bulk by the Rural Municipality of Rockwood shall be charged for at the following rates per cubic meter:

i) 2025: \$3.09

Plus a flat fee of \$100.00 per fill in order to cover wages and travelling costs associated with the fill.

A complete copy of The Public Utilities Board Order 80/25 can be found at The RM of Rockwood office, located at 285 Main Street in Stonewall, on the website at www.rockwood.ca or on the Public Utilities Board website www.pubmanitoba.ca

RURAL MUNICIPALITY OF ROCKWOOD UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

R.M. OF ROCKWOOD BY-LAW NO. 25/25 Being an AMENDMENT to the R.M. OF ROCKWOOD ZONING BY-LAW NO. 20/19, as amended.

HEARING LOCATION: Rural Municipality of Rockwood Council Chambers
285 Main Street, Stonewall, MB

DATE & TIME: Wednesday, July 9, 2025, at 11:00 AM

GENERAL INTENT: To amend Appendix B: Use Table, by adding "Automotive and Equipment Repair Shop" as a Conditional Use for 8 Grace Avenue (Lots 9, 10 and 11 Block 7 Plan 1263 WLTO in SW ¼ 33-15-2 EPM) in Gunton, which is zoned 'RS-1' Residential Single-Family Zone.

AREA AFFECTED:



FOR INFORMATION CONTACT: Eric Shaw, General Manager
South Interlake Planning District, 5-15 Davis Way,
R.M. of Rosser, MB, R4B 0A3, Phone: 204-467-5587

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property Owners are responsible for notifying lessee



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NOTICE OF ANNUAL GENERAL MEETING Oak Park Estates Inc.

Residents and members of the public are invited to attend the Annual General Meeting of Oak Park Estates Inc., to be held on:

**Date: Monday, July 7, 2025
Time: 7:30 p.m.**

**Location: Oak Park Estates Common Room
120 Parker Street, Woodlands, MB**

The meeting will include a review of the past year's activities, financial statements, and the election of board members.

All are welcome to attend.

For more information, please contact:
Susan Bullock, Building Manager
431-482-8403

Don't forget to send your special wishes to your friends and family.

Stonewall Teulon
Tribune
Call
204-467-5836

BIRTHDAY

You are invited to
Bernice Comberbach's
90th Birthday Come N Go Tea
on June 28, 2025 from 2-4 p.m.
Christ the King Church, basement
315 - 2nd St. E, Stonewall
No gifts please, just well wishes.

CARD OF THANKS

Winners of the Stonewall & District Lions Club raffle are: 1st Prize - Gerry Henderson (7 Nights of Dinners \$100 Gift Certificates); 2nd Prize - Ashley Huewan (gas gift card); and 3rd Prize - Wendy Brauer (\$100 grocery gift certificate). We would like to thank all of the supporters of our draw and club.
-Stonewall & District Lions Club

Express your Thanks with a message in the Tribune
Stonewall Teulon
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Call 204-467-5836 or email igrphic@mts.net



EMPLOYMENT OPPORTUNITY GENERAL LABOURER

Charisons Turkey Hatchery is currently hiring for general labourer type positions.

- Full time and part-time positions available with competitive compensation and benefits package which includes health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to shaunne@charisons.ca or call 204-886-2922 for further information.



REQUEST FOR QUOTATION RFQ 01-2025

Re - Shingle Campground Washroom

The Town of Teulon is requesting bids from interested parties to provide a tender for re-shingling the campground washroom roof. The bids should involve two options. A price for re-shingling the roof with shingles, and a price for re-shingling the roof with tin. For more information, please contact the office.

Please contact the town office at 204-886-2314 or info@teulon.ca to arrange a site visit.

RFQ's will be accepted until 12 noon on July 4.

Tenders may be submitted by email or dropped off at the Town office:

TOWN OF TEULON
44-4th Ave SE, PO Box 69,
Teulon, MB. R0C 3B0
Email: info@teulon.ca

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OPEN HOUSE

Town of Teulon Secondary Plan and Zoning By-Law Review

Date: Monday, June 23, 2025

Time: 6:00 p.m. - 8:00 p.m.

Location: Teulon Rockwood Centennial Centre

14 Main Street, Teulon, MB

Format: Drop-in (come and go)



REQUEST FOR QUOTATION RFQ 02-2025

Teulon-Rockwood Arena Exterior Painting

The Town of Teulon is requesting bids from interested parties to provide a tender to paint the north and east exterior of the Teulon-Rockwood Arena. For more information, please review the RFQ on the Town of Teulon website at https://www.teulon.ca.

Please contact the town office at 204-886-2314 or info@teulon.ca to arrange a site visit.

RFQ's will be accepted until 12 noon on July 4.

Tenders may be submitted by email or dropped off at the Town office:

TOWN OF TEULON
44-4th Ave SE, PO Box 69,
Teulon, MB. R0C 3B0
Email: info@teulon.ca

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OBITUARY



Roy Gilbert Hogarth

It is with deep sadness we announce the passing of Roy Gilbert Hogarth of Stonewall, aged 87 years, who passed away on Thursday, June 12, 2025 at St. Boniface Hospital. Funeral Mass will take place on Monday, June 23, 2025 at 11:00 a.m. in the Roman Catholic Church of the Annunciation, Woodlands, Manitoba.



OBITUARY



Brooke Florence Gray (Riddell)

Brooke Florence Gray (Riddell) passed away peacefully on Saturday, June 14, 2025 at the age of 85. She was born and raised on the family farm in Warren, Manitoba. Brooke is survived by her sons Dale (Laurie) and Terry; daughters, Susan McRae (Terry), Sherry Barnes (Dave) and Cathy Gray (Scott). Also mourning her loss are her grandchildren, (Dale) Sean, Micheal, Christopher; (Susan) Brian, Julie; (Terry) MacKenzie, Kennedy; (Sherry) Owen, Cole; (Cathy) Charlize, Riley. She leaves behind a great-grandson (Julie) Parker and a great-granddaughter (Sean) Artis. Brooke was predeceased by her brother Bob Riddell and sister Lee Sutherland. She also leaves to mourn, her brothers Jim Riddell and Chris (Helen) Riddell, Gordie (Donna) Riddell and many nieces and nephews.

Mom married Jim Gray in 1961 and graduated as an RN from the Grace Hospital school of nursing. The next 35 years she spent caring for others in hospitals across Ontario and Manitoba. During her marriage to Jim, the family moved throughout Ontario and Manitoba. Her favourite place was the orchard just outside of St. George. With Dad constantly traveling, she managed five small children and a busy orchard operation. The work load eventually became too much so they decided to sell and move on and on and on. Mom was a bit of a rolling stone that liked to move every couple of years. She was always customizing and modifying her furniture to make it suit her homes. She loved cooking and entertaining family. She taught us all the importance of sitting around a table sharing and celebrating a meal together. She was not a fan of buffets! She made the absolute best buns. She also introduced us to white sugar.... on and in everything! Mom's greatest love was for her 11 grandchildren. She was a "get down on the floor and play" kind of grandmother. Whether it was building forts out of boxes, making rafts out of wooden pallets or just playing games, she will be greatly missed by all of them. When something didn't taste good, she'd go to her cake decorating drawer and pull out a bottle of coloured sprinkles to toss on anything that didn't taste good. Her grandchildren had no trouble eating after that. Mom loved to sing and was a member of several choirs. She loved music and dancing and watching live baseball games. She was up to travel anywhere in the world. If it was by bus, even better! She danced to her own beat and didn't care much about what others thought. She is now in the hands of our maker and she's finally settled. We are honoured to be your kids, Mom, and we love you very much. Interment is planned for August.



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Announcements

IN MEMORIAM



Ryan George Grandmont
June 22, 1978 - June 24, 2018
Funny Uncle Ryan.

Thank you for the legacy of laughs and cherished memories you left behind. We miss you so much. Happy Birthday Babe! Until we meet again. -Love Christine and Trigger Missed by the entire Mclvor family.

IN MEMORIAM



Ryan Grandmont
In loving memory of
Our Son, Brother, Uncle
June 22, 1978 - June 24, 2018
Those we love don't go away,
They walk beside us every day.
Unseen, unheard, but always near,
Still loved, still missed and very dear.
-Forever missed and loved by
Dad, Mom, Patrick, Angela, Preston,
Malcolm, Evangeline, and Henrik

OBITUARY



Dorothy Hassan
December 29, 1934 - June 8, 2025

It is with heavy hearts that we announce the peaceful passing of our beloved mother Dorothy on June 8, 2025 at the age of 90. Dorothy will be deeply missed by her daughters Suzan (Mark Edwards) and Leyla. She was predeceased by her sister Jean Booth as well as her aunt and uncle Doris and Bob Armstrong. We are comforted by memories of her love, and knowing she has finally been reunited with her husband Mehmet who accidentally predeceased her 52 years ago. Dorothy was born in Willenhall, England to George and Annie Booth on December 29, 1934. She lived there into her early twenties, and worked as a telephone operator and secretary. While travelling in Cyprus, she met the love of her life Mehmet, and they married on August 1, 1960 in Nicosia, Cyprus. As their marriage ceremony was conducted in Turkish, a second service was held in London, England for the benefit of her English-speaking family. Feeling there were better opportunities in Canada, Mehmet and Dorothy immigrated to Prince Albert, Saskatchewan in 1963 where Dorothy worked in the office of a T.B. clinic. In 1964 they moved to Teulon, Manitoba where Mehmet set up a veterinary clinic. Dorothy was his right-hand woman and helped out wherever she could. After the sudden passing of her husband, Dorothy was employed by Canada Post at the Teulon Post Office, and eventually became the Postmistress until her retirement. Although incredibly busy working and raising her family, she volunteered in the community by serving as the Secretary Treasurer of the Teulon Figure Skating Club and United Church Sunday School. She was also a member of the United Church Official Board. Dorothy took pleasure in the simple things in life. She liked doing crosswords and reading. Days were filled with numerous coffee or lunch dates with her many friends. She loved animals, and a part of every day was dedicated to feeding the birds, deer and rabbits that frequented her yard. Dorothy cherished all family visits, and celebrations both big and small. Dorothy's two daughters were her greatest priority and she devoted her life to raising them. She was blessed with strength, courage and selflessness and used these gifts to bring up her girls as a single parent. This was not a small feat, as there was no family support nearby. Dorothy was incredibly proud and supportive of Suzan and Leyla. She was always in attendance at their numerous activities. Dorothy provided her girls with a beautiful life. A private family ceremony honouring Dorothy's life was held on June 16, 2025 at the Teulon United Church. For those who wish, donations can be made to the Winnipeg Humane Society or the Alzheimer Society of Manitoba. Her family extends their heartfelt appreciation to the wonderful staff at the Simkin Centre for their incredible and compassionate care of mom over the past year.



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