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**Tribune**

VOLUME 9 EDITION 13

THURSDAY, MARCH 29, 2018

See inside for the *Spring* 2018 Interlake Continuing Education Program

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TRIBUNE PHOTO BY JENNIFER MCFEE

The Teulon Collegiate drama program presented William Shakespeare's *A Midsummer Night's Dream* last week for three performances.

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# ITA gets funding boost; Travel Manitoba broadening its scope

By Patricia Barrett

The Interlake Tourism Association will be working with a bigger budget this year and plans to launch a number of new initiatives to help attract visitors to the region.

Composed of 19 communities/municipalities that sit on its board, along with 80 to 90 industry members, the ITA promotes activities and attractions in communities across the Interlake and publishes an annual travel guide filled with events and places to explore.

In 2017 Travel Manitoba, a hybrid public-private non-profit tourism marketing organization, increased ITA's annual funding thanks to its own revenue windfall. In 2015 the former government launched a plan called "96-4," in which the province would receive 96 per cent of tourism

tax revenues and Travel Manitoba would receive four per cent.

"Because Travel Manitoba was on the 96-4 plan, they opted to give each of the regions up to \$40,000 in marketing money," said ITA's manager/co-ordinator Gail McDonald during the association's AGM March 22 in Winnipeg Beach. "So going to \$90,000 a year is a wonderful experience."

ITA has a number of new initiatives planned for 2018, including a website overhaul, the creation of video vignettes to showcase community events and attractions, geocoin events and experiential tourism seminars for members.

The addition last year of a new ITA member — Fisher River Cree Nation — is set to offer visitors a unique tourism experience.

"They are in an ideal spot to gain more tourism product and to build on what they have there already," said McDonald. "They're a thriving Indigenous population, and I think we'll see lots of products coming out of there. They have some indus-



CEO and president of Travel Manitoba Colin Ferguson

try members that want to build experiences."

ITA president Heather Hinam said the association's annual Travel Ideas Guide generated \$3,000 more in revenue in 2017 compared to past years, and the new guide, which will include Arborg, is scheduled for release in April.

"Tourism is a vibrant industry that is evolving quickly," said Hinam. "I encourage all our members to participate in our many projects. Connect with each other on the members' Facebook group and send your events to the office for our webpage calendar. Together we are working on making



ITA manager/co-ordinator Gail McDonald

the Interlake the tourism destination of choice."

Guest speaker Colin Ferguson, CEO and president of Travel Manitoba, provided an update of his organization's new initiatives and successes resulting from the 96-4 plan.

"[96-4] was a huge increase in our first year. We saw over \$3 million in our budget, which allowed us to enter new markets like Australia and amplify our marketing in existing markets in the U.S., China, the U.K., France and Germany," he said.

With the launch of new marketing initiatives using the revenues generated from 96-4, the government bene-

Continued on page 9

*Wishing you all the Blessings of the Beautiful Easter Season*

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# Inwood WI to celebrate its centennial year in 2019

Submitted by Valerie Watt

When the Inwood Women's Institute hold their Spring Tea and Bake Sale on Saturday, April 7 at the Inwood Memorial Hall, they will be looking forward a year to the institute's 100 years of service to the community in 2019.

Ninety-nine years of continuous activity has created some memorable times.

In 1919, a Home Economics Society was formed in Inwood. The first meeting was held in the parlour of the Hillside Hotel and Mrs. Cossette was the first president. This provided pioneer women in the district an opportunity to make new friends and at the same time offered them courses to improve their standard of living. In 1921, as membership grew, the society evolved into the Inwood Branch of the Women's Institute. Courses in sewing, millinery, canning and preserving were some of the skills taught by the home economists provided by the department of agriculture.

In 1945, the women gave wholehearted support to the building of the hall — The Inwood Memorial Hall. The ladies raised money to furnish the

kitchen, provide the light fixtures for upstairs and downstairs and paid for the materials and labour to have the checkroom made. In later years, stage curtains were made, a phone installed and numerous small additions.

Fall suppers were a fixture of the community for decades and started in 1945 and continued on until 2013.

Support has been given to 4-H, with members providing leadership and prizes for public speaking competitions and demonstrations. The Inwood School received our support through donations for a CPR course, to ISAC for the playground fund and an ongoing scholarship to a graduating student each year towards their post-secondary education.

Contributions are made to Goodwin Lodge and Inwood Seniors Lodge to assist with their activities. The notice board by the RM office, trees and a bench in the park are all things donated to the community at large. Many other area organizations receive support.

Many residents have received support following fires, medical emergencies and other disasters. The W.I. was happy to help our two residents



TRIBUNE PHOTO SUBMITTED

The Inwood Women's Institute will be celebrating 100 years in the community in 2019.

who were survivors of the Las Vegas shootings in 2017.

Browsing through 100 years of meeting minutes provides an amazing snapshot of the evolution of the com-

munity of Inwood and the women who bought us through the 20th century today.

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# TCl stages Shakespeare

By Jennifer McFee

Last week, Teulon Collegiate Institute's drama program impressed audiences by staging William Shakespeare's play *A Midsummer Night's Dream*.

The comedy weaves together interconnected plots with various love triangles that are tampered with by fairies and their potions. The results are preposterous and hilarious, since even the fairy queen herself falls in love with an actor whose head has been turned into that of a donkey.

The audience also enjoyed a play-within-a-play, performed at a triple wedding by a bumbling but well-meaning troupe of actors.

Adding to the dream-like ambiance, the sets and costumes helped to bring the story to life, as did the top-notch performance of the students.

It was clear to see all of the hard work and passion that they poured into this production from beginning to end.



TRIBUNE  
PHOTOS BY  
JENNIFER MCFEE

# CHRIST *Has Risen*



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# A fond farewell



TRIBUNE PHOTO BY LANA MEIER

Assistant CAO Janna Peltz (second from left) worked her last day for the RM of Rockwood last Friday. She is retiring after 31 years of service. Pictured left to right, Roberta VanCaeyzeele, Peltz, Jasmine Paluk and Jaryn Scott.

## Banner year for programming at this year's Winnipeg Folk Fest

### Staff

Folk Fest fans will get a chance to soak up the sun with Sheryl Crow this summer at Birds Hill Provincial Park.

There may still be snow on the ground, but the Winnipeg Folk Festival unveiled its exciting lineup last Wednesday.

This year's main acts include Sheryl Crow, Bahamas, Courtney Barnett, The Strumbellas, Elle King, Passenger, John Butler Trio, Natalie MacMaster, A Tribe Called Red and more.

"It truly is a banner year for programming at the Winnipeg Folk Fest with a great variety of headliners and emerging artists from across musical genres," said Chris Frayer, artistic director of the Winnipeg Folk Festival. "We're thrilled to celebrate our 45th edition by doing what we do best, sharing spectacular music with our

audience."

This year's Folk Fest will take place from Thursday, July 5 to Sunday, July 8. The festival will feature nine stages throughout the festival site, daytime workshops and family festivities.

The festival is run annually by 18 permanent and contract positions, overseen by a volunteer board made up of 14 people. Every year more than 2,700 volunteers help run the four-day festival.

Early bird tickets are on sale now until April 30. For more information and for the full list of performers, visit [winnipegfolkfestival.ca](http://winnipegfolkfestival.ca). Tickets can be purchased online or by calling 1-888-512-SHOW (7469) through Front Gate Tickets or in person at the Winnipeg Folk Festival offices located at 203-211 Bannatyne Ave. in Winnipeg.

# Happy Easter

## Upcoming Easter Hours

**Fri, March 30 - Restaurant & Bar Closed**  
**Sun, April 1 - Open regular hours in the restaurant and bar**

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# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

## > ARNIE WEIDL The biggest sturgeon earned steak dinner

Hi gang. How's it going?

If you're standing on the Victoria Beach pier in the summer or on the ice by Balsam Bay in the winter and facing the unobstructed wind coming across Lake Winnipeg, you'll probably be looking northwest. That ever-present, sometimes violent wind compels folks here to spot their ice shacks a little closer to the shoreline because of sudden whiteouts. They also try to get them off the ice a little sooner in the spring because of abrupt shoreline ice cracks. That is what local fellow Gerald Sitar, the fourth week coolest ice shack winner, pays good mind to each year.

Unfortunately, friends can be more trouble than the wind. Gerry, an always smiling stocky guy in great shape, had a wide smile when I met him to give him his awards not long ago. As we got to talking, he said he had lost count of the times he had let folks use his shack asking only that they didn't freeze in the skids when drilling ice holes.

Poor Gerry lamented how every spring when he went to pull his shack off the ice, he had to use a crowbar to free the skids from the ice and guess what? Those friends who so enjoyed fishing in his shack, they were long gone — nowhere to be found, never heard of him.

Maybe next year, Gerry, a little tough love would be in order.

Last summer I was coming home after recording some stories a few anglers had given us on the Hecla pier when I had to stop for road construction. The flagman, a local guy, after seeing the sign on my car door displaying the papers and websites that carry my fishing column, casually walked up to my downturned driver-side window.



**TRIBUNE PHOTO SUBMITTED**  
John Rzeszutek of Winnipeg on the Red River ice with some of his catch.

After some idle chit-chat, he asked me why I didn't write more stories about commercial fishers.

I told him that nothing would make me happier but many fishers, while willing to take a minute to talk about how fishing was going on our big lakes at a particular time, didn't have an hour or so to share personal fishing experiences.

I confessed to our friendly flagman that as a writer who loved to bring alive the few stories some fishers offered, I knew there were hundreds more great adventures languishing in the minds of our commercial brothers and sisters. I told him that fishing and outdoor living was in our blood and any stories our commercial fishers wished to share I would gratefully pass along.

Every once in a while, though, when you least expect it, say when you're pushing a shopping cart down the aisle at the Selkirk Walmart, you run into a chap like Ray Isfeld, a 45-year commercial fisher from Winnipeg Beach who luckily was willing to stop and talk fishing.

We stood leaning on our carts as he, in a soft spoken, unassuming way, told me how the price for the plentiful whitefish has come up and that even with the windy freeze-up this year that caused jagged ice spikes on Lake Winnipeg, the fishing had been good. He went on to say the government should have left the Freshwater Fish Marketing Corporation alone and that the province doesn't do enough to stock lakes like Bird Lake for sports anglers.

Thanks for the insight, Ray.

A few weeks back, I was lumbering up and down the Red River ice by Lockport and ran into a real character. John Rzeszutek of Winnipeg held up some of his catch so I could take a picture for us. As he tossed them back in his pail, he remembered a time last summer when he and his girlfriend, Jen, went to Nutimik Lake to fish for Sturgeon.

It was a new relationship and they bet each other on the way there that whoever caught the biggest fish, the other would have to buy supper. It was a brisk, windy day on the water. Wispy clouds raced across the sky. Their boat rocked restlessly in the choppy waves as John got a strike. He braced his feet on the side of the rocking boat with his back to Jen and began reeling in a small three foot sturgeon.

"See that?" he shouted at Jen over his shoulder.

Jen, a small but fiery gal, wasn't listening because her rod had just snapped over in a deep bend. Her face rose to the sun in unrestrained joy knowing she had won. Her sturgeon was easily five feet long.

She shouted to John, "You know, Johnnie, I just got a real craving for a steak supper!"

See you next week. Bye.

# Tribune

*The Selkirk Record*

*The Winkler Morden Voice*

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# Students explore personal and shared histories at Heritage Fair

By Melissa McIvor

On March 20, over 100 Grade 9 students from Stonewall Collegiate Institute dazzled family, friends and judges with their displays of research and creativity at the school's second successful Heritage Fair.

Students had been working individually and in pairs since January to document their research, assemble visual displays and prepare speeches on a topic of their choice that addressed a "Canadian heritage" theme.

The Heritage Fair was facilitated by teachers Kim Kerelchuk, Owen Nishi, Amanda Okeke and Colleen Voth, who each teach a section of a new, blended English and Social Studies course.

"The course is combined Social Studies and ELA [English Language Arts]. The writing, speech writing and the planning are all English curriculum outcomes that the students are doing with mostly Social Studies-type content," explained Okeke.

The blended classes also emphasize project-based learning, where students gain knowledge by engaging in real-world tasks and challenges. The Heritage Fair certainly fits the bill.

"They're getting that authentic audience and a real reason to prepare rather than just handing something into the teacher and saying, 'It's good enough,'" Voth explained. "This is a very real public presentation where there are real consequences."

"We told them, 'This is your project and it represents you. Take pride in it and do the best that you can.'"

Only the French immersion students don't have the blended class, though they also took part in the Heritage Fair.

In total, students created over 70 projects that covered topics that addressed Canada at war, Aboriginal history and culture, women in war and politics, Canadian communi-

ties and immigration, literature, film, sports, science, family histories and many others.

To raise the stakes further, students' projects were assessed by a panel of 12 judges, made up of former and current students and teachers.

The judges awarded marks based on the quality of the students' historical research, project board design, their speech and responses to questions and the creativity they used to tackle their topic.

At the end of the evening, students behind the judge's top-rated projects received a certificate and gift card. The teens that created the top 11 English projects and top two French projects will also have the opportunity to display their work at the Red River Heritage Fair on May 3 at the University of Winnipeg.

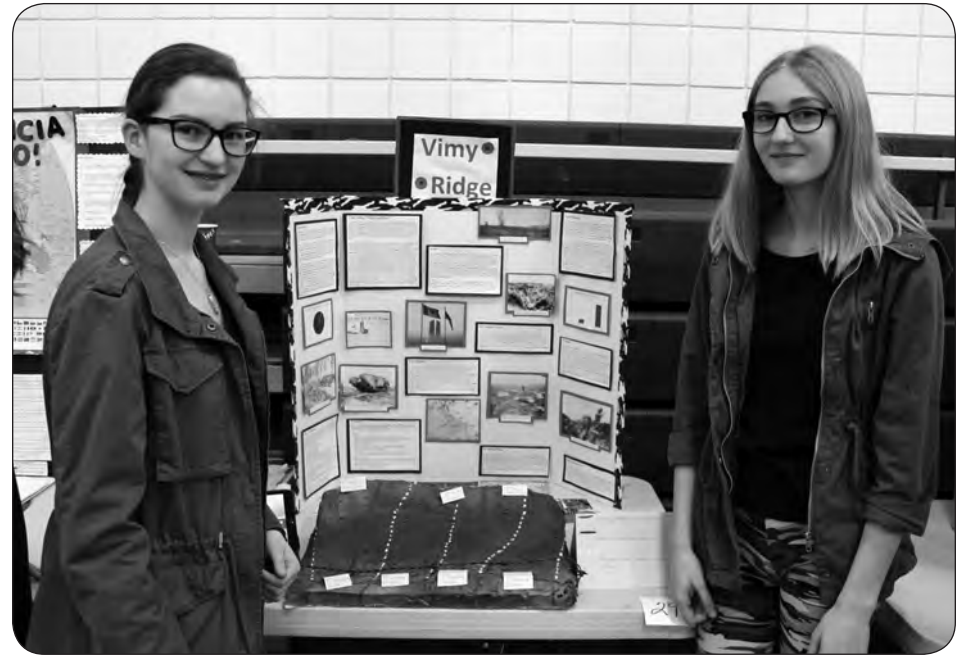
While a high mark might help a student achieve a good grade in their class or a spot at the city fair, their teachers said the assignment provided other valuable experiences.

"There's the collaboration of ideas that happens," Okeke said. "It was nice to see how somebody in one class would do something in their project and then other people would hear about it and now they're adding that element to their design."

"That opportunity to measure yourself against others but to have the time to fix and improve before you get that final mark just makes it so much better because they have room to grow."

"I think it gives them confidence too," added Voth. "They're the authority on that subject. They're the ones who've done the research and it's not just the teacher telling the students what they need to know. They get to be the teacher for that moment and it brings out the best in them."

Many students also found that the project helped them explore family and community connections.



TRIBUNE PHOTOS BY MELISSA MCIVOR

Bailey Georgison, left, Lauren Brown, right, and their project on Vimy Ridge earned them top marks from the judges.

Brianna Waldner and Kylee Leathwood learned about the Great Depression through the eyes of a local resident.

"We interviewed a lady named Helen Croy and that was probably my favourite part of the project," Leathwood explained. "She lived in Stonewall during the Great Depression so she was telling us a little bit about how Stonewall was during that time. It was pretty interesting."

Another student, Brittany Slatcher, used the assignment as a chance to learn more about her late great-grandfather.

"I chose to do my project on him because I've heard a lot of stories from my family members about the different things he did in the community," she said. His contributions included helping to dig Kinsmen Lake, helping to build highways 7 and 67 and co-founding the Stonewall Jets.

"Now I feel like I know him even though I've never met him."

## Top projects

### English:

First – Bailey Georgison and Lauren Brown (Vimy Ridge);

Second – Davia Georgison (Mennonites: A Road to Cultural Freedom);

Third – Kaydence Michalsky (Development of Women's Rights).

### French Immersion:

First – Brianna Waldner and Kylee Leathwood (La Grande Dépression);

Second – Noah Harold and Gage Lambert (La Guerre de Corée).

### Honourable Mentions:

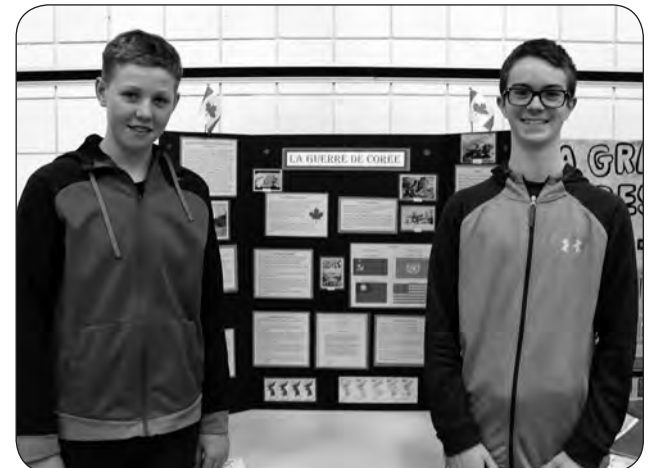
Abby Enns (She Fights Too: Women in War); Emma Ferenc (The Cholera Epidemic of 1832); Madison Hildebrand and Sydney Byle (Women in Hockey); Moira Rickett (The Missing 25 per cent: Lack of Women in Canadian Parliament), and Brittany Slatcher (Who is Alfred Slatcher?).



French Immersion students Brianna Waldner, left, and Kylee Leathwood received first place for their project on La Grande Dépression (The Great Depression).



Davia Georgison placed second with her project on Mennonites.



Gage Lambert, left, and Noah Harold with their second place project on La Guerre de Corée (Korean War).



# letter to the editor

Letters to the Editor:  
letters@stonewallteulontribune.ca

## Government transparency critical to democracy

On Dec. 4, Cathy Cox, provincial minister of sport, heritage and recreation, tabled Bill 8, The Government Notices Modernization Act, for first reading in the Manitoba legislature.

At first glance, the bill seems procedural, even innocuous. Its first part proposes that The Manitoba Gazette, the government's official online portal for legal notices, be made available to the public free of charge. It

then recommends amendments to 24 statutes relating to the government's publication of official notices, removing requirements that such notices be published in local newspapers and replacing them with the requirement or option of publishing them in The Manitoba Gazette.

But all is not what it seems at first glance.

The Manitoba Community Newspapers Association wants to make

it perfectly clear that, by doing away with requirements to publish government notices in newspapers, the Progressive Conservative government of Premier Brian Pallister will make it even more difficult for Manitobans to monitor its activities and business.

Most importantly, this bill will affect the manner in which everyday Manitobans learn about things such as changes to school board boundaries or human rights complaints.

Let's be honest here. The Manitoba

Gazette is a little-known house organ that catalogues items of government business which must be legally published, such as notices to creditors of an estate or notices of legal name changes. It is generally only used by people in government or legal circles and it is genuinely difficult to find online, even when using the search window on the government's own website.

Making something accessible does not necessarily mean people will use it, and making The Gazette free does not mean the public will visit the website. The whole point of a legal requirement to publish government notices is to ensure that such information is broadly distributed. The 49 member papers of the MCNA deliver hundreds of thousands of newspapers to the doors and mailboxes of Manitobans throughout the province each week. Our readers see those notices and thus learn of public hearings on flood prevention or the use of fertilizers and pesticides in nearby farmlands.

Bill 8 will effectively bury such notices in an internet backwater, while the government touts phrases such as "openness and ease of access."

It will likely be pointed out that MCNA's member newspapers earn money from publishing public notices. Rest assured, the sum of that revenue is not significant enough to be make-or-break for our members.

This is not a money issue. It is a question of the openness of government and the nature of democracy.

Rather than reaching out directly to the people who may be affected by their notices, via a medium that is still very much useful and familiar, this government is content to wait for people to somehow discover what is happening by visiting a website they've never heard of.

The scenario rather begs the question: What other information would this government like to obscure?

-By Ken Wadell, President of MCNA



Take care of details so they don't have to. *Just ask Ken.*

*kl*  
KEN LOEHMER  
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**MEAT DRAW - CLUBROOM at 3:00 p.m.**  
**Every last Saturday of the month. See you March 31!**  
**ALL ARE WELCOME**

Attention Residents of the Rural Municipality of Rosser

## Share Your Views

.....

**concerning the proposed expansion of a dairy operation - TRC- 12-041**

The Manitoba government has received a proposal from Rosser Holsteins Ltd. to expand its dairy operation from 1200 to 2000 animals (1200 to 2000 Animal Units) at SW ¼ 06-12-01 EPM, located approximately six miles south of the community of Gross Isle or approximately one mile south of the community of Rosser.


If you would like to share your opinion concerning this proposal, you are invited to contact the Manitoba government by sending either a letter or an email with your name clearly identified to (TRC@gov.mb.ca) specifically referencing TRC 12-041 no later than April 27, 2018. After this date, the proposal will be dealt with by the Livestock Technical Review Committee.

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry.

**For more information**

If you would like more information on this topic, please visit [http://www.gov.mb.ca/ia/livestock/public\\_registries.html](http://www.gov.mb.ca/ia/livestock/public_registries.html) or the South Interlake Planning District at 285 Main Street, Box 1219, Stonewall, Manitoba, R0C 2Z0.

**Technical Review Co-ordination Unit**  
Municipal Relations  
604-800 Portage Avenue  
Winnipeg, MB R3G 0N4  
Fax: 204-945-5059

**Manitoba** 

**PUBLIC NOTICE**

## Pesticide Control Program

.....

Public Notice is hereby given that the Manitoba government intends to conduct the following Pesticide Control Program during 2018 within the province roadway right of way. The Program is needed to control invasive plants and noxious weeds on road allowances within the Municipalities of:

Montcalm	Victoria	Woodlands
Rhineland	North Norfolk	St. Laurent
Stanley	Portage la Prairie	Rockwood
Pembina	Cartier	St. Andrews
Louise	St. Francois Xavier	Gimli
Lorne	Rosser	Armstrong
Thompson	West St. Paul	Fisher and Bifrost-
Dufferin	Rosedale	Riverton and
Roland	Glenella-	various locations
Morris	Lansdowne	in unorganized
Ritchot	Westlake-	territories North
Macdonald	Gladstone	of the Fisher and
Grey	Alonsa	Bifrost-Riverton
Norfolk-Treherne		municipalities

The herbicides to be used: Dicamba, 2,4-D amine, 2,4-D Choline, Mecoprop, Amitrole, Aminopyralid, Metsulfuron-methyl, Diflufenzopyr, Picloram, Aminocyclopyrachlor, Chlorsulfuron, Iron (as FeHEDTA), Glyphosate, Triclopyr, Clopyralid, Acetic Acid, LI 700, Non Ionic Surfactant, Flumioxazin and Indaziflam.

If you have comments or concerns the public may send written submissions to the specific control program within 15 days of the publication of this notice.

Manitoba Sustainable Development  
Environmental Approval Branch  
Suite 160, 123 Main Street  
Winnipeg, Manitoba R3C 1A5

**Manitoba** 



# Stonewall purchases old elevator property from CP Rail

By Jennifer McFee

Lights! Camera! Action!

Stonewall council is in favour of film work that will soon be underway throughout the town.

Smokey Mountain Films Inc. and Julijette Productions will film scenes for *A Smokey Mountain Christmas*, which will transform areas around Main Street into a small Tennessee town called Smokey Mountain for the holiday flick. Town hall will be used for the film, as well as the Anglican church and the old library building.

Filming in Stonewall will take place between March 26 and April 10. During this period, residents can expect intermittent closures and control of pedestrian traffic.

On Thursday, March 29 from 6:30 a.m. to 11 p.m. and Monday, April 2 from 1 to 7 p.m., Main Street will be closed between 1st Avenue North and 1st Avenue South, and Centre Avenue will be closed between 1st Street West and 1st Street East. Access to the Su-

nova Credit Union will remain open.

Then on Friday, April 6 from 6 p.m. to midnight, 1st Street West will be closed between 1st Avenue North and 2nd Avenue North.

Local businesses will be open during filming with production staff on site to answer questions and facilitate pedestrian access during road closures. Residents can expect to see technical vehicles parked around town as well as artificial snow effects to create a Christmas atmosphere.

If you're interested in being part of the action, work is available as paid, non-speaking extras of all ages, backgrounds and ethnicities. The extras will be needed for one to two days with advance notice.

To apply, submit a current photo and contact information as soon as possible to [winnipegcasting@gmail.com](mailto:winnipegcasting@gmail.com).

Any questions concerns about the film can be directed to location manager Brandy Hagborg at 204-997-7183.

In other council news:

- CP Rail has accepted the Town of Stonewall's offer to purchase a 5.25-acre property known as the old elevator site, across from the Co-op gas station.

"This adds to a large parcel of land that we already own," said Mayor Lockie McLean. "It gives us more options."

- The Town of Stonewall has engaged civil and structural engineering consultants A.F. Eshmade and Associates Ltd. to provide advice about how to preserve the kilns at Quarry Park.

"Their mandate is to look into this with some skilled masonry contractors to determine what it would take to preserve these historic kilns," McLean said.

"It's important to council and to the town that we do our best to try to save them."

- At the March 21 meeting, council passed first reading of zoning bylaw amendments to introduce new development regulations for cannabis re-

tail stores in Stonewall in anticipation of the federal government's upcoming legalization of cannabis.

The amendments would include a provision that cannabis retail stores will be located a minimum of 300 metres away from all public and private schools and child-care services. The owner/operator of the cannabis retail store would need to enter into a development agreement with the Town of Stonewall.

A public hearing will take place as the next step in the process. So far, no date has been set for the hearing.

- The 2018 financial plan public hearing is set for Wednesday, April 25 at 6 p.m. in the council chambers. The 2018 financial plan includes the 2018 operating and capital budgets, an estimate of operating revenue and expenditures for the following year and a five-year capital expenditure plan.

Copies of the financial plan will be available for review at the town office during regular office hours.

## > ITA, FROM PG. 2

effitted to the tune of \$277 million, said Ferguson.

"That's how much this industry is putting into the coffers of the provincial government. The one per cent additional PST is less than that. This is a big sector, 24,000 people work in it.

"People either had no opinion or low opinion of Manitoba as a travel destination. With the additional marketing dollars, we have the opportunity to market to new markets, and it has changed people's perception of Manitoba and has changed Manitobans' perceptions of themselves."

Manitobans contributed to the lion's share of those tax revenues in previous years, with 85 per cent or 11 million people travelling within the province.

"How do we get more international customers here?" said Ferguson, "but at the same time not lose sight of the fact that Manitobans are in fact creating a tremendous amount of revenue for us."

One solution is a new place branding strategy, which caught on like wildfire in dozens of communities around the province after it was launched in Clear Lake.

"It creates the opportunity for stakeholders to collaborate in order to attract people to a destination, inspire them to stay longer and spend more money," said Ferguson. "It can help build an identity in order to influence perceived images they're known for."

Among the communities that have already adopted place branding are Gimli, the Whiteshell, Portage La Prairie, and Morden and Winkler — two separate communities that joined forces under one brand.

Several other communities, such as Winnipeg's St. Boniface neighbourhood, Dauphin, Steinbach, Neepawa, Brandon, Flin Flon, The Pas and Thompson, are on TM's branding list.

"This came over the transom so fast we can't handle anymore. We now want to work with all these communities to really maximize on the impact of our brands," said Ferguson.


Another way to market Manitoba is through more "targeted publisher content" in magazines such as *National Geographic*, *Canadian Living*, *Maclean's* and *Zoomer*. TM will also tie into digital platforms.

Additional initiatives include creating an Indigenous tourism strategy, working with local chambers of commerce and holding more regional workshops to get feedback on what needs to be improved. Participants from a recently held workshop in Gimli asked for better directional signage, improvements to and the creation of Internet


and cell coverage, more accommodation suppliers and better engagement with municipalities.

Travel Manitoba's goal is to increase tourism revenues even though it will be working without a budget increase this year from the province.

"The goal was to increase tourism revenues in the province by \$100 million dollars each year for the next five years and get us to a \$2 billion mark by the year 2020," said Ferguson. "Last year we generated \$99 million."



# QUIZ NIGHT FUNDRAISER



Hosted By:  
**Stony Mountain/Stonewall Masonic Lodge #12**  
 &  
**Stony Mountain Community Assn.**

**Friday, April 20, 2018**

Royal Canadian Legion, 459 Main Street, Stonewall, MB  
 Doors Open 6:30 pm – Quiz Starts 7:00 pm  
 Tickets \$20.00 per person (Teams of 8 players)  
 Silent Auction, 50/50 Draw, Bottle Draw

To register a team, or for prize donations, contact the following members of our joint fundraising committee  
 Rey Laferriere 204.781.5170  
 OR Marcia Desmedt 204.470.4326



**HELP WANTED**

**Welcomes Volunteers to assist at the**  
**Rockwood Festival - STONEWALL APRIL 2018**  
**as Cashiers - Secretaries - MC's - Ushers**

*A background in the arts is not required.*  
*Anyone willing to give their volunteer support would be most welcomed and appreciated.*

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 and receive **FREE ADMISSION** (for the family/household)  
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 & a **FREE PROGRAM BOOK** (\$5 Value)  
 (Patronage will be mailed via Canada Post March 26-31)  
**Patronage/Donations available online [www.rfota.ca](http://www.rfota.ca)**  
 Also available at Stonewall Library & Teulon - Kozy's 92 Main St.



# Warren Elementary playground on order with Richardson donation

By Lana Meier

Warren Elementary students were using their math skills last Thursday when they heard that the school was receiving a \$15,000 cheque from the Richardson Foundation in support of the playground.

Student representatives from every grade placed a tile on the wall displaying the annual fundraising totals from 2011 to present. The last tile, labelled Richardson Grant, was for \$15,000, allowing them to reach a grand total of \$71,936.63.

And when the last tile was taped to the wall, principal Chris Gamble announced to the students that they had enough money to go ahead with their playground project.

Parent advisory committee members have been fundraising for a new playground structure since 2011 and the donation last week capped off their seven-year fundraising initiative.

Annual fundraising totals and activities included:

March 22, 2018 - Grand Total \$71,936.63 (\$15,000 Richardson Grant);

- 2018 - \$56,936.63 (hot lunches, Show & Save book sales, movie nights, Good & Services Auction, Selkirk GM Test Drive, Lions Club donation, Warren United Church donation, 4 Corners 4-H donation;

- 2017 - \$39,451.35 (hot lunches, movie nights, Show & Save book sales, RBC Day of Service grant;

- 2016 - \$32,376.63 (hot lunches, magazine sales, Show & Save, Good & Services auction, RBC Day of Service grant);

- 2015 - \$16,395 (hot lunches, maga-

zine sales, Show & Save, Peak of the Market vegetables, Mom's Pantry, RBC Day of Service grant);

- 2014 - \$12,149.56 (hot lunches, magazine sales, Show & Save);

- 2013 - \$9,329.30 (hot lunches, magazine sales, Show & Save);

- 2012 - \$6,596.37 (hot lunches and magazine sales);

- 2011 - \$4,208.44 (hot lunches and magazine sales).

Richardson Pioneer operations director Doug McArthur was on hand to present the cheque to PAC members and Warren Elementary staff.

The Richardson Foundation provides meaningful funding that will enrich the lives of the people in the communities served by James Richardson & Sons. The foundation has maintained a strong belief in giving back to the communities in which it serves. It focuses on creating sustainable futures by offering its support to



TRIBUNE PHOTOS BY LANA MEIER

Richardson Foundation representatives, left to right: Mike Gemmill, Courtney Peluk and Doug McArthur presented a \$15,000 cheque to Warren Elementary Parent Advisory president Marlo Carlson and principal Chris Gamble last Thursday.



Students voted for their favourite playground components.



Warren Elementary students hung a poster on the wall of a Landscape Structures playground concept.

*We believe in cherishing the small moments in life because they make the lasting memories*

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**Craft and Bake Sale!**

Come join us for our first spring craft & bake sale. Large portion of the proceeds going towards the purchase of pet oxygen masks, to be donate to local fire departments!

**50/50 DRAW** **SILENT AUCTION** **FREE ADMISSION!**

**Saturday, April 7  
10 A.M. - 3 P.M.  
BALMORAL HALL**

youth initiatives and education.

Following the cheque presentation, students each received four stickers and were encouraged to vote for the components of the playground that were most important to them.

The H.O.P.E. Park and the ZipKrooz were definitely popular with the students.

The school will be placing the order for their new playground with Landscape Structures with plans to have it installed this summer.

The equipment and components will help students develop balance, co-ordination, muscle endurance, problem-solving skills, social skills and much more.

Stonewall Teulon  
**Tribune**  
**NEWS TIPS**  
Call 467-5836



# Warren Lions donate to community groups

By Jo-Anne Procter

It's all about pride when it comes to the Lions clubs in Warren.

The Warren Herizon District Lions Club and the Warren & District Lions Club combined have donated \$72,916 in our communities since 2008.

Both groups give annual scholarships to Warren Collegiate and are known for their donations towards compassionate care. They help out families that have had house fires and contribute financially with parking passes and gas cards to families that have to spend extended periods of time at the hospital. They also make donations to local schools and charity events.

Last Wednesday, the Herizons celebrated the community by presenting a total of \$3,000 in donations to Project New Hope, the Warren Elementary Parent Advisory Council, the Woodlands Parent Advisory Council

and the South Interlake Rec Centre at their regular meeting at Woodlands Elementary School.

Herizon president Meechelle Best explained to guests that the International Lions Motto is "Where there's a need, there's a Lion."

"Whenever Lions clubs get together, problems get smaller and communities get better," she said.

"That's because we're here to help when help is needed, in our communities and around the world."

Local Lions club members are from all corners of the community with each member contributing a great skill and attribute to help with numerous projects and fundraising events with minimum effort from each individual.

"Many hands make light work, which is the case with this group," Best stated.

The club donated \$500 to Project New Hope, which is an organization

that helps military families.

They donated \$500 to the Warren Elementary Parent Advisory Council to help fund the play structure, which the group hopes to have ready for the start of the 2018 school year.

The Woodlands Elementary Parent Advisory Council received \$500 to help with outdoor projects such as swings, a sand box and outdoor musical instruments.

The Lions also presented South Interlake Rec Centre president Rhys Van Kemenade with a cheque for \$1,500 to help offset payments of the 2006 Zamboni that was purchased in 2017.

The Warren & District Lions Club was formed in 1985 and the Herizons was formed in 1995.

The Herizons provide a catering service for local functions in the community to raise funds and the Lions sell hotdogs and smokies for the Prairie Dog at the Grosse Isle station



TRIBUNE PHOTOS BY JO-ANNE PROCTER  
Edna McRae, Herizon treasurer, presents a cheque for \$500 to Carolyn Adamko of Project New Hope.

throughout the summer.

The Herizons meet the first and third Wednesday of each month at the Warren Fire Hall and encourage any women to join them. For information, you can contact Best at 204-856-3291.



Irene Tully, left, presents Woodlands Green Space Program members Lisa Sund, middle, and Tara-Lee Koss with a cheque for \$500 to be used towards their outdoor playground projects.



Michelle Best, left, presents a cheque for \$500 to Warren Elementary Parents Advisory Council members Marlo Carlson, middle, and Jan McDonald to be used for their playground.



Warren Herizon District Lions member Barb Riddell, left, presents a cheque for \$1,500 to South Interlake Rec Centre president Rhys Van Kemenade to assist with the Zamboni costs.

## worship *with us*

> FAITH

### Why did Jesus have to die? The answer will surprise you...

This Friday we celebrate Christ's death on the cross. Celebrate? A death penalty? Seems foolish to some. To others (who are being saved), it is the ultimate display of love and power. So why did Jesus have to die?

God is love. He loves you. He has a law of love. ONE: Love God with everything. TWO: Love your neighbour as yourself. Simple. Imagine a world like that. Everyone kind, generous, gentle and patient. A world without gossip, war, theft or school shootings. It would be epic but, unfortunately,

that's not our world. Every day billions of people are abused, ignored, marginalized and murdered. What does God do with that?

God is love. He loves justice. Justice requires that no victim is overlooked. Perfect justice requires a penalty on every crime. God is perfect. God cannot leave the guilty unpunished. That means vindication for every victim. That means justice for everyone who's ever been hurt throughout history. Including you. There's something beautiful about that.

God is love. He loves truth. The

truth is that we're all criminals. That we all broke God's law of love. Daily. Serially. Consistently. Ignored God and ignored the needs of those around us. Selfish thoughts and actions. All the time. So what's the penalty? You tell me. God says "The wages of sin is death." "Those who tell lies will perish." "The soul that sins dies." That's right. A death penalty. Seems harsh but it's not the size of the crime but the size of who it's against. God is the King of the universe. Every crime is against Him and His children. It's the ultimate treason and rebellion. We all have a death penalty that He can't overlook. Do we have a problem? What does God do with that?

God is love. He loves you. God demonstrates His love by sending His son — Jesus — to die on a cross. Jesus is

God. The cross is Him trading places with you. The cross is Him paying your penalty. Cancelling your debt. Nailing it to the cross. So you could have freedom. Eternal life. Right standing. A good King trading places with a traitor. A perfect Judge trading places with a criminal. A loving Father making the ultimate sacrifice.

Why did Jesus have to die? For justice. For love. For victims. For criminals. For you. For me. For anyone who would believe and put their faith and trust in Jesus. Repent. You've been your own king and rescuer long enough. Trade places. Make Jesus your King and Saviour today. Visit [www.ThatPaulGuy.com](http://www.ThatPaulGuy.com) to find out how.

Paul Emmer  
YFC Stonewall



# Activities for Seniors in Your Area

## April 2018 Calendar of Events!

**SOUTH INTERLAKE 55 PLUS, ACTIVITY CENTRE 374 FIRST STREET WEST.  
FOR NEWSLETTERS, VISIT [WWW.SI55PLUS.ORG](http://WWW.SI55PLUS.ORG)**

Clip & Save	
	
Apr 1 CVITP Drop Off Continues	Apr 8 MB Moose Game Bus Trip
Apr 2 Cribbage Tournament @ 1:00 pm	Apr 10 Police Academy – Older Adult Division Begins
Apr 3 Hop, Drop, & Shop @ 10:00 am	Apr 11 Monthly Luncheon @ Noon
Apr 3 Book Club Meeting @ 9:30 am	Apr 11 Accumulative Crib Tournament Begins
Apr 6 Quilt Show Bus Trip	Apr 12 Grant Park Shopping Centre
	Apr 19 Club Regent Casino
	Apr 27 Community Volunteer Income Tax Program Ends
	Apr 30 Cribbage Tournament @ 1:00 pm

## LUNCHEON Wednesday, April 11 @ NOON

Pork Poast, Mashed Potatoes & Gravy, Veggies & Dessert  
**374 First St. West (Odd Fellows Hall)**  
*Tickets Available at the Door. Everyone Welcome!*

**Cribbage Tournament Partner Play**  
Monday, April 2nd & April 30th 1:00 pm  
**Prizes - Refreshments Everyone Welcome!**

**ACCUMULATIVE CRIBBAGE TOURNAMENT**  
Partner Play – 4 Weeks  
Wednesdays Beginning  
April 11th • 7:00 pm – 55 plus (Odd Fellows Hall)  
Prizes – Refreshments  
Pre-Registration Required by April 6th

## BUS TRIPS

Hop, Drop & Shop – Apr 3 @ 10:30 am  
Shopping @ Grant Park – Apr 12 @ 9:30 am  
Club Regent Casino – Apr 19 @ 10 am  
Quilt Reflections Show – Apr 6 @ 9:30 am  
Manitoba Moose Game – Apr 8 @ 12 Noon  
Celebrations: Rock'n Roll Heaven May 1 @ 10 am  
**Early Deadlines!  
Limited Seats!  
Registration Required!**

**55 Plus will be offering the COMMUNITY VOLUNTEER INCOME TAX PROGRAM**  
Runs until April 27th Tuesday – Friday 10:00 am – 3:00 pm  
**This is a DROP-OFF Service Only**  
**VOLUNTEERS are TRAINED by CANADA REVENUE AGENCY**  
For Eligibility Criteria, Required Documents & More Information CALL: 204-467-2582

## POLICE ACADEMY: OLDER ADULT DIVISION

Tuesdays, April 10th – May 15th  
1:00 pm – 3:30 pm Odd Fellows Hall, Stonewall  
This FREE Series of Presentations will focus on skills and safety principles on topics such as Identity Theft, Frauds & Scams, Emergency Preparedness, Elder Abuse, Fall Prevention and many more! Pre-Registration Required – Deadline March 29th. For More Information, Call 55 Plus!

**For more information call 204-467-2582**

## Teulon & District Seniors Resource Council Inc.

*Providing a Helping Hand* Find us at 54 Main St, Teulon 204-886-2570

### PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • FRIENDLY VISITOR
- DRIVER ESCORT • INFORMATION/FORM ASSISTANCE • ADOPT A GRANDPARENT
- DROP IN CENTRE AREA
- COMMUNITY VOLUNTEER INCOME TAX PROGRAM
- RED CROSS MEDICAL EQUIPMENT LOANS
- CAREGIVERS SUPPORT GROUP

**REGULAR OFFICE HOURS: 8:30AM-4:30PM**

## South Interlake Seniors Resource-Stonewall

### SUPPORT SERVICES FOR SENIORS

- Driver/Escort Program • Equipment Lending Service • Meals on Wheels
- Lifeline • ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy) • Home Hair Care Service
- Resource information/Form Assistance **[www.sisrc.ca](http://www.sisrc.ca)**

Join us for a once-a-month

### “POTLUCK PLEASURE AND FELLOWSHIP”

Tuesday, April 17th @ 5:00

**Church of the Ascension Parish Hall - 435 – 1st Ave. N.**  
*For transportation, please call 204-467-2234 or 204-467-2207*

**WE ARE OFFICIALLY IN OUR NEW OFFICE! COME CHECK US OUT IN THE LIONS MANOR NEW PHASE, ENTRANCE 4!!**



The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

## National Volunteer Week

April 15-21, 2018

### Celebrating the Value of Volunteering

National Volunteer Week is a time to celebrate and thank Canada's 12.7 million volunteers. This year's theme is: *Celebrate the Value of Volunteering – building confidence, competence, connections and community.*

Volunteering is often seen as a selfless act, a person gives their time, skills, experience and passion to help others without expecting anything in return. And while volunteering is a form of service, many volunteers will tell you that 'you get more that you give'. From opportunities to develop new skills, to finding deep and meaningful personal connections, the magic of volunteering is that it creates social and economic value for all.

We at South Interlake Seniors Resource Council are grateful for the wonderful volunteers that we have and we thank you for what you do from the bottom of our hearts!

**For more information call 204-467-2719**

## St. Laurent Seniors Resource Council Inc.

**“A HELPING HAND WHEN YOU NEED IT”**

*55+ and people with disabilities*

*Offering support services within the RM of St. Laurent and surrounding areas*

**St. Laurent Community Health Centre**

**51 Parish Lane, 204-646-2504 ext.4**

**Seniors Resource Coordinator, Darlene McKay**

Footcare clinic, Community Volunteer Income Tax Program, Exercise Program, Monthly Seniors Birthday Club, Mobility Aids, (E.R.I.K.) Emergency Response Information Kit, Victoria Lifeline, Volunteers for different services such as Friendly Visits and Telecheck, resource Information, housekeeping, transportation, mobility aid equipment for loan. Fundraising activities throughout the year.

**Monthly Birthday Bingo Club and whist tournament last Thursday of each month.**

**“Celebrating Seniors in Action”**



# Rosser Elementary students embrace the gift of failure

By Jennifer McFee

"Making your way to success isn't always cupcakes and rainbows."

A group of Rosser Elementary School students came up with this catchy phrase as part of their focus on the gift of failure.

Principal Belinda McNaughton explained that the entire student body meets in the gym once per school cycle for some guidance teaching. The students were divided into six teams, all led by Grade 4 students.

"Our big theme was about a growth mindset, so we did lots of work on that. There were lots of hands-on fun activities," she said.

"Part of the growth mindset is to be able to think of failure or mistakes as an opportunity to learn and grow. So this idea of the gift of failure was part of our conversations."

The students researched inventions that were discovered due to mistakes, such as the chocolate chip cookie or leotards, and they presented their findings to the group.

To culminate the theme after the first two terms, the teams collaborated to come up with quotes about the gift of failure. They came up with some insightful thoughts, such as "Never give



TRIBUNE PHOTO BY BELINDA MCNAUGHTON

Rosser Elementary School students are learning that success isn't always cupcakes and rainbows.

up and believe in yourself." Another group said, "If you want to succeed, never give up."

Other teams said "You always pass failure on your way to success" and "Keep on trying and you will not fail."

Providing encouragement, another team said, "When you fail and when you fall, you get back up and keep going."

One team said "Making your way to success isn't always cupcakes and rainbows," which was printed on T-shirts for all the staff and students to wear.

"We have three classrooms here and each classroom is using the language in the classroom in their own way. It's on our minds, and where the attention goes, the energy flows," McNaughton

said.

"So our attention is definitely on using growth mindset and language. We're trying to promote the value of perseverance and hard work, getting support when you need it and valuing everybody's efforts. I think there's evidence to suggest that it's hit the mark for a lot of the kids."

## St. Laurent council questions Little Fire Renovation invoice

By Jeff Ward

Council voted against releasing a \$2,100 payment to Little Fire Renovations at last week's council meeting citing a miscommunication between the contractor and the RM.

Little Fire Renovations submitted an invoice a few weeks ago for work done repairing the hose support structure at the St. Laurent Arena; however, council said the work was never officially signed off on. Reeve Cheryl Smith explained the situation and said that the contractor said in an email that Coun. Laurent Kerbrat had given authorization to do the job, a point that Kerbrat emphatically denied during the meeting.

"I never authorized him. We talked about it and I said, '[CAO Hilda Zotter] would like you to give her an estimate,'" Kerbrat said during the discussion.

Zotter said that she never gave any authorization for the work to be done and never received any quote from the contractor. Zotter said she was surprised to receive an invoice for the work. Zotter, Kerbrat and Deputy Reeve Frank Bruce are also confused as to how the work could be valued so high at \$2,100.

Smith said that Kerbrat can't authorize work to be done and that all contractors should know that quotes need to go through the CAO for approval.

"The CAO is in full control of daily activities as well as the budget," said Smith.

Bruce, Kerbrat and Zotter will meet with Little

Fire Renovations to discuss the work in more detail and negotiate a solution between the two parties.

Smith added that she doesn't feel like this was done with any improper intent.

"The relationship with the municipality and all of its contractors that we deal with, there's no hard feelings," she said.

Coun. Tom Johnson abstained from the vote and said he hadn't had the opportunity to look at what work was done.

### Other news in brief

- Council approved the attendance of Public Works foreman Dean Appleyard for the 2018 Association of Manitoba Municipalities Trade Show in Brandon on April 11.

- The RM was approved by the Enabling Accessibility grant for a cost sharing project to install an automatic door at the Welcome Centre. The door will be installed by Mantario Door Control Ltd. and Ridley Electric for a total cost of \$3,637.19.

- Council announced the dates of upcoming public hearings for amendments to zoning bylaws. They will take place on April 18 at 6:45 p.m.

- Coun. Tom Johnson reported to council about his trip to the Lake Manitoba/Lake St. Martin Outlet Channel information session. He expressed some frustration that the completion

date had been moved back to 2024. Council as a whole are pleased that the province is moving towards getting this project completed. Reeve Smith said that her council has always viewed this project as vital to St. Laurent residents and that as a council they will always stay connected to what is going on in regard to that project.

### PUBLIC NOTICE

## Pesticide Control Program

Manitoba Sustainable Development intends to conduct the following Pesticide Control Program during 2018, in the Grant's Lake and Oak Hammock Marsh Wildlife Management Areas.

The program is needed to control noxious weeds on lure crops.

The projected dates of application will be from May 15, 2018 to October 31, 2018.

The herbicides to be used may include:

- |              |                |               |
|--------------|----------------|---------------|
| • Broadband  | • Infinity     | • Quizalofop  |
| • Curtail M  | • Prestige XC  | • Velocity m3 |
| • Glyphosate | • Puma Advance |               |

If you have comments or concerns, send them in writing within 15 days of publication of this notice to:

Manitoba Sustainable Development  
Environmental Approvals Branch  
1007 Century Street  
Winnipeg, Manitoba R3H 0W4

**Manitoba** 



# Stonewall pilot remembered 100 years after actions won Victoria Cross

By Melissa McIvor

Many residents of Stonewall are familiar with the "McLeod" name and the story of a heroic young First World War Royal Air Force pilot.

This year, that story carries special significance as Tuesday, March 27 marked the 100th anniversary of the action that won 2nd Lt. Alan Arnett McLeod a Victoria Cross.

Bill Zuk, director of the Canadian Aviation Historical Society and secretary of its Manitoba Chapter, explained that while 13 Manitobans have received this award for exceptional bravery in the presence of the enemy, McLeod was probably the youngest recipient of this group.

The details of McLeod's life and military service have been captured by many sources over the years and tell the story of a brave young man from a small prairie town.

McLeod was born in Stonewall on April 20, 1899, to parents Alexander Neil McLeod, a doctor, and Margaret Lyllian Arnett. McLeod enjoyed a comfortable childhood, but when the First World War broke out in 1914, he was eager to join the action. He enrolled in the Royal Air Force in 1917. McLeod trained as a pilot in Toronto until he was sent to Britain on Aug. 20, 1917, and was later posted in France on Nov. 29, 1917.

"He was only 18 years old when he was involved in a major sortie over the front lines," said Zuk.

On March 27, 1918, McLeod was flying an aircraft, an FK8, to support Allied forces in Albert, a Somme battlefield, with his observer, Lt. Arthur Hammond, when they were confronted by eight enemy tri-planes.

"Alan was flying a lumbering, almost bomber-type aircraft that was also used for reconnaissance," explained Zuk. "It did have some forward firing guns and the observer or gunner in



Second Lieutenant  
Alan Arnett McLeod

the back seat was also able to defend the aircraft and had guns as well."

A report from *The London Gazette* tells a vivid account of the event.

Hammond was able to shoot three of the planes down while McLeod maneuvered the aircraft to evade enemy fire. Eventually, their gas tank was hit and the plane caught fire. While Hammond continued firing at the assailing tri-planes, a wounded McLeod climbed outside of the plane onto the fuselage while it was still in flight and guided the aircraft into an emergency crash-landing into No Man's Land. As the aircraft burned around them, McLeod dragged an injured Hammond from the wreckage and through machine-gun fire and detonating bombs to a safer location.

A South African unit sheltered the injured men in a trench until nightfall when they were collected and taken to England to convalesce. It was announced on May 1, 1918, that McLeod would receive a Victoria Cross.



PHOTO COURTESY OF ROYAL CANADIAN AIR FORCE  
McLeod and his observer, Lt. Arthur Hammond, outside quarters at their airfield in France.

"The Victoria Cross is probably the highest award for any military action," explained Zuk. "Usually it had to be recognized by at least two witnesses and it had to involve an event that was extraordinary. Now in the case of McLeod and Hammond, they fought over the front lines. They probably had a hundred thousand witnesses on both the Allied and German side so this was a fairly well-recognized action that was quite amazing."

"Both men came out of a blazing inferno holding each other up and fighting for their own survival. McLeod was awarded the Victoria Cross but his seatmate actually did just about as much. Hammond was awarded the Military Cross for the action. That was also a fairly important way of recognizing him."

In September 1918, McLeod returned to Manitoba only to contract the Spanish influenza shortly after. He died on Nov. 6, 1918, five days before the war ended.

Stonewall has gone to significant lengths to preserve the memory of this heroic young man. McLeod's family home survives on 292 Main St. as the McLeod House Tearoom and Giftshop. The town also has its own Alan McLeod Avenue.

In Winnipeg, McLeod's portrait hangs in the 17 Wing Officers' Mess Hall and on May 9, 2017, a plaque and a Commonwealth War Graves Commission marker was placed on the McLeod family plot at the Old Kildonan Presbyterian Cemetery, where he is buried alongside his parents. The 301 Alan McLeod Air Cadet squadron also honours his name.

Zuk remarked that elsewhere other Manitoban Victoria Cross winners have been memorialized in bronze. Andrew Mynarski, a Second World



McLeod's Commonwealth War Graves Commission marker and plaque at the Old Kildonan Presbyterian Cemetery.

War airman, and William George Barker, a First World War fighter ace both had statues created by local artist Charlie Johnston.

"This should be the right time for us to start looking at maybe putting up some sort of recognition of the McLeod and Hammond story in Stonewall, something beyond the things that are there right now," Zuk mused, and a dramatic image came to mind.

"Can you imagine? The two of them, arm in arm, coming out of the flames of the aircraft."

Zuk believes that these kinds of tributes are essential if extraordinary stories like McLeod's are to survive.

"Unless they're recorded in some way, like it is at McLeod House or as some sort of tangible record that young people can see for the future, those stories will be forgotten in the end," he said.

## Windows/Doors Winter Sale

**Order now & install when it's warmer!**  
**BUY MORE & SAVE MORE**

Order 1-3 Units	Order 4-7 Units	Order 8+ Units
<b>4% off</b>	<b>6% off</b>	<b>10% off</b>

**Stonewall Glass**

Sale runs Mar. 1 - Apr. 2/18  
2 Patterson Dr.  
204-467-8929

*\*Discount on windows, doors & patio doors only. Installation not included.*

**Don't miss out on these great deals!**



# A growing curiosity for Student Spaceflight Program

By Jennifer McFee

It's been a stellar experience for a group of Stonewall students who had the chance to send a science experiment to space.

During their time as students at Ecole Stonewall Centennial School, Graeme Perrie, Carter Ives and Adam Stamler discovered that they were the winning team in the Student Spaceflight Experiment Program. All three students were in the extracurricular Space Club organized by science teacher Maria Nickel.

Their project is an extension of the classroom-based Tomatosphere program operated in Canada by Let's Talk Science. Through this program, students investigate the effects of outer space on seed germination. Classrooms receive two sets of tomato seeds, with one set that has been exposed to space-like conditions and the other set that is an untreated control set. Students plant the seeds and record germination information.

The winning Stonewall Centennial project re-exposed these Tomatosphere seeds to space conditions. The seeds flew again to the International Space Station on Mission 11 that launched Aug. 14, 2017, from the Kennedy Space Center in Florida. This flight marked the first time that the Tomatosphere seeds have received a second exposure to a space environment. The seeds returned to Earth on Sept. 17, 2017.

The student researchers, now in Grade 9 at Stonewall Collegiate Institute, are curious to see if the seeds will germinate after all that exposure. On Thursday, March 22, they returned to the science lab at Ecole Stonewall Centennial School to open both experiment capsules and plant the seeds. Going forward, they will record the data from March to May to see the progress of growth. In addition, they will report the data results to Let's Talk Science, Tomatosphere and the Canadian Space Agency.

For Perrie, the project is particularly intriguing since he had the chance to watch the launch of his team's experiment in Florida.

"We just want to see if the seeds will be able to start growing. That's all we really wanted to know was if they would be able to germinate. Then we're going to take them by ourselves on our own time to grow them to see if we can get actual tomatoes from them. We're thinking that they're going to be a little bit bigger or maybe just the same," said 15-year-old Perrie.

"I think that it's important to know this before we go into long duration space flights in the future so that we'll



Upon inspection of the seeds several differences were noted.

have food as we're going into the flight and know that we'll be able to grow on the planets or in the space station. That way, we won't have to worry about knowing whether or not seeds are a reliable food source since we're going to be farming on planets or in space."

And as the teacher who led the charge, Nickel notes that none of this would be possible if it weren't for the kids participating in the Spaceflight Experiment Program.

"The kids have moved on to high school but they're still coming back because they want to. They are curious and fully engaged in it," she said.

"They would come on their lunch hour and after school. They've given up their free time to make it work and learn from it. It's pretty amazing on their part that they've taken that kind of responsibility at Grade 9."



TRIBUNE PHOTOS BY LANA MEIER

Pictured left to right: Maria Nickel, director of the Student Spaceflight Experiment Program (SSEP), Graeme Perrie, Adam Stamler and Carter Ives cut open the tubes on their return from space.

She also thanks everyone who contributed towards funding the initiative, and she said that Tomatosphere and Let's Talk Science are interested in the outcomes.

"Tomatosphere is interested in what the kids are doing because this has never been done with their program before, so having the seeds go up twice is a big deal," Nickel said.

"Maybe they could do an additional program based on what these kids are doing, so they're really interested to see what happens."



Ives inspects the seeds to see if any have changed colour, shape or size.



Left to right: Perrie, Stamler, Ives and Nickel will now wait patiently for the seeds to germinate.



Students planted 15 space experiment seeds and 15 ground truth seeds and will compare germination, plant size and fruit harvest.



# Budget 2018: providing relief to those who need it most

By Cameron Friesen, Minister of Finance for the Province of Manitoba

Two weeks ago, the Manitoba government delivered a budget that provides tax relief to Manitoba families and makes progress on reducing the deficit while making good investments in health care, education and infrastructure.

Manitoba families deserve a break and Budget

2018 responds with a historic increase to the basic personal amount (BPA), the amount of income someone earns before the government starts to tax them. The BPA will increase by \$1,010 in 2019 and a further \$1,010 the following year, resulting in an increase of \$2,020 by the year 2020. As a result, every Manitoba income earner will save an additional \$238 each year when fully imple-

mented.

Some observers have criticized this measure as insignificant or characterized it as a "tax cut for the wealthy." Such assertions are wrong and simply ignore the facts.

The basic personal amount can be viewed as a tax credit to everyone who pays income tax. By raising it by \$2,020, the measure is making more of your hard-earned income tax-free.

It's the most significant single tax reduction in Manitoba's history.

In a progressive tax system like ours, it is clear that this measure helps people — especially those who earn less. Raising the personal amount completely removes more than 30,000 Manitobans from the tax rolls whose total earnings will be lower than the taxable threshold. For everyone else, it increases disposable (after-tax) income.

Economic research shows that increasing disposable income benefits low-income earners more than it does higher-income earners. This is because low-income earners have to spend a higher proportion of their after-tax income on household necessities compared to medium or high-income earners. Recently it was reported that over half of Manitoba households have less than \$200 in disposable income at the end of the month after all the bills

Continued on page 22

## South Interlake business expo

You've Got to be there. 2018

**Home Buying, Building & Renovation**  
**Landscaping • Auto Services**  
**Fitness • Health & Wellness**  
**Holistic Services**  
**Entertaining • Food Services**  
**Insurance & Financial Services**  
**Antiques & Giftware • Home Furnishings**  
**Purses & Jewellery**

— Expo Demonstration Stage —

**Friday, April 13**

5:45pm **Shaklee** - How would you like a new "NORMAL"?

6:15pm **Stonewall Veterinary Clinic** - Fear Free Practices in Veterinary Medicine

6:45pm **Guiding Light Services** - What is Reiki and its great benefits

7:15pm **Young Living** - How you will boost your life of health and wellness using Young Living Oils

**Saturday, April 14**

10:45am **Loaf & Honey** - Their journey to become cheesemakers. How to make cheese at home.

11:30am **Firewood Manitoba** - Indoor & Outdoor Wood Boilers-what are they, how do they work, and how they can reduce your Hydro bill

12noon **South Interlake Garden Club** - Growing Your Own Sprouts

12:30pm **Melo's Finest** - Cold Pressed Cooking Oils by Melo's Finest, a local recipe for success

1:00pm **Laura Woodman Investment Advisor** - Industrial Alliance Securities The joy of having financial peace.

1:45pm **Loaf & Honey** - Their journey to become cheesemakers. How to make cheese at home.

2:30pm **One Link Mortgage & Financial** - Good Credit/ Bad Credit: How Do I Get it?

15 New Exhibitors

# Over 40 local business & services participating!

**Friday, April 13**  
4 p.m. to 8 p.m.

**Saturday, April 14**  
9 a.m. to 4 p.m.

**Pancake Breakfast**  
8 a.m. to 11 a.m.

**AT SUNOVA CURLING RINK - STONEWALL**

**Come by & check out all these businesses have to offer.**

**Demos to see, products to buy, food to try.**

**SPECIAL EMCEE**

Brody Jackson

QX104 Today's Country

MORNING SHOW HOST

**With paid admission ENTER TO WIN**

**barkman**

**Stone Oasis Firepit**  
with spark arrestor and 1/4 Cord of cut & split seasoned pine firewood Value \$445

**Plus**

**Two Draws for a \$75 Gift Card to Jasperson's Greenhouse & Landscapes**

**ADMISSION:**

\$3.00

/Person Includes Door Prize Entry

\* Extra Door Prize tickets available to purchase

**Kids under 12 Free**

ADMISSION PROCEEDS TO STONEWALL KINSMEN CLUB FOR SPLASH PAD PROJECT

**PANCAKE BREAKFAST:**

\$5

per person

\* receive FREE ADMISSION to Expo

**EXPO held at**  
**Sunova Curling Rink,**  
**Stonewall**  
**South End of Main St.**

Tribune

f

# RECYCLE Awareness

Brought to you by the Town of Stonewall

**GENERAL RECYCLING TIPS FOR THE CURBSIDE PROGRAM:**

- Place recycling in open blue bins (no lids) (blue plastic bags are NOT recyclable)
- Write your civic address in permanent marker on your blue bin
- If the forecast is calling for wind on your garbage day, keep recycling inside until the following week
- Unlimited recycling is allowed each week

**OTHER RECYCLING PROGRAMS:**

Winfield Road Waste Transfer Station (operated by the RM of Rockwood)  
 Located at 6091E Road 76 N | PH: 204-467-9490  
 Open Wednesday to Saturday from 10AM-5PM  
 Stonewall Residents are able to take the following recyclable items to the Winfield Road Waste Transfer Station for FREE!

- Batteries • Electronics • Fluorescent Lights • Tires • Used oil & anti-freeze\*
- Paint Cans (including paint) • Household hazardous waste (HHW)

\*Can only be dropped off on Thursday and Saturdays

**Plastic Bags** - REACT Inc. has implemented a Bag Roundup Program to keep plastic bags out of our landfills. They can be dropped off at: Stonewall Family Foods, 3-330rd Ave S | PH: 204-467-5553

**Clothing & Toys** - Don't throw away old toys and clothes! Please keep used clothing and toys out of the landfill and donate them to a charity of your choice.

**Recycle Everywhere Bins** - The Town has placed Recycle Everywhere bins along major routes, in parks, public spaces, and at Town Recreation Facilities. It's easier than ever to recycle your beverage containers when you are out in public. Please DO NOT place disposable coffee cups, garbage, pet excrement, or plastic bags in the Recycle Everywhere bins.



# Spring

## 2018 PROGRAM



Interlake School Division  
Continuing Education

# REGISTER NOW!

Interlake School Division, Continuing Education  
192 2nd Ave North, Stonewall MB R0C 2Z0 204-467-2956

Hours: Monday 11:00 a.m. - 6:00 p.m.

Tuesday - Friday 8:30 a.m. - 4:30 p.m.

Jocelyn Derksen - Program Coordinator [jderksen@isd21.mb.ca](mailto:jderksen@isd21.mb.ca)

### SPRING 2018 REGISTRATION FORM

Course Number: \_\_\_\_\_

Course Name: \_\_\_\_\_

Course Title: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Fee: \_\_\_\_\_

☐ CHEQUE ☐ CASH ☐ DEBIT ☐ VISA ☐ MASTERCARD

Make cheques payable to: Interlake School Division  
192 - 2nd Avenue North, Stonewall, Manitoba R0C 2Z0

FOR MORE INFORMATION CONTACT  
JOCELYN DERKSEN PROGRAM COORDINATOR  
[jderksen@isd21.mb.ca](mailto:jderksen@isd21.mb.ca)  
204-467-2956 fax 204-467-8334  
[www.isd21.mb.ca/coned](http://www.isd21.mb.ca/coned)

- Classes run subject to enrolment
- Refunds must be requested 3 days prior to course start date less \$15 admin fee. No refunds the day before or day of the first class except in exceptional circumstances where a course credit may be issued.
- For courses cancelled due to insufficient enrollment, you will be notified and refunded in full.
- Please note start date, time and location of your course. You will not be sent a confirmation of registration.
- All evening classes held in the schools are cancelled if the schools have been closed for holidays or inclement weather. Some classes may also be cancelled/postponed due to school functions. Closures due to weather are announced on CJOB or on our website [www.isd21.mb.ca](http://www.isd21.mb.ca). We will do everything we can to make up any missed classes.

### CLASS LOCATIONS

École R.W. Bobby Bend 377-2ND Ave N - Stonewall  
École Stonewall Centennial 573 - 2ND Ave N - Stonewall  
Stonewall Collegiate 297 - 5TH Street W - Stonewall  
Stony Mountain School 139 School Rd - Stony Mountain

Teulon Collegiate 59 1st Street NE - Teulon  
Warren Elementary 300 Hanlan St. - Warren

### OTHER CONTINUING ED PROGRAMS

Lord Selkirk 204-482-6926  
Louis Riel 204-237-8130  
River East 204-667-6193

St James 204-832-9637  
Winnipeg 1 204-775-0231  
South Wpg Tech 204-989-6566



Gifts are received from Welcome Wagon For:  
NEW TO STONEWALL & AREA,  
A NEW BABY  
BRIDES PLANNING A WEDDING  
to request a visit... contact Norma  
Phone: 204-951-1925  
Email: [mocha3@mymts.net](mailto:mocha3@mymts.net)

#### WELCOME TO THE HEALTHY LIVING REVOLUTION

The Healthy Living Revolution is a movement of individuals who are inspiring themselves and others to take their health back. We offer simple solutions and resources to take the first step and beyond.

Join Brenda Stafford in learning together (Juice Plus Company)

**Wednesdays April 11th - May 30th 2018**

7:00 - 8:30 pm at Stonewall Centennial School  
Fee: Free ( please call 204-467-2956 to register )

Check out our WEBSITE [www.isd21.mb.ca/coned](http://www.isd21.mb.ca/coned)



## PERSONAL INTEREST/LANGUAGE

### \$18/01 COMMUNICATION SKILLS FOR EVERYONE

Instructor Peggy Jensen

**3 Tuesday April 10, 17, 24 2018**

6:30 – 9:00 at Stonewall Collegiate

Fee: \$60

### \$18/02 CONFLICT RESOLUTION AND RECONCILIATION

Instructor Peggy Jensen \*Communication Skills for Everyone is a good precursor to this course\*

**Tuesday May 1, 8, 15 2018**

6:30 – 9:00 at Stonewall Collegiate

Fee: \$60

### \$18/03 HUNTER EDUCATION

Participants must be 12 or older, however youth age 10 and 11 may enroll and qualify for an apprentice hunter education certificate Instructor: Don Hrehorek.

**Saturday May 26, 2018**

9:00 a.m. – 5:00 p.m. at Teulon Collegiate

Fee: \$73

### \$18/04 GROWING MUSHROOMS AND MAKING MAPLE SYRUP NEW!

This 2 for 1 class is an amazing deal, with the first half of the class devoted to tapping Manitoba maple syrup, and the second half focused on growing your own shitake mushrooms. Ken Fosty, certified arborist, is well known for his insights on both of these topics:

**Monday April 16, 2018**

6:30 – 8:15 pm at Stonewall Collegiate

Fee: \$30

### SPANISH – LEVEL 1 AND CONTINUING INSTRUCTOR: ERIKA RILEY

#### \$18/ 06 BEGINNER SPANISH

**8 Wednesdays starting April 25th, 2018**

6:00-7:30 at Stonewall Collegiate

Fee: \$100

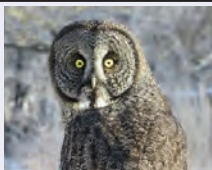
#### \$18/07 CONTINUING SPANISH

**8 Wednesdays starting April 25th 2018**

7:40 – 9:10 pm Fee: \$100

### \$18/05 OWL PRESENTATION

Come out and get up close and personal with a live owl! Learn about Manitoba owls with biologist and world owl expert Jim Duncan. Using a variety of media, personal owl impressions, owl parts and “puke” (aka pellets), and Oska, a live Great Gray Owl. Jim will introduce you to the mysterious lives of these nocturnal creatures. Since 2005 Jim and his owl colleagues have given over 280 owl presentations to over 15,000 people, from pre-school kids to retirees. *If you have not yet seen this presentation, come out and see why it continues to be a much sought after experience!* Note: Registration fees support owl conservation and research of Manitoba owls through Discover Owls - [www.discoverowls.ca](http://www.discoverowls.ca)



**Wednesday April 25th 2018**

7:00-8:30 at Stonewall Collegiate

Fee: \$15 (proceeds going to support owl conservation and research in Manitoba)

### LEARN TO BECOME A PERSON OF INFLUENCE

Whatever your occupation or aspiration, you can increase your impact on others by Becoming a Person of Influence. Come learn simple, insightful ways to interact more positively with others, and watch your personal and professional success go off the charts. Facilitator: Kelly Hallock, Independent Certified Speaker, Trainer, and Coach with the John Maxwell Team.

Classes held at Stonewall Collegiate and offered these three dates:

**\$18/08 Thursday April 26th 2018**

7:00-8:00 pm Fee: \$35

**\$18/09 Monday May 28th 2018**

7:00 – 8:00 pm Fee: \$35

**\$18/10 Saturday June 9th 2018**

11:00am-12:00 pm Fee: \$35

## YOUTH

### CANADIAN RED CROSS BABYSITTING COURSE (AGES 11-15)

Class includes textbook and wallet size certificate. Students are to bring a bagged lunch and a doll. Instructor: Kelly Kimball

**\$18/27 Saturday April 7, 2018**

9:00 – 5:00 pm at WCI Fee: \$60

**\$18/28 Saturday April 14th**

9:00 – 5:00 pm at SCI Fee: \$60

**\$18/29 Saturday May 5th, 2018**

9:00-5:00 pm at TCI Fee: \$60

### \$18/30 HOME ALONE – EMERGENCY PREPAREDNESS & PEOPLE SAVERS 3 (AGES 8-13)

Instructor: Kelly Kimball

*Children should not be left alone under the age of 12. Even though they may have taken the Home Alone People Savers Course, parents should make arrangements to have any child under 12 supervised at all times.*

**Wednesday May 2, 2018**

6:00-8:30 p.m. at Stonewall Collegiate Fee: \$35

### \$18/31 BADMINTON – GRADE 8 AND UNDER

Instructor: Dale Kinley

**10 Sundays starting April 8th, 2018**

12:00 – 1:30 p.m. at Stonewall Collegiate Fee \$55

### \$18/32 KIDS CAN COOK – THE HEALTHY WAY! (AGES 8-12)

Instructor: Meechelle Best

**6 Tuesdays starting April 17, 2018**

4:00 - 5:30 p.m. at Stonewall Centennial School Fee: \$75

### \$18/33A CREATIVE DRAMA – AGE 4-6

Instructed by Manitoba Theater for Young People

**8 Wednesdays April 18th – June 6th 2018**

4:30-5:30 at Stonewall Centennial School Fee: \$140

### \$18/33B ACTOR'S WORKSHOP AGES 8-11

Instructed by Manitoba Theater for Young People

**8 Wednesdays April 18th – June 6th 2018**

5:45-6:45 at Stonewall Centennial School Fee: \$140

### \$18/34 BADMINTON - GRADES 9 – 12 & ADULTS OF ALL AGES

Instructor: Dale Kinley

**Sundays starting April 8th, 2018**

1:30-3:00 pm at Stonewall Collegiate Fee \$55

### KIDS ART CLASSES (AGES 8-12)

Do you want an opportunity to express your creativity, and learn new art and craft techniques? Come create something beautiful, in these one – two day art classes. Choose one or all. Classes will be guided but students are also welcome to work on creations of their own imagination. Instructor Nichol Marsch

**Fee: \$35 for one or all three for \$95**

### \$18/35A WATERCOLOUR PAINTING

**Sunday April 15th**

9:00am - 11:00am. Stonewall Collegiate Institute.

### \$18/35B SCULPTURE (FOUND OBJECT).

**Sunday April 22nd**

9:00am - 11:00am. Stonewall Collegiate Institute.

### \$18/35C MODERN DREAM CATCHERS

– UNICORN EDITION

**Sunday April 29th**

9:00am - 11:00am. Stonewall Collegiate Institute.

### \$18/35D KIDS CRAFT GROUP

Classes will be guided but students are also welcome to work on creations of their own imagination. New project each day. All supplies included. Instructor: Nichol Marsch

**3 Sundays April 15th – 29th 2018**

11:45 – 2:00 pm at Stonewall Collegiate Fee: \$80

### \$18/35E KIDS INTRO TO SEWING

Spend 3 weeks learning to sew! Learn the basic steps to sewing, machine operation, and small project construction! Classes will be guided but students are also welcome to work on creations of their own imagination. All supplies included. Instructor: Nichol Marsch

**3 Saturdays April 14th – 28th 2018**

10:00 am – 1:00 pm Fee: \$105

## CREATIVE SIDE

### \$18/17 CHEVRON ARROWS (frame not included)

Choose from a variety of finishes / colors – Custom wording (please advise when registering)

Instructor: Partilife

**Wednesday April 25th 2018**

6:30-8:30 pm at Stonewall Collegiate

Fee: \$48



## MOTHER'S DAY / FATHER'S DAY PROJECTS

### \$18/18 BEER BOTTLE OPENER OR

### MASON JAR TRAY CENTRE PIECE

'Custom wording provided' for bottle opener Centre Piece includes 3 jars/wooden board – lots of colors to choose from (flower contents not included) Instructor: Partilife



**Tuesday May 8th 2018**

6:30 – 8:30 pm at Stonewall Collegiate

Fee: \$48 (Beer bottle opener)

Fee: \$42 (Mason Jar Tray Centre Piece)

### \$18/19 'FAMILY BIRTHDAY'S CALENDAR PARTY

(TOP PART MEASURES 5.5 X 14 - INCLUDES 12 CIRCLES)

Additional circles can be purchased for .50 cents Alternate quotes can be provided (in replacement of 'Family Birthdays') Choose from a variety of finishes in all available in different colors! Instructor Partilife



**Thursday June 14, 2018**

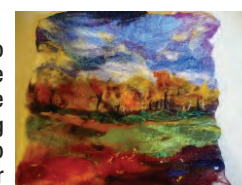
6:30 – 8:30 pm at Stonewall Collegiate

\$48

Have a group of 7 or more and would like a custom class? Check out all Partilife's projects here and contact Jocelyn at 204-467-2956 to arrange! <http://www.partilife.ca/parti-info/>

### \$18/21 BEGINNER FELTING WORKSHOP

Felting is an ancient craft used to process wool into a finished cloth. At the end of the class you will have the skill to wet felt and will have a sample piece which can be used for cushion covers, wall hanging etc. This tutorial will teach you the basics of how to wet felt wool roving into a beautiful piece of fiber art. You will “paint with wool” using wool, water, soap and elbow grease. All supplies will be provided Instructor Patricia Anderson



**Saturday April 21, 2018**

10:00am – 12:00 pm at Stonewall Collegiate

Fee: \$100 (includes all supplies)

### INTRO TO DRAWING WITH PEN AND INK

A \$6 fee for the pen to be paid to the Instructor Linda Gillies.

TAKE TWO  
CLASSES  
FOR \$70

### \$18/22 WOLF DRAWING

**2 Monday's April 9 and 16th, 2018**

6:30 – 8:30 pm at Warren Collegiate Fee: \$40



### \$18/24 HORSE DRAWING

**2 Thursdays April 12 and 19th 2018**

6:30 – 8:30 pm at Stonewall Collegiate Fee: \$40



### \$18/23 WOLF DRAWING

**2 Thursdays April 26 and May 3rd 2018**

6:30 – 8:30 pm at Stonewall Collegiate Fee: \$40

## STONEWALL FLORIST CLASSES

### WELCOME WREATH!

Dress up your front door and welcome family & friends into your home with this beautiful wreath! Choose any color, flower or embellishment to make it your own.



**\$18/25A Wednesday April 18thth, 2018**

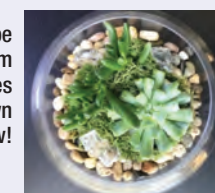
10:30 – 11:30 a.m. at Stonewall Florist Fee: \$45

**\$18/25B Wednesday April 18th 2018**

6:00 – 7:00 p.m. at Stonewall Florist Fee: \$45

### TERRARIUM PARTY!

Join Tami for this fun and unique Plant Party! You will be guided into creating your very own Succulent/Terrarium Garden. No gardening experience needed. All supplies will be provided and you will leave with your very own 'indoor garden'! Gather up your friends and register now!



**\$18/26A Wednesday April 11th, 2018**

10:30 – 11:30 a.m. at Stonewall Florist Fee: \$45

**\$18/26B Wednesday April 11th 2018**

6:00 – 7:00 p.m. at Stonewall Florist Fee: \$45



# Spring 2018 PROGRAM

## FITNESS AND YOGA

### S18/49 YOGA WITH LIZ

Instructor: Elizabeth Luke; Yogafit Canada  
Level 1 Certified Yoga Instructor

6 Sundays starting April 15, 2018

(no class May 20th)  
8:30 – 9:30 am  
at Stonewall Centennial School  
Fee: \$50 (or buy a 3 pack for \$25)

### SPARK FITNESS

With Sarah Todd,  
FIS, HWL CANFITPRO Certified

All classes are suitable for every fitness level as moves are taught progressively and modifications will be offered. For more information and a full description of classes visit: [www.sparkfitnessandnutrition.ca](http://www.sparkfitnessandnutrition.ca)

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Two for \$100 Three for \$135

**BONUS -Need to miss a class?**  
**NO problem! Make up classes**  
**during ANY TIME SLOT**

### S18/36 TABATA (HIIT CLASSES)

8 Mondays starting April 2, 2018

6:15 – 7:15 pm at École R.W. Bobby Bend Gym

### S18/37 YOGAFLOW

8 Wednesdays starting April 4, 2018

7:15 – 8:30 pm at École R.W. Bobby Bend Music Room

### S18/38 BOOT CAMP

8 Thursdays starting April 5, 2018

6:15-7:15 pm at École R.W. Bobby Bend School Gym

**Special Discount One for \$60 -**  
**Two for \$100 Three for \$135**

### WALKING THE HALLS AT THE HIGH SCHOOLS

Call 204-467-2956  
for more  
information

### SAFETY

#### S18/16 ECSI- FIRST AID/CPR

(Emergency Care and Safety Institute)  
Instructor: Bob Barsi

2 classes May 15th & 22nd, 2018

6:00 – 10:00 p.m. at Stonewall Collegiate

**TAKE CPR ONLY FOR \$47.50 (first night)**  
Fee: \$95

### STONY MOUNTAIN BOOT CAMP FITNESS CLASSES

Rhonda Steffan, [rstfitness@gmail.com](mailto:rstfitness@gmail.com)  
Canfitpro Certified Fitness Instructor & Healthy  
Eating & Weight Loss Coach Certification  
One for \$45; Two for \$85 Three for \$115  
Four for \$145

#### TABATA INTERVAL BOOT CAMP

Please bring: indoor runners, a water bottle, towel,  
yoga mat, resistance band and hand weights.

**S18/SM1 6 Mondays starting April 2nd 2018**

6:00-7:00 p.m. at Stony Mountain School

**S18/SM2 6 Thursdays starting April 5th 2018**

6:00-7:00 pm at Stony Mountain School

**S18/ SM3 6 Saturdays starting April 7th 2018**

8:00 AM – 8:45 AM at Stony Mountain School

#### S18/SM4 CIRCUIT INTERVAL BOOT CAMP

Please bring: hand weights, a water bottle, yoga  
mat, & indoor runners.

**6 Wednesdays starting April 4th 2018**

6:00-7:00 p.m. at Stony Mountain School

**BONUS Make up any missed classes**  
**during any time slot!**

### COMPUTER

#### S18/14 COMPUTERS FOR BEGINNERS

Instructor: Jim Robertson

6 classes (Tuesdays & Thursdays)

**April 17 – May 3, 2018**

6:30 – 8:30 p.m. at Stonewall Collegiate  
Fee: \$70

#### S18/15 MS OFFICE 2010

Instructor: Jim Robertson

6 classes (Tuesdays & Thursdays)

**May 8 – May 24, 2018**

6:30 – 8:30 p.m. at Stonewall Collegiate  
Fee: \$70

### HEALTH AND WELLNESS

#### S18/11 VISION BOARD WORKSHOP

Did you know we are  
TWICE as likely to achieve  
our goals if we write them  
down? Resolutions are  
helpful, but only if we are  
motivated to stick to them.

Put yourself first and start moving forward with  
this visual goal setting process. Hit the reset  
and give yourself a second chance. Please bring  
along 4 or 5 old magazines that you are willing  
to share. You can also bring printed pictures or  
special scrapbooking supplies. Included in class:  
Worksheets to get the inspiration started, vision  
board supplies and a creative way to get clear on  
your dreams Instructor: Meechelle Best



**2 Thursdays April 12th and 19th 2018**

7:00-9:30 at Stonewall Collegiate  
Fee: \$45

#### S18/12 CHAKRA'S

There are seven major chakra centers in our  
bodies through which energy flows. Blocked  
energy in our chakras can often lead to illness,  
so it's important to understand what each chakra  
represents and what we can do to keep this energy  
flowing freely. They govern our psychological  
experience and are affected by both mental and  
emotional stimuli. In this course you will learn  
what and where the 7 major chakras are, what  
they relate to physically, mentally and emotionally,  
and what to balance them. Instructor Bonnie Ryall

**Saturday May 12th**

9:00am – 12:00pm at Stonewall Collegiate  
Fee: \$55

#### S18/13 EMERGE - CONNECTING TO YOUR CORE.

Are you ready to make positive changes in your  
life? Do you need a 'Reboot' for success on your  
goals? Would you like to discover & unlock the 2  
most powerful gifts every individual has access  
to? If your answers are Yes, this course is for You!

This program will be focused on exercising and  
supporting the 'Core' aspects of Self. We will be  
exploring a variety of simple techniques & tools  
to Empower and Enhance your Mental, Physical,  
Spiritual & Emotional fitness levels. In this 4 week  
course we will work with the 4 elements of 'The  
Change Cycle', what it is and how it works, along  
with The Law of Attraction, so you can create a  
stronger connection to Yourself & Others and in  
the achieving of your goals.

Each class includes a relaxing guided meditation  
for reducing stress and Opening to Abundance.  
Instructor - Shawna Rutledge Reiki Master,  
Hypnotherapist & Transformational Processing  
Facilitator.

**4 Wednesdays April 25 – May 16, 2018**

7:00-9:30 pm at Stonewall Collegiate  
Fee: \$165

## Shelley's



#### Instructors:

**Shelley Schaeffer, BA, B Ed**

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**Celine Doll, B Ed**

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**6 week session starting week of April 2, 2018**

**NEW! COME & GO ½ HOUR CIRCUIT** – A  
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people who like a little more flexibility in start  
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and mat required. If you are registering for  
unlimited and are planning on coming to this  
please advise when registering.

**21 DAY SHRED Instructor: Shelley Schaeffer**  
Coming at the end of May – please contact Jocelyn if you would  
like to receive more information as it becomes available.  
[jderksen@isd21.mb.ca](mailto:jderksen@isd21.mb.ca) 204-467-2956

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:40-6:25 A.M. Centennial	S18/39 Shred Shape and Sculpt		S18/40 Shred Shape and Sculpt		S18/41 Shred Shape and Sculpt	
6:15 – 7:00 AM Centennial	<b>NEW</b>	S18/42 Come and Go ½ hour Circuit - NEW	<b>NEW</b>	S18/43 Come and Go ½ hour Circuit NEW		
8:30 -9:15 A.M. Centennial						S18/44 Shred, Shape and Sculpt
6:15 - 7:00 P.M. Centennial	S18/45 Mind, Body Combo (Yoga/Pilates/Bellyfit Warrior)			S18/46 Ball Combo – Dum's Alive/Ball Buffer		

**FOR FULL DESCRIPTION OF CLASSES call 204-467-2956**  
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### ZUMBA

**Samara Robertson**

Zumba Fitness @ Licensed Instructor

Basics 1/ Strong by Zumba/First aid and CPR

#### SPECIAL DISCOUNT

**One for \$65 Two for \$120**

**8 weeks Starting April 11/12, 2018**

6:00-7:00 P.M. École R.W. Bend		<b>Wednesday</b> Starting April 11	
			<b>S18/47</b>
6:00 - 7:00 P.M. Warren Elem		<b>Thursday</b> starting April 12	
			<b>S18/48</b>



Contact Info: Kelly Kimball  
Phone - 1-204-461-4040

Email - [rosserwoodlandsrec@mymts.net](mailto:rosserwoodlandsrec@mymts.net)  
Twitter - @RWRecComm Facebook - "Like"  
Rosser Woodlands Recreation Commission

Monthly E-news - Message any of the above to sign up for the R&R Newsletter



Contact Info: Laine Wilson Phone – 204-8860505 or 204-861-0341  
Email – [teulonrockwoodrec@gmail.com](mailto:teulonrockwoodrec@gmail.com) Twitter - @teulonrockwood  
Facebook – <https://www.facebook.com/teulonrockwoodrec>



# *Your* FARM



## Local farmer advocating for agriculture

By Jennifer McFee

Agriculture advocate Chelsea Boonstra continues to cultivate a love for farming that first took root on her family's dairy and grain operation.

Today, she is spreading seeds of knowledge about the agriculture industry through her work as a sales agronomist for Paterson Grain and her role as Manitoba's ambassador for the Ag More Than Ever organization.

Her work as an "agvocate" for Ag More Than Ever all started with a video that she did for a university project. The video, called "The Real Truth About Family Farms," is still attracting views on YouTube.

"I shared a video of our farm and it got noticed by some people, who started contacting me. I didn't really think it was going to blow up as big as

it did. That's how this all came about," said 22-year-old Boonstra.

"As the ambassador for Manitoba, I basically promote agriculture, share pictures and videos about what I do in the industry, answer questions, attend events, talk at schools and anywhere else I might get asked to speak."

Recently, she was invited to attend Canada's Ag Day event in Ottawa.

"There were people from all over, so I got to meet many CEOs and farmers and geneticists. It was really neat," she said.

"It was a jam-packed day and it was cool to finally meet some of those people who are the core for some of our projects."

Meanwhile, closer to her home in Meadows, Boonstra can be found

Continued on page 21



Ag advocate Chelsea Boonstra launched a photography endeavour called Making Memories.



## OPEN HOUSE

10:00 AM - 3:00 PM

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# Your FARM



**TRIBUNE PHOTOS SUBMITTED BY CHELSEA BOONSTRA**  
Chelsea Boonstra is a sales agronomist for Paterson Grain and Manitoba's ambassador for the Ag More Than Ever organization.



Boonstra developed a love for agriculture while growing up on her family's dairy and grain operation.

Continued from page 20

scouting farms for her work with Paterson Grain.

"I'll scout any customer that needs help between Teulon and Winnipeg. I basically go out and meet with farmers and check their fields to see what kind of weeds are there, what kind of pests are there, and see if there are diseases," she said.

"Then I help them decide what spray, when to spray, how much fertilizer to put down and I also do some selling as well."

For Boonstra, the work is a perfect fit to combine her passions.

"I love scouting fields. I love being outside all day and I love getting to meet different growers and seeing what's so different about their operation compared to the next person," she said. "It's great to see how I can help them benefit their operation and make them the most money. It's really interesting and I really enjoy it."

In addition to working and advocating for agriculture, Boonstra has launched a photography endeavour called Making Memories. She is already earning attention for her prairie scenes, and she is also being hired for wedding and engagement shoots. She's open to other photography opportunities and she welcomes people to contact her at [chelseaboonstra@gmail.com](mailto:chelseaboonstra@gmail.com) or through Making Memories Photography (@makingmemories.photography) on Instagram.

To keep conversations about agriculture go-

ing, Boonstra also encourages farmers to share stories and photos about their farms.

"I want to be able to educate consumers and to help other farmers to share their voice. Even sharing a picture of you out in the field gets people talking and asking questions," she said.

"I would like people to know why agriculture is so important, so I really encourage others to talk about agriculture in whatever way they know how to best."



## YOU'RE INVITED TO OUR ANNUAL OPEN HOUSE APRIL 6<sup>TH</sup>, 2018

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**10:00 AM - RSVP Please!**

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**2:00 PM - RSVP Please!**

**TECHNOLOGY IN THE SKY:** Get a whole new perspective, instantly. The Case IH UAV package features FieldScanner for real-time mapping. FieldScanner adds local processing on the drone and mobile device to deliver instant, in-field processing of drone imagery. Quickly take the pulse of crop health and immediately begin uncovering opportunities — such as adjusting your fertilizer program or identifying insect pressure or weed escapes — even before the drone touches down.

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## > BUDGET 2018, FROM PG. 16

are paid. Simply said, raising the basic personal amount makes a difference for every household, but gives more money back to those who need it most. Under the NDP, Manitoba was known as a high-tax jurisdiction with one of the lowest basic personal exemptions and highest sales tax rates in Western Canada. We all understand that costs are going up due to rising interest rates and hydro rate increases as a result of NDP mismanagement, to name a few. Our government is addressing these

challenges by reducing the tax burden on Manitobans and reducing the deficit to stabilize our fiscal position, even in these tough financial conditions. By leaving hundreds more dollars in each wage earner's pocket, we are helping Manitoba households. Seniors on a fixed income. Single parents. Students. Manitoba families deserve a break. Your Manitoba government is working hard to increase household affordability, including relief for those who need it most.

### Inwood Ladies Fun Golf League



**Thursdays-7pm @ Inwood Golf & Country Club**  
**Registration & Meeting**  
**\$50.00 League fee**  
**April 26/2018 @ 7pm**

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## RETHINK INK



A message from the members of the Provincial Community Newspapers Associations of Manitoba and Saskatchewan and AdCanada Media Inc.

\*www.smartinsights.com/internet-advertising/internet-advertising-analytics/display-advertising-click-through-rates/  
\*\*www.theverge.com/2014/2/20/11079078/untilted





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# Former farmer, paramedic speaks out about living with PTSD

By Justin Luschinski

Milt Pedwell says throughout his life he's been through plenty of traumatic experiences.

"I remember when I was living up north, the town had a stray dog problem," the Selkirk resident said. "A dog had attacked a young girl, and the entire town decided that they were going to kill all the stray dogs. They said 'if you own a dog, keep it locked up, because we're shooting every dog we see.' I took part in that. I still get nightmares about it to this day."

Pedwell, who has worked as a farmer, miner, a paramedic, and now helps run the Selkirk Canoe and Kayak Centre, spoke about his struggles with post traumatic stress disorder (PTSD) in front of a packed room at the Gaynor Family Regional Library last Friday afternoon. Pedwell says he's been living with PTSD for more than 20 years.

Pedwell spoke about the many events he'd witnessed and how they changed his life. More recently, a friend of his went to Puerto Rico, and ended up being trapped there due to the recent storms. He couldn't sleep

due to recurring nightmares, focused around his friend being in danger. These nightmares only ended after he was able to get in touch with his friend over the phone.

PTSD can affect individuals who have experienced a situation where they believed they would be seriously harmed or killed, or where they witnessed situations in which they felt others might be harmed or killed, according to the Anxiety Disorders Association of Manitoba. Examples of such situations include assault, rape, torture, accidents, natural disasters or military combat. Those living with PTSD often recall such traumatic events with marked fear, helplessness, or horror, even when they are no longer in danger or when the event took place well into the past.

PTSD symptoms include disturbing thoughts, feelings, or dreams related to a traumatic event. PTSD may also cause mental or physical distress to trauma-related cues, a change to a person's thoughts and feelings, and an increase in the fight-or-flight response.

Ashok Athavale, a retired counsellor



TRIBUNE PHOTO BY JUSTIN LUSCHINSKI

Milt Pedwell of Selkirk talks about his struggles living with PTSD at the Gaynor Family Regional Library last Friday afternoon.

and therapist, says the best therapy for PTSD is talking to an understanding friend.

"The technical term for it is cognitive behavioural therapy," Athavale

says. "I'm not saying 'leave out doctors completely,' because sometimes the medication can help level you out. But the research has shown that talking about it is the best way to deal with PTSD."

"Find someone who will listen to you and let you talk, and not someone who's just waiting for their turn to share."

Athavale mentioned that you can tell your friend something like "hey, I'm just going to talk for a while, could you please just listen and don't talk or interrupt me until I'm finished." This will help teach that friend about how to handle someone with PTSD.

He also mentioned that therapists can help as well. Most therapists will listen, and ask a patient for clarification, which causes the patient to reflect on their words, and possibly come up with solutions for their own mental health issues.

If you or someone you know is dealing with PTSD, or other forms of mental illness, you can contact the Canadian Mental Health Association by visiting [cmha.ca](http://cmha.ca).

## 'Consistency is key' when it comes to managing your mental health

By Justin Luschinski

A group of interested community members had a chance to learn about the mental health supports available to them in Selkirk and area over their lunch hour last week.

The lunch and learn session on mental health self-help hosted by Nova House last Wednesday at Selkirk United Church included a panel discussion with representatives from the Anxiety Disorders Association of Manitoba (ADAM) and the Mood Disorders Association of Manitoba (MDAM).

Sherry MacVicar, an Interlake ADAM outreach worker, says it's important for people to ask for help when they need it.

"Ask for help. No matter who it is, I talk to my husband or my kids about my issues. Everybody needs help sometimes," MacVicar said. "It doesn't make you weak, it doesn't make you a bad person. Anxiety is totally workable, you need to look after yourself, and get help when you need it. 'Consistency is key.'"

Last week's session started with two of the speakers going over the different types of mental illnesses. Anxiety, for example, comes in many different forms. There's the specific phobias, such as being afraid of flying in an airplane, and then there's

social anxiety, which means someone is afraid of social activity. MacVicar said that some people with social anxiety or general anxiety are harder to find, as they typically don't attend support groups.

Shelly Filtcroft, an outreach manager for MDAM, said it's important to attend support groups, even if you are not suffering from a mental illness yourself.

"Come to (a support group), there's a good handout for family support," Filtcroft said. "It's important to learn how to support someone with a mental illness ... It's really easy for a friend or a family member to enable someone's dysfunction."

Filtcroft runs support groups in Selkirk, Stonewall, and Gimli. The Selkirk support group is held at 446 Main St. on the second floor. Meetings take place on the third Tuesday of every month from 6 p.m. to 8 p.m.

MacVicar also runs a support group in Selkirk located at 242 Manitoba Ave. Those sessions are held on the second Wednesday of every month beginning at 7 p.m.

The next Nova House lunch and learn will take place on Wednesday, April 18 at 12:50 p.m. at Selkirk United Church. The topic will be on emotional abuse and recognizing and understanding that words do hurt.

## Good things come in threes



TRIBUNE PHOTO BY LINDSEY ENNS

Jenna Cawson, pictured left, and her fiancé Gord Church, right, hold up a set of one-day-old triplet purebred suffolk lambs at Garwen Farm in Clandeboye last Wednesday afternoon. The local farm is now home to more than 120 lambs after their lambing season began last month. For more photos, see Pages 14 and 15.



# Woodlands CDC to host free wellness seminars

By Jennifer McFee

The RM of Woodlands Community Development Committee is offering a series of free wellness seminars that are open to anyone who would like to attend.

The CDC's health subcommittee has been looking at different ways to improve the health of the residents in the RM of Woodlands and surrounding communities. They came up with the idea of hosting health seminars about once per month, except during the summer.

Committee Lori Anne Lobb said that they tried to get representatives from health businesses to participate in the seminars.

"These wellness seminars will provide more visibility for health professionals in the community," Lobb said. "It's all free to the public and there are really good speakers."

The first seminar was Diabetic Day last June run by community wellness facilitator Carolyn LeClair of the Interlake-Eastern Regional Health Authority.

"That turned out really well. We did an evaluation at that seminar, asking people what were other areas of interest they would like to see for seminars," Lobb said. "That's where we got

some of our ideas."

The CDC receives funding from the RM of Woodlands. The health subcommittee also received a monetary donation from the Warren Herizons Club to help fund this project. As well, they have applied for funding through the Healthy Together Now grant.

All of the wellness seminars take place at the Warren Memorial Hall, located at 145 MacDonald Ave.

Seminars on heart health and stress management have already taken place.

Seven more seminars are scheduled for upcoming dates:

- Tuesday, April 10 from 7 to 9 p.m. – Alzheimers and Dementia seminar led by Norma Kirby, program director of the Alzheimer Society of Manitoba. Attendees will learn how to recognize symptoms, what it is and what it isn't, and how to communicate with loved ones with Alzheimers or dementia.

- Tuesday, May 15 from 7 to 9 p.m. – Pelvic Floor Health seminar led by physiotherapist Leslie Roer. This seminar is for men and women of all ages who want to avoid incontinence in their senior years. It's also ideal for anyone experiencing bladder urgency/stress incontinence or who has been

advised to have a bladder lift.

- Tuesday, June 5 from 7 to 9 p.m. – Medications and Vaccinations seminar by Quarry Ridge Pharmacy pharmacists Teryl Moore and Kyla Corbett. The presenters will provide information about managing your medications and when to get your vaccinations updated.

- Friday, Sept. 21 from 1 to 3:30 p.m. and once per week thereafter for six weeks – Get Better Together presented by Caroline LeClair, a registered dietician and community wellness facilitator with the Interlake-Regional Health Authority. This six-week program will focus on managing chronic health conditions.

- October (date and time to be announced) – Breast Cancer seminar led by Karen Dobbin, a physiotherapist with CancerCare Manitoba. This seminar will focus on the basics of diagnoses, stages and treatment, including the role of physiotherapy. Attendees will also learn about breast cancer prevention.

- Tuesday, Nov. 20 from 7 to 9 p.m. – Naturopathic Medicine seminar presented by Prairie Zen Clinic's Dr. Victoria Baldwin, who will provide a basic information session.

- In 2019, three Tuesday eve-



Carolyn LeClair

ning seminars are scheduled on Jan. 22, 29 and Feb. 5 from 6 to 8 p.m. This Craving Change series will be led by Caroline LeClair, a registered dietician and community wellness facilitator with the Interlake-Regional Health Authority. Topics will include understand why you eat the way you do, comforting yourself without food and changing your thinking to change your eating.

Light refreshments will be served at the wellness seminars.

For updates, check the online IER-HA wellness newsletter or the RM of Woodlands website.

## Watoto Children's Choir to perform in Stonewall

Submitted

Watoto Children's Choirs have travelled extensively since 1994, sharing a message of hope for Africa's orphans and widows.

In January 2018, the Watoto Children's Choir is thrilled to be returning to Canada with Signs & Wonders, a beautiful musical production that celebrates the joy of salvation. The choir will be performing in venues across Canada from January to July 2018. This dynamic production boasts a choir comprised of orphans and other vulnerable children. It will present new worship music from Watoto Church in Uganda and invite audiences to experience an encounter with God.

Signs & Wonders will be presented in Stonewall on April 1 at 6:30 p.m. at the New Life Church. The full tour schedule can be viewed online at [www.watoto.com/app/choir/calendar](http://www.watoto.com/app/choir/calendar)

Luke Atabua, 10, is one of the children who will be travelling with the choir. He was rescued by Baby Watoto in 2009. Like the story of thousands of other children cared for by Watoto, Luke was abandoned on the streets

of Kampala. He was brought to Baby Watoto as a malnourished two-year-old. Fortunately, his story did not end there. Today, he is a very well-behaved young boy, with a passion for dance and hopes to accomplish much with his life.

"I am excited to be travelling to Canada in 2018. I cannot wait to share the love of Jesus with the people we sing to and meet. Through Watoto, God changed my life. I have a family, I go to school and I am happy," says 10-year-old Luke.

"Behold, I and the children whom the Lord has given me are for signs and wonders in Israel from the Lord of hosts, who dwells on Mount Zion."

Isaiah 8: 18 NASB

Through the power of their testimonies the children share stories of how their lives have been changed and how they have been called into a life of purpose to transform their communities. Each story declares the miracle of transformation — from darkness to light; from despair to hope; from loss to purpose; from fear to faith.

"This production challenges preconceived ideas about miracles. It dem-



TRIBUNE PHOTO SUBMITTED

Watoto Children's Choir will perform in Stonewall at New Life Church on April 1 at 6:30 p.m.

onstrates that each of our daily lives are signs and wonders of God's work in us. This is evidenced by the miraculous transformation that Jesus works in people who were once lost, but are now found. We see this through the innocence of the child telling of their

transformation from their dark past to the light that God has shown upon them," says James Skinner, who produced and directed this production.

We thank God for everyone who has been supporting us since the beginning of this amazing journey.



# April heralds the springtime stars in the eastern sky

By Ted Bronson

As the month of April commences you can easily notice the increase in daylight hours. Even with the beginning of daylight savings time, darkness still falls early enough leaving adequate stargazing time in the evening before retiring to bed. Evening temperatures have moderated as well so nighttime viewing can be done comfortably.

Once the sun sets and twilight fades to darkness, the stars of the winter night sky are seen descending in the west during the month of April. The star Sirius in the constellation of Canis Major (the Greater Dog), the brightest star of the night sky, is seen low to the southwest in the evening after the sun has gone down. This signals the winding down of winter and welcomes the incoming signs of the spring season.

The onset of spring introduces a new set of constellations rising in the eastern sky. The constellation Boötes (the Herdsman), with its bright golden yellow star Arcturus can be seen to the east once the sky darkens. Virgo (the Virgin) hosts the bluish-white star Spica low in the southeastern sky after sunset.

An easy way to find the stars of Arcturus and Spica is to use the Big Dipper as a guide. The Big Dipper, an asterism, is part of the constellation Ursa Major (Great Bear). It can be easily found high overhead in the evening once darkness falls this time of year. It is most useful when used to find the North Star (Polaris). Use the "pointer stars" of the bowl of the Big Dipper and extend a line to the handle of the Little Dipper. Face this star and you are looking north. Follow the curve of the handle of the Big Dipper eastward to Arcturus and extend it to Spica. I remember this as "arc to Arcturus and spike to Spica."

Leo (the Lion) appears well up in the southeast after sundown with the white star Regulus marking the heart of the Lion. Leo is one of the few constellations that actually looks like its namesake — a lion with its mighty head facing west as it moves across the sky throughout the night. Many of the other constellation patterns require more (sometimes much more) imagination to picture their forms in the night sky.

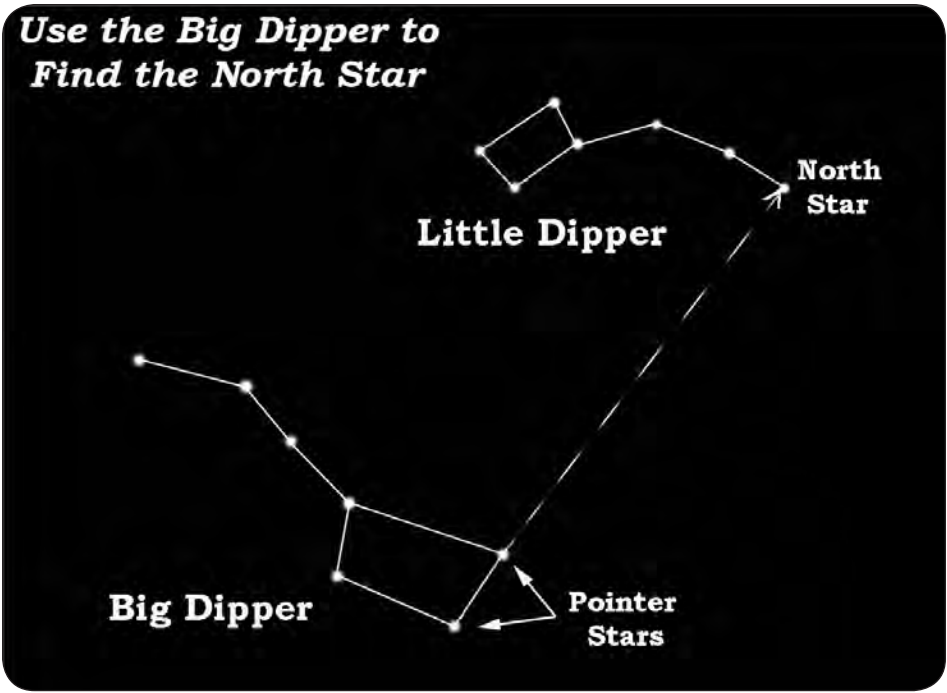
Since the moon moves rapidly night to night in its monthly orbit around the Earth it can be used to find the planets in the sky against the background of stars.

The waning gibbous moon (three days past full) can be seen in the southwest just above Jupiter an hour before sunrise on April 3. By the time

the moon reaches last quarter, it can be found just above the planets Saturn (yellow) and Mars (reddish) April 7 an hour before the sun rises. By April 17 and 18, look for the slender crescent moon moving past the brilliant planet Venus and the Hyades star cluster low to the west an hour after sunset. The waxing gibbous moon will be seen in the constellation of Leo (the Lion), just to the left of the star Regulus (the heart of the Lion), once darkness falls the night of April 24. The full moon will be above Jupiter the night of April 29 in the constellation of Libra (the Scales).

As a community service, I am available to do talks on astronomy or related subjects to teachers, students, scouts, guides or any community groups who would be interested. I can be contacted at e-mail: bronsont@mymts.net to schedule a presentation. Clear Skies!

*Ted Bronson is an avid local astronomer who has been observing the sky since 1964.*



TRIBUNE PHOTO SUBMITTED

Use the Big Dipper to find the North Star.

This column "Guide to the Galaxy" appears monthly in the Tribune.

SERVICE CLUBS - Serving our Communities					
<b>Royal Canadian Legion Branch No. 52</b>  Reg. Dues are \$45/year Members 70+ \$40/year The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. Meetings are held on the 2nd Tuesday of the month at Stonewall Legion Club Room.	<b>South Interlake Ag Society</b> Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year It encompasses the needs of the three municipalities that it serves – Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.	<b>Teulon Women's Institute</b> Phone 886-2216 Fee: Nominal membership may apply Motto: "Home and Country" The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.	 <b>1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca</b> The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.	<b>Quarry Toastmasters</b> Brenda 467-5088 We have moved. Come join us for a visit or two. Quarry Toastmasters will be at the Chicken Chef in Stonewall 7:15-8:45 pm on Tuesday night. Our group helps you with speaking in front of people, grow's confidence, how a meeting should be run. We have an agenda, slow steps to get you to do speeches. We support each other and we also have fun.	<b>Kin Clubs of Stonewall</b> Motto "Serving the Communities" Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships. Kinsmen President Chad Sheppard 204-461-2023 Kinette President Leona Palmer 204-467-7655
<b>Teulon &amp; District Agricultural Society</b> Lana Knor, President 467-0740 The Teulon & District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon & District Ag Fair and the Annual Teulon Pumpkinfest.	<b>Interlake Community Foundation, Inc.</b> 204-467-5634 <a href="http://www.interlakefoundation.ca">www.interlakefoundation.ca</a> The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.	<b>Stony Mountain Stonewall Masonic Lodge #12</b> Call 204-467-2788 for Information Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-secular and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER. Monthly Meetings 2 B 1 ASK 1	 <b>Stonewall Ladies Auxiliary</b> Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.	<b>South Interlake Seniors Resource Council Inc.</b> Darcy or Corinna @ 467-2719 <a href="mailto:sisrc@shaw.ca">sisrc@shaw.ca</a> SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.	<b>The Liliane Baron South Interlake Breast Cancer Support Group</b> Claudette 886-2393 Joyce 467- 2473 The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.
 <b>Knights of Columbus Stonewall</b> Dave Couprie 467-9548 \$40/member/year The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.	<b>South Interlake 55+ Inc</b> 467-2582 <a href="http://www.si55plus.org">www.si55plus.org</a> \$20/member/year <a href="mailto:si55plus@mts.net">si55plus@mts.net</a> This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.	 <b>Stonewall &amp; District Lions</b> Ralph Sinclair 622 Centre Avenue, Stonewall 467-9600 Motto: "We Serve" Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings are every 4th Wednesday of the month at 7:15 pm September thru June.	 <b>Independent Order of Odd Fellows Stonewall Lodge #49</b> Larry O'Dell 467-8882 Ross Thompson 467-2438 <a href="http://www.ioofmb.ca">www.ioofmb.ca</a> Yearly nominal membership fee The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.	<b>Stonewall &amp; District Health Centre Ladies Auxiliary</b> Marg Bond 467-8732 The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.	<b>Grosse Isle Women's Institute</b> Phone 204-467-9376 Motto: "Home and Country" The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.
<b>Warren Horizons District Lions Club</b> President: Irene Tully 204-375-6522 Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.		 <b>Warren &amp; District Lions</b> President Stu Bangle 204-322-5381 "We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.			



# get inspired

> MEAL IDEAS

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## Bunny Butt Cupcakes



Recipe courtesy of Amanda Rettke of "I am baker"

Prep time: 45 minutes  
Cook time: 20 minutes  
Servings: 24

- 1 2-layer size white cake mix
- 1 tablespoon, plus 2 teaspoons, McCormick Pure Lemon Extract, divided
- 1 tablespoon McCormick Pure Vanilla Extract
- 3/4 cup white chocolate chips
- 2 sticks butter, softened
- 16 ounces confectioners' sugar
- 2 tablespoons milk
- 10 drops McCormick Green Food Color
- 1-2 drops McCormick Red Food Color
- 12 large marshmallows, halved crosswise
- 3 tablespoons white nonpareil sprinkles

Prepare cake mix as directed on package, adding 1 tablespoon lemon extract and vanilla. Spoon 3 tablespoons batter into 24 paper-lined muffin cups. Bake as directed on package for cupcakes. Cool cupcakes on wire rack.

To make bunny feet: In medium, microwave-safe bowl, microwave white chocolate chips on high 30

seconds. Stir until completely melted and smooth. Spoon into pastry bag or re-sealable plastic bag. Snip small corner from bag. Pipe 24 pairs of bunny feet onto parchment or wax paper-lined cookie sheet. Use toothpick to smooth out bumps or rough edges, and gently tap cookie sheet on counter to help settle. Allow to harden 2 minutes in freezer or 15 minutes in refrigerator.

To make frosting: In large bowl, beat butter and remaining lemon extract until light and fluffy. Gradually add confectioners' sugar, beating well after each addition and scraping sides and bottom of bowl frequently. Add milk; beat until light and fluffy. Remove half the frosting and place in medium bowl. Add green food color; mix until evenly blended. Spoon into pastry bag fitted with grass decorating tip. Set aside. Remove half the remaining frosting into small bowl. Add red food color; mix until light pink. Spoon into another pastry bag.

Using pink frosting, pipe three toes and padding on each bunny foot. Once frosting has set (about 1 hour) gently press down on pink frosting to create smoother look.

To assemble cupcakes: Pipe green frosting onto each cupcake in series of short motions to create individual grass spots. Cover top of each cupcake completely.

To make bunny butts: Place cut sides of marshmallow halves onto each frosted cupcake, leaving room for bunny feet. Shape remaining white frosting into dime-sized balls then roll with white sprinkles to cover. Pipe small drop of remaining pink or white frosting onto top of each marshmallow. Press bunny tail on top.

Place both bunny feet against base of marshmallow with toes facing down.



Winter for some can be difficult, especially when it is cold, dark and long. Those who enjoy winter sports tend to do much better, so these words are for those who find winter a challenge. Instead of thinking of what you do not like about winter, and comparing it to spring and summer, do a little reframing.

Think of winter as a time of semi-hibernation; a time to rest and renew after a busy spring, summer and autumn. Allow your focus to move inward, taking stock of where you are, where you are going, and of the blessings you have. Take classes or enjoy activities you would not have considered when there were so many summer activities to do.

## Human Decency

Cuddle up by the fireplace, or snuggle in bed with a good book, and pretend you are relaxing in a cabin in the snowy woods. Start a big jigsaw puzzle the whole family can work on. Use more candles, to create a sense of light and warmth. Write in a journal, or, if you have children, write letters they can read when they grow up - in which you share your reflections and your wisdom- they will be treasured. Do these things, instead of spending time with television or the computer, because they are soul satisfying. Welcome winter as a time of rest and renewal, as nature intended it to be.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.



## Lemon Dill Slow Cooker Carrots

- 2 teaspoons McCormick Pure Lemon Extract
- 2 teaspoons Dijon mustard
- 1 teaspoon white wine vinegar

Spray inside of 4-quart slow cooker with nonstick cooking spray. Add carrots, water and salt; toss to coat. Cover.

Cook on high 3-4 hours, or until tender.

In small bowl, mix olive oil, dill weed, lemon extract, Dijon mustard and vinegar. Stir into cooked carrots in slow cooker before serving.

Prep time: 10 minutes  
Cook time: 3-4 hours  
Servings: 6

- Nonstick cooking spray
- 2 pounds carrots, peeled and cut into 1/2-1-inch chunks
- 2 tablespoons water
- 1/2 teaspoon salt
- 2 tablespoons olive oil
- 2 teaspoons McCormick Dill Weed



## Spiced Honey and Black Pepper-Glazed Ham

- 1/2 cup honey
- 1 1/2 teaspoons Spice Islands Ground Saigon Cinnamon
- 1/2 teaspoon Spice Islands Ground Cloves

Heat oven to 325 F.

With sharp knife, score ham at 1-inch intervals; place in baking dish. If ham appears dry, moisten surface with water. In small bowl, combine black pepper, mustard and garlic powder. Rub pepper mixture over surface of ham. Roast according to package directions.

Combine honey, cinnamon and cloves. Drizzle over ham during last 30 minutes of roasting. Remove ham from oven and let rest 20 minutes before slicing.

Prep time: 10 minutes  
Total time: 30 minutes  
Servings: 12

- 8-10 pounds cooked shank-end ham water (optional)
- 1 tablespoon Spice Islands Cracked Black Pepper
- 1 tablespoon Spice Islands Ground Mustard
- 1 tablespoon Spice Islands Garlic Powder

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Karate a kick for Prystupa family

By Brian Bowman

For Mike Prystupa, karate has become a great activity to participate in with his six-year-old son Maxwell.

It's also been a great way to exercise.

Both Prystupas participated in the 20th annual Stonewall/Interlake Karate Tournament that was held March 17 at the Stonewall Legion.

"I started last year in the tournament for (Max)," said Mike, noting there were about 15 Stonewall Karate members competing at the tournament. "He was interested in karate and we wanted to support him while also getting exercise for myself."

"Both of us have been doing this now for over a year."

Mike has participated in the local tournament the past two years. His sister-in-law, Laura Prystupa, and her son, Kaleb, also participated in the tournament.

"It's something that they do together," Mike said. "It's my brother's wife and my nephew. We're all good friends and we do it together. It's a good activity for our family."

Mike is glad that he became involved in karate.

"It's a great activity for the two of us," he said. "And, personally, it's been great for me as a regular activity."

The tournament included all the Karate Clubs in Manitoba associated with the International Karate Daigaku.

Saskatchewan members were also in attendance.

The competition started at 9 a.m. and continued throughout the day. Competitors included boys, girls, and adults in ages ranging from six-year-old beginners to the black belt divisions.

Mike said Stonewall Karate has "quarterly get-togethers" while noting that last June they held a summer camp.

"The groups were invited out to Stonewall since the building is right near the soccer fields," he said, noting the club's sensei is Debbie Hinds.



Max Prystupa shows off his karate skills.



Mike Prystupa and his son Max have participated in the Stonewall/Interlake Karate Tournament for the past two years.



Laura Prystupa and her son Kaleb make it a family affair. Karate is an activity for all ages.



Kaleb Prystupa, right, participated in the karate tournament.

"That's where we all had a big group activity and camped out."

"And in the spring and fall, there are group seminars where they will invite

in notable karate experts from across Canada."

Stonewall Teulon  
**Tribune**

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Is there someone you would like to see recognized  
in the newspaper for their accomplishments -  
athletic, academic or community service.



# Balmoral Club still having a Good time with judo

By Brian Bowman

The Balmoral Judo Club was started by Milton and Joan Good in September of 1977.

And the local club is still going strong 40 years later.

Both Milton and Joan were honoured for their dedicated years of service to the organization when the Balmoral Judo Club hosted its annual tournament last Saturday in Stonewall.

"I hoped (it would still be running after 40 years) but you never know," said Milton, an instructor with the club, Sunday afternoon. "It was always my hope. But it's not just about Joan and I running it. It's about the people who we have in it, the people that help us out, and all of the members that have come out and supported (the club).

"It's like a family — that's what it works out to be."

The club worked out in the Balmoral School gym until 1998 when they moved to Stonewall Collegiate due to space requirements.

"It was a small gym and we didn't have the mats that we have now," Milton noted. "They were kind of a pull-out gym mat and that's what we used for many years before we moved into Stonewall and were able to buy the mats that we have now."

Back then, the local club had between 15 and "25 or 30" members. But the club grew after the move to Stonewall.

The Balmoral Judo Club currently has 57 members and five black-belt instructors besides Milton.

Jason Rogowsky has been an assistant instructor for over 10 years and last year was graded to his San Dan (third degree), Milton noted.

The Balmoral Judo Club has produced 18 black belts from their club over the 40 years and some are instructing or helping to instruct clubs all across Canada.

Over the years, the club has had over 1,000 members train with them. They have had several members earn spots on the provincial judo team and they

have competed at the Canadian nationals.

In many cases, the athletes come from the same family.

"I have had people come back with their children and grandchildren," Milton said. "I have people move away and work in other parts of Canada and they are still doing judo. There are teachers and police officers — all kinds of people - that have come through the club."

Judo is a great family activity and a real good way to get some much-needed exercise for people of all ages.

"Once you're part of the club, it's like a judo family," Milton noted. "Everybody looks after everyone else even when you go to tournaments and there's other clubs."

"And the way we run our club, there's a competitive side to it and a recreational one. If people just want to come and do the exercises and learn a couple of techniques for some fitness, they can do that, too."

There were over 120 fighters from all over Manitoba at the Balmoral Judo Club's tournament on Saturday.

"Overall, it was a very successful tournament and I was very pleased with the results of the members of the Balmoral Judo Club," Milton said.

Here are the results from the tournament:

U10 -25 kg boys and girls combined (U10 is a participation division and all get an award) - Whitley Monforton

U10 -30 kg boys and girls combined - Derrick Thompson

U10 -33 kg boys and girls combined - Sean Harley

U10 -45kg boys and girls combined - Wyatt Mitchell and Kaden Banman

U12 -39 kg boys and girls combined Cole Kachur - silver and Connor Grenkow - bronze

U12 -45kg boys and girls combined - Danica Milbrant -bronze and James Harley bronze

U14 -48 kg Girls - Eve Lawrence - silver

U14 -42kg Boys - Matthew Meyers -



TRIBUNE PHOTOS BY LANA MEIER

The Balmoral Judo Club's Nate Panchuk has his opponent in a tight grip during tournament action last Saturday in Stonewall.



Balmoral Judo Club founders Joan and Milton Good were honoured this past Saturday for founding the club 40 years ago. Pictured left to right: Jason Rogowsky, Emily Trombo, Joan and Milton Good and Britni Trombo.

silver

U14 -50 kg Boys - Logan Monforton - silver

U14 +60 kg boys - Nathan Prystupa - silver

U16 -63kg Girls - Sarah Robertson - silver

Senior Men Advanced +100 kg -

Kane Makowski - silver

Senior Men Novice +100 kg - Lloyd Grenkow - gold

Master Men +100 kg - Dave VanHeyst - gold and Kane Makowski - silver

Ne Waza (ground work only) Mens +100 kg - Lloyd Grenkow - silver and Kane Makowski - bronze



Max VanHeyst, right, fought Daniel Ekosky in the U14-55/60 kg class.



James Harley, Cole Kachur and Connor Grenkow show off their medals.



Lloyd Grekow, right, won silver in the Ne Waza (ground work only) +100 kg class.



Whitley Monforton, right, fought in the U10 -25 kg class.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Female league scores with players, coaches and parents

By Brian Bowman

Nobody could have asked for a more exciting final between Stonewall Blues #1 and Ile des Chenes at the Perimeter Female Hockey Alliance's Championship Tournament earlier this month.

Ile Des Chenes edged Stonewall 3-2 in triple overtime in the gold-medal game.

"It was a pretty intense game," said Blues' coach Scott McMurtry. "It went back and forth. Even though it was Novice hockey, it was a pretty exciting game — it was good to watch."

In the overtime, the teams played 3-on-3, 2-on-2, and even 1-on-1 before the outcome was finally decided. The girls definitely emptied the tank in the overtime periods.

"They put in a lot of hard work," McMurtry said. "All of the practising that we did all year, you could see that they were using everything they learned. Every single one of them improved immensely this year."

The championship game capped off a tremendous first season for the league.

An estimated 100 female hockey players — ranging in age from five to eight — hit the ice in Lorette.

Besides two Stonewall teams and Ile Des Chenes, other squads competing included the Lorette Comets, Mac-

donald Thunder, Macdonald Dynamite and Macdonald Falcons.

The program was initiated in March of last year when individuals from rural communities tried to locate a place for their girls to play hockey.

But Hockey Winnipeg won't accommodate female players until they're playing at the Atom age level.

The league's inaugural season could not have gone any better for the players, coaches, and parents.

"It was amazing," McMurtry said. "I coached these girls last year as well when we weren't in the league and, although it was a lot of fun and they learned a lot, it was all exhibition games. Those are great but it wasn't the same. (The games) weren't scheduled and you don't have that rivalry going between teams."

The league is eagerly looking forward to its second season next year. And this may be a league that grows and grows with each passing season.

It is hopeful that other rural communities will join the league next season.

"By the way it sounds, there is no way that this (league) isn't going to continue, just because it went over so well with everyone involved," McMurtry said. "As far as Stonewall, it looks like we'll have enough (players) for two teams next year."



TRIBUNE PHOTO BY KELLY FARMER

The Stonewall Blues #1 Novice team finished off their season winning silver medals at the Perimeter Female Hockey Association Championship tournament on March 18. The Blues battled hard and lost 3-2 in triple overtime to Ile des Chenes.

Pictured left to right, back row: Aliyah Abas, MacKenzie Boonstra, Blake Darragh, Emily McMurtry, Maria Riddell; middle row: Everly Sherry, McKenna Farmer, Madison Corbett, Keira Pattie, Ella Riddell and goaltender Emma Hennessy. Missing from the photo are coaches Scott McMurtry, Jason Darragh, Craig Riddell, Nikki Mathews, Brooke Darragh and Doug Pattie.

## Viriden leads Winkler in MJHL semifinal series

Staff

The Viriden Oil Capitals took a 2-0 lead in their best-of-seven Manitoba Junior Hockey League semifinal series after a 5-2 win over the Winkler Flyers on Sunday.

Marco Creta led Viriden with a goal and two assists while Dylan Thiessen, Tristen Cross, Josh Belcher, and Jeran Knorr also tallied.

Cole Kirkup and Trent Halfdanson replied for Winkler.

The Oil Capitals' roster includes Gimli's Jack Einarson and Teulon's Brayden Pawluk.

Viriden took a 1-0 series lead after a 3-2 overtime victory last Friday.

Ben Dalke scored the game winner at 3:27 of OT.

Trailing 2-0 late in the second period,

Viriden tied the score with goals from Rylee Zimmer and Knorr just 28 seconds apart.

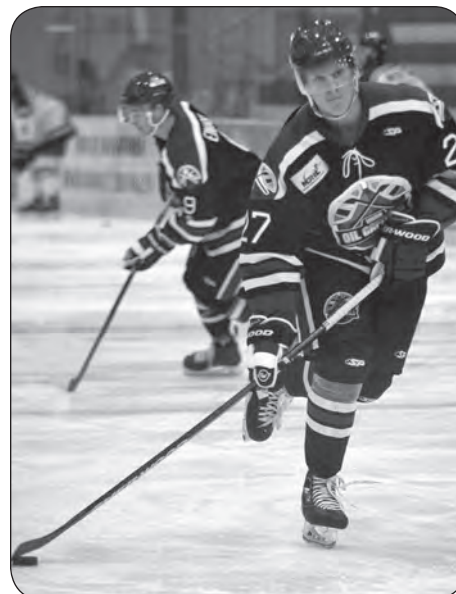
Mitchell Dyck and Matt Krawiec scored earlier in the period to give Winkler a 2-0 advantage.

Game 3 of the series was played Tuesday in Viriden (no score was available at press time) while Game 4 is set for Thursday at Winkler.

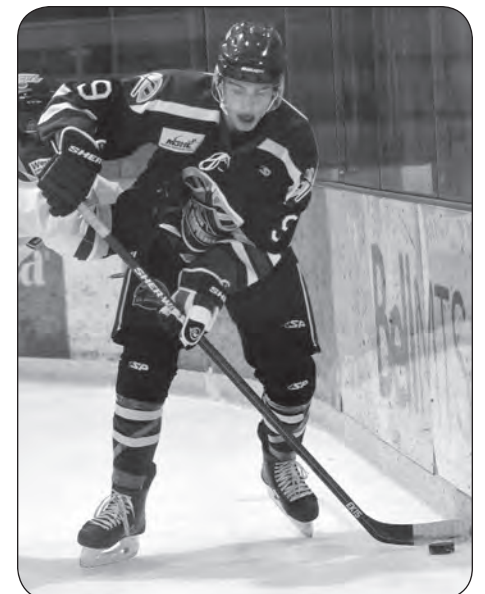
In the other MJHL semifinal series, the Winnipeg Blues and Steinbach Pistons were tied at a win apiece heading into this past Tuesday's Game 3.

Steinbach won 3-1 in Game 1 on Friday and then Winnipeg answered with a 3-2 victory Sunday.

The Blues' roster includes Ashern goaltender Adam Swan.



Brayden Pawluk



Jack Einarson



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Jets trail Raiders in MMJHL semifinal series

By Brian Bowman

The Raiders Junior Hockey Club did a lot of winning during the regular season on their way to a first-place finish.

And they have been equally impressive so far in the Manitoba Major Junior Hockey League playoffs.

The Raiders grabbed a 2-0 lead in their best-of-seven semifinal series against the Stonewall Jets after a 5-3 road win on Sunday evening.

The Jets played a very good game despite the loss.

"It was a full 60 (minute effort)," said Jets' co-coach Brock Couch Monday afternoon. "Last night, we were really good. We stayed on the body, stayed physical, and got more shots through to McHolm."

Nicholas Matthews gave the visitors a 1-0 first-period lead with a power-play goal.

The Jets battled back with goals from Bryce Stovin and Braden Groot to take a 2-1 lead. But the Raiders responded with late second-period goals from Carson Rybuck and Devin Manness.

Rybuck and Groot traded goals in the third before the Raiders' Dawson Anderson closed out the game's scor-

ing with an empty-net goal as Jets' goalie Hunter Ploszay was pulled for an extra attacker.

Kyle McHolm made 25 stops for the win. He now has a 1.33 goals-against average in the playoffs.

Despite being down 2-0 in the series, Stonewall has the feeling that they can play with the Raiders.

"There was a good feeling in the (dressing) room," Couch said. "I think before we started the series, we knew it was going to be tough but definitely attainable to scrape out one win and keep going."

The Raiders took a 1-0 series lead after a 6-1 home victory last Friday.

"We played a tight first period and then killed about four or five penalties and got away from our game and then they took it to us," Couch said.

Stonewall's Kyle Doak opened the game's scoring at 15:06 of the first period. But the Raiders' Kale Ilchena tied the score just 1:07 later.

Cody Merritt and Kruz Listmayer scored second-period goals and then Lars Anderson, Elisha Bambridge and Rybuck tallied in the third.

The Raiders, now winners of six straight playoff games, outshot the



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Jets' Braden Groot celebrates his second goal of the night with teammates on Sunday. The Jets are back home for Game 4 tonight.

Jets 38-16 as McHolm posted the win.

Game 3 of the series was played this past Tuesday in Winnipeg and then Game 4 will go tonight at 7:30 p.m. in Stonewall.

In the other MMJHL semifinal series, Charleswood and Transcona were tied at a win apiece heading into this week's action.

## Marquette junior curling season wraps up



TRIBUNE PHOTOS BY CALVIN JANKE

The Marquette Curling Club hosted their year-end junior curling bonspiel and windup last week with over 65 curlers aged 5-17 years participating. Far left photo: Odin Arksey won the sharpshooter competition after drawing closest to the button, while in the middle photo, left to right: Ethan Enns, Tommy Johnston and Parker Olson claimed the Marquette youth bonspiel championship. In the right photo participants got together for a group photo.



# St. Malo slips past Selkirk in Game 7

By Brian Bowman

Keystone Junior Hockey League teams play their entire regular season hoping to have home-ice advantage.

The Selkirk Fishermen attained that goal but, in the end, it didn't help them when they needed it the most.

Selkirk was defeated 3-2 by the St. Malo Warriors in Game 7 of their league semifinal series at the Rec Complex.

"Unfortunately, they got out to an early lead and we spent the rest of the game trying to get back into it," said Fishermen head coach Chris Poponick.

St. Malo's Maxime Collette scored the game winner, poking in a loose puck, at 5:38 of the third period.

"They got the bounces and we didn't get the bounces," Poponick said. "But that's just what happens in playoff hockey."

Selkirk's Milan Horanski had tied the score at 2-2 midway in the second period.

The Warriors took a 2-1 lead after 20 minutes. St. Malo's Tyrel Bueckert opened the game's scoring just 1:14 into the contest and then the Fishermen's Griffin Steeves, a Warren product, and the Warriors' Alex Murray traded goals.

The Fishermen evened the series at three wins apiece after a solid 4-1 win in St. Malo on Saturday. Selkirk had a real good effort from all four lines.

Selkirk's Dane Derewianchuk scored the lone goal of the first period and then Murray replied with a power-play goal at 13:38 of the second period.

But the Fishermen's Drayton Mendrun scored a key goal with just 51 seconds remaining in the middle frame. It was a huge goal and the turning point in the game.

Selkirk then closed out the third period with goals from Dylan Painchaud-Niemi (on the power play)



Fishermen defenceman Griffin Steeves (18), a Warren product, scored a first-period goal in Selkirk's 3-2 home loss in Game 7 of their KJHL semifinal series on Sunday.

and Chad King.

Stony Mountain's Riley Bannerman made 34 saves for the win.

The Fishermen staved off elimination with a 5-3 home win last Thursday. Selkirk scored three third-period goals.

Dawson Courchene, Horanski, Talon Kelly, Painchaud-Niemi and Mendrun scored for Selkirk.

Courchene's goal came while Selkirk had the man advantage in the second period.

Painchaud-Niemi and Steeves each had two assists.

Dustin Wiebe scored twice for St. Malo while Robert Guimond also tallied.

Guimond's goal came in the first period while St. Malo was shorthanded and Wiebe's first goal of the game was on the power play in the second period.



TRIBUNE PHOTOS BY LANA MEIER  
Stony Mountain goaltender Riley Bannerman makes a save against St. Malo last Thursday.

Bannerman earned the win in goal.

St. Malo will now advance to play the Peguis Juniors in the KJHL final. The schedule for that series had not been announced by press time.

The Fishermen, meanwhile, should be extremely proud of their season. Selkirk had a plethora of rookies on its roster and will lose a lot of leadership with Mendrun, Steeves, Kelly and Painchaud-Niemi moving on due to graduation.

"Looking back at the season, I was wondering if we overachieved or were we destined to have a good record with all of those young guys," Poponick suggested. "There was a lot of maturity that happened with all of those guys (over the course of the season). They really learned a lot ... and the team has a really good core of players coming back."

## Teulon/Arborg Tigers win Interlake Midget 'B' banner



The Teulon/Arborg team won the Interlake Midget 'B' banner on March 19 after defeating Fisher River 5-4 in overtime. Fisher River won Game 1 5-4 and then Teulon/Arborg won Game 2 7-6. Pictured, left to right, back row: Brett Gulay (coach), Daryl Gislason (coach), Brandon Prus-Olson, Davis Sigurdson, Dalton Johnson, Bryce Good, Riley Kiel, Jayden Roche, Brett Davies, Addison Farrington, Chris Stogrin, Brody O'Neill, Dylan Chartrand, Jeff Manchulenko (coach); front row: Noah Johnson, Odin Domino, John Anslow, Carter Keil, Bret Huta, Thomas James-Davies, Ryan Hill and Brendan Reimer. Missing from the photo are Jared Sweetland and Michael Merpaw.

TRIBUNE PHOTO BY JOANNE JOHNSON



## U of M great leaders



TRIBUNE PHOTO SUBMITTED

Stony Mountain's Brett Stovin, far right, was the University of Manitoba's co-winner of the 2017-18 Bison Sports Male Student-Athlete Leadership and Community Development Award. Stovin played for the Bison men's hockey team.

## Golden champions



TRIBUNE PHOTOS SUBMITTED

Local stick curlers from Warren and Marquette collected gold medals at the Active Living Coalition for Older Adults (ALCOA) 55+ Games in Glenboro on March 21. There were 16 teams competing in the two-person stick curling bonspiel that was included in the ALCOA 55+ Games for the first time. Left photo: Stan Oleson, middle, presents Jim Rouse, left, and Ross MacMillan gold medals for winning the "C" event. Right photo: Oleson, middle presents Ray Sherrin, left, and Don Adamko gold medals for winning the "D" event.

## Blues settle for silver



TRIBUNE PHOTO SUBMITTED

The Stonewall Blues Atom "A2" female team won silver medals at the Winnipeg Hockey City Championship against St. Vital Chill Red. Stonewall had a strong season, finishing second in league play and had a great playoff run where they made it to the best-of-three final. Pictured, left to right, back row: Coaches Shane Fumerton, Brooke Darragh, Erl Mackenzie, Jamie Dowsett, Jason Darragh; back row: Scarlett Dowsett, Lexi Petrie, Kassie Siwak, Adria Vandersteen, Izzy Boonstra, Gabby Noren, Ella Fumerton; middle row: Macy Glowacki, Thalissa Lavallee-Thang, Rayna Mackenzie, Colby Darragh, Ashlyn Delaine, Morgan Walker and goaltender Sofia Di Nicola.

## Hirschfield commits to Lethbridge



TRIBUNE PHOTO SUBMITTED

Boston Shamrocks senior blueliner Ashlee Hirschfield has committed to the University of Lethbridge for the 2018-19 season. In 24 games, the 5-foot-8 Stony Mountain product, has recorded seven goals and eight assists in 15 Junior Women's games.

"Ashlee has grown as a player over the last two seasons to take more initiative and dictate the play on and off the puck. She has strong leadership abilities which will transfer well into our program here in Lethbridge," said Lethbridge Pronghorn head coach Michelle Janus.

"Ashlee's strongest asset is her hockey sense; her ability to support the puck in all zones, decision making with the puck and her positioning off the puck. She sets the team up for success. [Her] skill set and hockey sense will compliment our current defencemen and bring additional leadership to our back end."



# Classifieds

Stonewall Teulon  
**Tribune**

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## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

## HOME CONSTRUCTION & REPAIR

New home construction, Renovations, Engineered Drawings. Henry Vroom, 204-295-2866, [info@smallfaces.ca](mailto:info@smallfaces.ca)

## CONDO FOR SALE

#13-15 Keith Cosens Dr., Stonewall. 2 bdrm., well maintained, garage, vaulted ceilings, gas fireplace, low condo fees. \$269,900. Call 204-467-2967 or 204-781-7543.

## APARTMENT FOR RENT

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1 bedroom suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: [inwoodm@highspeedcrow.ca](mailto:inwoodm@highspeedcrow.ca)

## HANDYMAN SERVICES

Yard and garden work, exterior house cleaning and maintenance. If you need help with just about anything inside or out, give Bob a call at 204-378-2905.

## HELP WANTED

Part time housekeeping staff req'd. Call Sheri at Rockwood Motor Inn 204-467-2354.

Caretaking couple required for 95 suite apartment complex. Must have maintenance experience in plumbing, painting, electrical and all other types of repair. Also must be conversant with computers and office equipment. Vehicle is a must. Salary plus 2 bedroom suite. Please reply to D-7 Property Management at [grace@d7management.com](mailto:grace@d7management.com), or 204-989-4211.

## Hip or knee replacement?

Problems walking or getting dressed? The Canadian Government may owe you a:

**\$2,500**  
Yearly Credit  
**\$20,000**  
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The Disability Credit Service. Lowest rate in the industry.  
**For reliable expert service CALL 204-453-5372**

## HELP WANTED

Full-time Assistant Manager required at Pizza Den Restaurant & Lounge, Stonewall. General supervision, team leader, hands on position includes making pizza dough, pizzas & working the pizza oven. Days, evenings, weekends. Work experience required. Apply with resume [robert.mag nifico@gmail.com](mailto:robert.mag nifico@gmail.com)

Handyman, yard maintenance person req'd 2-3 days per week. May 1st to October. Flexible working hours. Wages dependant on experience. Stonewall area. Email [dudrilling@gmail.com](mailto:dudrilling@gmail.com)

PIZZA DEN in Stonewall now hiring a part time evening hostess & part time evening server. Drop off resume or send to [robert.magnifico@gmail.com](mailto:robert.magnifico@gmail.com)

## HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: [Career-Step.ca/MT](http://Career-Step.ca/MT) or 1-855-768-3362 to start training for your work-at-home career today!

Overland Truck Outfitters has a sales position open for a highly motivated individual. Successful applicant will be responsible for walk-in customers, be able to work with our existing customers and will be expected to help generate new business. Bring resumes To Overland Truck Outfitters 102 Aviation Blvd. St.Andrews, Mb.

## BUSINESS OPPORTUNITY

I am thinking about succession. Are you thinking about success? Do you have an interest in home fashion or construction, a grasp of basic math, a sincere desire to help people and be your own boss? Maybe we can work together towards a common goal. Financing options available. If this opportunity interests you, please mail or drop off a letter of introduction to: Ritz Interiors, Box 1687, 286 Main St., Stonewall, Man., R0C 2Z0. Attn: Kelly.

## BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.



## THE RURAL MUNICIPALITY OF ST. LAURENT PUBLIC NOTICE

Public Notice is hereby given pursuant to Section 162(2) of The Municipal Act that the council of the Rural Municipality of St Laurent shall hold a PUBLIC HEARING to present its 2018 Financial Plan on:

**Thursday, May 10, 2018  
7:00 p.m. at the MUNICIPAL CHAMBERS  
(located in the St. Laurent Recreation Centre)**

At this time Council will present the proposed 2018 financial plan for the municipality.

The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a presentation, ask questions or register an objection.

Copies of the Financial Plan are available, once completed, upon request at the Rural Municipality of St Laurent Municipal Office, 16 St. Laurent Veterans' Memorial Road, in St Laurent, Manitoba.

Dated this 29th day of March, 2018

HILDA ZOTTER  
Chief Administrative Officer  
Rural Municipality of St Laurent

## Join the ISD Team of Bus Drivers Today!!

The School Bus Driver Training will be offered at the ISD Transportation Maintenance Technology Building in Stonewall, MB.

### Job Requirements:

- Must be willing & able to successfully complete our training program
- Applicants must possess a valid class 2 Manitoba drivers licence or the willingness to obtain one,
- Must enjoy driving and working with children.
- A clean drivers abstract must be provided
- Must undergo criminal record search and Child Abuse Registry Check with satisfactory results.
- Must be safety-minded, courteous, and able to demonstrate an appreciation for the importance of customer service.
- If you enjoy driving & working with children, this could be the perfect, secure, part-time job for you. This is a chance to make a difference in a child's life, and maybe your own as well.

### School Bus Driver Duties:

- Safely drive students to and from school, following a prescribed route, on a daily basis during the school year.
- Perform daily vehicle circle check safety inspections, documenting & reporting according to company, school & government regulations.
- Comply with all division & government regulations, laws & policies.
- School Bus Drivers must Communicate clearly and interact with parents, school employees, passengers, co-workers & the general public in a courteous, professional manner as required.
- Hours of work vary and may be split shift, depending on need.
- Wages as per the current collective agreement.

**For information and application procedures, please refer to our website [www.isd21.mb.ca](http://www.isd21.mb.ca) or contact the Transportation Office at 204-467-8730**



**UPCOMING TRAINING DATE APRIL 16 START**

Book Your Announcement or Classified Ad Today - Call 204-467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)



## NOW HIRING!

Teulon Golf & Country Club is looking for responsible, highly motivated, team oriented individuals for the upcoming golf season. We are currently accepting resumes for all positions.

Please EMAIL your resume. All resumes will be reviewed, however only candidates we see fit for the job will be contacted. You will be contacted to set up an interview.

Email [teulongc@mymts.net](mailto:teulongc@mymts.net)  
Attn Shawn Coe  
Director of Golf Operations



## ANNUAL PUBLIC NOTICE Additions to the Voters List and/or Personal Security Protection Requests Town of Teulon

In accordance with Section 36 of *The Municipal Councils and School Boards Election Act* (MCSBEA), the Town of Teulon Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the Town of Teulon can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
  - Any person can request to have his or her name and address obscured from the Voters List.
- A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail to:

Town of Teulon  
44 4th Ave SE  
Teulon, Manitoba  
Box 69  
R0C 3B0

Phone: 204-886-2314  
Fax: 204-886-3918  
E-mail: [teulon@mymts.net](mailto:teulon@mymts.net)

The next General Election takes place October 24, 2018.

Robert J. Potter, CMMA  
Senior Election Official



# Announcements

Stonewall Teulon  
**Tribune**

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## ANNOUNCEMENT

### CARD OF THANKS

This has taken far too long, but only because I've struggled with how to adequately show our gratitude and appreciation for so many of you that helped us through the worst time in our lives. We were truly amazed at how so many people showed their concern and kindness by bringing us meals, sending cards, calling, sending flowers and hugging us on the street. The first week is a complete blur, however, Hannah's funeral will stand out as the most beautiful show of love that we have ever been a part of. We always knew we were blessed to have Hannah as our daughter. We miss her giggles, her hugs and the essence of goodness that she filled our home with. The fear we used to feel for her future has been replaced with the awful panic of realizing that she's gone.

This whole experience has shown us that Hannah was surrounded by love and acceptance, which has brought us peace and the pride of realizing that she touched so many people.

Our family has had challenges over the years and we were always able to handle things without asking for help. However, we have never encountered a challenge that could bring us to our knees until Hannah passed. We feel so blessed to have family, friends and neighbours who were there to help us without even being asked. We will forever be grateful for the support and love you've shown us.

Although the pain is excruciating, and we are lost right now, we still feel like the luckiest people in the world to have had the privilege of being Hannah's family. Her passing has left an indescribable void in our lives but her presence over the last 19 years left us with a million happy memories and so many reasons to smile. It's hard to believe, but the world seems even more beautiful now because we feel like Hannah is part of everything we see and do. I read somewhere that this kind of grief is not something that we will get over but something that changes the fabric of who you are. I suppose it's the same way that becoming a parent changes who you are. I know as times goes by, the unbearable pain will begin to be something tolerable that we can learn to live with. Thank you for all the love and strength that we need to get to that point.

-Sincerely,

Doug, Niki and Alia Steinke

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## ANNOUNCEMENT

### IN MEMORIAM

**SMITH, John (Jack)**

In loving memory of our Father who passed away March 26, 1985.

-Forever remembered by son Richard and his Wife Sheelagh, children Sheena and Shawn and daughter Judy, husband Ken Paluk, children Wesley and Trevor



**Don't forget to send your special wishes or words of remembrance to your friends and family.**

Stonewall Teulon  
**Tribune**

Call 204-467-5836 or  
email [igrphic@mts.net](mailto:igrphic@mts.net)

## OBITUARY

**Alan (Muzz) Bjornsson**  
April 25, 1954 – March 3, 2018

It is with extreme sadness that we announce the passing of our beloved husband, father and papa while wintering in Bucerias, Mexico. He left us suddenly and much too soon.

Left to cherish his memory are his beloved wife of 38 years, Trina; his four children Carly, Jordy (Kayli), Chelsey (Colin), Torey (Adam); and his eight grandchildren: Dylan, Carson, Brooklyn, Halle, Hayden, Taylor, Brody and Whitley. Also left to mourn his loss are his sister Darlene; his brother David; mother-in-law Irene; brothers and sisters-in-law Max and Pat, Mike and Terry and Rob, and numerous nieces and nephews.

He was predeceased by his parents Magnus and Kathleen; his father-in-law Mickey and sister-in-law Judy.

Muzz was born April 25, 1954 in Eriksdale, MB and grew up in the Lunder area. After high school he went to university for four days, where he said he learned everything he needed to know. In 1972 he began his career with MTS as a Cable Splicer, a job he loved and took pride in, and through his time there made many lifelong friends. In 2010, after retiring from MTS, Muzz and Trina ventured out to Fort McMurray where he worked for Telus and Valard Construction. In 2015, retirement became official, and he and Trina began their winter getaways in Bucerias, Mexico.

Muzz enjoyed golfing, fishing, playing pool volleyball in Los Amores and following the Winnipeg Jets, but most of all, he loved his family. He will be deeply missed.

A sincere thank you goes out to all those who helped Trina in Mexico, to Nancy and Alex for driving to appointments and especially for translating, to Pete for airport runs, and to Max and Pat, for your love and support throughout this devastating time.

Family and friends are invited to join us as we celebrate his memory on Thursday, May 17, 2018 from 7:00 – 9:00 p.m. at the Lunder Legion Hall. A private family interment will be held at a later time.

## INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

## COMPUTER SERVICES

Professional Computer Services – desktops & laptops (PC & Mac), printers, wired & wireless networks, internet connectivity, email messaging, training. Microsoft certified with 20 years experience. Residential & commercial. Locally based, in home service serving Argyle, Balmoral, Grosse Isle, Stonewall, Stony Mountain, Warren & Woodlands. Bert at 204-467-2468.

## MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.

## MISCELLANEOUS

If you need affordable, quality, Manitoba made cabinets, prompt service with free design, and professional installation try Fehr's Cabinet Warehouse. We have province wide service and more. Phone 204-746-2223 or Email [office@fehrs cabinets.com](mailto:office@fehrs cabinets.com)

## WANTED

Reward paid on info leading to purchase of 426 Hemi motor from 1970 Road Runner serial # N-RM27R0G15756 also 1970 Road Runner/GTX/Satellite/Charger complete or parts car. Also old advertising / dealership signs, antique gas pumps, etc. Call 306-221-5908 or 306-369-2810.

## WANTED

Old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393.

## WATER TREATMENT

New Waterite water softeners, 30,000 grain/\$580. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems, \$730. Discounts on all water filters. All Seasons Furnishings 204-661-8581.

## UPCOMING EVENTS

AGM at Oak Park Lodge, Woodlands, MB. At 7 p.m. on Tuesday, April 17th. All are welcome to attend. For more info. call Lori at 204-383-5478.

Antique & Collectible Sale! Huge spring event! Largest of the season. Over 220 tables! Friday, April 6, 4 p.m. – 9 p.m. and Saturday, April 7, 10 a.m. – 4 p.m., \$5 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Great selection, door prizes and free parking.

## FARMLAND FOR SALE

For sale: 70 acres cultivated land. Legal description SW-27-13-3E. Contact owner 204-362-8555. HAY

## HAY

Small squares, 2nd cut Alfalfa, small square Alfalfa June Grass and Oat straw. Leave message 204-482-5101.

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## THE RURAL MUNICIPALITY OF ROCKWOOD

### PUBLIC NOTICE

The Rural Municipality of Rockwood hereby gives notice that the date of the following Regular Meeting of Council has been changed:

From: Wednesday, April 11, 2018 starting at 9:00 a.m.

To: Wednesday, April 4, 2018 starting at 9:00 a.m.

Council,  
Rural Municipality of Rockwood

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